

RETAIL MARKET AT A GLANCE

Summary

Rice



Retail prices of all the local rice varieties have decreased by less than Rs.2.00/kg.

(Page No.01)

Other Field Crops



Prices of dried chilies, red onion and big onion have decreased by Rs.50.00, Rs.12.00 and Rs.10.00/kg respectively.

(Page No.01-04)

Vegetables



Retail prices of all most all the vegetable varieties have decreased due to increased supplies at on going major harvesting season.

(Page No.04-06)

Fruits



Retail prices of most of the fruits have increased due to decreased supplies.

(Page No.06-07)

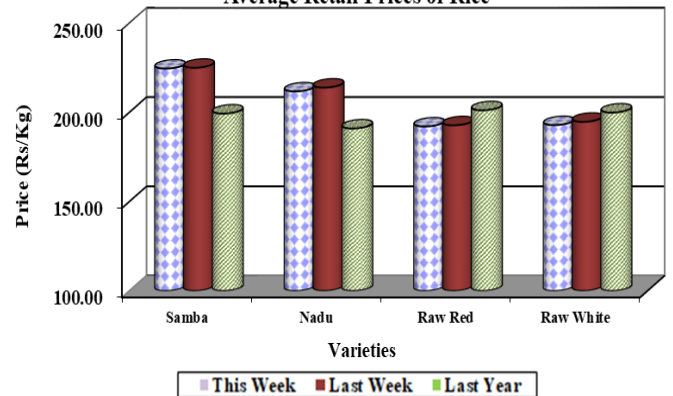
Fish & Dried Fish



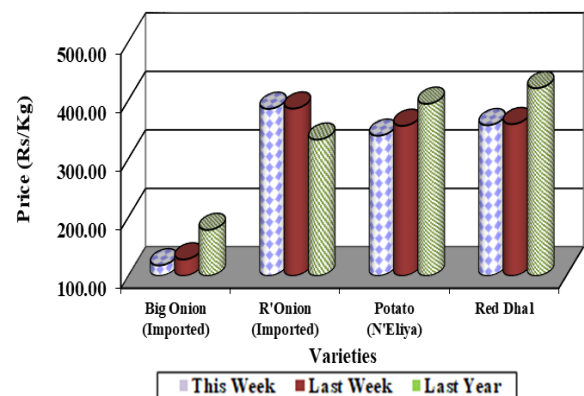
Prices of most of the fish and dried fish varieties have decreased due to imported supplies.

(Page No.08-09)

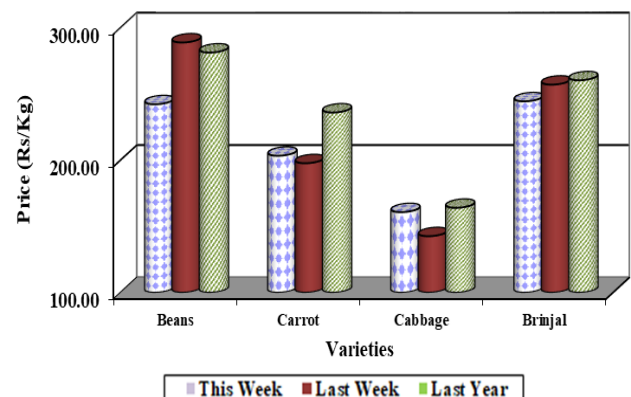
Average Retail Prices of Rice



Average Retail Prices of Other Field Crops



Average Retail Prices of Vegetables



Rice

Wholesale

Prices of both grade I and II samba have decreased by 2% due to increased supply and their price ranges were Rs.205.00-215.00/kg and Rs.200.00-210.00/kg respectively. Prices of all other local rice varieties have decreased slightly. Price ranges of keeri samba and grade II nadu were Rs.240.00-245.00/kg and Rs.180.00-185.00/kg respectively. Average prices of grade I nadu, raw red and raw white were Rs.187.00/kg, Rs.162.00/kg and Rs.175.00/kg respectively.

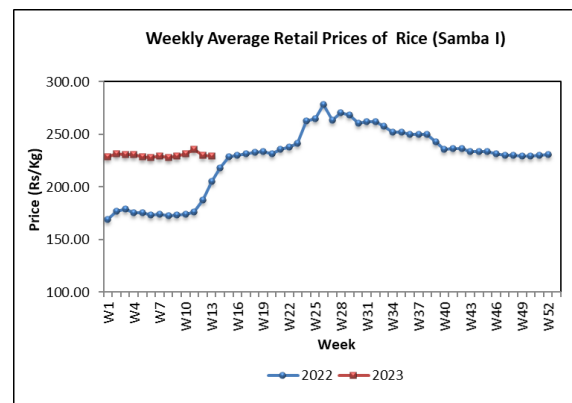
Price of all types of imported rice varieties have decreased slightly and average prices of ponni samba, imported raw white and nadu, were Rs.207.00/kg, Rs.174.00/kg and Rs.169.00/kg respectively.

Compared to the same period of last year, prices of most local rice varieties have increased in the range of 2-9% while prices of raw red and raw white have decreased by 16% and 8% respectively. Prices of ponni samba, imported raw white and nadu have increased by 27%, 19% and 12% respectively.

Retail

Price of all local rice varieties have decreased by Rs.1.00-3.00/kg. The highest price decrease was reported for nadu grade II and the price range was

Rs.190.00-210.00/kg. A price decrease was reported for samba grade II, keeri samba, nadu grade I and raw red by Rs.1.00/kg and price ranges were Rs.210.00-220.00/kg, Rs.250.00-270.00/kg, Rs.175.00-210.00/kg and Rs.210.00-220.00/kg respectively. Samba grade I has not changed significantly and price range was Rs.220.00-240.00/kg.



Prices of all imported rice varieties have decreased by Rs.1.00-6.00/kg with the highest for imported samba. Price ranges of samba, nadu and raw white were Rs.210.00-230.00/kg, Rs.185.00-200.00/kg and Rs.185.00-200.00/kg respectively.

Compared to the same period of last year, prices of raw red and raw white have decreased by 5% and 4% while other all local rice varieties have increased by 4%-12%. Prices of all imported rice varieties have increased by 15-30%.

Paddy

The average farm gate prices of major paddy varieties have fluctuated slightly

due to market supply of both newly harvested well dried and moisture paddy stocks from 2022/23 maha season. Accordingly, the average price of short grain paddy has increased by Rs.1.00-16.00/kg in Polonnaruwa, Kalawewa, Dehiaththakandiya and Nikaweratiya areas while it has decreased by Rs.2.00-4.00/kg in Anuradhapura, Kurunegala and Ampara areas. Its prices ranged between Rs.90.00-110.00/kg. Likewise, the average price of keeri samba paddy has increased by Rs.3.00-5.00/kg in major producing areas while has decreased by Rs.3.00/kg in Anuradhapura area. Its price range was Rs.110.00-128.00/kg. Subsequently, the average price of long grain white paddy in Polonnaruwa areas has decreased by Rs.1.00-5.00/kg Rs.80.00-100.00/kg price range was reported for long grain white paddy. Further, price of long gain red paddy in other production areas has increased by Rs.6.00/kg in Hambantota while it has decreased by Rs.1.00/kg in Embilipitiya area prices ranged between Rs.80.00-90.00/kg.

Compared to the same period of last year, the average price of all major paddy varieties of short grain keeri samba long grain white and red paddy varieties have decreased by 2%-32% while the highest for long grain red paddy.

Dried Chilies

Wholesale

Price of imported dried chilies has decreased by 6% due to decreased imported costs and the price ranged from Rs.950.00-1140.00/kg.

Compared to the same period of last year, price of imported dried chilies has decreased by 7%.

Retail

Price of imported dried chilies has decreased by Rs.50.00/kg and price ranged from Rs.1200.00-1600.00/kg.

Compared to the same period of last year, imported dried chilies has increased by 10%.

Onion

Wholesale

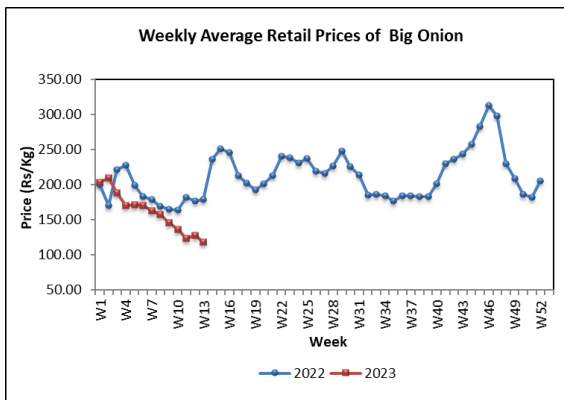
Prices of imported red onions and sinnan red onions have decreased by 6% and 5% respectively due to increased supply of both local and imported stocks and their price ranges were Rs.250.00-280.00/kg and Rs.240.00-250.00/kg respectively. Average price of vedalan red onion was Rs.292.00/kg. Price of imported big onion has decreased by 19% due to increased supply of stocks and decreased imported costs and the price ranged Rs.75.00-90.00/kg.

Compared to the same period of last year, prices of imported red onions and vedalan red onions have increased by 10% and 9% respectively while the price of imported big onion has decreased by 38%.

Retail

Price of vedalan red onion has decreased by Rs.12.00/kg. Price ranged between Rs.360.00-480.00/kg. Price of imported red onion has significantly not changed. The price ranged between Rs.300.00-400.00/kg.

Price of imported big onion has decreased by Rs.10.00/kg. The price ranged between Rs.100.00-140.00/kg.



Compared to the same period of last year, sinnan, vedalan and imported red onion price have increased by 27%, 15%, 16% respectively. Imported big onion price has decreased by 34%.

Potato

Wholesale

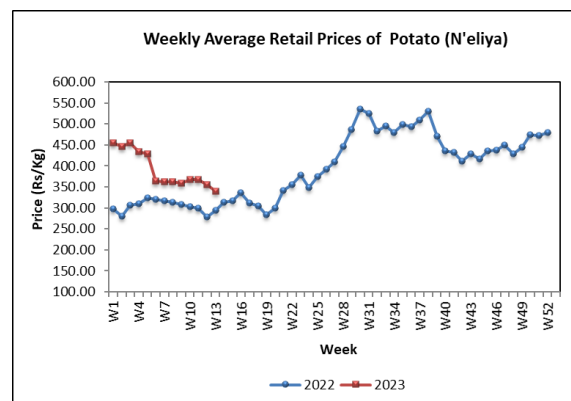
Prices of all varieties have increased by 1%-3% due to decreased supply of local

stocks. Prices ranged between Rs.220.00-230.00/kg, Rs.180.00-200.00/kg and Rs.120.00-130.00/kg respectively for Nuwara Eliya, Welimada and Imported varieties.

Compared to the same period of last year, prices of Nuwara Eliya and Welimada potatoes have increased by 27% and 23% respectively while the price of imported potato has decreased by 6%.

Retail

Price of Welimada potato has increased by Rs.10.00/kg and the price ranged from Rs.270.00-300.00/kg. Price of Nuwara Eliya and imported potato have decreased by Rs.17.00/kg and Rs.6.00/kg respectively. Prices ranged Rs.320.00-360.00/kg and Rs.140.00-180.00/kg respectively for Nuwara Eliya and imported potatoes.



Compared to the same period of last year, prices of Welimada and Nuwara Eliya potatoes have increased by 30% and 15%

respectively while the price of imported potato has decreased by 3%.

Pulses

Wholesale

Prices of white cowpea, red cowpea and green gram have decreased by 6%, 3% and 2% respectively due to increased supply of local stocks and their price ranges were Rs.650.00-850.00/kg, Rs.700.00-880.00/kg and Rs.1350.00-1450.00/kg respectively. Price of red dhal has decreased by 3% due to decreased imported costs and the price ranged Rs.305.00-325.00/kg respectively.

Compared to the same period of last year, prices of white cowpea red cowpea and green gram have increased in the range of 20%-54% while price of red dhal has decreased by 24%.

Retail

Price of green gram has increased by Rs.32.00/kg. and the price ranged Rs.1400.00-1600.00/kg. Price of white cowpea, red cowpea and red dhal have decreased by Rs.8.00/kg, Rs.32.00/kg and Rs.2.00/kg respectively. Price ranges were Rs.950.00-1300.00/kg, Rs.900.00-1300.00/kg and Rs.340.00-370.00/kg respectively.

Compared to the same period of last year, prices of green gram, white cowpea and red cowpea have increased by 57%, 49%

and 72% respectively while price of red dhal has decreased by 15%.

Vegetable

Wholesale

Prices of most of the vegetable varieties have decreased due to increased market supply in the maha vegetable harvesting season.

Considering up country vegetable prices of most of the vegetable varieties have increased due to high quality stocks received from Nuwara Eliya area. Prices of cabbage, raddish, leeks and carrot have increased by 26%, 21%, 20% and 16% respectively. However, price of beans has decreased by 14% due to increased market supply from Balangoda and Bandarawela areas.

Meanwhile, price of tomato has decreased by 10% due to increased market supply from Jaffna and Sooriyawewa areas. Further, price of capsicum has decreased by 2%.

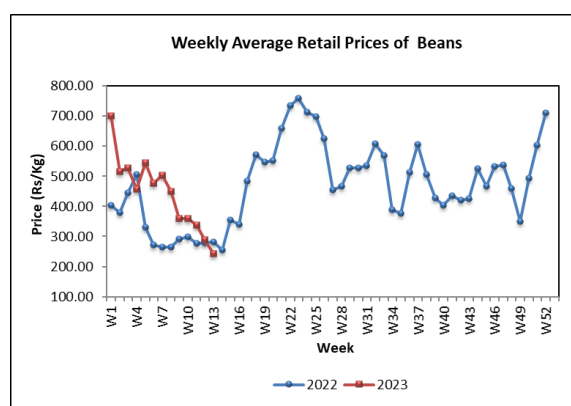
Considering, low country vegetables prices of most of the vegetable varieties have decreased. The highest price decrease was reported for pumpkin by 12% due to increased supply from Dambulla, Monaragala, Embilipitiya and most of the maha producing areas. A price decrease was reported for long beans by 11% due to increased market supply from Puttalam and Balangoda areas. Further,

prices of ladies fingers, bitter gourd and luffa have decreased in the range of 9%-10% due to increased supply from Embilipitiya, Balangoda and most of the main producing areas. However, price of snake gourd and brinjals have increased by 16% and 4% due to decreased supply. However, price of lime has increased by 18% due to decreased supply from Monaragala area.

Compared to the same period of last year, current wholesale prices of most of the vegetable varieties have increased with the highest price increase of 318% was reported for ash plantain.

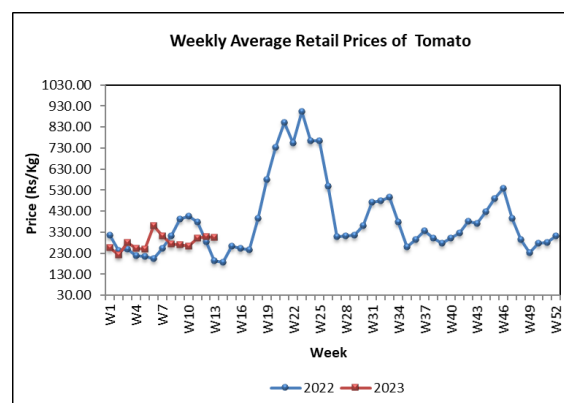
Retail

In line with fluctuations of wholesale prices, retail prices of most of the up country varieties have increased and most of the low country varieties have decreased.



Considering up-country varieties, the highest price increase was reported for leeks as Rs.50.00/kg, followed by cabbage

as Rs.18.00/kg. Further, prices of carrot, knolkhol, raddish have increased by Rs.4.00-6.00/kg. However, prices of beans and beet root have decreased by Rs.47.00/kg and Rs.43.00/kg respectively. Prices of tomato and capsicum have decreased by Rs.4.00/kg and Rs.12.00/kg respectively.



Considering low- country varieties, the highest price decrease was reported for bitter gourd as Rs.71.00/kg, followed by long beans as Rs.32.00/kg. Further, prices of ladies fingers, brinjal, pumpkin, cucumber, luffa and ash plantain have decreased by Rs.6.00-27.00/kg. However, price of snake gourd has increased by Rs.12.00/kg,

Further, price of green chilies has decreased by Rs.6.00/kg and price of lime has increased by Rs.56.00/kg.

Compared to the same period of last year, prices of most of the varieties have increased and the highest was reported for ash plantain as 99%.

Coconut

Wholesales

Prices of both large and small nuts have increased by 1%. Their prices ranged between Rs.97.00-100.00/nut for large nut and Rs.85.00-88.00/nut for small nut.

Compared to the same period of last year, current wholesale prices of both large and small nuts have increased by 29% and 24% respectively.

Retail

Prices of both large and small nuts have not changed. Price ranges were Rs.110.00-130.00 for a large nut and Rs.90.00-100.00 for a small nut.

Compared to the same period of last year, prices of large and small nuts have increased by 29% and 25% respectively.

Fruits

Wholesale

Prices of most of fruit varieties have increased due to high demand with festival seasons and limited supply. The highest price increase was reported for betti-mango by 26% due to availability of quality stocks. Price of wood apple has increased by 20% due to limited supply. Prices of passion fruit and orange have increased by 18% and 14% with high demand. Further, prices of all banana

varieties have increased in the range of 6%-13% with high demand. Price of imported grapes has increased by 9% due to availability of quality stocks. In addition to that price of king coconut has increased by 6% with high demand while price of slime apple has increased by 5% with availability of limited stocks. Price of avocado and karthakolomban- mango have increased by 4% and 3% respectively with high demand.

However, price of vilad-mango has decreased by 15% due to availability of low quality stocks. Prices of all sizes of pineapple have decreased in the range of 3%-4% due to availability of sufficient stocks while a slight price decrease was reported for papaw.

Compared to the same period of last year, the current wholesale prices of all fruit varieties have increased with the highest price increase of 259% was reported for banana- ambul.

Retail

Prices of most of fruits have increased in line with the increased wholesale prices. The highest price increase of Rs.108.000/kg was reported for imported grapes due to availability of quantity stocks. Prices of banana kolikuttu, ambul and seeni have increased in the range of Rs.8.00-38.00/kg with the beginning of

the festive season. Further, prices of mango-karthakolomban and avocado have increased by Rs.11.00/ fruit and Rs.10.00/fruit respectively. The price of king coconut has increased by Rs.8.00/fruit. Prices of orange, passion fruit, slime apple and wood apple have increased in the range of Rs.1.00-3.00/fruit.

Meanwhile, a price decrease of Rs.27.00/kg was reported for papaw due to increased supply. All sizes of pineapple have decreased in the range of Rs.2.00-9.00/fruit due to availability of sufficient stocks.

Compared to the same period of last year, the current retail prices of all fruits have increased and the highest price increase was reported for banana- ambul as 134%.

Fresh Fish

Wholesale

Wholesale prices of most of the fresh fish types have decreased due to increase in wholesale supply compared. The highest price decrease of 18% was noted for mora due to high supply from Northern areas and the price ranged Rs.800.00-920.00/kg. A price decrease of 16% was noted for salaya due to high supply from Trincomalee and Mannar areas and the price ranged Rs.150.00-360.00/kg. Likewise, the price decrease

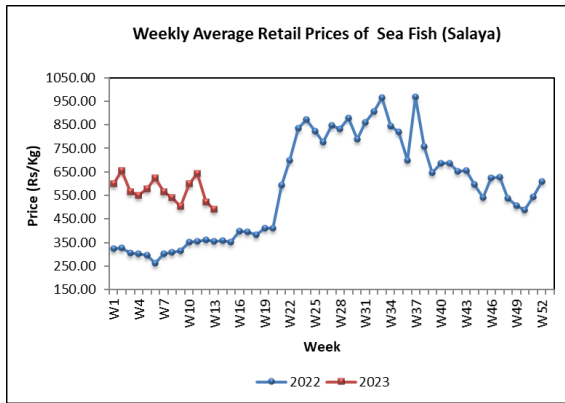
of 15% was noted for hurulla due to high supply from Kalpitiya and Mullaitivu areas and the price ranged Rs.480.00-600.00/kg. In addition, the prices of kelawalla, thalapath, shrimps and balaya have decreased by 1%-7%.

However, the price increase of 5% and 6% was noted for paraw and thora due to low supply from Northern areas and their prices ranged Rs.980.00-1200.00/kg and Rs.1600.00-2400.00/kg respectively.

Compared to the same period of last year, current wholesale prices of all fresh fish types have increased in the range of 8%-37% and the highest price increase was noted for thora.

