

## RETAIL MARKET AT A GLANCE

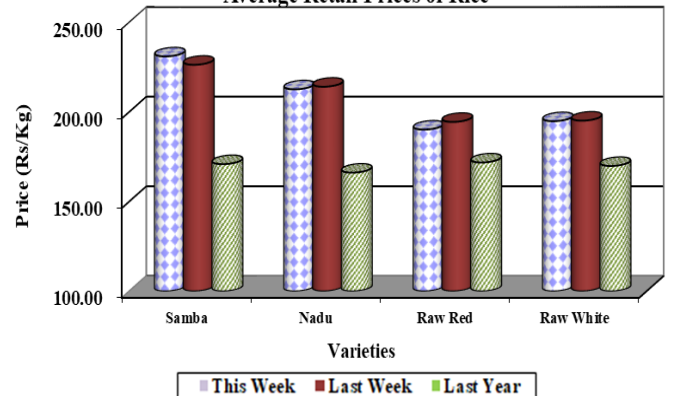
### Summary

#### Rice/Paddy

With the arrival of the new harvest to the markets, the price of long grain rice has declined. Meanwhile, the prices of imported rice have shown an increasing trend with the declining market supply. However, the price of samba varieties has increased. The farm gate prices of long grain white and red paddy have decreased due to the peak harvesting of major producing areas.

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Average Retail Prices of Rice

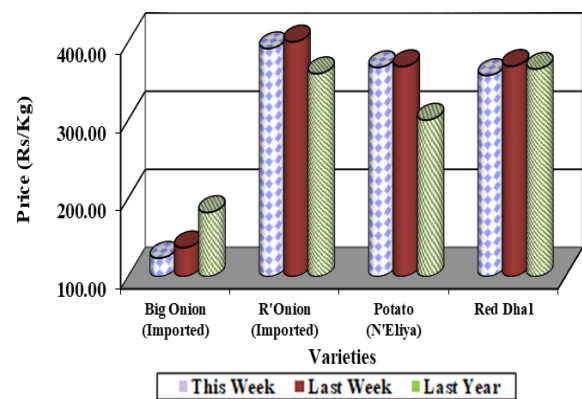


#### Other Field Crops

The prices of imported dried chilies, local and imported red onions, and big onions have decreased. Meanwhile, the prices of local potatoes and pulses have gone down. However, the price of imported potato has increased by Rs.2.00/kg and the price ranged Rs.140.00-180.00/kg.

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Average Retail Prices of Other Field Crops



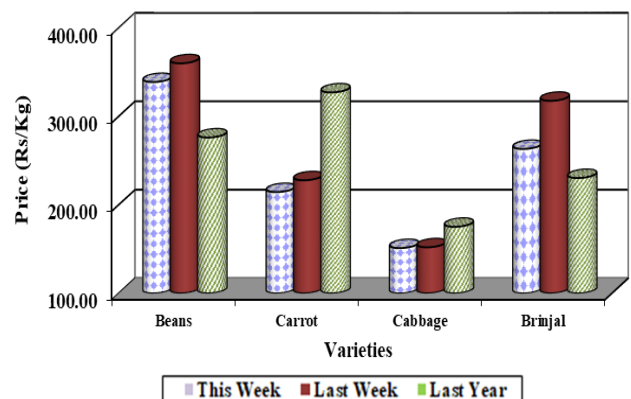
#### Vegetables

In line with the wholesale market, the retail prices of most of the varieties have also decreased. Considering up-country varieties, the highest price decrease was reported for beet root at Rs.50.00/kg, followed by knolkhol at Rs.23.00/kg. Further, prices of beans and carrot have decreased by Rs.21.00/kg and Rs.13.00/kg respectively.

Considering low country varieties, the highest price decrease was reported for brinjal at Rs.54.00/kg followed by cucumber at Rs.35.00/kg. Further, prices of ladies fingers, bitter gourd, snake gourd, luffa, long beans and ash plantain have decreased.

(Page No.04-05)

Average Retail Prices of Vegetables



#### Fish and Dried Fish

In line with the wholesale market the retail prices of most of the fresh fish varieties have increased due to limited supply while prices of most of the dried fish varieties have decreased.

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**Rice**

**Wholesale**

Prices of both grade I and II samba and grade II nadu have increased by 1% while their prices ranged Rs.215.00-220.00/kg, Rs.208.00-215.00/kg and Rs.180.00-185.00/kg respectively. Prices of both grade I nadu and raw white have decreased by 1% due to increased supply and their price ranges were Rs.185.00-190.00/kg and Rs.170.00-185.00/kg respectively. Average prices of keeri samba and raw red were Rs.246.00/kg and Rs.166.00/kg respectively.

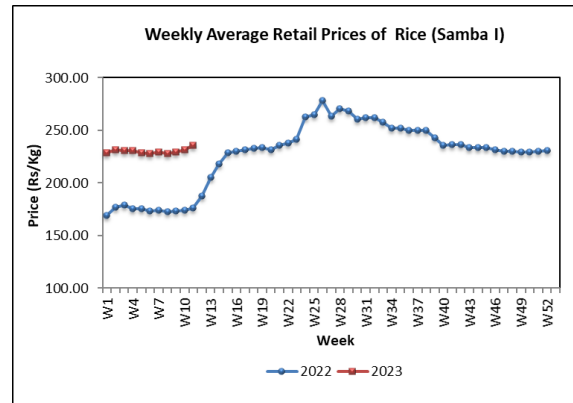
Prices of all types of imported rice varieties have changed slightly and average prices of ponni samba, imported nadu and imported raw white were Rs.208.00/kg, Rs.172.00/kg and Rs.174.00/kg respectively.

Compared to the same period of last year, prices of all types of local rice varieties except raw red, have increased in the range of 12%-33% and prices of ponni samba, imported raw white and imported nadu have increased by 50%, 40% and 34% respectively.

**Retail**

Price of nadu grade I, nadu grade II and raw red have decreased by Rs.1.00-4.00/kg and price ranges were Rs.210.00-220.00/kg, Rs.190.00-210.00/kg and

Rs.180.00-200.00/kg respectively. Price of samba grade I, samba grade II and keeri samba has increased by Rs.5.00/kg and price ranges were Rs.230.00-240.00/kg, Rs.220.00-230.00kg and Rs.250.00-270.00/kg respectively. Price of raw white have not changed significantly and the price range was Rs.185.00-200.00/kg.



Prices of imported samba and nadu have increased by Rs.4.00/kg and Rs.2.00/kg. Their price ranges were Rs.210.00-230.00/kg, Rs.180.00-200.00/kg. Price of imported raw white have not changed significantly and the price range was Rs.180.00-200.00/kg.

Compared to the same period of last year, prices of all local rice have increased by 9%-36%. Prices of all imported rice have increased by 41%-52%.

**Paddy**

The paddy harvesting of 2022/23 maha season has been almost completed in most of the major paddy producing areas. Hence, the average farm gate paddy prices have decreased considerably.

Accordingly, the average price of short grain paddy has ranged Rs.88.00-110.00/kg. Further, the average price of keeri samba paddy has decreased by Rs.3.00-6.00/kg in Polonnaruwa, Kalawewa and Dehiattakandiya areas while price has increased by Rs.5.00-7.00/kg in Anuradhapura and Kurunegala areas. Its prices ranged between Rs.100.00-125.00/kg. Likewise, Rs.2.00-7.00/kg price decrease was also reported for long grain white paddy in major producing areas and prices ranged Rs.77.00-100.00/kg. Subsequently, a price decrease of Rs.5.00/kg was also reported for long grain red paddy in Hambantota and Embilipitiya areas while it ranged Rs.89.00-95.00/kg in major producing areas in the Southern province.

Compared to the same period of last year, the average farm gate paddy price of short grain and keeri samba paddy has increased by 2%-13% while prices of long grain white and red paddy varieties have decreased by 1%-14%.

### **Dried Chilies**

#### **Wholesale**

Price of imported dried chilies has decreased by 4% due to increased supply and decreased import cost. Its price ranged Rs.980.00-1100.00/kg.

Compared to the same period of last year, price of imported dried chilies has increased by 2%.

#### **Retail**

Price of imported dried chilies has decreased by Rs.62.00/kg and the price ranged between Rs.1100.00-1600.00/kg.

Compared to the same period of last year, price of imported dried chilies has increased by 23%.

### **Onion**

#### **Wholesale**

Prices of all types of red onions have decreased due to increased supply of both local and imported stocks. Prices of vedalan, sinnan and imported red onions have decreased by 15%, 3% and 1% respectively and their price ranges were Rs.270.00-290.00/kg, Rs.220.00-240.00/kg and Rs.250.00-300.00/kg respectively.

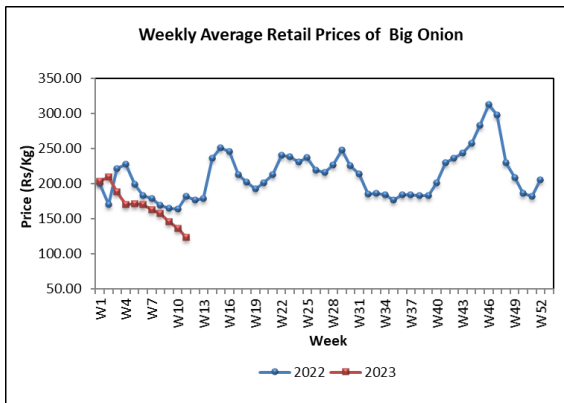
Price of imported big onion has decreased by 6% due to decreased import cost and the price ranged Rs.90.00-95.00/kg.

Compared to the same period of last year, prices of all types of red onions have increased in the range of 16%-38%, while the price of imported big onion has decreased by 30%.

**Retail**

Prices of sinnnan, vedalan and imported red onions have decreased by Rs.8.00/kg, Rs.10.00/kg, Rs.9.00/kg respectively. Their price ranges were Rs.320.00-360.00/kg, Rs.480.00-500.00/kg and Rs.360.00-400.00/kg respectively.

Price of imported big onion has decreased by Rs.13.00/kg and the price ranged between Rs.100.00-140.00/kg.



Compared to the same period of last year, prices of sinnnan, vedalan and imported red onion have increased by 30%, 14% and 9% respectively while price of big onion has decreased by 32%.

**Potato**

**Wholesale**

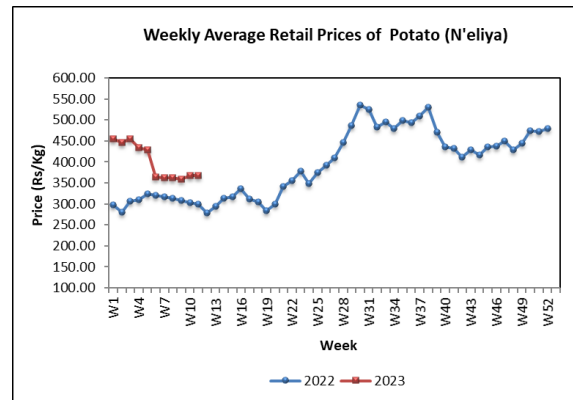
Prices of Welimada and Nuwara Eliya potatoes have decreased by 5% and 4% respectively due to increased supply and their price ranges were Rs.180.00-190.00/kg and Rs.210.00-220.00/kg respectively. Price of imported potato has increased by 16% due to availability of

high quality stocks and the price ranged Rs.115.00-125.00/kg.

Compared to the same period of last year, prices of Welimada and Nuwara Eliya potatoes have increased by 28% and 27% while price of imported potato has decreased by 2%.

**Retail**

Price of Welimada and Nuwara Eliya potatoes have decreased by Rs.7.00/kg and Rs.1.00/kg respectively. Prices ranged between Rs.260.00-320.00/kg and Rs.320.00-400.00/kg respectively. Price of imported potato has increased by Rs.2.00/kg and the price ranged Rs.140.00-180.00/kg.



Compared to the same period of the same period of last year, prices of Welimada, Nuwara Eliya and imported potato have increased by 19%, 22% and 2% respectively.

## **Pulses**

### **Wholesale**

Prices of red cowpea, white cowpea and green gram have decreased by 7%, 4% and 1% respectively due to increased supply of local stocks and their price ranges were Rs.750.00-900.00/kg, Rs.725.00-900.00/kg and Rs.1400.00-1450.00/kg respectively. Price of red dhal also has decreased by 5% due to decreased import cost and the price ranged Rs.312.00-330.00/kg.

Compared to the same period of last year, prices of red cowpea, green gram and white cowpea have increased by 71%, 84% and 46% respectively while price of red dhal has decreased by 7%.

### **Retail**

Prices of all pulses have decreased by Rs.12.00/kg- Rs.33.00/kg. Price ranges of green gram, white cowpea, red cowpea and red dhal were Rs.1450.00-1600.00/kg, Rs.1000.00-1450.00/kg, Rs.1000.00-1400.00/kg and Rs.320.00-380.00/kg respectively.

Compared to the same period of last year, red dhal has decreased by 2% while prices of other all pulses have increased by 77%-120%.

## **Vegetable**

### **Wholesale**

Prices of most of the vegetable varieties have decreased due to increased market supply in the maha vegetable harvesting season.

Considering upcountry vegetables, the highest price decrease was reported for beetroot by 15% due to increased market supply from low country Puttalam areas. A price decrease was reported for carrot by 13% due to increased market supply from Welimada area. Further, prices of knolkhol and raddish have decreased by 6% and 4% due to low quality low country stocks received to the market.

Meanwhile, price of tomato has increased by 30% due to decreased market supply from Sooriyawewa area. However, price of capsicum has decreased by 12% due to increased market supply from Thalawakele and Nuwara Eliya areas.

Considering, low country vegetables, the highest price decrease was reported for cucumber 36% due to increased market supply from Embilipitiya and Thambuththegama areas. A price decrease was reported for brinjal by 29% due to increased supply from Embilipitiya area. Price of ladies fingers has decreased by 13% due to increase market supply from Embilipitiya area. Further, prices of snake

## Weekly Food Commodities Bulletin

gourd, bitter gourd and luffa have decreased in the range of 5%-8%.

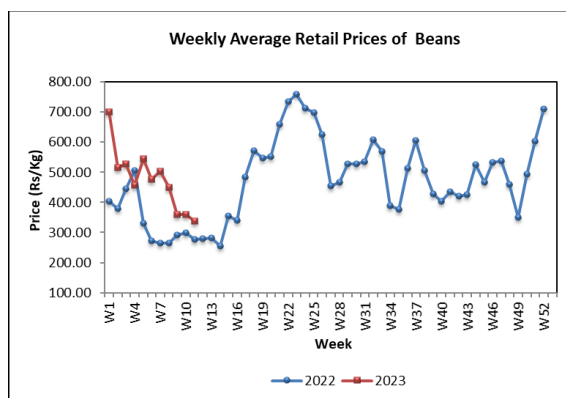
Meanwhile, price of green chilies has decreased by 3%. However, price of lime has increased by 10% due to decreased supply from Monaragala area.

Compared to the same period of last year, prices of most of the vegetable varieties have increased with highest price increase of 316% being reported for ladies fingers.

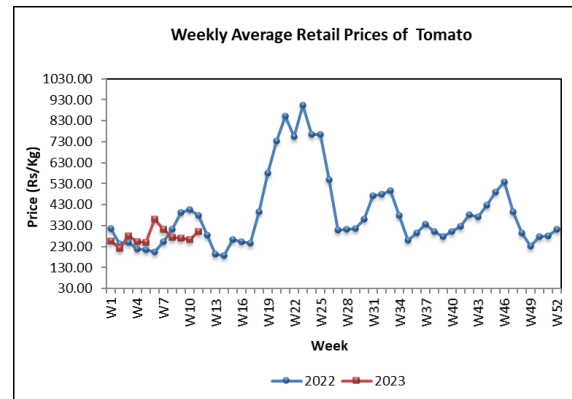
### Retail

In line with the decreased wholesale prices, retail prices of most of the varieties have also decreased.

Considering up-country varieties, the highest price decrease was reported for beet root as Rs.50.00/kg, followed by knolkhol as Rs.23.00/kg. Further, prices of beans and carrot have decreased by Rs.21.00/kg and Rs.13.00/kg respectively. However, prices of raddish have increased by Rs.15.00/kg.



Price of tomato has increased by Rs.36.00/kg and price of capsicum has decreased by Rs.100.00/kg.



Considering low country varieties, the highest price decrease was reported for brinjal as Rs.54.00/kg followed by cucumber as Rs.35.00/kg. Further, prices of ladies fingers, bitter gourd, snake gourd, luffa, long beans and ash plantain have decreased by Rs.7.00-31.00/kg. However, price of pumpkin has increased by Rs.5.00/kg.

Further, price of green chilies has decreased by Rs.26.00/kg and price of lime has increased by Rs.3.00/kg.

Compared to the same period of last year, prices of most varieties have increased and the highest was reported for ash plantain as 111%.

### Coconut

### Wholesales

Prices of both large and small nuts have decreased by 1%. Their prices ranged

Rs.95.00-97.00/nut for a large nut and Rs.83.00-86.00/nut for a small nut.

Compared to the same period of last year, prices of both large and small nuts have increased by 27% and 26% respectively.

### **Retail**

Prices of both large and small nuts have decreased by Rs.1.00/nut. Price ranges were Rs.110.00-130.00/nut for a large nut and Rs.90.00-100.00/nut for a small nut.

Compared to the same period of last year, prices of large and small nuts have increased by 31% and 26% respectively.

### **Fruits**

#### **Wholesale**

Prices of most of the fruit varieties have decreased with low demand and high supply. The highest price decrease of 24% was reported for karthakolomban- mango and price of betti- mango has decreased by 13% due to availability of sufficient stocks. Price of imported grapes has decreased by 22% with availability of sufficient stocks. Price of avocado has decreased by 20% as availability of small fruits and start of harvesting season. Prices of passion fruit and papaw have decreased by 13% and 12% respectively with low demand. Further, a slight price decrease was reported for king coconut (2%) and slime apple (1%).

However, prices of all varieties of banana have increased in the range of 1%-8% due to availability of limited stocks. Further, price of all sizes of pineapple have increased in the range of 1%-4% as availability of limited stocks. The price of orange has increased by 5% while price of wood apple increased by 3% due to limited supply.

Compared to the same period of last year, wholesale prices of most of the fruit varieties have increased with the highest price increase of 215% being reported for banana ambul.

#### **Retail**

Prices of most of fruits have decreased in line with the decreased wholesale prices. The highest price decrease of Rs.35.00/fruit was reported for mango – karthakolomban due to increased supply. Prices of passionfruit and avocado have decreased by Rs.12.00/fruit and Rs.11.00/fruit respectively. A price decrease of Rs.3.00/kg was reported for imported grapes due to availability of sufficient stocks. Further, prices of slime apple and papaw have decreased by Rs.3.00/fruit and Rs.1.00/kg respectively.

Meanwhile, prices of banana kolikittu, ambul and seeni I have increased in the range of Rs.7.00-28.00/kg. Prices of

anamalu and ambun have increased by Rs.1.00/fruit due to limited supply. The price of wood apple has increased by Rs.18.00/fruit. All sizes of pineapple have increased in the range of Rs.3.00-4.00/fruit due to unavailability of sufficient stocks.

Compared to the same period of last year, the current retail prices of all fruits have increased and the highest price increase was reported for mango-karthakolomban as 153%.

