

RETAIL MARKET AT A GLANCE

Summary

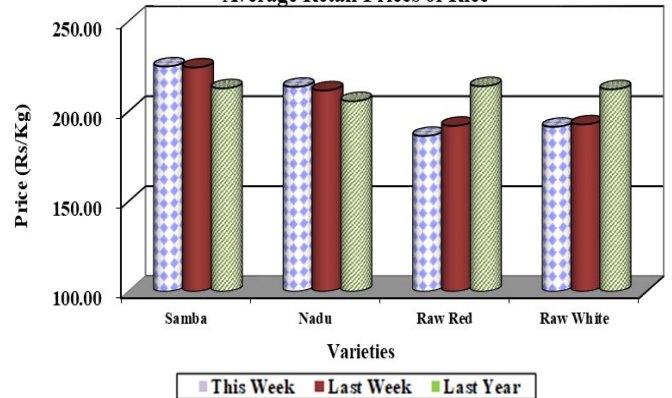
Rice/Paddy



Prices of raw red and raw white have decreased by Rs.6.00/kg and Rs.1.00/kg respectively, and the price ranged Rs.170.00-200.00/kg and Rs.180.00-200.00/kg respectively. Average retail prices of grade I samba, grade I nadu and keeri samba were Rs.230.00/kg, Rs.220.00/kg and Rs.262.00/kg respectively. The price of imported samba, raw white, and nadu has increased by Rs.6.00/kg, Rs.2.00/kg and Rs.2.00/kg respectively. Price ranges were Rs.215.00-240.00/kg, Rs.180.00-200.00/kg and Rs.180.00-200.00/kg respectively. The average farm gate prices of major paddy varieties have not changed significantly.

(Page No.01-02)

Average Retail Prices of Rice



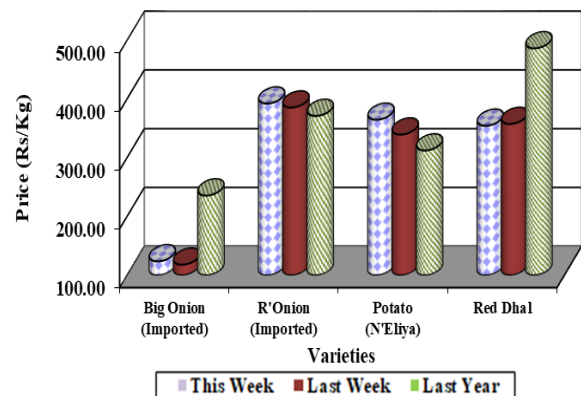
Other Field Crops



Price of imported dried chilies has decreased by Rs.43.00/kg and price ranged Rs.1100.00-1500.00/kg. Prices of sinnan, vedalan and imported red onions have increased by Rs.1.00/kg, Rs.24.00/kg and Rs.7.00/kg respectively. Prices ranged Rs.320.00-360.00/kg, Rs.480.00-520.00/kg and Rs.360.00-400.00/kg respectively. The price of big onion has risen by Rs.6.00/kg and ranges Rs.110.00-140.00/kg. Welimada, imported, and Nuwara Eliya potatoes have price ranges of Rs.260.00-320.00kg, Rs.150.00-180.00/kg and Rs.300.00-460.00/kg respectively.

(Page No.02-04)

Average Retail Prices of Other Field Crops



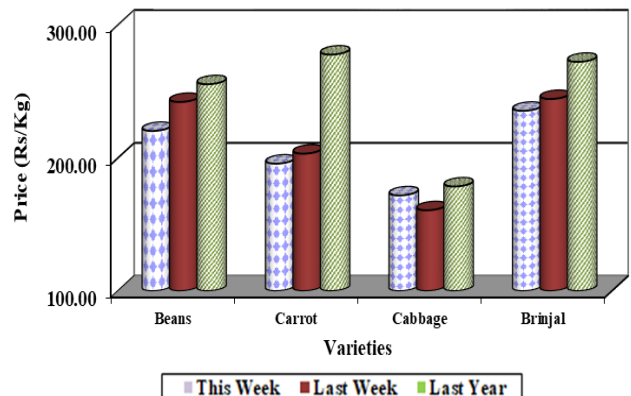
Vegetables



Prices of most vegetable varieties have decreased due to increased market supply during the *Maha* vegetable harvesting season. Considering up-country varieties, the highest price decrease reported for leeks was Rs.28.00/kg, followed by beans at Rs.22.00/kg. Considering low-country varieties, the highest price decrease was reported for ash plantain as Rs.15.00/kg, followed by ladies fingers at Rs.12.00/kg. Price of tomatoes has decreased by Rs.43.00/kg and that of capsicum has increased by Rs.56.00/kg.

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Average Retail Prices of Vegetables



Rice

Wholesale

Prices of local raw red and raw white have decreased by 2% and 1% respectively and their price ranged Rs.150.00-165.00/kg and Rs.170.00-180.00/kg respectively. Prices of all other local rice varieties have not changed significantly. Average prices of grade I samba, grade I nadu and keeri samba were Rs.213.00/kg, Rs.187.00/kg and Rs.244.00/kg respectively. Price ranges of grade II samba and grade II nadu were Rs.200.00-210.00/kg and Rs.180.00-185.00/kg respectively.

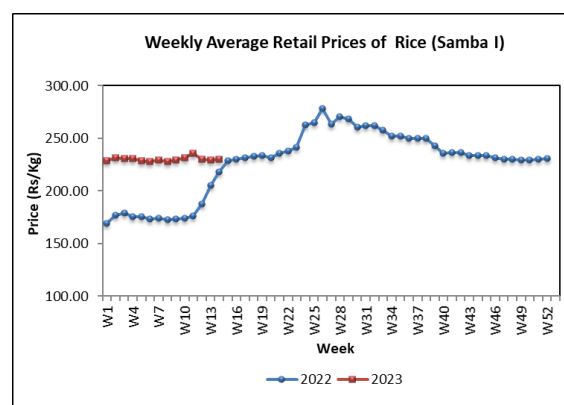
Prices of imported rice varieties have changed slightly and average prices of ponni samba, imported nadu and raw white were Rs.205.00/kg, Rs.169.00/kg and Rs.175.00/kg respectively.

Compared to the same period of last year, prices of most local rice varieties except samba and keeri samba have decreased in the range of 6%-20%. Prices of grade I and II samba and keeri samba have increased by 5%, 4% and 1% respectively. Prices of ponni samba and imported raw white have increased by 9% and 4% respectively while price of imported nadu has decreased by 4%.

Retail

Prices of raw red and raw white have decreased by Rs.6.00/kg and Rs.1.00/kg

respectively and the price ranged Rs.170.00-200.00/kg and Rs.180.00-200.00/kg respectively. Prices of samba grade II, keeri samba and nadu grade I and II have increased by Rs.1.00-3.00/kg while their price ranged Rs.220.00-220.00/kg, Rs.260.00-270.00/kg, Rs.210.00-220.00/kg and Rs.200.00-210.00/kg respectively. Price of samba grade I has not changed significantly and the average price was Rs.230.00/kg.



Price of imported samba, raw white, and nadu have increased by Rs.6.00/kg, Rs.2.00/kg and Rs.2.00/kg respectively. Price ranges were Rs.215.00-240.00/kg, Rs.180.00-200.00/kg and Rs.180.00-200.00/kg respectively.

Compared to the same period of last year, prices of raw red and raw white have decreased by 13% and 10% respectively. Other all-local rice varieties have increased by 1%-6% and all the imported rice varieties have increased by 3%-13%.

Paddy

The average farm gate paddy prices of major paddy varieties have changed slightly in most of the major paddy producing areas. The average price of short grain paddy has increased by Rs.7.00-8.00/kg in Anuradhapura and Kurunegala areas while it decreased by Rs.2.00-3.00/kg in Kalawewa and Nikaweratiya areas. The average price of keeri samba paddy has increased by Rs.4.00-9.00/kg in major producing areas and reported a Rs.110.00-131.00/kg price range. A price increase of Rs.8.00/kg was reported for long grain white paddy in Kurunegala area. The average price of long grain red paddy has decreased by Rs.4.00/kg in Embilipitiya area. For long grain red paddy Rs.80.00-85.00/kg price range was reported in major producing areas in the Southern province.

Compared to the same period of last year, the average farm gate paddy prices of all major paddy varieties have decreased by 5%-31% and the highest was reported for long grain red paddy.

Dried Chilies

Wholesale

Price of imported dried chilies has not change significantly and the average price was Rs.1049.00/kg.

Compared to the same period of last year, price of imported dried chilies has decreased by 27%.

Retail

Price of imported dried chilies has decreased by Rs.43.00/kg and the price ranged Rs.1100.00-1500.00/kg.

Compared to the same period of last year, price of imported dried chilies has decreased by 12%.

Onion

Wholesale

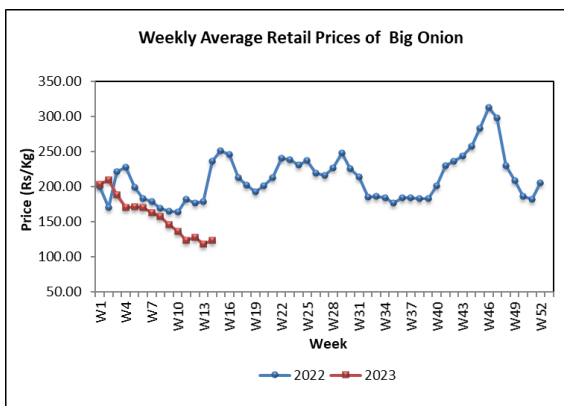
Prices of imported red onion and vedalan have increased by 6% and 5% respectively due to increased demand and prices ranged Rs.260.00-300.00/kg and Rs.290.00-330.00/kg respectively.

Prices of imported big onion has increased by 11% due to availability of high quality stocks and the price ranged Rs.80.00-100.00/kg.

Compared to the same period of last year, price of imported red onion has decreased by 3% and vedalan red onion have increased by 3%. Price of imported big onion also decreased by 50%.

Retail

Prices of sinnan, vedalan and imported red onions have increased by Rs.1.00/kg, Rs.24.00/kg and Rs.7.00/kg respectively. Price ranges were Rs.320.00-360.00/kg, Rs.480.00-520.00/kg and Rs.360.00-400.00/kg respectively. Price of big onion has increased by Rs.6.00/kg and the price ranged Rs.110.00-140.00/kg.



Compared to the same period of last year, prices of sinnan, vedalan and imported red onions have increased by 23%, 5% and 6% respectively and imported big onion has decreased by 48%.

Potato

Wholesale

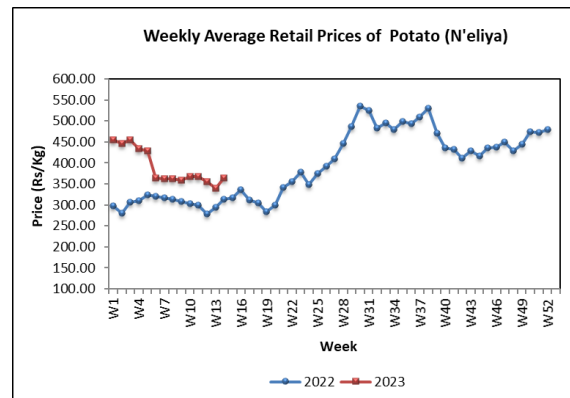
Prices of Welimada and Nuwara Eliya potatoes have increased by 8% and 2% respectively due to availability of high-quality stocks and their price ranges were Rs.190.00-220.00/kg and Rs.220.00-240.00/kg respectively. Price of imported potato has also increased by 5% due to

decreased supply and the price ranged Rs.125.00-140.00/kg.

Compared to the same period of last year, prices of Welimada and Nuwara Eliya potatoes have increased by 30% and 28% respectively while price of imported potato has decreased by 19%.

Retail

Prices of welimada, imported and Nuwara Eliya potatoes have increased by Rs.2.00/kg, Rs.9.00/kg and Rs.25.00/kg respectively. Price ranges were Rs.260.00-320.00kg, Rs.150.00-180.00/kg and Rs.300.00-460.00/kg respectively.