Retail

In line with decreased wholesale prices, retail prices of all types of fresh fish have decreased due to high supply and low demand. The highest price decrease was reported for paraw by Rs.164.00/kg followed by Rs.136.00/kg for balaya. The remaining types have decreased in the range of Rs.32.00-117.00/kg.



Compared to the same period of last year prices of all types of fresh fish have increased in the range of 4%-38% with the highest price increase was reported for salaya.

Dried Fish

Wholesale

Due to increase of local dried fish supply, prices of most of the local and imported dried fish types have decreased. The highest price decrease of 17% was noted for local salaya due to high supply from Trincomalee, Mannar and Chilaw areas and the price ranged Rs.540.00-640.00/kg. Likewise, a price decrease of 6% was noted for imported anguluwa due to high supply from Oman and Pakistan and the price ranged between Rs.1580.00-1700.00/kg. Also, prices of imported kattawa, local maduwa and local sprats have decreased by 1%-5% respectively.

However, the price increase of 4% was noted for local mora and local balaya due to low supply from Negombo and

Beruwala areas and their prices ranged Rs.1500.00-1800.00/kg and Rs.880.00-1000.00/kg respectively. In addition, price of imported sprats has increased by 3%.

Compared to the same period of last year, prices of most of the dried fish types have increased in the range of 2%-27% and the highest was reported for imported anguluwa.

Retail

Retail prices of most types of dried fish have decreased in line with decreased wholesale prices due to high stocks in the market and low demand. The highest price decrease was reported for kattawa by Rs.81.00/kg followed by Rs.56.00/kg for imported sprat. Price of anguluwa has also decreased by Rs.50.00/kg.

However, price of mora and balaya have increased by Rs.18.00/kg and Rs.3.00/kg respectively.

Compared to the same period of last year, prices of all types of dried fish have increased in the range of 2%-38% with the highest price increase was reported for anguluwa.

Eggs

Wholesale

Prices of both brown and white eggs have not changed significantly and their average prices were Rs.46.00 and Rs.44.00 respectively.

Compared to the same period of last year, prices of both brown and white eggs have increased by 50% and 53% respectively.

Retail

Prices of both brown eggs and white eggs have increased by Rs.1.00/egg and Rs.3.00/egg respectively due to limited supply. Price range of a brown egg was Rs.57.00-58.00 and Rs.55.00-58.00 for a white egg.

Compared to the same period of last year, prices of both brown eggs and white eggs have increased by 84% and 85% respectively.

Meat

Retail

Price of skin-less broiler chicken has increased by Rs.102.00/kg due to increased farm gate price. Price of pork has increased by Rs.93.00/kg due to limited supply. Price of mutton has decrease supply by Rs.14.00/kg due to low demand.

Compared to the same period of last year, price of all types of meat have increased in the range of 34%-83% with the highest price increase was reported for pork.

EXPLANATORY NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e. Tuesday and Friday) while with retail prices, it is thrice a week (i.e. Friday, Monday, and Tuesday).

Table 01: Selected Markets: Wholesale Price of Rice (Rs/50Kg Bag)

Week 13: 24 - 30 March 2023

LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
Colombo	10250	10750	10000	10500	12000	12250	9250	9500	9000	9250	7750	8250	8500	9000
Divulapitiya	10750	11250	9300	9700	12000	12250	9250	10750	8500	9000	7800	8750	8000	8850
Kurunegala	10250	11250	-	-	12750	12900	-	-	8400	8750	9500	9750	8400	8500
Nikaweratiya	11250	11300	9750	10000	12600	12900	10550	10600	8150	8400	8000	9000	8100	8350
Badulla	-	-	-	-	-	-	9500	10000	-	-	8000	8250	8000	8500
Puttalam	11150	11300	-	-	12500	12750	10400	10850	8200	8500	9200	9250	8400	8750
Dambulla	11000	11100	10400	10500	12500	12600	10700	10750	9400	9600	9400	9500	8750	8900
Anuradhapura	10750	11350	-	-	12250	12750	9500	9750	-	-	9250	9750	8500	9250
Tambuttegama	-	-	10000	10750	12350	12400	-	-	8650	8750	-	-	8100	8400
Polonnaruwa	11250	11300	-	-	12700	12750	10250	10800	-	-	-	-	9000	9250
Kalutara	10650	10900	-	-	12250	12400	-	-	9400	9500	8000	8100	8750	9000
Ampara	10600	11500	-	-	11250	13000	-	-	8750	8900	7250	8900	7750	8200
Kandy	11000	11200	10250	10500	12250	12500	10000	10250	9250	9500	8750	9000	8750	9250
Moneragala	11000	11250	-	-	12250	12750	9750	10000	-	-	7500	8250	7750	8250
Kegalle	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Dehiattakandiya	11250	11750	-	-	12250	12500	10250	10500	-	-	-	-	8000	9100
Hambantota	11250	11250	-	-	12500	12750	-	-	-	-	7500	7750	8250	8500
Matara	11000	11100	-	-	12250	12500	9600	10000	-	-	7400	7600	8500	8700
Galle	11000	11250	-	-	12750	12900	10000	10500	9000	9000	7250	7500	8500	8750
Meegoda	-	-	10100	10750	11800	12700	-	-	8900	9400	7600	7800	8000	8500
Tissamaharama	-	-	-	-	-	-	-	-	8500	8750	7000	7250	8000	8250
Embilipitiya	10650	10700	10500	10600	12500	12700	10500	10600	-	-	7000	7250	8500	8700
Jaffna	10750	10900	10400	10500	12250	12500	10000	10500	9000	9400	9000	9500	-	-
Vavuniya	10750	10800	-	-	12250	12350	10000	10150	9500	9600	8750	8900	8900	9200
Mannar	10500	10750	-	-	12000	12250	10500	10750	9000	9250	8000	8250	9000	9250
Killinochchi	10500	10750	-	-	12500	12750	9500	9750	9200	9250	8000	8250	9000	9300
Mullattivu	11000	11250	-	-	12500	12750	9750	10500	8750	9000	7750	8250	-	-
Batticaloa	-	-	-	-	12500	12600	-	-	9250	9400	8500	8600	8250	8450
Trincomalee	10600	10750	10000	10500	12000	12500	-	-	9000	9500	8750	9250	8750	9250
Galenbindunuwew	11000	11350	-	-	12500	12850	9750	9750	9250	9500	-	-	8500	8750
Matale	11200	11300	10500	10600	12500	12900	10600	10700	8750	9500	9250	9500	8250	8600

Table 02: Selected Markets: Retail Price of Rice (Rs/Kg)

Week 13: 24 - 30 March 2023

11

LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
Colombo	220.00	240.00	210.00	220.00	250.00	270.00	210.00	220.00	190.00	210.00	175.00	210.00	185.00	200.00
Gampaha	225.00	230.00	210.00	215.00	260.00	260.00	215.00	220.00	185.00	200.00	190.00	200.00	185.00	200.00
Kurunegala	230.00	230.00	-	-	260.00	260.00	210.00	220.00	-	-	200.00	210.00	180.00	190.00
Nikaweratiya	230.00	230.00	-	-	240.00	260.00	210.00	220.00	165.00	175.00	200.00	210.00	170.00	200.00
Dambulla	225.00	230.00	214.00	216.00	255.00	260.00	215.00	220.00	195.00	200.00	200.00	205.00	180.00	185.00
Anuradhapura	220.00	230.00	-	-	250.00	260.00	-	-	200.00	200.00	200.00	210.00	180.00	200.00
Thambuththegama	230.00	230.00	200.00	220.00	250.00	270.00	220.00	220.00	180.00	190.00	210.00	210.00	175.00	185.00
Polonnaruwa	230.00	230.00	-	-	260.00	260.00	218.00	220.00	208.00	210.00	210.00	210.00	190.00	190.00
Kaluthara	-	-	220.00	230.00	260.00	265.00	215.00	220.00	-	-	175.00	180.00	190.00	195.00
Badulla	-	-	-	-	260.00	260.00	210.00	220.00	200.00	205.00	165.00	175.00	175.00	180.00
Keppetipola	220.00	225.00	212.00	215.00	250.00	255.00	210.00	215.00	165.00	195.00	147.00	150.00	150.00	155.00
Moneragala	225.00	230.00	-	-	250.00	260.00	-	-	200.00	205.00	155.00	170.00	160.00	170.00
Kegalle	230.00	230.00	-	-	260.00	260.00	215.00	220.00	180.00	210.00	210.00	210.00	190.00	200.00
Ampara	225.00	230.00	215.00	215.00	245.00	260.00	220.00	220.00	180.00	190.00	150.00	160.00	155.00	172.00
Dehiattakandiya	230.00	240.00	-	-	260.00	260.00	210.00	220.00	200.00	200.00	-	-	165.00	185.00
Nuwaraeliya	220.00	225.00	210.00	215.00	250.00	260.00	210.00	216.00	186.00	196.00	148.00	150.00	150.00	155.00
Kandy	230.00	230.00	218.00	220.00	255.00	260.00	218.00	220.00	195.00	205.00	180.00	200.00	185.00	200.00
Puttalam	230.00	230.00	-	-	255.00	265.00	212.00	220.00	170.00	182.00	190.00	210.00	175.00	180.00
Hambantota	230.00	230.00	-	-	250.00	260.00	-	-	-	-	150.00	155.00	170.00	175.00
Rathnapura	225.00	230.00	-	-	-	-	220.00	220.00	194.00	200.00	165.00	170.00	182.00	185.00
Matara	230.00	230.00	-	-	250.00	260.00	215.00	220.00	-	-	154.00	156.00	175.00	180.00
Galle	230.00	230.00	-	-	260.00	260.00	220.00	220.00	-	-	150.00	160.00	170.00	200.00
Tissamaharama	-	-	-	-	-	-	-	-	175.00	180.00	143.00	155.00	165.00	170.00
Meegoda (DEC)	-	-	210.00	220.00	250.00	260.00	-	-	185.00	200.00	165.00	175.00	175.00	190.00
Embilipitiya	220.00	230.00	210.00	215.00	255.00	270.00	210.00	220.00	-	-	145.00	155.00	175.00	180.00
Jaffna	220.00	230.00	-	-	250.00	265.00	210.00	220.00	190.00	200.00	190.00	200.00	-	-
Vavuniya	220.00	225.00	-	-	250.00	260.00	220.00	230.00	210.00	215.00	190.00	200.00	200.00	205.00
Mannar	220.00	230.00	-	-	250.00	260.00	220.00	235.00	189.00	200.00	170.00	185.00	190.00	200.00
Killinochchi	220.00	225.00	-	-	265.00	270.00	210.00	210.00	200.00	205.00	170.00	180.00	190.00	200.00
Mullaittivu	230.00	240.00	-	-	260.00	265.00	220.00	220.00	185.00	200.00	160.00	170.00	-	-
Batticaloa	-	-	-	-	260.00	260.00	-	-	190.00	195.00	180.00	185.00	170.00	175.00
Trincomalee	220.00	235.00	-	-	250.00	258.00	-	-	195.00	205.00	190.00	200.00	175.00	182.00
Hanguranketha	220.00	230.00	205.00	210.00	248.00	262.00	210.00	220.00	180.00	205.00	164.00	174.00	175.00	205.00
Veyangoda	220.00	230.00	-	-	250.00	260.00	210.00	210.00	185.00	200.00	170.00	190.00	180.00	190.00
Galenbindunuwewa	225.00	230.00	-	-	260.00	260.00	-	-	190.00	200.00	210.00	210.00	175.00	185.00
Bandarawela	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Matale	226.00	230.00	214.00	220.00	258.00	260.00	214.00	218.00	180.00	195.00	190.00	210.00	170.00	185.00

Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50Kg)

Week 13: 24 - 30 March 2023

LOCATION	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	47500 - 57000	12500 - 14000	14000 - 16250	3750 - 4500	6000 - 6500	9000 - 10000	11000 - 11500	67500 - 72500	32500 - 42500	15250 - 16250
Kurunegala	54000 - 57500	-	14000 - 16000	4750 - 5250	6750 - 7250	-	-	75000 - 78750	35000 - 40000	15500 - 16500
Nikaweratiya	55000 - 60000	14000 - 16250	-	4750 - 5500	6750 - 7000	-	-	71250 - 73000	32500 - 40000	15500 - 16250
Dehiattakandiya	55000 - 60000	12000 - 16500	-	5000 - 6000	6750 - 7250	-	-	70000 - 70000	40000 - 40000	15500 - 16750
Dambulla (DEC)	54000 - 55000	13500 - 14000	13000 - 13500	4250 - 4500	6500 - 6750	10000 - 10500	-	60000 - 65000	30000 - 32500	15500 - 16000
Anuradhapura	57500 - 62500	-	15000 - 17500	5000 - 6000	7000 - 7500	-	-	75000 - 79000	32500 - 52500	16500 - 17000
Thambuththegama	54000 - 60000	14500 - 14500	16500 - 17000	4500 - 4750	6250 - 6750	10500 - 11000	-	82500 - 82500	30000 - 32500	15750 - 16250
Polonnaruwa	60000 - 61500	-	17000 - 17250	5500 - 5750	7500 - 7750	-	13000 - 13100	60000 - 60250	37500 - 37600	17200 - 17400
Kaluthara	54000 - 55000	14500 - 15500	-	4500 - 4650	6400 - 7000	10000 - 11400	11750 - 12000	73000 - 74000	42000 - 43000	16000 - 16500
Puttalam	50000 - 57500	-	11000 - 12000	4750 - 5500	6000 - 6500	-	12250 - 13000	61000 - 65000	34000 - 36000	16900 - 17600
Kandy	55000 - 57500	14000 - 15000	-	4250 - 4750	6500 - 6750	9500 - 10000	10500 - 11000	72500 - 74000	37000 - 37500	16250 - 16750
Matara	57500 - 60000	15000 - 16000	-	4500 - 5000	6500 - 6750	-	13000 - 13250	74000 - 76000	45000 - 46500	16750 - 17250
Hambantota	57500 - 60000	15000 - 16000	-	4000 - 4500	6500 - 7000	-	-	75000 - 77500	45000 - 47500	16750 - 17250
Kegalle	60000 - 61000	14000 - 14500	-	5200 - 5300	6500 - 6600	-	11900 - 12000	70000 - 72000	45000 - 46000	17000 - 18500
Galle	57500 - 60000	15000 - 16000	-	4250 - 4750	6500 - 7000	-	13500 - 14000	75000 - 77500	-	15500 - 16000
Tissamaharama	62500 - 65000	15000 - 17000	-	5000 - 5750	7250 - 7500	-	12000 - 12500	70000 - 72500	-	16500 - 17500
Meegoda (DEC)	56500 - 65000	13000 - 15000	-	4100 - 4250	6250 - 6400	10500 - 11000	11000 - 12000	70000 - 72500	32500 - 42500	15500 - 16000
Jaffna	49000 - 52500	-	13500 - 15000	4500 - 4750	6250 - 6500	-	-	69000 - 72500	-	15500 - 16000
Vavuniya	61000 - 62500	12450 - 12600	-	5250 - 5300	7250 - 7350	-	-	72400 - 72500	-	16800 - 17200
Mannar	60000 - 62500	12250 - 12500	-	5250 - 5750	7250 - 7500	-	-	75000 - 76250	-	16500 - 17000
Killinochchi	57000 - 58000	-	-	6000 - 6500	6500 - 7000	-	-	70000 - 72000	-	16500 - 17000
Mullattivu	57500 - 60000	-	-	5000 - 6000	6500 - 7000	-	-	72500 - 75000	42500 - 46500	16000 - 17000
Batticaloa	54500 - 55000	-	17750 - 18250	5000 - 5150	7350 - 7550	-	-	73750 - 74150	41000 - 42500	16000 - 16250
Trincomalee	60000 - 62500	-	-	4800 - 5400	6500 - 7000	-	-	76000 - 78000	50000 - 52500	16000 - 16750
Galenbindunuwewa	57500 - 62500	15000 - 17000	-	5500 - 6000	7000 - 7500	-	-	70000 - 74000	30000 - 32000	16500 - 17250
Matale	52500 - 59000	14000 - 14500	14000 - 15000	4000 - 4750	6750 - 7000	-	12000 - 13000	65000 - 72500	36000 - 37500	15250 - 16000

Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/Kg)

Week 13: 24 - 30 March 2023

LOCATIONS	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	1200.00 - 1600.00	300.00 - 400.00	360.00 - 480.00	100.00 - 140.00	140.00 - 180.00	270.00 - 300.00	320.00 - 360.00	1400.00 - 1600.00	950.00 - 1300.00	340.00 - 370.00
Gampaha	1380.00 - 1480.00	400.00 - 400.00	-	100.00 - 120.00	160.00 - 180.00	-	320.00 - 360.00	1480.00 - 1480.00	1200.00 - 1200.00	360.00 - 400.00
Kurunegala	1260.00 - 1300.00	-	400.00 - 440.00	120.00 - 140.00	160.00 - 170.00	270.00 - 280.00	-	1500.00 - 1600.00	1000.00 - 1200.00	350.00 - 360.00
Nikaweratiya	1250.00 - 1300.00	350.00 - 380.00	-	110.00 - 130.00	150.00 - 160.00	260.00 - 280.00	-	1500.00 - 1700.00	800.00 - 1200.00	330.00 - 360.00
Dambulla	1250.00 - 1300.00	360.00 - 400.00	360.00 - 400.00	100.00 - 120.00	150.00 - 160.00	-	-	1500.00 - 1600.00	800.00 - 900.00	330.00 - 350.00
Anuradhapura	1250.00 - 1400.00	340.00 - 400.00	450.00 - 500.00	120.00 - 140.00	160.00 - 170.00	-	-	1550.00 - 1650.00	700.00 - 1200.00	340.00 - 360.00
Thambuththegama	1300.00 - 1450.00	-	380.00 - 400.00	110.00 - 130.00	140.00 - 160.00	260.00 - 260.00	-	1700.00 - 1750.00	700.00 - 800.00	335.00 - 350.00
Polonnaruwa	1260.00 - 1350.00	360.00 - 370.00	-	120.00 - 130.00	160.00 - 170.00	260.00 - 270.00	-	1540.00 - 1600.00	1000.00 - 1100.00	350.00 - 365.00
Kaluthara	1200.00 - 1260.00	360.00 - 380.00	-	100.00 - 110.00	160.00 - 180.00	280.00 - 300.00	300.00 - 320.00	1560.00 - 1600.00	900.00 - 920.00	340.00 - 350.00
Badulla	1250.00 - 1300.00	360.00 - 400.00	-	100.00 - 130.00	160.00 - 170.00	240.00 - 280.00	-	1500.00 - 1600.00	900.00 - 1000.00	350.00 - 380.00
Keppetipola	1250.00 - 1290.00	340.00 - 360.00	380.00 - 400.00	110.00 - 120.00	140.00 - 160.00	210.00 - 230.00	-	1500.00 - 1560.00	940.00 - 960.00	340.00 - 355.00
Moneragala	1250.00 - 1300.00	360.00 - 400.00	-	120.00 - 140.00	160.00 - 170.00	260.00 - 280.00	-	1500.00 - 1600.00	800.00 - 1000.00	340.00 - 360.00
Kegalle	1250.00 - 1300.00	350.00 - 380.00	-	140.00 - 160.00	160.00 - 180.00	280.00 - 300.00	-	1450.00 - 1500.00	920.00 - 950.00	350.00 - 380.00
Ampara	1250.00 - 1350.00	330.00 - 400.00	-	120.00 - 130.00	150.00 - 180.00	260.00 - 290.00	-	1480.00 - 1600.00	780.00 - 1200.00	320.00 - 340.00
Dehiattakandiya	1200.00 - 1300.00	320.00 - 400.00	-	120.00 - 140.00	150.00 - 150.00	-	-	1500.00 - 1500.00	900.00 - 900.00	320.00 - 350.00
Nuwaraeliya	1250.00 - 1290.00	340.00 - 360.00	380.00 - 400.00	115.00 - 120.00	130.00 - 150.00	-	260.00 - 270.00	1500.00 - 1560.00	950.00 - 960.00	340.00 - 350.00
Kandy	1260.00 - 1300.00	400.00 - 440.00	-	120.00 - 140.00	160.00 - 170.00	240.00 - 260.00	300.00 - 320.00	1560.00 - 1620.00	1000.00 - 1020.00	350.00 - 360.00
Puttalam	1200.00 - 1300.00	-	400.00 - 480.00	100.00 - 160.00	150.00 - 180.00	-	300.00 - 340.00	1400.00 - 1650.00	750.00 - 900.00	340.00 - 355.00
Rathnapura	1300.00 - 1400.00	320.00 - 340.00	-	130.00 - 140.00	150.00 - 160.00	-	-	1500.00 - 1600.00	1000.00 - 1200.00	360.00 - 365.00
Hambantota	1250.00 - 1350.00	350.00 - 380.00	-	105.00 - 120.00	155.00 - 160.00	-	-	1650.00 - 1700.00	1150.00 - 1200.00	360.00 - 380.00
Matara	1200.00 - 1350.00	350.00 - 400.00	-	100.00 - 110.00	150.00 - 160.00	280.00 - 300.00	-	1550.00 - 1650.00	1000.00 - 1100.00	350.00 - 370.00
Galle	1300.00 - 1300.00	340.00 - 360.00	-	100.00 - 110.00	150.00 - 160.00	280.00 - 290.00	-	1590.00 - 1600.00	-	330.00 - 340.00
Tissamaharama	1300.00 - 1400.00	340.00 - 360.00	-	110.00 - 130.00	150.00 - 160.00	250.00 - 260.00	-	1450.00 - 1500.00	-	345.00 - 360.00
Meegoda (DEC)	1250.00 - 1300.00	360.00 - 420.00	-	100.00 - 110.00	140.00 - 160.00	260.00 - 280.00	-	1450.00 - 1600.00	850.00 - 1300.00	320.00 - 360.00
Embilipitiya	1250.00 - 1350.00	-	360.00 - 420.00	110.00 - 130.00	140.00 - 160.00	280.00 - 300.00	-	1450.00 - 1600.00	750.00 - 800.00	330.00 - 390.00
Jaffna	1200.00 - 1250.00	-	300.00 - 350.00	100.00 - 120.00	135.00 - 140.00	-	-	1500.00 - 1600.00	-	320.00 - 335.00
Vavuniya	1350.00 - 1450.00	350.00 - 400.00	-	130.00 - 140.00	160.00 - 180.00	-	-	1500.00 - 1600.00	-	350.00 - 360.00
Mannar	1300.00 - 1450.00	-	400.00 - 450.00	120.00 - 150.00	160.00 - 180.00	-	-	1540.00 - 1570.00	-	350.00 - 370.00
Killinochchi	1200.00 - 1250.00	-	-	150.00 - 160.00	160.00 - 170.00	-	-	1500.00 - 1550.00	-	350.00 - 360.00
Mullaittivu	1200.00 - 1300.00	-	-	-	150.00 - 180.00	-	-	1500.00 - 1600.00	900.00 - 1000.00	340.00 - 360.00
Batticaloa	1220.00 - 1250.00	-	450.00 - 480.00	120.00 - 140.00	170.00 - 180.00	-	360.00 - 380.00	1540.00 - 1560.00	900.00 - 940.00	335.00 - 340.00
Trincomalee	1260.00 - 1350.00	-	-	110.00 - 135.00	150.00 - 160.00	-	-	1550.00 - 1650.00	950.00 - 1040.00	330.00 - 345.00
Hanguranketha	1250.00 - 1390.00	300.00 - 400.00	-	110.00 - 130.00	150.00 - 180.00	240.00 - 270.00	-	1475.00 - 1600.00	880.00 - 950.00	325.00 - 337.00
Veyangoda	1200.00 - 1300.00	320.00 - 400.00	-	100.00 - 120.00	140.00 - 160.00	280.00 - 280.00	-	1580.00 - 1600.00	980.00 - 1000.00	340.00 - 380.00
Galenbindunuwewa	1200.00 - 1300.00	350.00 - 380.00	-	120.00 - 140.00	150.00 - 170.00	-	-	1450.00 - 1560.00	650.00 - 1200.00	340.00 - 360.00
Bandarawela	-	-	-	-	-	-	-	-	-	-
Matale	1150.00 - 1300.00	360.00 - 380.00	400.00 - 420.00	100.00 - 110.00	145.00 - 150.00	-	320.00 - 320.00	1460.00 - 1500.00	780.00 - 1000.00	320.00 - 330.00