### **Fresh Fish**

#### **Wholesale**

Wholesale prices of all fresh fish types except thora have increased due to decrease in wholesale supply compared to demand. The highest price increase of 14% was noted for kelawalla due to low supply from Beruwala and Galle areas and the price ranged Rs.1100.00-1320.00/kg. A price increase of 13% was noted for salaya due to low supply from Trincomalee and Mannar areas and the price ranged Rs.400.00-540.00/kg. Likewise, a price increase of 12% was noted for hurulla due to low supply from Kalpitiya and Mullaitivu areas and the price ranged Rs.740.00-860.00/kg. Also, a price increase of 8% was noted for balaya and thlapath due to low supply from Negombo, Beruwala and Walachchenai areas and their prices ranged Rs.650.00-

860.00/kg and Rs.1200.00-1700.00/kg respectively. In addition, the wholesale prices of mora, shrimps and paraw have increased by 1%-2% respectively.

However, a price decrease of 2% was noted for thora due to high supply from Northern areas and the price ranged Rs.1600.00-2350.00/kg.

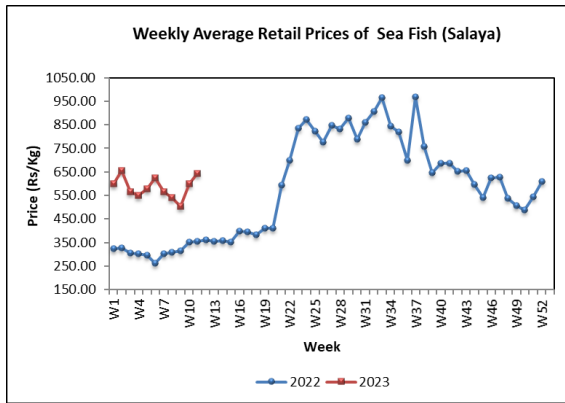
Compared to the same period of last year, current wholesale prices of all the fresh fish types have increased in the range of 4%-73% and the highest price increase was noted for salaya.

#### **Retail**

Retail prices of all types of fresh fish except thora have further increased in line with increased wholesale prices due to limited supply. The highest price increase was reported for thalapath by Rs.185.00/kg. Prices of paraw and kelawalla and hurulla have increased by Rs.159.00/kg, Rs.145.00/kg and Rs.105.00/kg respectively.

Price of the other types have increased in the range of Rs.11.00- 41.00/kg. Price of thora has decreased by Rs.9.00/kg due to low demand, recording a high price.





Compared to the same period of last year, prices of all types of fresh fish have increased in the range of 10-82% with the highest price increase being reported for salaya.

### Dried Fish

#### Wholesale

Due to increase of local dried fish supply, prices of most of the local and imported dried fish types have decreased. The highest price decrease of 5% was noted for imported sprats due to high supply from Iran and Thailand and the price ranged Rs.750.00-920.00/kg. Likewise, a price decrease of 3% was noted for imported kattawa due to high supply from Oman and Indonesia and the price ranged Rs.1540.00-1720.00/kg. In addition, prices of local mora and local balaya has decreased by 1%.

However, a price increase of 9% was noted for local salaya due to low supply from Mannar and Chilaw areas and the price ranged Rs.750.00-880.00/kg.

Likewise, a price increase of 7% was noted for local maduwa due to low supply from Jaffna and Negombo areas and the price ranged Rs.1150.00-1300.00/kg. In addition, price of imported anguluwa has increased by 1%.

Compared to the same period of last year, current wholesale prices of all dried fish types have increased in the range of 2%-42% and the highest price increase was reported for local maduwa.

#### Retail

In line with decreased wholesale prices, retail prices of most types of dried fish have decreased in the range of Rs.3.00-35.00/kg with the highest price decrease was reported for local sprat.

Price of anguluwa and salaya have increased by Rs.57.00/kg and Rs.14.00/kg respectively due to limited stocks in the market.

Compared to the same period of last year, prices of all types of dried fish have increased in the range of 21%-44% with the highest price increase being reported for anguluwa.

### Eggs

#### Wholesale

The prices of both brown and white eggs have not changed significantly and their average prices were Rs.46.00 and Rs.44.00 respectively.

Compared to the same period of last year, prices of both brown and white eggs have increased by 56% and 60% respectively.

#### **Retail**

Price of a white egg has increased by Rs.1.00/egg and price ranged between Rs.44.00-53.00 due to insufficient stocks in the market with low production. Brown egg was not available in the market.

Compared to the same period of last year, price of white eggs has increased by 67%.

#### **Meat**

##### **Retail**

Prices of most types of meat have decreased with low demand. Price of pork has decreased by Rs.127.00/kg. Prices of skin-less curry chicken and skin-less broiler chicken have decreased in the range of Rs.23.00-24.00/kg.

However, prices of beef and mutton have increased by Rs.100.00/kg and Rs.29.00/kg respectively due to limited supply.

Compared to the same period of last year, prices of all types of meat have increased in the range of 41%-75% with the highest price increase being reported for pork.

### **EXPLANATORY NOTE**

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e. Tuesday and Friday) while with retail prices, it is thrice a week (i.e. Friday, Monday, and Tuesday).

**Table 01: Selected Markets: Wholesale Price of Rice (Rs/50Kg Bag)**

Week 11: 10 - 16 March 2023

LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
Colombo	10750	11000	10400	10750	12000	12500	9250	9500	9000	9250	8000	8750	8500	9250
Divulapitiya	10750	11250	9500	10500	12250	12500	9250	10750	8500	9100	8000	8750	8250	8900
Kurunegala	11150	11250	9750	10000	12500	12750	10500	10750	8750	9000	8500	10000	8250	8750
Nikaweratiya	11000	11250	9750	10250	12400	12800	10100	10600	8350	9000	8000	10500	8100	8250
Badulla	-	-	-	-	-	-	9500	10000	-	-	8000	8250	8000	8500
Puttalam	11200	11350	-	-	12500	12750	10250	10800	8250	8500	10250	10250	8400	8600
Dambulla	10750	11000	10250	10300	12500	12600	10700	10750	9000	9250	9000	9750	8750	9000
Anuradhapura	11250	11350	-	-	12750	12750	10250	10850	-	-	9500	10250	8500	9500
Tambuttegama	10750	11000	10000	10000	-	-	-	-	8850	9000	10000	10250	8350	8500
Polonnaruwa	11250	11300	-	-	12700	12750	10700	10800	10400	10500	-	-	9750	9850
Kalutara	-	-	10750	10900	12500	12650	-	-	9500	9650	8650	8750	8750	8900
Ampara	11500	11500	10600	10600	11300	13000	-	-	8500	8900	7700	7750	8000	8250
Kandy	11000	11200	10250	10500	12250	12500	10000	10250	9000	9500	9250	9500	8750	9000
Moneragala	11250	11350	-	-	12250	12750	10500	10750	-	-	8000	8750	8000	8500
Kegalle	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Dehiattakandiya	11250	11750	-	-	12750	12750	10500	10750	-	-	-	-	8500	9000
Hambantota	11250	11250	-	-	12500	12750	-	-	-	-	7500	7850	8000	8350
Matara	11000	11100	-	-	12250	12500	9600	10000	-	-	7600	8000	7750	8200
Galle	11000	11250	-	-	12700	12900	10500	10500	-	-	7000	7200	8000	8500
Meegoda	-	-	10500	10800	12000	12500	-	-	8750	9400	7750	8100	8500	8750
Tissamaharama	-	-	-	-	-	-	-	-	8750	9000	7400	7750	8000	8000
Embilipitiya	10650	10700	10500	10600	12250	12350	10500	10600	-	-	7200	7350	8250	8400
Jaffna	-	-	10400	10650	12500	12900	10900	11400	-	-	-	-	-	-
Vavuniya	11000	11150	-	-	12000	12200	10000	10200	9500	9600	8750	9000	8900	9200
Mannar	-	-	10250	10500	12000	12250	10500	10750	9250	9500	8000	8500	9000	9250
Killinochchi	10900	11000	10750	10800	12500	12750	9500	9750	9200	9300	8000	8300	9000	9250
Mullattivu	11000	11000	10500	10500	12500	13000	10000	10500	9250	9500	7600	8000	8750	9000
Batticaloa	-	-	10500	10650	12500	12650	-	-	9250	9500	8500	8600	8700	9000
Trincomalee	-	-	10500	10750	12000	12500	-	-	9000	9500	8500	9500	8500	9250
Galenbindunuwewa	11250	11350	10250	10500	12750	12850	10850	10850	9500	9750	9250	10250	8500	8750
Matale	10900	11250	10000	10300	12250	12500	10550	10600	8750	9250	9250	9500	8500	8750

**Table 02: Selected Markets: Retail Price of Rice (Rs/Kg)**

Week 11: 10 - 16 March 2023

LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
Colombo	230.00	240.00	220.00	230.00	250.00	270.00	210.00	220.00	190.00	210.00	180.00	200.00	185.00	200.00
Gampaha	225.00	230.00	210.00	215.00	260.00	260.00	215.00	220.00	185.00	200.00	180.00	200.00	185.00	200.00
Kurunegala	220.00	230.00	-	-	260.00	260.00	215.00	215.00	200.00	200.00	210.00	210.00	190.00	200.00
Nikaweratiya	230.00	230.00	-	-	240.00	260.00	210.00	220.00	170.00	185.00	190.00	210.00	170.00	200.00
Dambulla	220.00	225.00	210.00	215.00	255.00	260.00	215.00	220.00	190.00	200.00	200.00	205.00	185.00	195.00
Anuradhapura	230.00	230.00	-	-	240.00	260.00	210.00	220.00	-	-	200.00	210.00	180.00	190.00
Thambuththegama	230.00	230.00	220.00	225.00	240.00	270.00	220.00	220.00	185.00	190.00	200.00	210.00	175.00	190.00
Polonnaruwa	229.00	230.00	-	-	259.00	260.00	218.00	220.00	210.00	215.00	210.00	210.00	200.00	200.00
Kaluthara	-	-	225.00	230.00	255.00	260.00	-	-	210.00	215.00	178.00	180.00	185.00	190.00
Badulla	-	-	-	-	255.00	260.00	210.00	210.00	200.00	205.00	165.00	175.00	175.00	180.00
Keppetipola	230.00	235.00	225.00	230.00	260.00	270.00	210.00	215.00	198.00	202.00	188.00	190.00	190.00	193.00
Moneragala	230.00	230.00	-	-	250.00	260.00	215.00	220.00	-	-	165.00	180.00	165.00	175.00
Kegalle	230.00	230.00	-	-	255.00	260.00	210.00	220.00	180.00	200.00	210.00	210.00	180.00	200.00
Ampara	225.00	230.00	215.00	215.00	245.00	245.00	-	-	180.00	195.00	155.00	190.00	160.00	175.00
Dehiattakandiya	230.00	240.00	-	-	260.00	260.00	215.00	220.00	-	-	-	-	175.00	200.00
Nuwaraeliya	230.00	235.00	225.00	230.00	265.00	270.00	215.00	220.00	202.00	205.00	189.00	193.00	192.00	194.00
Kandy	228.00	230.00	218.00	220.00	255.00	260.00	218.00	220.00	195.00	205.00	190.00	200.00	185.00	200.00
Puttalam	230.00	230.00	-	-	260.00	270.00	210.00	220.00	168.00	175.00	210.00	210.00	175.00	185.00
Hambantota	230.00	230.00	-	-	250.00	260.00	-	-	-	-	155.00	160.00	165.00	175.00
Rathnapura	225.00	230.00	-	-	-	-	-	-	194.00	200.00	165.00	170.00	182.00	185.00
Matara	230.00	230.00	-	-	250.00	260.00	215.00	220.00	-	-	155.00	165.00	160.00	175.00
Galle	230.00	230.00	-	-	260.00	260.00	220.00	220.00	-	-	150.00	160.00	150.00	175.00
Tissamaharama	-	-	-	-	-	-	-	-	180.00	180.00	150.00	160.00	160.00	165.00
Meegoda (DEC)	220.00	230.00	-	-	250.00	260.00	-	-	190.00	200.00	165.00	180.00	180.00	190.00
Embilipitiya	220.00	230.00	210.00	215.00	255.00	260.00	210.00	220.00	-	-	150.00	160.00	175.00	190.00
Jaffna	-	-	210.00	215.00	260.00	270.00	220.00	230.00	-	-	-	-	-	-
Vavuniya	228.00	230.00	-	-	250.00	255.00	220.00	230.00	210.00	220.00	190.00	200.00	195.00	200.00
Mannar	225.00	230.00	215.00	220.00	250.00	260.00	220.00	230.00	195.00	210.00	180.00	190.00	190.00	200.00
Killinochchi	225.00	230.00	-	-	260.00	270.00	-	-	200.00	210.00	170.00	180.00	190.00	200.00
Mullaittivu	220.00	230.00	-	-	260.00	270.00	210.00	230.00	190.00	200.00	155.00	165.00	180.00	190.00
Batticaloa	-	-	220.00	225.00	260.00	265.00	-	-	190.00	200.00	175.00	178.00	184.00	190.00
Trincomalee	220.00	235.00	-	-	250.00	260.00	-	-	195.00	210.00	190.00	205.00	180.00	192.00
Hanguranketha	220.00	230.00	210.00	216.00	245.00	260.00	210.00	220.00	188.00	205.00	170.00	179.50	180.00	200.00
Veyangoda	230.00	230.00	220.00	220.00	250.00	260.00	195.00	200.00	190.00	200.00	170.00	190.00	175.00	190.00
Galenbindunuwewa	230.00	230.00	210.00	215.00	260.00	260.00	220.00	220.00	195.00	200.00	190.00	210.00	175.00	180.00
Bandarawela	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Matale	226.00	228.00	210.00	212.00	252.00	255.00	214.00	218.00	190.00	195.00	200.00	205.00	185.00	190.00

**Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50Kg)**

Week 11: 10 - 16 March 2023

LOCATION	Dried Chillies		Red Onion		Big Onion	Potato			Pulses		
	Imported		Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	49000 - 55000	12500 - 15000	13500 - 14500	4500 - 4750	5750 - 6250	9000 - 9500	10500 - 11000	70000 - 72500	36250 - 45000	15600 - 16500	
Kurunegala	50000 - 60000	-	15000 - 18500	5000 - 5250	6500 - 6750	-	-	80000 - 80000	42500 - 47500	15500 - 17000	
Nikaweratiya	48750 - 57500	15000 - 15750	-	5250 - 5250	6000 - 6500	-	-	75000 - 75000	32500 - 40000	16000 - 16500	
Dehiattakandiya	55000 - 62500	14000 - 18750	-	5250 - 6000	6500 - 7000	-	-	-	-	16000 - 17500	
Dambulla (DEC)	50000 - 52500	13000 - 13250	13000 - 14000	4500 - 5000	6250 - 6500	-	10500 - 11000	67500 - 70000	32500 - 34000	17000 - 17150	
Anuradhapura	57500 - 67500	15000 - 18000	-	5250 - 6250	6500 - 7000	-	-	72500 - 79000	37500 - 52500	17000 - 17500	
Thambuththegama	55000 - 62500	15000 - 15000	17500 - 17500	5000 - 5250	6250 - 6750	10000 - 10500	11000 - 11000	-	27500 - 32500	16500 - 16900	
Polonnaruwa	60000 - 61000	18400 - 18600	-	6250 - 6500	6750 - 7000	-	12500 - 12600	74000 - 74500	-	18000 - 18250	
Kaluthara	50000 - 52000	14000 - 15000	-	4750 - 4900	6000 - 6500	9500 - 9750	11000 - 11250	73000 - 74000	40000 - 45000	16000 - 16250	
Puttalam	50000 - 57500	-	10750 - 12500	5350 - 5700	5750 - 6500	-	12250 - 13000	69500 - 72500	27500 - 36000	16500 - 17500	
Kandy	55000 - 57500	15000 - 15500	15500 - 16000	5000 - 5250	6500 - 6750	9500 - 10000	10500 - 11000	70000 - 72500	42500 - 45000	16750 - 17000	
Matara	60000 - 62500	15000 - 16000	-	5000 - 5250	6250 - 6500	-	12500 - 13000	67500 - 72500	47500 - 51500	17000 - 17750	
Hambantota	57500 - 62500	15000 - 16000	-	5000 - 5250	6250 - 6750	-	-	67500 - 70000	-	16750 - 17250	
Kegalle	57500 - 59000	14000 - 14500	-	5500 - 5650	5850 - 6000	-	11500 - 11800	75000 - 75200	44000 - 46000	17000 - 18500	
Galle	52500 - 60000	16000 - 19000	-	4750 - 5000	6000 - 6750	-	-	70000 - 77500	-	16000 - 17000	
Tissamaharama	60000 - 65000	15000 - 18000	-	5000 - 5500	6750 - 7000	-	-	70000 - 70000	-	16750 - 17000	
Meegoda (DEC)	51000 - 55000	13750 - 15000	-	4750 - 5000	5750 - 6250	10000 - 10500	11500 - 11500	75000 - 77500	43500 - 52500	15750 - 16000	
Jaffna	77500 - 82500	-	14000 - 15000	6000 - 6500	-	-	13000 - 13500	-	-	18000 - 20000	
Vavuniya	60000 - 61500	-	-	5500 - 5600	6950 - 7100	-	-	75000 - 76000	-	16000 - 16550	
Mannar	57500 - 60500	-	-	5500 - 5750	7200 - 7500	-	-	70000 - 71000	-	16500 - 17000	
Killinochchi	57000 - 58000	-	-	6000 - 6500	6250 - 6750	-	-	72000 - 73000	-	16000 - 16250	
Mullattivu	55000 - 57500	-	-	5000 - 6000	6000 - 6500	-	-	72500 - 75000	42500 - 45000	16500 - 17500	
Batticaloa	57000 - 58000	-	-	5500 - 5800	6500 - 6600	-	-	72500 - 73000	42500 - 43000	16000 - 16250	
Trincomalee	60000 - 62500	-	-	5750 - 6250	6500 - 7000	-	-	75000 - 77500	50000 - 52500	16500 - 17750	
Galenbindunuwewa	55000 - 57500	16000 - 17000	-	6500 - 6750	6500 - 6750	-	-	72500 - 77000	32500 - 40000	16500 - 17000	
Matale	49000 - 50000	16000 - 17000	-	4750 - 5000	6500 - 6750	-	12000 - 12500	70000 - 72500	32500 - 37500	16500 - 17000	

**Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/Kg)**

Week 11: 10 - 16 March 2023

LOCATIONS	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	1100.00 - 1600.00	360.00 - 400.00	480.00 - 500.00	100.00 - 140.00	140.00 - 180.00	260.00 - 320.00	320.00 - 400.00	1450.00 - 1600.00	1000.00 - 1450.00	320.00 - 380.00
Gampaha	1300.00 - 1400.00	400.00 - 400.00	-	120.00 - 140.00	160.00 - 180.00	-	320.00 - 360.00	1480.00 - 1480.00	1200.00 - 1200.00	360.00 - 400.00
Kurunegala	1300.00 - 1400.00	400.00 - 460.00	-	140.00 - 160.00	160.00 - 200.00	280.00 - 320.00	-	1500.00 - 1700.00	1200.00 - 1200.00	380.00 - 400.00
Nikaweratiya	1300.00 - 1350.00	350.00 - 380.00	460.00 - 460.00	130.00 - 140.00	140.00 - 160.00	260.00 - 280.00	-	1500.00 - 1700.00	900.00 - 1100.00	350.00 - 360.00
Dambulla	1200.00 - 1300.00	360.00 - 380.00	380.00 - 400.00	110.00 - 130.00	150.00 - 160.00	-	-	1600.00 - 1700.00	800.00 - 900.00	350.00 - 360.00
Anuradhapura	1200.00 - 1500.00	360.00 - 440.00	-	130.00 - 160.00	150.00 - 160.00	-	-	1500.00 - 1650.00	800.00 - 1200.00	350.00 - 380.00
Thambuththegama	1300.00 - 1600.00	-	450.00 - 480.00	115.00 - 130.00	145.00 - 160.00	-	-	1600.00 - 1600.00	800.00 - 900.00	340.00 - 360.00
Polonnaruwa	1290.00 - 1400.00	360.00 - 380.00	-	140.00 - 150.00	150.00 - 165.00	270.00 - 280.00	-	1550.00 - 1580.00	1200.00 - 1200.00	370.00 - 380.00
Kaluthara	1100.00 - 1180.00	340.00 - 360.00	-	115.00 - 125.00	140.00 - 150.00	280.00 - 300.00	320.00 - 340.00	1500.00 - 1600.00	1200.00 - 1300.00	340.00 - 350.00
Badulla	1200.00 - 1300.00	360.00 - 440.00	-	120.00 - 130.00	150.00 - 160.00	240.00 - 280.00	-	1600.00 - 1600.00	900.00 - 1000.00	380.00 - 400.00
Keppetipola	1250.00 - 1280.00	340.00 - 390.00	-	130.00 - 140.00	180.00 - 190.00	230.00 - 240.00	-	1600.00 - 1700.00	1000.00 - 1100.00	345.00 - 365.00
Moneragala	1200.00 - 1400.00	380.00 - 400.00	-	130.00 - 160.00	150.00 - 160.00	280.00 - 300.00	-	1600.00 - 1650.00	800.00 - 1000.00	340.00 - 380.00
Kegalle	1160.00 - 1240.00	350.00 - 360.00	-	130.00 - 140.00	150.00 - 160.00	300.00 - 320.00	-	1520.00 - 1550.00	900.00 - 950.00	350.00 - 390.00
Ampara	1090.00 - 1400.00	360.00 - 400.00	-	120.00 - 140.00	145.00 - 160.00	260.00 - 290.00	-	1500.00 - 1600.00	850.00 - 1300.00	320.00 - 360.00
Dehiattakandiya	1200.00 - 1300.00	350.00 - 400.00	-	120.00 - 130.00	150.00 - 150.00	-	-	-	-	340.00 - 360.00
Nuwaraeliya	1250.00 - 1280.00	330.00 - 390.00	-	120.00 - 140.00	180.00 - 200.00	-	250.00 - 260.00	1650.00 - 1700.00	1050.00 - 1100.00	350.00 - 365.00
Kandy	1220.00 - 1240.00	440.00 - 480.00	-	130.00 - 140.00	160.00 - 170.00	280.00 - 300.00	320.00 - 340.00	1500.00 - 1600.00	1180.00 - 1200.00	350.00 - 360.00
Puttalam	1100.00 - 1300.00	-	400.00 - 480.00	130.00 - 160.00	160.00 - 180.00	300.00 - 320.00	320.00 - 350.00	1500.00 - 1650.00	850.00 - 900.00	345.00 - 360.00
Rathnapura	1350.00 - 1500.00	340.00 - 360.00	-	120.00 - 130.00	140.00 - 160.00	-	-	1500.00 - 1600.00	1000.00 - 1200.00	360.00 - 370.00
Hambantota	1300.00 - 1400.00	350.00 - 360.00	-	110.00 - 120.00	150.00 - 160.00	-	-	1450.00 - 1500.00	1200.00 - 1250.00	360.00 - 380.00
Matara	1300.00 - 1400.00	360.00 - 400.00	-	110.00 - 120.00	150.00 - 160.00	300.00 - 300.00	320.00 - 320.00	1400.00 - 1600.00	1000.00 - 1250.00	360.00 - 380.00
Galle	1200.00 - 1300.00	400.00 - 480.00	-	120.00 - 120.00	150.00 - 160.00	-	320.00 - 380.00	1600.00 - 1600.00	1300.00 - 1300.00	330.00 - 380.00
Tissamaharama	1300.00 - 1350.00	360.00 - 400.00	-	110.00 - 130.00	140.00 - 150.00	260.00 - 270.00	-	1450.00 - 1500.00	-	340.00 - 360.00
Meegoda (DEC)	1150.00 - 1350.00	400.00 - 440.00	-	100.00 - 120.00	140.00 - 160.00	260.00 - 300.00	-	1520.00 - 1550.00	950.00 - 1300.00	330.00 - 360.00
Embilipitiya	1350.00 - 1450.00	400.00 - 440.00	-	120.00 - 140.00	140.00 - 160.00	270.00 - 300.00	-	1400.00 - 1500.00	1050.00 - 1100.00	345.00 - 400.00
Jaffna	1580.00 - 1700.00	-	300.00 - 320.00	160.00 - 165.00	190.00 - 200.00	280.00 - 300.00	-	-	-	380.00 - 400.00
Vavuniya	1300.00 - 1350.00	350.00 - 380.00	-	130.00 - 145.00	160.00 - 170.00	-	-	1600.00 - 1650.00	-	338.00 - 345.00
Mannar	1300.00 - 1450.00	340.00 - 380.00	-	120.00 - 140.00	160.00 - 180.00	-	-	1450.00 - 1550.00	-	360.00 - 380.00
Killinochchi	1200.00 - 1250.00	-	-	140.00 - 160.00	160.00 - 170.00	-	-	1500.00 - 1550.00	-	330.00 - 340.00
Mullaittivu	1200.00 - 1250.00	-	-	-	150.00 - 160.00	-	-	1500.00 - 1550.00	900.00 - 950.00	350.00 - 400.00
Batticaloa	1200.00 - 1250.00	-	480.00 - 500.00	130.00 - 150.00	150.00 - 160.00	-	360.00 - 400.00	1500.00 - 1540.00	960.00 - 1000.00	338.00 - 345.00
Trincomalee	1260.00 - 1340.00	-	-	125.00 - 140.00	150.00 - 165.00	-	-	1550.00 - 1650.00	950.00 - 1040.00	355.00 - 375.00
Hanguranketha	1200.00 - 1390.00	400.00 - 450.00	-	120.00 - 140.00	140.00 - 160.00	-	350.00 - 350.00	1560.00 - 1600.00	880.00 - 950.00	329.00 - 356.00
Veyangoda	1200.00 - 1350.00	360.00 - 400.00	-	100.00 - 120.00	140.00 - 160.00	250.00 - 280.00	-	1600.00 - 1650.00	1000.00 - 1040.00	340.00 - 380.00
Galenbindunuwewa	1200.00 - 1250.00	360.00 - 380.00	-	140.00 - 150.00	140.00 - 150.00	-	-	1500.00 - 1560.00	800.00 - 1200.00	350.00 - 355.00
Bandarawela	-	-	-	-	-	-	-	-	-	-
Matale	1170.00 - 1200.00	360.00 - 380.00	-	120.00 - 130.00	160.00 - 200.00	-	320.00 - 330.00	1600.00 - 1700.00	800.00 - 900.00	350.00 - 360.00

**Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/Kg)**

Week 11: 10 - 16 March 2023

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	200.00 - 350.00	80.00 - 100.00	150.00 - 170.00	120.00 - 190.00	100.00 - 130.00
Meegoda (DEC)	-	200.00 - 230.00	110.00 - 140.00	170.00 - 200.00	100.00 - 130.00	120.00 - 140.00
Dambulla (DEC)	-	160.00 - 200.00	70.00 - 110.00	140.00 - 160.00	120.00 - 130.00	70.00 - 90.00
Keppetipola (DEC)	-	170.00 - 180.00	70.00 - 80.00	120.00 - 130.00	110.00 - 120.00	100.00 - 110.00
Norochchole (DEC)	-	-	-	-	70.00 - 90.00	-
Nuwara Eliya	-	160.00 - 180.00	90.00 - 100.00	160.00 - 170.00	140.00 - 150.00	120.00 - 130.00
Kandy	-	200.00 - 220.00	90.00 - 110.00	150.00 - 160.00	120.00 - 130.00	80.00 - 100.00
Hambantota	-	210.00 - 260.00	200.00 - 250.00	200.00 - 240.00	160.00 - 200.00	150.00 - 200.00
Thambuththegama (DEC)	-	220.00 - 250.00	100.00 - 120.00	150.00 - 170.00	90.00 - 120.00	80.00 - 110.00
Jaffna	-	350.00 - 390.00	320.00 - 360.00	230.00 - 260.00	200.00 - 240.00	-
Bandarawela	-	-	-	-	-	-
Veyangoda	-	200.00 - 230.00	100.00 - 120.00	160.00 - 180.00	100.00 - 140.00	110.00 - 150.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	50.00 - 60.00	45.00 - 60.00	160.00 - 220.00	170.00 - 190.00	120.00 - 160.00	300.00 - 380.00
Meegoda (DEC)	60.00 - 90.00	60.00 - 90.00	190.00 - 220.00	180.00 - 200.00	170.00 - 180.00	350.00 - 370.00
Moneragala	80.00 - 90.00	70.00 - 80.00	150.00 - 180.00	160.00 - 200.00	180.00 - 200.00	400.00 - 450.00
Dambulla (DEC)	35.00 - 45.00	50.00 - 60.00	130.00 - 150.00	150.00 - 170.00	140.00 - 160.00	200.00 - 230.00
Keppetipola (DEC)	30.00 - 35.00	30.00 - 40.00	130.00 - 140.00	150.00 - 160.00	140.00 - 150.00	260.00 - 300.00
Norochchole (DEC)	30.00 - 40.00	30.00 - 40.00	130.00 - 150.00	150.00 - 170.00	150.00 - 190.00	200.00 - 320.00
Nuwara Eliya	50.00 - 60.00	45.00 - 55.00	130.00 - 140.00	160.00 - 170.00	160.00 - 170.00	280.00 - 320.00
Kandy	40.00 - 60.00	30.00 - 70.00	150.00 - 160.00	180.00 - 200.00	150.00 - 180.00	280.00 - 300.00
Hambantota	80.00 - 100.00	80.00 - 120.00	180.00 - 240.00	180.00 - 240.00	180.00 - 200.00	350.00 - 400.00
Thambuththegama (DEC)	40.00 - 60.00	45.00 - 60.00	110.00 - 140.00	110.00 - 130.00	90.00 - 140.00	250.00 - 330.00
Tissamaharama	50.00 - 70.00	80.00 - 100.00	200.00 - 230.00	150.00 - 170.00	140.00 - 160.00	350.00 - 370.00
Jaffna	130.00 - 160.00	350.00 - 380.00	180.00 - 210.00	180.00 - 200.00	250.00 - 280.00	550.00 - 620.00
Bandarawela	-	-	-	-	-	-
Veyangoda	40.00 - 50.00	50.00 - 60.00	150.00 - 170.00	150.00 - 180.00	140.00 - 180.00	320.00 - 380.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	40.00 - 70.00	50.00 - 70.00	250.00 - 300.00	120.00 - 140.00	-	180.00 - 250.00
Meegoda (DEC)	60.00 - 70.00	40.00 - 60.00	270.00 - 320.00	100.00 - 130.00	-	160.00 - 180.00
Moneragala	80.00 - 100.00	80.00 - 130.00	350.00 - 400.00	220.00 - 250.00	-	240.00 - 270.00
Dambulla (DEC)	50.00 - 55.00	40.00 - 55.00	250.00 - 280.00	120.00 - 140.00	-	120.00 - 150.00
Keppetipola (DEC)	50.00 - 60.00	60.00 - 70.00	240.00 - 250.00	120.00 - 130.00	-	150.00 - 160.00
Norochchole (DEC)	60.00 - 80.00	40.00 - 60.00	250.00 - 320.00	120.00 - 140.00	-	100.00 - 160.00
Nuwara Eliya	60.00 - 70.00	70.00 - 80.00	250.00 - 260.00	130.00 - 140.00	-	170.00 - 180.00
Kandy	60.00 - 70.00	60.00 - 70.00	230.00 - 280.00	140.00 - 150.00	-	180.00 - 190.00
Hambantota	60.00 - 80.00	70.00 - 80.00	320.00 - 400.00	180.00 - 220.00	-	180.00 - 230.00
Thambuththegama (DEC)	30.00 - 55.00	25.00 - 40.00	220.00 - 260.00	100.00 - 120.00	-	140.00 - 180.00
Tissamaharama	55.00 - 70.00	60.00 - 80.00	350.00 - 370.00	130.00 - 160.00	300.00 - 320.00	200.00 - 230.00
Jaffna	120.00 - 160.00	120.00 - 140.00	530.00 - 600.00	180.00 - 225.00	320.00 - 550.00	-
Bandarawela	-	-	-	-	-	-
Veyangoda	50.00 - 70.00	50.00 - 80.00	280.00 - 320.00	140.00 - 180.00	-	160.00 - 200.00

**Table 06 (Contd.)**

	<b>Long Beans</b>	<b>Ash Plantain</b>	<b>Green Chillies</b>	<b>Lime</b>	<b>Sweet Potatoe</b>	<b>Manioc</b>
Colombo	120.00 - 140.00	200.00 - 220.00	300.00 - 350.00	110.00 - 150.00	80.00 - 100.00	140.00 - 160.00
Meegoda (DEC)	80.00 - 100.00	200.00 - 230.00	330.00 - 360.00	160.00 - 180.00	80.00 - 90.00	-
Moneragala	140.00 - 180.00	100.00 - 120.00	300.00 - 400.00	100.00 - 120.00	100.00 - 120.00	-
Dambulla (DEC)	100.00 - 120.00	180.00 - 210.00	250.00 - 300.00	110.00 - 130.00	70.00 - 80.00	130.00 - 150.00
Keppetipola (DEC)	100.00 - 110.00	160.00 - 170.00	300.00 - 320.00	140.00 - 150.00	80.00 - 90.00	130.00 - 140.00
Norochchole (DEC)	50.00 - 70.00	100.00 - 160.00	280.00 - 350.00	100.00 - 140.00	130.00 - 150.00	140.00 - 150.00
Nuwara Eliya	120.00 - 130.00	170.00 - 180.00	340.00 - 350.00	150.00 - 160.00	90.00 - 100.00	130.00 - 140.00
Kandy	100.00 - 130.00	180.00 - 200.00	300.00 - 320.00	120.00 - 130.00	85.00 - 100.00	150.00 - 160.00
Hambantota	120.00 - 160.00	120.00 - 170.00	400.00 - 460.00	100.00 - 150.00	140.00 - 160.00	150.00 - 200.00
Thambuththegama (DEC)	100.00 - 130.00	140.00 - 180.00	270.00 - 350.00	90.00 - 120.00	60.00 - 90.00	110.00 - 130.00
Tissamaharama	60.00 - 80.00	150.00 - 180.00	280.00 - 300.00	60.00 - 120.00	130.00 - 140.00	120.00 - 130.00
Jaffna	180.00 - 250.00	120.00 - 160.00	200.00 - 280.00	250.00 - 350.00	-	220.00 - 280.00
Bandarawela	-	-	-	-	-	-
Veyangoda	100.00 - 130.00	180.00 - 220.00	300.00 - 350.00	140.00 - 180.00	80.00 - 100.00	130.00 - 160.00

<b>Locations</b>	<b>Leafy Vegetables (Rs/Bundle)</b>			<b>Coconut (Rs/Nut)</b>	
	<b>Mukunuwenna</b>	<b>Kankun</b>	<b>Gotukola</b>	<b>Large</b>	<b>Small</b>
Colombo	40.00 - 50.00	40.00 - 50.00	220.00 - 230.00	95.00 - 97.00	83.00 - 86.00
Meegoda (DEC)	70.00 - 70.00	70.00 - 70.00	70.00 - 80.00	110.00 - 115.00	95.00 - 100.00
Norochchole (DEC)	50.00 - 60.00	50.00 - 60.00	120.00 - 140.00	92.00 - 105.00	82.00 - 88.00
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	30.00 - 35.00	30.00 - 35.00	25.00 - 30.00	80.00 - 85.00	65.00 - 70.00
Kandy	40.00 - 45.00	45.00 - 50.00	200.00 - 210.00	95.00 - 98.00	75.00 - 80.00
Hambantota	50.00 - 50.00	50.00 - 50.00	60.00 - 60.00	-	-
Thambuththegama (DEC)	30.00 - 30.00	30.00 - 30.00	30.00 - 30.00	78.00 - 85.00	70.00 - 75.00
Tissamaharama	40.00 - 45.00	40.00 - 45.00	50.00 - 55.00	90.00 - 95.00	60.00 - 65.00
Jaffna	80.00 - 85.00	30.00 - 35.00	100.00 - 120.00	70.00 - 80.00	55.00 - 65.00
Tissamaharama	40.00 - 45.00	40.00 - 45.00	50.00 - 55.00	90.00 - 95.00	60.00 - 65.00
Bandarawela	-	-	-	-	-
Veyangoda	40.00 - 50.00	40.00 - 40.00	54.00 - 60.00	90.00 - 105.00	-