Compared to the same period of last year, prices of Nuwara Eliya and Welimada potatoes have increased by 17% while price of imported potato has decreased by 20%.

Pulses

Wholesale

Prices of both white cowpea and red cowpea have decreased by 5% due to

increased supply and their price ranges were Rs.600.00-800.00/kg and Rs.650.00-825.00/kg respectively. Prices of green gram and red dhal have changed slightly and their average prices were Rs.1385.00/kg and Rs.318.00/kg respectively.

Compared to the same period of last year, prices of green gram, red cowpea and white cowpea have increased by 54%, 34% and 15% respectively while price of red dhal has decreased by 30%.

Retail

Prices of all types of pulses have decreased by Rs.3.00-33.00/kg. The highest price decrease of Rs.33.00/kg was for white cowpea. Price range for both red and white cowpea was Rs.900.00-1200.00/kg. The price ranges for green gram and red dhal were Rs.1400.00-1600.00/kg and Rs.330.00-360.00/kg respectively.

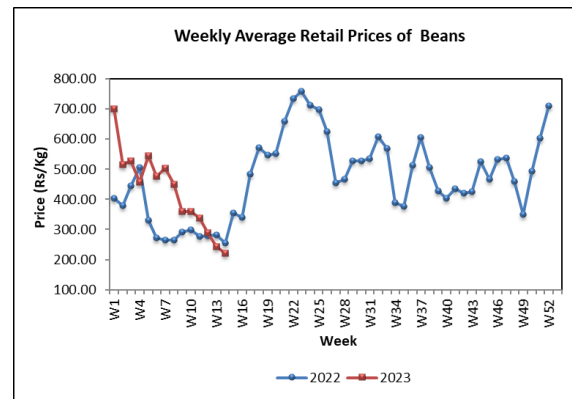
Compared to the same period of last year, prices of green gram, white cowpea and red cowpea have increased by 37%, 37% and 57% respectively while price of red dhal has decreased by 27%.

Vegetable

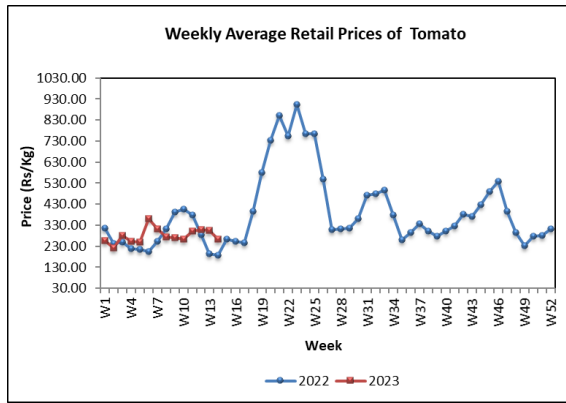
Wholesale

Prices of most of the vegetable varieties have decreased due to increased market supply in the *Maha* vegetable harvesting season.

Considering up-country vegetables, prices of most of the vegetable varieties have decreased. Prices of beetroot and knolkhol have decreased by 18% and 11% due to low quality low country stocks received from Puttalam and Messiripura areas. Price of carrot has decreased by 13% due to increased market supply from Welimada, Nuwara Eliya and most of the main producing areas. Further, prices of beans has decreased by 12% due to increased market supply from Balangoda, Bandarawela and Welimada areas. However, prices of cabbage and raddish have increased by 11% and 10% respectively due to high quality stocks received from Nuwara Eliya area.



Meanwhile, price of tomato has decreased by 14% due to increased market supply from Balangoda, Kandy and Sooriyawewa area. However, price of capsicum has increased by 10% due to decreased market supply from Nuwara Eliya and Thalawakele areas.



Considering low-country vegetable prices, that of most of the vegetable varieties has decreased. The highest price decrease was reported for bitter gourd by 36% due to increased market supply from Embilipitiya, Thambuttegama, Balangoda and Dambulla areas. A price decrease was reported for ladies fingers by 17% due to increased market supply from Embilipitiya, Puttalam and Dambulla areas. Prices of ash plantain and snake gourd have decreased by 11% and 8% respectively due to increased market supply form Embilipitiya, Sooriyawewa and Thambuththegama areas. Further, prices of brinjal, luffa and long beans have decreased in the range of 2%-6%.

Meanwhile, price of green chilies has decreased by 2% due to increased market supply from Puttalam and Jaffna. However, price of lime has increased by 9% due to decreased market supply form Monaragala area.

Compared to the same period of last year, current wholesale prices of most of the

vegetable varieties have decreased with highest price decrease of 43% was reported for carrot.

Retail

In line with the decreased wholesale prices, most of the retail prices have also decreased.

Considering up-country varieties, the highest price decrease reported for leeks as Rs.28.00/kg, followed by beans as Rs.22.00/kg. Further, prices of carrot beetroot, knolkhol and raddish have decreased by Rs.7.00-13.00/kg. However, price of cabbage has increased by Rs.11.00/kg. Prices of tomato has decreased by Rs.43.00/kg and price of capsicum has increased by Rs.56.00/kg.

Considering low-country varieties, the highest price decrease was reported for ash plantain as Rs.15.00/kg, followed by ladies fingers as Rs.12.00/kg. Prices of all other low-country varieties have decreased by Rs.5.00-9.00/kg. However, price of cucumber has increased by Rs.9.00/kg.

Further, price of green chilies has decreased by Rs.6.00/kg and price of lime has increased by Rs.7.00/kg.

Compared to the same period of last year, prices of most of the varieties have increased and the highest recorded for ash plantain as 90%.

Coconut

Wholesales

Prices of both large and small nuts have decreased by 1% and their prices ranged Rs.95.00-100.00/nut for large nut and Rs.83.00-88.00/nut for small nut.

Compared to the same period of last year, current wholesale prices of both large and small nuts have increased by 28% and 23% respectively.

Retail

Prices of both large and small nuts have decreased by Rs.1.00/nut and price ranges were Rs.110.00-130.00/nut for a large nut and Rs.90.00-100.00/nut for a small nut.

Compared to the same period of last year, prices of large and small nut have increased by 29% and 26% respectively.

Fruits

Wholesale

Prices of most of fruit varieties have decreased due to availability of sufficient stocks. The highest price decrease was reported for avocado by 28% due to availability of stocks with the start of harvesting season. The price of passion fruit has decreased by 18% with availability of stocks from Monaragala and Bibila areas. Prices of karthakolomban-mango and orange have decreased by 6% due to

availability of low quality and ripe fruit stocks. Price of all sizes of pineapple has decreased in the range of 4%-6% due to availability of sufficient stocks.

However, price of vilad mango has increased by 27% due to unavailability of sufficient stocks. Price of imported grapes has increased by 20% due to unavailability of china stocks. Prices of wood apple and king coconut have increased by 26% and 11% while price of all banana varieties have increased in the range of 1%-14% due to high demand with festival season.

Compared to the same period of last year, current whole sale prices of most of the fruit varieties have increased with highest price increase of 180% reported for banana-ambul.

Retail

Prices of most of the fruits have decreased in line with the decreased wholesale prices. The highest price decrease of Rs.34.00/fruit was reported mango-karthakolomban due to increased supply. The price of papaw has decreased by Rs.20.00/kg. All sizes of pineapple have decreased in the range of Rs.7.00-19.00/fruit due to sufficient stocks in the market. Further, prices of passion fruit avocado and orange have decreased in the

range of Rs.4.00-11.00/fruit due to increased supply.

Meanwhile, a price increase of Rs.33.00/kg was reported for imported grapes due to quality stocks. The price of wood apple has increased by Rs.23.00/fruit. Prices of banana kolikuttu, ambul and seeni have increased in the range of Rs.4.00-16.00/kg due to high demand with beginning of festival season. Prices of slime apple and king coconut have decrease by Rs.7.00/fruit and Rs.3.00/fruit respectively.

Compared to the same period of last year, prices of all fruit varieties except avocado have increased and the highest price increase reported for banana- kolikuttu as 125%.

Fresh Fish

Wholesale

Wholesale prices of most of the fresh fish types have increased due to decrease in wholesale supply compared to demand. The highest price increase of 32% was noted for mora due to low supply from Northern areas, and the price ranged Rs.1100.00-1200.00/kg. A price increase of 20% was noted for hurulla due to low supply from Kalpitiya and Mullaitivu areas, and the price ranged Rs.550.00-750.00/kg. Likewise, a price increase of 7% was noted for balaya and thlapath due

to low supply from Negombo, Beruwala and Walachchenai areas, and their price ranged Rs.600.00-750.00/kg and Rs.1300.00-1800.00/kg respectively. In addition, price of kelawalla has increased by 2%.

However, a price decrease of 25% was noted for thora due to high supply from Northern area, and the price ranged Rs.1300.00-1800.00/kg. A price decrease of 9% was noted for shrimps due to high supply from Jaffna area and the price ranged Rs.1150.00-1600.00/kg. Likewise, a price decrease of 8% was noted for paraw due to high supply from Walachchenai, Kalmunai and Mannar areas and the price ranged Rs.800.00-1200.00/kg. In addition, price of salaya has decreased by 2%.

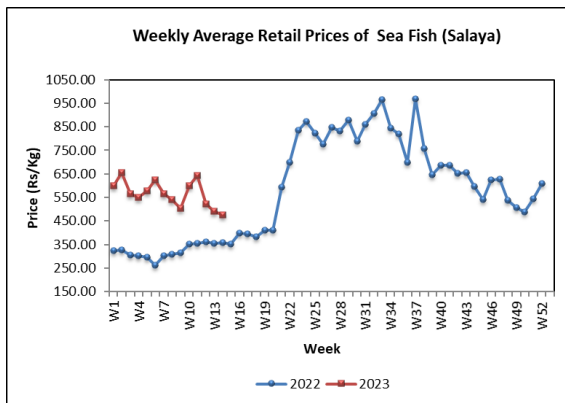
Compared to the same period of last year, current wholesale prices of all fresh fish types except thora have increased in the range of 10%-44% and the highest price increase was noted for hurulla.

Retail

Retail price of balaya has increased significantly by Rs.133.00/kg significantly due to limited supply. Prices of hurulla, kelawalla and thlapath

have also increased in the range of Rs.17.00-46.00/kg.

However, price of thora has decreased by Rs.114.00/kg due to low demand with recording higher price and prices of shrimp, salaya and paraw have decreased in the range of Rs.7.00-24.00/kg.



Compared to the same period of last year, prices of all types of fresh fish have increased in the range of 15%-36% with the highest price increase was reported for shrimp.

Dried Fish

Wholesale

Due to increase of local dried fish supply, prices of most of the local and imported dried fish types have decreased. The highest price decrease of 6% was noted for local sprats due to high from Trincomalee and Mannar areas and the price ranged Rs.980.00-1250.00/kg. Likewise, a price decrease of 5% was noted for local

maduwa due to high supply from Jaffna, Negombo and Chilaw areas and the price ranged Rs.980.00-1280.00/kg. Also, the wholesale prices of imported sprats and local balaya have decreased by 1%-3% respectively.

However, a price increase of 5% was noted for imported anguluwa due to low supply from Oman and Pakistan and the price ranged Rs.1580.00-1850.00/kg.

Compared to the same period of last year, current wholesale prices of most of the dried fish types have increased in the range of 7%-33% and the highest price increase was reported for imported anguluwa.

Retail

In line with decreased wholesale prices, retail prices of all types of dried fish except anguluwa have also further decreased due to low demand. The highest price decrease was reported for mora by Rs.78.00/kg followed by Rs.71.00/kg for salaya. Prices of local sprat and kattawa have also decreased in the range of Rs.43.00-49.00/kg. However, price of anguluwa has increased by Rs.33.00/kg due to limited stocks in the market.

Compared to the same period of last year, prices of all types of dried fish except imported sprat have increased in the range of 3%-22% with the highest price increase reported for mora.