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/Kg)

Week 13: 24 - 30 March 2023

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	120.00 - 160.00	90.00 - 120.00	140.00 - 220.00	90.00 - 150.00	90.00 - 130.00
Meegoda (DEC)	-	150.00 - 180.00	100.00 - 140.00	200.00 - 260.00	110.00 - 130.00	110.00 - 140.00
Dambulla (DEC)	-	120.00 - 140.00	100.00 - 130.00	170.00 - 220.00	70.00 - 100.00	60.00 - 70.00
Keppetipola (DEC)	-	100.00 - 120.00	90.00 - 100.00	200.00 - 210.00	90.00 - 110.00	80.00 - 90.00
Norochchole (DEC)	-	-	-	-	60.00 - 70.00	-
Nuwara Eliya	-	120.00 - 130.00	100.00 - 120.00	210.00 - 220.00	100.00 - 110.00	90.00 - 100.00
Kandy	-	120.00 - 140.00	90.00 - 100.00	200.00 - 210.00	90.00 - 100.00	80.00 - 90.00
Hambantota	-	150.00 - 200.00	120.00 - 160.00	180.00 - 200.00	150.00 - 180.00	150.00 - 200.00
Thambuththegama (DEC)	-	130.00 - 150.00	110.00 - 140.00	220.00 - 240.00	80.00 - 100.00	60.00 - 80.00
Jaffna	-	150.00 - 180.00	130.00 - 160.00	180.00 - 200.00	120.00 - 140.00	-
Bandarawela	-	-	-	-	-	-
Veyangoda	-	140.00 - 160.00	100.00 - 120.00	210.00 - 230.00	90.00 - 120.00	100.00 - 130.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	40.00 - 80.00	50.00 - 80.00	150.00 - 200.00	100.00 - 140.00	120.00 - 150.00	250.00 - 320.00
Meegoda (DEC)	80.00 - 120.00	80.00 - 120.00	170.00 - 220.00	110.00 - 140.00	140.00 - 180.00	320.00 - 360.00
Moneragala	80.00 - 90.00	70.00 - 80.00	220.00 - 240.00	120.00 - 150.00	120.00 - 150.00	360.00 - 400.00
Dambulla (DEC)	30.00 - 35.00	70.00 - 90.00	130.00 - 150.00	80.00 - 90.00	120.00 - 130.00	230.00 - 300.00
Keppetipola (DEC)	50.00 - 60.00	80.00 - 90.00	110.00 - 120.00	90.00 - 100.00	130.00 - 150.00	280.00 - 300.00
Norochchole (DEC)	20.00 - 40.00	45.00 - 65.00	120.00 - 140.00	50.00 - 80.00	80.00 - 130.00	200.00 - 250.00
Nuwara Eliya	60.00 - 70.00	110.00 - 120.00	110.00 - 120.00	100.00 - 110.00	140.00 - 150.00	290.00 - 320.00
Kandy	50.00 - 60.00	40.00 - 70.00	150.00 - 160.00	110.00 - 120.00	130.00 - 170.00	300.00 - 330.00
Hambantota	60.00 - 100.00	80.00 - 110.00	180.00 - 230.00	150.00 - 200.00	120.00 - 160.00	250.00 - 300.00
Thambuththegama (DEC)	35.00 - 55.00	75.00 - 100.00	100.00 - 130.00	50.00 - 70.00	60.00 - 100.00	250.00 - 300.00
Tissamaharama	90.00 - 110.00	100.00 - 130.00	220.00 - 240.00	140.00 - 160.00	110.00 - 130.00	350.00 - 400.00
Jaffna	40.00 - 50.00	50.00 - 65.00	120.00 - 150.00	150.00 - 170.00	120.00 - 140.00	200.00 - 250.00
Bandarawela	-	-	-	-	-	-
Veyangoda	50.00 - 60.00	70.00 - 90.00	170.00 - 200.00	90.00 - 130.00	120.00 - 150.00	300.00 - 340.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	35.00 - 60.00	40.00 - 60.00	200.00 - 270.00	120.00 - 170.00	-	140.00 - 170.00
Meegoda (DEC)	50.00 - 70.00	40.00 - 60.00	150.00 - 200.00	100.00 - 150.00	-	170.00 - 220.00
Moneragala	60.00 - 70.00	70.00 - 100.00	280.00 - 300.00	180.00 - 200.00	-	180.00 - 200.00
Dambulla (DEC)	35.00 - 40.00	30.00 - 40.00	110.00 - 130.00	90.00 - 110.00	-	120.00 - 140.00
Keppetipola (DEC)	50.00 - 60.00	30.00 - 40.00	130.00 - 140.00	120.00 - 130.00	-	140.00 - 150.00
Norochchole (DEC)	40.00 - 80.00	30.00 - 40.00	190.00 - 250.00	100.00 - 140.00	-	100.00 - 130.00
Nuwara Eliya	55.00 - 60.00	35.00 - 45.00	130.00 - 140.00	135.00 - 140.00	-	150.00 - 160.00
Kandy	50.00 - 60.00	50.00 - 60.00	150.00 - 160.00	140.00 - 150.00	-	140.00 - 160.00
Hambantota	60.00 - 80.00	70.00 - 80.00	250.00 - 300.00	200.00 - 240.00	-	160.00 - 220.00
Thambuththegama (DEC)	20.00 - 50.00	20.00 - 35.00	150.00 - 200.00	100.00 - 120.00	-	130.00 - 170.00
Tissamaharama	50.00 - 70.00	40.00 - 50.00	250.00 - 280.00	120.00 - 140.00	-	150.00 - 170.00
Jaffna	20.00 - 40.00	60.00 - 80.00	200.00 - 250.00	100.00 - 130.00	##### - #####	-
Bandarawela	-	-	-	-	-	-
Veyangoda	45.00 - 70.00	50.00 - 70.00	150.00 - 200.00	130.00 - 170.00	-	150.00 - 200.00

Table 06 (Contd.)

	Long Beans	Ash Plantain	Green Chillies	Lime	Sweet Potatoe	Manioc
Colombo	90.00 - 120.00	160.00 - 220.00	250.00 - 300.00	140.00 - 230.00	80.00 - 110.00	150.00 - 180.00
Meegoda (DEC)	90.00 - 110.00	200.00 - 230.00	280.00 - 330.00	240.00 - 270.00	80.00 - 110.00	-
Moneragala	100.00 - 150.00	100.00 - 120.00	300.00 - 350.00	160.00 - 180.00	120.00 - 150.00	-
Dambulla (DEC)	60.00 - 80.00	180.00 - 200.00	200.00 - 250.00	200.00 - 220.00	60.00 - 70.00	110.00 - 130.00
Keppetipola (DEC)	70.00 - 80.00	160.00 - 170.00	260.00 - 300.00	220.00 - 230.00	90.00 - 100.00	100.00 - 120.00
Norochchole (DEC)	50.00 - 60.00	100.00 - 140.00	230.00 - 270.00	120.00 - 160.00	110.00 - 130.00	120.00 - 140.00
Nuwara Eliya	80.00 - 90.00	170.00 - 180.00	280.00 - 320.00	230.00 - 250.00	90.00 - 100.00	110.00 - 120.00
Kandy	80.00 - 100.00	160.00 - 200.00	280.00 - 300.00	230.00 - 240.00	85.00 - 100.00	140.00 - 150.00
Hambantota	100.00 - 130.00	120.00 - 170.00	250.00 - 300.00	100.00 - 150.00	120.00 - 150.00	120.00 - 150.00
Thambuththegama (DEC)	70.00 - 100.00	130.00 - 160.00	230.00 - 300.00	160.00 - 200.00	60.00 - 90.00	90.00 - 120.00
Tissamaharama	70.00 - 90.00	170.00 - 180.00	280.00 - 320.00	140.00 - 160.00	120.00 - 140.00	100.00 - 120.00
Jaffna	80.00 - 100.00	100.00 - 120.00	250.00 - 280.00	160.00 - 180.00	85.00 - 100.00	120.00 - 150.00
Bandarawela	-	-	-	-	-	-
Veyangoda	80.00 - 100.00	180.00 - 230.00	280.00 - 300.00	210.00 - 250.00	90.00 - 110.00	140.00 - 160.00

Locations	Leafy Vegetables (Rs/Bundle)			Coconut (Rs/Nut)	
	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	40.00 - 45.00	40.00 - 45.00	220.00 - 230.00	97.00 - 100.00	85.00 - 88.00
Meegoda (DEC)	50.00 - 60.00	60.00 - 60.00	70.00 - 70.00	110.00 - 120.00	95.00 - 100.00
Norochchole (DEC)	50.00 - 60.00	50.00 - 60.00	120.00 - 130.00	95.00 - 102.00	87.00 - 92.00
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	25.00 - 30.00	25.00 - 30.00	20.00 - 25.00	90.00 - 95.00	76.00 - 80.00
Kandy	40.00 - 45.00	45.00 - 50.00	200.00 - 210.00	95.00 - 98.00	75.00 - 80.00
Hambantota	50.00 - 50.00	50.00 - 50.00	60.00 - 60.00	-	-
Thambuththegama (DEC)	30.00 - 30.00	30.00 - 30.00	30.00 - 30.00	80.00 - 85.00	70.00 - 78.00
Tissamaharama	40.00 - 45.00	40.00 - 45.00	50.00 - 55.00	95.00 - 100.00	55.00 - 65.00
Jaffna	70.00 - 80.00	30.00 - 35.00	120.00 - 150.00	75.00 - 80.00	45.00 - 50.00
Tissamaharama	40.00 - 45.00	40.00 - 45.00	50.00 - 55.00	95.00 - 100.00	55.00 - 65.00
Bandarawela	-	-	-	-	-
Veyangoda	40.00 - 50.00	40.00 - 40.00	45.00 - 54.00	95.00 - 100.00	-

Colombo, Meegoda, Norochchole, Jaffna and Kandy - Gotukola Price Rs/Kg

Table 07: Selected Markets: Retail Price of Vegetables (Rs/Kg)

Week 13: 24 - 30 March 2023

LOCATIONS	Up Country Varieties																	
	Butter Beans		Green Beans		Carrot		Leeks		Beetroot		Knol Khol		Raddish		Cabbage		Tomato	
Colombo	-	-	200.00	300.00	140.00	240.00	240.00	360.00	140.00	280.00	140.00	320.00	100.00	240.00	100.00	240.00	240.00	400.00
Gampaha	-	-	240.00	240.00	160.00	240.00	280.00	320.00	240.00	320.00	160.00	240.00	160.00	200.00	120.00	160.00	280.00	320.00
Kurunegala	-	-	200.00	240.00	220.00	240.00	280.00	320.00	260.00	280.00	260.00	280.00	200.00	240.00	140.00	160.00	300.00	340.00
Nikaweratiya	-	-	240.00	240.00	240.00	260.00	280.00	320.00	200.00	240.00	200.00	240.00	140.00	160.00	140.00	200.00	320.00	320.00
Dambulla	-	-	240.00	280.00	180.00	220.00	280.00	300.00	180.00	220.00	160.00	180.00	100.00	120.00	140.00	160.00	280.00	300.00
Anuradhapura	-	-	280.00	300.00	200.00	240.00	280.00	320.00	200.00	240.00	180.00	200.00	100.00	160.00	160.00	180.00	240.00	280.00
Thambuththegama	-	-	200.00	250.00	180.00	220.00	260.00	300.00	140.00	180.00	120.00	160.00	100.00	160.00	120.00	180.00	180.00	240.00
Polonnaruwa	-	-	240.00	260.00	160.00	180.00	280.00	300.00	160.00	190.00	160.00	180.00	90.00	100.00	160.00	180.00	220.00	240.00
Kaluthara	-	-	200.00	220.00	140.00	160.00	280.00	300.00	180.00	200.00	200.00	220.00	160.00	190.00	120.00	140.00	260.00	290.00
Badulla	-	-	200.00	240.00	180.00	200.00	280.00	320.00	200.00	240.00	200.00	240.00	100.00	120.00	100.00	120.00	240.00	280.00
Keppetipola	-	-	170.00	180.00	150.00	160.00	260.00	280.00	160.00	180.00	150.00	160.00	110.00	130.00	150.00	160.00	200.00	220.00
Moneragala	-	-	200.00	260.00	160.00	240.00	260.00	320.00	240.00	320.00	-	-	120.00	160.00	120.00	140.00	280.00	320.00
Kegalle	-	-	260.00	280.00	200.00	240.00	340.00	360.00	260.00	280.00	220.00	240.00	180.00	200.00	140.00	160.00	300.00	320.00
Ampara	-	-	200.00	240.00	200.00	240.00	300.00	320.00	200.00	240.00	200.00	240.00	140.00	160.00	140.00	160.00	210.00	340.00
Dehiattakandiya	-	-	200.00	240.00	160.00	240.00	280.00	320.00	160.00	240.00	160.00	160.00	120.00	160.00	120.00	160.00	200.00	280.00
Nuwaraeliya	-	-	200.00	220.00	220.00	240.00	300.00	320.00	190.00	200.00	170.00	180.00	140.00	150.00	200.00	220.00	250.00	260.00
Kandy	-	-	200.00	240.00	200.00	240.00	360.00	400.00	160.00	180.00	160.00	180.00	120.00	140.00	100.00	120.00	240.00	280.00
Puttalam	-	-	300.00	340.00	240.00	280.00	280.00	360.00	240.00	320.00	-	-	150.00	200.00	160.00	200.00	280.00	320.00
Hambantota	-	-	200.00	240.00	180.00	230.00	240.00	260.00	180.00	230.00	200.00	240.00	100.00	120.00	110.00	140.00	220.00	280.00
Rathnapura	-	-	180.00	220.00	160.00	180.00	220.00	240.00	180.00	200.00	190.00	210.00	140.00	160.00	110.00	130.00	220.00	260.00
Matara	-	-	220.00	240.00	160.00	200.00	200.00	240.00	180.00	240.00	200.00	220.00	100.00	120.00	100.00	120.00	200.00	260.00
Galle	-	-	200.00	240.00	180.00	200.00	240.00	260.00	200.00	240.00	160.00	200.00	140.00	160.00	100.00	140.00	220.00	240.00
Tissamaharama	-	-	200.00	230.00	140.00	160.00	240.00	260.00	150.00	170.00	190.00	200.00	140.00	160.00	120.00	140.00	250.00	280.00
Meegoda (DEC)	-	-	200.00	220.00	180.00	200.00	320.00	360.00	200.00	280.00	180.00	200.00	120.00	160.00	160.00	220.00	240.00	320.00
Embilipitiya	240.00	240.00	200.00	240.00	180.00	240.00	280.00	320.00	200.00	240.00	160.00	200.00	80.00	120.00	150.00	200.00	200.00	280.00
Jaffna	-	-	190.00	220.00	160.00	200.00	220.00	240.00	150.00	200.00	-	-	60.00	80.00	70.00	90.00	150.00	180.00
Vavuniya	-	-	350.00	400.00	250.00	280.00	390.00	420.00	180.00	205.00	-	-	160.00	170.00	150.00	165.00	220.00	250.00
Mannar	-	-	280.00	320.00	240.00	280.00	320.00	360.00	200.00	250.00	150.00	200.00	120.00	160.00	150.00	200.00	260.00	300.00
Killinochchi	-	-	400.00	440.00	200.00	240.00	270.00	300.00	200.00	240.00	-	-	140.00	160.00	140.00	160.00	200.00	240.00
Mullaittivu	-	-	280.00	300.00	240.00	260.00	280.00	320.00	200.00	240.00	-	-	150.00	160.00	140.00	150.00	200.00	240.00
Batticaloa	280.00	320.00	280.00	300.00	240.00	260.00	280.00	300.00	240.00	280.00	240.00	260.00	150.00	180.00	160.00	180.00	280.00	330.00
Trincomalee	240.00	280.00	220.00	250.00	170.00	200.00	320.00	350.00	160.00	190.00	120.00	140.00	110.00	140.00	110.00	150.00	230.00	260.00
Hanguranketha	-	-	150.00	180.00	120.00	150.00	200.00	220.00	190.00	220.00	120.00	140.00	60.00	80.00	70.00	90.00	190.00	220.00
Veyangoda	-	-	200.00	240.00	160.00	240.00	240.00	320.00	160.00	240.00	200.00	240.00	120.00	160.00	120.00	140.00	280.00	320.00
Galenbindunuwewa	-	-	240.00	280.00	160.00	240.00	280.00	320.00	160.00	200.00	150.00	160.00	100.00	120.00	120.00	140.00	220.00	240.00
Bandarawela	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Matale	-	-	240.00	280.00	180.00	240.00	300.00	320.00	160.00	200.00	160.00	240.00	80.00	120.00	120.00	160.00	240.00	320.00

Table 07 (Contd.)

