

RETAIL MARKET AT A GLANCE

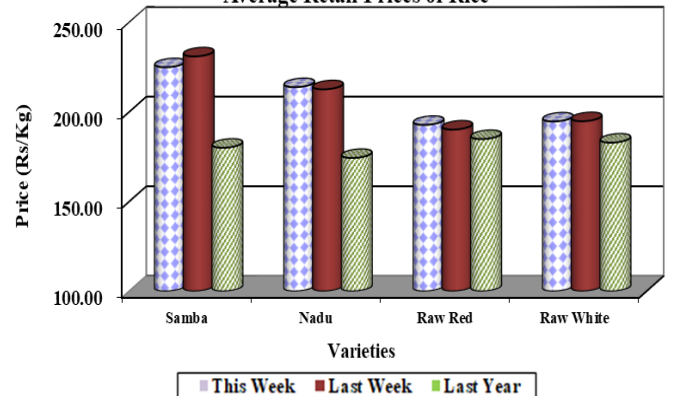
Summary

Rice/Paddy

Majority of local rice varieties have seen a drop in wholesale prices as a result of an increased stock availability. Retail prices of samba grade I and II have decreased by Rs.6.00/kg and Keeri samba by Rs.4.00/kg. Price of nadu grade II and raw red has risen by Rs.2.00/kg and Rs.3.00/kg, respectively. Prices of both imported nadu and imported raw white have increased by Rs.3.00/kg and the price of imported samba has not changed significantly. The average farm gate paddy prices of major paddy varieties have increased slightly as the supply of well-dried new paddy stocks has increased.

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Average Retail Prices of Rice

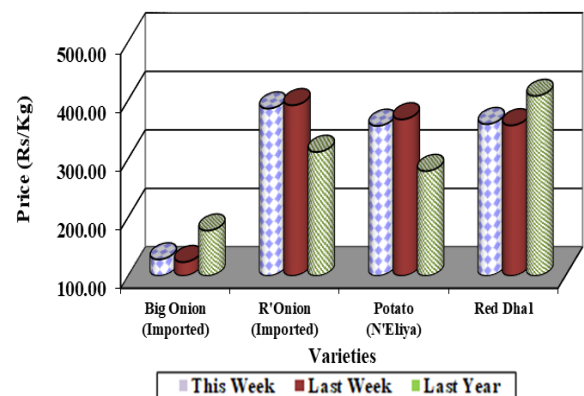


Other Field Crops

Price of imported dried chilies has risen by Rs.27.00/kg, with price ranging from Rs.1200.00-Rs.1600.00/kg. Prices of vedalan and imported red onions have decreased by Rs.7.00/kg and Rs.6.00/kg respectively. The price of imported big onion has increased by Rs.5.00/kg while the price ranged Rs.120.00-140.00/kg. Prices of Welimada and Nuwara Eliya potatoes have decreased by Rs.8.00/kg and Rs.11.00/kg respectively. The price of imported potatoes has risen by Rs.8.00/kg, with prices ranging from Rs.140.00 to Rs.200.00/kg.

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Average Retail Prices of Other Field Crops

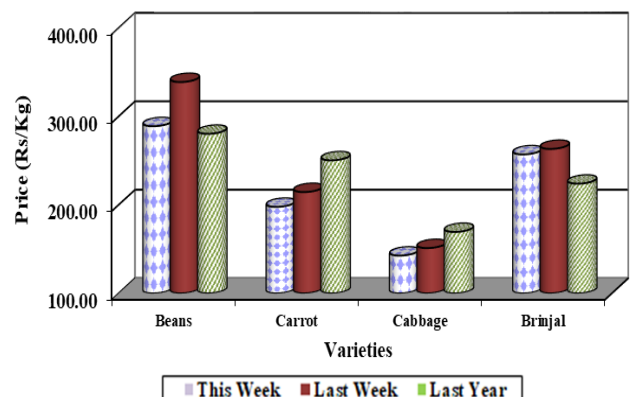


Vegetables

Due to a rise in market supply during the *Maha* vegetable harvesting season, prices of all vegetable varieties have decreased. In terms of up-country vegetables, the highest price decrease reported was 40% for beans. The price of tomatoes has increased by 9%, and the price of capsicums has decreased by 15%. Considering low-country vegetables, the largest price decrease was reported for ladies fingers at 27%, followed by luffa at 15%.

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Average Retail Prices of Vegetables



Rice

Wholesale

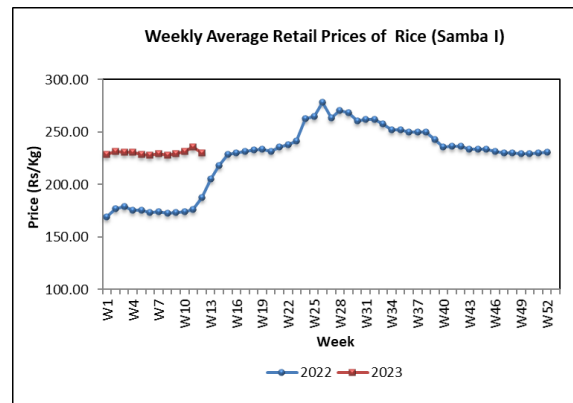
Prices of most of local rice varieties have decreased due to increased supply of stocks. Price of raw red has decreased by 3% and the price ranged Rs.155.00-165.00/kg. Prices of all other local rice varieties except grade II nadu, have decreased slightly. Price ranges of grade I and II samba and keeri samba were Rs.215.00-220.00/kg, Rs.205.00-215.00/kg and Rs.240.00-245.00/kg respectively. Average prices of grade I and II nadu and raw white were Rs.187.00/kg, Rs.184.00/kg and Rs.175.00/kg respectively.

Price of imported nadu has decreased by 2% due to low demand and the price ranged Rs.163.00-175.00/kg. Prices of ponni samba and imported raw white have changed slightly and their average prices were Rs.207.00/kg and Rs.176.00/kg respectively.

Compared to the same period of last year, prices of all types of local rice varieties except raw red and raw white have increased in the range of 6%-18%, while prices of raw red and raw white have decreased by 9% and 1% respectively. Prices of ponni samba, imported raw white and imported nadu have increased by 39%, 29% and 19% respectively.

Retail

Prices of samba grade I and II have decreased by Rs.6.00/kg and Keeri samba by Rs.4.00/kg. Their price ranged Rs.225.00-230.00/kg, Rs.220.00-220.00/kg and Rs.260.00-270.00/kg respectively. Price of nadu grade I and raw white have not changed significantly. Prices of nadu grade II and raw red have increased by Rs.2.00/kg and Rs.3.00/kg respectively. Their prices were ranged Rs.190.00-210.00/kg and Rs.175.00-200.00/kg respectively.



Prices of both imported nadu and imported raw white have increased by Rs.3.00/kg and price ranged Rs.190.00-200.00/kg and Rs.180.00-200.00/kg respectively. Price of imported samba has not changed significantly and the price ranged Rs.210.00-230.00/kg.

Compared to the same period of last year, prices of all local rice have increased by 4%-28% and prices of all imported rice varieties have increased by 26%-43%.

Paddy

The average farm gate paddy prices of major paddy varieties have increased slightly due to increased supply of well-dried new paddy stocks of 2022/23 *Maha* season. The average farm gate price of short grain (samba) paddy has increased by Rs.2.00-4.00/kg in most of the major producing areas. However, a price decrease of Rs.16.00/kg and Rs.4.00/kg reported in Polonnaruwa and Dehiattakandiya areas due to new stocks of wet paddy. The prices of short grain paddy ranged Rs.90.00-110.00/kg. Further, prices of keeri samba paddy also decreased by Rs.1.00-9.00/kg and the prices ranged Rs.110.00-125.00/kg. The average farm-gate price of long grain white paddy also increased by Rs.3.00/kg in Kurunegala, Ampara and Dehiattakandiya areas while a significant price decrease of Rs.17.00/kg reported in Polonnaruwa area. However, a price decrease of Rs.1.00-15.00/kg was reported in major producing areas in the Southern Province and the price ranged Rs.75.00-90.00/kg.

Compared to the same period of last year, the average farm gate price of short grain, keeri samba and both white and red paddy varieties have decreased by 2%-29% while the highest was reported for long grain red paddy.

Dried Chillies

Wholesale

Price of imported dried chillies has increased by 10% due to increased import cost and the price ranged Rs.950.00-1220.00/kg.

Compared to the same period of last year, price of imported dried chillies has increased by 3%.

Retail

Price of imported dried chillies has increased by Rs.27.00/kg and price ranged Rs.1200.00-1600.00/kg.

Compared to the same period of last year, price of imported dried chillies has increased by 18%.

Onion

Wholesale

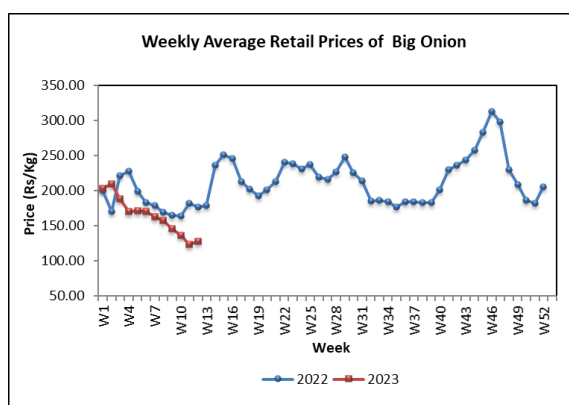
Prices of all types of red onions have increased due to decreased supply of both local and imported stocks. Prices of sinnan and vedalan have increased by 13% and 5% respectively. Their price ranged Rs.240.00-280.00/kg and Rs.250.00-330.00/kg respectively. Price of imported red onion has increased by 4% and price ranged Rs.260.00-300.00/kg.

Price of imported big onion has increased by 10% due to increased import cost and the price ranged Rs.95.00-110.00/kg.

Compared to the same period of last year, prices of all types of red onions have increased in the range of 25%-40% while the price of imported big onion has decreased by 22%.

Retail

Prices of vedalan and imported red onions have decreased by Rs.7.00/kg and Rs.6.00/kg respectively while price ranged Rs.420.00-500.00/kg and Rs.300.00-400.00/kg. Price of imported big onion has increased by Rs.5.00/kg while price ranged Rs.120.00-140.00/kg.



Compared to the same period of last year, prices of vedalan and imported red onion have increased by 23% and 24% respectively while price of imported big onion has decreased by 28%.

Potato

Wholesale

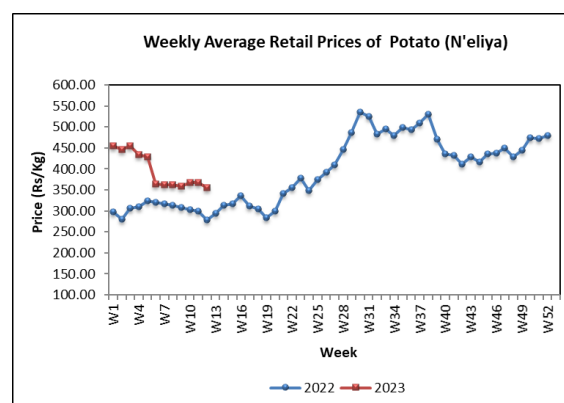
Prices of all types of potatoes have increased due to decreased supply of imported stocks to the market. Price of imported potato has increased by 5% and

the price ranged Rs.120.00-130.00/kg. Prices of both Welimada and Nuwara Eliya potatoes have increased by 1% and their average prices were Rs.188.00/kg and Rs.218.00/kg respectively.

Compared to the same period of last year, prices of both Welimada and Nuwara Eliya potatoes have increased by 24% and the price of imported potatoes has increased by 2%.

Retail

Prices of Welimada and Nuwara Eliya potatoes have decreased by Rs.8.00/kg and Rs.11.00/kg respectively while price ranged Rs.260.00-320.00/kg and Rs.320.00-400.00/kg respectively. Price of imported potato has increased by Rs.8.00/kg while price ranged Rs.140.00-200.00/kg.



Compared to the same period of last year, prices of Welimada, Nuwara Eliya and imported potato have increased by 44%, 28% and 2% respectively.

Pulses

Wholesale

Prices of white cowpea and red cowpea have decreased by 6% and 3% respectively and their price ranged Rs.700.00-850/kg and Rs.700.00-900.00/kg respectively. Price of red dhal has increased slightly due to increased import cost and the price ranged Rs.320.00-330.00/kg. Price of green gram has not changed significantly and the average price was Rs.1424.00/kg.

Compared to the same period of last year, prices of green gram, red cowpea and white cowpea have increased by 66%, 59% and 35% respectively while price of red dhal has decreased by 14%.

Retail

Prices of green gram, white cowpea and red cowpea have decreased by Rs.8.00/kg, Rs.116.00/kg and Rs.50.00/kg respectively while price ranged Rs.1450.00-1600.00/kg, Rs.850.00-1200.00/kg and Rs.850.00-1300.00/kg respectively. Price of red dhal has increased by Rs.2.00/kg and the price ranged Rs.330.00-370.00/kg.

Compared to the same period of last year, price of red dhal has decreased by 12% and other all pulses have increased by 56%-87%.

Vegetable

Wholesale

Prices of most of the vegetable varieties have decreased due to increased market supply in *Maha* vegetable harvesting season.

Considering up-country vegetables, prices of all vegetable varieties have decreased. The highest price decrease reported for beans by 40% due to increased market supply from Bandarawela area. Prices of beetroot, knokhol, radish and cabbage have decreased by 18%, 14%, 9% and 4% respectively. Further, prices of leeks and carrot have decreased by 6% and 3% respectively due to increased market supply from Nuwara Eliya area.

Price of tomato has increased by 9% and price of capsicum has decreased by 15%.

Considering low-country vegetables, prices of most of the vegetable varieties have decreased. The highest price decrease was reported for ladies fingers by 27%, followed by luffa by 15%. The prices of brinjal, pumpkin and cucumber have decreased in the range of 10%-11% due to increased market supply from Embilipitiya and Monaragala areas. Further, price of long beans has decreased by 10%.

Price of green chilies has decreased by 7% due to increased market supply from Puttalam area. However, price of lime has

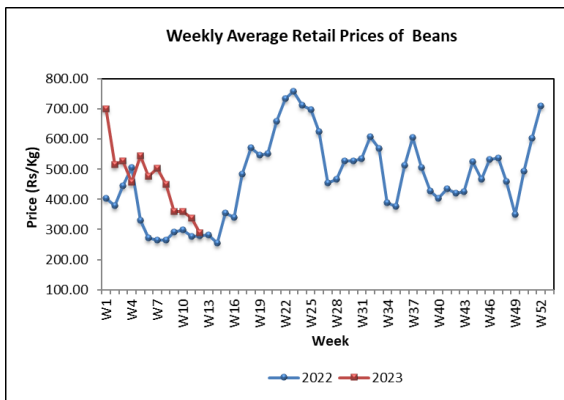
increased by 27% due to decreased market supply from Monaragala area.

Compared to the same period of last year, wholesale prices of most of the vegetable varieties have increased with the highest price increase of 234% for ash plantain.

Retail

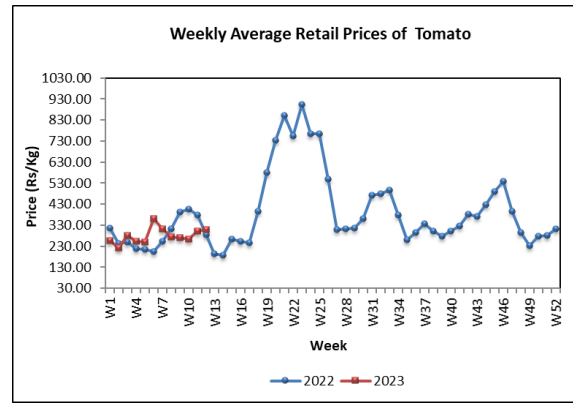
In line with the decreased wholesale prices, retail prices of all vegetable varieties have decreased.

Considering up-country varieties, the highest price decrease was reported for beans as Rs.50.00/kg. Prices of all other varieties have increased in the range of Rs.9.00-17.00/kg.



Prices of capsicum has decreased by Rs.66.00/kg and price of tomato has increased by Rs.9.00/kg.

Considering low-country varieties, the highest price decrease was reported for ladies fingers as Rs.36.00/kg, followed by luffa as Rs.20.00/kg. All other low-country varieties have decreased by Rs.2.00-16.00/kg.



Further, price of green chilies has decreased by Rs.10.00/kg and price of lime has increased by Rs.2.00/kg.

Compared to the same period of last year, prices of most of the varieties have increased and the highest was reported for ash plantain as 101%.

Coconut

Wholesales

Prices of both large and small nuts have increased by 2%. Their prices ranged Rs.96.00-100.00/nut for large nut and Rs.85.00-88.00/nut for small nut.

Compared to the same period of last year, current wholesale prices of both large and small nuts have increased by 29% and 23% respectively.

Retail

Prices of large and small nuts have increased by Rs.2.00/nut and Rs.1.00/nut respectively. Price ranged Rs.110.00-130.00/nut for a large nut and Rs.90.00-100/nut for a small nut.

Compared to the same period of last year, prices of large and small nuts have increased by 32% and 26% respectively.

Fruits

Wholesale

Prices of most of the fruit varieties have decreased due to increased supply. The highest price decrease reported as 21% for betti- mango due to the availability of stocks. Price of passion fruit has decreased by 18% and price of slime apple has decreased by 11%. Price of papaw and wood apple have decreased by 9% and 5% respectively. Further, price of all sizes of pineapple have decreased in the range of 3% - 5% and price of all banana varieties except kolikuttu- banana have decreased in the range of 1%-5%. Prices of orange and imported grapes have decreased slightly.

However, price of avocado has increased by 15% and price of karthakolomban-mango has increased by 7%. Further, price of kolikuttu- banana has increased by 6% and price of king coconut increased by 3%.

Compared to the same period of last year, the current wholesale prices of all fruit varieties have increased with the highest price increase of 220% was reported for banana- ambul.

Retail

Prices of most of the fruits have decreased in line with the decreased wholesale prices. The highest price decrease of Rs.75.00/fruit was reported for mango-karthakolomban due to increased supply. Price decrease of Rs.22.00 was reported for imported grapes and prices of avocado and wood apple have decreased by Rs.22.00/fruit and Rs.16.00/fruit respectively. All sizes of pineapple has decreased in the range of Rs.7.00-14.00/fruit. Prices of banana- ambul and seeni have decreased by Rs.7.00/kg and Rs.3.00/kg respectively.

Meanwhile, prices of banana-kolikuttu have increased by Rs.18.00/kg and price of king coconut has increased by Rs.6.00/fruit.

Compared to the same period of last year, prices of all fruits have increased and the highest price increase reported for banana ambul as 113%.

Fresh Fish

Wholesale

Wholesale prices of most of the fresh fish types have decreased due to increase in supply. The highest price decrease of 33% was noted for salaya due to high supply from Trincomalee and Mannar areas and the price ranged Rs.250.00-360.00/kg. The price

decrease of 19% reported for hurulla due to high supply from Kalpitiya and Mullaitivu areas and the price ranged Rs.580.00-720.00/kg. A price decrease of 16% reported for paraw due to high supply from Northern areas and the price ranged Rs.750.00-1250.00/kg. Also, the wholesale prices of thora, kelawalla and balaya have decreased by 5%-9%.

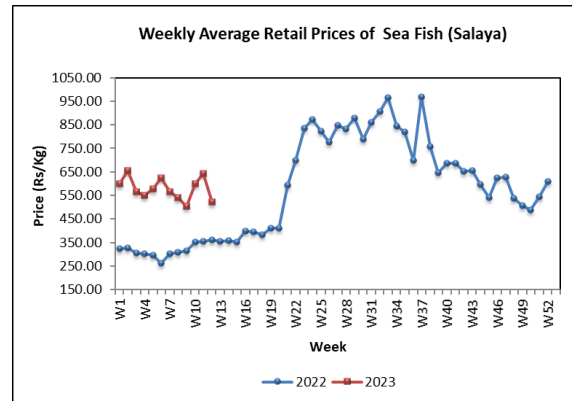
However, the price increase of 4% reported for shrimps due to low supply from Jaffna area and the price ranged Rs.1500.00-1650.00/kg. In addition, the price of thalapath has increased by 3% and the price of mora has increased by 2% respectively.

Compared to the same period of last year, current wholesale prices of all of the fresh fish types except hurulla have increased in the range of 3%-32% and the highest price increase was noted for kelawalla.

Retail

Retail prices of most types of fresh fish have decreased in line with decreased wholesale prices due to increased supply. The highest price decrease reported for hurulla by Rs.185.00/kg followed by Rs.173.00/kg for kelawalla.

Prices of paraw, salaya and thalapath were decreased in the range of Rs.100.00-153.00/kg.



However, prices of thora and mora have increased by Rs.14.00/kg and Rs.5.00/kg respectively due to insufficient supply.

Compared to the same period of last year, prices of all types of fresh fish have increased in the range of 7%-46% with the highest price increase reported for salaya.

Dried Fish

Wholesale

Due to increase of local dried fish supply, prices of most of the local and imported dried fish types have decreased. The highest price decrease of 12% was noted for local salaya due to high supply from Mannar and Chilaw areas and the price ranged Rs.650.00-800.00/kg. The price decrease of 6% noted for local mora due to high supply from Negombo and

Beruwala areas and the price ranged Rs.1540.00-1650.00/kg. The price decrease of 5% reported for imported kattawa due to high supply from Oman and Indonesia and the price ranged Rs.1450.00-1650.00/kg. In addition, price of imported sprats has decreased by 2%.