Eggs

Wholesale

The prices of brown and white eggs have not changed significantly and their average prices were Rs.46.00 and Rs.44.00 respectively.

Compared to the same period of last year, prices of both brown and white eggs have increased by 57%-59% respectively.

Retail

Prices of both brown and white eggs have decreased by Rs.2.00/egg and Rs.1.00/egg respectively. Average prices of both brown and white eggs were reported as Rs.55.00/egg.

Compared to the same period of last year, prices of both brown and white eggs have increased by 79% and 88% respectively.

Meat

Retail

Prices of both skin-less broiler chicken and skin-less curry chicken have further increased by Rs.82.00/kg and Rs.22.00/kg respectively due to increased farm gate price with the festival season. Price of mutton has also increased by Rs.62.00/kg respectively due to low demand. However, prices of pork and beef have decreased by Rs.80.00/kg and Rs.25.00/kg respectively.

Compared to the same period of last year, prices of all types of meat have increased in the range of 41%-80% with the highest price increase reported for pork.

EXPLANATORY NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e. Tuesday and Friday) while with retail prices, it is thrice a week (i.e. Friday, Monday, and Tuesday).

Table 01: Selected Markets: Wholesale Price of Rice (Rs/50Kg Bag)

Week 14: 31 March - 06 April 2023

LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
Colombo	10500	10750	10000	10500	12000	12250	9250	9500	9000	9250	7500	8250	8500	9000
Divulapitiya	10500	11250	9200	9600	12000	12400	9250	10750	8500	8600	7800	8300	8250	8500
Kurunegala	10500	11250	-	-	12750	12900	-	-	8400	8750	8250	8250	8250	8400
Nikaweratiya	11150	11400	9600	9900	12750	12950	10150	10550	7750	8050	8000	9000	7750	8100
Badulla	-	-	-	-	-	-	9500	9750	-	-	7500	7750	8000	8250
Puttalam	11150	11300	-	-	12500	12750	10650	10850	8300	8700	9250	10000	8250	8500
Dambulla	11250	11350	10300	10400	12500	12600	10650	10750	9500	9600	9000	9250	8750	8900
Anuradhapura	10750	11350	-	-	12250	12750	10250	10750	-	-	9250	9750	8500	9250
Tambuttegama	-	-	10000	10500	12350	12500	-	-	8600	8750	-	-	8000	8500
Polonnaruwa	11250	11300	-	-	12700	12750	10700	10800	10250	10250	-	-	9000	9250
Kalutara	10500	10800	-	-	12150	12300	-	-	9250	9400	8250	8500	9000	9250
Ampara	10600	11500	-	-	12000	12500	-	-	8750	8900	7250	8900	7750	8200
Kandy	11000	11250	10250	10500	12500	12750	10000	10250	9250	9500	8750	9000	8750	9250
Moneragala	10750	11250	-	-	12250	12750	10500	10850	9750	9850	7250	7750	7750	8250
Kegalle	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Dehiattakandiya	11250	11750	-	-	12250	12750	9900	10750	-	-	8000	8000	7750	8500
Hambantota	11250	11250	-	-	12500	12750	-	-	-	-	7500	7750	8250	8500
Matara	10900	11100	-	-	12250	12750	9600	10000	-	-	7250	7500	8500	8700
Galle	11000	11250	-	-	12750	12850	10000	10500	-	-	7250	7750	7750	8750
Meegoda	10500	10750	-	-	12250	12750	9250	9500	8800	9000	7600	7750	8000	8400
Tissamaharama	-	-	-	-	-	-	-	-	8500	8750	6900	7250	8000	8250
Embilipitiya	10500	10700	-	-	12600	12750	10500	10600	-	-	6900	7000	8500	8700
Jaffna	-	-	10400	10650	12500	12900	10900	10900	-	-	-	-	-	-
Vavuniya	10750	10850	-	-	12250	12350	10000	10150	9450	9650	8750	8900	8900	9200
Mannar	10500	10750	-	-	12250	12500	10500	10750	9000	9250	8250	8500	8750	9000
Killinochchi	10500	10750	-	-	12500	12750	9400	9500	9200	9250	8000	8250	8500	8750
Mullattivu	11000	11500	-	-	12500	12750	10000	10500	9000	9250	7750	8000	-	-
Batticaloa	10500	10650	-	-	12500	12700	-	-	9250	9350	8350	8500	8800	8900
Trincomalee	10500	10750	10000	10350	12000	12500	9400	9500	9000	9250	8750	9250	8750	9250
Galenbindunuwew	10750	11350	-	-	12250	12850	10800	10800	9250	9750	10000	10000	8250	8750
Matale	11200	11250	10500	10600	12900	12950	10500	10600	8250	8750	9250	9500	8000	8250

Table 02: Selected Markets: Retail Price of Rice (Rs/Kg)

Week 14: 31 March - 06 April 2023

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LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
Colombo	230.00	230.00	220.00	220.00	260.00	270.00	210.00	220.00	200.00	210.00	170.00	200.00	180.00	200.00
Gampaha	225.00	230.00	210.00	215.00	260.00	260.00	215.00	220.00	185.00	200.00	190.00	200.00	185.00	200.00
Kurunegala	230.00	230.00	-	-	260.00	260.00	210.00	220.00	190.00	200.00	200.00	200.00	175.00	180.00
Nikaweratiya	230.00	230.00	-	-	260.00	260.00	210.00	215.00	170.00	175.00	200.00	200.00	170.00	200.00
Dambulla	228.00	230.00	210.00	215.00	255.00	260.00	217.00	218.00	195.00	200.00	190.00	200.00	180.00	185.00
Anuradhapura	220.00	230.00	-	-	250.00	260.00	210.00	220.00	200.00	200.00	200.00	200.00	180.00	200.00
Thambuththegama	230.00	230.00	200.00	220.00	250.00	270.00	220.00	220.00	180.00	190.00	200.00	200.00	170.00	180.00
Polonnaruwa	230.00	230.00	-	-	260.00	260.00	218.00	220.00	208.00	210.00	200.00	200.00	190.00	190.00
Kaluthara	225.00	230.00	-	-	260.00	265.00	-	-	205.00	210.00	175.00	180.00	190.00	195.00
Badulla	-	-	-	-	260.00	260.00	210.00	215.00	200.00	205.00	155.00	165.00	170.00	175.00
Keppetipola	220.00	224.00	212.00	215.00	250.00	255.00	210.00	212.00	186.00	194.00	147.00	150.00	152.00	155.00
Moneragala	220.00	230.00	-	-	250.00	260.00	215.00	220.00	200.00	200.00	150.00	160.00	160.00	170.00
Kegalle	230.00	230.00	-	-	260.00	260.00	215.00	220.00	180.00	210.00	200.00	200.00	190.00	200.00
Ampara	225.00	230.00	215.00	215.00	255.00	260.00	220.00	220.00	180.00	190.00	150.00	160.00	155.00	172.00
Dehiattakandiya	230.00	230.00	-	-	260.00	260.00	210.00	220.00	200.00	200.00	165.00	165.00	165.00	200.00
Nuwaraeliya	220.00	225.00	210.00	215.00	250.00	255.00	212.00	215.00	185.00	190.00	150.00	158.00	155.00	160.00
Kandy	230.00	230.00	218.00	220.00	255.00	260.00	218.00	220.00	195.00	205.00	190.00	200.00	185.00	200.00
Puttalam	230.00	230.00	-	-	255.00	265.00	210.00	220.00	175.00	182.00	190.00	200.00	170.00	177.00
Hambantota	230.00	230.00	-	-	250.00	260.00	-	-	-	-	150.00	155.00	170.00	175.00
Rathnapura	220.00	230.00	-	-	-	-	220.00	220.00	190.00	200.00	158.00	164.00	180.00	185.00
Matara	228.00	230.00	-	-	250.00	260.00	215.00	220.00	-	-	150.00	156.00	175.00	180.00
Galle	230.00	230.00	-	-	260.00	260.00	220.00	220.00	-	-	155.00	160.00	160.00	190.00
Tissamaharama	-	-	-	-	-	-	-	-	175.00	180.00	142.00	150.00	165.00	170.00
Meegoda (DEC)	-	-	215.00	220.00	250.00	260.00	-	-	180.00	200.00	160.00	170.00	170.00	185.00
Embilipitiya	220.00	230.00	210.00	215.00	255.00	270.00	210.00	220.00	-	-	145.00	152.00	175.00	180.00
Jaffna	-	-	210.00	215.00	260.00	270.00	220.00	230.00	-	-	-	-	-	-
Vavuniya	-	-	219.00	225.00	255.00	260.00	220.00	230.00	210.00	218.00	190.00	200.00	200.00	200.00
Mannar	220.00	230.00	-	-	255.00	260.00	220.00	230.00	189.00	200.00	180.00	186.00	190.00	200.00
Killinochchi	-	-	220.00	225.00	260.00	265.00	205.00	210.00	195.00	200.00	170.00	180.00	180.00	185.00
Mullaittivu	230.00	230.00	-	-	260.00	265.00	210.00	220.00	185.00	190.00	160.00	170.00	-	-
Batticaloa	-	-	216.00	220.00	260.00	260.00	-	-	190.00	200.00	175.00	178.00	184.00	190.00
Trincomalee	225.00	230.00	218.00	220.00	250.00	260.00	-	-	190.00	203.00	180.00	195.00	175.00	182.00
Hanguranketha	220.00	230.00	210.00	215.00	250.00	260.00	210.00	220.00	180.00	205.00	165.00	170.00	175.00	200.00
Veyangoda	220.00	230.00	-	-	260.00	260.00	-	-	190.00	200.00	170.00	180.00	180.00	190.00
Galenbindunuwewa	225.00	230.00	-	-	250.00	260.00	220.00	220.00	195.00	200.00	200.00	200.00	175.00	180.00
Bandarawela	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Matale	226.00	230.00	214.00	220.00	257.00	260.00	211.00	218.00	190.00	195.00	190.00	200.00	175.00	185.00

Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50Kg)