LOCATIONS	Low Country Varieties										
	Ladies Fingers	Brinjal	Capsicum	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa	Long Beans	
Colombo	150.00 - 320.00	160.00 - 320.00	320.00 - 600.00	80.00 - 200.00	80.00 - 160.00	240.00 - 400.00	180.00 - 320.00	-	200.00 - 400.00	130.00 - 280.00	
Gampaha	240.00 - 320.00	200.00 - 240.00	400.00 - 480.00	120.00 - 140.00	120.00 - 160.00	400.00 - 400.00	320.00 - 320.00	1200.00 - 1200.00	400.00 - 400.00	200.00 - 240.00	
Kurunegala	240.00 - 280.00	240.00 - 280.00	500.00 - 600.00	120.00 - 140.00	120.00 - 160.00	280.00 - 340.00	240.00 - 260.00	-	280.00 - 340.00	240.00 - 260.00	
Nikaweratiya	160.00 - 240.00	240.00 - 240.00	400.00 - 520.00	120.00 - 140.00	140.00 - 160.00	240.00 - 320.00	240.00 - 240.00	-	240.00 - 320.00	160.00 - 240.00	
Dambulla	200.00 - 220.00	220.00 - 260.00	460.00 - 480.00	100.00 - 120.00	120.00 - 140.00	280.00 - 300.00	200.00 - 240.00	-	240.00 - 260.00	160.00 - 180.00	
Anuradhapura	160.00 - 240.00	200.00 - 240.00	400.00 - 500.00	100.00 - 160.00	100.00 - 140.00	240.00 - 320.00	200.00 - 240.00	-	240.00 - 280.00	160.00 - 200.00	
Thambuththegama	120.00 - 160.00	140.00 - 200.00	350.00 - 420.00	80.00 - 120.00	60.00 - 120.00	220.00 - 280.00	180.00 - 200.00	-	200.00 - 260.00	120.00 - 180.00	
Polonnaruwa	140.00 - 160.00	180.00 - 200.00	360.00 - 400.00	80.00 - 110.00	90.00 - 100.00	220.00 - 240.00	200.00 - 220.00	-	240.00 - 260.00	160.00 - 180.00	
Kaluthara	200.00 - 250.00	200.00 - 220.00	600.00 - 640.00	120.00 - 140.00	120.00 - 140.00	360.00 - 420.00	240.00 - 270.00	-	300.00 - 320.00	180.00 - 200.00	
Badulla	200.00 - 240.00	240.00 - 280.00	480.00 - 560.00	120.00 - 140.00	120.00 - 150.00	320.00 - 360.00	240.00 - 280.00	-	240.00 - 280.00	160.00 - 200.00	
Keppetipola	150.00 - 170.00	200.00 - 220.00	360.00 - 400.00	120.00 - 130.00	100.00 - 120.00	200.00 - 220.00	180.00 - 200.00	-	200.00 - 220.00	150.00 - 160.00	
Moneragala	200.00 - 240.00	160.00 - 200.00	480.00 - 500.00	120.00 - 160.00	140.00 - 160.00	320.00 - 400.00	240.00 - 260.00	-	260.00 - 280.00	140.00 - 200.00	
Kegalle	220.00 - 240.00	260.00 - 280.00	360.00 - 400.00	140.00 - 160.00	140.00 - 160.00	340.00 - 360.00	260.00 - 280.00	460.00 - 480.00	300.00 - 320.00	220.00 - 240.00	
Ampara	280.00 - 280.00	200.00 - 240.00	480.00 - 500.00	160.00 - 200.00	120.00 - 160.00	350.00 - 400.00	260.00 - 280.00	-	260.00 - 280.00	220.00 - 260.00	
Dehiattakandiya	240.00 - 320.00	160.00 - 200.00	400.00 - 420.00	120.00 - 160.00	120.00 - 160.00	240.00 - 280.00	200.00 - 280.00	-	240.00 - 260.00	160.00 - 200.00	
Nuwaraeliya	200.00 - 220.00	250.00 - 260.00	380.00 - 400.00	140.00 - 160.00	100.00 - 120.00	240.00 - 260.00	230.00 - 250.00	-	250.00 - 260.00	180.00 - 200.00	
Kandy	200.00 - 240.00	240.00 - 280.00	480.00 - 500.00	100.00 - 120.00	100.00 - 120.00	300.00 - 320.00	240.00 - 280.00	-	260.00 - 300.00	160.00 - 200.00	
Puttalam	200.00 - 240.00	200.00 - 320.00	400.00 - 500.00	180.00 - 220.00	180.00 - 220.00	320.00 - 480.00	240.00 - 320.00	700.00 - 800.00	250.00 - 340.00	130.00 - 180.00	
Rathnapura	200.00 - 220.00	200.00 - 220.00	400.00 - 450.00	80.00 - 90.00	120.00 - 130.00	240.00 - 300.00	200.00 - 220.00	400.00 - 420.00	240.00 - 260.00	150.00 - 170.00	
Hambantota	200.00 - 240.00	160.00 - 220.00	320.00 - 400.00	100.00 - 120.00	100.00 - 120.00	320.00 - 400.00	260.00 - 320.00	-	240.00 - 300.00	160.00 - 200.00	
Matara	200.00 - 260.00	200.00 - 260.00	350.00 - 400.00	100.00 - 120.00	100.00 - 120.00	280.00 - 320.00	240.00 - 280.00	-	240.00 - 280.00	200.00 - 240.00	
Galle	200.00 - 240.00	180.00 - 200.00	450.00 - 480.00	100.00 - 140.00	80.00 - 100.00	300.00 - 320.00	140.00 - 180.00	-	180.00 - 200.00	180.00 - 200.00	
Tissamaharama	190.00 - 220.00	150.00 - 180.00	430.00 - 460.00	90.00 - 110.00	70.00 - 80.00	300.00 - 350.00	150.00 - 180.00	-	200.00 - 230.00	130.00 - 150.00	
Meegoda (DEC)	160.00 - 240.00	200.00 - 240.00	480.00 - 520.00	120.00 - 140.00	120.00 - 160.00	320.00 - 420.00	240.00 - 260.00	-	240.00 - 360.00	160.00 - 200.00	
Embilipitiya	160.00 - 200.00	200.00 - 240.00	400.00 - 480.00	100.00 - 200.00	120.00 - 160.00	400.00 - 500.00	200.00 - 280.00	520.00 - 550.00	200.00 - 280.00	160.00 - 240.00	
Jaffna	180.00 - 220.00	140.00 - 180.00	250.00 - 320.00	50.00 - 60.00	50.00 - 80.00	250.00 - 290.00	140.00 - 150.00	1400.00 - 1600.00	-	100.00 - 150.00	
Vavuniya	260.00 - 300.00	200.00 - 240.00	320.00 - 350.00	100.00 - 140.00	140.00 - 160.00	450.00 - 500.00	250.00 - 300.00	800.00 - 1000.00	190.00 - 210.00	280.00 - 300.00	
Mannar	280.00 - 340.00	200.00 - 250.00	400.00 - 500.00	120.00 - 160.00	120.00 - 160.00	350.00 - 400.00	250.00 - 300.00	-	280.00 - 320.00	280.00 - 320.00	
Killinochchi	240.00 - 260.00	200.00 - 240.00	350.00 - 380.00	120.00 - 140.00	140.00 - 150.00	550.00 - 580.00	240.00 - 260.00	-	-	320.00 - 340.00	
Mullaittivu	250.00 - 280.00	180.00 - 200.00	350.00 - 400.00	100.00 - 120.00	-	480.00 - 520.00	240.00 - 280.00	-	-	280.00 - 320.00	
Batticaloa	260.00 - 280.00	280.00 - 320.00	500.00 - 540.00	160.00 - 180.00	160.00 - 180.00	480.00 - 520.00	280.00 - 320.00	-	300.00 - 320.00	280.00 - 320.00	
Trincomalee	210.00 - 240.00	150.00 - 180.00	320.00 - 350.00	90.00 - 120.00	130.00 - 160.00	240.00 - 260.00	170.00 - 200.00	-	180.00 - 200.00	140.00 - 180.00	
Hanguranketha	200.00 220.00	200.00 240.00	400.00 500.00	80.00 100.00	100.00 140.00	210.00 240.00	180.00 210.00	-	220.00 240.00	190.00 220.00	
Veyangoda	240.00 - 260.00	200.00 - 260.00	460.00 - 480.00	120.00 - 160.00	120.00 - 120.00	400.00 - 480.00	240.00 - 260.00	-	240.00 - 320.00	200.00 - 240.00	
Galenbindunuwewa	160.00 - 180.00	200.00 - 240.00	360.00 - 400.00	100.00 - 120.00	100.00 - 120.00	240.00 - 280.00	200.00 - 240.00	-	200.00 - 240.00	160.00 - 180.00	
Bandarawela	-	-	-	-	-	-	-	-	-	-	
Matale	240.00 - 280.00	240.00 - 260.00	400.00 - 450.00	80.00 - 120.00	80.00 - 120.00	240.00 - 280.00	200.00 - 240.00	-	240.00 - 280.00	140.00 - 180.00	

Table 07 (Contd.)

LOCATIONS	Low Country Varieties					Leafy Vegetable			Coconut (Rs/Nut)	
	Ash Plantain	Green Chillies	Lime	Sweet Potato	Manioc	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	200.00 - 320.00	300.00 - 600.00	280.00 - 500.00	120.00 - 240.00	180.00 - 240.00	60.00 - 80.00	60.00 - 80.00	80.00 - 150.00	110.00 - 130.00	90.00 - 100.00
Gampaha	240.00 - 320.00	500.00 - 600.00	300.00 - 300.00	160.00 - 200.00	200.00 - 200.00	60.00 - 70.00	60.00 - 70.00	30.00 - 30.00	110.00 - 130.00	100.00 - 100.00
Kurunegala	260.00 - 280.00	500.00 - 600.00	260.00 - 300.00	160.00 - 200.00	200.00 - 240.00	40.00 - 50.00	40.00 - 50.00	30.00 - 30.00	110.00 - 120.00	90.00 - 95.00
Nikaweratiya	160.00 - 200.00	500.00 - 600.00	200.00 - 300.00	160.00 - 200.00	160.00 - 200.00	40.00 - 50.00	40.00 - 50.00	60.00 - 60.00	90.00 - 100.00	75.00 - 85.00
Dambulla	280.00 - 300.00	400.00 - 500.00	400.00 - 500.00	160.00 - 180.00	200.00 - 220.00	50.00 - 60.00	50.00 - 60.00	45.00 - 50.00	115.00 - 120.00	80.00 - 85.00
Anuradhapura	200.00 - 240.00	400.00 - 600.00	300.00 - 400.00	160.00 - 180.00	200.00 - 240.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	100.00 - 120.00	80.00 - 90.00
Thambuththegama	-	350.00 - 420.00	250.00 - 300.00	120.00 - 160.00	-	40.00 - 40.00	40.00 - 40.00	-	90.00 - 100.00	70.00 - 80.00
Polonnaruwa	220.00 - 240.00	360.00 - 400.00	300.00 - 350.00	140.00 - 160.00	180.00 - 200.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	85.00 - 90.00	75.00 - 80.00
Kaluthara	280.00 - 300.00	300.00 - 350.00	250.00 - 300.00	200.00 - 220.00	180.00 - 200.00	60.00 - 80.00	60.00 - 80.00	80.00 - 100.00	110.00 - 130.00	90.00 - 100.00
Badulla	280.00 - 320.00	500.00 - 600.00	260.00 - 280.00	160.00 - 180.00	220.00 - 240.00	70.00 - 70.00	70.00 - 70.00	70.00 - 80.00	105.00 - 110.00	85.00 - 90.00
Keppetipola	220.00 - 240.00	380.00 - 400.00	300.00 - 340.00	150.00 - 160.00	170.00 - 180.00	40.00 - 50.00	45.00 - 50.00	40.00 - 45.00	115.00 - 120.00	95.00 - 98.00
Moneragala	160.00 - 200.00	400.00 - 500.00	200.00 - 300.00	160.00 - 180.00	-	60.00 - 70.00	60.00 - 70.00	60.00 - 70.00	100.00 - 120.00	80.00 - 90.00
Kegalle	220.00 - 240.00	460.00 - 500.00	360.00 - 400.00	180.00 - 200.00	180.00 - 220.00	70.00 - 80.00	70.00 - 80.00	50.00 - 70.00	110.00 - 120.00	90.00 - 100.00
Ampara	240.00 - 280.00	500.00 - 600.00	250.00 - 300.00	160.00 - 200.00	225.00 - 225.00	50.00 - 60.00	50.00 - 50.00	50.00 - 60.00	100.00 - 100.00	90.00 - 90.00
Dehiattakandiya	160.00 - 200.00	400.00 - 600.00	200.00 - 300.00	140.00 - 160.00	140.00 - 200.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	80.00 - 85.00	65.00 - 70.00
Nuwaraeliya	260.00 - 280.00	420.00 - 460.00	350.00 - 400.00	150.00 - 170.00	180.00 - 190.00	50.00 - 60.00	55.00 - 60.00	45.00 - 50.00	115.00 - 120.00	96.00 - 100.00
Kandy	240.00 - 280.00	450.00 - 500.00	360.00 - 400.00	160.00 - 180.00	230.00 - 240.00	50.00 - 60.00	50.00 - 60.00	40.00 - 50.00	100.00 - 120.00	80.00 - 85.00
Puttalam	180.00 - 240.00	450.00 - 500.00	200.00 - 300.00	180.00 - 240.00	200.00 - 240.00	60.00 - 70.00	60.00 - 70.00	40.00 - 40.00	100.00 - 110.00	90.00 - 95.00
Rathnapura	230.00 - 260.00	450.00 - 520.00	350.00 - 400.00	180.00 - 200.00	150.00 - 160.00	80.00 - 90.00	80.00 - 85.00	90.00 - 100.00	120.00 - 125.00	100.00 - 110.00
Hambanthota	160.00 - 220.00	320.00 - 400.00	180.00 - 220.00	160.00 - 220.00	150.00 - 200.00	50.00 - 60.00	50.00 - 60.00	70.00 - 80.00	100.00 - 110.00	70.00 - 80.00
Matara	220.00 - 280.00	350.00 - 400.00	200.00 - 220.00	160.00 - 200.00	200.00 - 220.00	55.00 - 60.00	55.00 - 60.00	75.00 - 80.00	110.00 - 125.00	70.00 - 90.00
Galle	160.00 - 200.00	400.00 - 400.00	300.00 - 300.00	140.00 - 160.00	180.00 - 200.00	60.00 - 70.00	60.00 - 60.00	70.00 - 80.00	95.00 - 100.00	75.00 - 80.00
Tissamaharama	200.00 - 220.00	350.00 - 380.00	180.00 - 200.00	160.00 - 180.00	130.00 - 150.00	45.00 - 50.00	45.00 - 50.00	55.00 - 60.00	100.00 - 110.00	60.00 - 70.00
Meegoda (DEC)	260.00 - 320.00	500.00 - 600.00	380.00 - 400.00	160.00 - 200.00	-	70.00 - 80.00	70.00 - 80.00	70.00 - 80.00	115.00 - 130.00	90.00 - 100.00
Embilipitiya	160.00 - 200.00	400.00 - 500.00	150.00 - 200.00	160.00 - 200.00	120.00 - 150.00	60.00 - 80.00	50.00 - 70.00	70.00 - 100.00	110.00 - 130.00	70.00 - 100.00
Jaffna	120.00 - 140.00	290.00 - 330.00	200.00 - 220.00	100.00 - 120.00	150.00 - 160.00	80.00 - 90.00	35.00 - 40.00	30.00 - 40.00	90.00 - 120.00	50.00 - 70.00
Vavuniya	200.00 - 240.00	250.00 - 300.00	290.00 - 320.00	200.00 - 250.00	200.00 - 245.00	55.00 - 65.00	55.00 - 65.00	55.00 - 65.00	80.00 - 85.00	70.00 - 75.00
Mannar	200.00 - 240.00	400.00 - 500.00	300.00 - 350.00	160.00 - 200.00	240.00 - 250.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	80.00 - 90.00	60.00 - 70.00
Killinochchi	140.00 - 160.00	400.00 - 440.00	240.00 - 260.00	200.00 - 230.00	200.00 - 220.00	50.00 - 60.00	40.00 - 45.00	40.00 - 50.00	90.00 - 100.00	60.00 - 70.00
Mullaittivu	200.00 - 240.00	350.00 - 400.00	180.00 - 220.00	200.00 - 220.00	240.00 - 260.00	50.00 - 60.00	-	40.00 - 50.00	75.00 - 80.00	50.00 - 60.00
Batticaloa	300.00 - 320.00	380.00 - 400.00	360.00 - 400.00	180.00 - 200.00	250.00 - 280.00	50.00 - 60.00	40.00 - 50.00	40.00 - 50.00	75.00 - 80.00	50.00 - 60.00
Trincomalee	210.00 240.00	340.00 380.00	310.00 340.00	140.00 160.00	180.00 220.00	50.00 55.00	45.00 50.00	45.00 55.00	80.00 100.00	50.00 70.00
Hanguranketha	250.00 - 280.00	400.00 - 500.00	300.00 - 360.00	140.00 - 160.00	120.00 - 150.00	40.00 - 40.00	40.00 - 40.00	40.00 - 40.00	98.00 - 110.00	80.00 - 90.00
Veyangoda	240.00 - 320.00	400.00 - 500.00	300.00 - 400.00	160.00 - 200.00	200.00 - 200.00	60.00 - 70.00	60.00 - 70.00	30.00 - 30.00	120.00 - 120.00	80.00 - 100.00
Galenbindunuwewa	-	400.00 - 500.00	300.00 - 350.00	140.00 - 160.00	-	50.00 - 60.00	50.00 - 60.00	-	75.00 - 80.00	60.00 - 70.00
Bandarawela	-	-	-	-	-	-	-	-	-	-
Matale	240.00 - 280.00	400.00 - 600.00	400.00 - 500.00	160.00 - 200.00	180.00 - 200.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	100.00 - 120.00	80.00 - 90.00

Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/Kg)