However, the price increase of 18% noted for local sprats due to low supply from Trincomalee, Mannar and Negombo areas and the price ranged Rs.1100.00-1320.00/kg. Likewise, the price increase of 7% was noted for local balaya due to low supply from Beruwala, Chilaw and Negombo areas and the price ranged Rs.840.00-980.00/kg. In addition, price of imported anguluwa has increased by 5%.

Compared to the same period of last year, current wholesale prices of all dried fish types except imported sprats have increased in the range of 5%-38% and the highest price increase was reported for local maduwa.

Retail

Retail prices of most types of dried fish have decreased in line with decreased wholesale prices with high stock in the market. The highest price decrease was reported for anguluwa by Rs.157.00/kg. The remaining types have decreased in the range of Rs.8.00-65.00/kg.

However, prices of local sprat and balaya have increased by Rs.30.00/kg and Rs.13.00/kg respectively.

Compared to the same period of last year, prices of all types of dried fish have increased in the range of 17%-43% with the highest price increase was reported for kattawa.

Eggs

Wholesale

Prices of both brown and white eggs have not changed significantly and their average prices were Rs.46.00 and Rs.44.00 respectively.

Compared to the same period of last year, prices of both brown and white eggs have increased by 47% and 50% respectively.

Retail

Price of white eggs has increased by Rs.4.00/egg and price ranged Rs.44.00-55.00 due to insufficient stocks in the market. Average price of brown eggs was reported as 57.00.

Compared to the same period of last year, prices of both brown and white eggs have increased by 81% and 76% respectively.

Meat

Retail

Price of beef has decreased by Rs.75.00/kg with low demand. Prices of

mutton and skin-less broiler chicken have also decreased by Rs.14.00/kg and Rs.8.00/kg respectively.

Prices of pork and skin-less curry chicken have increased in the range of Rs.31.00-33.00/kg with limited supply.

Compared to the same period of last year, prices of all types of meat have increased in the range of 27%-73% with the highest price increase was reported for pork.

EXPLANATORY NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e. Tuesday and Friday) while with retail prices, it is thrice a week (i.e. Friday, Monday, and Tuesday).

Table 01: Selected Markets: Wholesale Price of Rice (Rs/50Kg Bag)

Week 12: 17 - 23 March 2023

LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
Colombo	10750	11000	10250	10750	12000	12250	9250	9500	9000	9250	7750	8250	8500	9250
Divulapitiya	10750	11250	9500	9700	12100	12300	9250	10750	8500	9000	8000	8700	8400	8700
Kurunegala	11150	11250	10500	10500	11500	12750	10000	10000	8600	8900	8750	8750	8250	8500
Nikaweratiya	11000	11300	9750	10000	11000	12800	10100	10700	8250	8750	8000	9000	8100	8500
Badulla	-	-	-	-	-	-	9500	10000	-	-	8000	8250	8000	8500
Puttalam	11200	11350	-	-	12500	12850	10100	10850	8100	8300	-	-	8350	8550
Dambulla	11000	11150	10250	10500	12500	12600	10500	10600	8750	9000	9500	9750	8750	9000
Anuradhapura	11250	11350	-	-	12250	12750	10250	10850	-	-	9500	9500	8500	9250
Tambuttegama	10750	11000	10000	10500	-	-	-	-	8800	9000	-	-	8400	8500
Polonnaruwa	11250	11300	-	-	12700	12750	10700	10800	10400	10500	-	-	9250	9250
Kalutara	10750	11000	-	-	12250	12500	-	-	9250	9500	8000	8250	9000	9250
Ampara	10750	11500	-	-	12900	13000	10000	10000	8900	8900	7650	7750	7750	8250
Kandy	11000	11200	10250	10500	12250	12500	10000	10250	9250	9500	8800	9000	8750	9250
Moneragala	11250	11350	-	-	12250	12750	10500	10750	-	-	7750	8250	7750	8250
Kegalle	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Dehiattakandiya	11250	11750	-	-	12500	12750	10500	10750	-	-	-	-	8250	8750
Hambantota	11250	11250	-	-	12500	12750	-	-	-	-	7500	7750	8250	8500
Matara	11000	11100	-	-	12250	12500	9600	10000	-	-	7500	7750	8500	8700
Galle	11000	11250	-	-	12750	12900	10500	10800	-	-	7250	7500	8000	8750
Meegoda	-	-	10400	10800	12000	12750	-	-	8900	9400	7600	8000	8150	8500
Tissamaharama	-	-	-	-	-	-	-	-	8500	8750	7200	7500	8250	8500
Embilipitiya	10650	10700	10500	10600	12250	12350	10500	10600	-	-	7200	7300	8350	8500
Jaffna	10750	10900	10400	10500	12250	12500	10000	10500	9000	9400	9000	9500	-	-
Vavuniya	11000	11150	-	-	12250	12350	10000	10200	9500	9600	8750	9000	8900	9200
Mannar	-	-	10500	10750	12000	12250	10500	10750	9250	9500	8000	8500	9000	9250
Killinochchi	-	-	10500	10750	12500	12750	9500	9750	9200	9500	8000	8250	9000	9300
Mullattivu	-	-	-	-	12500	13000	9500	10000	8750	9000	8000	8250	8750	9000
Batticaloa	-	-	10500	10640	12500	12580	10200	10500	-	-	8500	8620	8750	8900
Trincomalee	-	-	10000	10750	12000	12500	-	-	9000	9500	8750	9250	8750	9250
Galenbindunuwewa	10750	11350	-	-	12250	12850	9500	10500	9250	9250	9500	9500	8250	8750
Matale	10900	11200	10250	10300	12600	12650	10600	10650	9250	9500	9500	9500	8450	8600

Table 02: Selected Markets: Retail Price of Rice (Rs/Kg)

Week 12: 17 - 23 March 2023

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LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
Colombo	225.00	230.00	220.00	220.00	260.00	270.00	210.00	220.00	190.00	210.00	175.00	200.00	185.00	200.00
Gampaha	225.00	230.00	210.00	215.00	260.00	260.00	215.00	220.00	185.00	200.00	180.00	200.00	185.00	200.00
Kurunegala	230.00	230.00	-	-	260.00	260.00	220.00	220.00	200.00	200.00	210.00	220.00	190.00	200.00
Nikaweratiya	230.00	230.00	-	-	240.00	260.00	210.00	220.00	170.00	175.00	200.00	220.00	173.00	210.00
Dambulla	228.00	230.00	212.00	215.00	255.00	260.00	215.00	216.00	185.00	200.00	200.00	205.00	180.00	190.00
Anuradhapura	230.00	230.00	220.00	220.00	250.00	260.00	210.00	220.00	200.00	200.00	200.00	210.00	180.00	200.00
Thambuthhegama	230.00	230.00	210.00	225.00	240.00	270.00	220.00	220.00	180.00	190.00	210.00	220.00	175.00	190.00
Polonnaruwa	230.00	230.00	-	-	260.00	260.00	218.00	220.00	210.00	215.00	210.00	210.00	190.00	200.00
Kaluthara	225.00	230.00	-	-	255.00	260.00	-	-	205.00	210.00	175.00	180.00	190.00	195.00
Badulla	-	-	-	-	260.00	260.00	210.00	220.00	200.00	205.00	165.00	175.00	175.00	180.00
Keppetipola	225.00	230.00	212.00	215.00	255.00	260.00	215.00	217.00	186.00	196.00	150.00	155.00	155.00	160.00
Moneragala	230.00	230.00	-	-	250.00	260.00	215.00	220.00	-	-	160.00	170.00	160.00	170.00
Kegalle	230.00	230.00	-	-	260.00	260.00	215.00	220.00	180.00	200.00	210.00	220.00	180.00	200.00
Ampara	230.00	230.00	-	-	240.00	260.00	220.00	220.00	180.00	195.00	155.00	155.00	162.00	175.00
Dehiattakandiya	230.00	230.00	-	-	260.00	260.00	215.00	220.00	-	-	-	-	170.00	200.00
Nuwaraeliya	225.00	230.00	217.00	220.00	260.00	265.00	215.00	218.00	185.00	200.00	156.00	165.00	155.00	162.00
Kandy	228.00	230.00	218.00	220.00	255.00	260.00	218.00	220.00	195.00	205.00	185.00	195.00	185.00	200.00
Puttalam	230.00	230.00	-	-	240.00	265.00	210.00	220.00	170.00	177.00	190.00	200.00	175.00	180.00
Hambantota	230.00	230.00	-	-	250.00	260.00	-	-	-	-	155.00	160.00	170.00	175.00
Rathnapura	225.00	230.00	-	-	-	-	220.00	220.00	194.00	200.00	165.00	170.00	182.00	185.00
Matara	230.00	230.00	-	-	250.00	260.00	215.00	220.00	-	-	155.00	162.00	175.00	180.00
Galle	230.00	230.00	-	-	260.00	260.00	220.00	220.00	-	-	155.00	160.00	170.00	200.00
Tissamaharama	-	-	-	-	-	-	-	-	175.00	180.00	145.00	155.00	170.00	175.00
Meegoda (DEC)	220.00	230.00	210.00	215.00	240.00	260.00	-	-	185.00	200.00	165.00	175.00	175.00	190.00
Embilipitiya	220.00	230.00	210.00	215.00	245.00	260.00	210.00	220.00	-	-	145.00	160.00	175.00	190.00
Jaffna	220.00	230.00	-	-	250.00	265.00	210.00	220.00	190.00	200.00	190.00	200.00	-	-
Vavuniya	228.00	230.00	-	-	250.00	255.00	220.00	228.00	210.00	215.00	190.00	200.00	200.00	205.00
Mannar	220.00	230.00	-	-	250.00	260.00	210.00	220.00	195.00	205.00	180.00	190.00	190.00	200.00
Killinochchi	-	-	220.00	225.00	265.00	270.00	210.00	210.00	200.00	205.00	170.00	180.00	190.00	200.00
Mullaittivu	-	-	-	-	260.00	270.00	200.00	210.00	180.00	185.00	165.00	170.00	180.00	190.00
Batticaloa	-	-	220.00	224.00	255.00	260.00	210.00	220.00	-	-	176.00	180.00	182.00	185.00
Trincomalee	220.00	230.00	-	-	250.00	260.00	210.00	210.00	195.00	205.00	190.00	200.00	185.00	192.00
Hanguranketha	220.00	230.00	210.00	210.00	245.00	260.00	210.00	220.00	180.00	205.00	165.00	180.00	175.00	205.00
Veyangoda	230.00	230.00	220.00	220.00	250.00	260.00	200.00	210.00	185.00	190.00	170.00	190.00	180.00	190.00
Galenbindunuwewa	220.00	230.00	-	-	255.00	260.00	200.00	220.00	190.00	190.00	200.00	220.00	170.00	180.00
Bandarawela	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Matale	226.00	228.00	210.00	212.00	255.00	260.00	212.00	214.00	185.00	190.00	200.00	209.00	180.00	195.00

Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50Kg)

Week 12: 17 - 23 March 2023

LOCATION	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	47500 - 61000	13000 - 15000	12500 - 16500	4750 - 5500	6000 - 6500	9000 - 9750	10500 - 11250	70000 - 72500	35000 - 42500	16000 - 16500
Kurunegala	55000 - 57500	19500 - 19500	15000 - 16000	5500 - 6000	6500 - 7000	-	-	72500 - 75000	37500 - 45000	16500 - 16750
Nikaweratiya	52500 - 57500	14000 - 15000	-	5250 - 5600	6750 - 6800	-	-	72500 - 73000	32500 - 40000	16250 - 16500
Dehiattakandiya	55000 - 62500	15000 - 19000	-	5500 - 5800	6750 - 7250	-	-	70000 - 70000	-	16500 - 17000
Dambulla (DEC)	55000 - 57500	12000 - 12500	13000 - 14000	4750 - 5000	6250 - 6500	-	10000 - 10500	60000 - 67500	30000 - 32500	15500 - 16000
Anuradhapura	57500 - 65000	15000 - 19000	-	5500 - 6250	6750 - 7500	-	-	75000 - 79000	35000 - 55000	16500 - 17000
Thambuththegama	57500 - 62500	-	-	5500 - 5750	6250 - 6750	-	10000 - 11000	-	28750 - 32500	16750 - 17000
Polonnaruwa	-	16400 - 16500	-	5900 - 6150	7250 - 7500	-	12900 - 13100	60000 - 60250	37500 - 37600	17450 - 17500
Kaluthara	50000 - 54000	14500 - 15000	-	5500 - 5750	6500 - 7000	9500 - 10000	11000 - 11500	72000 - 73000	42000 - 43000	16000 - 16500
Puttalam	47500 - 56000	-	9000 - 12000	5000 - 6000	6000 - 6500	-	11750 - 13000	69500 - 77000	32500 - 36000	16500 - 17500
Kandy	57500 - 60000	14000 - 15000	-	5250 - 5500	6500 - 6750	9500 - 10000	10500 - 11000	70000 - 72500	37500 - 40000	16250 - 16750
Matara	57500 - 61500	15500 - 16250	-	5300 - 5500	6500 - 7000	-	-	74000 - 76000	45000 - 47500	16750 - 17250
Hambantota	55000 - 60000	15000 - 16000	-	5500 - 5750	6500 - 6750	-	-	75000 - 77500	45000 - 47500	16750 - 17250
Kegalle	62000 - 63000	15750 - 16000	-	5700 - 5800	6850 - 7000	-	11900 - 12000	75000 - 75200	47000 - 47250	17000 - 18500
Galle	60000 - 62500	16000 - 18000	-	5400 - 6250	7000 - 7500	-	-	75000 - 77500	-	16000 - 16500
Tissamaharama	57500 - 62500	15000 - 16000	-	5500 - 6000	7250 - 7500	-	13000 - 13000	67500 - 70000	-	16750 - 17000
Meegoda (DEC)	55000 - 60000	15000 - 16000	-	4900 - 5250	6150 - 6250	-	10500 - 12500	70000 - 75000	40000 - 47500	15750 - 16500
Jaffna	49000 - 52500	-	13500 - 15000	5000 - 5500	6500 - 6750	-	-	72500 - 75000	-	16000 - 16500
Vavuniya	61000 - 61550	-	11000 - 11300	6250 - 6350	7000 - 7250	-	-	70000 - 71000	-	16000 - 16550
Mannar	60000 - 62500	-	11500 - 12500	6250 - 6500	7250 - 7500	-	-	75000 - 76250	-	16850 - 17000
Killinochchi	57000 - 58000	-	-	6000 - 6500	6500 - 7000	-	-	70000 - 72000	-	16500 - 17000
Mullattivu	57500 - 60000	-	-	5500 - 6000	6000 - 6000	-	-	75000 - 77500	45000 - 47500	17000 - 18000
Batticaloa	60000 - 62000	-	17000 - 18000	5500 - 5640	6800 - 7000	-	15000 - 15500	74000 - 74500	46500 - 47000	16500 - 17000
Trincomalee	60000 - 62500	-	-	5750 - 6250	6500 - 7000	-	-	75000 - 77500	50000 - 52500	16000 - 17000
Galenbindunuwewa	57500 - 62500	16000 - 17000	-	5500 - 5750	7250 - 7500	-	-	70000 - 74000	30000 - 35000	16500 - 17250
Matale	50000 - 60000	15000 - 16000	14000 - 15000	4750 - 5500	6750 - 7000	-	13500 - 14500	65000 - 67500	32500 - 37500	16250 - 17000

Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/Kg)

Week 12: 17 - 23 March 2023

LOCATIONS	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	1200.00 - 1600.00	300.00 - 400.00	420.00 - 500.00	120.00 - 140.00	140.00 - 200.00	260.00 - 320.00	320.00 - 400.00	1450.00 - 1600.00	850.00 - 1200.00	330.00 - 370.00
Gampaha	1300.00 - 1400.00	360.00 - 400.00	-	120.00 - 140.00	160.00 - 180.00	280.00 - 280.00	-	1480.00 - 1480.00	1200.00 - 1200.00	360.00 - 400.00
Kurunegala	1200.00 - 1300.00	-	440.00 - 500.00	140.00 - 150.00	160.00 - 180.00	280.00 - 300.00	-	1500.00 - 1600.00	1000.00 - 1000.00	340.00 - 360.00
Nikaweratiya	1300.00 - 1300.00	350.00 - 380.00	-	125.00 - 140.00	150.00 - 160.00	260.00 - 280.00	-	1500.00 - 1700.00	800.00 - 1000.00	350.00 - 360.00
Dambulla	1250.00 - 1300.00	380.00 - 400.00	380.00 - 400.00	120.00 - 140.00	150.00 - 160.00	-	-	1600.00 - 1650.00	800.00 - 900.00	330.00 - 350.00
Anuradhapura	1200.00 - 1400.00	360.00 - 360.00	480.00 - 480.00	120.00 - 160.00	150.00 - 180.00	-	-	1550.00 - 1650.00	750.00 - 1200.00	340.00 - 360.00
Thambuththegama	1300.00 - 1500.00	-	450.00 - 480.00	120.00 - 130.00	145.00 - 160.00	-	-	1600.00 - 1600.00	700.00 - 800.00	340.00 - 355.00
Polonnaruwa	1290.00 - 1350.00	340.00 - 350.00	-	130.00 - 140.00	160.00 - 165.00	270.00 - 280.00	-	1500.00 - 1600.00	1000.00 - 1100.00	360.00 - 370.00
Kaluthara	1140.00 - 1200.00	360.00 - 380.00	-	120.00 - 130.00	150.00 - 160.00	260.00 - 300.00	-	1500.00 - 1520.00	920.00 - 940.00	340.00 - 350.00
Badulla	1250.00 - 1300.00	360.00 - 400.00	-	130.00 - 140.00	160.00 - 170.00	240.00 - 280.00	-	1500.00 - 1600.00	900.00 - 1000.00	340.00 - 360.00
Keppetipola	1250.00 - 1300.00	340.00 - 380.00	-	120.00 - 130.00	150.00 - 160.00	220.00 - 240.00	-	1480.00 - 1550.00	1000.00 - 1100.00	365.00 - 380.00
Moneragala	1300.00 - 1400.00	350.00 - 350.00	480.00 - 480.00	120.00 - 160.00	150.00 - 180.00	280.00 - 300.00	-	1500.00 - 1600.00	800.00 - 1000.00	340.00 - 360.00
Kegalle	1250.00 - 1300.00	350.00 - 380.00	-	140.00 - 160.00	160.00 - 180.00	300.00 - 310.00	320.00 - 320.00	1530.00 - 1550.00	950.00 - 980.00	350.00 - 400.00
Ampara	1150.00 - 1350.00	300.00 - 400.00	-	120.00 - 130.00	145.00 - 200.00	260.00 - 300.00	-	1400.00 - 1600.00	780.00 - 1300.00	330.00 - 360.00
Dehiattakandiya	1200.00 - 1300.00	320.00 - 400.00	500.00 - 500.00	120.00 - 130.00	150.00 - 160.00	-	-	1500.00 - 1500.00	-	340.00 - 360.00
Nuwaraeliya	1250.00 - 1280.00	330.00 - 350.00	380.00 - 400.00	120.00 - 130.00	140.00 - 160.00	-	250.00 - 260.00	1550.00 - 1600.00	980.00 - 1000.00	340.00 - 360.00
Kandy	1220.00 - 1300.00	460.00 - 480.00	-	140.00 - 150.00	160.00 - 170.00	280.00 - 300.00	320.00 - 340.00	1550.00 - 1600.00	1150.00 - 1200.00	350.00 - 360.00
Puttalam	1200.00 - 1300.00	-	400.00 - 480.00	140.00 - 160.00	150.00 - 180.00	300.00 - 320.00	320.00 - 340.00	1600.00 - 1700.00	750.00 - 900.00	350.00 - 365.00
Rathnapura	1350.00 - 1500.00	340.00 - 360.00	-	120.00 - 130.00	150.00 - 170.00	-	-	1500.00 - 1600.00	1000.00 - 1200.00	360.00 - 370.00
Hambantota	1250.00 - 1350.00	360.00 - 380.00	-	120.00 - 130.00	155.00 - 160.00	-	-	1650.00 - 1700.00	1200.00 - 1250.00	360.00 - 380.00
Matara	1200.00 - 1350.00	350.00 - 400.00	-	120.00 - 125.00	150.00 - 170.00	-	-	1550.00 - 1650.00	1000.00 - 1200.00	350.00 - 370.00
Galle	1300.00 - 1400.00	350.00 - 400.00	-	120.00 - 130.00	155.00 - 160.00	-	330.00 - 360.00	1600.00 - 1600.00	1300.00 - 1300.00	360.00 - 370.00
Tissamaharama	1200.00 - 1300.00	320.00 - 360.00	-	120.00 - 130.00	150.00 - 160.00	250.00 - 270.00	-	1400.00 - 1450.00	-	340.00 - 350.00
Meegoda (DEC)	1250.00 - 1400.00	360.00 - 440.00	-	120.00 - 130.00	140.00 - 160.00	260.00 - 280.00	-	1450.00 - 1600.00	970.00 - 1300.00	335.00 - 360.00
Embilipitiya	1250.00 - 1350.00	-	360.00 - 420.00	125.00 - 140.00	140.00 - 160.00	270.00 - 300.00	-	1500.00 - 1600.00	1050.00 - 1100.00	345.00 - 400.00
Jaffna	1100.00 - 1250.00	-	300.00 - 350.00	120.00 - 130.00	140.00 - 150.00	-	-	1500.00 - 1600.00	-	340.00 - 345.00
Vavuniya	1250.00 - 1350.00	300.00 - 400.00	-	150.00 - 160.00	160.00 - 170.00	-	-	1500.00 - 1600.00	-	345.00 - 360.00
Mannar	1300.00 - 1450.00	-	400.00 - 450.00	140.00 - 150.00	160.00 - 180.00	-	-	1540.00 - 1570.00	-	360.00 - 380.00
Killinochchi	1200.00 - 1250.00	-	-	150.00 - 160.00	160.00 - 170.00	-	-	1500.00 - 1550.00	-	350.00 - 360.00
Mullaittivu	1200.00 - 1250.00	-	-	-	150.00 - 160.00	-	-	1550.00 - 1600.00	950.00 - 1000.00	360.00 - 400.00
Batticaloa	1250.00 - 1300.00	-	400.00 - 430.00	140.00 - 150.00	150.00 - 170.00	-	360.00 - 380.00	1520.00 - 1600.00	980.00 - 1000.00	350.00 - 365.00
Trincomalee	-	-	-	130.00 - 140.00	150.00 - 160.00	-	-	1550.00 - 1650.00	950.00 - 1040.00	360.00 - 375.00
Hanguranketha	1300.00 - 1400.00	360.00 - 400.00	480.00 - 500.00	120.00 - 150.00	150.00 - 180.00	-	-	1560.00 - 1600.00	880.00 - 1100.00	329.00 - 356.00
Veyangoda	1200.00 - 1400.00	360.00 - 400.00	-	120.00 - 140.00	150.00 - 160.00	280.00 - 280.00	-	1600.00 - 1650.00	980.00 - 1000.00	340.00 - 380.00
Galenbindunuwewa	1200.00 - 1300.00	360.00 - 360.00	480.00 - 480.00	120.00 - 130.00	150.00 - 160.00	-	-	1500.00 - 1560.00	650.00 - 1200.00	340.00 - 360.00
Bandarawela	-	-	-	-	-	-	-	-	-	-
Matale	1150.00 - 1400.00	380.00 - 400.00	400.00 - 420.00	120.00 - 130.00	145.00 - 150.00	300.00 - 300.00	320.00 - 320.00	1500.00 - 1600.00	900.00 - 1060.00	330.00 - 335.00