*Colombo, Meegoda, Norochchole, Jaffna and Kandy - Gotukola Price Rs/Kg*



**Table 07: Selected Markets: Retail Price of Vegetables (Rs/Kg)**

Week 11: 10 - 16 March 2023

LOCATIONS	Up Country Varieties									
	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knol Khol	Raddish	Cabbage	Tomato	
Colombo	-	240.00 - 400.00	140.00 - 280.00	200.00 - 320.00	160.00 - 320.00	140.00 - 320.00	100.00 - 240.00	80.00 - 240.00	200.00 - 400.00	
Gampaha	-	280.00 - 320.00	160.00 - 240.00	280.00 - 320.00	200.00 - 320.00	240.00 - 320.00	120.00 - 240.00	120.00 - 160.00	280.00 - 320.00	
Kurunegala	-	340.00 - 380.00	280.00 - 320.00	280.00 - 320.00	300.00 - 340.00	280.00 - 340.00	200.00 - 240.00	160.00 - 180.00	280.00 - 320.00	
Nikaweratiya	-	320.00 - 360.00	240.00 - 320.00	280.00 - 360.00	240.00 - 320.00	200.00 - 280.00	120.00 - 160.00	120.00 - 160.00	240.00 - 280.00	
Dambulla	-	300.00 - 320.00	180.00 - 200.00	240.00 - 280.00	200.00 - 240.00	200.00 - 240.00	100.00 - 120.00	100.00 - 120.00	240.00 - 280.00	
Anuradhapura	-	300.00 - 400.00	220.00 - 240.00	240.00 - 320.00	240.00 - 320.00	200.00 - 240.00	120.00 - 160.00	120.00 - 140.00	200.00 - 280.00	
Thambuththegama	-	300.00 - 350.00	160.00 - 200.00	200.00 - 240.00	150.00 - 200.00	140.00 - 180.00	100.00 - 160.00	100.00 - 160.00	180.00 - 240.00	
Polonnaruwa	-	280.00 - 300.00	180.00 - 200.00	260.00 - 280.00	200.00 - 220.00	200.00 - 220.00	120.00 - 140.00	120.00 - 150.00	280.00 - 300.00	
Kaluthara	-	340.00 - 360.00	160.00 - 180.00	280.00 - 300.00	220.00 - 240.00	240.00 - 260.00	160.00 - 180.00	140.00 - 160.00	200.00 - 220.00	
Badulla	-	240.00 - 280.00	160.00 - 200.00	240.00 - 280.00	240.00 - 280.00	200.00 - 240.00	80.00 - 120.00	100.00 - 120.00	200.00 - 240.00	
Keppetipola	-	240.00 - 260.00	140.00 - 150.00	230.00 - 240.00	200.00 - 220.00	180.00 - 200.00	90.00 - 100.00	110.00 - 130.00	230.00 - 240.00	
Moneragala	-	300.00 - 320.00	200.00 - 240.00	280.00 - 320.00	280.00 - 320.00	-	120.00 - 160.00	110.00 - 120.00	240.00 - 280.00	
Kegalle	-	300.00 - 320.00	260.00 - 280.00	300.00 - 320.00	260.00 - 280.00	260.00 - 280.00	220.00 - 240.00	140.00 - 160.00	280.00 - 300.00	
Ampara	-	320.00 - 320.00	200.00 - 240.00	240.00 - 320.00	260.00 - 280.00	240.00 - 240.00	120.00 - 160.00	140.00 - 180.00	280.00 - 320.00	
Dehiattakandiya	480.00 - 480.00	300.00 - 360.00	200.00 - 280.00	300.00 - 320.00	240.00 - 320.00	240.00 - 320.00	160.00 - 200.00	80.00 - 150.00	240.00 - 320.00	
Nuwaraeliya	-	260.00 - 280.00	180.00 - 200.00	260.00 - 280.00	230.00 - 240.00	220.00 - 230.00	120.00 - 140.00	150.00 - 160.00	230.00 - 250.00	
Kandy	-	300.00 - 320.00	200.00 - 240.00	260.00 - 280.00	200.00 - 240.00	200.00 - 240.00	120.00 - 140.00	100.00 - 120.00	240.00 - 260.00	
Puttalam	-	400.00 - 420.00	200.00 - 260.00	240.00 - 320.00	240.00 - 320.00	-	150.00 - 200.00	160.00 - 200.00	240.00 - 300.00	
Hambantota	-	280.00 - 330.00	280.00 - 320.00	240.00 - 300.00	200.00 - 250.00	200.00 - 250.00	120.00 - 140.00	110.00 - 140.00	240.00 - 320.00	
Rathnapura	-	300.00 - 330.00	200.00 - 220.00	260.00 - 280.00	230.00 - 240.00	190.00 - 200.00	100.00 - 120.00	120.00 - 130.00	280.00 - 300.00	
Matara	-	300.00 - 320.00	200.00 - 280.00	240.00 - 300.00	200.00 - 240.00	220.00 - 240.00	100.00 - 140.00	100.00 - 140.00	280.00 - 300.00	
Galle	480.00 - 480.00	360.00 - 400.00	240.00 - 260.00	300.00 - 320.00	280.00 - 330.00	240.00 - 280.00	160.00 - 200.00	180.00 - 220.00	280.00 - 320.00	
Tissamaharama	-	260.00 - 290.00	140.00 - 160.00	200.00 - 230.00	240.00 - 260.00	200.00 - 220.00	100.00 - 140.00	100.00 - 120.00	250.00 - 280.00	
Meegoda (DEC)	-	240.00 - 280.00	200.00 - 240.00	220.00 - 280.00	240.00 - 320.00	220.00 - 240.00	120.00 - 160.00	140.00 - 160.00	260.00 - 320.00	
Embilipitiya	400.00 - 400.00	280.00 - 400.00	160.00 - 200.00	200.00 - 240.00	200.00 - 240.00	200.00 - 240.00	80.00 - 120.00	150.00 - 200.00	320.00 - 400.00	
Jaffna	-	380.00 - 420.00	350.00 - 400.00	260.00 - 270.00	240.00 - 280.00	-	150.00 - 180.00	370.00 - 400.00	200.00 - 240.00	
Vavuniya	-	400.00 - 420.00	200.00 - 250.00	380.00 - 400.00	250.00 - 300.00	140.00 - 150.00	160.00 - 200.00	140.00 - 160.00	200.00 - 250.00	
Mannar	-	360.00 - 400.00	280.00 - 320.00	320.00 - 360.00	250.00 - 300.00	250.00 - 280.00	150.00 - 180.00	120.00 - 160.00	260.00 - 300.00	
Killinochchi	-	300.00 - 340.00	230.00 - 250.00	280.00 - 320.00	240.00 - 260.00	-	120.00 - 140.00	120.00 - 140.00	240.00 - 260.00	
Mullaittivu	-	320.00 - 360.00	200.00 - 240.00	280.00 - 300.00	240.00 - 280.00	-	150.00 - 160.00	100.00 - 150.00	180.00 - 200.00	
Batticaloa	320.00 - 340.00	320.00 - 340.00	240.00 - 260.00	280.00 - 300.00	280.00 - 300.00	260.00 - 280.00	150.00 - 160.00	120.00 - 140.00	300.00 - 320.00	
Trincomalee	320.00 350.00	300.00 350.00	150.00 200.00	250.00 300.00	200.00 - 230.00	200.00 240.00	110.00 - 140.00	110.00 150.00	250.00 280.00	
Hanguranketha	-	220.00 - 240.00	130.00 - 150.00	180.00 - 200.00	170.00 - 190.00	120.00 - 150.00	60.00 - 80.00	60.00 - 80.00	190.00 - 230.00	
Veyangoda	-	300.00 - 320.00	180.00 - 240.00	240.00 - 280.00	200.00 - 280.00	200.00 - 240.00	120.00 - 160.00	100.00 - 140.00	240.00 - 260.00	
Galenbindunuwewa	-	360.00 - 480.00	200.00 - 240.00	280.00 - 320.00	240.00 - 280.00	200.00 - 240.00	120.00 - 140.00	120.00 - 140.00	200.00 - 240.00	
Bandarawela	-	-	-	-	-	-	-	-	-	
Matale	-	260.00 - 320.00	180.00 - 220.00	240.00 - 300.00	240.00 - 300.00	160.00 - 200.00	120.00 - 160.00	100.00 - 120.00	240.00 - 260.00	

Table 07 (Contd.)

LOCATIONS	Low Country Varieties										
	Ladies Fingers	Brinjal	Capsicum	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa	Long Beans	
Colombo	200.00 - 360.00	160.00 - 320.00	350.00 - 680.00	80.00 - 200.00	80.00 - 200.00	300.00 - 520.00	180.00 - 320.00	-	200.00 - 420.00	150.00 - 360.00	
Gampaha	240.00 - 320.00	200.00 - 280.00	400.00 - 520.00	120.00 - 160.00	120.00 - 160.00	400.00 - 480.00	240.00 - 320.00	-	280.00 - 320.00	200.00 - 280.00	
Kurunegala	280.00 - 320.00	320.00 - 360.00	500.00 - 600.00	120.00 - 160.00	160.00 - 180.00	400.00 - 460.00	280.00 - 320.00	-	280.00 - 340.00	220.00 - 260.00	
Nikaweratiya	240.00 - 280.00	280.00 - 320.00	400.00 - 600.00	120.00 - 160.00	120.00 - 160.00	400.00 - 480.00	240.00 - 320.00	-	280.00 - 320.00	240.00 - 240.00	
Dambulla	240.00 - 260.00	260.00 - 280.00	500.00 - 560.00	100.00 - 120.00	120.00 - 140.00	380.00 - 420.00	200.00 - 240.00	-	240.00 - 280.00	160.00 - 200.00	
Anuradhapura	200.00 - 260.00	240.00 - 320.00	400.00 - 650.00	100.00 - 160.00	120.00 - 160.00	360.00 - 480.00	200.00 - 280.00	-	240.00 - 320.00	200.00 - 260.00	
Thambuththegama	160.00 - 200.00	160.00 - 240.00	400.00 - 500.00	80.00 - 140.00	80.00 - 120.00	300.00 - 380.00	160.00 - 200.00	-	200.00 - 260.00	140.00 - 200.00	
Polonnaruwa	220.00 - 240.00	260.00 - 280.00	400.00 - 440.00	100.00 - 120.00	100.00 - 120.00	340.00 - 360.00	180.00 - 200.00	-	260.00 - 280.00	200.00 - 220.00	
Kaluthara	300.00 - 320.00	260.00 - 280.00	680.00 - 720.00	120.00 - 140.00	120.00 - 140.00	440.00 - 460.00	280.00 - 300.00	-	320.00 - 340.00	220.00 - 240.00	
Badulla	280.00 - 320.00	240.00 - 280.00	480.00 - 600.00	100.00 - 120.00	160.00 - 180.00	400.00 - 440.00	240.00 - 280.00	-	320.00 - 360.00	200.00 - 240.00	
Keppetipola	240.00 - 250.00	220.00 - 230.00	440.00 - 460.00	140.00 - 150.00	150.00 - 160.00	320.00 - 340.00	190.00 - 200.00	-	230.00 - 240.00	180.00 - 190.00	
Moneragala	240.00 - 280.00	240.00 - 320.00	520.00 - 600.00	120.00 - 160.00	160.00 - 200.00	400.00 - 480.00	280.00 - 320.00	-	280.00 - 320.00	220.00 - 280.00	
Kegalle	260.00 - 280.00	300.00 - 320.00	460.00 - 480.00	140.00 - 160.00	140.00 - 160.00	410.00 - 440.00	260.00 - 280.00	-	260.00 - 280.00	260.00 - 280.00	
Ampara	320.00 - 340.00	280.00 - 320.00	480.00 - 600.00	140.00 - 160.00	160.00 - 200.00	360.00 - 440.00	280.00 - 320.00	-	280.00 - 320.00	240.00 - 240.00	
Dehiattakandiya	240.00 - 320.00	160.00 - 320.00	480.00 - 600.00	100.00 - 160.00	120.00 - 160.00	320.00 - 480.00	240.00 - 320.00	-	280.00 - 320.00	160.00 - 240.00	
Nuwaraeliya	250.00 - 260.00	250.00 - 260.00	360.00 - 400.00	140.00 - 160.00	150.00 - 160.00	340.00 - 360.00	220.00 - 230.00	-	260.00 - 280.00	200.00 - 220.00	
Kandy	300.00 - 320.00	240.00 - 280.00	600.00 - 650.00	100.00 - 120.00	120.00 - 140.00	360.00 - 400.00	200.00 - 240.00	-	300.00 - 320.00	200.00 - 240.00	
Puttalam	240.00 - 300.00	240.00 - 360.00	500.00 - 600.00	180.00 - 200.00	150.00 - 200.00	440.00 - 520.00	240.00 - 320.00	-	320.00 - 400.00	200.00 - 240.00	
Rathnapura	230.00 - 250.00	200.00 - 240.00	480.00 - 520.00	120.00 - 130.00	180.00 - 200.00	380.00 - 420.00	230.00 - 250.00	-	320.00 - 340.00	200.00 - 220.00	
Hambantota	240.00 - 300.00	240.00 - 320.00	480.00 - 580.00	100.00 - 130.00	120.00 - 160.00	400.00 - 480.00	280.00 - 320.00	-	240.00 - 300.00	200.00 - 240.00	
Matara	240.00 - 280.00	280.00 - 320.00	400.00 - 500.00	100.00 - 120.00	140.00 - 160.00	400.00 - 500.00	240.00 - 300.00	-	260.00 - 320.00	240.00 - 260.00	
Galle	220.00 - 300.00	240.00 - 300.00	480.00 - 500.00	100.00 - 160.00	180.00 - 200.00	400.00 - 480.00	260.00 - 320.00	-	280.00 - 320.00	280.00 - 320.00	
Tissamaharama	200.00 - 220.00	170.00 - 200.00	440.00 - 460.00	100.00 - 130.00	100.00 - 120.00	360.00 - 400.00	180.00 - 220.00	380.00 - 400.00	260.00 - 280.00	110.00 - 140.00	
Meegoda (DEC)	320.00 - 360.00	260.00 - 280.00	500.00 - 700.00	120.00 - 160.00	160.00 - 240.00	400.00 - 520.00	240.00 - 280.00	-	360.00 - 400.00	160.00 - 320.00	
Embilipitiya	200.00 - 280.00	200.00 - 240.00	400.00 - 520.00	120.00 - 200.00	160.00 - 200.00	480.00 - 520.00	240.00 - 320.00	-	240.00 - 300.00	200.00 - 240.00	
Jaffna	200.00 - 220.00	280.00 - 300.00	600.00 - 700.00	150.00 - 180.00	140.00 - 160.00	600.00 - 700.00	220.00 - 240.00	360.00 - 600.00	-	200.00 - 280.00	
Vavuniya	300.00 - 340.00	250.00 - 300.00	440.00 - 460.00	100.00 - 120.00	120.00 - 160.00	500.00 - 600.00	300.00 - 320.00	-	300.00 - 340.00	360.00 - 400.00	
Mannar	280.00 - 340.00	280.00 - 340.00	400.00 - 500.00	120.00 - 150.00	150.00 - 180.00	400.00 - 450.00	260.00 - 320.00	-	-	300.00 - 340.00	
Killinochchi	280.00 - 320.00	200.00 - 240.00	400.00 - 440.00	120.00 - 140.00	120.00 - 140.00	600.00 - 650.00	260.00 - 300.00	-	-	240.00 - 260.00	
Mullaitivu	260.00 - 280.00	200.00 - 280.00	480.00 - 500.00	100.00 - 120.00	-	600.00 - 720.00	240.00 - 280.00	-	-	320.00 - 400.00	
Batticaloa	300.00 - 330.00	320.00 - 360.00	450.00 - 480.00	150.00 - 160.00	140.00 - 150.00	440.00 - 460.00	280.00 - 320.00	-	280.00 - 320.00	380.00 - 420.00	
Trincomalee	240.00 - 320.00	240.00 - 260.00	360.00 - 400.00	120.00 - 150.00	140.00 - 180.00	340.00 - 380.00	220.00 - 260.00	-	260.00 - 300.00	200.00 - 240.00	
Hanguranketha	220.00 250.00	190.00 220.00	400.00 450.00	80.00 100.00	100.00 120.00	290.00 320.00	170.00 200.00	-	220.00 260.00	170.00 200.00	
Veyangoda	220.00 - 240.00	240.00 - 260.00	480.00 - 500.00	120.00 - 120.00	120.00 - 140.00	420.00 - 480.00	240.00 - 280.00	-	280.00 - 320.00	200.00 - 240.00	
Galenbindunuwewa	240.00 - 280.00	240.00 - 280.00	450.00 - 550.00	120.00 - 140.00	120.00 - 140.00	400.00 - 480.00	220.00 - 240.00	-	240.00 - 260.00	200.00 - 240.00	
Bandarawela	-	-	-	-	-	-	-	-	-	-	
Matale	300.00 - 320.00	240.00 - 300.00	400.00 - 420.00	100.00 - 120.00	120.00 - 160.00	300.00 - 380.00	200.00 - 240.00	-	200.00 - 240.00	200.00 - 240.00	