Week 13: 24 - 30 March 2023

LOCATIONS	Banana					Pineapple			Mango	
	Ambul (Rs/Kg)	Kolikuttu (Rs/Kg)	Seeni (Rs/Kg)	Anamalu	Ambun	Large	Medium	Small	Betti	Karthakolomban
Colombo	200.00 - 280.00	480.00 - 560.00	200.00 - 250.00	30.00 - 36.00	35.00 - 45.00	680.00 - 750.00	600.00 - 650.00	450.00 - 550.00	-	180.00 - 250.00
Gampaha	220.00 - 250.00	430.00 - 450.00	180.00 - 180.00	25.00 - 32.00	31.00 - 40.00	600.00 - 650.00	380.00 - 480.00	250.00 - 300.00	-	200.00 - 200.00
Kurunegala	220.00 - 250.00	520.00 - 550.00	180.00 - 200.00	22.00 - 25.00	40.00 - 45.00	750.00 - 800.00	400.00 - 500.00	280.00 - 300.00	80.00 - 100.00	240.00 - 260.00
Nikaweratiya	230.00 - 250.00	480.00 - 520.00	200.00 - 220.00	-	42.00 - 47.00	800.00 - 900.00	600.00 - 700.00	450.00 - 520.00	-	-
Dambulla	240.00 - 260.00	450.00 - 460.00	180.00 - 200.00	-	58.00 - 60.00	800.00 - 900.00	600.00 - 650.00	380.00 - 400.00	60.00 - 70.00	300.00 - 350.00
Anuradhapura	200.00 - 240.00	480.00 - 550.00	170.00 - 200.00	28.00 - 36.00	40.00 - 45.00	800.00 - 900.00	670.00 - 750.00	520.00 - 600.00	-	200.00 - 230.00
Thambuththegama	220.00 - 250.00	450.00 - 480.00	180.00 - 200.00	-	42.00 - 43.00	820.00 - 900.00	650.00 - 700.00	-	-	-
Polonnaruwa	180.00 - 200.00	440.00 - 450.00	140.00 - 150.00	25.00 - 25.00	-	750.00 - 800.00	500.00 - 600.00	280.00 - 300.00	-	-
Kaluthara	240.00 - 260.00	460.00 - 480.00	220.00 - 240.00	30.00 - 32.00	36.00 - 38.00	680.00 - 700.00	580.00 - 600.00	-	-	180.00 - 200.00
Badulla	200.00 - 230.00	440.00 - 460.00	130.00 - 150.00	20.00 - 22.00	30.00 - 32.00	-	650.00 - 680.00	520.00 - 540.00	-	-
Keppetipola	210.00 - 230.00	430.00 - 450.00	160.00 - 180.00	25.00 - 28.00	45.00 - 48.00	-	680.00 - 700.00	540.00 - 550.00	-	230.00 - 240.00
Moneragala	150.00 - 170.00	350.00 - 380.00	100.00 - 120.00	20.00 - 24.00	25.00 - 30.00	-	600.00 - 670.00	-	-	-
Kegalle	190.00 - 220.00	500.00 - 540.00	200.00 - 220.00	30.00 - 40.00	35.00 - 40.00	-	650.00 - 700.00	350.00 - 400.00	-	-
Ampara	160.00 - 180.00	400.00 - 450.00	100.00 - 130.00	20.00 - 35.00	25.00 - 38.00	-	-	450.00 - 600.00	-	-
Dehiattakandiya	160.00 - 220.00	300.00 - 450.00	160.00 - 200.00	-	40.00 - 55.00	750.00 - 800.00	600.00 - 700.00	350.00 - 520.00	-	-
Nuwaraeliya	240.00 - 260.00	450.00 - 460.00	180.00 - 190.00	30.00 - 35.00	55.00 - 60.00	-	680.00 - 700.00	460.00 - 480.00	-	290.00 - 300.00
Kandy	220.00 - 230.00	530.00 - 550.00	190.00 - 200.00	25.00 - 28.00	40.00 - 45.00	800.00 - 850.00	480.00 - 500.00	250.00 - 300.00	60.00 - 70.00	200.00 - 240.00
Puttalam	160.00 - 180.00	350.00 - 450.00	170.00 - 180.00	20.00 - 25.00	-	700.00 - 720.00	650.00 - 650.00	300.00 - 350.00	-	-
Rathnapura	180.00 - 200.00	350.00 - 360.00	180.00 - 200.00	-	-	750.00 - 850.00	500.00 - 600.00	180.00 - 250.00	-	-
Hambantota	200.00 - 220.00	380.00 - 440.00	170.00 - 180.00	23.00 - 25.00	28.00 - 29.00	900.00 - 950.00	780.00 - 850.00	400.00 - 500.00	-	250.00 - 260.00
Matara	200.00 - 220.00	400.00 - 440.00	180.00 - 190.00	24.00 - 25.00	33.00 - 35.00	860.00 - 900.00	700.00 - 750.00	400.00 - 520.00	50.00 - 60.00	240.00 - 250.00
Galle	180.00 - 200.00	420.00 - 450.00	170.00 - 200.00	28.00 - 30.00	35.00 - 37.00	720.00 - 750.00	570.00 - 600.00	-	90.00 - 100.00	250.00 - 300.00
Tissamaharama	140.00 - 170.00	370.00 - 400.00	120.00 - 130.00	-	-	760.00 - 780.00	650.00 - 680.00	520.00 - 550.00	-	-
Meegoda (DEC)	220.00 - 220.00	440.00 - 480.00	170.00 - 180.00	25.00 - 26.00	25.00 - 26.00	-	-	480.00 - 550.00	-	-
Embilipitiya	130.00 - 160.00	340.00 - 400.00	120.00 - 140.00	25.00 - 30.00	30.00 - 45.00	-	550.00 - 600.00	300.00 - 400.00	60.00 - 80.00	-
Jaffna	180.00 - 220.00	450.00 - 500.00	120.00 - 180.00	-	-	780.00 - 840.00	650.00 - 700.00	500.00 - 600.00	-	-
Vavuniya	160.00 - 180.00	460.00 - 490.00	160.00 - 200.00	35.00 - 40.00	-	720.00 - 760.00	620.00 - 650.00	490.00 - 550.00	-	160.00 - 200.00
Mannar	150.00 - 180.00	400.00 - 450.00	120.00 - 150.00	24.00 - 26.00	-	700.00 - 750.00	600.00 - 650.00	500.00 - 550.00	-	-
Killinochchi	180.00 - 220.00	400.00 - 450.00	150.00 - 170.00	28.00 - 32.00	28.00 - 32.00	900.00 - 960.00	720.00 - 760.00	600.00 - 640.00	-	-
Mullaittivu	160.00 - 200.00	280.00 - 300.00	160.00 - 200.00	23.00 - 25.00	-	-	-	-	-	-
Batticaloa	200.00 - 220.00	420.00 - 450.00	150.00 - 160.00	30.00 - 35.00	-	680.00 - 700.00	550.00 - 580.00	480.00 - 500.00	-	-
Trincomalee	180.00 - 200.00	390.00 - 420.00	165.00 - 180.00	32.00 - 35.00	40.00 - 43.00	-	500.00 - 530.00	300.00 - 400.00	90.00 - 120.00	-
Veyangoda	220.00 - 280.00	450.00 - 500.00	195.00 - 220.00	20.00 - 25.00	35.00 - 44.00	850.00 - 900.00	500.00 - 550.00	350.00 - 400.00	-	200.00 - 240.00
Galenbindunuwewa	180.00 - 200.00	400.00 - 500.00	120.00 - 150.00	30.00 - 40.00	40.00 - 50.00	850.00 - 900.00	720.00 - 750.00	600.00 - 600.00	-	-
Bandarawela	-	-	-	-	-	-	-	-	-	-
Matale	200.00 - 240.00	400.00 - 450.00	160.00 - 200.00	32.00 - 38.00	50.00 - 56.00	800.00 - 850.00	580.00 - 650.00	450.00 - 480.00	-	260.00 - 280.00

Table 08 (Contd.)

LOCATIONS	Mango		Other Fruits							
	Vilad	Kohu	Papaw (Rs/Kg)	Passion	Wood Apple	Orange	Avocado	Slime Apple	Grapes (Rs/Kg)	King Coconut
Colombo	-	-	250.00 - 450.00	54.00 - 83.00	70.00 - 150.00	70.00 - 120.00	100.00 - 200.00	40.00 - 100.00	2000.00 - 3000.00	150.00 - 180.00
Gampaha	-	-	280.00 - 360.00	100.00 - 120.00	130.00 - 150.00	100.00 - 100.00	120.00 - 150.00	70.00 - 80.00	2500.00 - 2500.00	140.00 - 150.00
Kurunegala	120.00 - 140.00	60.00 - 80.00	250.00 - 300.00	70.00 - 70.00	100.00 - 100.00	100.00 - 130.00	120.00 - 150.00	70.00 - 80.00	2500.00 - 2500.00	120.00 - 140.00
Nikaweratiya	-	-	220.00 - 240.00	-	-	70.00 - 80.00	100.00 - 150.00	50.00 - 100.00	2800.00 - 3000.00	100.00 - 100.00
Dambulla	-	40.00 - 50.00	280.00 - 300.00	60.00 - 70.00	60.00 - 80.00	60.00 - 80.00	140.00 - 150.00	50.00 - 60.00	2500.00 - 2600.00	120.00 - 130.00
Anuradhapura	-	-	200.00 - 280.00	-	50.00 - 80.00	80.00 - 120.00	100.00 - 140.00	60.00 - 100.00	2500.00 - 3000.00	120.00 - 140.00
Thambuththegama	-	-	250.00 - 300.00	-	-	60.00 - 80.00	80.00 - 100.00	-	2000.00 - 2200.00	80.00 - 100.00
Polonnaruwa	-	-	250.00 - 300.00	-	60.00 - 60.00	-	80.00 - 100.00	50.00 - 75.00	2500.00 - 2600.00	120.00 - 120.00
Kaluthara	-	-	320.00 - 360.00	-	90.00 - 110.00	100.00 - 120.00	180.00 - 200.00	80.00 - 100.00	2400.00 - 2600.00	150.00 - 160.00
Badulla	90.00 - 100.00	-	250.00 - 280.00	50.00 - 60.00	60.00 - 70.00	50.00 - 60.00	-	40.00 - 60.00	2700.00 - 2800.00	120.00 - 130.00
Keppetipola	-	-	260.00 - 280.00	80.00 - 90.00	80.00 - 90.00	70.00 - 80.00	140.00 - 160.00	70.00 - 75.00	2200.00 - 2300.00	115.00 - 120.00
Moneragala	-	-	150.00 - 180.00	-	31.00 - 37.00	70.00 - 80.00	80.00 - 100.00	37.00 - 42.00	-	80.00 - 100.00
Kegalle	-	-	250.00 - 280.00	-	50.00 - 70.00	70.00 - 100.00	120.00 - 130.00	40.00 - 50.00	3000.00 - 3000.00	80.00 - 100.00
Ampara	-	-	180.00 - 220.00	-	40.00 - 46.00	-	-	40.00 - 60.00	2200.00 - 2300.00	130.00 - 150.00
Dehiattakandiya	-	-	160.00 - 220.00	-	60.00 - 80.00	50.00 - 80.00	100.00 - 150.00	60.00 - 80.00	3000.00 - 3500.00	100.00 - 130.00
Nuwaraeliya	-	-	280.00 - 300.00	85.00 - 90.00	85.00 - 90.00	80.00 - 90.00	150.00 - 160.00	70.00 - 80.00	2500.00 - 2700.00	115.00 - 120.00
Kandy	90.00 - 100.00	-	250.00 - 300.00	60.00 - 70.00	70.00 - 80.00	70.00 - 80.00	100.00 - 120.00	60.00 - 70.00	2200.00 - 2500.00	140.00 - 150.00
Puttalam	-	-	220.00 - 300.00	-	-	60.00 - 85.00	-	-	-	90.00 - 120.00
Hambantota	-	-	200.00 - 250.00	-	30.00 - 40.00	80.00 - 100.00	-	40.00 - 50.00	2500.00 - 2600.00	90.00 - 100.00
Rathnapura	-	-	240.00 - 260.00	-	50.00 - 60.00	80.00 - 100.00	-	50.00 - 70.00	2000.00 - 2500.00	100.00 - 110.00
Matara	-	50.00 - 70.00	250.00 - 265.00	65.00 - 72.00	60.00 - 70.00	80.00 - 100.00	90.00 - 120.00	55.00 - 65.00	2500.00 - 2600.00	80.00 - 100.00
Galle	120.00 - 140.00	50.00 - 60.00	240.00 - 300.00	66.00 - 75.00	46.00 - 50.00	80.00 - 100.00	120.00 - 180.00	60.00 - 80.00	2800.00 - 3000.00	100.00 - 120.00
Tissamaharama	-	-	200.00 - 250.00	55.00 - 60.00	45.00 - 45.00	80.00 - 90.00	-	35.00 - 45.00	2600.00 - 2800.00	90.00 - 100.00
Meegoda (DEC)	-	-	230.00 - 250.00	-	-	80.00 - 100.00	-	-	2400.00 - 2800.00	-
Embilipitiya	60.00 - 80.00	30.00 - 50.00	200.00 - 220.00	60.00 - 70.00	70.00 - 100.00	70.00 - 100.00	90.00 - 120.00	20.00 - 30.00	2500.00 - 3200.00	90.00 - 120.00
Jaffna	-	-	-	-	50.00 - 90.00	-	-	-	2600.00 - 3000.00	150.00 - 180.00
Vavuniya	-	-	240.00 - 280.00	70.00 - 90.00	75.00 - 90.00	70.00 - 80.00	180.00 - 200.00	-	-	100.00 - 145.00
Mannar	-	-	220.00 - 250.00	50.00 - 60.00	-	70.00 - 100.00	100.00 - 150.00	-	2500.00 - 3000.00	140.00 - 160.00
Killinochchi	-	-	250.00 - 280.00	-	50.00 - 60.00	-	-	-	2800.00 - 3000.00	150.00 - 160.00
Mullaittivu	-	-	250.00 - 260.00	-	-	-	-	-	-	130.00 - 150.00
Batticaloa	-	-	240.00 - 250.00	60.00 - 65.00	65.00 - 70.00	65.00 - 68.00	150.00 - 150.00	-	2500.00 - 2600.00	130.00 - 150.00
Trincomalee	-	-	240.00 - 270.00	70.00 - 80.00	55.00 - 65.00	55.00 - 60.00	90.00 - 120.00	45.00 - 50.00	2450.00 - 2600.00	120.00 - 130.00
Veyangoda	-	-	300.00 - 400.00	60.00 - 70.00	60.00 - 100.00	70.00 - 120.00	100.00 - 130.00	50.00 - 60.00	2500.00 - 3000.00	120.00 - 150.00
Galenbindunuwewa	-	-	200.00 - 250.00	-	-	-	100.00 - 140.00	-	2500.00 - 2600.00	-
Bandarawela	-	-	-	-	-	-	-	-	-	-
Matale	-	40.00 - 50.00	250.00 - 300.00	-	60.00 - 80.00	60.00 - 80.00	120.00 - 140.00	50.00 - 60.00	2500.00 - 2600.00	100.00 - 120.00

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/Kg & Rs/Egg)

Week 13: 24 - 30 March 2023

Locations	Sea Fish					
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw
Colombo	150.00 – 360.00	480.00 – 600.00	580.00 – 700.00	1000.00 – 1240.00	1600.00 – 2400.00	980.00 – 1200.00
Kandy	360.00 – 380.00	700.00 – 720.00	780.00 – 820.00	1150.00 – 1300.00	1800.00 – 2000.00	1100.00 – 1200.00
Kaluthara	350.00 – 400.00	600.00 – 700.00	620.00 – 640.00	850.00 – 900.00	-	900.00 – 960.00
Puttalam	300.00 – 450.00	620.00 – 700.00	650.00 – 720.00	800.00 – 1300.00	1350.00 – 1900.00	1150.00 – 1300.00
Matara	320.00 – 380.00	-	720.00 – 800.00	1400.00 – 1500.00	-	-
Hambantota	350.00 – 400.00	750.00 – 800.00	700.00 – 750.00	1200.00 – 1300.00	1200.00 – 1250.00	-
Galle	-	-	700.00 – 800.00	1200.00 – 1300.00	1800.00 – 2000.00	1000.00 – 1000.00
Batticaloa	300.00 – 350.00	600.00 – 700.00	800.00 – 900.00	1300.00 – 1400.00	1600.00 – 1750.00	1200.00 – 1300.00
Trincomalee	300.00 – 350.00	650.00 – 750.00	550.00 – 620.00	650.00 – 750.00	1050.00 – 1150.00	1200.00 – 1350.00
Mannar	130.00 – 160.00	400.00 – 450.00	400.00 – 450.00	-	-	1000.00 – 1100.00

Locations	Sea Fish				Eggs	
	Mora	Shrimps	Thalapath	Teppeli	Brown	White
Colombo	800.00 – 920.00	1400.00 – 1550.00	1200.00 – 1650.00	-	46.00 – 46.00	44.00 – 44.00
Kandy	1100.00 – 1200.00	1500.00 – 1600.00	1600.00 – 1800.00	-	50.00 – 52.00	47.00 – 48.00
Kaluthara	-	-	1400.00 – 1500.00	-	-	-
Puttalam	900.00 – 1500.00	1300.00 – 1850.00	1350.00 – 1900.00	-	56.00 – 59.00	55.00 – 58.00
Matara	-	1550.00 – 1650.00	1500.00 – 1550.00	-	-	-
Hambantota	-	1600.00 – 1650.00	-	-	-	-
Galle	-	-	1400.00 – 1600.00	-	-	54.00 – 55.00
Batticaloa	1300.00 – 1400.00	1200.00 – 1300.00	1400.00 – 1500.00	-	54.00 – 54.00	53.00 – 53.00
Trincomalee	1300.00 – 1400.00	750.00 – 850.00	1450.00 – 1550.00	-	-	42.00 – 44.00
Mannar	-	800.00 – 900.00	-	-	54.00 – 55.00	52.00 – 53.00

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50Kg)

Week 13: 24 - 30 March 2023

Locations	Local Dried Fish					
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa
Colombo	57000 – 62000	-	-	75000 – 90000	44000 – 50000	-
Kandy	60000 – 62500	-	-	90000 – 92500	50000 – 52500	-
Batticaloa	47500 – 50000	110000 – 112500	-	88500 – 91000	57500 – 60000	52500 – 55000
Trincomalee	43000 – 47000	72000 – 73000	-	74000 – 76000	36750 – 38000	34000 – 36250
Mannar	45000 – 47500	90000 – 95000	-	60000 – 65000	40000 – 45000	37500 – 40000

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	57000 – 62500	-	27000 – 32000	39000 – 46000	76000 – 80000	-
Kandy	63000 – 65000	-	40000 – 42500	47500 – 49000	90000 – 92500	-
Batticaloa	67500 – 68600	-	45000 – 47000	49500 – 50000	-	-
Trincomalee	49000 – 50500	-	20000 – 22000	40000 – 44000	77000 – 78500	85000 – 87000
Mannar	47500 – 50000	75000 – 80000	30000 – 32500	47500 – 50000	-	-

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	-	-	79000 – 85000	-	-	-
Kandy	-	-	93000 – 95000	-	-	-
Batticaloa	-	-	-	-	-	-
Trincomalee	80000 – 82000	-	-	-	-	-
Mannar	-	-	-	-	-	-

Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/Kg & Rs/Eggs)