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/Kg)

Week 12: 17 - 23 March 2023

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	120.00 - 200.00	80.00 - 100.00	140.00 - 150.00	100.00 - 160.00	90.00 - 120.00
Meegoda (DEC)	-	130.00 - 170.00	90.00 - 140.00	170.00 - 200.00	120.00 - 140.00	110.00 - 140.00
Dambulla (DEC)	-	130.00 - 150.00	60.00 - 100.00	140.00 - 170.00	100.00 - 130.00	50.00 - 70.00
Keppetipola (DEC)	-	100.00 - 110.00	50.00 - 70.00	140.00 - 150.00	100.00 - 120.00	60.00 - 70.00
Norochchole (DEC)	-	-	-	-	60.00 - 70.00	-
Nuwara Eliya	-	90.00 - 110.00	70.00 - 90.00	150.00 - 160.00	110.00 - 120.00	70.00 - 80.00
Kandy	-	150.00 - 170.00	90.00 - 100.00	150.00 - 160.00	100.00 - 110.00	80.00 - 100.00
Hambantota	-	200.00 - 240.00	140.00 - 170.00	180.00 - 230.00	150.00 - 180.00	150.00 - 160.00
Thambuththegama (DEC)	-	160.00 - 180.00	100.00 - 120.00	150.00 - 180.00	90.00 - 120.00	60.00 - 90.00
Jaffna	-	170.00 - 190.00	130.00 - 160.00	180.00 - 200.00	120.00 - 140.00	-
Bandarawela	-	-	-	-	-	-
Veyangoda	-	140.00 - 170.00	80.00 - 100.00	140.00 - 160.00	90.00 - 120.00	110.00 - 130.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	40.00 - 60.00	40.00 - 70.00	180.00 - 210.00	120.00 - 140.00	110.00 - 150.00	250.00 - 320.00
Meegoda (DEC)	60.00 - 80.00	70.00 - 100.00	180.00 - 220.00	130.00 - 160.00	140.00 - 160.00	320.00 - 380.00
Moneragala	50.00 - 80.00	70.00 - 80.00	200.00 - 220.00	180.00 - 200.00	150.00 - 180.00	320.00 - 400.00
Dambulla (DEC)	30.00 - 35.00	45.00 - 65.00	120.00 - 130.00	110.00 - 120.00	80.00 - 120.00	250.00 - 260.00
Keppetipola (DEC)	30.00 - 35.00	40.00 - 50.00	140.00 - 150.00	130.00 - 140.00	120.00 - 130.00	300.00 - 320.00
Norochchole (DEC)	20.00 - 40.00	30.00 - 60.00	120.00 - 150.00	120.00 - 140.00	100.00 - 150.00	220.00 - 250.00
Nuwara Eliya	55.00 - 65.00	55.00 - 65.00	150.00 - 160.00	140.00 - 150.00	140.00 - 150.00	300.00 - 330.00
Kandy	40.00 - 60.00	40.00 - 70.00	180.00 - 200.00	140.00 - 150.00	130.00 - 170.00	300.00 - 320.00
Hambantota	80.00 - 100.00	80.00 - 120.00	200.00 - 240.00	180.00 - 210.00	150.00 - 200.00	350.00 - 400.00
Thambuththegama (DEC)	40.00 - 60.00	50.00 - 65.00	140.00 - 160.00	70.00 - 100.00	60.00 - 100.00	250.00 - 320.00
Tissamaharama	60.00 - 70.00	90.00 - 110.00	190.00 - 220.00	160.00 - 180.00	150.00 - 180.00	350.00 - 380.00
Jaffna	40.00 - 50.00	50.00 - 65.00	175.00 - 210.00	150.00 - 200.00	120.00 - 150.00	250.00 - 300.00
Bandarawela	-	-	-	-	-	-
Veyangoda	50.00 - 60.00	50.00 - 60.00	150.00 - 180.00	100.00 - 150.00	120.00 - 150.00	250.00 - 300.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	40.00 - 60.00	40.00 - 60.00	250.00 - 280.00	120.00 - 140.00	-	150.00 - 190.00
Meegoda (DEC)	55.00 - 70.00	50.00 - 60.00	200.00 - 270.00	140.00 - 180.00	-	130.00 - 220.00
Moneragala	60.00 - 100.00	70.00 - 100.00	350.00 - 360.00	180.00 - 220.00	-	180.00 - 220.00
Dambulla (DEC)	30.00 - 40.00	30.00 - 35.00	160.00 - 180.00	120.00 - 130.00	-	120.00 - 140.00
Keppetipola (DEC)	50.00 - 60.00	50.00 - 60.00	200.00 - 220.00	120.00 - 130.00	-	130.00 - 140.00
Norochchole (DEC)	60.00 - 80.00	20.00 - 40.00	200.00 - 240.00	110.00 - 150.00	-	100.00 - 150.00
Nuwara Eliya	60.00 - 65.00	60.00 - 65.00	220.00 - 230.00	130.00 - 140.00	-	140.00 - 150.00
Kandy	50.00 - 60.00	40.00 - 50.00	240.00 - 250.00	150.00 - 160.00	-	160.00 - 180.00
Hambantota	60.00 - 80.00	70.00 - 80.00	280.00 - 330.00	180.00 - 220.00	-	150.00 - 200.00
Thambuththegama (DEC)	25.00 - 50.00	20.00 - 35.00	180.00 - 240.00	100.00 - 120.00	-	130.00 - 160.00
Tissamaharama	55.00 - 70.00	50.00 - 70.00	320.00 - 340.00	130.00 - 160.00	-	200.00 - 220.00
Jaffna	40.00 - 45.00	60.00 - 80.00	270.00 - 280.00	125.00 - 135.00	-	-
Bandarawela	-	-	-	-	-	-
Veyangoda	50.00 - 65.00	50.00 - 80.00	190.00 - 230.00	130.00 - 160.00	-	160.00 - 180.00

Table 06 (Contd.)

	Long Beans	Ash Plantain	Green Chillies	Lime	Sweet Potatoe	Manioc
Colombo	100.00 - 130.00	180.00 - 210.00	280.00 - 330.00	130.00 - 200.00	70.00 - 120.00	140.00 - 160.00
Meegoda (DEC)	90.00 - 130.00	200.00 - 220.00	300.00 - 350.00	150.00 - 230.00	80.00 - 90.00	-
Moneragala	120.00 - 180.00	100.00 - 120.00	300.00 - 350.00	100.00 - 140.00	100.00 - 110.00	-
Dambulla (DEC)	60.00 - 100.00	170.00 - 200.00	250.00 - 300.00	150.00 - 180.00	50.00 - 65.00	100.00 - 130.00
Keppetipola (DEC)	90.00 - 100.00	170.00 - 180.00	250.00 - 280.00	150.00 - 170.00	80.00 - 85.00	120.00 - 130.00
Norochchole (DEC)	50.00 - 70.00	130.00 - 150.00	270.00 - 320.00	100.00 - 150.00	120.00 - 150.00	140.00 - 150.00
Nuwara Eliya	100.00 - 110.00	180.00 - 190.00	290.00 - 330.00	170.00 - 180.00	80.00 - 90.00	110.00 - 120.00
Kandy	120.00 - 130.00	160.00 - 200.00	280.00 - 300.00	150.00 - 160.00	85.00 - 100.00	150.00 - 160.00
Hambantota	140.00 - 160.00	120.00 - 150.00	350.00 - 400.00	80.00 - 120.00	120.00 - 150.00	120.00 - 150.00
Thambuththegama (DEC)	100.00 - 120.00	130.00 - 170.00	250.00 - 300.00	100.00 - 140.00	50.00 - 80.00	110.00 - 130.00
Tissamaharama	70.00 - 90.00	160.00 - 180.00	290.00 - 320.00	90.00 - 110.00	130.00 - 150.00	110.00 - 120.00
Jaffna	120.00 - 140.00	100.00 - 120.00	250.00 - 300.00	160.00 - 180.00	85.00 - 100.00	120.00 - 150.00
Bandarawela	-	-	-	-	-	-
Veyangoda	80.00 - 120.00	200.00 - 220.00	300.00 - 350.00	160.00 - 180.00	80.00 - 110.00	140.00 - 160.00

Locations	Leafy Vegetables (Rs/Bundle)			Coconut (Rs/Nut)	
	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	40.00 - 50.00	40.00 - 50.00	220.00 - 230.00	96.00 - 100.00	85.00 - 88.00
Meegoda (DEC)	50.00 - 60.00	60.00 - 60.00	60.00 - 70.00	105.00 - 115.00	95.00 - 100.00
Norochchole (DEC)	50.00 - 60.00	50.00 - 60.00	120.00 - 130.00	95.00 - 105.00	85.00 - 90.00
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	25.00 - 30.00	25.00 - 30.00	25.00 - 25.00	80.00 - 85.00	68.00 - 70.00
Kandy	40.00 - 45.00	45.00 - 50.00	200.00 - 210.00	95.00 - 97.00	75.00 - 80.00
Hambantota	50.00 - 50.00	50.00 - 50.00	60.00 - 60.00	-	-
Thambuththegama (DEC)	30.00 - 30.00	30.00 - 30.00	30.00 - 30.00	80.00 - 85.00	70.00 - 75.00
Tissamaharama	45.00 - 50.00	45.00 - 50.00	50.00 - 55.00	90.00 - 95.00	65.00 - 70.00
Jaffna	70.00 - 80.00	30.00 - 35.00	120.00 - 150.00	75.00 - 80.00	45.00 - 50.00
Tissamaharama	45.00 - 50.00	45.00 - 50.00	50.00 - 55.00	90.00 - 95.00	65.00 - 70.00
Bandarawela	-	-	-	-	-
Veyangoda	40.00 - 50.00	40.00 - 40.00	54.00 - 60.00	90.00 - 105.00	-

Colombo, Meegoda, Norochchole, Jaffna and Kandy - Gotukola Price Rs/Kg

Table 07: Selected Markets: Retail Price of Vegetables (Rs/Kg)

Week 12: 17 - 23 March 2023

LOCATIONS	Up Country Varieties									
	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knol Khol	Raddish	Cabbage	Tomato	
Colombo	-	200.00 - 320.00	120.00 - 240.00	180.00 - 320.00	180.00 - 320.00	160.00 - 320.00	100.00 - 240.00	100.00 - 200.00	240.00 - 360.00	
Gampaha	-	200.00 - 280.00	160.00 - 240.00	240.00 - 280.00	200.00 - 240.00	200.00 - 200.00	120.00 - 160.00	120.00 - 160.00	280.00 - 320.00	
Kurunegala	-	320.00 - 360.00	280.00 - 320.00	280.00 - 320.00	240.00 - 280.00	260.00 - 280.00	160.00 - 200.00	100.00 - 160.00	260.00 - 280.00	
Nikaweratiya	-	280.00 - 320.00	240.00 - 280.00	280.00 - 320.00	240.00 - 280.00	200.00 - 280.00	120.00 - 160.00	140.00 - 160.00	240.00 - 320.00	
Dambulla	-	280.00 - 320.00	160.00 - 200.00	240.00 - 280.00	200.00 - 240.00	200.00 - 240.00	100.00 - 120.00	100.00 - 140.00	240.00 - 280.00	
Anuradhapura	-	280.00 - 300.00	200.00 - 280.00	240.00 - 320.00	200.00 - 240.00	200.00 - 220.00	120.00 - 160.00	120.00 - 160.00	240.00 - 320.00	
Thambuththegama	-	220.00 - 260.00	140.00 - 180.00	180.00 - 230.00	140.00 - 180.00	120.00 - 160.00	100.00 - 160.00	90.00 - 160.00	180.00 - 240.00	
Polonnaruwa	-	200.00 - 220.00	160.00 - 180.00	240.00 - 260.00	180.00 - 200.00	140.00 - 160.00	90.00 - 120.00	110.00 - 130.00	220.00 - 240.00	
Kaluthara	-	260.00 - 280.00	160.00 - 180.00	260.00 - 280.00	180.00 - 200.00	140.00 - 160.00	120.00 - 140.00	120.00 - 140.00	280.00 - 300.00	
Badulla	-	200.00 - 240.00	160.00 - 200.00	240.00 - 280.00	240.00 - 280.00	200.00 - 240.00	100.00 - 120.00	100.00 - 120.00	240.00 - 280.00	
Keppetipola	-	180.00 - 200.00	130.00 - 140.00	240.00 - 250.00	180.00 - 200.00	160.00 - 180.00	100.00 - 120.00	130.00 - 140.00	240.00 - 250.00	
Moneragala	-	240.00 - 260.00	160.00 - 200.00	280.00 - 320.00	240.00 - 320.00	-	100.00 - 120.00	120.00 - 160.00	240.00 - 320.00	
Kegalle	-	240.00 - 260.00	200.00 - 240.00	250.00 - 280.00	260.00 - 280.00	260.00 - 280.00	180.00 - 200.00	140.00 - 160.00	300.00 - 320.00	
Ampara	-	240.00 - 240.00	200.00 - 250.00	280.00 - 280.00	240.00 - 280.00	200.00 - 240.00	120.00 - 150.00	140.00 - 200.00	260.00 - 360.00	
Dehiattakandiya	-	240.00 - 280.00	160.00 - 250.00	240.00 - 300.00	200.00 - 240.00	200.00 - 320.00	120.00 - 160.00	100.00 - 200.00	280.00 - 320.00	
Nuwaraeliya	-	200.00 - 220.00	160.00 - 180.00	250.00 - 270.00	200.00 - 220.00	160.00 - 180.00	120.00 - 140.00	140.00 - 150.00	240.00 - 260.00	
Kandy	-	240.00 - 280.00	200.00 - 240.00	240.00 - 260.00	200.00 - 240.00	180.00 - 200.00	120.00 - 140.00	100.00 - 120.00	240.00 - 300.00	
Puttalam	-	300.00 - 360.00	200.00 - 260.00	240.00 - 340.00	200.00 - 320.00	300.00 - 320.00	150.00 - 240.00	130.00 - 200.00	280.00 - 360.00	
Hambantota	-	270.00 - 320.00	180.00 - 240.00	240.00 - 300.00	200.00 - 240.00	200.00 - 250.00	120.00 - 140.00	110.00 - 140.00	280.00 - 320.00	
Rathnapura	-	200.00 - 220.00	200.00 - 220.00	190.00 - 220.00	200.00 - 220.00	150.00 - 160.00	100.00 - 110.00	110.00 - 130.00	300.00 - 330.00	
Matara	-	240.00 - 280.00	160.00 - 200.00	240.00 - 300.00	180.00 - 220.00	200.00 - 220.00	100.00 - 120.00	100.00 - 120.00	240.00 - 280.00	
Galle	-	320.00 - 320.00	180.00 - 200.00	250.00 - 280.00	200.00 - 260.00	200.00 - 220.00	140.00 - 160.00	140.00 - 200.00	280.00 - 280.00	
Tissamaharama	-	200.00 - 240.00	140.00 - 170.00	220.00 - 230.00	180.00 - 200.00	180.00 - 200.00	120.00 - 140.00	100.00 - 120.00	260.00 - 280.00	
Meegoda (DEC)	-	200.00 - 240.00	180.00 - 200.00	240.00 - 280.00	200.00 - 280.00	200.00 - 240.00	140.00 - 200.00	140.00 - 160.00	280.00 - 320.00	
Embilipitiya	-	300.00 - 320.00	160.00 - 200.00	200.00 - 240.00	200.00 - 240.00	160.00 - 200.00	80.00 - 120.00	100.00 - 160.00	200.00 - 280.00	
Jaffna	-	200.00 - 250.00	160.00 - 200.00	220.00 - 240.00	150.00 - 200.00	-	50.00 - 60.00	70.00 - 90.00	200.00 - 250.00	
Vavuniya	-	320.00 - 380.00	150.00 - 200.00	300.00 - 340.00	200.00 - 250.00	80.00 - 120.00	140.00 - 155.00	100.00 - 150.00	230.00 - 245.00	
Mannar	-	320.00 - 360.00	280.00 - 320.00	320.00 - 360.00	240.00 - 280.00	150.00 - 200.00	120.00 - 160.00	150.00 - 200.00	260.00 - 300.00	
Killinochchi	-	280.00 - 300.00	200.00 - 240.00	270.00 - 300.00	200.00 - 240.00	-	140.00 - 160.00	140.00 - 160.00	200.00 - 240.00	
Mullaittivu	-	320.00 - 350.00	240.00 - 260.00	260.00 - 300.00	240.00 - 260.00	-	150.00 - 160.00	120.00 - 150.00	220.00 - 240.00	
Batticaloa	320.00 - 350.00	280.00 - 300.00	270.00 - 300.00	280.00 - 300.00	260.00 - 280.00	240.00 - 260.00	140.00 - 160.00	150.00 - 160.00	280.00 - 320.00	
Trincomalee	290.00 320.00	250.00 280.00	150.00 200.00	250.00 280.00	180.00 - 220.00	160.00 180.00	110.00 - 140.00	110.00 150.00	220.00 260.00	
Hanguranketha	-	200.00 - 220.00	130.00 - 150.00	190.00 - 200.00	180.00 - 200.00	130.00 - 160.00	60.00 - 80.00	60.00 - 90.00	210.00 - 240.00	
Veyangoda	-	240.00 - 280.00	180.00 - 240.00	240.00 - 280.00	180.00 - 240.00	200.00 - 220.00	120.00 - 140.00	120.00 - 160.00	240.00 - 280.00	
Galenbindunuwewa	-	320.00 - 360.00	200.00 - 240.00	280.00 - 320.00	180.00 - 240.00	200.00 - 240.00	120.00 - 140.00	120.00 - 140.00	240.00 - 320.00	
Bandarawela	-	-	-	-	-	-	-	-	-	
Matale	-	240.00 - 280.00	180.00 - 220.00	220.00 - 240.00	200.00 - 240.00	160.00 - 240.00	80.00 - 100.00	100.00 - 120.00	280.00 - 320.00	

Table 07 (Contd.)