Week 14: 31 March - 06 April 2023

LOCATION	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	50000 - 54000	13000 - 15000	14500 - 16500	4000 - 5000	6250 - 7000	9500 - 11000	11000 - 12000	67000 - 71250	30000 - 40000	15500 - 16250
Kurunegala	55000 - 56000	-	15000 - 15000	4750 - 5250	7000 - 7500	-	-	70000 - 75000	35000 - 37500	15250 - 16250
Nikaweratiya	54500 - 61250	13750 - 16000	-	5000 - 5250	7000 - 7250	-	-	70000 - 73000	30000 - 30000	15300 - 16000
Dehiattakandiya	55000 - 60000	-	17250 - 17500	4750 - 5500	7250 - 8000	-	-	65000 - 70000	40000 - 40000	16500 - 17000
Dambulla (DEC)	54000 - 55000	13500 - 14000	13500 - 14000	4400 - 4750	6500 - 6750	10000 - 10500	10500 - 11000	65000 - 67500	32500 - 34000	15500 - 15750
Anuradhapura	57500 - 60000	14000 - 17500	-	5000 - 5500	7000 - 8000	-	-	75000 - 80000	45000 - 52500	16500 - 17000
Thambuththegama	52500 - 57500	-	-	4600 - 4750	6900 - 7000	-	11000 - 11500	80000 - 82500	30000 - 32500	15750 - 16250
Polonnaruwa	60000 - 61500	-	16350 - 16500	5000 - 5100	7000 - 7050	-	13000 - 13250	70000 - 71500	55000 - 55000	16500 - 16750
Kaluthara	54000 - 55000	14500 - 15000	-	4900 - 5000	7000 - 7250	10000 - 10500	11500 - 12000	70000 - 71000	35000 - 40000	15750 - 16250
Puttalam	50000 - 52000	-	11500 - 14000	4500 - 5000	6250 - 6500	-	12250 - 13500	70000 - 77500	34000 - 36000	15750 - 16000
Kandy	55000 - 57500	14500 - 15000	16000 - 16500	4500 - 5000	6750 - 7250	9500 - 10000	10500 - 11000	70000 - 71000	37000 - 37500	15500 - 16500
Matara	57500 - 60000	16000 - 17000	-	4750 - 5000	7500 - 8000	-	-	75000 - 77500	40000 - 42500	16750 - 17000
Hambantota	55000 - 60000	15000 - 16000	-	4750 - 5000	7500 - 8000	-	-	75000 - 77500	45000 - 47500	16750 - 17250
Kegalle	59000 - 60500	15400 - 15600	-	5200 - 5300	6900 - 7000	-	11900 - 12000	69000 - 70000	34000 - 36000	16500 - 18500
Galle	57500 - 60000	-	17500 - 17500	5000 - 5250	7000 - 7600	-	13000 - 14000	72500 - 77500	32500 - 45000	16000 - 16500
Tissamaharama	60000 - 65000	16000 - 17000	-	5000 - 5500	7500 - 8000	-	12500 - 13000	70000 - 70000	-	16000 - 16500
Meegoda (DEC)	55000 - 57500	14250 - 15500	-	4250 - 4600	6500 - 6750	-	12100 - 13000	70000 - 74000	37500 - 40000	16000 - 16500
Jaffna	77500 - 82500	-	14000 - 15000	-	8750 - 8750	-	13000 - 13500	-	-	18000 - 19000
Vavuniya	61000 - 62500	16900 - 17500	-	5200 - 5350	7450 - 7500	-	-	70000 - 72500	-	17000 - 17100
Mannar	60000 - 62500	-	12000 - 12500	5500 - 5750	7750 - 8000	-	-	70000 - 72500	-	16500 - 17000
Killinochchi	54000 - 56000	-	17000 - 17500	5500 - 6000	7000 - 7500	-	-	72500 - 74000	-	16250 - 16500
Mullattivu	57500 - 60000	-	-	5000 - 6000	6500 - 7500	-	-	72500 - 75000	42500 - 45000	16250 - 17000
Batticaloa	52500 - 53500	-	16500 - 17000	5500 - 5550	7000 - 7150	-	13750 - 14500	72500 - 73500	41750 - 42000	16400 - 16500
Trincomalee	60000 - 62500	-	-	4800 - 5400	6500 - 7000	-	-	76000 - 78000	50000 - 52500	15500 - 16250
Galenbindunuwewa	55000 - 57500	15000 - 17000	-	5500 - 6000	7000 - 8000	-	-	72500 - 73000	32500 - 37500	16500 - 17000
Matale	53000 - 59000	15000 - 16000	-	4500 - 5250	6750 - 7000	-	-	62500 - 70000	32500 - 37500	15250 - 15750

Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/Kg)

Week 14: 31 March - 06 April 2023

LOCATIONS	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	1100.00 - 1500.00	360.00 - 400.00	480.00 - 520.00	110.00 - 140.00	150.00 - 180.00	260.00 - 320.00	300.00 - 460.00	1400.00 - 1600.00	900.00 - 1200.00	330.00 - 360.00
Gampaha	1200.00 - 1400.00	400.00 - 400.00	-	100.00 - 120.00	160.00 - 160.00	-	320.00 - 360.00	1480.00 - 1480.00	1200.00 - 1200.00	350.00 - 380.00
Kurunegala	1250.00 - 1300.00	-	380.00 - 440.00	120.00 - 140.00	170.00 - 200.00	280.00 - 300.00	-	1500.00 - 1600.00	860.00 - 1000.00	340.00 - 350.00
Nikaweratiya	1200.00 - 1350.00	350.00 - 380.00	-	110.00 - 130.00	150.00 - 160.00	250.00 - 260.00	-	1500.00 - 1600.00	800.00 - 1200.00	340.00 - 360.00
Dambulla	1300.00 - 1350.00	400.00 - 420.00	400.00 - 420.00	110.00 - 120.00	160.00 - 180.00	-	-	1500.00 - 1600.00	860.00 - 900.00	330.00 - 350.00
Anuradhapura	1200.00 - 1300.00	300.00 - 400.00	-	120.00 - 140.00	160.00 - 180.00	-	-	1550.00 - 1650.00	1000.00 - 1200.00	340.00 - 360.00
Thambuththegama	1300.00 - 1400.00	-	400.00 - 400.00	110.00 - 130.00	150.00 - 165.00	-	-	1600.00 - 1750.00	600.00 - 800.00	330.00 - 350.00
Polonnaruwa	1260.00 - 1350.00	340.00 - 350.00	-	110.00 - 120.00	150.00 - 160.00	270.00 - 280.00	-	1480.00 - 1500.00	1200.00 - 1200.00	340.00 - 350.00
Kaluthara	1280.00 - 1300.00	360.00 - 380.00	-	110.00 - 120.00	160.00 - 180.00	260.00 - 290.00	300.00 - 300.00	1560.00 - 1600.00	900.00 - 920.00	340.00 - 350.00
Badulla	1250.00 - 1300.00	360.00 - 400.00	-	110.00 - 120.00	160.00 - 180.00	280.00 - 320.00	-	1500.00 - 1600.00	850.00 - 1000.00	340.00 - 360.00
Keppetipola	1250.00 - 1280.00	350.00 - 360.00	380.00 - 400.00	120.00 - 130.00	170.00 - 180.00	260.00 - 270.00	-	1550.00 - 1560.00	940.00 - 950.00	340.00 - 346.00
Moneragala	1200.00 - 1300.00	340.00 - 400.00	-	120.00 - 150.00	160.00 - 180.00	280.00 - 300.00	-	1400.00 - 1500.00	800.00 - 1000.00	330.00 - 340.00
Kegalle	1230.00 - 1250.00	350.00 - 400.00	-	140.00 - 160.00	160.00 - 180.00	-	280.00 - 300.00	1400.00 - 1450.00	700.00 - 740.00	350.00 - 390.00
Ampara	1100.00 - 1350.00	330.00 - 400.00	-	120.00 - 130.00	150.00 - 200.00	250.00 - 290.00	-	1480.00 - 1600.00	780.00 - 1200.00	320.00 - 340.00
Dehiattakandiya	1200.00 - 1300.00	350.00 - 400.00	450.00 - 450.00	120.00 - 130.00	150.00 - 170.00	-	-	1400.00 - 1500.00	-	340.00 - 350.00
Nuwaraeliya	1280.00 - 1300.00	340.00 - 360.00	380.00 - 400.00	120.00 - 130.00	140.00 - 160.00	-	280.00 - 300.00	1550.00 - 1560.00	940.00 - 950.00	340.00 - 350.00
Kandy	1190.00 - 1260.00	360.00 - 400.00	440.00 - 480.00	110.00 - 120.00	160.00 - 170.00	250.00 - 260.00	300.00 - 320.00	1560.00 - 1600.00	960.00 - 980.00	350.00 - 360.00
Puttalam	1140.00 - 1200.00	-	400.00 - 480.00	100.00 - 130.00	160.00 - 200.00	-	300.00 - 320.00	1500.00 - 1700.00	750.00 - 870.00	330.00 - 345.00
Rathnapura	1300.00 - 1400.00	-	-	110.00 - 130.00	160.00 - 180.00	-	-	1500.00 - 1600.00	900.00 - 1100.00	340.00 - 360.00
Hambantota	1200.00 - 1300.00	350.00 - 400.00	-	115.00 - 130.00	160.00 - 170.00	-	-	1600.00 - 1700.00	1100.00 - 1200.00	350.00 - 360.00
Matara	1200.00 - 1300.00	360.00 - 400.00	-	110.00 - 120.00	160.00 - 180.00	-	-	1600.00 - 1700.00	900.00 - 1100.00	350.00 - 370.00
Galle	1300.00 - 1300.00	-	440.00 - 480.00	115.00 - 120.00	160.00 - 180.00	-	300.00 - 360.00	1560.00 - 1600.00	-	340.00 - 360.00
Tissamaharama	1250.00 - 1300.00	350.00 - 360.00	-	120.00 - 130.00	150.00 - 170.00	270.00 - 280.00	-	1450.00 - 1450.00	-	330.00 - 340.00
Meegoda (DEC)	1250.00 - 1300.00	360.00 - 400.00	-	100.00 - 110.00	150.00 - 160.00	270.00 - 280.00	-	1400.00 - 1600.00	850.00 - 1100.00	330.00 - 360.00
Embilipitiya	1250.00 - 1350.00	-	400.00 - 480.00	110.00 - 130.00	140.00 - 170.00	280.00 - 290.00	300.00 - 300.00	1450.00 - 1600.00	750.00 - 800.00	330.00 - 390.00
Jaffna	1400.00 - 1500.00	-	-	150.00 - 160.00	-	280.00 - 300.00	-	-	-	-
Vavuniya	1380.00 - 1450.00	-	400.00 - 450.00	120.00 - 150.00	170.00 - 180.00	-	-	1580.00 - 1650.00	-	350.00 - 355.00
Mannar	1300.00 - 1450.00	-	350.00 - 380.00	120.00 - 140.00	170.00 - 180.00	-	-	1480.00 - 1520.00	-	350.00 - 360.00
Killinochchi	1140.00 - 1160.00	-	-	140.00 - 160.00	160.00 - 170.00	-	-	1500.00 - 1550.00	-	340.00 - 350.00
Mullaittivu	1200.00 - 1250.00	-	-	-	150.00 - 180.00	-	-	1500.00 - 1600.00	900.00 - 950.00	340.00 - 360.00
Batticaloa	1200.00 - 1250.00	-	380.00 - 400.00	130.00 - 140.00	160.00 - 180.00	-	350.00 - 380.00	1500.00 - 1540.00	860.00 - 900.00	340.00 - 345.00
Trincomalee	1260.00 - 1350.00	-	-	100.00 - 120.00	145.00 - 160.00	-	-	1550.00 - 1650.00	950.00 - 1040.00	320.00 - 335.00
Hanguranketha	1250.00 - 1390.00	320.00 - 400.00	-	110.00 - 120.00	150.00 - 180.00	250.00 - 270.00	-	1475.00 - 1600.00	880.00 - 950.00	320.00 - 337.00
Veyangoda	1200.00 - 1300.00	320.00 - 400.00	-	110.00 - 120.00	160.00 - 160.00	280.00 - 280.00	-	1450.00 - 1600.00	800.00 - 980.00	320.00 - 360.00
Galenbindunuwewa	1200.00 - 1250.00	320.00 - 380.00	-	120.00 - 140.00	150.00 - 170.00	-	-	1480.00 - 1550.00	700.00 - 1200.00	340.00 - 350.00
Bandarawela	-	-	-	-	-	-	-	-	-	-
Matale	1150.00 - 1300.00	360.00 - 400.00	-	110.00 - 120.00	155.00 - 160.00	-	-	1460.00 - 1500.00	750.00 - 850.00	320.00 - 325.00

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/Kg)