Week 13: 24 - 30 March 2023

LOCATIONS	Sea Fish									Eggs									
	Salaya		Hurulla		Balaya		Kelawalla		Thora		Paraw		Mora		Thalapath		Brown		White
Colombo	400.00 - 600.00	600.00 - 1000.00	800.00 - 1400.00	1400.00 - 2400.00	2400.00 - 3000.00	1400.00 - 2200.00	-	1700.00 - 2600.00	57.00 - 58.00	55.00 - 58.00									
Gampaha	500.00 - 500.00	800.00 - 800.00	-	2000.00 - 2000.00	-	-	-	2200.00 - 2200.00	-	-									
Kurunegala	420.00 - 480.00	860.00 - 880.00	1200.00 - 1300.00	1600.00 - 1700.00	-	1400.00 - 1500.00	1500.00 - 1600.00	2400.00 - 2400.00	-	-									
Nikaweratiya	500.00 - 600.00	900.00 - 900.00	850.00 - 1300.00	1800.00 - 1900.00	-	1400.00 - 2000.00	-	2200.00 - 2200.00	-	55.00 - 55.00									
Dambulla	400.00 - 460.00	800.00 - 900.00	800.00 - 900.00	1800.00 - 2000.00	2500.00 - 2500.00	1800.00 - 2000.00	1500.00 - 1600.00	1800.00 - 2000.00	59.00 - 60.00	56.00 - 57.00									
Anuradhapura	480.00 - 500.00	850.00 - 900.00	900.00 - 1000.00	1900.00 - 2000.00	2400.00 - 2600.00	1400.00 - 1500.00	1600.00 - 1700.00	2000.00 - 2200.00	-	-									
Thambuththegama	400.00 - 400.00	700.00 - 800.00	800.00 - 800.00	2000.00 - 2000.00	3000.00 - 3000.00	1500.00 - 1500.00	2000.00 - 2000.00	2600.00 - 2600.00	-	55.00 - 55.00									
Polonnaruwa	500.00 - 550.00	980.00 - 1000.00	1200.00 - 1300.00	1650.00 - 1750.00	2200.00 - 2200.00	1300.00 - 1350.00	1600.00 - 1700.00	2000.00 - 2100.00	-	60.00 - 65.00									
Kaluthara	470.00 - 500.00	800.00 - 850.00	900.00 - 950.00	1350.00 - 1450.00	-	1400.00 - 1500.00	-	1700.00 - 1800.00	-	-									
Badulla	480.00 - 500.00	900.00 - 960.00	1200.00 - 1300.00	1700.00 - 1800.00	-	1300.00 - 1500.00	1500.00 - 1600.00	2200.00 - 2400.00	-	-									
Keppetipola	460.00 - 480.00	750.00 - 760.00	1300.00 - 1350.00	1650.00 - 1700.00	-	1460.00 - 1480.00	1560.00 - 1580.00	1850.00 - 1880.00	56.00 - 58.00	55.00 - 57.00									
Moneragala	550.00 - 600.00	1000.00 - 1100.00	1000.00 - 1100.00	2000.00 - 2400.00	-	-	-	2400.00 - 2500.00	-	-									
Kegalle	500.00 - 550.00	950.00 - 1000.00	1450.00 - 1500.00	1750.00 - 1800.00	2950.00 - 3000.00	1750.00 - 1800.00	1600.00 - 1700.00	2000.00 - 2100.00	60.00 - 60.00	58.00 - 58.00									
Ampara	-	1000.00 - 1000.00	1200.00 - 1200.00	-	-	-	-	2000.00 - 2000.00	-	55.00 - 58.00									
Dehiattakandiya	400.00 - 400.00	700.00 - 800.00	-	1800.00 - 1800.00	1800.00 - 1800.00	-	-	1800.00 - 1800.00	53.00 - 53.00	50.00 - 53.00									
Nuwaraeliya	450.00 - 460.00	750.00 - 760.00	1200.00 - 1300.00	1700.00 - 1800.00	-	1800.00 - 1850.00	1300.00 - 1350.00	1800.00 - 1860.00	57.00 - 58.00	56.00 - 57.00									
Kandy	480.00 - 500.00	800.00 - 850.00	950.00 - 1100.00	1700.00 - 1800.00	2600.00 - 2700.00	1600.00 - 1700.00	1600.00 - 1650.00	2000.00 - 2100.00	56.00 - 57.00	53.00 - 55.00									
Puttalam	350.00 - 500.00	700.00 - 850.00	680.00 - 850.00	1250.00 - 1500.00	1450.00 - 2150.00	1300.00 - 1450.00	1000.00 - 1650.00	1500.00 - 2000.00	57.00 - 60.00	56.00 - 57.00									
Hambantota	450.00 - 550.00	1000.00 - 1100.00	1300.00 - 1400.00	1900.00 - 2000.00	2000.00 - 2000.00	1600.00 - 1800.00	-	-	-	55.00 - 57.00									
Rathnapura	480.00 - 500.00	900.00 - 1000.00	960.00 - 1000.00	1700.00 - 1900.00	2800.00 - 3000.00	-	1550.00 - 1600.00	2000.00 - 2200.00	-	-									
Matara	450.00 - 550.00	-	1200.00 - 1300.00	1950.00 - 2000.00	-	-	-	2000.00 - 2100.00	-	54.00 - 56.00									
Galle	500.00 - 600.00	800.00 - 900.00	900.00 - 1000.00	1600.00 - 1800.00	2400.00 - 2800.00	1600.00 - 1800.00	-	2000.00 - 2000.00	-	55.00 - 56.00									
Tissamaharama	500.00 - 500.00	900.00 - 1000.00	1200.00 - 1400.00	-	-	-	-	-	-	-									
Meegoda	400.00 - 500.00	800.00 - 1000.00	800.00 - 800.00	-	-	1600.00 - 1600.00	-	2360.00 - 2600.00	-	-									
Embilipitiya	500.00 - 600.00	750.00 - 850.00	1100.00 - 1250.00	1800.00 - 2000.00	2000.00 - 2200.00	1500.00 - 1600.00	1400.00 - 1500.00	2000.00 - 2200.00	59.00 - 60.00	57.00 - 58.00									
Jaffna	320.00 - 380.00	780.00 - 840.00	800.00 - 850.00	-	-	1200.00 - 1400.00	2000.00 - 2300.00	-	49.00 - 50.00	48.00 - 49.00									
Vavuniya	640.00 - 700.00	980.00 - 1150.00	1050.00 - 1150.00	2050.00 - 2200.00	2300.00 - 2450.00	1600.00 - 1750.00	2000.00 - 2150.00	2100.00 - 2200.00	46.00 - 48.00	44.00 - 46.00									
Mannar	200.00 - 300.00	500.00 - 550.00	600.00 - 700.00	-	-	1200.00 - 1300.00	1800.00 - 2200.00	-	56.00 - 57.00	54.00 - 55.00									
Killinochchi	440.00 - 460.00	600.00 - 650.00	800.00 - 860.00	-	-	1200.00 - 1400.00	2200.00 - 2400.00	-	-	55.00 - 56.00									
Mullaittivu	300.00 - 400.00	700.00 - 800.00	800.00 - 900.00	-	-	1000.00 - 1200.00	1000.00 - 1200.00	-	58.00 - 60.00	54.00 - 55.00									
Batticaloa	400.00 - 500.00	800.00 - 1000.00	1500.00 - 1600.00	1900.00 - 2100.00	2300.00 - 2400.00	1900.00 - 2000.00	2100.00 - 2200.00	1900.00 - 2100.00	56.00 - 56.00	55.00 - 55.00									
Trincomalee	400.00 - 500.00	800.00 - 900.00	650.00 - 750.00	850.00 - 950.00	1200.00 - 1350.00	1400.00 - 1500.00	1500.00 - 1600.00	1600.00 - 1650.00	45.00 - 48.00	46.00 - 50.00									
Veyangoda	600.00 - 600.00	800.00 - 800.00	1400.00 - 1400.00	2000.00 - 2000.00	2400.00 - 2400.00	1400.00 - 1400.00	2000.00 - 2000.00	2400.00 - 2400.00	-	55.00 - 55.00									
Galenbindunuwewa	400.00 - 400.00	800.00 - 800.00	1000.00 - 1000.00	2000.00 - 2000.00	2400.00 - 2400.00	1600.00 - 1600.00	1800.00 - 1800.00	2000.00 - 2000.00	-	-									
Bandarawela	-	-	-	-	-	-	-	-	-	-									
Matale	560.00 - 640.00	800.00 - 900.00	760.00 - 800.00	1800.00 - 2000.00	2200.00 - 2300.00	1500.00 - 1600.00	1500.00 - 1600.00	1500.00 - 1600.00	59.00 - 60.00	57.00 - 58.00									

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/Kg)

Week 13: 24 - 30 March 2023

LOCATIONS	Dried Fish													
	Sprats-Imported		Kattawa		Thora		Mora		Balaya		Anguluwa		Salaya	
Colombo	900.00	1400.00	2000.00	2800.00	-	-	2000.00	2600.00	1000.00	1800.00	1800.00	2400.00	900.00	1300.00
Gampaha	1040.00	1200.00	2000.00	2600.00	2000.00	2000.00	2000.00	2400.00	1400.00	1600.00	1600.00	2400.00	1000.00	1000.00
Kurunegala	1200.00	1300.00	2400.00	2500.00	-	-	2200.00	2400.00	1200.00	1400.00	-	-	1000.00	1200.00
Nikaweratiya	1100.00	1200.00	2400.00	2400.00	2800.00	2800.00	2200.00	2200.00	1400.00	1400.00	2200.00	2800.00	1000.00	1000.00
Dambulla	1100.00	1300.00	2400.00	2500.00	-	-	2400.00	2500.00	1000.00	1200.00	2000.00	2200.00	-	-
Anuradhapura	1000.00	1500.00	2200.00	2800.00	-	-	2200.00	2500.00	1200.00	1600.00	2000.00	2400.00	1000.00	1200.00
Thambuththegama	1000.00	1100.00	-	-	-	-	1650.00	1650.00	1100.00	1150.00	1000.00	1100.00	1000.00	1000.00
Polonnaruwa	1350.00	1400.00	2000.00	2200.00	-	-	2200.00	2300.00	1100.00	1200.00	1600.00	1700.00	1200.00	1300.00
Kaluthara	1500.00	1600.00	2400.00	2600.00	-	-	2300.00	2400.00	1400.00	1500.00	-	-	1200.00	1300.00
Badulla	1200.00	1400.00	2400.00	2500.00	-	-	2300.00	2400.00	1300.00	1400.00	-	-	1100.00	1200.00
Keppetipola	1350.00	1400.00	2450.00	2500.00	-	-	2200.00	2300.00	1250.00	1280.00	2400.00	2460.00	1250.00	1300.00
Moneragala	1000.00	1200.00	2000.00	2400.00	-	-	1800.00	2300.00	1200.00	1300.00	2000.00	2400.00	900.00	1000.00
Kegalle	1150.00	1250.00	2200.00	2350.00	-	-	2000.00	2200.00	1200.00	1250.00	-	-	-	-
Ampara	970.00	1200.00	2150.00	2300.00	-	-	1800.00	2200.00	1000.00	1300.00	1600.00	2000.00	-	-
Dehiattakandiya	1000.00	1200.00	2700.00	2800.00	-	-	2200.00	2300.00	1100.00	1200.00	1100.00	1200.00	1000.00	1000.00
Nuwaraeliya	1340.00	1400.00	2400.00	2500.00	-	-	2450.00	2480.00	1240.00	1260.00	2300.00	2360.00	1200.00	1250.00
Kandy	1100.00	1300.00	2500.00	2600.00	-	-	2400.00	2500.00	1300.00	1500.00	2400.00	2500.00	1150.00	1200.00
Puttalam	900.00	1080.00	1800.00	2400.00	-	-	2200.00	2450.00	800.00	1200.00	850.00	1200.00	800.00	800.00
Hambantota	1300.00	1500.00	2100.00	2300.00	-	-	-	-	1200.00	1400.00	2000.00	2200.00	-	-
Rathnapura	1000.00	1160.00	2100.00	2200.00	2960.00	3000.00	1880.00	2000.00	900.00	960.00	1960.00	2100.00	800.00	860.00
Matara	1150.00	1250.00	2000.00	2300.00	-	-	-	-	1100.00	1300.00	1950.00	2000.00	-	-
Galle	1000.00	1400.00	1900.00	2400.00	-	-	2000.00	2200.00	1100.00	1200.00	2000.00	2000.00	1200.00	1500.00
Tissamaharama	1200.00	1300.00	-	-	-	-	-	-	1100.00	1300.00	-	-	-	-
Meegoda	1050.00	1200.00	2200.00	2500.00	-	-	2000.00	2450.00	1400.00	1400.00	-	-	800.00	880.00
Embilipitiya	1200.00	1600.00	2000.00	2250.00	2100.00	2300.00	2000.00	2200.00	1250.00	1550.00	2000.00	2200.00	1000.00	1200.00
Jaffna	1100.00	1200.00	2300.00	2500.00	-	-	-	-	-	-	-	-	-	-
Vavuniya	1100.00	1350.00	1550.00	1700.00	-	-	-	-	1150.00	1240.00	1250.00	1300.00	800.00	850.00
Mannar	1000.00	1100.00	2000.00	2200.00	-	-	1500.00	1800.00	1000.00	1200.00	900.00	1000.00	800.00	900.00
Killinochchi	1000.00	1200.00	2800.00	3000.00	-	-	2700.00	2900.00	1100.00	1300.00	1200.00	1300.00	1000.00	1200.00
Mullaittivu	1100.00	1300.00	2500.00	2800.00	-	-	2000.00	2500.00	1000.00	1500.00	1000.00	1200.00	1000.00	1200.00
Batticaloa	1000.00	1100.00	2350.00	2450.00	-	-	1900.00	2000.00	1200.00	1300.00	1200.00	1300.00	1000.00	1100.00
Trincomalee	950.00	1200.00	1600.00	1700.00	-	-	1550.00	1650.00	800.00	900.00	800.00	950.00	-	-
Veyangoda	950.00	1200.00	1920.00	2200.00	-	-	2000.00	2200.00	1100.00	1200.00	1950.00	2000.00	800.00	1000.00
Galenbindunuwewa	1200.00	1300.00	2200.00	2400.00	-	-	2000.00	2200.00	1400.00	1500.00	2200.00	2400.00	1000.00	1200.00
Bandarawela	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Matale	-	-	2400.00	2800.00	3700.00	3800.00	2000.00	2400.00	1300.00	1400.00	1600.00	1800.00	-	-

Table 13: Selected Markets: Retail Price of Meat (Rs/Kg)

Week 13: 24 - 30 March 2023

LOCATIONS	Meat	Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork
Colombo	2200.00 - 2400.00	1200.00 - 1360.00	1350.00 - 1500.00	2800.00 - 3200.00	1480.00 - 2000.00
Gampaha	-	1300.00 - 1300.00	-	3000.00 - 3000.00	1500.00 - 1500.00
Kurunegala	1900.00 - 2000.00	1300.00 - 1380.00	-	2700.00 - 2700.00	1500.00 - 1600.00
Nikaweratiya	1800.00 - 1800.00	1250.00 - 1290.00	-	-	-
Dambulla	-	1250.00 - 1300.00	-	-	1700.00 - 1700.00
Anuradhapura	1900.00 - 2000.00	1100.00 - 1250.00	-	3000.00 - 3200.00	1500.00 - 1650.00
Thambuththegama	1800.00 - 2000.00	1050.00 - 1190.00	1250.00 - 1250.00	-	1550.00 - 1600.00
Polonnaruwa	-	1200.00 - 1280.00	-	-	-
Kaluthara	-	1240.00 - 1280.00	1350.00 - 1400.00	-	-
Badulla	1800.00 - 2000.00	1300.00 - 1400.00	1500.00 - 1600.00	2600.00 - 2800.00	-
Keppetipola	2000.00 - 2100.00	1100.00 - 1150.00	1260.00 - 1260.00	2900.00 - 3000.00	-
Moneragala	1900.00 - 1900.00	1300.00 - 1350.00	-	2700.00 - 2700.00	1600.00 - 1650.00
Kegalle	1850.00 - 1900.00	1180.00 - 1250.00	-	2750.00 - 2800.00	1800.00 - 1850.00
Ampara	2000.00 - 2000.00	-	1200.00 - 1300.00	-	1950.00 - 1950.00
Dehiattakandiya	2100.00 - 2100.00	1070.00 - 1250.00	1300.00 - 1300.00	2400.00 - 2400.00	1600.00 - 1650.00
Nuwaraeliya	2000.00 - 2200.00	1100.00 - 1160.00	1250.00 - 1260.00	2900.00 - 3000.00	1900.00 - 2000.00
Kandy	1900.00 - 2000.00	1260.00 - 1280.00	1450.00 - 1480.00	2700.00 - 2800.00	1550.00 - 1600.00
Puttalam	2000.00 - 2000.00	1200.00 - 1350.00	-	3000.00 - 3000.00	-
Hambantota	-	1260.00 - 1280.00	-	-	-
Rathnapura	2000.00 - 2100.00	1160.00 - 1250.00	-	2900.00 - 3000.00	1560.00 - 1600.00
Matara	-	1300.00 - 1350.00	-	-	-
Galle	2100.00 - 2200.00	1300.00 - 1350.00	1600.00 - 1600.00	3100.00 - 3200.00	-
Tissamaharama	-	1120.00 - 1150.00	-	2800.00 - 2800.00	1700.00 - 1800.00
Meegoda	-	1100.00 - 1280.00	-	-	1500.00 - 1600.00
Embilipitiya	1800.00 - 1900.00	1020.00 - 1150.00	1150.00 - 1250.00	2500.00 - 2600.00	1600.00 - 1800.00
Jaffna	1700.00 - 2000.00	1200.00 - 1350.00	1450.00 - 1600.00	3000.00 - 3250.00	-
Vavuniya	2000.00 - 2150.00	1350.00 - 1400.00	-	2850.00 - 2950.00	-
Mannar	-	1500.00 - 1550.00	-	-	-
Killinochchi	1800.00 - 1900.00	1400.00 - 1500.00	1700.00 - 1800.00	2800.00 - 2900.00	-
Mullaittivu	1700.00 - 1800.00	1500.00 - 1600.00	-	-	-
Batticaloa	1600.00 - 1700.00	1400.00 - 1500.00	1500.00 - 1600.00	-	-
Trincomalee	1700.00 - 1750.00	1040.00 - 1080.00	1450.00 - 1550.00	-	-
Veyangoda	2000.00 - 2000.00	1200.00 - 1250.00	1300.00 - 1300.00	2700.00 - 3000.00	1500.00 - 1500.00
Galenbindunuwewa	1900.00 - 1900.00	1250.00 - 1250.00	-	-	-
Bandarawela	-	-	-	-	-
Matale	1900.00 - 2000.00	1250.00 - 1280.00	1450.00 - 1550.00	2600.00 - 2600.00	1500.00 - 1600.00

Table 14: Colombo: Wholesale Prices (Rs/Kg or Rs/Pieces)

Week 13: 24 - 30 March 2023

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
Rice							Coconut						
Local							Large						
Samba 1	205.00 - 215.00	212.30	216.25	197.13	-1.83	7.70	97.00 - 100.00	98.30	97.80	76.20	0.51	29.00	
Samba 2	200.00 - 210.00	206.60	211.10	189.50	-2.13	9.02	85.00 - 88.00	87.00	86.40	70.40	0.69	23.58	
Keeri Samba	240.00 - 245.00	243.00	243.50	237.50	-0.21	2.32	Fruits (Rs/Fruit)						
Nadu 1	185.00 - 190.00	186.50	186.80	189.44	-0.16	-1.55	Plantain						
Nadu 2	180.00 - 185.00	182.20	184.00	182.00	-0.98	0.11	Ambul (Rs/Kg)	150.00 - 220.00	175.83	166.15	49.00	5.83	258.84
Raw (Red)	155.00 - 165.00	161.78	161.80	191.64	-0.01	-15.58	Kolikuttu (Rs/Kg)	400.00 - 480.00	446.67	397.92	173.33	12.25	157.69
Raw (White)	170.00 - 180.00	174.80	175.00	190.50	-0.11	-8.24	Seeni (Rs/Kg)	140.00 - 160.00	152.50	135.00	60.00	12.96	154.17
Imported							Anamalu						
Samba	200.00 - 210.00	206.60	207.30	162.30	-0.34	27.30	Ambun	29.00 - 35.00	31.33	29.00	12.20	8.05	156.83
Nadu	163.00 - 175.00	168.80	169.44	150.63	-0.38	12.07	Papaw(Rs/Kg)	33.00 - 40.00	35.50	33.15	15.20	7.08	133.55
Raw (Red)							Passion Fruit	170.00 - 280.00	230.00	232.50	125.00	-1.08	84.00
Raw (White)	170.00 - 178.00	174.40	175.50	146.50	-0.63	19.04	Pineapple Large	50.00 - 60.00	55.25	47.00	31.50	17.55	75.40
Dried Chillies							Pineapple Medium						
Imported	950.00 - 1140.00	1052.00	1119.00	1126.00	-5.99	-6.57	Pineapple Small	640.00 - 700.00	665.56	690.00	475.00	-3.54	40.12
Onion							Mango						
Sinnan	240.00 - 250.00	246.67	260.00		-5.13		Betti	540.00 - 600.00	565.56	582.22	376.00	-2.86	50.41
Vedalan	280.00 - 325.00	292.27	292.86	268.57	-0.20	8.82	Karthakolomban	440.00 - 500.00	465.56	481.11	284.00	-3.23	63.93
Imported	250.00 - 280.00	265.56	282.00	242.50	-5.83	9.51	Vilad	45.00 - 70.00	59.00	47.00	30.40	25.53	94.08
Big Onion							Kohu						
Imported	75.00 - 90.00	83.00	102.00	133.50	-18.63	-37.83		60.00 - 70.00	65.00	76.67	46.40	-15.22	40.09
Local							Other						
Potato							Wood Apple						
Welimada	180.00 - 200.00	190.00	187.50	154.00	1.33	23.38	Orange	50.00 - 70.00	59.33	49.58	26.00	19.66	128.21
N'Eliya	220.00 - 230.00	225.00	217.50	177.50	3.45	26.76	Avocado	55.00 - 65.00	61.36	53.83	25.83	13.99	137.54
Imported	120.00 - 130.00	127.00	126.00	135.00	0.79	-5.93	Slime Apple	90.00 - 180.00	128.46	124.17	86.67	3.46	48.22
Pulses							Grapes (Imp., Rs/Kg)						
Green Gram	1350.00 - 1450.00	1394.00	1424.00	907.50	-2.11	53.61	King Coconut	22.00 - 28.00	24.83	23.67	21.33	4.93	16.41
Cowpea (White)	650.00 - 850.00	735.00	781.11	611.67	-5.90	20.16	Sea Fish						
Cowpea (Red)	700.00 - 880.00	783.00	806.67	529.00	-2.93	48.02	Salaya	1200.00 - 1600.00	1400.00	1285.71	1364.44	8.89	2.61
Red Dhal	305.00 - 325.00	314.50	323.70	412.00	-2.84	-23.67	Hurulla	120.00 - 150.00	132.50	124.55	90.00	6.39	47.22
Vegetable							Balaya						
Beans (Butter)							800.00 - 920.00	877.78	1064.44				
Beans(Green)	120.00 - 160.00	133.00	154.44	192.00	-13.88	-30.73	Shrimps	1400.00 - 1550.00	1487.00	1567.00	1200.00	-5.11	23.92
Carrot	90.00 - 120.00	101.00	87.00	136.00	16.09	-25.74	Thalapath	1200.00 - 1650.00	1410.00	1460.00	1308.57	-3.42	7.75
Leeks	140.00 - 220.00	174.00	145.00	73.00	20.00	138.36	Eggs						
Beetroot	90.00 - 150.00	122.73	125.00	87.50	-1.82	40.26	Brown	46.00 - 46.00	46.00	46.00	30.75	0.00	49.59
Knolkhol	90.00 - 130.00	104.00	102.00	80.00	1.96	30.00	White	44.00 - 44.00	44.00	44.00	28.75	0.00	53.04
Raddish	40.00 - 80.00	58.00	48.00	55.00	20.83	5.45	Dried Fish						
Cabbage	50.00 - 80.00	63.00	50.00	63.00	26.00	0.00	Sprats	1140.00 - 1240.00	1184.00	1242.00	1166.00	-4.67	1.54
Tomato	150.00 - 200.00	175.00	195.00	110.00	-10.26	59.09	Sprats (Imported)	780.00 - 920.00	846.67	823.33	995.00	2.83	-14.91
Ladies Fingers	100.00 - 140.00	117.00	130.00	49.00	-10.00	138.78	Kattawa	-	-	-	1545.00	-	-
Brinjal	120.00 - 150.00	133.00	128.00	161.00	3.91	-17.39	Kattawa (Imported)	1520.00 - 1600.00	1542.00	1556.00	1314.00	-0.90	17.35
Capsicum	250.00 - 320.00	283.64	288.00	190.00	-1.52	49.28	Thora	-	-	-	-	-	-
Pumpkin	35.00 - 60.00	43.00	49.00	54.00	-12.24	-20.37	Thora (Imported)	1500.00 - 1800.00	1652.00	1590.00	1485.00	3.90	11.25
Cucumber	40.00 - 60.00	48.00	50.00	33.50	-4.00	43.28	Mora	880.00 - 1000.00	946.00	913.00	820.00	3.61	15.37
Bitter Gourd	200.00 - 270.00	241.00	264.00	178.00	-8.71	35.39	Balaya	-	-	-	-	-	-
Snake Gourd	120.00 - 170.00	145.00	125.00	137.00	16.00	5.84	Balaya (Imported)	-	-	-	-	-	-
Drumstick							Anguluwa	-	-	-	-	-	-
Luffa	140.00 - 170.00	155.00	170.00	126.00	-8.82	23.02	Anguluwa (Imported)	1580.00 - 1700.00	1625.00	1735.56	1281.67	-6.37	26.79
Long Beans	90.00 - 120.00	101.00	114.00	85.00	-11.40	18.82	Maduwa	1140.00 - 1250.00	1192.00	1239.00	1058.57	-3.79	12.60
Ash Plantain	160.00 - 220.00	188.00	197.00	45.00	-4.57	317.78	Maduwa (Imported)	-	-	-	-	-	-
Green Chillies	250.00 - 300.00	281.00	301.00	259.00	-6.64	8.49	Koduwa	-	-	-	-	-	-
Lime	140.00 - 230.00	187.00	159.00	133.00	17.61	40.60	Koduwa (Imported)	-	-	-	-	-	-
Root Crops							Salaya						
Sweet Potato	80.00 - 110.00	94.00	93.00	105.00	1.08	-10.48	540.00 - 640.00	591.00	708.00	632.00	-16.53	-6.49	
Manioc	150.00 - 180.00	161.00	150.00	36.00	7.33	347.22	Salaya (Imported)						
Leafy Vegetable							Mukunuwenna						
Mukunuwenna	40.00 - 45.00	43.70	45.00	31.40	-2.89	39.17	Kankun						
Kankun	40.00 - 45.00	43.70	45.00	31.40	-2.89	39.17	Gotukola (Rs/Kg)						
Gotukola (Rs/Kg)	220.00 - 230.00	222.00	223.00	144.00	-0.45	54.17							