LOCATIONS	Low Country Varieties									
	Ladies Fingers	Brinjal	Capsicum	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa	Long Beans
Colombo	200.00 - 320.00	180.00 - 320.00	300.00 - 600.00	90.00 - 200.00	100.00 - 200.00	280.00 - 560.00	200.00 - 320.00	-	200.00 - 400.00	160.00 - 320.00
Gampaha	240.00 - 280.00	200.00 - 240.00	480.00 - 520.00	120.00 - 120.00	120.00 - 120.00	400.00 - 480.00	240.00 - 240.00	1000.00 - 1000.00	240.00 - 320.00	200.00 - 240.00
Kurunegala	280.00 - 320.00	280.00 - 320.00	500.00 - 600.00	140.00 - 160.00	160.00 - 180.00	360.00 - 400.00	280.00 - 320.00	-	280.00 - 320.00	280.00 - 320.00
Nikaweratiya	240.00 - 240.00	240.00 - 280.00	400.00 - 600.00	100.00 - 120.00	140.00 - 160.00	320.00 - 400.00	240.00 - 280.00	-	240.00 - 320.00	240.00 - 240.00
Dambulla	200.00 - 240.00	220.00 - 240.00	460.00 - 480.00	100.00 - 120.00	100.00 - 120.00	360.00 - 400.00	200.00 - 220.00	800.00 - 800.00	260.00 - 280.00	160.00 - 180.00
Anuradhapura	200.00 - 240.00	200.00 - 240.00	400.00 - 500.00	120.00 - 160.00	100.00 - 160.00	400.00 - 440.00	240.00 - 280.00	-	240.00 - 320.00	200.00 - 240.00
Thambuthhegama	130.00 - 180.00	140.00 - 180.00	350.00 - 440.00	80.00 - 120.00	70.00 - 100.00	260.00 - 340.00	140.00 - 180.00	-	200.00 - 260.00	150.00 - 180.00
Polonnaruwa	180.00 - 200.00	180.00 - 200.00	400.00 - 440.00	90.00 - 110.00	90.00 - 110.00	240.00 - 260.00	180.00 - 200.00	-	220.00 - 250.00	160.00 - 180.00
Kaluthara	240.00 - 260.00	200.00 - 220.00	600.00 - 620.00	120.00 - 140.00	120.00 - 140.00	420.00 - 440.00	260.00 - 280.00	-	260.00 - 280.00	190.00 - 210.00
Badulla	280.00 - 300.00	240.00 - 280.00	480.00 - 600.00	120.00 - 140.00	140.00 - 160.00	320.00 - 360.00	240.00 - 280.00	-	240.00 - 280.00	160.00 - 200.00
Keppetipola	230.00 - 240.00	190.00 - 200.00	420.00 - 440.00	130.00 - 140.00	130.00 - 140.00	280.00 - 300.00	200.00 - 220.00	-	200.00 - 220.00	170.00 - 180.00
Moneragala	280.00 - 320.00	240.00 - 260.00	400.00 - 480.00	100.00 - 160.00	120.00 - 160.00	440.00 - 480.00	240.00 - 320.00	-	240.00 - 320.00	240.00 - 260.00
Kegalle	260.00 - 280.00	260.00 - 280.00	460.00 - 480.00	140.00 - 160.00	140.00 - 160.00	380.00 - 400.00	260.00 - 280.00	460.00 - 480.00	300.00 - 320.00	260.00 - 280.00
Ampara	280.00 - 280.00	240.00 - 320.00	480.00 - 600.00	120.00 - 140.00	120.00 - 200.00	350.00 - 400.00	260.00 - 300.00	-	260.00 - 280.00	190.00 - 240.00
Dehiattakandiya	200.00 - 300.00	160.00 - 240.00	400.00 - 520.00	80.00 - 160.00	120.00 - 160.00	240.00 - 300.00	240.00 - 280.00	-	280.00 - 320.00	160.00 - 280.00
Nuwaraeliya	240.00 - 250.00	240.00 - 260.00	380.00 - 420.00	140.00 - 160.00	140.00 - 150.00	320.00 - 340.00	200.00 - 220.00	-	220.00 - 230.00	190.00 - 200.00
Kandy	240.00 - 280.00	240.00 - 280.00	550.00 - 600.00	100.00 - 120.00	100.00 - 120.00	360.00 - 400.00	280.00 - 300.00	-	280.00 - 300.00	200.00 - 240.00
Puttalam	240.00 - 300.00	200.00 - 300.00	550.00 - 700.00	180.00 - 220.00	150.00 - 240.00	380.00 - 480.00	240.00 - 320.00	-	280.00 - 400.00	160.00 - 200.00
Rathnapura	200.00 - 220.00	200.00 - 220.00	440.00 - 460.00	110.00 - 130.00	140.00 - 160.00	380.00 - 420.00	250.00 - 270.00	580.00 - 600.00	300.00 - 330.00	150.00 - 170.00
Hambantota	240.00 - 290.00	180.00 - 240.00	420.00 - 500.00	100.00 - 130.00	110.00 - 120.00	320.00 - 400.00	260.00 - 320.00	-	240.00 - 300.00	200.00 - 240.00
Matara	240.00 - 280.00	220.00 - 280.00	400.00 - 480.00	100.00 - 120.00	120.00 - 140.00	350.00 - 400.00	240.00 - 280.00	-	260.00 - 320.00	200.00 - 240.00
Galle	240.00 - 280.00	200.00 - 260.00	460.00 - 480.00	100.00 - 160.00	100.00 - 140.00	350.00 - 400.00	160.00 - 240.00	-	300.00 - 360.00	240.00 - 260.00
Tissamaharama	240.00 - 260.00	180.00 - 230.00	400.00 - 450.00	120.00 - 140.00	120.00 - 130.00	360.00 - 400.00	200.00 - 230.00	-	200.00 - 230.00	130.00 - 150.00
Meegoda (DEC)	280.00 - 380.00	240.00 - 280.00	460.00 - 520.00	120.00 - 200.00	160.00 - 200.00	360.00 - 480.00	240.00 - 280.00	-	320.00 - 440.00	160.00 - 240.00
Embilipitiya	160.00 - 200.00	200.00 - 240.00	350.00 - 480.00	120.00 - 200.00	160.00 - 200.00	400.00 - 500.00	200.00 - 280.00	-	240.00 - 280.00	160.00 - 240.00
Jaffna	220.00 - 250.00	160.00 - 210.00	300.00 - 350.00	50.00 - 85.00	80.00 - 90.00	300.00 - 380.00	130.00 - 150.00	1400.00 - 1600.00	-	150.00 - 180.00
Vavuniya	250.00 - 300.00	150.00 - 200.00	280.00 - 320.00	100.00 - 150.00	120.00 - 150.00	590.00 - 625.00	280.00 - 320.00	1450.00 - 1600.00	300.00 - 340.00	300.00 - 340.00
Mannar	280.00 - 340.00	260.00 - 300.00	400.00 - 500.00	120.00 - 160.00	120.00 - 160.00	350.00 - 400.00	280.00 - 320.00	-	280.00 - 320.00	280.00 - 320.00
Killinochchi	240.00 - 260.00	200.00 - 240.00	350.00 - 380.00	120.00 - 140.00	140.00 - 150.00	550.00 - 580.00	240.00 - 260.00	-	-	320.00 - 340.00
Mullaittivu	260.00 - 280.00	180.00 - 200.00	400.00 - 440.00	100.00 - 120.00	-	600.00 - 650.00	240.00 - 280.00	-	-	300.00 - 340.00
Batticaloa	280.00 - 320.00	280.00 - 320.00	440.00 - 480.00	150.00 - 160.00	180.00 - 200.00	400.00 - 440.00	280.00 - 320.00	-	280.00 - 320.00	300.00 - 320.00
Trincomalee	240.00 - 280.00	200.00 - 240.00	300.00 - 340.00	110.00 - 140.00	120.00 - 160.00	300.00 - 340.00	220.00 - 260.00	-	260.00 - 300.00	230.00 - 260.00
Hanguranketha	200.00 220.00	200.00 220.00	400.00 500.00	80.00 100.00	100.00 120.00	300.00 330.00	200.00 240.00	-	250.00 280.00	210.00 240.00
Veyangoda	240.00 - 260.00	200.00 - 240.00	500.00 - 600.00	120.00 - 120.00	120.00 - 140.00	360.00 - 400.00	240.00 - 280.00	-	240.00 - 300.00	200.00 - 220.00
Galenbindunuwewa	240.00 - 280.00	200.00 - 240.00	400.00 - 600.00	120.00 - 140.00	120.00 - 140.00	400.00 - 480.00	200.00 - 240.00	-	240.00 - 320.00	200.00 - 240.00
Bandarawela	-	-	-	-	-	-	-	-	-	-
Matale	240.00 - 280.00	240.00 - 260.00	400.00 - 500.00	100.00 - 120.00	120.00 - 160.00	320.00 - 360.00	200.00 - 240.00	-	200.00 - 240.00	180.00 - 240.00

Table 07 (Contd.)

LOCATIONS	Low Country Varieties					Leafy Vegetable					Coconut (Rs/Nut)	
	Ash Plantain	Green Chillies	Lime	Sweet Potato	Manioc	Mukunuwenna	Kankun	Gotukola	Large	Small		
Colombo	240.00 - 320.00	350.00 - 600.00	200.00 - 400.00	160.00 - 240.00	180.00 - 240.00	60.00 - 80.00	60.00 - 80.00	80.00 - 150.00	110.00 - 130.00	90.00 - 100.00		
Gampaha	280.00 - 320.00	480.00 - 600.00	280.00 - 300.00	160.00 - 200.00	200.00 - 200.00	60.00 - 70.00	60.00 - 70.00	30.00 - 30.00	110.00 - 130.00	100.00 - 100.00		
Kurunegala	180.00 - 240.00	400.00 - 500.00	260.00 - 300.00	220.00 - 240.00	220.00 - 240.00	50.00 - 50.00	50.00 - 50.00	30.00 - 30.00	100.00 - 110.00	90.00 - 90.00		
Nikaweratiya	160.00 - 200.00	500.00 - 600.00	200.00 - 300.00	160.00 - 200.00	160.00 - 160.00	40.00 - 50.00	40.00 - 50.00	60.00 - 60.00	90.00 - 100.00	75.00 - 85.00		
Dambulla	260.00 - 300.00	400.00 - 500.00	200.00 - 300.00	140.00 - 180.00	200.00 - 240.00	50.00 - 60.00	50.00 - 60.00	50.00 - 55.00	100.00 - 120.00	75.00 - 80.00		
Anuradhapura	220.00 - 280.00	500.00 - 600.00	300.00 - 400.00	160.00 - 200.00	200.00 - 220.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	100.00 - 110.00	80.00 - 90.00		
Thambuththegama	-	350.00 - 450.00	200.00 - 240.00	100.00 - 150.00	-	40.00 - 40.00	40.00 - 40.00	-	85.00 - 100.00	70.00 - 80.00		
Polonnaruwa	220.00 - 240.00	380.00 - 400.00	250.00 - 300.00	140.00 - 160.00	180.00 - 200.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	85.00 - 90.00	75.00 - 80.00		
Kaluthara	280.00 - 300.00	400.00 - 420.00	220.00 - 240.00	220.00 - 240.00	180.00 - 200.00	60.00 - 80.00	60.00 - 80.00	80.00 - 100.00	110.00 - 130.00	90.00 - 100.00		
Badulla	280.00 - 300.00	400.00 - 500.00	200.00 - 250.00	160.00 - 180.00	200.00 - 220.00	70.00 - 70.00	70.00 - 70.00	70.00 - 80.00	105.00 - 110.00	85.00 - 90.00		
Keppetipola	250.00 - 260.00	380.00 - 420.00	240.00 - 250.00	150.00 - 160.00	180.00 - 190.00	40.00 - 45.00	40.00 - 45.00	30.00 - 40.00	112.00 - 116.00	94.00 - 96.00		
Moneragala	160.00 - 200.00	500.00 - 600.00	180.00 - 220.00	140.00 - 160.00	-	60.00 - 70.00	60.00 - 70.00	60.00 - 70.00	100.00 - 110.00	80.00 - 90.00		
Kegalle	260.00 - 280.00	500.00 - 550.00	300.00 - 350.00	180.00 - 200.00	180.00 - 220.00	70.00 - 80.00	70.00 - 80.00	50.00 - 70.00	110.00 - 120.00	90.00 - 100.00		
Ampara	180.00 - 240.00	350.00 - 550.00	200.00 - 250.00	180.00 - 200.00	180.00 - 180.00	50.00 - 60.00	45.00 - 50.00	45.00 - 60.00	90.00 - 100.00	70.00 - 80.00		
Dehiattakandiya	160.00 - 240.00	400.00 - 600.00	160.00 - 300.00	140.00 - 160.00	140.00 - 150.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	80.00 - 85.00	65.00 - 70.00		
Nuwaraeliya	280.00 - 300.00	400.00 - 450.00	290.00 - 310.00	160.00 - 170.00	200.00 - 220.00	45.00 - 50.00	45.00 - 50.00	35.00 - 40.00	110.00 - 120.00	90.00 - 95.00		
Kandy	240.00 - 280.00	500.00 - 550.00	300.00 - 320.00	160.00 - 180.00	240.00 - 250.00	50.00 - 60.00	50.00 - 60.00	40.00 - 50.00	100.00 - 120.00	80.00 - 85.00		
Puttalam	180.00 - 220.00	480.00 - 600.00	180.00 - 200.00	200.00 - 240.00	200.00 - 240.00	60.00 - 70.00	60.00 - 70.00	40.00 - 40.00	100.00 - 110.00	90.00 - 95.00		
Rathnapura	190.00 - 220.00	500.00 - 550.00	200.00 - 250.00	180.00 - 200.00	150.00 - 170.00	80.00 - 90.00	80.00 - 85.00	90.00 - 100.00	120.00 - 130.00	100.00 - 110.00		
Hambanthota	160.00 - 200.00	400.00 - 480.00	140.00 - 200.00	160.00 - 200.00	150.00 - 200.00	50.00 - 60.00	50.00 - 60.00	70.00 - 80.00	100.00 - 110.00	70.00 - 80.00		
Matara	200.00 - 240.00	400.00 - 480.00	200.00 - 220.00	160.00 - 200.00	200.00 - 240.00	55.00 - 60.00	55.00 - 60.00	75.00 - 80.00	110.00 - 125.00	70.00 - 90.00		
Galle	240.00 - 240.00	400.00 - 500.00	200.00 - 250.00	140.00 - 160.00	200.00 - 220.00	60.00 - 70.00	50.00 - 60.00	70.00 - 80.00	100.00 - 120.00	85.00 - 95.00		
Tissamaharama	200.00 - 220.00	340.00 - 380.00	140.00 - 160.00	170.00 - 200.00	140.00 - 160.00	50.00 - 55.00	50.00 - 55.00	55.00 - 60.00	100.00 - 110.00	70.00 - 75.00		
Meegoda (DEC)	280.00 - 320.00	500.00 - 600.00	300.00 - 400.00	180.00 - 220.00	-	70.00 - 80.00	70.00 - 80.00	70.00 - 90.00	120.00 - 140.00	100.00 - 115.00		
Embilipitiya	160.00 - 200.00	400.00 - 500.00	150.00 - 200.00	180.00 - 220.00	120.00 - 160.00	60.00 - 80.00	50.00 - 70.00	70.00 - 100.00	90.00 - 110.00	55.00 - 80.00		
Jaffna	120.00 - 140.00	300.00 - 350.00	200.00 - 220.00	100.00 - 120.00	150.00 - 160.00	80.00 - 90.00	35.00 - 40.00	30.00 - 40.00	90.00 - 120.00	50.00 - 70.00		
Vavuniya	240.00 - 250.00	400.00 - 450.00	220.00 - 240.00	240.00 - 260.00	240.00 - 245.00	55.00 - 65.00	55.00 - 65.00	55.00 - 65.00	80.00 - 85.00	70.00 - 75.00		
Mannar	200.00 - 240.00	400.00 - 500.00	300.00 - 350.00	150.00 - 180.00	240.00 - 250.00	50.00 - 60.00	50.00 - 60.00	45.00 - 55.00	80.00 - 90.00	60.00 - 70.00		
Killinochchi	140.00 - 160.00	400.00 - 440.00	240.00 - 260.00	200.00 - 230.00	200.00 - 220.00	50.00 - 60.00	40.00 - 45.00	40.00 - 50.00	90.00 - 100.00	60.00 - 70.00		
Mullaittivu	160.00 - 180.00	400.00 - 440.00	150.00 - 180.00	200.00 - 240.00	240.00 - 260.00	50.00 - 60.00	-	40.00 - 50.00	75.00 - 80.00	50.00 - 60.00		
Batticaloa	250.00 - 280.00	400.00 - 440.00	280.00 - 320.00	200.00 - 220.00	250.00 - 280.00	60.00 - 60.00	40.00 - 50.00	30.00 - 40.00	80.00 - 80.00	60.00 - 65.00		
Trincomalee	240.00 270.00	400.00 430.00	310.00 340.00	140.00 170.00	200.00 220.00	50.00 55.00	45.00 50.00	45.00 55.00	80.00 100.00	50.00 70.00		
Hanguranketha	250.00 - 280.00	400.00 - 500.00	200.00 - 250.00	120.00 - 140.00	120.00 - 150.00	40.00 - 40.00	40.00 - 40.00	40.00 - 40.00	100.00 - 110.00	87.00 - 94.00		
Veyangoda	260.00 - 280.00	500.00 - 500.00	240.00 - 300.00	160.00 - 200.00	180.00 - 200.00	60.00 - 70.00	60.00 - 70.00	30.00 - 30.00	120.00 - 120.00	90.00 - 100.00		
Galenbindunuwewa	-	500.00 - 600.00	300.00 - 350.00	120.00 - 140.00	-	50.00 - 60.00	50.00 - 60.00	-	75.00 - 80.00	60.00 - 70.00		
Bandarawela	-	-	-	-	-	-	-	-	-	-		
Matale	240.00 - 280.00	400.00 - 500.00	300.00 - 400.00	160.00 - 180.00	200.00 - 240.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	100.00 - 120.00	80.00 - 90.00		

Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/Kg)

Week 12: 17 - 23 March 2023

LOCATIONS	Banana					Pineapple			Mango	
	Ambul (Rs/Kg)	Kolikuttu (Rs/Kg)	Seeni (Rs/Kg)	Anamalu	Ambun	Large	Medium	Small	Betti	Karthakolomban
Colombo	180.00 - 260.00	440.00 - 580.00	160.00 - 250.00	28.00 - 35.00	32.00 - 44.00	680.00 - 750.00	580.00 - 650.00	450.00 - 550.00	-	170.00 - 280.00
Gampaha	230.00 - 250.00	450.00 - 450.00	170.00 - 180.00	30.00 - 32.00	38.00 - 40.00	700.00 - 800.00	450.00 - 600.00	200.00 - 350.00	-	200.00 - 200.00
Kurunegala	200.00 - 250.00	480.00 - 500.00	160.00 - 200.00	22.00 - 25.00	42.00 - 45.00	700.00 - 800.00	400.00 - 500.00	250.00 - 300.00	80.00 - 120.00	240.00 - 260.00
Nikaweratiya	220.00 - 240.00	480.00 - 520.00	180.00 - 200.00	-	42.00 - 47.00	780.00 - 850.00	580.00 - 650.00	450.00 - 520.00	-	-
Dambulla	200.00 - 220.00	450.00 - 460.00	160.00 - 180.00	-	48.00 - 50.00	800.00 - 850.00	600.00 - 650.00	380.00 - 400.00	60.00 - 80.00	300.00 - 350.00
Anuradhapura	180.00 - 260.00	400.00 - 500.00	170.00 - 200.00	24.00 - 28.00	40.00 - 50.00	780.00 - 840.00	570.00 - 670.00	-	-	-
Thambuththegama	210.00 - 250.00	430.00 - 500.00	180.00 - 220.00	38.00 - 38.00	45.00 - 50.00	780.00 - 800.00	700.00 - 700.00	-	-	-
Polonnaruwa	180.00 - 200.00	450.00 - 460.00	130.00 - 150.00	25.00 - 25.00	-	750.00 - 800.00	500.00 - 600.00	280.00 - 300.00	-	-
Kaluthara	220.00 - 240.00	420.00 - 440.00	160.00 - 180.00	30.00 - 32.00	38.00 - 40.00	700.00 - 720.00	620.00 - 640.00	-	-	220.00 - 240.00
Badulla	200.00 - 230.00	440.00 - 450.00	130.00 - 150.00	20.00 - 22.00	30.00 - 32.00	-	650.00 - 680.00	520.00 - 550.00	-	-
Keppetipola	200.00 - 220.00	420.00 - 440.00	160.00 - 170.00	25.00 - 27.00	45.00 - 48.00	750.00 - 760.00	-	500.00 - 540.00	-	240.00 - 250.00
Moneragala	140.00 - 150.00	350.00 - 380.00	100.00 - 120.00	20.00 - 24.00	25.00 - 30.00	820.00 - 820.00	670.00 - 670.00	-	-	-
Kegalle	190.00 - 220.00	480.00 - 520.00	200.00 - 220.00	30.00 - 40.00	35.00 - 40.00	-	650.00 - 700.00	350.00 - 400.00	-	-
Ampara	160.00 - 180.00	390.00 - 450.00	100.00 - 130.00	20.00 - 25.00	28.00 - 32.00	800.00 - 800.00	-	-	-	-
Dehiattakandiya	160.00 - 220.00	320.00 - 450.00	140.00 - 180.00	-	40.00 - 60.00	750.00 - 780.00	550.00 - 650.00	450.00 - 500.00	-	-
Nuwaraeliya	220.00 - 240.00	440.00 - 460.00	160.00 - 180.00	28.00 - 30.00	47.00 - 50.00	740.00 - 750.00	480.00 - 500.00	-	-	270.00 - 280.00
Kandy	220.00 - 230.00	400.00 - 450.00	180.00 - 200.00	24.00 - 25.00	38.00 - 40.00	700.00 - 800.00	450.00 - 480.00	250.00 - 270.00	60.00 - 70.00	-
Puttalam	160.00 - 180.00	350.00 - 450.00	160.00 - 180.00	20.00 - 25.00	-	-	600.00 - 650.00	300.00 - 400.00	-	-
Rathnapura	180.00 - 200.00	350.00 - 360.00	180.00 - 200.00	-	-	750.00 - 850.00	500.00 - 600.00	200.00 - 250.00	-	-
Hambantota	180.00 - 200.00	380.00 - 400.00	160.00 - 180.00	22.00 - 24.00	25.00 - 29.00	800.00 - 900.00	450.00 - 500.00	400.00 - 400.00	-	-
Matara	180.00 - 200.00	390.00 - 420.00	180.00 - 190.00	24.00 - 25.00	33.00 - 35.00	860.00 - 920.00	700.00 - 750.00	400.00 - 520.00	50.00 - 60.00	240.00 - 250.00
Galle	180.00 - 240.00	400.00 - 480.00	160.00 - 200.00	30.00 - 35.00	40.00 - 43.00	-	560.00 - 600.00	-	100.00 - 120.00	300.00 - 300.00
Tissamaharama	140.00 - 160.00	380.00 - 420.00	110.00 - 150.00	-	-	780.00 - 800.00	650.00 - 670.00	550.00 - 570.00	-	200.00 - 220.00
Meegoda (DEC)	190.00 - 220.00	430.00 - 460.00	170.00 - 180.00	24.00 - 25.00	24.00 - 25.00	-	580.00 - 580.00	540.00 - 550.00	-	-
Embilipitiya	130.00 - 160.00	300.00 - 380.00	120.00 - 140.00	25.00 - 30.00	30.00 - 45.00	-	500.00 - 600.00	350.00 - 450.00	60.00 - 80.00	-
Jaffna	150.00 - 180.00	330.00 - 400.00	120.00 - 140.00	-	-	780.00 - 840.00	650.00 - 700.00	500.00 - 600.00	-	-
Vavuniya	140.00 - 160.00	420.00 - 450.00	150.00 - 160.00	32.00 - 35.00	-	740.00 - 760.00	640.00 - 680.00	540.00 - 560.00	-	220.00 - 250.00
Mannar	150.00 - 160.00	380.00 - 420.00	120.00 - 150.00	24.00 - 26.00	-	700.00 - 750.00	600.00 - 650.00	500.00 - 550.00	-	-
Killinochchi	180.00 - 220.00	400.00 - 450.00	150.00 - 170.00	28.00 - 32.00	28.00 - 32.00	900.00 - 960.00	720.00 - 760.00	600.00 - 640.00	-	-
Mullaittivu	160.00 - 200.00	280.00 - 300.00	160.00 - 200.00	23.00 - 25.00	-	-	-	-	-	-
Batticaloa	200.00 - 220.00	400.00 - 430.00	140.00 - 160.00	30.00 - 35.00	-	680.00 - 700.00	580.00 - 600.00	480.00 - 500.00	-	-
Trincomalee	180.00 - 200.00	390.00 - 420.00	160.00 - 180.00	32.00 - 35.00	40.00 - 43.00	-	600.00 - 650.00	300.00 - 400.00	-	-
Veyangoda	220.00 - 280.00	450.00 - 500.00	200.00 - 220.00	20.00 - 22.00	35.00 - 40.00	850.00 - 930.00	500.00 - 600.00	350.00 - 400.00	-	200.00 - 250.00
Galenbindunuwewa	180.00 - 200.00	400.00 - 450.00	120.00 - 150.00	30.00 - 35.00	35.00 - 40.00	870.00 - 900.00	580.00 - 600.00	-	-	-
Bandarawela	-	-	-	-	-	-	-	-	-	-
Matale	180.00 - 200.00	380.00 - 450.00	160.00 - 180.00	30.00 - 38.00	52.00 - 56.00	700.00 - 800.00	550.00 - 650.00	450.00 - 480.00	-	-