**Table 07 (Contd.)**

LOCATIONS	Low Country Varieties					Leafy Vegetable					Coconut (Rs/Nut)	
	Ash Plantain	Green Chillies	Lime	Sweet Potato	Manioc	Mukunuwenna	Kankun	Gotukola	Large	Small		
Colombo	240.00 - 320.00	350.00 - 600.00	180.00 - 400.00	120.00 - 240.00	180.00 - 240.00	60.00 - 80.00	60.00 - 80.00	80.00 - 150.00	110.00 - 130.00	90.00 - 100.00		
Gampaha	240.00 - 320.00	480.00 - 600.00	280.00 - 400.00	160.00 - 200.00	200.00 - 200.00	60.00 - 70.00	60.00 - 70.00	30.00 - 30.00	110.00 - 130.00	100.00 - 100.00		
Kurunegala	280.00 - 320.00	480.00 - 600.00	200.00 - 300.00	220.00 - 240.00	180.00 - 220.00	50.00 - 50.00	50.00 - 50.00	30.00 - 40.00	110.00 - 120.00	90.00 - 90.00		
Nikaweratiya	160.00 - 200.00	400.00 - 600.00	200.00 - 320.00	160.00 - 200.00	160.00 - 160.00	40.00 - 50.00	40.00 - 50.00	60.00 - 60.00	90.00 - 100.00	75.00 - 85.00		
Dambulla	280.00 - 300.00	500.00 - 550.00	200.00 - 300.00	140.00 - 180.00	220.00 - 240.00	50.00 - 65.00	50.00 - 60.00	50.00 - 60.00	100.00 - 110.00	75.00 - 80.00		
Anuradhapura	200.00 - 240.00	400.00 - 600.00	300.00 - 350.00	140.00 - 180.00	180.00 - 200.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	100.00 - 110.00	80.00 - 90.00		
Thambuththegama	-	400.00 - 550.00	180.00 - 220.00	120.00 - 160.00	-	40.00 - 40.00	40.00 - 40.00	-	90.00 - 100.00	70.00 - 80.00		
Polonnaruwa	220.00 - 240.00	400.00 - 450.00	250.00 - 300.00	140.00 - 160.00	180.00 - 200.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	85.00 - 90.00	75.00 - 80.00		
Kaluthara	300.00 - 320.00	360.00 - 400.00	180.00 - 220.00	210.00 - 240.00	180.00 - 200.00	60.00 - 80.00	60.00 - 80.00	80.00 - 100.00	110.00 - 130.00	90.00 - 100.00		
Badulla	280.00 - 300.00	500.00 - 600.00	200.00 - 240.00	160.00 - 200.00	220.00 - 240.00	70.00 - 70.00	70.00 - 70.00	70.00 - 80.00	105.00 - 110.00	85.00 - 90.00		
Keppetipola	220.00 - 230.00	450.00 - 500.00	230.00 - 240.00	160.00 - 180.00	200.00 - 220.00	35.00 - 40.00	35.00 - 40.00	30.00 - 35.00	115.00 - 120.00	90.00 - 95.00		
Moneragala	160.00 - 200.00	400.00 - 500.00	180.00 - 200.00	140.00 - 160.00	-	60.00 - 70.00	60.00 - 70.00	60.00 - 70.00	100.00 - 110.00	80.00 - 90.00		
Kegalle	220.00 - 240.00	460.00 - 500.00	280.00 - 300.00	180.00 - 200.00	-	40.00 - 40.00	40.00 - 40.00	30.00 - 30.00	110.00 - 120.00	90.00 - 100.00		
Ampara	180.00 - 260.00	500.00 - 600.00	200.00 - 200.00	180.00 - 200.00	140.00 - 180.00	50.00 - 60.00	45.00 - 50.00	45.00 - 60.00	90.00 - 100.00	80.00 - 80.00		
Dehiattakandiya	160.00 - 240.00	400.00 - 600.00	160.00 - 200.00	150.00 - 180.00	120.00 - 150.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	80.00 - 85.00	60.00 - 70.00		
Nuwaraeliya	250.00 - 260.00	550.00 - 580.00	280.00 - 300.00	170.00 - 190.00	250.00 - 260.00	35.00 - 40.00	35.00 - 40.00	30.00 - 35.00	110.00 - 120.00	94.00 - 98.00		
Kandy	260.00 - 280.00	500.00 - 600.00	200.00 - 240.00	160.00 - 180.00	240.00 - 250.00	50.00 - 60.00	50.00 - 60.00	40.00 - 50.00	100.00 - 120.00	80.00 - 85.00		
Puttalam	180.00 - 240.00	480.00 - 600.00	160.00 - 220.00	200.00 - 240.00	200.00 - 240.00	60.00 - 70.00	60.00 - 70.00	40.00 - 40.00	100.00 - 110.00	85.00 - 95.00		
Rathnapura	240.00 - 260.00	500.00 - 550.00	200.00 - 250.00	160.00 - 180.00	160.00 - 180.00	80.00 - 90.00	80.00 - 85.00	90.00 - 100.00	110.00 - 120.00	90.00 - 100.00		
Hambanthota	160.00 - 210.00	500.00 - 600.00	180.00 - 250.00	180.00 - 230.00	180.00 - 240.00	60.00 - 60.00	50.00 - 60.00	70.00 - 80.00	100.00 - 110.00	70.00 - 80.00		
Matara	260.00 - 300.00	400.00 - 550.00	200.00 - 240.00	160.00 - 200.00	220.00 - 240.00	55.00 - 60.00	55.00 - 60.00	75.00 - 80.00	100.00 - 120.00	70.00 - 90.00		
Galle	240.00 - 280.00	500.00 - 550.00	200.00 - 300.00	160.00 - 220.00	180.00 - 200.00	70.00 - 80.00	60.00 - 70.00	70.00 - 80.00	110.00 - 130.00	85.00 - 90.00		
Tissamaharama	180.00 - 200.00	350.00 - 400.00	140.00 - 160.00	160.00 - 180.00	150.00 - 170.00	45.00 - 50.00	45.00 - 50.00	55.00 - 60.00	95.00 - 100.00	65.00 - 70.00		
Meegoda (DEC)	260.00 - 280.00	580.00 - 600.00	300.00 - 300.00	180.00 - 200.00	-	80.00 - 90.00	80.00 - 90.00	90.00 - 90.00	120.00 - 130.00	100.00 - 110.00		
Embilipitiya	160.00 - 200.00	480.00 - 520.00	150.00 - 200.00	180.00 - 220.00	120.00 - 160.00	60.00 - 80.00	50.00 - 70.00	70.00 - 100.00	90.00 - 110.00	55.00 - 80.00		
Jaffna	160.00 - 180.00	250.00 - 300.00	300.00 - 400.00	-	260.00 - 300.00	85.00 - 90.00	35.00 - 40.00	30.00 - 35.00	70.00 - 85.00	50.00 - 65.00		
Vavuniya	200.00 - 250.00	400.00 - 450.00	150.00 - 200.00	200.00 - 240.00	200.00 - 240.00	55.00 - 65.00	55.00 - 65.00	55.00 - 65.00	80.00 - 85.00	60.00 - 75.00		
Mannar	200.00 - 240.00	400.00 - 500.00	160.00 - 220.00	150.00 - 200.00	240.00 - 250.00	50.00 - 60.00	50.00 - 60.00	45.00 - 55.00	70.00 - 80.00	60.00 - 65.00		
Killinochchi	180.00 - 200.00	400.00 - 440.00	180.00 - 200.00	220.00 - 240.00	200.00 - 220.00	50.00 - 60.00	40.00 - 45.00	40.00 - 50.00	90.00 - 100.00	60.00 - 70.00		
Mullaittivu	180.00 - 200.00	350.00 - 400.00	150.00 - 200.00	200.00 - 240.00	220.00 - 240.00	50.00 - 60.00	-	40.00 - 50.00	75.00 - 80.00	50.00 - 60.00		
Batticaloa	180.00 - 200.00	450.00 - 480.00	180.00 - 200.00	180.00 - 220.00	240.00 - 250.00	60.00 - 70.00	40.00 - 50.00	30.00 - 40.00	80.00 - 80.00	50.00 - 60.00		
Trincomalee	250.00 280.00	420.00 450.00	220.00 250.00	140.00 170.00	220.00 250.00	50.00 55.00	45.00 50.00	45.00 55.00	80.00 100.00	50.00 70.00		
Hanguranketha	240.00 - 260.00	400.00 - 450.00	200.00 - 250.00	120.00 - 150.00	120.00 - 150.00	40.00 - 40.00	40.00 - 40.00	40.00 - 40.00	100.00 - 110.00	85.00 - 98.00		
Veyangoda	260.00 - 280.00	400.00 - 500.00	240.00 - 300.00	160.00 - 200.00	200.00 - 200.00	60.00 - 70.00	60.00 - 70.00	30.00 - 30.00	120.00 - 120.00	80.00 - 100.00		
Galenbindunuwewa	120.00 - 140.00	500.00 - 600.00	250.00 - 300.00	140.00 - 160.00	-	50.00 - 60.00	50.00 - 60.00	-	75.00 - 80.00	60.00 - 70.00		
Bandarawela	-	-	-	-	-	-	-	-	-	-		
Matale	240.00 - 280.00	500.00 - 600.00	240.00 - 300.00	160.00 - 180.00	200.00 - 240.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	100.00 - 120.00	80.00 - 90.00		

**Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/Kg)**

Week 11: 10 - 16 March 2023

LOCATIONS	Banana					Pineapple			Mango	
	Ambul (Rs/Kg)	Kolikuttu (Rs/Kg)	Seeni (Rs/Kg)	Anamalu	Ambun	Large	Medium	Small	Betti	Karthakolomban
Colombo	200.00 - 280.00	400.00 - 500.00	180.00 - 250.00	28.00 - 35.00	33.00 - 48.00	700.00 - 750.00	600.00 - 680.00	480.00 - 560.00	-	150.00 - 360.00
Gampaha	230.00 - 250.00	400.00 - 420.00	170.00 - 180.00	30.00 - 32.00	38.00 - 40.00	700.00 - 700.00	500.00 - 600.00	350.00 - 400.00	-	200.00 - 200.00
Kurunegala	200.00 - 250.00	460.00 - 500.00	160.00 - 200.00	20.00 - 25.00	38.00 - 45.00	700.00 - 750.00	480.00 - 500.00	280.00 - 300.00	100.00 - 120.00	200.00 - 250.00
Nikaweratiya	200.00 - 230.00	450.00 - 480.00	180.00 - 200.00	-	40.00 - 43.00	-	550.00 - 650.00	480.00 - 520.00	-	-
Dambulla	200.00 - 220.00	450.00 - 460.00	160.00 - 180.00	-	48.00 - 50.00	800.00 - 900.00	600.00 - 650.00	350.00 - 400.00	60.00 - 80.00	300.00 - 350.00
Anuradhapura	180.00 - 260.00	450.00 - 500.00	160.00 - 180.00	24.00 - 30.00	42.00 - 48.00	860.00 - 900.00	720.00 - 800.00	570.00 - 660.00	-	-
Thambuththegama	200.00 - 240.00	430.00 - 480.00	180.00 - 220.00	-	45.00 - 48.00	900.00 - 900.00	700.00 - 780.00	-	-	-
Polonnaruwa	180.00 - 200.00	450.00 - 480.00	120.00 - 150.00	19.00 - 21.00	-	-	480.00 - 550.00	350.00 - 400.00	-	-
Kaluthara	280.00 - 300.00	400.00 - 420.00	160.00 - 180.00	30.00 - 32.00	38.00 - 40.00	-	560.00 - 580.00	430.00 - 450.00	-	240.00 - 280.00
Badulla	200.00 - 220.00	420.00 - 440.00	130.00 - 140.00	19.00 - 21.00	30.00 - 32.00	-	650.00 - 680.00	500.00 - 550.00	-	-
Keppetipola	190.00 - 220.00	420.00 - 440.00	150.00 - 160.00	24.00 - 27.00	45.00 - 48.00	740.00 - 750.00	600.00 - 650.00	-	-	220.00 - 240.00
Moneragala	130.00 - 150.00	350.00 - 370.00	120.00 - 140.00	20.00 - 22.00	25.00 - 28.00	750.00 - 750.00	600.00 - 600.00	-	-	-
Kegalle	190.00 - 220.00	480.00 - 520.00	200.00 - 220.00	30.00 - 40.00	35.00 - 40.00	680.00 - 700.00	580.00 - 660.00	400.00 - 450.00	-	-
Ampara	160.00 - 180.00	400.00 - 430.00	100.00 - 130.00	25.00 - 35.00	30.00 - 35.00	700.00 - 750.00	600.00 - 650.00	500.00 - 580.00	-	-
Dehiattakandiya	160.00 - 220.00	380.00 - 450.00	160.00 - 180.00	-	50.00 - 60.00	750.00 - 750.00	600.00 - 670.00	450.00 - 520.00	-	-
Nuwaraeliya	220.00 - 240.00	430.00 - 450.00	160.00 - 180.00	26.00 - 30.00	48.00 - 50.00	750.00 - 760.00	600.00 - 650.00	-	-	240.00 - 250.00
Kandy	220.00 - 230.00	400.00 - 450.00	180.00 - 190.00	24.00 - 25.00	35.00 - 40.00	800.00 - 900.00	480.00 - 500.00	250.00 - 280.00	70.00 - 80.00	-
Puttalam	160.00 - 180.00	350.00 - 400.00	160.00 - 180.00	20.00 - 22.00	-	-	600.00 - 650.00	400.00 - 450.00	-	-
Rathnapura	180.00 - 200.00	350.00 - 360.00	180.00 - 200.00	-	-	750.00 - 850.00	500.00 - 600.00	220.00 - 250.00	-	-
Hambantota	180.00 - 200.00	380.00 - 400.00	160.00 - 180.00	22.00 - 24.00	25.00 - 29.00	900.00 - 950.00	780.00 - 850.00	400.00 - 500.00	-	-
Matara	180.00 - 200.00	370.00 - 400.00	180.00 - 190.00	24.00 - 25.00	33.00 - 35.00	880.00 - 920.00	730.00 - 760.00	400.00 - 550.00	50.00 - 60.00	240.00 - 250.00
Galle	180.00 - 240.00	400.00 - 450.00	180.00 - 200.00	25.00 - 30.00	32.00 - 37.00	-	650.00 - 680.00	-	80.00 - 100.00	180.00 - 200.00
Tissamaharama	130.00 - 160.00	380.00 - 420.00	120.00 - 140.00	-	-	-	-	-	-	200.00 - 220.00
Meegoda (DEC)	190.00 - 200.00	420.00 - 420.00	150.00 - 160.00	25.00 - 27.00	30.00 - 35.00	-	500.00 - 520.00	320.00 - 350.00	-	-
Embilipitiya	140.00 - 170.00	300.00 - 380.00	120.00 - 140.00	25.00 - 30.00	30.00 - 45.00	-	500.00 - 600.00	350.00 - 450.00	60.00 - 80.00	-
Jaffna	200.00 - 220.00	250.00 - 280.00	120.00 - 130.00	-	-	-	620.00 - 680.00	480.00 - 580.00	-	180.00 - 300.00
Vavuniya	140.00 - 180.00	350.00 - 390.00	120.00 - 150.00	30.00 - 35.00	-	720.00 - 750.00	640.00 - 680.00	550.00 - 580.00	-	200.00 - 240.00
Mannar	150.00 - 160.00	300.00 - 350.00	120.00 - 150.00	22.00 - 25.00	-	700.00 - 750.00	600.00 - 650.00	500.00 - 550.00	-	-
Killinochchi	180.00 - 220.00	400.00 - 440.00	150.00 - 170.00	28.00 - 32.00	28.00 - 32.00	850.00 - 900.00	660.00 - 700.00	550.00 - 600.00	-	-
Mullaittivu	160.00 - 200.00	280.00 - 300.00	140.00 - 200.00	23.00 - 25.00	-	-	-	-	-	-
Batticaloa	200.00 - 220.00	400.00 - 420.00	150.00 - 160.00	28.00 - 30.00	-	700.00 - 720.00	580.00 - 620.00	500.00 - 520.00	-	-
Trincomalee	180.00 - 200.00	390.00 - 420.00	160.00 - 180.00	28.00 - 30.00	-	-	600.00 - 650.00	350.00 - 420.00	-	-
Veyangoda	220.00 - 280.00	450.00 - 500.00	180.00 - 200.00	20.00 - 22.00	35.00 - 44.00	800.00 - 900.00	500.00 - 650.00	350.00 - 350.00	-	200.00 - 250.00
Galenbindunuwewa	180.00 - 200.00	400.00 - 450.00	100.00 - 130.00	30.00 - 35.00	35.00 - 40.00	830.00 - 900.00	660.00 - 720.00	-	-	-
Bandarawela	-	-	-	-	-	-	-	-	-	-
Matale	180.00 - 200.00	380.00 - 450.00	160.00 - 180.00	26.00 - 30.00	54.00 - 56.00	800.00 - 850.00	600.00 - 650.00	400.00 - 450.00	-	-

Table 08 (Contd.)

LOCATIONS	Mango		Other Fruits								
	Vilad	Kohu	Papaw (Rs/Kg)	Passion	Wood Apple	Orange	Avocado	Slime Apple	Grapes (Rs/Kg)	King Coconut	
Colombo	-	-	300.00 - 460.00	54.00 - 100.00	70.00 - 150.00	70.00 - 120.00	100.00 - 200.00	40.00 - 120.00	2000.00 - 3200.00	140.00 - 160.00	
Gampaha	-	-	400.00 - 400.00	70.00 - 80.00	100.00 - 100.00	100.00 - 100.00	120.00 - 130.00	60.00 - 70.00	2500.00 - 2500.00	140.00 - 150.00	
Kurunegala	100.00 - 120.00	-	300.00 - 350.00	70.00 - 80.00	80.00 - 140.00	80.00 - 100.00	100.00 - 120.00	80.00 - 100.00	2500.00 - 2500.00	120.00 - 150.00	
Nikaweratiya	-	-	200.00 - 230.00	-	-	70.00 - 80.00	100.00 - 130.00	50.00 - 60.00	3000.00 - 3000.00	100.00 - 100.00	
Dambulla	-	50.00 - 60.00	280.00 - 300.00	60.00 - 70.00	60.00 - 80.00	60.00 - 80.00	140.00 - 160.00	50.00 - 80.00	2500.00 - 2600.00	120.00 - 130.00	
Anuradhapura	-	-	260.00 - 300.00	-	50.00 - 80.00	80.00 - 100.00	120.00 - 140.00	60.00 - 100.00	2500.00 - 3000.00	100.00 - 140.00	
Thambuththegama	-	-	280.00 - 350.00	-	-	60.00 - 80.00	80.00 - 100.00	-	2200.00 - 2500.00	80.00 - 100.00	
Polonnaruwa	-	-	250.00 - 300.00	-	50.00 - 60.00	-	80.00 - 100.00	50.00 - 60.00	2800.00 - 3000.00	100.00 - 120.00	
Kaluthara	-	-	340.00 - 360.00	-	70.00 - 100.00	80.00 - 100.00	180.00 - 200.00	80.00 - 100.00	2600.00 - 2800.00	140.00 - 160.00	
Badulla	90.00 - 100.00	-	260.00 - 280.00	50.00 - 60.00	60.00 - 70.00	35.00 - 50.00	-	40.00 - 60.00	2700.00 - 2800.00	120.00 - 130.00	
Keppetipola	-	-	250.00 - 270.00	75.00 - 80.00	75.00 - 80.00	70.00 - 75.00	140.00 - 150.00	85.00 - 90.00	2700.00 - 2800.00	120.00 - 130.00	
Moneragala	-	-	220.00 - 250.00	-	-	80.00 - 100.00	-	50.00 - 55.00	-	80.00 - 100.00	
Kegalle	-	-	300.00 - 340.00	-	40.00 - 60.00	80.00 - 100.00	120.00 - 120.00	40.00 - 50.00	2600.00 - 2700.00	80.00 - 100.00	
Ampara	-	-	200.00 - 230.00	-	48.00 - 48.00	50.00 - 50.00	133.00 - 166.00	35.00 - 70.00	2000.00 - 2000.00	130.00 - 140.00	
Dehiattakandiya	-	-	220.00 - 250.00	-	-	50.00 - 80.00	120.00 - 180.00	60.00 - 70.00	3000.00 - 3300.00	100.00 - 130.00	
Nuwaraeliya	-	-	260.00 - 280.00	75.00 - 80.00	80.00 - 85.00	70.00 - 80.00	140.00 - 150.00	80.00 - 90.00	2600.00 - 2800.00	120.00 - 130.00	
Kandy	90.00 - 100.00	-	300.00 - 380.00	60.00 - 70.00	70.00 - 80.00	60.00 - 70.00	100.00 - 140.00	60.00 - 70.00	2500.00 - 2600.00	140.00 - 150.00	
Puttalam	-	-	180.00 - 250.00	-	-	65.00 - 85.00	-	-	-	80.00 - 100.00	
Hambantota	-	-	280.00 - 290.00	-	30.00 - 40.00	80.00 - 100.00	-	40.00 - 50.00	2500.00 - 2500.00	90.00 - 100.00	
Rathnapura	-	-	240.00 - 260.00	-	50.00 - 60.00	80.00 - 100.00	-	50.00 - 70.00	2000.00 - 2500.00	100.00 - 110.00	
Matara	70.00 - 80.00	50.00 - 70.00	280.00 - 290.00	70.00 - 75.00	55.00 - 60.00	80.00 - 100.00	80.00 - 100.00	50.00 - 60.00	2500.00 - 2550.00	80.00 - 100.00	
Galle	100.00 - 130.00	-	280.00 - 300.00	73.00 - 75.00	50.00 - 60.00	80.00 - 120.00	180.00 - 200.00	80.00 - 100.00	3000.00 - 3000.00	100.00 - 120.00	
Tissamaharama	-	30.00 - 35.00	240.00 - 260.00	60.00 - 70.00	40.00 - 45.00	70.00 - 80.00	-	30.00 - 35.00	2800.00 - 3200.00	90.00 - 100.00	
Meegoda (DEC)	-	-	250.00 - 300.00	-	35.00 - 50.00	100.00 - 110.00	-	-	2800.00 - 2800.00	-	
Embilipitiya	60.00 - 80.00	40.00 - 50.00	280.00 - 300.00	60.00 - 70.00	60.00 - 80.00	70.00 - 100.00	80.00 - 100.00	30.00 - 40.00	2500.00 - 3000.00	90.00 - 120.00	
Jaffna	50.00 - 85.00	-	120.00 - 200.00	-	30.00 - 40.00	-	-	-	-	150.00 - 180.00	
Vavuniya	-	-	240.00 - 260.00	80.00 - 90.00	55.00 - 60.00	60.00 - 65.00	100.00 - 130.00	-	-	100.00 - 150.00	
Mannar	-	-	200.00 - 240.00	-	-	80.00 - 100.00	100.00 - 150.00	-	2600.00 - 3000.00	120.00 - 160.00	
Killinochchi	-	-	250.00 - 280.00	-	50.00 - 60.00	-	-	-	2800.00 - 3000.00	150.00 - 160.00	
Mullaittivu	-	-	250.00 - 260.00	-	40.00 - 50.00	-	-	-	-	120.00 - 150.00	
Batticaloa	-	-	220.00 - 250.00	70.00 - 80.00	58.00 - 60.00	60.00 - 70.00	-	-	2600.00 - 2800.00	140.00 - 150.00	
Trincomalee	-	-	240.00 - 270.00	60.00 - 70.00	55.00 - 65.00	-	100.00 - 130.00	-	2450.00 - 2600.00	120.00 - 130.00	
Veyangoda	-	-	350.00 - 400.00	60.00 - 70.00	60.00 - 80.00	80.00 - 120.00	100.00 - 150.00	50.00 - 60.00	2500.00 - 3000.00	150.00 - 150.00	
Galenbindunuwewa	-	-	200.00 - 220.00	-	-	-	-	-	2500.00 - 2600.00	-	
Bandarawela	-	-	-	-	-	-	-	-	-	-	
Matale	70.00 - 90.00	-	250.00 - 280.00	-	50.00 - 60.00	60.00 - 70.00	120.00 - 140.00	-	2600.00 - 2800.00	120.00 - 130.00	

**Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/Kg & Rs/Egg)**

Week 11: 10 - 16 March 2023

Locations	Sea Fish					
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw
Colombo	400.00 – 540.00	740.00 – 860.00	650.00 – 860.00	1100.00 – 1320.00	1600.00 – 2350.00	1000.00 – 1300.00
Kandy	480.00 – 500.00	750.00 – 800.00	880.00 – 920.00	1000.00 – 1200.00	2000.00 – 2200.00	1150.00 – 1200.00
Kaluthara	460.00 – 480.00	800.00 – 820.00	-	920.00 – 960.00	-	1250.00 – 1300.00
Puttalam	500.00 – 550.00	700.00 – 800.00	800.00 – 950.00	1750.00 – 1850.00	2350.00 – 2450.00	1240.00 – 1300.00
Matara	420.00 – 460.00	-	800.00 – 900.00	1500.00 – 1600.00	-	1500.00 – 1550.00
Hambantota	400.00 – 450.00	900.00 – 900.00	800.00 – 900.00	1550.00 – 1600.00	1400.00 – 1600.00	-
Galle	-	-	800.00 – 900.00	1200.00 – 1500.00	1800.00 – 2000.00	1000.00 – 1200.00
Batticaloa	350.00 – 400.00	800.00 – 900.00	900.00 – 1000.00	1600.00 – 1700.00	1600.00 – 1700.00	1300.00 – 1400.00
Trincomalee	340.00 – 360.00	650.00 – 750.00	550.00 – 700.00	800.00 – 900.00	1600.00 – 1700.00	1250.00 – 1350.00
Mannar	250.00 – 280.00	650.00 – 700.00	650.00 – 700.00	-	-	1000.00 – 1100.00

Locations	Sea Fish				Eggs	
	Mora	Shrimps	Thalapath	Teppeli	Brown	White
Colombo	950.00 – 1200.00	1400.00 – 1600.00	1200.00 – 1700.00	-	46.00 – 46.00	44.00 – 44.00
Kandy	1100.00 – 1200.00	1500.00 – 1740.00	1700.00 – 1800.00	-	49.00 – 50.00	46.00 – 48.00
Kaluthara	-	1500.00 – 1600.00	1350.00 – 1400.00	-	-	-
Puttalam	1700.00 – 1870.00	1200.00 – 1850.00	2250.00 – 2400.00	-	53.00 – 54.00	49.00 – 51.50
Matara	-	1800.00 – 1900.00	-	-	-	-
Hambantota	-	1850.00 – 1900.00	-	-	-	-
Galle	-	-	1300.00 – 1400.00	-	-	-
Batticaloa	1100.00 – 1200.00	1100.00 – 1200.00	1600.00 – 1700.00	-	52.00 – 53.00	52.00 – 53.00
Trincomalee	1100.00 – 1250.00	1000.00 – 1100.00	1600.00 – 1700.00	-	44.00 – 46.00	42.00 – 44.00
Mannar	-	900.00 – 1000.00	-	-	54.00 – 55.00	52.00 – 53.00

**Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50Kg)**

Week 11: 10 - 16 March 2023

Locations	Local Dried Fish					
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa
Colombo	47500 – 60000	-	-	80000 – 90000	37500 – 47500	-
Kandy	57500 – 60000	-	-	95000 – 97500	50000 – 52500	-
Batticaloa	55000 – 57000	115000 – 120000	-	100000 – 102500	65000 – 68000	52500 – 55000
Trincomalee	49000 – 52500	65000 – 66500	80000 – 81500	70000 – 71000	35000 – 36500	42000 – 43500
Mannar	50000 – 52500	90000 – 95000	-	60000 – 65000	45000 – 50000	37500 – 40000

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	57500 – 65000	-	37500 – 44000	37500 – 46000	77000 – 86000	-
Kandy	65000 – 66000	-	40000 – 42500	47500 – 50000	92500 – 95000	-
Batticaloa	70000 – 72500	-	50000 – 52500	60000 – 62500	-	-
Trincomalee	50000 – 52000	80000 – 82000	30000 – 32500	45000 – 46000	72000 – 73000	90000 – 91500
Mannar	47500 – 50000	75000 – 80000	30000 – 32500	45000 – 47500	-	-

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	-	-	80000 – 85000	-	-	-
Kandy	-	-	-	-	-	-
Batticaloa	-	-	-	-	-	-
Trincomalee	85000 – 86000	-	-	-	-	-
Mannar	-	-	-	-	-	-

**Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/Kg & Rs/Eggs)**

Week 11: 10 - 16 March 2023

LOCATIONS	Sea Fish									Eggs									
	Salaya		Hurulla		Balaya		Kelawalla		Thora		Paraw		Mora		Thalapath		Brown		White
Colombo	520.00 - 750.00	920.00 - 1200.00	1000.00 - 1750.00	1600.00 - 2800.00	2600.00 - 3200.00	1560.00 - 2600.00	1320.00 - 2000.00	2000.00 - 2800.00	-	-	-	-	-	-	-	-	44.00 - 53.00	-	-
Gampaha	700.00 - 700.00	950.00 - 950.00	-	-	-	-	-	2400.00 - 2400.00	-	-	-	-	-	-	-	-	-	-	-
Kurunegala	440.00 - 480.00	860.00 - 900.00	1200.00 - 1300.00	1600.00 - 1700.00	-	1400.00 - 1500.00	1500.00 - 1600.00	2400.00 - 2400.00	-	-	-	-	-	-	-	-	44.00 - 44.00	-	-
Nikaweratiya	700.00 - 700.00	1000.00 - 1000.00	1100.00 - 1100.00	1900.00 - 2000.00	-	1700.00 - 1700.00	-	2200.00 - 2200.00	-	-	-	-	-	-	-	-	-	-	-
Dambulla	500.00 - 540.00	900.00 - 1000.00	1000.00 - 1100.00	1800.00 - 2000.00	-	1800.00 - 2000.00	1500.00 - 1600.00	2000.00 - 2200.00	-	-	-	-	-	-	-	-	55.00 - 56.00	53.00 - 54.00	-
Anuradhapura	480.00 - 500.00	980.00 - 1000.00	1050.00 - 1100.00	1900.00 - 2000.00	-	1400.00 - 1600.00	-	2000.00 - 2200.00	-	-	-	-	-	-	-	-	-	-	-
Thambuththegama	400.00 - 400.00	700.00 - 900.00	1000.00 - 1000.00	2400.00 - 2600.00	-	-	2000.00 - 2000.00	2600.00 - 2800.00	-	-	-	-	-	-	-	-	-	-	-
Polonnaruwa	500.00 - 600.00	980.00 - 1100.00	1200.00 - 1250.00	1600.00 - 1750.00	2400.00 - 2400.00	1600.00 - 1700.00	1700.00 - 1800.00	2000.00 - 2100.00	-	-	-	-	-	-	-	-	48.00 - 55.00	-	-
Kaluthara	580.00 - 600.00	980.00 - 1000.00	-	1400.00 - 1500.00	-	1580.00 - 1600.00	-	1650.00 - 1700.00	-	-	-	-	-	-	-	-	45.00 - 46.00	-	-
Badulla	480.00 - 500.00	880.00 - 900.00	1200.00 - 1300.00	1600.00 - 1700.00	-	1500.00 - 1600.00	1500.00 - 1600.00	2200.00 - 2300.00	-	-	-	-	-	-	-	-	-	-	-
Keppetipola	460.00 - 480.00	750.00 - 760.00	1300.00 - 1350.00	1600.00 - 1700.00	-	1500.00 - 1600.00	1600.00 - 1700.00	1800.00 - 1900.00	-	-	-	-	-	-	-	-	58.00 - 60.00	57.00 - 58.00	-
Moneragala	500.00 - 550.00	1000.00 - 1100.00	1000.00 - 1100.00	-	-	-	-	2500.00 - 2600.00	-	-	-	-	-	-	-	-	-	-	-
Kegalle	550.00 - 600.00	950.00 - 1000.00	1100.00 - 1200.00	1700.00 - 1800.00	2950.00 - 3000.00	1700.00 - 1800.00	1750.00 - 1800.00	2100.00 - 2200.00	-	-	-	-	-	-	-	-	55.00 - 56.00	54.00 - 54.00	-
Ampara	600.00 - 600.00	1200.00 - 1200.00	1400.00 - 1600.00	2400.00 - 2400.00	-	-	-	-	-	-	-	-	-	-	-	-	-	55.00 - 55.00	-
Dehiattakandiya	500.00 - 600.00	960.00 - 960.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	49.00 - 50.00	49.00 - 50.00	-
Nuwaraeliya	460.00 - 480.00	760.00 - 780.00	1360.00 - 1380.00	1700.00 - 1750.00	-	1850.00 - 1860.00	1450.00 - 1460.00	1900.00 - 2000.00	-	-	-	-	-	-	-	-	57.00 - 60.00	56.00 - 58.00	-
Kandy	600.00 - 640.00	940.00 - 960.00	1000.00 - 1200.00	1900.00 - 2100.00	2600.00 - 2800.00	1600.00 - 1700.00	1600.00 - 1650.00	2060.00 - 2200.00	-	-	-	-	-	-	-	-	-	50.00 - 52.00	-
Puttalam	600.00 - 650.00	850.00 - 950.00	1000.00 - 1200.00	1850.00 - 2100.00	2400.00 - 2500.00	1300.00 - 1450.00	1900.00 - 2100.00	2400.00 - 2500.00	-	-	-	-	-	-	-	-	53.00 - 55.00	50.00 - 52.00	-
Hambantota	600.00 - 650.00	1000.00 - 1100.00	1300.00 - 1400.00	2100.00 - 2200.00	2200.00 - 2200.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Rathnapura	560.00 - 600.00	950.00 - 1000.00	960.00 - 1000.00	1900.00 - 2000.00	2700.00 - 2800.00	1450.00 - 1500.00	1550.00 - 1600.00	2150.00 - 2200.00	-	-	-	-	-	-	-	-	53.00 - 53.00	52.00 - 52.00	-
Matara	600.00 - 700.00	-	1300.00 - 1400.00	2000.00 - 2200.00	2350.00 - 2400.00	1900.00 - 2000.00	-	-	-	-	-	-	-	-	-	-	-	-	-
Galle	500.00 - 600.00	-	1000.00 - 1300.00	2000.00 - 2000.00	2400.00 - 2600.00	1800.00 - 2000.00	2000.00 - 2200.00	2000.00 - 2000.00	-	-	-	-	-	-	-	-	-	44.00 - 50.00	-
Tissamaharama	500.00 - 600.00	-	800.00 - 900.00	1600.00 - 1600.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Meegoda	700.00 - 800.00	-	1000.00 - 1000.00	1800.00 - 1900.00	-	1000.00 - 1200.00	-	2500.00 - 2550.00	-	-	-	-	-	-	-	-	-	44.00 - 44.00	-
Embilipitiya	500.00 - 600.00	800.00 - 900.00	1100.00 - 1250.00	2000.00 - 2200.00	2200.00 - 2200.00	1500.00 - 1600.00	1400.00 - 1500.00	2000.00 - 2150.00	-	-	-	-	-	-	-	-	60.00 - 60.00	58.00 - 60.00	-
Jaffna	-	1000.00 - 1200.00	1000.00 - 1500.00	-	-	1450.00 - 1500.00	-	-	-	-	-	-	-	-	-	-	50.00 - 51.00	49.00 - 51.00	-
Vavuniya	600.00 - 700.00	950.00 - 1000.00	1050.00 - 1150.00	2000.00 - 2150.00	2350.00 - 2450.00	1600.00 - 1800.00	2000.00 - 2200.00	2100.00 - 2200.00	-	-	-	-	-	-	-	-	46.00 - 48.00	44.00 - 46.00	-
Mannar	350.00 - 400.00	800.00 - 900.00	800.00 - 1000.00	-	-	1300.00 - 1400.00	1800.00 - 2200.00	-	-	-	-	-	-	-	-	-	56.00 - 57.00	54.00 - 55.00	-
Killinochchi	400.00 - 450.00	600.00 - 650.00	800.00 - 850.00	-	-	1200.00 - 1400.00	2000.00 - 2200.00	-	-	-	-	-	-	-	-	-	-	55.00 - 56.00	-
Mullaittivu	350.00 - 400.00	600.00 - 700.00	700.00 - 800.00	-	-	1000.00 - 1200.00	-	-	-	-	-	-	-	-	-	-	-	54.00 - 55.00	-
Batticaloa	500.00 - 600.00	1200.00 - 1400.00	1700.00 - 1850.00	2200.00 - 2400.00	2300.00 - 2400.00	2200.00 - 2400.00	2200.00 - 2400.00	2300.00 - 2400.00	-	-	-	-	-	-	-	-	54.00 - 55.00	54.00 - 55.00	-
Trincomalee	450.00 - 550.00	800.00 - 900.00	750.00 - 850.00	-	-	1400.00 - 1500.00	1300.00 - 1350.00	1800.00 - 1900.00	-	-	-	-	-	-	-	-	48.00 - 52.00	46.00 - 50.00	-
Veyangoda	600.00 - 600.00	1200.00 - 1200.00	1400.00 - 1400.00	1600.00 - 1600.00	-	1200.00 - 1200.00	-	2400.00 - 2400.00	-	-	-	-	-	-	-	-	-	44.00 - 52.00	-
Galenbindunuwewa	600.00 - 600.00	1000.00 - 1000.00	1100.00 - 1100.00	2000.00 - 2000.00	2400.00 - 2400.00	1600.00 - 1600.00	1600.00 - 1600.00	2000.00 - 2000.00	-	-	-	-	-	-	-	-	-	-	-
Bandarawela	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Matale	600.00 - 700.00	1000.00 - 1100.00	900.00 - 920.00	2000.00 - 2100.00	2400.00 - 2500.00	1600.00 - 1800.00	1600.00 - 1800.00	2000.00 - 2100.00	-	-	-	-	-	-	-	-	55.00 - 56.00	54.00 - 55.00	-

**Table 12: Selected Markets: Retail Price of Dried Fish (Rs/Kg)**

Week 11: 10 - 16 March 2023

LOCATIONS	Dried Fish							
	Sprats-Imported	Kattawa	Thora	Mora	Balaya	Anguluwa	Salaya	
Colombo	950.00 – 1500.00	2200.00 – 2800.00	-	2000.00 – 2700.00	1000.00 – 1600.00	1900.00 – 2800.00	1000.00 – 1300.00	
Gampaha	1040.00 – 1200.00	2400.00 – 2600.00	-	2000.00 – 2400.00	1400.00 – 1600.00	2400.00 – 2400.00	1000.00 – 1000.00	
Kurunegala	1200.00 – 1400.00	2300.00 – 2400.00	-	2200.00 – 2400.00	1200.00 – 1300.00	2200.00 – 2200.00	900.00 – 1000.00	
Nikaweratiya	1200.00 – 1300.00	2200.00 – 2400.00	-	2200.00 – 2200.00	1200.00 – 1200.00	2000.00 – 2800.00	1200.00 – 1200.00	
Dambulla	1200.00 – 1300.00	2500.00 – 2600.00	-	2500.00 – 2700.00	1200.00 – 1300.00	2000.00 – 2200.00	-	
Anuradhapura	1100.00 – 1400.00	2300.00 – 2800.00	-	2000.00 – 2800.00	1100.00 – 1600.00	2200.00 – 2700.00	800.00 – 1000.00	
Thambuththegama	1000.00 – 1100.00	-	-	-	1200.00 – 1200.00	-	1100.00 – 1100.00	
Polonnaruwa	1350.00 – 1400.00	2000.00 – 2000.00	-	2200.00 – 2400.00	1200.00 – 1400.00	2200.00 – 2300.00	1200.00 – 1300.00	
Kaluthara	1500.00 – 1600.00	2400.00 – 2600.00	-	2300.00 – 2400.00	1400.00 – 1500.00	-	1100.00 – 1200.00	
Badulla	1200.00 – 1400.00	2400.00 – 2500.00	-	2300.00 – 2400.00	1300.00 – 1400.00	-	1100.00 – 1200.00	
Keppetipola	1300.00 – 1400.00	2500.00 – 2600.00	-	2200.00 – 2300.00	1200.00 – 1300.00	2380.00 – 2450.00	1200.00 – 1250.00	
Moneragala	1200.00 – 1400.00	2200.00 – 2400.00	2200.00 – 2300.00	2400.00 – 2400.00	1200.00 – 1300.00	2200.00 – 2400.00	920.00 – 1000.00	
Kegalle	1150.00 – 1250.00	2200.00 – 2350.00	-	2000.00 – 2200.00	1100.00 – 1200.00	-	-	
Ampara	1080.00 – 1200.00	2000.00 – 2300.00	-	2000.00 – 2300.00	1000.00 – 1500.00	1600.00 – 2000.00	-	
Dehiattakandiya	1000.00 – 1200.00	2800.00 – 2800.00	-	2200.00 – 2300.00	1200.00 – 1600.00	-	1000.00 – 1200.00	
Nuwaraeliya	1340.00 – 1400.00	2600.00 – 2700.00	-	2500.00 – 2600.00	1250.00 – 1300.00	2300.00 – 2400.00	1250.00 – 1260.00	
Kandy	1100.00 – 1300.00	2300.00 – 2500.00	-	2200.00 – 2400.00	1300.00 – 1500.00	2400.00 – 2500.00	1100.00 – 1200.00	
Puttalam	980.00 – 1100.00	2000.00 – 2150.00	-	2000.00 – 2500.00	1000.00 – 1200.00	950.00 – 1200.00	820.00 – 900.00	
Hambantota	1300.00 – 1500.00	2200.00 – 2500.00	-	-	1000.00 – 1100.00	2000.00 – 2200.00	-	
Rathnapura	1040.00 – 1200.00	2100.00 – 2200.00	2960.00 – 3000.00	2000.00 – 2000.00	-	1960.00 – 2100.00	900.00 – 1040.00	
Matara	1200.00 – 1300.00	2200.00 – 2400.00	2800.00 – 2850.00	-	1000.00 – 1250.00	1800.00 – 1900.00	-	
Galle	1400.00 – 1600.00	2000.00 – 2400.00	2400.00 – 2600.00	2200.00 – 2600.00	1000.00 – 1400.00	1400.00 – 1600.00	900.00 – 1000.00	
Tissamaharama	1100.00 – 1200.00	-	-	-	1000.00 – 1300.00	-	-	
Meegoda	1000.00 – 1120.00	-	-	2200.00 – 2200.00	1300.00 – 1400.00	-	-	
Embilipitiya	1200.00 – 1600.00	2200.00 – 2400.00	2200.00 – 2400.00	2100.00 – 2300.00	1250.00 – 1550.00	2000.00 – 2200.00	1000.00 – 1200.00	
Jaffna	1750.00 – 1900.00	-	-	-	-	-	-	
Vavuniya	1150.00 – 1250.00	-	-	2000.00 – 2150.00	1200.00 – 1300.00	-	850.00 – 900.00	
Mannar	1100.00 – 1200.00	2000.00 – 2200.00	-	1600.00 – 1800.00	1100.00 – 1200.00	900.00 – 1000.00	800.00 – 900.00	
Killinochchi	1000.00 – 1200.00	2800.00 – 3000.00	-	2700.00 – 2800.00	1200.00 – 1300.00	1200.00 – 1300.00	1000.00 – 1200.00	
Mullaittivu	1000.00 – 1300.00	2500.00 – 2800.00	-	2000.00 – 2500.00	1000.00 – 1500.00	-	1000.00 – 1300.00	
Batticaloa	1200.00 – 1300.00	2400.00 – 2600.00	-	2100.00 – 2200.00	1350.00 – 1500.00	1200.00 – 1400.00	1100.00 – 1200.00	
Trincomalee	1000.00 – 1300.00	-	-	1500.00 – 1550.00	-	950.00 – 1000.00	750.00 – 800.00	
Veyangoda	1000.00 – 1200.00	2200.00 – 2400.00	2200.00 – 2200.00	2000.00 – 2300.00	1200.00 – 1500.00	2000.00 – 2200.00	870.00 – 1200.00	
Galenbindunuwewa	1200.00 – 1300.00	2200.00 – 2600.00	-	2200.00 – 2400.00	1200.00 – 1400.00	2400.00 – 2600.00	800.00 – 1000.00	
Bandarawela	-	-	-	-	-	-	-	
Matale	1000.00 – 1300.00	2600.00 – 2800.00	-	2400.00 – 2600.00	1400.00 – 1500.00	2200.00 – 2400.00	-	