This Week: Week 13: 24 - 30 March 2023

Last Week: Week 12: 17 - 23 March 2023

Table 15: Colombo &Suburbs: Retail Prices (Rs/Kg or Rs/Piece)

Week 13: 24 - 30 March 2023

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week	Last Year (%)			This Week	Last Week	Last Year	Last Week	Last Year (%)
<u>Rice</u>													
Local													
Samba 1	220.00 - 240.00	229.69	229.85	205.26	-0.16	11.90	Large	110.00 - 130.00	119.00	118.70	92.24	0.30	29.02
Samba 2	210.00 - 220.00	219.23	220.00	193.33	-0.77	13.40	Small	90.00 - 100.00	98.10	97.61	78.46	0.49	25.02
Keeri Samba	250.00 - 270.00	261.03	261.91	250.81	-0.88	4.07	<u>Fruits (Rs/Fruit)</u>						
Nadu 1	210.00 - 220.00	218.06	219.41	197.79	-1.35	10.25	Plantain						
Nadu 2	190.00 - 210.00	205.32	208.23	184.11	-2.90	11.52	Ambul (Rs/Kg)	200.00 - 280.00	247.50	231.71	105.88	15.79	133.75
Raw (Red)	175.00 - 210.00	192.06	192.74	201.14	-0.68	-4.51	Kolikuttu (Rs/Kg)	480.00 - 560.00	525.15	486.97	231.94	38.18	126.41
Raw (White)	185.00 - 200.00	192.83	194.67	199.86	-1.83	-3.52	Seeni (Rs/Kg)	200.00 - 250.00	224.72	216.29	120.27	8.44	86.85
Imported													
Samba	210.00 - 230.00	220.17	226.56	168.75	-6.39	30.47	Anamalu	30.00 - 36.00	31.58	31.03	18.11	0.55	74.43
Nadu	185.00 - 200.00	195.54	198.13	170.00	-2.59	15.02	Ambun	35.00 - 45.00	39.34	38.44	22.73	0.91	73.13
Raw (Red)	-	-	-	-	-	-	Papaw(Rs/Kg)	250.00 - 450.00	342.07	369.00	218.97	-26.93	56.22
Raw (White)	185.00 - 200.00	193.28	193.79	162.30	-0.51	19.09	Passion Fruit	54.00 - 83.00	72.00	70.68	39.31	1.32	83.17
<u>Dried Chillies</u>													
Imported	1200.00 - 1600.00	1404.84	1454.69	1278.75	-49.85	9.86	Pineapple Large	680.00 - 750.00	704.48	706.09	513.33	-1.60	37.24
<u>Onion</u>													
Sinnan	320.00 - 360.00	346.67	-	273.33	-	26.83	Pineapple Medium	600.00 - 650.00	619.57	621.11	395.60	-1.55	56.61
Vedalan	360.00 - 480.00	465.00	477.04	402.94	-12.04	15.40	Pineapple Small	450.00 - 550.00	499.09	508.26	315.00	-9.17	58.44
Imported	300.00 - 400.00	385.17	385.67	332.58	-0.49	15.81	Mango						
<u>Big Onion</u>													
Imported	100.00 - 140.00	117.71	127.88	178.29	-10.16	-33.98	Betti	-	-	-	-	-	-
Local	-	-	-	-	-	-	Karthakolomban	180.00 - 250.00	222.94	211.67	127.65	11.27	74.65
<u>Potato</u>													
Welimada	270.00 - 300.00	292.86	282.50	225.56	10.36	29.84	Vilad	-	-	110.00	58.89	-	-
N'Eliya	320.00 - 360.00	339.20	356.13	293.89	-16.93	15.42	Kohu	-	-	-	-	-	-
Imported	140.00 - 180.00	159.35	165.00	163.89	-5.65	-2.77	<u>Other</u>						
<u>Pulses</u>													
Green Gram	1400.00 - 1600.00	1564.44	1532.22	997.14	32.22	56.89	Wood Apple	70.00 - 150.00	98.71	96.00	56.97	2.71	73.27
Cowpea (White)	950.00 - 1300.00	1136.11	1144.00	760.76	-7.89	49.34	Orange	70.00 - 120.00	98.80	98.00	57.00	0.80	73.33
Cowpea (Red)	900.00 - 1300.00	1114.00	1146.30	648.62	-32.30	71.75	Avocado	100.00 - 200.00	145.00	135.00	102.86	10.00	40.97
Red Dhal	340.00 - 370.00	357.27	359.12	420.48	-1.84	-15.03	Slime Apple	40.00 - 100.00	79.09	76.79	57.39	2.31	37.81
<u>Vegetable</u>													
Beans (Butter)	-	-	-	-	-	-	Grapes (Imp., Rs/Kg)	2000.00 - 3000.00	2600.00	2491.67	1635.29	108.33	58.99
Beans(Green)	200.00 - 300.00	242.22	288.89	281.29	-46.67	-13.89	King Coconut	150.00 - 180.00	162.11	154.44	102.86	7.66	57.60
Carrot	140.00 - 240.00	203.33	197.69	236.00	5.64	-13.84	<u>Sea Fish</u>						
Leeks	240.00 - 360.00	298.70	248.89	162.86	49.81	83.41	Salaya	400.00 - 600.00	491.25	523.33	356.92	-32.08	37.63
Beetroot	140.00 - 280.00	207.41	250.00	180.67	-42.59	14.80	Hurulla	600.00 - 1000.00	787.73	886.67	630.53	-98.94	24.93
Knolkhol	140.00 - 320.00	237.04	232.59	202.41	4.44	17.11	Balaya	800.00 - 1400.00	1117.00	1253.33	1079.13	-136.33	3.51
Raddish	100.00 - 240.00	163.85	157.78	147.33	6.07	11.21	Kelawalla	1400.00 - 2400.00	1795.45	1832.17	1592.50	-36.72	12.74
Cabbage	100.00 - 240.00	160.74	142.59	164.00	18.15	-1.99	Thora	2400.00 - 3000.00	2721.05	2837.65	2115.00	-116.59	28.65
Tomato	240.00 - 400.00	306.54	309.63	195.33	-3.09	56.93	Paraw	1400.00 - 2200.00	1755.29	1918.95	1561.90	-163.65	12.38
Ladies Fingers	150.00 - 320.00	224.07	251.54	152.67	-27.46	46.77	Mora	-	-	1600.00	-	-	-
Brijjal	160.00 - 320.00	244.44	257.04	260.33	-12.59	-6.10	Shrimps	1500.00 - 2000.00	1680.00	1725.33	1311.20	-45.33	28.13
Capsicum	320.00 - 600.00	438.00	450.40	328.00	-12.40	33.54	Thalpath	1700.00 - 2600.00	2188.00	2238.40	1888.46	-50.40	15.86
Pumpkin	80.00 - 200.00	137.04	141.48	155.86	-4.44	-12.08	<u>Eggs</u>						
Cucumber	80.00 - 160.00	134.23	152.00	123.33	-17.77	8.84	Brown	57.00 - 58.00	57.33	57.00	31.57	0.33	81.60
Bitter Gourd	240.00 - 400.00	334.23	405.38	290.69	-71.15	14.98	White	55.00 - 58.00	56.17	53.00	30.37	3.17	84.96
Snake Gourd	180.00 - 320.00	275.38	263.08	233.55	12.31	17.91	<u>Dried Fish</u>						
Drumstick	-	-	-	-	-	-	Sprats	1300.00 - 2000.00	1720.83	1725.00	1480.00	-4.17	16.27
Luffa	200.00 - 400.00	293.33	307.69	240.00	-14.36	22.22	Sprats (Imported)	900.00 - 1400.00	1194.64	1250.74	1171.11	-56.10	2.01
Long Beans	130.00 - 280.00	214.23	246.67	195.33	-32.44	9.67	Kattawa	2000.00 - 2800.00	2366.67	2447.62	1879.31	-80.95	25.93
Ash Plantain	200.00 - 320.00	280.42	286.15	140.67	-5.74	99.35	Thora	-	-	-	-	-	-
Green Chillies	300.00 - 600.00	474.40	480.80	472.07	-6.40	0.49	Mora	2000.00 - 2600.00	2363.64	2345.83	1760.87	17.80	34.23
Lime	280.00 - 500.00	380.00	323.85	327.59	56.15	16.00	Balaya	1000.00 - 1800.00	1415.79	1413.04	1152.00	2.75	22.90
<u>Root Crops</u>													
Sweet Potato	120.00 - 240.00	195.83	211.30	185.17	-15.47	5.76	Anguluwa	1800.00 - 2400.00	2150.00	2200.00	1560.00	-50.00	37.82
Manioc	180.00 - 240.00	225.38	221.54	102.33	3.85	120.25	Maduwa	-	-	1400.00	-	-	-
<u>Leafy Vegetable</u>													
Mukunuwenna	60.00 - 80.00	77.89	77.78	64.09	0.12	21.54	Koduwa	-	-	-	-	-	-
Kankun	60.00 - 80.00	77.89	77.78	64.09	0.12	21.54	Salaya	900.00 - 1300.00	1104.76	1105.56	861.25	-0.79	28.27
Gotukola	80.00 - 150.00	121.58	120.00	67.73	1.58	79.51	<u>Meat</u>						
Beef (without Bones)													
Chicken (Broiler)													
Chicken (Curry)													
Mutton													
Pork													

This Week: Week 13: 24 - 30 March 2023
Last Week: Week 12: 17 - 23 March 2023

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/Kg)

Week 13: 24 - 30 March 2023

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
<u>Paddy</u>			<u>Vegetable (Up Country)</u>			<u>Snake Gourd</u>		
Short Grain			Beans			Dambulla	86.00 - 100.00	94.20
A'pura	90.00 - 103.00	95.20	Dambulla	120.00 - 130.00	125.00	Hambantota	150.00 - 170.00	160.00
P'narawa	109.00 - 110.00	109.40	Welimada	70.00 - 80.00	75.00	Embilipitiya	120.00 - 135.00	128.00
Kalawewa	90.00 - 100.00	95.71	Badulla	90.00 - 120.00	102.00	Matara	-	
Kurunegala	90.00 - 102.00	96.00	Carrot			A'pura	100.00 - 120.00	108.00
Dehiattakandiya	105.00 - 108.50	106.83	N'Eliya	90.00 - 100.00	94.00	Luffa		
Nikaweratiya	100.00 - 106.00	103.14	Welimada	65.00 - 75.00	69.00	Dambulla	115.00 - 130.00	123.00
Ampara	100.00 - 100.00	100.00	Hanguranketha	50.00 - 70.00	59.00	Hambantota	150.00 - 170.00	160.00
Long Grain (White)			Leeks			Embilipitiya	120.00 - 140.00	129.00
A'pura	85.00 - 100.00	91.00	N'Eliya	170.00 - 190.00	178.00	Matara	-	
P'narawa	94.00 - 95.00	94.40	Welimada	160.00 - 170.00	166.00	A'pura	120.00 - 130.00	124.00
Kalawewa	80.00 - 100.00	89.30	Beetroot			Green Chillies		
Kurunegala	80.00 - 90.00	85.50	N'Eliya	80.00 - 90.00	84.00	Dambulla	220.00 - 250.00	236.00
Dehiattakandiya	90.00 - 92.50	91.50	Dambulla	67.00 - 90.00	77.20	Hambantota	-	
Embilipitiya	-		Kurunegala	-		Embilipitiya	300.00 - 330.00	316.67
Nikaweratiya	90.00 - 100.00	93.57	Welimada	60.00 - 70.00	65.00	Puttalam	180.00 - 220.00	202.00
Hambantota	-		Hanguranketha	70.00 - 90.00	80.00	A'pura	250.00 - 280.00	262.00
Ampara	90.00 - 95.00	93.00	Knol Khol			Pumpkin		
Long Grain (Red)			N'Eliya	65.00 - 75.00	69.00	Dambulla	30.00 - 38.00	33.80
Matara	80.00 - 85.00	82.50	Welimada	55.00 - 65.00	59.00	Hambantota	35.00 - 40.00	38.75
Hambantota	80.00 - 86.00	83.50	Hanguranketha	45.00 - 60.00	51.60	Embilipitiya	60.00 - 75.00	67.50
Embilipitiya	85.00 - 90.00	88.00	Raddish			Matara	40.00 - 55.00	47.50
Keeri Samba			N'Eliya	35.00 - 45.00	40.00	A'pura	35.00 - 40.00	37.00
A'pura	110.00 - 120.00	114.00	Welimada	25.00 - 35.00	29.00	Moneragala	-	
P'narawa	127.00 - 128.00	127.50	Hambantota	40.00 - 50.00	45.00	Cucumber		
Kalawewa	110.00 - 120.00	113.75	Hanguranketha	20.00 - 30.00	25.00	A'pura	30.00 - 40.00	34.00
Kurunegala	118.00 - 120.00	119.00	Cabbage			Dambulla	25.00 - 30.00	28.60
Dehiattakandiya	122.00 - 128.00	125.00	N'Eliya	70.00 - 85.00	78.00	Hambantota	35.00 - 50.00	41.25
Red Onion			Welimada	50.00 - 65.00	59.00	Matara	30.00 - 40.00	33.75
Puttalam	160.00 - 240.00	190.00	Badulla	20.00 - 35.00	28.00	Long Beans		
Jaffna	130.00 - 180.00	153.33	Hanguranketha	25.00 - 40.00	32.40	Dambulla	57.00 - 67.00	62.60
Big Onion			Tomato			Hambantota	60.00 - 80.00	72.00
Dambulla	-		Welimada	80.00 - 90.00	86.00	Embilipitiya	100.00 - 130.00	118.33
Kalawewa	-		Hambantota	-		Matara	85.00 - 110.00	96.25
A'pura	-		Dambulla	125.00 - 140.00	134.00	A'pura	90.00 - 100.00	94.00
Potato			Hanguranketha	100.00 - 120.00	110.00	Ash Plantain		
N'Eliya	190.00 - 195.00	193.00	Vegetable (Low Country)			Hambantota	100.00 - 120.00	110.00
Badulla	160.00 - 180.00	168.00	Ladies Fingers			Embilipitiya	120.00 - 130.00	123.00
Welimada	160.00 - 170.00	166.00	A'pura	90.00 - 100.00	94.00	Matara	120.00 - 135.00	127.50
Pulses			Dambulla	76.00 - 86.00	80.00	Lime		
Green Gram			Hambantota	110.00 - 140.00	125.00	Hambantota	-	
Hambantota	-		Embilipitiya	80.00 - 100.00	88.00	Embilipitiya	80.00 - 100.00	88.00
Moneragala	1200.00 - 1250.00	1220.00	Matara	100.00 - 125.00	113.75	Moneragala	150.00 - 160.00	154.00
Embilipitiya	1380.00 - 1400.00	1390.00	Brinjal			Fruits (Rs/Kg)		
Nikaweratiya	1300.00 - 1300.00	1300.00	A'pura	110.00 - 120.00	114.00	Banana		
A'pura	1250.00 - 1300.00	1270.00	Dambulla	110.00 - 125.00	116.00	Ambul		
Cowpea			Hambantota	-		Moneragala	80.00 - 90.00	84.00
Hambantota	-		Embilipitiya	100.00 - 120.00	108.00	Embilipitiya	100.00 - 130.00	116.00
Nikaweratiya	600.00 - 650.00	625.00	Matara	100.00 - 130.00	115.00	Hambantota	130.00 - 150.00	136.00
Moneragala	680.00 - 700.00	688.00	Welimada	110.00 - 120.00	116.00	Kolikuttu		
Embilipitiya	380.00 - 450.00	416.67	Capsicum			Moneragala	280.00 - 300.00	288.00
Maize			Badulla	-		Embilipitiya	280.00 - 310.00	296.00
A'pura	140.00 - 145.00	142.00	Welimada	250.00 - 260.00	256.00	Hambantota	-	
Kalawewa	140.00 - 150.00	146.67	Bitter Gourd			Papaw		
Gingelly			A'pura	140.00 - 160.00	148.00	Moneragala	70.00 - 80.00	74.00
A'pura	600.00 - 700.00	640.00	Dambulla	110.00 - 125.00	119.00	Embilipitiya	140.00 - 150.00	145.00
Kalawewa	-		Hambantota	-		Hambantota	150.00 - 160.00	155.00
Black Gram			Embilipitiya	300.00 - 320.00	310.00	Pineapple		
A'pura	500.00 - 550.00	520.00	Matara	-		Divulapitiya	-	
Kalawewa	-							

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/Kg)