Table 08 (Contd.)

LOCATIONS	Mango		Other Fruits								
	Vilad	Kohu	Papaw (Rs/Kg)	Passion	Wood Apple	Orange	Avocado	Slime Apple	Grapes (Rs/Kg)	King Coconut	
Colombo	100.00 - 120.00	-	300.00 - 450.00	50.00 - 83.00	70.00 - 120.00	70.00 - 120.00	100.00 - 200.00	40.00 - 120.00	2000.00 - 3000.00	150.00 - 170.00	
Gampaha	-	-	380.00 - 400.00	80.00 - 100.00	100.00 - 100.00	100.00 - 100.00	120.00 - 130.00	60.00 - 70.00	2500.00 - 2500.00	140.00 - 150.00	
Kurunegala	80.00 - 100.00	-	260.00 - 300.00	70.00 - 70.00	80.00 - 100.00	80.00 - 100.00	100.00 - 120.00	80.00 - 100.00	2500.00 - 2500.00	120.00 - 140.00	
Nikaweratiya	-	-	200.00 - 230.00	-	-	70.00 - 80.00	100.00 - 130.00	50.00 - 100.00	2800.00 - 3000.00	100.00 - 100.00	
Dambulla	-	40.00 - 50.00	280.00 - 300.00	60.00 - 70.00	60.00 - 80.00	60.00 - 80.00	130.00 - 150.00	50.00 - 60.00	2200.00 - 2500.00	120.00 - 130.00	
Anuradhapura	-	-	240.00 - 280.00	-	60.00 - 80.00	80.00 - 120.00	120.00 - 150.00	60.00 - 90.00	2500.00 - 3200.00	100.00 - 140.00	
Thambuththegama	-	-	260.00 - 320.00	-	-	60.00 - 80.00	80.00 - 100.00	-	2000.00 - 2200.00	80.00 - 100.00	
Polonnaruwa	-	-	250.00 - 300.00	-	40.00 - 50.00	-	80.00 - 100.00	50.00 - 75.00	2500.00 - 2600.00	100.00 - 120.00	
Kaluthara	-	-	360.00 - 380.00	-	80.00 - 100.00	60.00 - 80.00	200.00 - 220.00	80.00 - 100.00	2600.00 - 2800.00	140.00 - 160.00	
Badulla	90.00 - 100.00	-	260.00 - 280.00	50.00 - 60.00	60.00 - 70.00	50.00 - 60.00	-	40.00 - 60.00	2700.00 - 2800.00	120.00 - 130.00	
Keppetipola	-	-	260.00 - 280.00	80.00 - 85.00	80.00 - 85.00	75.00 - 80.00	150.00 - 160.00	75.00 - 80.00	2300.00 - 2400.00	110.00 - 120.00	
Moneragala	-	-	180.00 - 200.00	-	35.00 - 37.00	70.00 - 80.00	-	37.00 - 42.00	-	80.00 - 100.00	
Kegalle	-	-	280.00 - 340.00	-	50.00 - 70.00	70.00 - 100.00	120.00 - 130.00	40.00 - 50.00	3000.00 - 3000.00	80.00 - 100.00	
Ampara	-	-	180.00 - 220.00	-	48.00 - 60.00	-	100.00 - 116.00	60.00 - 70.00	2000.00 - 2000.00	100.00 - 130.00	
Dehiattakandiya	-	-	150.00 - 240.00	-	50.00 - 80.00	50.00 - 80.00	120.00 - 180.00	70.00 - 100.00	2400.00 - 3200.00	100.00 - 130.00	
Nuwaraeliya	-	-	270.00 - 280.00	80.00 - 85.00	85.00 - 90.00	75.00 - 80.00	150.00 - 160.00	80.00 - 85.00	2200.00 - 2400.00	115.00 - 120.00	
Kandy	90.00 - 100.00	-	280.00 - 350.00	60.00 - 70.00	70.00 - 80.00	60.00 - 70.00	100.00 - 130.00	60.00 - 70.00	2200.00 - 2500.00	140.00 - 150.00	
Puttalam	-	-	200.00 - 300.00	-	-	60.00 - 80.00	-	-	-	90.00 - 120.00	
Hambantota	-	-	230.00 - 260.00	-	35.00 - 40.00	80.00 - 100.00	-	40.00 - 50.00	2500.00 - 2500.00	90.00 - 100.00	
Rathnapura	-	-	240.00 - 260.00	-	50.00 - 60.00	80.00 - 100.00	-	50.00 - 70.00	2000.00 - 2500.00	100.00 - 110.00	
Matara	60.00 - 70.00	50.00 - 60.00	245.00 - 255.00	65.00 - 72.00	50.00 - 60.00	80.00 - 100.00	80.00 - 100.00	50.00 - 60.00	2500.00 - 2550.00	80.00 - 100.00	
Galle	120.00 - 150.00	50.00 - 60.00	280.00 - 300.00	75.00 - 80.00	46.00 - 50.00	80.00 - 120.00	180.00 - 200.00	60.00 - 80.00	2900.00 - 3000.00	100.00 - 120.00	
Tissamaharama	-	-	220.00 - 250.00	50.00 - 60.00	45.00 - 50.00	80.00 - 90.00	-	45.00 - 50.00	2800.00 - 2800.00	90.00 - 100.00	
Meegoda (DEC)	-	-	250.00 - 300.00	-	40.00 - 50.00	80.00 - 100.00	100.00 - 150.00	-	2600.00 - 2800.00	-	
Embilipitiya	60.00 - 80.00	30.00 - 50.00	280.00 - 300.00	60.00 - 70.00	60.00 - 80.00	70.00 - 100.00	90.00 - 120.00	30.00 - 40.00	2500.00 - 3000.00	90.00 - 120.00	
Jaffna	-	-	-	-	50.00 - 90.00	-	-	-	2600.00 - 3000.00	120.00 - 160.00	
Vavuniya	-	-	200.00 - 250.00	60.00 - 75.00	55.00 - 60.00	60.00 - 65.00	100.00 - 140.00	-	-	100.00 - 140.00	
Mannar	-	-	220.00 - 250.00	50.00 - 60.00	-	70.00 - 100.00	110.00 - 150.00	-	2500.00 - 3000.00	140.00 - 160.00	
Killinochchi	-	-	250.00 - 280.00	-	50.00 - 60.00	-	-	-	2800.00 - 3000.00	150.00 - 160.00	
Mullaitivu	-	-	250.00 - 260.00	-	-	-	-	-	-	120.00 - 150.00	
Batticaloa	-	-	240.00 - 260.00	60.00 - 65.00	60.00 - 66.00	60.00 - 63.00	-	-	2500.00 - 2700.00	130.00 - 150.00	
Trincomalee	-	-	240.00 - 270.00	75.00 - 80.00	55.00 - 65.00	-	100.00 - 130.00	45.00 - 50.00	2450.00 - 2600.00	120.00 - 130.00	
Veyangoda	-	-	300.00 - 350.00	60.00 - 70.00	60.00 - 80.00	60.00 - 90.00	100.00 - 150.00	50.00 - 65.00	2500.00 - 3000.00	150.00 - 150.00	
Galenbindunuwewa	-	-	200.00 - 250.00	-	-	-	100.00 - 140.00	-	2500.00 - 2600.00	-	
Bandarawela	-	-	-	-	-	-	-	-	-	-	
Matale	-	-	250.00 - 280.00	-	60.00 - 80.00	60.00 - 70.00	120.00 - 140.00	50.00 - 80.00	2500.00 - 2600.00	100.00 - 120.00	

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/Kg & Rs/Egg)

Week 12: 17 - 23 March 2023

Locations	Sea Fish					
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw
Colombo	250.00 – 360.00	580.00 – 720.00	640.00 – 750.00	860.00 – 1500.00	1560.00 – 2300.00	750.00 – 1250.00
Kandy	430.00 – 450.00	750.00 – 780.00	750.00 – 820.00	1150.00 – 1250.00	1900.00 – 2100.00	1100.00 – 1200.00
Kaluthara	360.00 – 380.00	620.00 – 640.00	780.00 – 800.00	800.00 – 820.00	-	900.00 – 1000.00
Puttalam	500.00 – 570.00	720.00 – 820.00	800.00 – 950.00	1800.00 – 1850.00	2350.00 – 2450.00	1240.00 – 1300.00
Matara	400.00 – 450.00	-	850.00 – 900.00	1450.00 – 1520.00	-	1500.00 – 1550.00
Hambantota	350.00 – 400.00	750.00 – 800.00	700.00 – 750.00	1200.00 – 1300.00	-	-
Galle	-	-	650.00 – 700.00	1100.00 – 1200.00	1800.00 – 2000.00	800.00 – 1000.00
Batticaloa	300.00 – 350.00	800.00 – 900.00	850.00 – 950.00	1100.00 – 1250.00	1300.00 – 1450.00	1300.00 – 1400.00
Trincomalee	340.00 – 360.00	650.00 – 750.00	550.00 – 700.00	800.00 – 900.00	1150.00 – 1250.00	850.00 – 950.00
Mannar	200.00 – 250.00	250.00 – 350.00	400.00 – 450.00	-	-	1000.00 – 1100.00

Locations	Sea Fish				Eggs	
	Mora	Shrimps	Thalapath	Teppeli	Brown	White
Colombo	950.00 – 1200.00	1500.00 – 1650.00	1250.00 – 1700.00	-	46.00 – 46.00	44.00 – 44.00
Kandy	1100.00 – 1200.00	1500.00 – 1700.00	1700.00 – 1800.00	-	49.00 – 50.00	46.00 – 48.00
Kaluthara	-	-	1400.00 – 1500.00	-	-	-
Puttalam	1700.00 – 1850.00	1300.00 – 1850.00	2250.00 – 2350.00	-	55.00 – 55.50	53.00 – 54.00
Matara	-	1650.00 – 1750.00	1500.00 – 1550.00	-	-	-
Hambantota	-	1700.00 – 1750.00	-	-	-	-
Galle	-	-	1300.00 – 1400.00	-	-	-
Batticaloa	1250.00 – 1350.00	1200.00 – 1300.00	1500.00 – 1600.00	-	53.00 – 54.00	53.00 – 53.00
Trincomalee	1750.00 – 1850.00	750.00 – 850.00	1200.00 – 1300.00	-	41.00 – 43.00	42.00 – 44.00
Mannar	-	800.00 – 900.00	-	-	54.00 – 55.00	52.00 – 53.00

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50Kg)

Week 12: 17 - 23 March 2023

Locations	Local Dried Fish					
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa
Colombo	55000 – 66000	-	-	77000 – 82500	42000 – 49000	-
Kandy	55000 – 60000	-	-	92500 – 95000	50000 – 52500	-
Batticaloa	54000 – 55000	117500 – 120000	-	100000 – 110000	60000 – 62500	55000 – 56500
Trincomalee	49000 – 52500	65000 – 66500	80000 – 81500	70000 – 71000	35000 – 36500	42000 – 43500
Mannar	50000 – 52500	90000 – 95000	-	60000 – 65000	40000 – 45000	37500 – 40000

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	59000 – 65000	-	32500 – 40000	37000 – 46000	72500 – 82500	-
Kandy	62500 – 65000	-	40000 – 42500	45000 – 47500	90000 – 92500	-
Batticaloa	71500 – 75000	-	50000 – 51500	55000 – 56500	-	-
Trincomalee	58500 – 61000	-	30000 – 32500	45000 – 46000	72000 – 73000	90000 – 91500
Mannar	47500 – 50000	75000 – 80000	30000 – 32500	47500 – 50000	-	-

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	-	-	80000 – 94000	-	-	-
Kandy	-	-	-	-	-	-
Batticaloa	-	-	-	-	-	-
Trincomalee	85000 – 86000	-	-	-	-	-
Mannar	-	-	-	-	-	-

Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/Kg & Rs/Eggs)

Week 12: 17 - 23 March 2023

LOCATIONS	Sea Fish									Eggs									
	Salaya		Hurulla		Balaya		Kelawalla		Thora		Paraw		Mora		Thalapath		Brown		White
Colombo	400.00 - 700.00	700.00 - 1100.00	1000.00 - 1400.00	1400.00 - 2800.00	2400.00 - 3500.00	1500.00 - 2400.00	1600.00 - 1600.00	1800.00 - 2800.00	57.00 - 57.00	44.00 - 55.00									
Gampaha	600.00 - 600.00	950.00 - 950.00	-	-	-	-	-	2400.00 - 2400.00	-	-	-	-	-	-	-	-	-	-	-
Kurunegala	460.00 - 500.00	860.00 - 900.00	1200.00 - 1400.00	1600.00 - 1700.00	-	1500.00 - 1600.00	1500.00 - 1600.00	2300.00 - 2400.00	-	-	-	-	-	-	-	-	-	-	-
Nikaweratiya	500.00 - 600.00	1000.00 - 1000.00	1000.00 - 1500.00	1800.00 - 1900.00	-	1500.00 - 2000.00	-	2200.00 - 2200.00	-	-	-	-	-	-	-	-	-	53.00 - 53.00	-
Dambulla	400.00 - 460.00	800.00 - 900.00	800.00 - 900.00	2000.00 - 2200.00	2400.00 - 2500.00	1800.00 - 2000.00	1500.00 - 1600.00	2000.00 - 2200.00	58.00 - 60.00	56.00 - 57.00	-	-	-	-	-	-	-	-	-
Anuradhapura	500.00 - 550.00	900.00 - 1000.00	1000.00 - 1100.00	1900.00 - 2000.00	-	1500.00 - 1600.00	1700.00 - 1800.00	2000.00 - 2200.00	-	-	-	-	-	-	-	-	-	-	-
Thambuththegama	400.00 - 400.00	600.00 - 600.00	800.00 - 800.00	2600.00 - 2600.00	3000.00 - 3000.00	-	2400.00 - 2400.00	-	-	-	-	-	-	-	-	-	-	54.00 - 54.00	-
Polonnaruwa	500.00 - 550.00	980.00 - 1000.00	1200.00 - 1300.00	1650.00 - 1750.00	2200.00 - 2200.00	1300.00 - 1350.00	1600.00 - 1700.00	2000.00 - 2100.00	-	-	-	-	-	-	-	-	-	48.00 - 55.00	-
Kaluthara	460.00 - 480.00	800.00 - 860.00	940.00 - 960.00	1250.00 - 1300.00	-	1400.00 - 1500.00	-	1720.00 - 1740.00	-	-	-	-	-	-	-	-	-	45.00 - 46.00	-
Badulla	480.00 - 500.00	880.00 - 900.00	1200.00 - 1300.00	1700.00 - 1800.00	-	1500.00 - 1600.00	1500.00 - 1600.00	2200.00 - 2300.00	55.00 - 56.00	50.00 - 55.00	-	-	-	-	-	-	-	-	-
Keppetipola	480.00 - 500.00	760.00 - 780.00	1300.00 - 1360.00	1600.00 - 1700.00	-	1400.00 - 1500.00	1500.00 - 1600.00	1800.00 - 1900.00	57.00 - 58.00	56.00 - 57.00	-	-	-	-	-	-	-	-	-
Moneragala	550.00 - 600.00	1000.00 - 1100.00	1000.00 - 1100.00	-	-	-	-	2400.00 - 2500.00	-	-	-	-	-	-	-	-	-	-	-
Kegalle	550.00 - 600.00	950.00 - 1000.00	1400.00 - 1500.00	1750.00 - 1800.00	2950.00 - 3000.00	1750.00 - 1800.00	1600.00 - 1700.00	2000.00 - 2100.00	55.00 - 56.00	54.00 - 54.00	-	-	-	-	-	-	-	-	-
Ampara	500.00 - 500.00	1000.00 - 1000.00	1600.00 - 1600.00	2400.00 - 2400.00	-	-	-	2400.00 - 2400.00	-	-	-	-	-	-	-	-	-	50.00 - 55.00	-
Dehiattakandiya	500.00 - 500.00	800.00 - 800.00	1200.00 - 1200.00	1700.00 - 1700.00	-	-	1400.00 - 1400.00	1700.00 - 2000.00	50.00 - 50.00	50.00 - 50.00	-	-	-	-	-	-	-	-	-
Nuwaraeliya	460.00 - 480.00	750.00 - 760.00	1350.00 - 1360.00	1750.00 - 1800.00	-	1840.00 - 1850.00	1440.00 - 1450.00	1800.00 - 1860.00	57.00 - 58.00	56.00 - 57.00	-	-	-	-	-	-	-	-	-
Kandy	500.00 - 550.00	850.00 - 900.00	1000.00 - 1100.00	1800.00 - 2000.00	2600.00 - 2700.00	1600.00 - 1700.00	1600.00 - 1650.00	2000.00 - 2100.00	-	54.00 - 54.00	-	-	-	-	-	-	-	-	-
Puttalam	580.00 - 640.00	850.00 - 900.00	1000.00 - 1200.00	1850.00 - 2100.00	2400.00 - 2500.00	1300.00 - 1450.00	1900.00 - 2000.00	2400.00 - 2500.00	56.00 - 56.50	54.00 - 55.00	-	-	-	-	-	-	-	-	-
Hambantota	450.00 - 550.00	1000.00 - 1100.00	1300.00 - 1400.00	1800.00 - 2000.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Rathnapura	480.00 - 500.00	950.00 - 1000.00	960.00 - 1000.00	1900.00 - 2000.00	2900.00 - 3000.00	-	1550.00 - 1600.00	2150.00 - 2200.00	-	-	-	-	-	-	-	-	-	-	-
Matara	500.00 - 600.00	-	1350.00 - 1400.00	1900.00 - 2000.00	-	1900.00 - 2000.00	-	2000.00 - 2100.00	-	55.00 - 56.00	-	-	-	-	-	-	-	-	-
Galle	400.00 - 500.00	-	900.00 - 1000.00	1600.00 - 1800.00	2400.00 - 2600.00	1600.00 - 1800.00	-	2000.00 - 2000.00	-	54.00 - 55.00	-	-	-	-	-	-	-	-	-
Tissamaharama	350.00 - 400.00	650.00 - 700.00	800.00 - 900.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Meegoda	500.00 - 560.00	-	900.00 - 900.00	-	-	1000.00 - 1200.00	-	2400.00 - 2540.00	-	44.00 - 44.00	-	-	-	-	-	-	-	-	-
Embilipitiya	500.00 - 600.00	800.00 - 900.00	1100.00 - 1250.00	2000.00 - 2200.00	2000.00 - 2200.00	1500.00 - 1600.00	1400.00 - 1500.00	2000.00 - 2150.00	60.00 - 60.00	57.00 - 59.00	-	-	-	-	-	-	-	-	-
Jaffna	320.00 - 380.00	780.00 - 840.00	800.00 - 850.00	-	-	1200.00 - 1400.00	2000.00 - 2300.00	-	49.00 - 50.00	48.00 - 49.00	-	-	-	-	-	-	-	-	-
Vavuniya	640.00 - 700.00	950.00 - 1020.00	1050.00 - 1150.00	2000.00 - 2200.00	2350.00 - 2450.00	1600.00 - 1750.00	2000.00 - 2200.00	2100.00 - 2200.00	47.00 - 49.00	45.00 - 48.00	-	-	-	-	-	-	-	-	-
Mannar	300.00 - 350.00	400.00 - 500.00	550.00 - 650.00	-	-	1200.00 - 1300.00	1800.00 - 2200.00	-	56.00 - 57.00	54.00 - 55.00	-	-	-	-	-	-	-	-	-
Killinochchi	440.00 - 460.00	600.00 - 650.00	800.00 - 860.00	-	-	1200.00 - 1400.00	2200.00 - 2400.00	-	-	55.00 - 56.00	-	-	-	-	-	-	-	-	-
Mullaittivu	300.00 - 400.00	700.00 - 800.00	800.00 - 900.00	-	-	1000.00 - 1200.00	1000.00 - 1200.00	-	54.00 - 55.00	52.00 - 53.00	-	-	-	-	-	-	-	-	-
Batticaloa	400.00 - 500.00	1000.00 - 1200.00	1500.00 - 1600.00	2100.00 - 2200.00	2300.00 - 2450.00	1900.00 - 2000.00	2200.00 - 2400.00	2300.00 - 2400.00	55.00 - 56.00	55.00 - 55.00	-	-	-	-	-	-	-	-	-
Trincomalee	450.00 - 550.00	800.00 - 900.00	750.00 - 850.00	900.00 - 1000.00	1300.00 - 1400.00	950.00 - 1100.00	1900.00 - 2000.00	1300.00 - 1400.00	45.00 - 48.00	46.00 - 50.00	-	-	-	-	-	-	-	-	-
Veyangoda	600.00 - 600.00	920.00 - 920.00	-	1600.00 - 1600.00	2800.00 - 2800.00	1400.00 - 1400.00	-	2400.00 - 2400.00	-	44.00 - 55.00	-	-	-	-	-	-	-	-	-
Galenbindunuwewa	600.00 - 600.00	1000.00 - 1000.00	900.00 - 900.00	2000.00 - 2000.00	2400.00 - 2400.00	2000.00 - 2000.00	1800.00 - 1800.00	2200.00 - 2200.00	-	-	-	-	-	-	-	-	-	-	-
Bandarawela	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Matale	640.00 - 700.00	960.00 - 1000.00	860.00 - 950.00	1800.00 - 2000.00	2300.00 - 2500.00	1600.00 - 1800.00	1500.00 - 1600.00	1900.00 - 2000.00	59.00 - 60.00	57.00 - 58.00	-	-	-	-	-	-	-	-	-