Week 14: 31 March - 06 April 2023

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	100.00 - 150.00	80.00 - 100.00	160.00 - 200.00	80.00 - 130.00	80.00 - 110.00
Meegoda (DEC)	-	120.00 - 150.00	120.00 - 150.00	190.00 - 250.00	100.00 - 130.00	120.00 - 150.00
Dambulla (DEC)	-	90.00 - 110.00	80.00 - 100.00	190.00 - 210.00	70.00 - 100.00	65.00 - 80.00
Keppetipola (DEC)	-	80.00 - 90.00	70.00 - 90.00	170.00 - 180.00	60.00 - 70.00	60.00 - 70.00
Norochchole (DEC)	-	-	-	-	50.00 - 70.00	-
Nuwara Eliya	-	80.00 - 90.00	90.00 - 100.00	190.00 - 200.00	90.00 - 100.00	70.00 - 80.00
Kandy	-	110.00 - 130.00	100.00 - 120.00	170.00 - 180.00	80.00 - 90.00	80.00 - 100.00
Hambantota	-	120.00 - 160.00	120.00 - 150.00	220.00 - 280.00	120.00 - 150.00	140.00 - 180.00
Thambuththegama (DEC)	-	100.00 - 130.00	100.00 - 120.00	190.00 - 230.00	85.00 - 100.00	60.00 - 100.00
Jaffna	-	-	-	-	-	-
Bandarawela	-	-	-	-	-	-
Veyangoda	-	100.00 - 140.00	100.00 - 120.00	180.00 - 200.00	80.00 - 110.00	110.00 - 140.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	60.00 - 70.00	50.00 - 100.00	140.00 - 170.00	80.00 - 110.00	120.00 - 150.00	300.00 - 350.00
Meegoda (DEC)	100.00 - 120.00	100.00 - 130.00	120.00 - 160.00	80.00 - 120.00	140.00 - 170.00	330.00 - 400.00
Moneragala	70.00 - 80.00	80.00 - 100.00	120.00 - 160.00	130.00 - 150.00	100.00 - 120.00	320.00 - 400.00
Dambulla (DEC)	30.00 - 40.00	70.00 - 80.00	100.00 - 130.00	70.00 - 85.00	120.00 - 140.00	240.00 - 300.00
Keppetipola (DEC)	30.00 - 40.00	60.00 - 70.00	80.00 - 100.00	80.00 - 90.00	130.00 - 140.00	300.00 - 320.00
Norochchole (DEC)	20.00 - 40.00	50.00 - 70.00	80.00 - 130.00	50.00 - 100.00	80.00 - 120.00	250.00 - 350.00
Nuwara Eliya	55.00 - 65.00	80.00 - 90.00	80.00 - 90.00	90.00 - 100.00	140.00 - 150.00	310.00 - 330.00
Kandy	50.00 - 60.00	60.00 - 90.00	130.00 - 150.00	90.00 - 100.00	120.00 - 150.00	280.00 - 300.00
Hambantota	80.00 - 100.00	90.00 - 130.00	150.00 - 180.00	130.00 - 180.00	150.00 - 200.00	300.00 - 350.00
Thambuththegama (DEC)	30.00 - 50.00	80.00 - 100.00	60.00 - 90.00	50.00 - 70.00	70.00 - 120.00	250.00 - 300.00
Tissamaharama	60.00 - 80.00	90.00 - 110.00	120.00 - 140.00	140.00 - 160.00	110.00 - 130.00	320.00 - 350.00
Jaffna	-	-	-	-	-	-
Bandarawela	-	-	-	-	-	-
Veyangoda	50.00 - 65.00	90.00 - 95.00	120.00 - 150.00	80.00 - 120.00	140.00 - 180.00	280.00 - 350.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	40.00 - 50.00	40.00 - 60.00	150.00 - 160.00	120.00 - 150.00	-	130.00 - 160.00
Meegoda (DEC)	45.00 - 60.00	40.00 - 60.00	150.00 - 180.00	120.00 - 150.00	-	120.00 - 220.00
Moneragala	50.00 - 60.00	100.00 - 120.00	250.00 - 270.00	120.00 - 160.00	-	180.00 - 220.00
Dambulla (DEC)	30.00 - 35.00	30.00 - 35.00	100.00 - 120.00	80.00 - 100.00	-	140.00 - 160.00
Keppetipola (DEC)	35.00 - 50.00	35.00 - 40.00	130.00 - 140.00	120.00 - 125.00	-	140.00 - 150.00
Norochchole (DEC)	50.00 - 70.00	25.00 - 50.00	180.00 - 240.00	100.00 - 120.00	-	90.00 - 120.00
Nuwara Eliya	45.00 - 50.00	35.00 - 40.00	140.00 - 150.00	120.00 - 130.00	-	150.00 - 160.00
Kandy	40.00 - 50.00	50.00 - 60.00	150.00 - 170.00	140.00 - 150.00	-	150.00 - 170.00
Hambantota	60.00 - 80.00	60.00 - 80.00	300.00 - 350.00	180.00 - 220.00	220.00 - 270.00	180.00 - 220.00
Thambuththegama (DEC)	20.00 - 40.00	20.00 - 30.00	150.00 - 180.00	80.00 - 100.00	-	120.00 - 150.00
Tissamaharama	40.00 - 50.00	30.00 - 35.00	300.00 - 320.00	100.00 - 120.00	250.00 - 260.00	120.00 - 140.00
Jaffna	-	-	-	-	-	-
Bandarawela	-	-	-	-	-	-
Veyangoda	45.00 - 70.00	50.00 - 70.00	160.00 - 180.00	120.00 - 150.00	-	150.00 - 200.00

Table 06 (Contd.)

	Long Beans	Ash Plantain	Green Chillies	Lime	Sweet Potatoe	Manioc
Colombo	80.00 - 120.00	160.00 - 180.00	250.00 - 300.00	200.00 - 220.00	70.00 - 80.00	150.00 - 180.00
Meegoda (DEC)	100.00 - 120.00	180.00 - 200.00	340.00 - 370.00	230.00 - 250.00	65.00 - 90.00	-
Moneragala	120.00 - 140.00	80.00 - 90.00	300.00 - 400.00	200.00 - 240.00	100.00 - 110.00	-
Dambulla (DEC)	60.00 - 80.00	140.00 - 160.00	220.00 - 280.00	200.00 - 230.00	45.00 - 60.00	130.00 - 140.00
Keppetipola (DEC)	70.00 - 80.00	150.00 - 160.00	280.00 - 300.00	230.00 - 240.00	80.00 - 85.00	110.00 - 120.00
Norochchole (DEC)	40.00 - 60.00	120.00 - 150.00	220.00 - 250.00	140.00 - 200.00	80.00 - 140.00	120.00 - 140.00
Nuwara Eliya	80.00 - 100.00	160.00 - 170.00	280.00 - 320.00	240.00 - 250.00	90.00 - 100.00	130.00 - 140.00
Kandy	80.00 - 100.00	160.00 - 200.00	250.00 - 280.00	210.00 - 220.00	80.00 - 90.00	140.00 - 150.00
Hambantota	100.00 - 150.00	120.00 - 170.00	400.00 - 450.00	140.00 - 180.00	120.00 - 160.00	120.00 - 160.00
Thambuththegama (DEC)	70.00 - 100.00	110.00 - 150.00	300.00 - 370.00	160.00 - 200.00	60.00 - 90.00	90.00 - 120.00
Tissamaharama	70.00 - 80.00	150.00 - 160.00	350.00 - 380.00	140.00 - 150.00	120.00 - 140.00	100.00 - 110.00
Jaffna	-	-	-	-	-	-
Bandarawela	-	-	-	-	-	-
Veyangoda	80.00 - 100.00	150.00 - 210.00	320.00 - 400.00	230.00 - 250.00	70.00 - 90.00	140.00 - 160.00

Locations	Leafy Vegetables (Rs/Bundle)			Coconut (Rs/Nut)	
	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	45.00 - 50.00	45.00 - 50.00	220.00 - 230.00	95.00 - 100.00	83.00 - 88.00
Meegoda (DEC)	50.00 - 60.00	60.00 - 60.00	70.00 - 70.00	110.00 - 120.00	90.00 - 100.00
Norochchole (DEC)	50.00 - 60.00	50.00 - 60.00	120.00 - 130.00	95.00 - 102.00	85.00 - 92.00
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	30.00 - 35.00	30.00 - 35.00	20.00 - 25.00	90.00 - 95.00	78.00 - 80.00
Kandy	40.00 - 45.00	45.00 - 50.00	210.00 - 220.00	95.00 - 98.00	75.00 - 80.00
Hambantota	40.00 - 45.00	40.00 - 45.00	60.00 - 60.00	-	-
Thambuththegama (DEC)	30.00 - 30.00	30.00 - 30.00	30.00 - 30.00	80.00 - 85.00	70.00 - 78.00
Tissamaharama	25.00 - 30.00	25.00 - 30.00	45.00 - 50.00	95.00 - 100.00	60.00 - 65.00
Jaffna	-	-	-	70.00 - 80.00	55.00 - 58.00
Tissamaharama	25.00 - 30.00	25.00 - 30.00	45.00 - 50.00	95.00 - 100.00	60.00 - 65.00
Bandarawela	-	-	-	-	-
Veyangoda	40.00 - 50.00	40.00 - 40.00	45.00 - 54.00	95.00 - 100.00	-

Colombo, Meegoda, Norochchole, Jaffna and Kandy - Gotukola Price Rs/Kg

Table 07: Selected Markets: Retail Price of Vegetables (Rs/Kg)