**Table 13: Selected Markets: Retail Price of Meat (Rs/Kg)**

Week 11: 10 - 16 March 2023

LOCATIONS	Meat	Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork
Colombo	2300.00 - 2400.00	1100.00 - 1240.00	1280.00 - 1500.00	2800.00 - 3200.00	1480.00 - 1700.00
Gampaha	-	1200.00 - 1300.00	-	3000.00 - 3000.00	1500.00 - 1500.00
Kurunegala	2000.00 - 2000.00	1200.00 - 1300.00	-	2600.00 - 2700.00	1500.00 - 1560.00
Nikaweratiya	1800.00 - 1800.00	1150.00 - 1190.00	-	-	-
Dambulla	-	1200.00 - 1250.00	-	-	1700.00 - 1700.00
Anuradhapura	1900.00 - 2000.00	1150.00 - 1250.00	-	2900.00 - 3100.00	1500.00 - 1650.00
Thambuththegama	1800.00 - 2000.00	1000.00 - 1120.00	-	-	1550.00 - 1600.00
Polonnaruwa	-	1100.00 - 1250.00	-	-	1600.00 - 1800.00
Kaluthara	-	1260.00 - 1280.00	1300.00 - 1400.00	-	-
Badulla	1800.00 - 2000.00	1250.00 - 1350.00	1500.00 - 1600.00	2600.00 - 2800.00	-
Keppetipola	2000.00 - 2100.00	1100.00 - 1160.00	1240.00 - 1260.00	2800.00 - 2900.00	-
Moneragala	1900.00 - 1900.00	1250.00 - 1350.00	-	2700.00 - 2700.00	1600.00 - 1650.00
Kegalle	1850.00 - 1900.00	1180.00 - 1260.00	-	2750.00 - 2800.00	1800.00 - 1850.00
Ampara	2200.00 - 2200.00	-	1060.00 - 1100.00	-	1750.00 - 1750.00
Dehiattakandiya	1850.00 - 1850.00	1020.00 - 1200.00	1200.00 - 1200.00	-	1450.00 - 1650.00
Nuwaraeliya	2000.00 - 2200.00	1100.00 - 1160.00	1240.00 - 1260.00	2900.00 - 3000.00	1900.00 - 2000.00
Kandy	1900.00 - 2000.00	1120.00 - 1130.00	1450.00 - 1480.00	2700.00 - 2800.00	1550.00 - 1600.00
Puttalam	2000.00 - 2000.00	1180.00 - 1300.00	1750.00 - 1800.00	2800.00 - 3000.00	-
Hambantota	-	1260.00 - 1280.00	-	-	-
Rathnapura	2000.00 - 2100.00	1130.00 - 1250.00	1550.00 - 1600.00	2900.00 - 3000.00	1560.00 - 1600.00
Matara	-	1260.00 - 1280.00	-	-	-
Galle	2000.00 - 2200.00	1150.00 - 1200.00	-	3000.00 - 3200.00	-
Tissamaharama	-	-	-	2800.00 - 2800.00	1700.00 - 1800.00
Meegoda	-	1100.00 - 1150.00	-	-	1500.00 - 1550.00
Embilipitiya	1800.00 - 1900.00	1050.00 - 1100.00	1100.00 - 1200.00	2500.00 - 2600.00	1550.00 - 1750.00
Jaffna	1450.00 - 1500.00	1500.00 - 1600.00	1400.00 - 1500.00	2500.00 - 2600.00	-
Vavuniya	1850.00 - 1900.00	1350.00 - 1500.00	-	2800.00 - 2950.00	-
Mannar	1500.00 - 1600.00	1400.00 - 1400.00	1800.00 - 2000.00	-	-
Killinochchi	1800.00 - 1950.00	1400.00 - 1500.00	1700.00 - 1800.00	2700.00 - 2800.00	-
Mullaittivu	1700.00 - 1800.00	1500.00 - 1600.00	-	-	-
Batticaloa	1700.00 - 1800.00	1400.00 - 1500.00	1600.00 - 1700.00	-	-
Trincomalee	1750.00 - 1850.00	1040.00 - 1080.00	1500.00 - 1600.00	-	-
Veyangoda	2000.00 - 2000.00	1150.00 - 1150.00	1400.00 - 1400.00	2700.00 - 2800.00	1600.00 - 1600.00
Galenbindunuwewa	1800.00 - 1800.00	1150.00 - 1150.00	-	-	-
Bandarawela	-	-	-	-	-
Matale	1800.00 - 1800.00	1200.00 - 1250.00	1400.00 - 1450.00	2600.00 - 2600.00	1500.00 - 1600.00





**Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/Kg)**

Week 11: 10 - 16 March 2023

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
<b><u>Paddy</u></b>			<b><u>Vegetable (Up Country)</u></b>			<b>Snake Gourd</b>		
<b>Short Grain</b>			<b>Beans</b>			Dambulla	100.00 - 125.00	114.00
A'pura	95.00 - 105.00	99.00	Dambulla	145.00 - 172.50	159.50	Hambantota	150.00 - 170.00	160.00
P'narua	109.00 - 110.00	109.40	Welimada	145.00 - 155.00	150.00	Embilipitiya	130.00 - 145.00	138.00
Kalawewa	85.00 - 100.00	93.00	Badulla	130.00 - 150.00	142.00	Matara	-	
Kurunegala	90.00 - 100.00	95.60	<b>Carrot</b>			A'pura	110.00 - 120.00	114.00
Dehiattakandiya	105.00 - 108.50	107.17	N'Eliya	65.00 - 75.00	70.00	<b>Luffa</b>		
Nikaweratiya	88.00 - 102.00	96.13	Welimada	45.00 - 55.00	49.00	Dambulla	125.00 - 140.00	134.00
Ampara	90.00 - 110.00	101.67	Hanguranketha	50.00 - 75.00	63.00	Hambantota	150.00 - 170.00	160.00
<b>Long Grain (White)</b>			<b>Leeks</b>			Embilipitiya	130.00 - 150.00	141.00
A'pura	90.00 - 100.00	94.00	N'Eliya	130.00 - 145.00	137.00	Matara	-	
P'narua	97.00 - 98.00	97.50	Welimada	105.00 - 110.00	107.00	A'pura	120.00 - 140.00	128.00
Kalawewa	77.00 - 100.00	86.29	<b>Beetroot</b>			<b>Green Chillies</b>		
Kurunegala	80.00 - 93.00	87.40	N'Eliya	116.00 - 125.00	121.20	Dambulla	240.00 - 280.00	266.00
Dehiattakandiya	79.00 - 96.50	88.80	Dambulla	120.00 - 130.00	125.00	Hambantota	-	
Embilipitiya	-		Kurunegala	-		Embilipitiya	300.00 - 340.00	323.33
Nikaweratiya	80.00 - 100.00	90.75	Welimada	90.00 - 95.00	92.00	Puttalam	250.00 - 300.00	278.00
Hambantota	-		Hanguranketha	120.00 - 140.00	130.40	A'pura	280.00 - 300.00	288.00
Ampara	85.00 - 100.00	91.67	<b>Knol Khol</b>			<b>Pumpkin</b>		
<b>Long Grain (Red)</b>			N'Eliya	95.00 - 105.00	102.00	Dambulla	38.00 - 48.00	44.00
Matara	90.00 - 95.00	93.75	Welimada	75.00 - 85.00	79.00	Hambantota	40.00 - 50.00	42.50
Hambantota	90.00 - 95.00	92.80	Hanguranketha	75.00 - 90.00	81.60	Embilipitiya	70.00 - 100.00	81.25
Embilipitiya	89.00 - 92.00	90.40	<b>Raddish</b>			Matara	40.00 - 50.00	43.75
<b>Keeri Samba</b>			N'Eliya	25.00 - 35.00	29.00	A'pura	40.00 - 45.00	42.00
A'pura	115.00 - 125.00	119.00	Welimada	17.00 - 20.00	18.60	Moneragala	-	
P'narua	120.00 - 123.00	121.40	Hambantota	40.00 - 50.00	45.00	<b>Cucumber</b>		
Kalawewa	100.00 - 110.00	105.00	Hanguranketha	20.00 - 25.00	22.40	A'pura	35.00 - 40.00	37.00
Kurunegala	115.00 - 118.00	115.60	<b>Cabbage</b>			Dambulla	38.00 - 45.00	41.80
Dehiattakandiya	103.00 - 123.00	114.90	N'Eliya	25.00 - 30.00	26.80	Hambantota	40.00 - 50.00	42.50
<b>Red Onion</b>			Welimada	17.00 - 20.00	18.60	Matara	60.00 - 70.00	65.00
Puttalam	140.00 - 180.00	158.00	Badulla	20.00 - 30.00	27.00	<b>Long Beans</b>		
Jaffna	260.00 - 300.00	283.33	Hanguranketha	20.00 - 35.00	28.00	Dambulla	95.00 - 120.00	108.00
<b>Big Onion</b>			<b>Tomato</b>			Hambantota	80.00 - 100.00	88.00
Dambulla	-		Welimada	110.00 - 115.00	113.00	Embilipitiya	110.00 - 130.00	120.83
Kalawewa	-		Hambantota	-		Matara	120.00 - 145.00	133.75
A'pura	-		Dambulla	115.00 - 130.00	122.00	A'pura	100.00 - 110.00	104.00
<b>Potato</b>			Hanguranketha	80.00 - 95.00	88.40	<b>Ash Plantain</b>		
N'Eliya	180.00 - 190.00	185.00	<b>Vegetable (Low Country)</b>			Hambantota	100.00 - 120.00	110.00
Badulla	150.00 - 170.00	161.00	<b>Ladies Fingers</b>			Embilipitiya	120.00 - 130.00	123.00
Welimada	155.00 - 170.00	164.00	A'pura	120.00 - 140.00	128.00	Matara	130.00 - 150.00	138.75
<b>Pulses</b>			Dambulla	145.00 - 157.50	154.00	<b>Lime</b>		
<b>Green Gram</b>			Hambantota	130.00 - 160.00	144.00	Hambantota	-	
Hambantota	-		Embilipitiya	130.00 - 145.00	138.00	Embilipitiya	80.00 - 100.00	88.00
Moneragala	1200.00 - 1350.00	1260.00	Matara	150.00 - 160.00	156.25	Moneragala	90.00 - 100.00	94.00
Embilipitiya	1350.00 - 1400.00	1375.00	<b>Brinjal</b>			<b>Fruits (Rs/Kg)</b>		
Nikaweratiya	1100.00 - 1100.00	1100.00	A'pura	110.00 - 130.00	118.00	<b>Banana</b>		
A'pura	1300.00 - 1350.00	1320.00	Dambulla	135.00 - 152.50	145.00	<b>Ambul</b>		
<b>Cowpea</b>			Hambantota	-		Moneragala	70.00 - 80.00	74.00
Hambantota	-		Embilipitiya	130.00 - 145.00	137.00	Embilipitiya	100.00 - 130.00	116.00
Nikaweratiya	550.00 - 650.00	600.00	Matara	160.00 - 180.00	167.50	Hambantota	130.00 - 150.00	136.00
Moneragala	700.00 - 750.00	720.00	Welimada	115.00 - 125.00	119.00	<b>Kolikuttu</b>		
Embilipitiya	650.00 - 670.00	660.00	<b>Capsicum</b>			Moneragala	250.00 - 280.00	262.00
<b>Maize</b>			Badulla	-		Embilipitiya	260.00 - 290.00	276.00
A'pura	135.00 - 145.00	139.00	Welimada	215.00 - 230.00	220.00	Hambantota	-	
Kalawewa	135.00 - 150.00	141.67	<b>Bitter Gourd</b>			<b>Papaw</b>		
<b>Gingelly</b>			A'pura	240.00 - 260.00	248.00	Moneragala	120.00 - 140.00	128.00
A'pura	600.00 - 700.00	640.00	Dambulla	240.00 - 260.00	252.00	Embilipitiya	170.00 - 180.00	176.25
Kalawewa	600.00 - 700.00	650.00	Hambantota	-		Hambantota	180.00 - 190.00	182.50
<b>Black Gram</b>			Embilipitiya	320.00 - 350.00	338.00	<b>Pineapple</b>		
A'pura	550.00 - 600.00	570.00	Matara	290.00 - 310.00	300.00	Divulapitiya	-	
Kalawewa	500.00 - 600.00	550.00						

**Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/Kg)**

**Week 11: 10 - 16 March 2023**

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<b>CROP</b>	<b>PELIYAGODA</b>	<b>MAHARAGAMA</b>	<b>KIRULAPONE</b>	<b>NUGEGODA</b>	<b>NARAHENPITA</b>	<b>DEMATAGODA</b>	<b>THOTALANGA</b>	<b>KADAWATHA</b>	<b>KIRIBATHGODA</b>
<b><i>Rice</i></b>									
<b>Local</b>									
Samba 1	230.00 - 240.00	-	230.00 - 230.00	240.00 - 240.00	230.00 - 240.00	230.00 - 230.00	240.00 - 240.00	240.00 - 240.00	240.00 - 240.00
Samba 2	220.00 - 220.00	-	220.00 - 220.00	230.00 - 230.00	220.00 - 230.00	220.00 - 220.00	220.00 - 230.00	230.00 - 230.00	230.00 - 230.00
Keeri Samba	260.00 - 270.00	-	260.00 - 270.00	260.00 - 270.00	260.00 - 270.00	270.00 - 270.00	270.00 - 270.00	250.00 - 270.00	260.00 - 270.00
Nadu 1	220.00 - 220.00	-	220.00 - 220.00	210.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00
Nadu 2	210.00 - 210.00	-	210.00 - 210.00	200.00 - 200.00	190.00 - 210.00	210.00 - 210.00	190.00 - 190.00	200.00 - 210.00	210.00 - 210.00
Raw (Red)	180.00 - 190.00	-	180.00 - 200.00	180.00 - 190.00	180.00 - 200.00	200.00 - 200.00	180.00 - 200.00	190.00 - 200.00	200.00 - 200.00
Raw (White)	190.00 - 200.00	-	185.00 - 200.00	190.00 - 190.00	190.00 - 200.00	200.00 - 200.00	190.00 - 200.00	190.00 - 200.00	200.00 - 200.00
<b>Imported</b>									
Samba	210.00 - 230.00	-	220.00 - 230.00	220.00 - 230.00	230.00 - 230.00	230.00 - 230.00	220.00 - 230.00	220.00 - 230.00	220.00 - 230.00
Nadu	185.00 - 190.00	-	200.00 - 200.00	180.00 - 200.00	190.00 - 200.00	200.00 - 200.00	190.00 - 200.00	190.00 - 200.00	200.00 - 200.00
Raw (Red)	-	-	-	-	-	-	-	-	-
Raw (White)	180.00 - 190.00	-	190.00 - 190.00	190.00 - 190.00	190.00 - 200.00	190.00 - 200.00	190.00 - 200.00	190.00 - 200.00	190.00 - 190.00
<b><i>Dried Chillies</i></b>									
Imported	1100.00 - 1350.00	-	1600.00 - 1600.00	1200.00 - 1600.00	1400.00 - 1600.00	1300.00 - 1400.00	1400.00 - 1600.00	1300.00 - 1600.00	1600.00 - 1600.00
<b><i>Red Onion</i></b>									
Sinnan	-	-	-	350.00 - 350.00	360.00 - 360.00	-	340.00 - 360.00	320.00 - 360.00	360.00 - 360.00
Vedalan	480.00 - 480.00	-	480.00 - 480.00	480.00 - 480.00	480.00 - 480.00	480.00 - 480.00	480.00 - 500.00	500.00 - 500.00	480.00 - 500.00
Imported	360.00 - 400.00	-	400.00 - 400.00	360.00 - 400.00	400.00 - 400.00	400.00 - 400.00	360.00 - 400.00	380.00 - 400.00	400.00 - 400.00
<b><i>Big Onion</i></b>									
Imported	100.00 - 120.00	-	120.00 - 130.00	100.00 - 130.00	120.00 - 140.00	120.00 - 130.00	120.00 - 140.00	120.00 - 130.00	120.00 - 140.00
Local	-	-	-	-	-	-	-	-	-
<b><i>Potato</i></b>									
Welimada	260.00 - 260.00	-	320.00 - 320.00	280.00 - 320.00	320.00 - 320.00	-	280.00 - 300.00	280.00 - 280.00	260.00 - 260.00
N'Eliya	320.00 - 360.00	-	-	360.00 - 400.00	360.00 - 400.00	360.00 - 360.00	360.00 - 400.00	380.00 - 400.00	380.00 - 400.00
Imported	140.00 - 140.00	-	160.00 - 160.00	150.00 - 160.00	160.00 - 160.00	150.00 - 150.00	140.00 - 160.00	140.00 - 180.00	160.00 - 180.00
<b><i>Pulses</i></b>									
Green Gram	1450.00 - 1500.00	-	1500.00 - 1500.00	1600.00 - 1600.00	1450.00 - 1600.00	1500.00 - 1600.00	1450.00 - 1600.00	1600.00 - 1600.00	1600.00 - 1600.00
Cowpea (White)	1100.00 - 1200.00	-	1200.00 - 1300.00	1000.00 - 1200.00	1400.00 - 1450.00	1200.00 - 1200.00	1450.00 - 1450.00	1400.00 - 1450.00	1400.00 - 1450.00
Cowpea (Red)	1000.00 - 1200.00	-	1000.00 - 1200.00	1200.00 - 1200.00	1200.00 - 1400.00	1200.00 - 1200.00	1100.00 - 1400.00	1300.00 - 1400.00	1400.00 - 1400.00
Red Dhal	320.00 - 370.00	-	360.00 - 380.00	350.00 - 380.00	360.00 - 380.00	360.00 - 360.00	360.00 - 380.00	360.00 - 380.00	350.00 - 360.00

**Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/Kg) and Coconut (Rs/Nut)**

**Week 11: 10 - 16 March 2023**

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<b>CROP</b>	<b>PELIYAGODA</b>	<b>MAHARAGAMA</b>	<b>KIRULAPONE</b>	<b>NUGEGODA</b>	<b>NARAHENPITA</b>	<b>DEMATAGODA</b>	<b>THOTALANGA</b>	<b>KADAWATHA</b>	<b>KIRIBATHGODA</b>
<b><i>Vegetable</i></b>									
Beans	240.00 - 280.00	400.00 - 400.00	400.00 - 400.00	320.00 - 400.00	320.00 - 360.00	360.00 - 400.00	280.00 - 320.00	320.00 - 320.00	300.00 - 320.00
Carrot	140.00 - 160.00	240.00 - 280.00	240.00 - 280.00	200.00 - 280.00	160.00 - 200.00	240.00 - 240.00	150.00 - 180.00	200.00 - 240.00	200.00 - 240.00
Leeks	200.00 - 220.00	320.00 - 320.00	280.00 - 320.00	240.00 - 320.00	220.00 - 260.00	300.00 - 320.00	220.00 - 250.00	240.00 - 320.00	240.00 - 240.00
Beetroot	160.00 - 220.00	320.00 - 320.00	280.00 - 320.00	240.00 - 320.00	200.00 - 280.00	280.00 - 320.00	180.00 - 200.00	240.00 - 320.00	280.00 - 320.00
Knolkhol	140.00 - 200.00	280.00 - 320.00	240.00 - 320.00	240.00 - 320.00	200.00 - 280.00	320.00 - 320.00	200.00 - 240.00	240.00 - 320.00	240.00 - 240.00
Raddish	100.00 - 120.00	240.00 - 240.00	200.00 - 240.00	200.00 - 240.00	140.00 - 180.00	160.00 - 160.00	120.00 - 160.00	160.00 - 200.00	160.00 - 160.00
Cabbage	80.00 - 100.00	240.00 - 240.00	160.00 - 200.00	160.00 - 240.00	120.00 - 140.00	120.00 - 160.00	100.00 - 120.00	120.00 - 160.00	160.00 - 160.00
Tomato	220.00 - 280.00	400.00 - 400.00	300.00 - 320.00	320.00 - 400.00	280.00 - 280.00	320.00 - 400.00	200.00 - 200.00	240.00 - 320.00	200.00 - 240.00
Ladies Fingers	200.00 - 280.00	320.00 - 360.00	320.00 - 360.00	320.00 - 360.00	240.00 - 280.00	240.00 - 240.00	200.00 - 260.00	240.00 - 320.00	320.00 - 320.00
Brinjal	180.00 - 220.00	320.00 - 320.00	320.00 - 320.00	320.00 - 320.00	240.00 - 260.00	320.00 - 320.00	160.00 - 180.00	200.00 - 240.00	320.00 - 320.00
Capsicum	350.00 - 450.00	600.00 - 600.00	600.00 - 680.00	500.00 - 600.00	400.00 - 480.00	550.00 - 600.00	350.00 - 360.00	600.00 - 600.00	600.00 - 600.00
Pumpkin	80.00 - 100.00	200.00 - 200.00	160.00 - 200.00	160.00 - 200.00	140.00 - 160.00	200.00 - 200.00	90.00 - 100.00	160.00 - 200.00	140.00 - 160.00
Cucumber	80.00 - 100.00	200.00 - 200.00	160.00 - 200.00	120.00 - 200.00	120.00 - 180.00	160.00 - 160.00	120.00 - 140.00	200.00 - 200.00	200.00 - 200.00
Bitter Gourd	300.00 - 350.00	400.00 - 480.00	480.00 - 480.00	360.00 - 480.00	360.00 - 400.00	360.00 - 400.00	360.00 - 400.00	400.00 - 520.00	520.00 - 520.00
Snake Gourd	180.00 - 200.00	280.00 - 320.00	320.00 - 320.00	320.00 - 320.00	240.00 - 280.00	320.00 - 320.00	200.00 - 260.00	240.00 - 280.00	320.00 - 320.00
Drumstick	-	-	-	-	-	-	-	-	-
Luffa	200.00 - 250.00	360.00 - 400.00	400.00 - 400.00	320.00 - 400.00	240.00 - 320.00	320.00 - 360.00	260.00 - 300.00	320.00 - 400.00	400.00 - 420.00
Long Beans	150.00 - 200.00	360.00 - 360.00	280.00 - 320.00	320.00 - 320.00	240.00 - 260.00	280.00 - 280.00	180.00 - 200.00	200.00 - 240.00	240.00 - 240.00
Ash Plantain	240.00 - 260.00	320.00 - 320.00	320.00 - 320.00	300.00 - 320.00	240.00 - 280.00	320.00 - 320.00	240.00 - 250.00	300.00 - 320.00	280.00 - 280.00
Green Chillies	350.00 - 400.00	600.00 - 600.00	600.00 - 600.00	500.00 - 600.00	350.00 - 400.00	500.00 - 600.00	350.00 - 450.00	450.00 - 600.00	500.00 - 600.00
Lime	180.00 - 200.00	400.00 - 400.00	400.00 - 400.00	300.00 - 400.00	250.00 - 300.00	400.00 - 400.00	180.00 - 200.00	200.00 - 400.00	400.00 - 400.00
<b><i>Root Crops</i></b>									
Sweet Potato	120.00 - 140.00	200.00 - 240.00	200.00 - 240.00	240.00 - 240.00	200.00 - 220.00	240.00 - 240.00	140.00 - 180.00	200.00 - 240.00	160.00 - 160.00
Manioc	180.00 - 200.00	240.00 - 240.00	240.00 - 240.00	240.00 - 240.00	220.00 - 240.00	220.00 - 240.00	180.00 - 220.00	200.00 - 240.00	220.00 - 220.00
<b><i>Leafy Vegetable</i></b>									
Mukunuwenna	60.00 - 60.00	80.00 - 80.00	70.00 - 70.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	70.00 - 80.00	80.00 - 80.00	80.00 - 80.00
Kankun	60.00 - 60.00	80.00 - 80.00	70.00 - 70.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	70.00 - 80.00	80.00 - 80.00	80.00 - 80.00
Gotukola	80.00 - 80.00	100.00 - 100.00	150.00 - 150.00	150.00 - 150.00	120.00 - 120.00	100.00 - 100.00	100.00 - 100.00	150.00 - 150.00	100.00 - 100.00
<b><i>Coconut</i></b>									
Large	120.00 - 120.00	120.00 - 120.00	110.00 - 120.00	110.00 - 120.00	110.00 - 110.00	-	110.00 - 120.00	120.00 - 130.00	130.00 - 130.00
Small	100.00 - 100.00	100.00 - 100.00	90.00 - 100.00	90.00 - 90.00	90.00 - 90.00	90.00 - 100.00	90.00 - 100.00	100.00 - 100.00	100.00 - 100.00

**Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/Fruit)**

**Week 11: 10 - 16 March 2023**

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<b><i>Plantain</i></b>									
Ambul (Rs/Kg)	200.00 - 230.00	260.00 - 280.00	240.00 - 260.00	220.00 - 240.00	240.00 - 250.00	200.00 - 240.00	260.00 - 280.00	200.00 - 220.00	230.00 - 260.00
Kolikuttu (Rs/Kg)	420.00 - 450.00	460.00 - 480.00	480.00 - 500.00	400.00 - 480.00	450.00 - 500.00	400.00 - 500.00	500.00 - 500.00	450.00 - 460.00	480.00 - 500.00
Seeni (Rs/Kg)	200.00 - 220.00	220.00 - 240.00	220.00 - 240.00	180.00 - 220.00	200.00 - 250.00	180.00 - 220.00	200.00 - 240.00	200.00 - 220.00	230.00 - 250.00
Anamalu	30.00 - 32.00	30.00 - 32.00	33.00 - 35.00	28.00 - 30.00	30.00 - 32.00	30.00 - 35.00	30.00 - 32.00	28.00 - 30.00	30.00 - 32.00
Ambun	38.00 - 40.00	38.00 - 40.00	41.00 - 44.00	33.00 - 38.00	38.00 - 40.00	38.00 - 48.00	38.00 - 40.00	35.00 - 38.00	38.00 - 40.00
<b><i>Pineapple</i></b>									
Large	700.00 - 750.00	700.00 - 750.00	700.00 - 700.00	700.00 - 700.00	700.00 - 750.00	700.00 - 700.00	700.00 - 700.00	-	-
Medium	600.00 - 650.00	600.00 - 680.00	600.00 - 680.00	600.00 - 650.00	600.00 - 650.00	600.00 - 650.00	600.00 - 680.00	600.00 - 650.00	600.00 - 650.00
Small	500.00 - 560.00	550.00 - 550.00	550.00 - 550.00	500.00 - 550.00	-	480.00 - 550.00	500.00 - 550.00	480.00 - 550.00	480.00 - 550.00
<b><i>Mango</i></b>									
Betti	-	-	-	-	-	-	-	-	-
Karthakolomban	250.00 - 350.00	-	300.00 - 350.00	-	240.00 - 300.00	-	250.00 - 280.00	150.00 - 150.00	300.00 - 360.00
Vilad	-	-	-	-	-	-	-	-	-
Kohu	-	-	-	-	-	-	-	-	-
<b><i>Other Fruits</i></b>									
Wood Apple	70.00 - 90.00	100.00 - 120.00	120.00 - 150.00	120.00 - 150.00	100.00 - 120.00	70.00 - 100.00	100.00 - 120.00	100.00 - 120.00	100.00 - 120.00
Orange	70.00 - 80.00	80.00 - 100.00	100.00 - 120.00	100.00 - 120.00	90.00 - 100.00	80.00 - 80.00	70.00 - 100.00	-	80.00 - 100.00
Avocado	120.00 - 150.00	150.00 - 200.00	130.00 - 180.00	150.00 - 180.00	150.00 - 200.00	100.00 - 100.00	150.00 - 200.00	150.00 - 180.00	150.00 - 160.00
Slime Apple	40.00 - 50.00	80.00 - 100.00	100.00 - 120.00	80.00 - 100.00	70.00 - 120.00	40.00 - 60.00	40.00 - 60.00	50.00 - 70.00	80.00 - 100.00
Grapes (Rs/Kg)	2000.00 - 2000.00	2600.00 - 3000.00	2400.00 - 2400.00	3000.00 - 3200.00	2500.00 - 2500.00	2500.00 - 2500.00	2500.00 - 2500.00	2400.00 - 2400.00	2000.00 - 2200.00
Papaw (Rs/Kg)	300.00 - 340.00	450.00 - 460.00	450.00 - 460.00	380.00 - 400.00	380.00 - 400.00	300.00 - 320.00	360.00 - 400.00	350.00 - 360.00	380.00 - 400.00
Passion	54.00 - 58.00	58.00 - 75.00	92.00 - 100.00	83.00 - 92.00	58.00 - 83.00	67.00 - 75.00	80.00 - 83.00	-	66.00 - 83.00
King Coconut	140.00 - 150.00	160.00 - 160.00	160.00 - 160.00	150.00 - 160.00	150.00 - 160.00	150.00 - 160.00	140.00 - 150.00	140.00 - 150.00	140.00 - 150.00

**Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/Kg)**

**Week 11: 10 - 16 March 2023**

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<b>CROP</b>	<b>PELIYAGODA</b>	<b>MAHARAGAMA</b>	<b>KIRULAPONE</b>	<b>NUGEGODA</b>	<b>NARAHENPITA</b>	<b>DEMATAGODA</b>	<b>THOTALANGA</b>	<b>KADAWATHA</b>	<b>KIRIBATHGODA</b>
<b><i>Sea Fish</i></b>									
Salaya	625.00 - 750.00	520.00 - 560.00	700.00 - 720.00	700.00 - 700.00	680.00 - 680.00	600.00 - 680.00	600.00 - 600.00	600.00 - 680.00	600.00 - 620.00
Hurulla	1080.00 - 1200.00	1120.00 - 1160.00	1000.00 - 1200.00	1200.00 - 1200.00	1080.00 - 1080.00	1000.00 - 1000.00	1000.00 - 1000.00	920.00 - 1000.00	1000.00 - 1020.00
Balaya	1020.00 - 1180.00	1720.00 - 1750.00	-	-	-	-	1100.00 - 1200.00	1000.00 - 1000.00	1100.00 - 1200.00
Kelawalla	1700.00 - 1800.00	2400.00 - 2400.00	1800.00 - 2000.00	2800.00 - 2800.00	2200.00 - 2200.00	1600.00 - 1800.00	-	1800.00 - 2000.00	1800.00 - 1800.00
Thora	2760.00 - 2880.00	2720.00 - 2720.00	3200.00 - 3200.00	3200.00 - 3200.00	-	2600.00 - 3000.00	-	2700.00 - 2800.00	2600.00 - 2800.00
Paraw	1560.00 - 1700.00	2400.00 - 2400.00	2200.00 - 2400.00	2600.00 - 2600.00	2300.00 - 2300.00	1800.00 - 1820.00	-	1900.00 - 2000.00	2000.00 - 2100.00
Mora	1320.00 - 1320.00	-	1900.00 - 2000.00	-	-	1400.00 - 1440.00	1500.00 - 1600.00	-	-
Shrimps Small	2080.00 - 2200.00	1520.00 - 1520.00	2000.00 - 2200.00	1700.00 - 1700.00	1800.00 - 1800.00	1600.00 - 1600.00	1500.00 - 1600.00	1520.00 - 1600.00	1580.00 - 1600.00
Talapath	2100.00 - 2200.00	2400.00 - 2400.00	2400.00 - 2600.00	2800.00 - 2800.00	2300.00 - 2300.00	2000.00 - 2200.00	2200.00 - 2400.00	2300.00 - 2400.00	2300.00 - 2400.00
<b><i>Eggs (Rs/Egg)</i></b>									
Brown	-	-	-	-	-	-	-	-	-
White	44.00 - 44.00	-	53.00 - 53.00	46.00 - 46.00	53.00 - 53.00	52.00 - 52.00	52.00 - 52.00	-	-
<b><i>Dried Fish</i></b>									
Sprats	1300.00 - 1400.00	-	1800.00 - 1800.00	1400.00 - 1600.00	1800.00 - 2000.00	-	1800.00 - 1900.00	1800.00 - 1900.00	2000.00 - 2000.00
Kattawa	2200.00 - 2300.00	-	2400.00 - 2600.00	2400.00 - 2600.00	2200.00 - 2800.00	-	2400.00 - 2400.00	2200.00 - 2400.00	2800.00 - 2800.00
Thora	-	-	-	-	-	-	-	-	-
Mora	2000.00 - 2200.00	-	2400.00 - 2500.00	2000.00 - 2700.00	2500.00 - 2700.00	-	2300.00 - 2500.00	2300.00 - 2400.00	2300.00 - 2600.00
Balaya	1000.00 - 1400.00	-	1500.00 - 1600.00	1400.00 - 1600.00	1300.00 - 1500.00	-	1300.00 - 1500.00	1300.00 - 1400.00	1400.00 - 1600.00
Anguluwa	1900.00 - 2300.00	-	2300.00 - 2400.00	2800.00 - 2800.00	-	-	-	-	-
Salaya	1000.00 - 1100.00	-	1200.00 - 1300.00	1000.00 - 1200.00	1200.00 - 1200.00	-	1000.00 - 1200.00	1100.00 - 1200.00	1200.00 - 1300.00
<b><i>Meat</i></b>									
Beef (without Bones)	-	-	2400.00 - 2400.00	-	2300.00 - 2300.00	-	-	-	-
Chicken (Broiler)	1150.00 - 1150.00	1200.00 - 1200.00	1240.00 - 1240.00	1240.00 - 1240.00	1150.00 - 1150.00	1100.00 - 1120.00	-	1230.00 - 1230.00	1240.00 - 1240.00
Chicken (Curry)	1300.00 - 1300.00	1350.00 - 1350.00	1500.00 - 1500.00	1500.00 - 1500.00	1300.00 - 1300.00	1280.00 - 1280.00	-	-	1400.00 - 1400.00
Mutton	-	2800.00 - 2800.00	3000.00 - 3000.00	-	3000.00 - 3000.00	2800.00 - 2800.00	-	3200.00 - 3200.00	3200.00 - 3200.00
Pork	-	1700.00 - 1700.00	-	-	-	-	-	1600.00 - 1600.00	1480.00 - 1480.00



## Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq ( $\mu$ g/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate ( $\mu$ g/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc (mg/100g)
<b>Rice</b>												
Rice - (white Kekulu - normal )	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - ( Red Kekulu - normal )	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
<b>Dried chilies</b>	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65
<b>Onion</b>												
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
<b>Potatoes</b>	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
<b>Pulses</b>												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
<b>Vegetables</b>												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29
Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16

Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12
Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44
<b>Coconuts nuts</b>	<b>390</b>	<b>3.67</b>	<b>39.92</b>	<b>-</b>	<b>0.05</b>	<b>0.11</b>	<b>14.86</b>	<b>-</b>				

<b>Root Crop</b>												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
<b>Leafy Vegetables</b>												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42
<b>Meat</b>												
Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
<b>Fish</b>												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74

Shark	95	21.6	0.83	1.11	0.04	0.11	8.57	8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77	8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22	7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39	13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7	36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66	103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38	37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13	31.27	37.46	1.46	0.67
Salaya / Sudaya	100	19.5	2.39	15.41	0.18	1.39	60.87	435	42.83	1.4	2.3
Theppli / Telapiya /Korali	83	18.48	1.08	17.14	0.18	0.18	8.29	99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37	37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83	37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22	8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78				
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08	7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59	9.16	24.61	0.74	0.44

#### Dried Fish

Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438	1178	162	3.06	4.2
Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66

#### Eggs

Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51

#### Fruits

Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23

Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

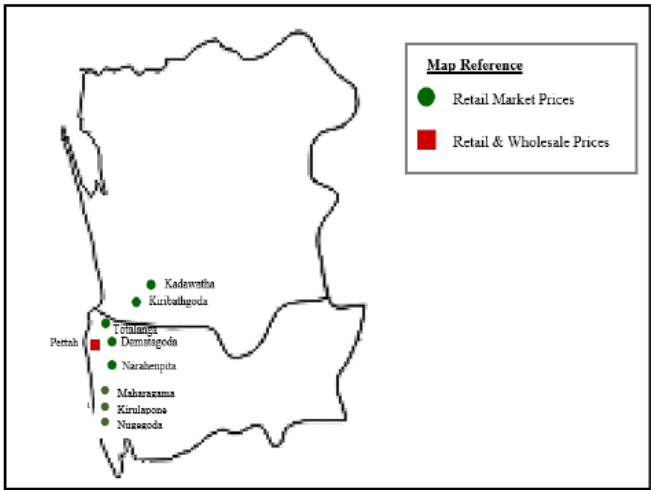
*Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.*

# Price Collecting Areas



**Legend**

- Retail Market Prices
- ▲ Wholesale Market Prices
- Retail & Wholesale Prices
- Dedicated Economic Center





HARTI



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**දෛනික චිළචිචි තොග මිල, ජංගම දුරකථනයෙන්**

හෙක්ටර් කොච්චිකඩුව ගොවි කරියතු පර්යේෂණ හා පුහුණුධර්මේ ආයතනය අනුමුතයෙන්

**මොබිටෙල් ජංගම මිල දර්ශනය**

ජාතික ජංගම දුරකථන ජාලයෙන්

**6666** අමතන්න.

මොබිටෙල් අද මිල - අඟ පහ

මොබිටෙල් ජංගම දුරකථන ජාලයෙන් චිළචිචි තොග මිල දර්ශනය.

විකාශිතයාට රු.2/-

විකාශිතයාට රු.2/-