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/Kg)

Week 12: 17 - 23 March 2023

LOCATIONS	Dried Fish													
	Sprats-Imported		Kattawa		Thora		Mora		Balaya		Anguluwa		Salaya	
Colombo	950.00	1500.00	2000.00	2800.00	-	-	1800.00	2700.00	1100.00	1700.00	2000.00	2400.00	800.00	1300.00
Gampaha	1040.00	1200.00	2000.00	2600.00	2000.00	2000.00	2000.00	2400.00	1400.00	1600.00	1600.00	2400.00	900.00	1000.00
Kurunegala	1160.00	1400.00	2400.00	2500.00	2200.00	2200.00	2200.00	2400.00	1200.00	1200.00	-	-	900.00	1000.00
Nikaweratiya	1200.00	1300.00	2200.00	2400.00	2800.00	2800.00	2200.00	2200.00	1200.00	1400.00	2200.00	2800.00	1200.00	1200.00
Dambulla	1200.00	1300.00	2400.00	2500.00	-	-	2500.00	2600.00	1200.00	1300.00	2000.00	2200.00	-	-
Anuradhapura	1200.00	1400.00	2400.00	2800.00	-	-	2000.00	2400.00	1200.00	1600.00	2200.00	2400.00	1000.00	1200.00
Thambuththegama	1100.00	1200.00	-	-	-	-	1650.00	1650.00	1050.00	1200.00	1100.00	1500.00	850.00	850.00
Polonnaruwa	1350.00	1400.00	2000.00	2200.00	-	-	2200.00	2300.00	1100.00	1200.00	1600.00	1700.00	1200.00	1300.00
Kaluthara	1500.00	1600.00	2400.00	2600.00	-	-	2300.00	2400.00	1400.00	1500.00	-	-	1100.00	1200.00
Badulla	1200.00	1400.00	2400.00	2500.00	-	-	2300.00	2400.00	1300.00	1400.00	-	-	1100.00	1200.00
Keppetipola	1350.00	1400.00	2500.00	2600.00	-	-	2250.00	2300.00	1200.00	1300.00	2450.00	2460.00	1250.00	1300.00
Moneragala	1200.00	1400.00	2000.00	2200.00	2200.00	2300.00	1800.00	2400.00	1200.00	1400.00	2200.00	2400.00	950.00	1000.00
Kegalle	1150.00	1250.00	2200.00	2350.00	-	-	2000.00	2200.00	1100.00	1200.00	-	-	-	-
Ampara	1150.00	1200.00	2000.00	2150.00	-	-	2100.00	2200.00	1000.00	1400.00	1600.00	2000.00	1150.00	1150.00
Dehiattakandiya	1000.00	1200.00	2200.00	2800.00	-	-	2000.00	2400.00	1000.00	1600.00	1200.00	1400.00	1000.00	1000.00
Nuwaraeliya	1350.00	1400.00	2550.00	2600.00	-	-	2450.00	2560.00	1240.00	1280.00	2350.00	2390.00	1260.00	1300.00
Kandy	1100.00	1300.00	2500.00	2600.00	-	-	2300.00	2400.00	1300.00	1500.00	2400.00	2500.00	1150.00	1200.00
Puttalam	920.00	1200.00	1800.00	2400.00	-	-	2350.00	2500.00	900.00	1200.00	930.00	1200.00	680.00	800.00
Hambantota	1300.00	1500.00	2200.00	2500.00	-	-	-	-	1000.00	1100.00	2000.00	2200.00	-	-
Rathnapura	1000.00	1160.00	2100.00	2200.00	2960.00	3000.00	1880.00	2000.00	900.00	960.00	1960.00	2100.00	800.00	860.00
Matara	1100.00	1250.00	2200.00	2400.00	-	-	-	-	1000.00	1250.00	1800.00	2000.00	-	-
Galle	1300.00	1600.00	2000.00	2400.00	-	-	2200.00	2600.00	1100.00	1400.00	1600.00	2000.00	1000.00	1100.00
Tissamaharama	1100.00	1200.00	-	-	-	-	-	-	1000.00	1200.00	-	-	-	-
Meegoda	1000.00	1200.00	2200.00	2600.00	-	-	-	-	1400.00	1500.00	-	-	1000.00	1100.00
Embilipitiya	1200.00	1600.00	2200.00	2400.00	2200.00	2400.00	2100.00	2300.00	1250.00	1550.00	2000.00	2200.00	1000.00	1200.00
Jaffna	1100.00	1200.00	2300.00	2500.00	-	-	-	-	-	-	-	-	-	-
Vavuniya	1200.00	1300.00	1600.00	1700.00	-	-	-	-	1200.00	1250.00	1250.00	1300.00	840.00	900.00
Mannar	1100.00	1200.00	2000.00	2200.00	-	-	1500.00	1800.00	1000.00	1200.00	900.00	1000.00	700.00	900.00
Killinochchi	1000.00	1200.00	2800.00	3000.00	-	-	2700.00	2900.00	1100.00	1300.00	1200.00	1300.00	1000.00	1200.00
Mullaittivu	1000.00	1300.00	2500.00	2800.00	-	-	2000.00	2500.00	1000.00	1500.00	1000.00	1200.00	1000.00	1300.00
Batticaloa	1100.00	1250.00	2400.00	2500.00	-	-	2100.00	2200.00	1300.00	1400.00	1200.00	1300.00	1100.00	1200.00
Trincomalee	1000.00	1300.00	1500.00	1600.00	1700.00	1800.00	1500.00	1600.00	750.00	850.00	950.00	1000.00	700.00	800.00
Veyangoda	1000.00	1200.00	2000.00	2400.00	2200.00	2200.00	2000.00	2200.00	1100.00	1200.00	1950.00	2200.00	800.00	1000.00
Galenbindunuwewa	1200.00	1300.00	2200.00	2400.00	-	-	2000.00	2200.00	1200.00	1400.00	2200.00	2400.00	800.00	1000.00
Bandarawela	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Matale	1100.00	1300.00	2400.00	2600.00	3700.00	3800.00	2000.00	2400.00	1100.00	1400.00	1600.00	1800.00	-	-

Table 13: Selected Markets: Retail Price of Meat (Rs/Kg)

Week 12: 17 - 23 March 2023

LOCATIONS	Meat	Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork
Colombo	2200.00 - 2400.00	1100.00 - 1240.00	1300.00 - 1500.00	2800.00 - 3200.00	1480.00 - 1800.00
Gampaha	-	1200.00 - 1300.00	-	3000.00 - 3000.00	1500.00 - 1500.00
Kurunegala	1800.00 - 2000.00	1200.00 - 1300.00	-	2600.00 - 2700.00	1500.00 - 1560.00
Nikaweratiya	1800.00 - 1800.00	1150.00 - 1150.00	-	-	-
Dambulla	-	1200.00 - 1250.00	-	-	1600.00 - 1700.00
Anuradhapura	1900.00 - 2000.00	1100.00 - 1250.00	-	3000.00 - 3100.00	1500.00 - 1650.00
Thambuththegama	1800.00 - 2000.00	1000.00 - 1120.00	-	-	1550.00 - 1600.00
Polonnaruwa	-	1250.00 - 1250.00	-	-	1600.00 - 1800.00
Kaluthara	-	1260.00 - 1280.00	1300.00 - 1400.00	-	-
Badulla	1800.00 - 2000.00	1250.00 - 1350.00	1500.00 - 1600.00	2600.00 - 2800.00	-
Keppetipola	2000.00 - 2100.00	1100.00 - 1160.00	1250.00 - 1260.00	2900.00 - 3000.00	-
Moneragala	1900.00 - 1900.00	1250.00 - 1350.00	-	2700.00 - 2700.00	1600.00 - 1650.00
Kegalle	1850.00 - 1900.00	1180.00 - 1260.00	-	2750.00 - 2800.00	1800.00 - 1850.00
Ampara	2000.00 - 2200.00	-	1020.00 - 1150.00	-	1750.00 - 2000.00
Dehiattakandiya	1850.00 - 1850.00	1020.00 - 1200.00	1200.00 - 1200.00	-	1450.00 - 1650.00
Nuwaraeliya	2000.00 - 2200.00	1100.00 - 1160.00	1240.00 - 1260.00	2900.00 - 3000.00	1900.00 - 2000.00
Kandy	1900.00 - 2000.00	1120.00 - 1130.00	1450.00 - 1480.00	2700.00 - 2800.00	1550.00 - 1600.00
Puttalam	2000.00 - 2000.00	1150.00 - 1300.00	1800.00 - 1800.00	2800.00 - 3000.00	-
Hambantota	-	1260.00 - 1280.00	-	-	-
Rathnapura	2000.00 - 2100.00	1160.00 - 1250.00	-	2900.00 - 3000.00	1560.00 - 1600.00
Matara	-	1250.00 - 1280.00	-	-	-
Galle	2000.00 - 2000.00	1150.00 - 1200.00	1500.00 - 1500.00	3000.00 - 3200.00	-
Tissamaharama	-	1100.00 - 1120.00	-	2800.00 - 2800.00	1700.00 - 1800.00
Meegoda	-	1150.00 - 1150.00	-	-	1400.00 - 1500.00
Embilipitiya	1800.00 - 1900.00	980.00 - 1100.00	1100.00 - 1200.00	2500.00 - 2600.00	1550.00 - 1750.00
Jaffna	1700.00 - 2000.00	1200.00 - 1350.00	1450.00 - 1600.00	3000.00 - 3250.00	-
Vavuniya	1850.00 - 1920.00	1480.00 - 1550.00	-	2800.00 - 2950.00	-
Mannar	-	1400.00 - 1450.00	1800.00 - 2000.00	-	-
Killinochchi	1800.00 - 1900.00	1400.00 - 1500.00	1700.00 - 1800.00	2800.00 - 2900.00	-
Mullaittivu	1700.00 - 1800.00	1500.00 - 1600.00	-	-	-
Batticaloa	1600.00 - 1700.00	1400.00 - 1500.00	1600.00 - 1700.00	-	-
Trincomalee	1750.00 - 1850.00	1040.00 - 1080.00	1400.00 - 1500.00	-	-
Veyangoda	2000.00 - 2000.00	1150.00 - 1150.00	1300.00 - 1300.00	2700.00 - 2800.00	1500.00 - 1500.00
Galenbindunuwewa	1800.00 - 1900.00	1150.00 - 1150.00	-	-	-
Bandarawela	-	-	-	-	-
Matale	1800.00 - 1900.00	1200.00 - 1250.00	1400.00 - 1450.00	2600.00 - 2600.00	1500.00 - 1600.00

Table 14: Colombo: Wholesale Prices (Rs/Kg or Rs/Pieces)

Week 12: 17 - 23 March 2023

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	96.00 - 100.00	97.80	95.80	75.80	2.09	29.02
Samba 1	215.00 - 220.00	216.25	218.33	184.38	-0.95	17.29	Small	85.00 - 88.00	86.40	84.80	70.00	1.89	23.43
Samba 2	205.00 - 215.00	211.10	213.30	179.00	-1.03	17.93							
Keeri Samba	240.00 - 245.00	243.50	246.00	230.50	-1.02	5.64	<u>Fruits (Rs/Fruit)</u>						
Nadu 1	185.00 - 190.00	186.80	187.00	176.25	-0.11	5.99	Plantain						
Nadu 2	180.00 - 185.00	184.00	183.50	167.50	0.27	9.85	Ambul (Rs/Kg)	140.00 - 200.00	166.15	173.08	52.00	-4.00	219.53
Raw (Red)	155.00 - 165.00	161.80	166.00	178.30	-2.53	-9.25	Kolikuttu (Rs/Kg)	350.00 - 425.00	397.92	375.38	175.00	6.00	127.38
Raw (White)	170.00 - 185.00	175.00	176.50	176.00	-0.85	-0.57	Seeni (Rs/Kg)	120.00 - 150.00	135.00	142.31	62.00	-5.14	117.74
Imported							Anamalu	27.00 - 32.00	29.00	29.33	12.40	-1.14	133.87
Samba	200.00 - 210.00	207.30	208.10	149.60	-0.38	38.57	Ambun	30.00 - 36.00	33.15	33.17	15.40	-0.04	115.28
Nadu	163.00 - 175.00	169.44	172.10	142.80	-1.54	18.66	Papaw(Rs/Kg)	180.00 - 280.00	232.50	254.17	156.67	-8.52	48.40
Raw (Red)	-	-	-	-	-	-	Passion Fruit	40.00 - 55.00	47.00	57.22	32.00	-17.86	46.88
Raw (White)	172.00 - 180.00	175.50	174.44	135.90	0.61	29.14	Pineapple Large	650.00 - 730.00	690.00	713.33	-	-3.27	-
<u>Dried Chillies</u>							Pineapple Medium	550.00 - 600.00	582.22	615.00	353.75	-5.33	64.59
Imported	950.00 - 1220.00	1119.00	1017.00	1083.00	10.03	3.32	Pineapple Small	450.00 - 500.00	481.11	505.00	272.50	-4.73	76.55
<u>Onion</u>							Mango						
Sinnan	240.00 - 280.00	260.00	230.00	190.00	13.04	36.84	Betti	40.00 - 55.00	47.00	59.29	21.00	-20.72	123.81
Vedalan	250.00 - 330.00	292.86	280.00	233.57	4.59	25.38	Karthakolomban	120.00 - 180.00	155.00	145.00	100.00	6.90	55.00
Imported	260.00 - 300.00	282.00	272.00	201.00	3.68	40.30	Vilad	70.00 - 80.00	76.67	-	-	-	-
<u>Big Onion</u>							Kohu	-	-	-	-	-	-
Imported	95.00 - 110.00	102.00	92.70	130.50	10.03	-21.84	<u>Other</u>						
Local	-	-	-	-	-	-	Wood Apple	46.00 - 55.00	49.58	52.25	23.00	-5.10	115.58
<u>Potato</u>							Orange	48.00 - 60.00	53.83	54.42	27.60	-1.07	95.05
Welimada	180.00 - 195.00	187.50	185.00	151.25	1.35	23.97	Avocado	90.00 - 150.00	124.17	107.86	95.00	15.12	30.70
N'Eliya	210.00 - 225.00	217.50	215.00	175.00	1.16	24.29	Slime Apple	22.00 - 27.00	23.67	26.64	22.33	-11.15	5.97
Imported	120.00 - 130.00	126.00	120.50	124.00	4.56	1.61	Grapes (Imp., Rs/Kg)	1200.00 - 1400.00	1285.71	1300.00	1354.17	-1.10	-5.05
<u>Pulses</u>							King Coconut	100.00 - 140.00	124.55	121.11	82.00	2.84	51.88
Green Gram	1400.00 - 1450.00	1424.00	1426.67	856.50	-0.19	66.26	<u>Sea Fish</u>						
Cowpea (White)	700.00 - 850.00	781.11	830.56	577.00	-5.95	35.37	Salaya						
Cowpea (Red)	700.00 - 900.00	806.67	835.56	508.00	-3.46	58.79	Hurulla	250.00 - 360.00	322.00	482.00	287.50	-33.20	12.00
Red Dhal	320.00 - 330.00	323.70	320.20	376.50	1.09	-14.02	Balaya	580.00 - 720.00	645.00	801.00	708.33	-19.48	-8.94
<u>Vegetable</u>							Kelawalla	640.00 - 750.00	688.00	756.00	665.00	-8.99	3.46
Beans (Butter)	-	-	-	-	-	-	Thora	860.00 - 1500.00	1154.00	1224.00	873.33	-5.72	32.14
Beans(Green)	120.00 - 200.00	154.44	256.67	183.00	-39.83	-15.60	Paraw	1560.00 - 2300.00	1886.00	1980.00	1693.75	-4.75	11.35
Carrot	80.00 - 100.00	87.00	90.00	187.00	-3.33	-53.48	Mora	750.00 - 1250.00	1014.00	1205.00	900.00	-15.85	12.67
Leeks	140.00 - 150.00	145.00	154.00	74.00	-5.84	95.95	Shrimps	950.00 - 1200.00	1064.44	1038.75	-	2.47	-
Beetroot	100.00 - 160.00	125.00	153.33	107.50	-18.48	16.28	Thalapath	1500.00 - 1650.00	1567.00	1506.00	1303.33	4.05	20.23
Knolkhol	90.00 - 120.00	102.00	119.00	87.00	-14.29	17.24	<u>Eggs</u>						
Raddish	40.00 - 60.00	48.00	52.73	54.00	-8.97	-11.11	Brown	46.00 - 46.00	46.00	46.00	31.25	0.00	47.20
Cabbage	40.00 - 70.00	50.00	52.00	67.00	-3.85	-25.37	White	44.00 - 44.00	44.00	44.00	29.25	0.00	50.43
Tomato	180.00 - 210.00	195.00	190.00	183.00	2.63	6.56	<u>Dried Fish</u>						
Ladies Fingers	120.00 - 140.00	130.00	179.00	50.00	-27.37	160.00	Sprats	1100.00 - 1320.00	1242.00	1049.00	1158.75	18.40	7.18
Brinjal	110.00 - 150.00	128.00	143.00	144.00	-10.49	-11.11	Sprats (Imported)	740.00 - 920.00	823.33	839.17	890.00	-1.89	-7.49
Capsicum	250.00 - 320.00	288.00	338.00	210.00	-14.79	37.14	Kattawa	-	-	-	1300.00	-	-
Pumpkin	40.00 - 60.00	49.00	54.44	70.00	-10.00	-30.00	Kattawa (Imported)	1450.00 - 1650.00	1556.00	1640.00	1286.00	-5.12	21.00
Cucumber	40.00 - 60.00	50.00	56.00	51.00	-10.71	-1.96	Thora	-	-	-	-	-	-
Bitter Gourd	250.00 - 280.00	264.00	275.00	181.00	-4.00	45.86	Thora (Imported)	-	-	-	-	-	-
Snake Gourd	120.00 - 140.00	125.00	130.00	138.00	-3.85	-9.42	Mora	1540.00 - 1650.00	1590.00	1696.00	1458.33	-6.25	9.03
Drumstick	-	-	-	-	-	-	Mora (Imported)	-	-	-	-	-	-
Luffa	150.00 - 190.00	170.00	201.00	131.00	-15.42	29.77	Balaya	840.00 - 980.00	913.00	850.00	870.00	7.41	4.94
Long Beans	100.00 - 130.00	114.00	127.00	106.00	-10.24	7.55	Balaya (Imported)	-	-	-	-	-	-
Ash Plantain	180.00 - 210.00	197.00	205.00	59.00	-3.90	233.90	Anguluwa	-	-	-	-	-	-
Green Chillies	280.00 - 330.00	301.00	325.00	264.00	-7.38	14.02	Anguluwa (Imported)	1600.00 - 1880.00	1735.56	1660.00	1266.67	4.55	37.02
Lime	130.00 - 200.00	159.00	125.00	101.00	27.20	57.43	Maduwa	1180.00 - 1300.00	1239.00	1240.00	900.00	-0.08	37.67
<u>Root Crops</u>							Maduwa (Imported)	-	-	-	-	-	-
Sweet Potato	70.00 - 120.00	93.00	90.00	101.00	3.33	-7.92	Koduwa	-	-	-	-	-	-
Manioc	140.00 - 160.00	150.00	151.00	35.00	-0.66	328.57	Koduwa (Imported)	-	-	-	-	-	-
<u>Leafy Vegetable</u>							Salaya	650.00 - 800.00	708.00	801.00	643.33	-11.61	10.05
Mukunuwenna	40.00 - 50.00	45.00	44.50	34.00	1.12	32.35	Salaya (Imported)	-	-	-	-	-	-
Kankun	40.00 - 50.00	45.00	44.50	34.00	1.12	32.35							
Gotukola (Rs/Kg)	220.00 - 230.00	223.00	224.00	145.00	-0.45	53.79							