Week 14: 31 March - 06 April 2023

LOCATIONS	Up Country Varieties																
	Butter Beans		Green Beans		Carrot		Leeks		Beetroot		Knol Khol		Raddish		Cabbage		Tomato
Colombo	-	140.00 - 280.00	140.00 - 240.00	200.00 - 320.00	120.00 - 300.00	120.00 - 320.00	90.00 - 200.00	100.00 - 200.00	180.00 - 320.00								
Gampaha	-	200.00 - 240.00	160.00 - 200.00	280.00 - 320.00	240.00 - 320.00	160.00 - 240.00	160.00 - 200.00	120.00 - 160.00	240.00 - 260.00								
Kurunegala	-	200.00 - 240.00	220.00 - 260.00	300.00 - 340.00	240.00 - 260.00	220.00 - 260.00	160.00 - 200.00	160.00 - 180.00	240.00 - 260.00								
Nikaweratiya	-	240.00 - 320.00	240.00 - 260.00	320.00 - 320.00	200.00 - 240.00	240.00 - 240.00	140.00 - 160.00	140.00 - 200.00	240.00 - 320.00								
Dambulla	-	180.00 - 200.00	180.00 - 200.00	280.00 - 300.00	180.00 - 200.00	160.00 - 180.00	100.00 - 120.00	140.00 - 180.00	200.00 - 220.00								
Anuradhapura	-	240.00 - 320.00	200.00 - 240.00	280.00 - 320.00	160.00 - 240.00	200.00 - 240.00	120.00 - 160.00	160.00 - 200.00	200.00 - 280.00								
Thambuththegama	-	160.00 - 220.00	160.00 - 200.00	250.00 - 300.00	140.00 - 180.00	120.00 - 160.00	100.00 - 160.00	140.00 - 180.00	150.00 - 200.00								
Polonnaruwa	-	180.00 - 200.00	160.00 - 180.00	280.00 - 300.00	160.00 - 190.00	160.00 - 180.00	90.00 - 100.00	140.00 - 150.00	160.00 - 180.00								
Kaluthara	-	200.00 - 220.00	140.00 - 160.00	280.00 - 300.00	180.00 - 200.00	200.00 - 220.00	160.00 - 180.00	130.00 - 200.00	200.00 - 290.00								
Badulla	-	140.00 - 160.00	200.00 - 220.00	280.00 - 320.00	200.00 - 240.00	200.00 - 240.00	120.00 - 120.00	120.00 - 120.00	160.00 - 200.00								
Keppetipola	-	160.00 - 180.00	150.00 - 160.00	250.00 - 260.00	140.00 - 160.00	150.00 - 160.00	100.00 - 110.00	140.00 - 160.00	180.00 - 200.00								
Moneragala	-	160.00 - 200.00	160.00 - 200.00	300.00 - 320.00	160.00 - 200.00	-	120.00 - 160.00	140.00 - 160.00	180.00 - 200.00								
Kegalle	-	220.00 - 240.00	200.00 - 240.00	340.00 - 360.00	210.00 - 240.00	220.00 - 240.00	180.00 - 200.00	140.00 - 160.00	220.00 - 240.00								
Ampara	-	200.00 - 240.00	200.00 - 240.00	300.00 - 320.00	200.00 - 240.00	200.00 - 240.00	140.00 - 160.00	140.00 - 160.00	210.00 - 280.00								
Dehiattakandiya	-	200.00 - 240.00	160.00 - 200.00	280.00 - 320.00	160.00 - 220.00	160.00 - 240.00	120.00 - 160.00	120.00 - 150.00	160.00 - 240.00								
Nuwaraeliya	-	180.00 - 190.00	190.00 - 200.00	280.00 - 310.00	180.00 - 190.00	160.00 - 180.00	150.00 - 160.00	180.00 - 200.00	200.00 - 220.00								
Kandy	-	160.00 - 200.00	180.00 - 200.00	300.00 - 320.00	120.00 - 160.00	160.00 - 180.00	120.00 - 140.00	120.00 - 140.00	200.00 - 240.00								
Puttalam	-	280.00 - 320.00	200.00 - 250.00	280.00 - 340.00	200.00 - 240.00	300.00 - 320.00	140.00 - 200.00	180.00 - 220.00	240.00 - 320.00								
Hambantota	-	160.00 - 200.00	170.00 - 210.00	260.00 - 310.00	140.00 - 200.00	180.00 - 230.00	100.00 - 120.00	150.00 - 190.00	170.00 - 220.00								
Rathnapura	-	180.00 - 200.00	180.00 - 200.00	260.00 - 280.00	180.00 - 200.00	-	120.00 - 130.00	140.00 - 160.00	220.00 - 240.00								
Matara	-	180.00 - 200.00	160.00 - 200.00	280.00 - 320.00	140.00 - 200.00	-	100.00 - 120.00	160.00 - 200.00	200.00 - 220.00								
Galle	-	240.00 - 280.00	200.00 - 240.00	300.00 - 340.00	180.00 - 220.00	200.00 - 240.00	160.00 - 180.00	170.00 - 200.00	240.00 - 260.00								
Tissamaharama	-	180.00 - 200.00	160.00 - 180.00	230.00 - 250.00	150.00 - 170.00	160.00 - 170.00	100.00 - 120.00	110.00 - 130.00	180.00 - 220.00								
Meegoda (DEC)	-	180.00 - 220.00	180.00 - 240.00	320.00 - 360.00	200.00 - 250.00	180.00 - 200.00	140.00 - 180.00	200.00 - 220.00	240.00 - 260.00								
Embilipitiya	-	250.00 - 320.00	140.00 - 200.00	-	200.00 - 240.00	160.00 - 200.00	80.00 - 120.00	150.00 - 200.00	150.00 - 200.00								
Jaffna	-	300.00 - 320.00	-	260.00 - 270.00	240.00 - 280.00	-	150.00 - 180.00	-	200.00 - 240.00								
Vavuniya	-	300.00 - 320.00	200.00 - 250.00	320.00 - 340.00	200.00 - 250.00	-	160.00 - 200.00	160.00 - 200.00	200.00 - 240.00								
Mannar	-	280.00 - 320.00	220.00 - 250.00	380.00 - 420.00	200.00 - 250.00	150.00 - 200.00	120.00 - 160.00	160.00 - 200.00	240.00 - 260.00								
Killinochchi	-	300.00 - 330.00	240.00 - 260.00	280.00 - 320.00	180.00 - 220.00	-	160.00 - 180.00	160.00 - 200.00	180.00 - 220.00								
Mullaittivu	-	280.00 - 320.00	240.00 - 260.00	350.00 - 360.00	200.00 - 240.00	-	150.00 - 160.00	180.00 - 200.00	200.00 - 240.00								
Batticaloa	-	280.00 - 320.00	240.00 - 250.00	280.00 - 320.00	240.00 - 250.00	180.00 - 220.00	150.00 - 160.00	160.00 - 180.00	240.00 - 260.00								
Trincomalee	-	190.00 - 220.00	170.00 - 200.00	200.00 - 240.00	170.00 - 200.00	140.00 - 180.00	120.00 - 150.00	120.00 - 150.00	180.00 - 220.00								
Hanguranketha	-	140.00 - 170.00	130.00 - 150.00	230.00 - 250.00	140.00 - 160.00	120.00 - 160.00	60.00 - 80.00	80.00 - 110.00	140.00 - 160.00								
Veyangoda	-	180.00 - 220.00	180.00 - 200.00	280.00 - 320.00	140.00 - 180.00	160.00 - 200.00	120.00 - 160.00	120.00 - 140.00	220.00 - 240.00								
Galenbindunuwewa	-	240.00 - 320.00	200.00 - 240.00	240.00 - 340.00	160.00 - 200.00	140.00 - 160.00	100.00 - 120.00	140.00 - 160.00	200.00 - 240.00								
Bandarawela	-	-	-	-	-	-	-	-	-								
Matale	-	160.00 - 200.00	160.00 - 200.00	300.00 - 320.00	140.00 - 160.00	160.00 - 240.00	100.00 - 120.00	160.00 - 180.00	200.00 - 240.00								

Table 07 (Contd.)

LOCATIONS	Low Country Varieties										
	Ladies Fingers	Brinjal	Capsicum	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa	Long Beans	
Colombo	150.00 - 320.00	160.00 - 320.00	350.00 - 700.00	80.00 - 160.00	80.00 - 200.00	220.00 - 440.00	180.00 - 320.00	-	200.00 - 360.00	120.00 - 280.00	
Gampaha	240.00 - 320.00	200.00 - 240.00	400.00 - 480.00	120.00 - 140.00	120.00 - 160.00	400.00 - 400.00	280.00 - 320.00	-	400.00 - 400.00	200.00 - 240.00	
Kurunegala	240.00 - 260.00	260.00 - 280.00	480.00 - 580.00	120.00 - 140.00	120.00 - 160.00	260.00 - 280.00	240.00 - 280.00	480.00 - 500.00	240.00 - 260.00	180.00 - 220.00	
Nikaweratiya	160.00 - 240.00	200.00 - 240.00	400.00 - 520.00	120.00 - 140.00	120.00 - 160.00	240.00 - 320.00	240.00 - 240.00	-	240.00 - 320.00	160.00 - 240.00	
Dambulla	160.00 - 180.00	200.00 - 240.00	400.00 - 460.00	80.00 - 100.00	80.00 - 100.00	200.00 - 240.00	200.00 - 220.00	-	240.00 - 260.00	160.00 - 180.00	
Anuradhapura	160.00 - 200.00	180.00 - 200.00	400.00 - 480.00	100.00 - 140.00	80.00 - 120.00	280.00 - 320.00	200.00 - 240.00	-	240.00 - 320.00	160.00 - 200.00	
Thambuththegama	100.00 - 160.00	140.00 - 200.00	350.00 - 420.00	60.00 - 100.00	60.00 - 100.00	240.00 - 300.00	160.00 - 200.00	-	180.00 - 240.00	120.00 - 160.00	
Polonnaruwa	140.00 - 160.00	180.00 - 200.00	360.00 - 380.00	80.00 - 100.00	90.00 - 100.00	-	-	-	200.00 - 220.00	160.00 - 180.00	
Kaluthara	200.00 - 250.00	200.00 - 220.00	500.00 - 640.00	140.00 - 160.00	160.00 - 180.00	360.00 - 380.00	200.00 - 220.00	-	300.00 - 320.00	180.00 - 200.00	
Badulla	160.00 - 200.00	240.00 - 280.00	480.00 - 520.00	100.00 - 120.00	100.00 - 120.00	320.00 - 360.00	240.00 - 280.00	-	240.00 - 280.00	120.00 - 160.00	
Keppetipola	160.00 - 170.00	220.00 - 230.00	380.00 - 400.00	130.00 - 140.00	120.00 - 130.00	200.00 - 220.00	180.00 - 200.00	-	220.00 - 230.00	140.00 - 150.00	
Moneragala	180.00 - 200.00	160.00 - 200.00	400.00 - 480.00	80.00 - 100.00	140.00 - 160.00	320.00 - 360.00	160.00 - 200.00	-	260.00 - 320.00	180.00 - 200.00	
Kegalle	220.00 - 240.00	260.00 - 280.00	450.00 - 480.00	100.00 - 140.00	140.00 - 160.00	280.00 - 320.00	200.00 - 240.00	500.00 - 520.00	300.00 - 320.00	220.00 - 240.00	
Ampara	280.00 - 280.00	200.00 - 240.00	480.00 - 500.00	160.00 - 200.00	120.00 - 160.00	350.00 - 400.00	260.00 - 280.00	-	260.00 - 280.00	220.00 - 260.00	
Dehiattakandiya	160.00 - 260.00	160.00 - 200.00	400.00 - 500.00	100.00 - 140.00	120.00 - 140.00	200.00 - 280.00	200.00 - 240.00	400.00 - 480.00	200.00 - 240.00	160.00 - 200.00	
Nuwaraeliya	180.00 - 200.00	220.00 - 240.00	400.00 - 420.00	130.00 - 140.00	100.00 - 120.00	220.00 - 240.00	200.00 - 220.00	-	240.00 - 260.00	180.00 - 200.00	
Kandy	160.00 - 200.00	200.00 - 240.00	400.00 - 450.00	80.00 - 100.00	100.00 - 120.00	240.00 - 280.00	200.00 - 240.00	-	240.00 - 280.00	140.00 - 160.00	
Puttalam	150.00 - 240.00	200.00 - 280.00	480.00 - 600.00	150.00 - 200.00	160.00 - 200.00	300.00 - 380.00	280.00 - 320.00	600.00 - 800.00	240.00 - 320.00	140.00 - 200.00	
Rathnapura	160.00 - 180.00	180.00 - 200.00	450.00 - 480.00	120.00 - 140.00	120.00 - 130.00	270.00 - 300.00	240.00 - 260.00	560.00 - 600.00	300.00 - 320.00	160.00 - 200.00	
Hambantota	180.00 - 220.00	200.00 - 260.00	320.00 - 400.00	100.00 - 120.00	110.00 - 120.00	320.00 - 400.00	260.00 - 320.00	350.00 - 380.00	240.00 - 300.00	180.00 - 220.00	
Matara	200.00 - 240.00	200.00 - 260.00	350.00 - 400.00	80.00 - 110.00	80.00 - 110.00	350.00 - 400.00	240.00 - 300.00	-	240.00 - 300.00	200.00 - 240.00	
Galle	200.00 - 260.00	200.00 - 260.00	500.00 - 550.00	100.00 - 120.00	100.00 - 160.00	300.00 - 360.00	200.00 - 240.00	-	280.00 - 320.00	180.00 - 240.00	
Tissamaharama	180.00 - 200.00	150.00 - 170.00	360.00 - 380.00	60.00 - 80.00	50.00 - 70.00	340.00 - 360.00	130.00 - 150.00	-	160.00 - 200.00	80.00 - 120.00	
Meegoda (DEC)	160.00 - 320.00	220.00 - 280.00	480.00 - 520.00	140.00 - 180.00	140.00 - 200.00	260.00 - 320.00	260.00 - 300.00	-	320.00 - 440.00	120.00 - 200.00	
Embilipitiya	140.00 - 200.00	160.00 - 240.00	400.00 - 480.00	100.00 - 200.00	80.00 - 120.00	400.00 - 450.00	200.00 - 250.00	500.00 - 550.00	200.00 - 280.00	160.00 - 240.00	
Jaffna	200.00 - 220.00	280.00 - 300.00	600.00 - 700.00	150.00 - 180.00	140.00 - 160.00	-	220.00 - 240.00	360.00 - 600.00	-	200.00 - 280.00	
Vavuniya	200.00 - 240.00	200.00 - 250.00	380.00 - 420.00	100.00 - 140.00	140.00 - 180.00	400.00 - 450.00	200.00 - 240.00	950.00 - 980.00	240.00 - 300.00	300.00 - 340.00	
Mannar	220.00 - 260.00	280.00 - 320.00	400.00 - 500.00	120.00 - 160.00	120.00 - 160.00	320.00 - 360.00	250.00 - 300.00	600.00 - 800.00	280.00 - 320.00	250.00 - 300.00	
Killinochchi	240.00 - 260.00	200.00 - 240.00	300.00 - 340.00	80.00 - 100.00	150.00 - 170.00	400.00 - 440.00	280.00 - 320.00	-	-	200.00 - 240.00	
Mullaittivu	240.00 - 260.00	200.00 - 240.00	350.00 - 400.00	100.00 - 120.00	-	400.00 - 440.00	280.00 - 320.00	-	-	280.00 - 320.00	
Batticaloa	240.00 - 260.00	280.00 - 300.00	480.00 - 500.00	120.00 - 150.00	160.00 - 180.00	400.00 - 420.00	280.00 - 320.00	-	280.00 - 320.00	240.00 - 280.00	
Trincomalee	140.00 - 180.00	220.00 - 270.00	340.00 - 380.00	90.00 - 120.00	90.00 - 120.00	200.00 - 220.00	180.00 - 210.00	-	200.00 - 240.00	140.00 - 180.00	
Hanguranketha	150.00 180.00	180.00 200.00	350.00 400.00	80.00 100.00	100.00 120.00	200.00 220.00	170.00 200.00	-	220.00 260.00	160.00 180.00	
Veyangoda	180.00 - 240.00	240.00 - 280.00	460.00 - 500.00	120.00 - 140.00	120.00 - 120.00	320.00 - 360.00	180.00 - 240.00	-	240.00 - 280.00	160.00 - 200.00	
Galenbindunuwewa	160.00 - 180.00	200.00 - 240.00	360.00 - 480.00	100.00 - 120.00	100.00 - 120.00	200.00 - 240.00	200.00 - 240.00	-	220.00 - 320.00	140.00 - 160.00	
Bandarawela	-	-	-	-	-	-	-	-	-	-	
Matale	140.00 - 160.00	160.00 - 200.00	400.00 - 480.00	100.00 - 120.00	100.00 - 120.00	200.00 - 260.00	160.00 - 240.00	400.00 - 600.00	200.00 - 240.00	120.00 - 140.00	

Table 07 (Contd.)