Week 13: 24 - 30 March 2023

28

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Rice</u>									
Local									
Samba 1	230.00 - 230.00	230.00 - 230.00	230.00 - 230.00	230.00 - 230.00	230.00 - 230.00	230.00 - 230.00	220.00 - 230.00	230.00 - 230.00	230.00 - 240.00
Samba 2	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	-	210.00 - 220.00	-	220.00 - 220.00
Keeri Samba	250.00 - 260.00	260.00 - 260.00	260.00 - 270.00	260.00 - 265.00	260.00 - 270.00	260.00 - 270.00	260.00 - 270.00	260.00 - 260.00	260.00 - 270.00
Nadu 1	220.00 - 220.00	210.00 - 220.00	220.00 - 220.00	210.00 - 210.00	210.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00
Nadu 2	200.00 - 210.00	210.00 - 210.00	200.00 - 210.00	200.00 - 205.00	200.00 - 210.00	210.00 - 210.00	190.00 - 210.00	190.00 - 210.00	210.00 - 210.00
Raw (Red)	175.00 - 210.00	200.00 - 200.00	180.00 - 190.00	175.00 - 190.00	180.00 - 210.00	190.00 - 190.00	200.00 - 200.00	190.00 - 200.00	200.00 - 200.00
Raw (White)	190.00 - 200.00	190.00 - 200.00	185.00 - 200.00	185.00 - 200.00	190.00 - 200.00	190.00 - 190.00	190.00 - 200.00	190.00 - 190.00	200.00 - 200.00
Imported									
Samba	210.00 - 220.00	220.00 - 220.00	220.00 - 230.00	220.00 - 230.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00
Nadu	185.00 - 190.00	200.00 - 200.00	200.00 - 200.00	190.00 - 200.00	200.00 - 200.00	190.00 - 190.00	190.00 - 200.00	-	200.00 - 200.00
Raw (Red)	-	-	-	-	-	-	-	-	-
Raw (White)	185.00 - 190.00	200.00 - 200.00	190.00 - 200.00	190.00 - 195.00	200.00 - 200.00	200.00 - 200.00	190.00 - 190.00	190.00 - 190.00	190.00 - 190.00
<u>Dried Chillies</u>									
Imported	1200.00 - 1300.00	1600.00 - 1600.00	1400.00 - 1600.00	1400.00 - 1400.00	1400.00 - 1600.00	1200.00 - 1500.00	1300.00 - 1500.00	1300.00 - 1400.00	1300.00 - 1300.00
<u>Red Onion</u>									
Sinnan	-	-	-	-	-	-	360.00 - 360.00	320.00 - 320.00	320.00 - 320.00
Vedalan	480.00 - 480.00	480.00 - 480.00	480.00 - 480.00	480.00 - 480.00	480.00 - 480.00	-	-	-	360.00 - 360.00
Imported	300.00 - 400.00	400.00 - 400.00	400.00 - 400.00	320.00 - 400.00	400.00 - 400.00	400.00 - 400.00	360.00 - 400.00	400.00 - 400.00	400.00 - 400.00
<u>Big Onion</u>									
Imported	100.00 - 120.00	120.00 - 120.00	120.00 - 120.00	110.00 - 140.00	100.00 - 120.00	110.00 - 110.00	120.00 - 120.00	120.00 - 120.00	120.00 - 120.00
Local	-	-	-	-	-	-	-	-	-
<u>Potato</u>									
Welimada	300.00 - 300.00	-	300.00 - 300.00	270.00 - 280.00	300.00 - 300.00	300.00 - 300.00	280.00 - 300.00	-	-
N'Eliya	320.00 - 360.00	360.00 - 360.00	320.00 - 320.00	320.00 - 320.00	340.00 - 360.00	320.00 - 320.00	320.00 - 360.00	-	320.00 - 360.00
Imported	150.00 - 160.00	160.00 - 180.00	160.00 - 160.00	150.00 - 160.00	160.00 - 160.00	160.00 - 160.00	140.00 - 160.00	160.00 - 160.00	160.00 - 160.00
<u>Pulses</u>									
Green Gram	1400.00 - 1550.00	1600.00 - 1600.00	1550.00 - 1600.00	1600.00 - 1600.00	1500.00 - 1600.00	1600.00 - 1600.00	1520.00 - 1600.00	1600.00 - 1600.00	1400.00 - 1600.00
Cowpea (White)	950.00 - 1100.00	1000.00 - 1000.00	1000.00 - 1000.00	1000.00 - 1200.00	1200.00 - 1200.00	1200.00 - 1200.00	1200.00 - 1300.00	1300.00 - 1300.00	1300.00 - 1300.00
Cowpea (Red)	950.00 - 1100.00	1000.00 - 1000.00	1000.00 - 1000.00	1000.00 - 1200.00	1200.00 - 1200.00	1200.00 - 1200.00	900.00 - 1300.00	1300.00 - 1300.00	1300.00 - 1300.00
Red Dhal	340.00 - 360.00	360.00 - 360.00	360.00 - 360.00	350.00 - 360.00	340.00 - 370.00	360.00 - 370.00	350.00 - 360.00	360.00 - 370.00	360.00 - 360.00

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/Kg) and Coconut (Rs/Nut)

Week 13: 24 - 30 March 2023

29

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<i>Vegetable</i>									
Beans	200.00 - 240.00	240.00 - 300.00	240.00 - 280.00	240.00 - 240.00	200.00 - 300.00	300.00 - 300.00	200.00 - 240.00	240.00 - 240.00	200.00 - 240.00
Carrot	140.00 - 160.00	240.00 - 240.00	240.00 - 240.00	200.00 - 240.00	160.00 - 200.00	180.00 - 200.00	140.00 - 160.00	200.00 - 200.00	160.00 - 200.00
Leeks	240.00 - 280.00	320.00 - 360.00	320.00 - 320.00	320.00 - 360.00	240.00 - 250.00	360.00 - 360.00	240.00 - 280.00	320.00 - 320.00	240.00 - 300.00
Beetroot	150.00 - 160.00	240.00 - 280.00	240.00 - 280.00	200.00 - 240.00	180.00 - 240.00	140.00 - 160.00	140.00 - 160.00	240.00 - 280.00	200.00 - 240.00
Knolkhol	140.00 - 160.00	240.00 - 320.00	240.00 - 320.00	240.00 - 320.00	180.00 - 240.00	180.00 - 200.00	180.00 - 200.00	180.00 - 200.00	180.00 - 200.00
Raddish	100.00 - 120.00	200.00 - 240.00	160.00 - 160.00	200.00 - 240.00	160.00 - 160.00	100.00 - 120.00	100.00 - 120.00	120.00 - 120.00	120.00 - 160.00
Cabbage	100.00 - 140.00	200.00 - 240.00	160.00 - 200.00	240.00 - 240.00	140.00 - 160.00	160.00 - 160.00	100.00 - 120.00	160.00 - 160.00	120.00 - 160.00
Tomato	240.00 - 260.00	360.00 - 400.00	320.00 - 360.00	360.00 - 400.00	240.00 - 280.00	320.00 - 320.00	240.00 - 280.00	320.00 - 320.00	240.00 - 300.00
Ladies Fingers	150.00 - 160.00	240.00 - 320.00	240.00 - 320.00	240.00 - 240.00	200.00 - 220.00	240.00 - 280.00	160.00 - 200.00	240.00 - 240.00	200.00 - 240.00
Brinjal	200.00 - 220.00	240.00 - 320.00	240.00 - 280.00	240.00 - 240.00	220.00 - 240.00	320.00 - 320.00	160.00 - 200.00	200.00 - 200.00	200.00 - 240.00
Capsicum	320.00 - 400.00	480.00 - 600.00	600.00 - 600.00	600.00 - 600.00	400.00 - 480.00	480.00 - 500.00	320.00 - 400.00	600.00 - 600.00	360.00 - 400.00
Pumpkin	90.00 - 100.00	140.00 - 180.00	160.00 - 200.00	160.00 - 200.00	100.00 - 140.00	200.00 - 200.00	80.00 - 120.00	120.00 - 120.00	120.00 - 120.00
Cucumber	90.00 - 100.00	160.00 - 160.00	160.00 - 160.00	160.00 - 160.00	120.00 - 160.00	160.00 - 160.00	80.00 - 120.00	120.00 - 120.00	120.00 - 160.00
Bitter Gourd	240.00 - 280.00	380.00 - 400.00	400.00 - 400.00	360.00 - 400.00	300.00 - 320.00	400.00 - 400.00	260.00 - 320.00	320.00 - 320.00	300.00 - 320.00
Snake Gourd	180.00 - 200.00	280.00 - 320.00	320.00 - 320.00	240.00 - 320.00	280.00 - 280.00	320.00 - 320.00	200.00 - 240.00	300.00 - 320.00	240.00 - 320.00
Drumstick	-	-	-	-	-	-	-	-	-
Luffa	200.00 - 220.00	280.00 - 320.00	320.00 - 400.00	320.00 - 320.00	280.00 - 280.00	360.00 - 400.00	240.00 - 320.00	240.00 - 240.00	300.00 - 320.00
Long Beans	130.00 - 200.00	240.00 - 280.00	240.00 - 280.00	200.00 - 240.00	200.00 - 240.00	280.00 - 280.00	160.00 - 200.00	160.00 - 160.00	200.00 - 200.00
Ash Plantain	200.00 - 200.00	240.00 - 320.00	320.00 - 320.00	320.00 - 320.00	280.00 - 320.00	320.00 - 320.00	240.00 - 320.00	300.00 - 320.00	300.00 - 320.00
Green Chillies	300.00 - 360.00	600.00 - 600.00	600.00 - 600.00	500.00 - 600.00	450.00 - 500.00	500.00 - 600.00	350.00 - 450.00	500.00 - 600.00	480.00 - 600.00
Lime	280.00 - 300.00	360.00 - 400.00	400.00 - 500.00	500.00 - 500.00	350.00 - 400.00	400.00 - 500.00	280.00 - 350.00	500.00 - 500.00	300.00 - 400.00
<i>Root Crops</i>									
Sweet Potato	140.00 - 150.00	200.00 - 240.00	200.00 - 240.00	200.00 - 240.00	180.00 - 200.00	240.00 - 240.00	120.00 - 150.00	160.00 - 180.00	160.00 - 200.00
Manioc	200.00 - 200.00	240.00 - 240.00	220.00 - 240.00	240.00 - 240.00	240.00 - 240.00	240.00 - 240.00	180.00 - 240.00	230.00 - 230.00	200.00 - 240.00
<i>Leafy Vegetable</i>									
Mukunuwenna	60.00 - 60.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00
Kankun	60.00 - 60.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00
Gotukola	80.00 - 80.00	150.00 - 150.00	150.00 - 150.00	150.00 - 150.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00	150.00 - 150.00
<i>Coconut</i>									
Large	120.00 - 120.00	110.00 - 130.00	110.00 - 130.00	110.00 - 120.00	110.00 - 110.00	110.00 - 110.00	110.00 - 125.00	110.00 - 130.00	130.00 - 130.00
Small	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00	90.00 - 100.00	100.00 - 100.00	90.00 - 100.00	90.00 - 100.00	90.00 - 100.00	100.00 - 100.00

Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/Fruit)

Week 13: 24 - 30 March 2023

30

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<i>Plantain</i>									
Ambul (Rs/Kg)	200.00 - 220.00	260.00 - 280.00	250.00 - 260.00	250.00 - 260.00	240.00 - 250.00	260.00 - 280.00	240.00 - 250.00	220.00 - 230.00	240.00 - 250.00
Kolikuttu (Rs/Kg)	500.00 - 550.00	540.00 - 560.00	500.00 - 500.00	480.00 - 500.00	540.00 - 560.00	560.00 - 560.00	540.00 - 550.00	480.00 - 500.00	540.00 - 550.00
Seeni (Rs/Kg)	200.00 - 230.00	240.00 - 250.00	230.00 - 240.00	220.00 - 240.00	220.00 - 250.00	220.00 - 250.00	200.00 - 220.00	200.00 - 230.00	200.00 - 220.00
Anamalu	30.00 - 32.00	30.00 - 32.00	33.00 - 36.00	30.00 - 36.00	30.00 - 32.00	30.00 - 32.00	30.00 - 32.00	30.00 - 32.00	30.00 - 32.00
Ambun	35.00 - 38.00	38.00 - 40.00	41.00 - 44.00	38.00 - 45.00	38.00 - 40.00	35.00 - 40.00	38.00 - 40.00	38.00 - 40.00	38.00 - 40.00
<i>Pineapple</i>									
Large	680.00 - 750.00	700.00 - 700.00	680.00 - 750.00	700.00 - 750.00	680.00 - 750.00	680.00 - 750.00	680.00 - 750.00	680.00 - 700.00	700.00 - 750.00
Medium	600.00 - 650.00	600.00 - 650.00	650.00 - 650.00	600.00 - 650.00	600.00 - 650.00	600.00 - 650.00	600.00 - 650.00	600.00 - 650.00	600.00 - 650.00
Small	500.00 - 550.00	540.00 - 540.00	450.00 - 450.00	500.00 - 550.00	550.00 - 550.00	500.00 - 550.00	450.00 - 500.00	450.00 - 550.00	450.00 - 500.00
<i>Mango</i>									
Betti	-	-	-	-	-	-	-	-	-
Karthakolomban	180.00 - 250.00	250.00 - 250.00	250.00 - 250.00	220.00 - 250.00	240.00 - 250.00	-	180.00 - 200.00	200.00 - 200.00	180.00 - 200.00
Vilad	-	-	-	-	-	-	-	-	-
Kohu	-	-	-	-	-	-	-	-	-
<i>Other Fruits</i>									
Wood Apple	70.00 - 100.00	100.00 - 150.00	100.00 - 150.00	100.00 - 150.00	100.00 - 120.00	80.00 - 100.00	70.00 - 80.00	70.00 - 80.00	70.00 - 80.00
Orange	70.00 - 80.00	100.00 - 120.00	100.00 - 120.00	100.00 - 120.00	100.00 - 120.00	70.00 - 80.00	70.00 - 80.00	80.00 - 100.00	70.00 - 80.00
Avocado	120.00 - 150.00	160.00 - 200.00	100.00 - 150.00	180.00 - 200.00	160.00 - 200.00	100.00 - 150.00	100.00 - 120.00	100.00 - 150.00	100.00 - 120.00
Slime Apple	40.00 - 50.00	80.00 - 100.00	100.00 - 100.00	80.00 - 100.00	70.00 - 80.00	60.00 - 70.00	50.00 - 60.00	80.00 - 100.00	60.00 - 60.00
Grapes (Rs/Kg)	2200.00 - 2200.00	2500.00 - 2600.00	2500.00 - 3000.00	2800.00 - 3000.00	-	2500.00 - 2500.00	2800.00 - 2800.00	2000.00 - 2200.00	2800.00 - 2800.00
Papaw (Rs/Kg)	250.00 - 350.00	390.00 - 420.00	400.00 - 450.00	330.00 - 350.00	350.00 - 360.00	300.00 - 350.00	300.00 - 320.00	300.00 - 350.00	300.00 - 320.00
Passion	54.00 - 58.00	67.00 - 75.00	75.00 - 83.00	66.00 - 75.00	63.00 - 67.00	63.00 - 66.00	66.00 - 83.00	71.00 - 83.00	66.00 - 83.00
King Coconut	150.00 - 160.00	160.00 - 170.00	150.00 - 180.00	150.00 - 160.00	160.00 - 170.00	180.00 - 180.00	160.00 - 160.00	150.00 - 160.00	160.00 - 160.00

Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/Kg)

Week 13: 24 - 30 March 2023

31

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Sea Fish</u>									
Salaya	400.00 - 450.00	520.00 - 520.00	600.00 - 600.00	600.00 - 600.00	480.00 - 480.00	480.00 - 520.00	400.00 - 400.00	400.00 - 440.00	400.00 - 500.00
Hurulla	700.00 - 750.00	800.00 - 800.00	880.00 - 900.00	1000.00 - 1000.00	720.00 - 720.00	760.00 - 800.00	600.00 - 700.00	680.00 - 720.00	800.00 - 900.00
Balaya	800.00 - 850.00	1200.00 - 1200.00	-	-	-	1400.00 - 1400.00	1000.00 - 1200.00	-	-
Kelawalla	2200.00 - 2400.00	1800.00 - 2000.00	1800.00 - 2000.00	2400.00 - 2400.00	-	1400.00 - 1800.00	-	1600.00 - 1800.00	1400.00 - 1800.00
Thora	2400.00 - 2700.00	2600.00 - 2600.00	2800.00 - 3000.00	3000.00 - 3000.00	2800.00 - 2800.00	2600.00 - 2600.00	-	2400.00 - 2800.00	2900.00 - 3000.00
Paraw	1440.00 - 1560.00	1720.00 - 1720.00	1900.00 - 2000.00	2200.00 - 2200.00	-	1600.00 - 1800.00	1400.00 - 1500.00	1600.00 - 2000.00	1800.00 - 1900.00
Mora	-	-	-	-	-	-	-	-	-
Shrimps Small	2000.00 - 2000.00	1640.00 - 1680.00	1900.00 - 2000.00	1600.00 - 1600.00	-	1600.00 - 1600.00	1500.00 - 1600.00	1520.00 - 1520.00	1500.00 - 1500.00
Talapath	1700.00 - 2000.00	2000.00 - 2000.00	2400.00 - 2400.00	2600.00 - 2600.00	2500.00 - 2500.00	2200.00 - 2200.00	1800.00 - 2000.00	2400.00 - 2400.00	2200.00 - 2400.00
<u>Eggs (Rs/Egg)</u>									
Brown	57.00 - 57.00	-	58.00 - 58.00	-	-	-	-	-	-
White	55.00 - 55.00	-	55.00 - 55.00	-	58.00 - 58.00	57.00 - 57.00	57.00 - 57.00	-	-
<u>Dried Fish</u>									
Sprats	1300.00 - 1400.00	2000.00 - 2000.00	1600.00 - 1800.00	1800.00 - 2000.00	1600.00 - 2000.00	2000.00 - 2000.00	1600.00 - 1700.00	1800.00 - 1900.00	1800.00 - 2000.00
Kattawa	2000.00 - 2300.00	2600.00 - 2600.00	2400.00 - 2400.00	2400.00 - 2800.00	2400.00 - 2600.00	2200.00 - 2600.00	2300.00 - 2400.00	2300.00 - 2400.00	2200.00 - 2800.00
Thora	-	-	-	-	-	-	-	-	-
Mora	2000.00 - 2200.00	2400.00 - 2400.00	2400.00 - 2400.00	2400.00 - 2600.00	2100.00 - 2500.00	2400.00 - 2400.00	2400.00 - 2500.00	2200.00 - 2300.00	2400.00 - 2600.00
Balaya	1000.00 - 1400.00	1600.00 - 1600.00	1400.00 - 1500.00	1500.00 - 1600.00	1200.00 - 1500.00	1800.00 - 1800.00	1300.00 - 1400.00	-	1600.00 - 1800.00
Anguluwa	1800.00 - 2200.00	2400.00 - 2400.00	-	2400.00 - 2400.00	-	-	-	1800.00 - 1900.00	-
Salaya	1000.00 - 1200.00	-	1200.00 - 1300.00	900.00 - 1000.00	1000.00 - 1200.00	1200.00 - 1200.00	1100.00 - 1200.00	1200.00 - 1300.00	1300.00 - 1300.00
<u>Meat</u>									
Beef (without Bones)	-	2200.00 - 2200.00	2400.00 - 2400.00	-	2300.00 - 2300.00	-	2200.00 - 2200.00	-	-
Chicken (Broiler)	1300.00 - 1300.00	1350.00 - 1350.00	1360.00 - 1360.00	1360.00 - 1360.00	1300.00 - 1300.00	1240.00 - 1240.00	1200.00 - 1200.00	1200.00 - 1250.00	1280.00 - 1280.00
Chicken (Curry)	1350.00 - 1400.00	1400.00 - 1400.00	1500.00 - 1500.00	1500.00 - 1500.00	1350.00 - 1350.00	-	1350.00 - 1350.00	-	1400.00 - 1400.00
Mutton	-	2800.00 - 2800.00	3000.00 - 3000.00	-	3000.00 - 3000.00	2800.00 - 2800.00	2800.00 - 2800.00	3200.00 - 3200.00	3200.00 - 3200.00
Pork	-	1800.00 - 1800.00	2000.00 - 2000.00	-	-	-	-	1600.00 - 1600.00	1480.00 - 1480.00

Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (µ g/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (µg/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc (mg/100g)
Rice												
Rice - (white Kekulu - normal)	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - (Red Kekulu - normal)	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
Dried chillies	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65
Onion												
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
Potatoes	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
Pulses												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
Vegetables												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29
Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16

Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12
Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44
Coconuts nuts	390	3.67	39.92	-	0.05	0.11	14.86	-				

Root Crop												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
Leafy Vegetables												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42
Meat												
Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
Fish												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74

Shark	95	21.6	0.83	1.11	0.04	0.11	8.57	8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77	8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22	7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39	13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7	36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66	103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38	37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13	31.27	37.46	1.46	0.67
Salaya / Sudaya	100	19.5	2.39	15.41	0.18	1.39	60.87	435	42.83	1.4	2.3
Theppli / Telapiya /Korali	83	18.48	1.08	17.14	0.18	0.18	8.29	99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37	37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83	37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22	8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78				
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08	7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59	9.16	24.61	0.74	0.44

Dried Fish

Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438	1178	162	3.06	4.2
Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66

Eggs

Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51

Fruits

Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23

Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas





HARTI



Ministry of Agriculture

Food Systems and Market Research Division & Information Division

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දෛනික චිළචිචි තොග මිල, ජංගම දුරකථනයෙන්

හෙක්ටර් කොච්චිකඩුව ගොවි කටයුතු පර්යේෂණ හා පුහුණුකිරීමේ ආයතනය අනුමතයෙන්

මොබිටෙල් ජංගම මිල දර්ශනය

ජාතික ජංගම දුරකථන ජාලයෙන්

6666 අමතන්න.

මොබිටෙල් අද මිල - අඟ පහ

මොබිටෙල් ජංගම දුරකථන ජාලයෙන් චිළචිචි තොග මිල දර්ශනය.

විකාශිතයාට රු.2/-

විකාශිතයාට රු.2/-