This Week: Week 12: 17 - 23 March 2023
Last Week: Week 11: 10 - 16 March 2023

Table 15: Colombo &Suburbs: Retail Prices (Rs/Kg or Rs/Piece)

Week 12: 17 - 23 March 2023

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week	Last Year (%)			This Week	Last Week	Last Year	Last Week	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	110.00 - 130.00	118.70	117.11	90.15	1.60	31.68
Samba 1	225.00 - 230.00	229.85	236.13	187.56	-6.28	22.54	Small	90.00 - 100.00	97.61	96.50	77.58	1.11	25.82
Samba 2	220.00 - 220.00	220.00	225.81	172.50	-5.81	27.54							
Keeri Samba	260.00 - 270.00	261.91	265.47	246.74	-3.56	6.15	<u>Fruits (Rs/Fruit)</u>						
Nadu 1	210.00 - 220.00	219.41	219.29	179.29	0.13	22.38	Plantain						
Nadu 2	190.00 - 210.00	208.23	205.93	169.38	2.30	22.94	Ambul (Rs/Kg)	180.00 - 260.00	231.71	238.86	108.65	-7.14	113.27
Raw (Red)	175.00 - 200.00	192.74	190.16	184.88	2.58	4.26	Kolikuttu (Rs/Kg)	440.00 - 580.00	486.97	468.86	232.63	18.11	109.33
Raw (White)	185.00 - 200.00	194.67	194.83	182.89	-0.17	6.44	Seeni (Rs/Kg)	160.00 - 250.00	216.29	218.89	120.28	-2.60	79.82
Imported							Anamalu	28.00 - 35.00	31.03	31.11	17.97	-0.08	72.67
Samba	210.00 - 230.00	226.56	226.17	158.38	0.40	43.05	Ambun	32.00 - 44.00	38.44	39.17	22.59	-0.73	70.12
Nadu	190.00 - 200.00	198.13	195.34	156.72	2.78	26.42	Papaw(Rs/Kg)	300.00 - 450.00	369.00	369.29	248.06	-0.29	48.75
Raw (Red)	-	-	-	-	-	-	Passion Fruit	50.00 - 83.00	70.68	75.50	42.13	-4.82	67.79
Raw (White)	180.00 - 200.00	193.79	191.29	150.29	2.50	28.94	Pineapple Large	680.00 - 750.00	706.09	720.00	482.94	-13.91	46.21
<u>Dried Chillies</u>							Pineapple Medium	580.00 - 650.00	621.11	628.06	367.69	-6.95	68.92
Imported	1200.00 - 1600.00	1454.69	1427.27	1235.38	27.41	17.75	Pineapple Small	450.00 - 550.00	508.26	518.70	285.36	-10.43	78.11
<u>Onion</u>							Mango						
Sinnan	-	-	352.35	273.33	-	-	Betti	-	-	-	-	-	-
Vedalan	420.00 - 500.00	477.04	484.44	388.13	-7.41	22.91	Karthakolomban	170.00 - 280.00	211.67	287.06	125.45	-75.39	68.72
Imported	300.00 - 400.00	385.67	391.43	311.53	-5.76	23.80	Vilad	100.00 - 120.00	110.00	-	58.33	-	-
<u>Big Onion</u>							Kohu	-	-	-	-	-	-
Imported	120.00 - 140.00	127.88	123.33	177.16	4.55	-27.82	<u>Other</u>						
Local							Wood Apple	70.00 - 120.00	96.00	111.72	51.43	-15.72	86.67
<u>Potato</u>							Orange	70.00 - 120.00	98.00	97.73	58.00	0.27	68.97
Welimada	260.00 - 320.00	282.50	290.77	196.77	-8.27	43.57	Avocado	100.00 - 200.00	135.00	157.31	119.17	-22.31	13.29
N'Eliya	320.00 - 400.00	356.13	367.20	278.92	-11.07	27.68	Slime Apple	40.00 - 120.00	76.79	77.33	62.67	-0.55	22.53
Imported	140.00 - 200.00	165.00	157.00	161.56	8.00	2.13	Grapes (Imp., Rs/Kg)	2000.00 - 3000.00	2491.67	2513.33	1610.00	-21.67	54.76
<u>Pulses</u>							King Coconut	150.00 - 170.00	154.44	148.50	96.50	5.94	60.05
Green Gram	1450.00 - 1600.00	1532.22	1540.00	819.66	-7.78	86.93	<u>Sea Fish</u>						
Cowpea (White)	850.00 - 1200.00	1144.00	1259.52	731.33	-115.52	56.43	Salaya	400.00 - 700.00	523.33	642.20	359.20	-118.87	45.69
Cowpea (Red)	850.00 - 1300.00	1146.30	1195.83	645.16	-49.54	77.68	Hurulla	700.00 - 1100.00	886.67	1071.82	790.91	-185.15	12.11
Red Dhal	330.00 - 370.00	359.12	357.00	407.25	2.12	-11.82	Balaya	1000.00 - 1400.00	1253.33	1269.23	1170.00	-15.90	7.12
<u>Vegetable</u>							Kelawalla	1400.00 - 2800.00	1832.17	2004.76	1564.00	-172.59	17.15
Beans (Butter)	-	-	-	-	-	-	Thora	2400.00 - 3500.00	2837.65	2824.00	2131.00	13.65	33.16
Beans(Green)	200.00 - 320.00	288.89	338.85	280.29	-49.96	3.07	Paraw	1500.00 - 2400.00	1918.95	2071.82	1605.22	-152.87	19.54
Carrot	120.00 - 240.00	197.69	214.44	250.32	-16.75	-21.02	Mora	1600.00 - 1600.00	1600.00	1595.00	1277.14	5.00	25.28
Leeks	180.00 - 320.00	248.89	266.30	164.67	-17.41	51.15	Shrimps	1600.00 - 2000.00	1725.33	1768.70	1376.47	-43.36	25.34
Beetroot	180.00 - 320.00	250.00	260.74	183.23	-10.74	36.44	Thalapath	1800.00 - 2800.00	2238.40	2338.40	1921.82	-100.00	16.47
Knolkhol	160.00 - 320.00	232.59	249.62	211.61	-17.02	9.91	<u>Eggs</u>						
Raddish	100.00 - 240.00	157.78	170.77	144.52	-12.99	9.18	Brown	57.00 - 57.00	57.00	-	31.47	-	81.12
Cabbage	100.00 - 200.00	142.59	151.11	169.35	-8.52	-15.80	White	44.00 - 55.00	53.00	49.14	30.13	3.86	75.88
Tomato	240.00 - 360.00	309.63	300.77	283.55	8.86	9.20	<u>Dried Fish</u>						
Ladies Fingers	200.00 - 320.00	251.54	288.00	156.13	-36.46	61.11	Sprats	1200.00 - 2000.00	1725.00	1694.74	1433.33	30.26	20.35
Brijjal	180.00 - 320.00	257.04	263.20	223.87	-6.16	14.81	Sprats (Imported)	950.00 - 1500.00	1250.74	1258.70	1072.86	-7.95	16.58
Capsicum	300.00 - 600.00	450.40	516.07	328.62	-65.67	37.06	Kattawa	2000.00 - 2800.00	2447.62	2461.90	1716.67	-14.29	42.58
Pumpkin	90.00 - 200.00	141.48	157.78	161.94	-16.30	-12.63	Thora	-	-	-	-	-	-
Cucumber	100.00 - 200.00	152.00	158.00	125.81	-6.00	20.82	Mora	1800.00 - 2700.00	2345.83	2365.00	1700.00	-19.17	37.99
Bitter Gourd	280.00 - 560.00	405.38	417.31	301.61	-11.92	34.41	Balaya	1100.00 - 1700.00	1413.04	1400.00	1168.00	13.04	20.98
Snake Gourd	200.00 - 320.00	263.08	266.15	234.33	-3.08	12.27	Anguluwa	2000.00 - 2400.00	2200.00	2357.14	1706.25	-157.14	28.94
Drumstick	-	-	-	-	-	-	Maduwa	-	-	-	1350.00	-	-
Luffa	200.00 - 400.00	307.69	328.08	249.68	-20.38	23.24	Koduwa	-	-	-	-	-	-
Long Beans	160.00 - 320.00	246.67	248.40	211.29	-1.73	16.74	Salaya	800.00 - 1300.00	1105.56	1170.59	865.83	-65.03	27.69
Ash Plantain	240.00 - 320.00	286.15	287.92	142.26	-1.76	101.15	<u>Meat</u>						
Green Chillies	350.00 - 600.00	480.80	491.20	522.26	-10.40	-7.94	Beef (without Bones)	2200.00 - 2400.00	2275.00	2350.00	1571.43	-75.00	44.77
Lime	200.00 - 400.00	323.85	321.85	279.68	1.99	15.79	Chicken (Broiler)	1100.00 - 1240.00	1178.00	1185.56	929.00	-7.56	26.80
<u>Root Crops</u>							Chicken (Curry)	1300.00 - 1500.00	1407.14	1375.71	852.22	31.43	65.11
Sweet Potato	160.00 - 240.00	211.30	206.00	183.93	5.30	14.88	Mutton	2800.00 - 3200.00	2985.71	3000.00	2211.11	-14.29	35.03
Manioc	180.00 - 240.00	221.54	222.31	97.59	-0.77	127.02	Pork	1480.00 - 1800.00	1626.67	1593.33	941.67	33.33	72.74
<u>Leafy Vegetable</u>													
Mukunuwenna	60.00 - 80.00	77.78	76.11	67.14	1.67	15.84							
Kankun	60.00 - 80.00	77.78	76.11	67.14	1.67	15.84							
Gotukola	80.00 - 150.00	120.00	116.67	71.43	3.33	68.00							

This Week: Week 12: 17 - 23 March 2023
Last Week: Week 11: 10 - 16 March 2023

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/Kg)

Week 12: 17 - 23 March 2023

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
<u>Paddy</u>			<u>Vegetable (Up Country)</u>			Snake Gourd		
Short Grain			Beans			Dambulla	95.00 - 115.00	104.00
A'pura	95.00 - 105.00	99.00	Dambulla	135.00 - 145.00	140.00	Hambantota	150.00 - 170.00	160.00
P'naruwa	93.00 - 94.00	93.50	Welimada	80.00 - 90.00	86.00	Embilipitiya	120.00 - 135.00	128.00
Kalawewa	90.00 - 100.00	95.00	Badulla	90.00 - 120.00	104.00	Matara	-	
Kurunegala	90.00 - 106.00	97.75	Carrot			A'pura	110.00 - 120.00	114.00
Dehiattakandiya	102.00 - 105.00	103.67	N'Eliya	50.00 - 60.00	55.20	Luffa		
Nikaweratiya	90.00 - 105.00	99.75	Welimada	40.00 - 45.00	42.00	Dambulla	105.00 - 120.00	113.00
Ampara	100.00 - 110.00	103.33	Hanguranketha	50.00 - 70.00	58.00	Hambantota	150.00 - 170.00	160.00
Long Grain (White)			Leeks			Embilipitiya	120.00 - 130.00	125.00
A'pura	88.00 - 100.00	92.80	N'Eliya	130.00 - 140.00	134.80	Matara	-	
P'naruwa	80.00 - 82.00	81.00	Welimada	115.00 - 125.00	120.00	A'pura	120.00 - 130.00	124.00
Kalawewa	80.00 - 100.00	85.71	Beetroot			Green Chillies		
Kurunegala	80.00 - 100.00	90.50	N'Eliya	95.00 - 100.00	96.80	Dambulla	240.00 - 270.00	256.00
Dehiattakandiya	90.00 - 93.00	91.67	Dambulla	100.00 - 120.00	111.00	Hambantota	-	
Embilipitiya	-		Kurunegala	-		Embilipitiya	300.00 - 340.00	323.33
Nikaweratiya	84.00 - 100.00	93.13	Welimada	80.00 - 90.00	86.00	Puttalam	240.00 - 260.00	248.00
Hambantota	-		Hanguranketha	90.00 - 110.00	101.60	A'pura	300.00 - 320.00	308.00
Ampara	95.00 - 95.00	95.00	Knol Khol			Pumpkin		
Long Grain (Red)			N'Eliya	48.00 - 56.00	53.00	Dambulla	28.00 - 37.00	32.60
Matara	80.00 - 85.00	82.50	Welimada	45.00 - 50.00	47.60	Hambantota	40.00 - 50.00	42.50
Hambantota	75.00 - 80.00	77.60	Hanguranketha	60.00 - 70.00	66.60	Embilipitiya	65.00 - 75.00	70.00
Embilipitiya	88.00 - 90.00	89.20	Raddish			Matara	40.00 - 55.00	47.50
Keeri Samba			N'Eliya	30.00 - 38.00	34.20	A'pura	35.00 - 40.00	37.00
A'pura	115.00 - 120.00	117.00	Welimada	20.00 - 24.00	21.60	Moneragala	-	
P'naruwa	124.00 - 125.00	124.40	Hambantota	40.00 - 50.00	45.00	Cucumber		
Kalawewa	110.00 - 120.00	113.75	Hanguranketha	22.00 - 30.00	26.00	A'pura	30.00 - 35.00	32.00
Kurunegala	115.00 - 118.00	116.50	Cabbage			Dambulla	26.00 - 36.00	30.40
Dehiattakandiya	118.00 - 122.00	120.00	N'Eliya	32.00 - 38.00	35.00	Hambantota	40.00 - 50.00	42.50
Red Onion			Welimada	25.00 - 30.00	26.80	Matara	30.00 - 40.00	33.75
Puttalam	140.00 - 170.00	158.00	Badulla	20.00 - 30.00	25.00	Long Beans		
Jaffna	130.00 - 180.00	153.33	Hanguranketha	20.00 - 40.00	30.60	Dambulla	62.00 - 82.00	71.80
Big Onion			Tomato			Hambantota	80.00 - 100.00	88.00
Dambulla	-		Welimada	120.00 - 130.00	126.00	Embilipitiya	100.00 - 130.00	118.33
Kalawewa	-		Hambantota	-		Matara	90.00 - 120.00	105.00
A'pura	-		Dambulla	115.00 - 125.00	119.00	A'pura	90.00 - 110.00	98.00
Potato			Hanguranketha	95.00 - 115.00	104.00	Ash Plantain		
N'Eliya	185.00 - 195.00	187.80	<u>Vegetable (Low Country)</u>			Hambantota	100.00 - 120.00	110.00
Badulla	160.00 - 170.00	164.00	Ladies Fingers			Embilipitiya	120.00 - 130.00	123.00
Welimada	165.00 - 175.00	169.60	A'pura	120.00 - 130.00	124.00	Matara	130.00 - 140.00	133.75
<u>Pulses</u>			Dambulla	100.00 - 120.00	112.00	Lime		
Green Gram			Hambantota	130.00 - 160.00	144.00	Hambantota	-	
Hambantota	-		Embilipitiya	100.00 - 120.00	112.00	Embilipitiya	80.00 - 100.00	88.00
Moneragala	1200.00 - 1300.00	1240.00	Matara	140.00 - 155.00	147.50	Moneragala	100.00 - 120.00	108.00
Embilipitiya	1380.00 - 1400.00	1390.00	Brinjal			<u>Fruits (Rs/Kg)</u>		
Nikaweratiya	1100.00 - 1100.00	1100.00	A'pura	110.00 - 120.00	114.00	Banana		
A'pura	1200.00 - 1300.00	1240.00	Dambulla	76.00 - 105.00	92.40	Ambul		
Cowpea			Hambantota	-		Moneragala	70.00 - 80.00	74.00
Hambantota	-		Embilipitiya	100.00 - 110.00	105.00	Embilipitiya	100.00 - 130.00	116.00
Nikaweratiya	600.00 - 650.00	625.00	Matara	130.00 - 145.00	136.25	Hambantota	130.00 - 150.00	136.00
Moneragala	600.00 - 700.00	640.00	Welimada	100.00 - 110.00	106.00	Kolikuttu		
Embilipitiya	650.00 - 670.00	660.00	Capsicum			Moneragala	250.00 - 280.00	262.00
Maize			Badulla	-		Embilipitiya	260.00 - 300.00	282.00
A'pura	140.00 - 145.00	142.00	Welimada	260.00 - 270.00	265.00	Hambantota	-	
Kalawewa	140.00 - 150.00	146.67	Bitter Gourd			Papaw		
Gingelly			A'pura	230.00 - 250.00	238.00	Moneragala	120.00 - 140.00	128.00
A'pura	600.00 - 700.00	640.00	Dambulla	152.50 - 167.50	160.50	Embilipitiya	170.00 - 180.00	176.25
Kalawewa	600.00 - 700.00	650.00	Hambantota	-		Hambantota	150.00 - 160.00	155.00
Black Gram			Embilipitiya	300.00 - 320.00	310.00	Pineapple		
A'pura	500.00 - 600.00	540.00	Matara	250.00 - 280.00	265.00	Divulapitiya	-	
Kalawewa	480.00 - 550.00	510.00						

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/Kg)