LOCATIONS	Low Country Varieties					Leafy Vegetable			Coconut (Rs/Nut)	
	Ash Plantain	Green Chillies	Lime	Sweet Potato	Manioc	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	180.00 - 320.00	300.00 - 600.00	280.00 - 500.00	100.00 - 240.00	180.00 - 240.00	60.00 - 100.00	60.00 - 100.00	100.00 - 150.00	110.00 - 130.00	90.00 - 100.00
Gampaha	240.00 - 320.00	500.00 - 600.00	300.00 - 400.00	160.00 - 200.00	200.00 - 200.00	60.00 - 70.00	60.00 - 70.00	30.00 - 30.00	110.00 - 120.00	100.00 - 100.00
Kurunegala	220.00 - 250.00	500.00 - 600.00	300.00 - 400.00	180.00 - 200.00	220.00 - 240.00	40.00 - 50.00	40.00 - 50.00	30.00 - 30.00	100.00 - 110.00	90.00 - 90.00
Nikaweratiya	160.00 - 200.00	500.00 - 600.00	400.00 - 500.00	160.00 - 160.00	160.00 - 200.00	40.00 - 50.00	40.00 - 50.00	60.00 - 60.00	90.00 - 100.00	75.00 - 85.00
Dambulla	240.00 - 280.00	400.00 - 500.00	400.00 - 500.00	140.00 - 160.00	200.00 - 220.00	50.00 - 60.00	50.00 - 60.00	45.00 - 50.00	115.00 - 120.00	80.00 - 85.00
Anuradhapura	200.00 - 280.00	400.00 - 600.00	300.00 - 400.00	160.00 - 220.00	200.00 - 240.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	100.00 - 120.00	80.00 - 90.00
Thambuththegama	-	450.00 - 550.00	250.00 - 300.00	120.00 - 160.00	-	40.00 - 40.00	40.00 - 40.00	-	90.00 - 100.00	70.00 - 80.00
Polonnaruwa	220.00 - 240.00	320.00 - 330.00	300.00 - 350.00	140.00 - 160.00	160.00 - 200.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	85.00 - 90.00	75.00 - 80.00
Kaluthara	280.00 - 300.00	400.00 - 500.00	250.00 - 300.00	200.00 - 220.00	180.00 - 200.00	60.00 - 80.00	60.00 - 80.00	80.00 - 100.00	110.00 - 130.00	90.00 - 100.00
Badulla	280.00 - 320.00	500.00 - 600.00	320.00 - 350.00	160.00 - 180.00	220.00 - 240.00	70.00 - 70.00	70.00 - 70.00	70.00 - 80.00	105.00 - 110.00	85.00 - 90.00
Keppetipola	230.00 - 240.00	360.00 - 400.00	350.00 - 360.00	150.00 - 160.00	180.00 - 200.00	50.00 - 55.00	50.00 - 55.00	45.00 - 50.00	115.00 - 120.00	95.00 - 98.00
Moneragala	120.00 - 160.00	400.00 - 600.00	300.00 - 350.00	140.00 - 160.00	-	60.00 - 70.00	60.00 - 70.00	60.00 - 70.00	100.00 - 120.00	80.00 - 90.00
Kegalle	220.00 - 240.00	420.00 - 450.00	320.00 - 360.00	180.00 - 200.00	180.00 - 220.00	70.00 - 80.00	70.00 - 80.00	50.00 - 70.00	110.00 - 120.00	90.00 - 100.00
Ampara	240.00 - 280.00	500.00 - 600.00	250.00 - 300.00	160.00 - 200.00	225.00 - 225.00	50.00 - 60.00	50.00 - 50.00	50.00 - 60.00	100.00 - 100.00	90.00 - 90.00
Dehiattakandiya	160.00 - 200.00	400.00 - 500.00	200.00 - 350.00	120.00 - 160.00	120.00 - 160.00	60.00 - 60.00	60.00 - 60.00	50.00 - 60.00	80.00 - 85.00	65.00 - 70.00
Nuwaraeliya	240.00 - 260.00	400.00 - 450.00	360.00 - 400.00	150.00 - 160.00	180.00 - 200.00	55.00 - 60.00	55.00 - 60.00	45.00 - 55.00	116.00 - 120.00	95.00 - 98.00
Kandy	240.00 - 280.00	400.00 - 450.00	360.00 - 400.00	140.00 - 160.00	230.00 - 240.00	50.00 - 60.00	50.00 - 60.00	40.00 - 50.00	100.00 - 120.00	80.00 - 85.00
Puttalam	140.00 - 200.00	400.00 - 500.00	180.00 - 250.00	160.00 - 200.00	180.00 - 240.00	60.00 - 70.00	60.00 - 70.00	40.00 - 40.00	100.00 - 110.00	90.00 - 95.00
Rathnapura	230.00 - 260.00	550.00 - 600.00	350.00 - 400.00	180.00 - 200.00	160.00 - 180.00	80.00 - 90.00	80.00 - 85.00	90.00 - 100.00	120.00 - 130.00	100.00 - 110.00
Hambanthota	150.00 - 200.00	520.00 - 600.00	180.00 - 240.00	160.00 - 220.00	150.00 - 200.00	50.00 - 55.00	50.00 - 55.00	70.00 - 70.00	100.00 - 110.00	70.00 - 80.00
Matara	160.00 - 240.00	350.00 - 400.00	250.00 - 300.00	160.00 - 200.00	200.00 - 240.00	50.00 - 55.00	50.00 - 55.00	70.00 - 75.00	110.00 - 125.00	70.00 - 90.00
Galle	180.00 - 240.00	450.00 - 500.00	300.00 - 400.00	140.00 - 160.00	200.00 - 200.00	60.00 - 70.00	60.00 - 60.00	80.00 - 80.00	120.00 - 140.00	85.00 - 90.00
Tissamaharama	180.00 - 200.00	400.00 - 440.00	170.00 - 200.00	160.00 - 180.00	130.00 - 150.00	40.00 - 45.00	40.00 - 45.00	50.00 - 60.00	100.00 - 110.00	65.00 - 70.00
Meegoda (DEC)	280.00 - 320.00	500.00 - 600.00	360.00 - 440.00	160.00 - 200.00	-	70.00 - 80.00	70.00 - 80.00	70.00 - 80.00	120.00 - 130.00	95.00 - 110.00
Embilipitiya	160.00 - 200.00	500.00 - 600.00	250.00 - 280.00	160.00 - 200.00	120.00 - 150.00	60.00 - 80.00	50.00 - 70.00	70.00 - 100.00	110.00 - 130.00	70.00 - 100.00
Jaffna	160.00 - 180.00	250.00 - 300.00	300.00 - 400.00	-	260.00 - 300.00	85.00 - 90.00	35.00 - 40.00	30.00 - 35.00	80.00 - 85.00	55.00 - 65.00
Vavuniya	150.00 - 200.00	360.00 - 400.00	320.00 - 350.00	200.00 - 240.00	220.00 - 240.00	55.00 - 65.00	55.00 - 65.00	55.00 - 65.00	75.00 - 85.00	65.00 - 70.00
Mannar	200.00 - 240.00	400.00 - 500.00	300.00 - 350.00	160.00 - 200.00	240.00 - 250.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	80.00 - 90.00	60.00 - 70.00
Killinochchi	100.00 - 120.00	300.00 - 340.00	280.00 - 320.00	150.00 - 170.00	240.00 - 260.00	50.00 - 60.00	40.00 - 50.00	40.00 - 50.00	70.00 - 80.00	50.00 - 60.00
Mullaittivu	160.00 - 180.00	350.00 - 360.00	200.00 - 240.00	200.00 - 220.00	240.00 - 260.00	50.00 - 60.00	-	40.00 - 50.00	75.00 - 80.00	50.00 - 60.00
Batticaloa	160.00 - 200.00	350.00 - 380.00	330.00 - 360.00	180.00 - 200.00	240.00 - 260.00	50.00 - 60.00	50.00 - 50.00	40.00 - 50.00	90.00 - 100.00	80.00 - 80.00
Trincomalee	220.00 240.00	370.00 400.00	310.00 340.00	140.00 180.00	220.00 260.00	50.00 55.00	45.00 50.00	45.00 55.00	80.00 100.00	50.00 70.00
Hanguranketha	220.00 - 250.00	400.00 - 500.00	300.00 - 350.00	120.00 - 140.00	120.00 - 150.00	40.00 - 40.00	40.00 - 40.00	40.00 - 40.00	100.00 - 110.00	75.00 - 94.00
Veyangoda	240.00 - 260.00	500.00 - 600.00	300.00 - 400.00	160.00 - 180.00	200.00 - 200.00	60.00 - 70.00	60.00 - 70.00	30.00 - 30.00	120.00 - 120.00	90.00 - 100.00
Galenbindunuwewa	120.00 - 140.00	400.00 - 500.00	300.00 - 350.00	120.00 - 140.00	-	50.00 - 60.00	50.00 - 60.00	-	75.00 - 80.00	60.00 - 70.00
Bandarawela	-	-	-	-	-	-	-	-	-	-
Matale	240.00 - 280.00	400.00 - 480.00	320.00 - 400.00	120.00 - 160.00	180.00 - 200.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	100.00 - 120.00	80.00 - 90.00

Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/Kg)