Week 12: 17 - 23 March 2023

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<i>Rice</i>									
Local									
Samba 1	230.00 - 230.00	230.00 - 230.00	230.00 - 230.00	230.00 - 230.00	230.00 - 230.00	230.00 - 230.00	225.00 - 230.00	230.00 - 230.00	230.00 - 230.00
Samba 2	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00
Keeri Samba	260.00 - 260.00	260.00 - 270.00	260.00 - 260.00	260.00 - 270.00	260.00 - 270.00	260.00 - 260.00	260.00 - 270.00	260.00 - 260.00	260.00 - 260.00
Nadu 1	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	210.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00
Nadu 2	210.00 - 210.00	210.00 - 210.00	210.00 - 210.00	200.00 - 205.00	210.00 - 210.00	210.00 - 210.00	210.00 - 210.00	190.00 - 210.00	210.00 - 210.00
Raw (Red)	175.00 - 190.00	200.00 - 200.00	175.00 - 200.00	180.00 - 200.00	200.00 - 200.00	200.00 - 200.00	190.00 - 200.00	190.00 - 200.00	200.00 - 200.00
Raw (White)	190.00 - 190.00	190.00 - 190.00	185.00 - 200.00	185.00 - 200.00	200.00 - 200.00	200.00 - 200.00	190.00 - 200.00	190.00 - 190.00	200.00 - 200.00
Imported									
Samba	210.00 - 220.00	230.00 - 230.00	220.00 - 220.00	230.00 - 230.00	230.00 - 230.00	230.00 - 230.00	220.00 - 230.00	230.00 - 230.00	230.00 - 230.00
Nadu	190.00 - 200.00	200.00 - 200.00	190.00 - 200.00	200.00 - 200.00	200.00 - 200.00	200.00 - 200.00	200.00 - 200.00	200.00 - 200.00	200.00 - 200.00
Raw (Red)	-	-	-	-	-	-	-	-	-
Raw (White)	180.00 - 180.00	190.00 - 195.00	190.00 - 190.00	190.00 - 200.00	190.00 - 200.00	200.00 - 200.00	200.00 - 200.00	190.00 - 190.00	200.00 - 200.00
<i>Dried Chillies</i>									
Imported	1200.00 - 1250.00	1600.00 - 1600.00	1400.00 - 1600.00	1400.00 - 1600.00	1600.00 - 1600.00	1500.00 - 1500.00	1400.00 - 1600.00	1300.00 - 1400.00	1600.00 - 1600.00
<i>Red Onion</i>									
Sinnan	-	-	-	-	-	-	-	-	-
Vedalan	420.00 - 480.00	480.00 - 480.00	-	480.00 - 480.00	500.00 - 500.00	480.00 - 480.00	460.00 - 460.00	460.00 - 480.00	460.00 - 480.00
Imported	300.00 - 300.00	400.00 - 400.00	360.00 - 400.00	300.00 - 400.00	400.00 - 400.00	400.00 - 400.00	350.00 - 400.00	400.00 - 400.00	400.00 - 400.00
<i>Big Onion</i>									
Imported	120.00 - 120.00	140.00 - 140.00	130.00 - 140.00	120.00 - 140.00	140.00 - 140.00	130.00 - 130.00	120.00 - 130.00	120.00 - 120.00	120.00 - 120.00
Local	-	-	-	-	-	-	-	-	-
<i>Potato</i>									
Welimada	260.00 - 260.00	280.00 - 280.00	300.00 - 320.00	280.00 - 300.00	260.00 - 280.00	280.00 - 280.00	260.00 - 300.00	280.00 - 280.00	280.00 - 280.00
N'Eliya	320.00 - 360.00	400.00 - 400.00	380.00 - 380.00	320.00 - 360.00	360.00 - 380.00	320.00 - 320.00	360.00 - 360.00	320.00 - 320.00	360.00 - 360.00
Imported	140.00 - 160.00	200.00 - 200.00	160.00 - 160.00	160.00 - 160.00	160.00 - 160.00	160.00 - 160.00	150.00 - 160.00	140.00 - 160.00	200.00 - 200.00
<i>Pulses</i>									
Green Gram	1450.00 - 1550.00	1600.00 - 1600.00	1550.00 - 1600.00	1600.00 - 1600.00	1600.00 - 1600.00	1600.00 - 1600.00	1450.00 - 1520.00	1600.00 - 1600.00	1450.00 - 1500.00
Cowpea (White)	850.00 - 1200.00	1000.00 - 1200.00	1000.00 - 1000.00	1000.00 - 1200.00	1200.00 - 1200.00	1200.00 - 1200.00	1200.00 - 1200.00	1200.00 - 1200.00	1200.00 - 1200.00
Cowpea (Red)	850.00 - 1200.00	1200.00 - 1200.00	850.00 - 1000.00	1000.00 - 1200.00	1200.00 - 1200.00	1200.00 - 1200.00	900.00 - 1200.00	1300.00 - 1300.00	1200.00 - 1300.00
Red Dhal	330.00 - 360.00	360.00 - 370.00	360.00 - 370.00	360.00 - 370.00	360.00 - 370.00	360.00 - 370.00	340.00 - 360.00	360.00 - 360.00	360.00 - 360.00

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/Kg) and Coconut (Rs/Nut)

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<i>Vegetable</i>									
Beans	200.00 - 240.00	280.00 - 320.00	320.00 - 320.00	320.00 - 320.00	260.00 - 280.00	320.00 - 320.00	240.00 - 280.00	300.00 - 320.00	320.00 - 320.00
Carrot	120.00 - 150.00	240.00 - 240.00	240.00 - 240.00	200.00 - 240.00	160.00 - 180.00	200.00 - 240.00	140.00 - 180.00	200.00 - 240.00	240.00 - 240.00
Leeks	180.00 - 200.00	280.00 - 320.00	240.00 - 320.00	240.00 - 280.00	220.00 - 240.00	320.00 - 320.00	200.00 - 240.00	240.00 - 320.00	180.00 - 200.00
Beetroot	180.00 - 200.00	280.00 - 320.00	280.00 - 320.00	320.00 - 320.00	240.00 - 240.00	300.00 - 320.00	180.00 - 200.00	200.00 - 240.00	180.00 - 180.00
Knolkhol	160.00 - 180.00	240.00 - 320.00	280.00 - 320.00	240.00 - 280.00	220.00 - 240.00	280.00 - 320.00	180.00 - 240.00	200.00 - 200.00	200.00 - 200.00
Raddish	100.00 - 120.00	200.00 - 240.00	200.00 - 240.00	200.00 - 240.00	140.00 - 160.00	160.00 - 160.00	100.00 - 120.00	120.00 - 120.00	120.00 - 120.00
Cabbage	100.00 - 120.00	200.00 - 200.00	160.00 - 200.00	180.00 - 200.00	140.00 - 150.00	160.00 - 160.00	100.00 - 100.00	140.00 - 160.00	120.00 - 120.00
Tomato	240.00 - 280.00	360.00 - 360.00	320.00 - 360.00	320.00 - 360.00	280.00 - 320.00	300.00 - 320.00	240.00 - 240.00	240.00 - 320.00	320.00 - 360.00
Ladies Fingers	200.00 - 220.00	280.00 - 320.00	280.00 - 320.00	240.00 - 280.00	220.00 - 240.00	240.00 - 280.00	200.00 - 220.00	320.00 - 320.00	240.00 - 240.00
Brinjal	200.00 - 200.00	320.00 - 320.00	280.00 - 320.00	240.00 - 240.00	240.00 - 280.00	320.00 - 320.00	180.00 - 200.00	300.00 - 320.00	240.00 - 240.00
Capsicum	300.00 - 350.00	600.00 - 600.00	600.00 - 600.00	500.00 - 600.00	400.00 - 440.00	520.00 - 600.00	300.00 - 350.00	400.00 - 600.00	400.00 - 400.00
Pumpkin	100.00 - 120.00	160.00 - 200.00	160.00 - 200.00	160.00 - 200.00	140.00 - 160.00	200.00 - 200.00	90.00 - 100.00	120.00 - 120.00	120.00 - 120.00
Cucumber	100.00 - 100.00	200.00 - 200.00	160.00 - 200.00	120.00 - 180.00	140.00 - 160.00	200.00 - 200.00	120.00 - 120.00	200.00 - 200.00	140.00 - 160.00
Bitter Gourd	280.00 - 350.00	440.00 - 480.00	400.00 - 480.00	560.00 - 560.00	360.00 - 420.00	360.00 - 400.00	350.00 - 400.00	400.00 - 520.00	360.00 - 400.00
Snake Gourd	200.00 - 240.00	280.00 - 320.00	280.00 - 320.00	320.00 - 320.00	240.00 - 280.00	320.00 - 320.00	200.00 - 240.00	280.00 - 320.00	240.00 - 240.00
Drumstick	-	-	-	-	-	-	-	-	-
Luffa	200.00 - 240.00	320.00 - 360.00	360.00 - 400.00	360.00 - 400.00	320.00 - 360.00	300.00 - 320.00	200.00 - 240.00	240.00 - 360.00	320.00 - 360.00
Long Beans	160.00 - 220.00	280.00 - 320.00	280.00 - 320.00	320.00 - 320.00	240.00 - 240.00	240.00 - 280.00	160.00 - 200.00	240.00 - 240.00	200.00 - 200.00
Ash Plantain	240.00 - 240.00	280.00 - 320.00	320.00 - 320.00	300.00 - 320.00	280.00 - 300.00	320.00 - 320.00	240.00 - 260.00	300.00 - 320.00	320.00 - 320.00
Green Chillies	350.00 - 400.00	600.00 - 600.00	600.00 - 600.00	500.00 - 600.00	480.00 - 500.00	500.00 - 600.00	400.00 - 420.00	450.00 - 500.00	500.00 - 600.00
Lime	200.00 - 220.00	400.00 - 400.00	400.00 - 400.00	400.00 - 400.00	200.00 - 280.00	380.00 - 400.00	200.00 - 240.00	300.00 - 320.00	400.00 - 400.00
<i>Root Crops</i>									
Sweet Potato	200.00 - 240.00	200.00 - 240.00	240.00 - 240.00	200.00 - 240.00	200.00 - 240.00	240.00 - 240.00	160.00 - 180.00	200.00 - 200.00	200.00 - 200.00
Manioc	200.00 - 200.00	240.00 - 240.00	240.00 - 240.00	240.00 - 240.00	240.00 - 240.00	220.00 - 240.00	180.00 - 220.00	200.00 - 220.00	220.00 - 220.00
<i>Leafy Vegetable</i>									
Mukunuwenna	60.00 - 60.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00
Kankun	60.00 - 60.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00
Gotukola	80.00 - 80.00	100.00 - 100.00	150.00 - 150.00	150.00 - 150.00	150.00 - 150.00	100.00 - 100.00	100.00 - 100.00	150.00 - 150.00	100.00 - 100.00
<i>Coconut</i>									
Large	120.00 - 120.00	120.00 - 120.00	110.00 - 120.00	110.00 - 125.00	110.00 - 120.00	110.00 - 120.00	110.00 - 125.00	110.00 - 130.00	120.00 - 130.00
Small	100.00 - 100.00	100.00 - 100.00	90.00 - 100.00	90.00 - 100.00	100.00 - 100.00	90.00 - 100.00	100.00 - 100.00	90.00 - 100.00	100.00 - 100.00

Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/Fruit)

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CROP	PELIYAGODA		MAHARAGAMA		KIRULAPONE		NUGEGODA		NARAHENPITA		DEMATAGODA		THOTALANGA		KADAWATHA		KIRIBATHGODA	
<i>Plantain</i>																		
Ambul (Rs/Kg)	180.00	- 200.00	250.00	- 260.00	250.00	- 260.00	220.00	- 260.00	220.00	- 250.00	240.00	- 260.00	250.00	- 260.00	180.00	- 200.00	200.00	- 230.00
Kolikuttu (Rs/Kg)	440.00	- 450.00	490.00	- 530.00	480.00	- 580.00	440.00	- 480.00	480.00	- 500.00	550.00	- 560.00	450.00	- 500.00	460.00	- 480.00	480.00	- 500.00
Seeni (Rs/Kg)	160.00	- 200.00	230.00	- 250.00	230.00	- 240.00	220.00	- 240.00	200.00	- 220.00	220.00	- 250.00	200.00	- 240.00	200.00	- 220.00	200.00	- 230.00
Anamalu	28.00	- 30.00	30.00	- 32.00	32.00	- 35.00	30.00	- 32.00	28.00	- 30.00	28.00	- 30.00	32.00	- 35.00	28.00	- 28.00	30.00	- 32.00
Ambun	33.00	- 35.00	38.00	- 40.00	40.00	- 44.00	33.00	- 40.00	35.00	- 38.00	35.00	- 38.00	40.00	- 44.00	32.00	- 35.00	38.00	- 40.00
<i>Pineapple</i>																		
Large	680.00	- 750.00	700.00	- 750.00	700.00	- 750.00	680.00	- 700.00	680.00	- 700.00	700.00	- 750.00	700.00	- 700.00	680.00	- 700.00	700.00	- 700.00
Medium	600.00	- 650.00	600.00	- 650.00	600.00	- 650.00	650.00	- 650.00	600.00	- 600.00	600.00	- 650.00	600.00	- 650.00	600.00	- 600.00	580.00	- 650.00
Small	500.00	- 550.00	540.00	- 550.00	-	-	500.00	- 550.00	550.00	- 550.00	450.00	- 550.00	450.00	- 550.00	450.00	- 550.00	500.00	- 550.00
<i>Mango</i>																		
Betti	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Karthakolomban	170.00	- 180.00	-	-	200.00	- 200.00	200.00	- 220.00	250.00	- 280.00	-	-	180.00	- 200.00	-	-	180.00	- 200.00
Vilad	-	-	-	-	100.00	- 120.00	-	-	-	-	-	-	-	-	-	-	-	-
Kohu	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
<i>Other Fruits</i>																		
Wood Apple	70.00	- 80.00	100.00	- 120.00	80.00	- 120.00	100.00	- 120.00	100.00	- 120.00	80.00	- 90.00	70.00	- 90.00	90.00	- 120.00	70.00	- 100.00
Orange	70.00	- 100.00	100.00	- 120.00	100.00	- 120.00	100.00	- 120.00	100.00	- 100.00	80.00	- 100.00	-	-	100.00	- 120.00	100.00	- 120.00
Avocado	100.00	- 150.00	150.00	- 200.00	100.00	- 150.00	120.00	- 150.00	150.00	- 200.00	100.00	- 120.00	120.00	- 150.00	100.00	- 150.00	100.00	- 150.00
Slime Apple	60.00	- 70.00	80.00	- 100.00	100.00	- 120.00	100.00	- 120.00	60.00	- 100.00	60.00	- 70.00	40.00	- 50.00	80.00	- 100.00	70.00	- 100.00
Grapes (Rs/Kg)	2000.00	- 2000.00	2600.00	- 3000.00	2400.00	- 3000.00	3000.00	- 3000.00	-	-	2500.00	- 2500.00	2000.00	- 2000.00	2000.00	- 2200.00	2200.00	- 2200.00
Papaw (Rs/Kg)	350.00	- 360.00	360.00	- 400.00	400.00	- 450.00	350.00	- 380.00	380.00	- 400.00	300.00	- 350.00	420.00	- 450.00	300.00	- 400.00	380.00	- 400.00
Passion	50.00	- 66.00	67.00	- 75.00	75.00	- 83.00	67.00	- 75.00	71.00	- 75.00	54.00	- 54.00	54.00	- 58.00	79.00	- 83.00	75.00	- 83.00
King Coconut	150.00	- 150.00	160.00	- 170.00	150.00	- 150.00	160.00	- 160.00	150.00	- 160.00	150.00	- 160.00	150.00	- 160.00	150.00	- 150.00	150.00	- 150.00

Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/Kg)

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<i>Sea Fish</i>									
Salaya	560.00 - 620.00	520.00 - 520.00	600.00 - 700.00	700.00 - 700.00	440.00 - 440.00	480.00 - 520.00	400.00 - 500.00	400.00 - 440.00	400.00 - 500.00
Hurulla	860.00 - 900.00	800.00 - 800.00	800.00 - 900.00	1100.00 - 1100.00	960.00 - 960.00	700.00 - 800.00	700.00 - 700.00	800.00 - 800.00	900.00 - 960.00
Balaya	1200.00 - 1300.00	1320.00 - 1360.00	-	-	-	1200.00 - 1400.00	1000.00 - 1200.00	1400.00 - 1400.00	-
Kelawalla	1500.00 - 1600.00	1800.00 - 1800.00	1760.00 - 1800.00	2800.00 - 2800.00	2300.00 - 2300.00	1400.00 - 1700.00	1600.00 - 1620.00	1800.00 - 2000.00	1800.00 - 1800.00
Thora	2600.00 - 3000.00	2700.00 - 2720.00	3500.00 - 3500.00	3200.00 - 3200.00	3400.00 - 3400.00	2400.00 - 2600.00	-	2800.00 - 2800.00	3100.00 - 3200.00
Paraw	1500.00 - 1600.00	1800.00 - 1800.00	2200.00 - 2400.00	2400.00 - 2400.00	2200.00 - 2200.00	1600.00 - 1800.00	-	1800.00 - 2000.00	2000.00 - 2100.00
Mora	-	-	-	-	-	-	1600.00 - 1600.00	-	-
Shrimps Small	1680.00 - 1800.00	1640.00 - 1640.00	1900.00 - 2000.00	1700.00 - 1700.00	1600.00 - 1760.00	1600.00 - 1600.00	1600.00 - 1600.00	1600.00 - 1600.00	1600.00 - 1600.00
Talapath	1800.00 - 2100.00	2000.00 - 2000.00	2300.00 - 2400.00	2800.00 - 2800.00	2500.00 - 2500.00	2200.00 - 2400.00	2000.00 - 2200.00	2400.00 - 2400.00	2300.00 - 2400.00
<i>Eggs (Rs/Egg)</i>									
Brown	57.00 - 57.00	-	-	-	-	-	-	-	-
White	44.00 - 55.00	-	55.00 - 55.00	-	55.00 - 55.00	54.00 - 54.00	55.00 - 55.00	-	-
<i>Dried Fish</i>									
Sprats	1200.00 - 1400.00	-	1800.00 - 1800.00	1600.00 - 2000.00	1800.00 - 2000.00	-	1800.00 - 2000.00	1600.00 - 1700.00	1800.00 - 2000.00
Kattawa	2000.00 - 2300.00	2600.00 - 2600.00	2300.00 - 2400.00	2400.00 - 2800.00	2600.00 - 2700.00	-	2400.00 - 2500.00	2200.00 - 2400.00	2700.00 - 2800.00
Thora	-	-	-	-	-	-	-	-	-
Mora	1800.00 - 2000.00	2400.00 - 2400.00	2400.00 - 2400.00	2000.00 - 2600.00	2500.00 - 2700.00	-	2400.00 - 2500.00	2300.00 - 2500.00	2500.00 - 2600.00
Balaya	1100.00 - 1400.00	1600.00 - 1600.00	1400.00 - 1500.00	1200.00 - 1600.00	1500.00 - 1600.00	-	1300.00 - 1400.00	1200.00 - 1300.00	1600.00 - 1700.00
Anguluwa	2000.00 - 2200.00	-	2300.00 - 2300.00	2000.00 - 2000.00	-	-	-	-	2300.00 - 2400.00
Salaya	1000.00 - 1200.00	-	1200.00 - 1200.00	800.00 - 1200.00	1200.00 - 1300.00	-	1200.00 - 1300.00	1000.00 - 1200.00	-
<i>Meat</i>									
Beef (without Bones)	-	2200.00 - 2200.00	2400.00 - 2400.00	-	2300.00 - 2300.00	-	2200.00 - 2200.00	-	-
Chicken (Broiler)	-	1200.00 - 1200.00	1240.00 - 1240.00	1240.00 - 1240.00	1100.00 - 1100.00	1100.00 - 1100.00	1150.00 - 1150.00	1180.00 - 1230.00	1240.00 - 1240.00
Chicken (Curry)	-	-	1500.00 - 1500.00	1500.00 - 1500.00	1300.00 - 1300.00	1300.00 - 1300.00	1350.00 - 1350.00	1500.00 - 1500.00	1400.00 - 1400.00
Mutton	-	2800.00 - 2800.00	3000.00 - 3000.00	-	3200.00 - 3200.00	2800.00 - 2800.00	2800.00 - 2800.00	3100.00 - 3100.00	3200.00 - 3200.00
Pork	-	1800.00 - 1800.00	-	-	-	-	-	1600.00 - 1600.00	1480.00 - 1480.00

Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (µ g/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (µg/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc (mg/100g)
Rice												
Rice - (white Kekulu - normal)	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - (Red Kekulu - normal)	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
Dried chilies	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65
Onion												
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
Potatoes	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
Pulses												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
Vegetables												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29
Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16

Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12
Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44
Coconuts nuts	390	3.67	39.92	-	0.05	0.11	14.86	-				

Root Crop												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
Leafy Vegetables												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42
Meat												
Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
Fish												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74

Shark	95	21.6	0.83	1.11	0.04	0.11	8.57	8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77	8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22	7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39	13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7	36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66	103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38	37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13	31.27	37.46	1.46	0.67
Salaya / Sudaya	100	19.5	2.39	15.41	0.18	1.39	60.87	435	42.83	1.4	2.3
Theppli / Telapiya /Korali	83	18.48	1.08	17.14	0.18	0.18	8.29	99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37	37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83	37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22	8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78				
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08	7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59	9.16	24.61	0.74	0.44

Dried Fish

Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438	1178	162	3.06	4.2
Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66

Eggs

Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51

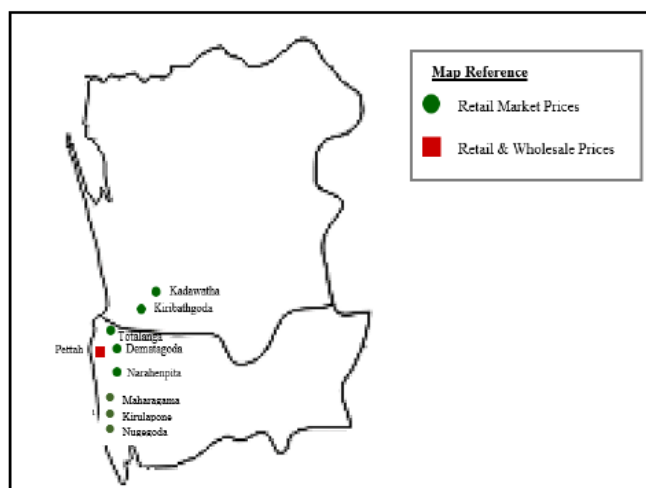
Fruits

Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23

Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas





HARTI



Ministry of Agriculture

Food Systems and Market Research Division & Information Division

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දෛනික චිළචිචි තොග මිල, ජංගම දුරකථනයෙන්

හෙක්ටර් කොච්චිකඩුව ගොවි කරියතු පර්යේෂණ හා පුහුණුධර්මේ ආයතනය අනුමුතයෙන්

මොබිටෙල් ජංගම මිල දර්ශනය

ජාතික ජංගම දුරකථන ජාලයෙන්

6666 අමතන්න.

මොබිටෙල් අද මිල - අඟ පහ

මොබිටෙල් ජංගම දුරකථන ජාලයෙන් චිළචිචි තොග මිල දර්ශනය.

විකාශිතයාට රු.2/-

විකාශිතයාට රු.2/-