Week 14: 31 March - 06 April 2023

LOCATIONS	Banana					Pineapple			Mango	
	Ambul (Rs/Kg)	Kolikuttu (Rs/Kg)	Seeni (Rs/Kg)	Anamalu	Ambun	Large	Medium	Small	Betti	Karthakolomban
Colombo	200.00 - 300.00	500.00 - 580.00	200.00 - 260.00	26.00 - 40.00	32.00 - 45.00	650.00 - 720.00	550.00 - 660.00	400.00 - 560.00	-	150.00 - 250.00
Gampaha	220.00 - 250.00	430.00 - 450.00	180.00 - 180.00	25.00 - 32.00	31.00 - 40.00	600.00 - 600.00	380.00 - 480.00	200.00 - 250.00	-	200.00 - 200.00
Kurunegala	200.00 - 250.00	550.00 - 600.00	180.00 - 200.00	20.00 - 25.00	38.00 - 43.00	700.00 - 750.00	440.00 - 460.00	250.00 - 280.00	70.00 - 80.00	180.00 - 240.00
Nikaweratiya	230.00 - 250.00	480.00 - 550.00	200.00 - 220.00	-	43.00 - 50.00	800.00 - 950.00	600.00 - 700.00	450.00 - 520.00	-	-
Dambulla	240.00 - 260.00	450.00 - 480.00	180.00 - 200.00	-	58.00 - 60.00	800.00 - 850.00	600.00 - 650.00	380.00 - 400.00	60.00 - 80.00	300.00 - 350.00
Anuradhapura	200.00 - 260.00	480.00 - 560.00	160.00 - 200.00	25.00 - 30.00	37.00 - 46.00	900.00 - 900.00	750.00 - 750.00	600.00 - 660.00	-	200.00 - 250.00
Thambuththegama	240.00 - 280.00	450.00 - 500.00	200.00 - 240.00	35.00 - 35.00	43.00 - 50.00	830.00 - 900.00	650.00 - 700.00	-	-	-
Polonnaruwa	200.00 - 220.00	440.00 - 470.00	140.00 - 160.00	30.00 - 33.00	-	700.00 - 750.00	500.00 - 550.00	280.00 - 300.00	-	180.00 - 200.00
Kaluthara	260.00 - 280.00	460.00 - 480.00	220.00 - 240.00	30.00 - 32.00	36.00 - 38.00	670.00 - 680.00	550.00 - 570.00	-	-	180.00 - 200.00
Badulla	220.00 - 240.00	440.00 - 460.00	140.00 - 150.00	21.00 - 22.00	32.00 - 33.00	-	580.00 - 620.00	420.00 - 460.00	-	-
Keppetipola	230.00 - 240.00	450.00 - 460.00	170.00 - 180.00	30.00 - 33.00	47.00 - 50.00	-	660.00 - 680.00	560.00 - 580.00	-	250.00 - 260.00
Moneragala	180.00 - 200.00	380.00 - 400.00	130.00 - 150.00	22.00 - 25.00	27.00 - 32.00	750.00 - 825.00	-	-	-	-
Kegalle	190.00 - 220.00	480.00 - 530.00	200.00 - 220.00	30.00 - 40.00	35.00 - 40.00	650.00 - 700.00	350.00 - 580.00	180.00 - 220.00	-	150.00 - 180.00
Ampara	160.00 - 180.00	400.00 - 450.00	100.00 - 130.00	20.00 - 35.00	31.00 - 38.00	-	-	450.00 - 600.00	-	-
Dehiattakandiya	160.00 - 230.00	360.00 - 400.00	160.00 - 200.00	-	40.00 - 55.00	750.00 - 820.00	600.00 - 700.00	400.00 - 550.00	-	130.00 - 180.00
Nuwaraeliya	250.00 - 260.00	460.00 - 480.00	170.00 - 190.00	34.00 - 36.00	55.00 - 60.00	-	660.00 - 680.00	450.00 - 460.00	-	290.00 - 300.00
Kandy	250.00 - 260.00	530.00 - 550.00	200.00 - 220.00	28.00 - 30.00	40.00 - 45.00	800.00 - 850.00	500.00 - 550.00	280.00 - 300.00	60.00 - 70.00	150.00 - 200.00
Puttalam	160.00 - 190.00	400.00 - 450.00	170.00 - 190.00	20.00 - 25.00	-	700.00 - 800.00	-	300.00 - 350.00	-	-
Rathnapura	180.00 - 200.00	350.00 - 360.00	180.00 - 200.00	-	-	-	600.00 - 650.00	300.00 - 400.00	-	180.00 - 200.00
Hambantota	200.00 - 230.00	440.00 - 460.00	170.00 - 200.00	23.00 - 25.00	28.00 - 29.00	850.00 - 950.00	750.00 - 800.00	400.00 - 450.00	-	200.00 - 230.00
Matara	220.00 - 230.00	440.00 - 460.00	180.00 - 200.00	24.00 - 25.00	34.00 - 36.00	750.00 - 800.00	650.00 - 700.00	400.00 - 520.00	50.00 - 60.00	230.00 - 250.00
Galle	200.00 - 240.00	450.00 - 450.00	180.00 - 200.00	35.00 - 38.00	37.00 - 40.00	720.00 - 750.00	500.00 - 580.00	-	-	180.00 - 180.00
Tissamaharama	170.00 - 190.00	450.00 - 480.00	130.00 - 150.00	-	-	-	-	-	-	-
Meegoda (DEC)	220.00 - 220.00	420.00 - 460.00	180.00 - 200.00	25.00 - 26.00	28.00 - 30.00	-	480.00 - 550.00	300.00 - 300.00	-	-
Embilipitiya	140.00 - 160.00	350.00 - 450.00	140.00 - 160.00	25.00 - 30.00	30.00 - 45.00	-	500.00 - 600.00	300.00 - 400.00	60.00 - 80.00	-
Jaffna	200.00 - 220.00	250.00 - 280.00	120.00 - 130.00	-	-	650.00 - 680.00	480.00 - 580.00	300.00 - 350.00	-	150.00 - 300.00
Vavuniya	160.00 - 180.00	460.00 - 480.00	180.00 - 200.00	35.00 - 40.00	-	640.00 - 680.00	550.00 - 590.00	450.00 - 480.00	-	180.00 - 200.00
Mannar	150.00 - 180.00	400.00 - 450.00	120.00 - 150.00	24.00 - 26.00	-	680.00 - 720.00	550.00 - 600.00	450.00 - 480.00	-	-
Killinochchi	140.00 - 160.00	350.00 - 400.00	150.00 - 170.00	30.00 - 32.00	30.00 - 32.00	900.00 - 960.00	720.00 - 760.00	600.00 - 640.00	-	-
Mullaittivu	160.00 - 200.00	280.00 - 300.00	160.00 - 200.00	25.00 - 28.00	-	-	-	-	-	-
Batticaloa	200.00 - 220.00	440.00 - 460.00	160.00 - 180.00	35.00 - 40.00	-	650.00 - 680.00	520.00 - 550.00	450.00 - 480.00	-	180.00 - 180.00
Trincomalee	240.00 - 260.00	450.00 - 4555.00	170.00 - 190.00	32.00 - 35.00	40.00 - 43.00	-	540.00 - 580.00	250.00 - 300.00	90.00 - 120.00	-
Veyangoda	250.00 - 280.00	500.00 - 550.00	200.00 - 220.00	20.00 - 25.00	35.00 - 44.00	880.00 - 930.00	550.00 - 550.00	350.00 - 400.00	-	175.00 - 240.00
Galenbindunuwewa	160.00 - 200.00	380.00 - 400.00	140.00 - 160.00	30.00 - 40.00	40.00 - 50.00	850.00 - 900.00	750.00 - 800.00	600.00 - 720.00	-	-
Bandarawela	-	-	-	-	-	-	-	-	-	-
Matale	180.00 - 200.00	400.00 - 480.00	180.00 - 200.00	30.00 - 38.00	50.00 - 60.00	780.00 - 850.00	580.00 - 650.00	450.00 - 480.00	80.00 - 100.00	250.00 - 280.00

Table 08 (Contd.)

LOCATIONS	Mango		Other Fruits							
	Vilad	Kohu	Papaw (Rs/Kg)	Passion	Wood Apple	Orange	Avocado	Slime Apple	Grapes (Rs/Kg)	King Coconut
Colombo	-	-	240.00 - 400.00	42.00 - 75.00	70.00 - 170.00	70.00 - 120.00	100.00 - 160.00	50.00 - 120.00	2000.00 - 3000.00	150.00 - 200.00
Gampaha	-	-	280.00 - 360.00	100.00 - 100.00	130.00 - 150.00	100.00 - 100.00	120.00 - 150.00	70.00 - 80.00	2500.00 - 2500.00	140.00 - 150.00
Kurunegala	80.00 - 100.00	-	250.00 - 300.00	60.00 - 70.00	100.00 - 100.00	80.00 - 100.00	100.00 - 120.00	60.00 - 80.00	2500.00 - 2500.00	140.00 - 150.00
Nikaweratiya	-	-	220.00 - 250.00	-	-	70.00 - 80.00	100.00 - 150.00	50.00 - 100.00	2800.00 - 2800.00	100.00 - 120.00
Dambulla	-	40.00 - 45.00	260.00 - 300.00	60.00 - 80.00	80.00 - 100.00	60.00 - 80.00	150.00 - 180.00	50.00 - 60.00	2400.00 - 2500.00	130.00 - 140.00
Anuradhapura	-	-	200.00 - 280.00	-	60.00 - 80.00	80.00 - 120.00	110.00 - 150.00	60.00 - 100.00	2500.00 - 3000.00	120.00 - 160.00
Thambuththegama	-	-	230.00 - 280.00	-	-	50.00 - 80.00	70.00 - 80.00	-	2000.00 - 2500.00	80.00 - 100.00
Polonnaruwa	-	-	280.00 - 300.00	80.00 - 100.00	60.00 - 80.00	-	140.00 - 200.00	60.00 - 80.00	2500.00 - 2600.00	120.00 - 120.00
Kaluthara	-	-	340.00 - 360.00	-	90.00 - 110.00	100.00 - 120.00	180.00 - 200.00	80.00 - 100.00	2400.00 - 2600.00	150.00 - 160.00
Badulla	90.00 - 100.00	-	260.00 - 280.00	50.00 - 60.00	75.00 - 90.00	60.00 - 70.00	-	40.00 - 60.00	2700.00 - 2800.00	120.00 - 130.00
Keppetipola	-	-	270.00 - 280.00	80.00 - 85.00	75.00 - 85.00	75.00 - 80.00	150.00 - 160.00	65.00 - 75.00	2500.00 - 2700.00	115.00 - 120.00
Moneragala	-	-	160.00 - 200.00	-	31.00 - 37.00	60.00 - 80.00	80.00 - 100.00	25.00 - 30.00	-	80.00 - 100.00
Kegalle	-	-	280.00 - 300.00	-	50.00 - 70.00	80.00 - 100.00	120.00 - 130.00	40.00 - 50.00	3000.00 - 3000.00	80.00 - 100.00
Ampara	-	-	180.00 - 220.00	-	40.00 - 46.00	-	70.00 - 70.00	40.00 - 60.00	2200.00 - 2300.00	130.00 - 150.00
Dehiattakandiya	-	-	160.00 - 220.00	-	50.00 - 70.00	50.00 - 80.00	120.00 - 150.00	60.00 - 80.00	2000.00 - 3000.00	100.00 - 130.00
Nuwaraeliya	-	-	270.00 - 300.00	70.00 - 80.00	80.00 - 90.00	80.00 - 90.00	160.00 - 170.00	70.00 - 80.00	2500.00 - 2600.00	115.00 - 120.00
Kandy	90.00 - 100.00	-	250.00 - 350.00	65.00 - 70.00	80.00 - 100.00	80.00 - 90.00	80.00 - 100.00	60.00 - 70.00	2000.00 - 2500.00	140.00 - 150.00
Puttalam	-	-	200.00 - 250.00	-	-	60.00 - 85.00	100.00 - 140.00	-	2800.00 - 3000.00	100.00 - 120.00
Hambantota	-	-	160.00 - 200.00	-	30.00 - 40.00	80.00 - 100.00	-	40.00 - 50.00	2500.00 - 2600.00	90.00 - 100.00
Rathnapura	60.00 - 90.00	-	200.00 - 230.00	-	50.00 - 60.00	80.00 - 100.00	-	50.00 - 70.00	2000.00 - 2250.00	100.00 - 110.00
Matara	-	50.00 - 60.00	195.00 - 230.00	65.00 - 70.00	55.00 - 65.00	80.00 - 100.00	100.00 - 120.00	55.00 - 60.00	2500.00 - 2600.00	100.00 - 120.00
Galle	120.00 - 120.00	-	250.00 - 300.00	66.00 - 75.00	46.00 - 53.00	80.00 - 100.00	120.00 - 180.00	50.00 - 80.00	2800.00 - 3000.00	100.00 - 120.00
Tissamaharama	-	40.00 - 45.00	160.00 - 180.00	45.00 - 50.00	40.00 - 45.00	70.00 - 80.00	-	30.00 - 35.00	2800.00 - 2800.00	90.00 - 100.00
Meegoda (DEC)	-	-	250.00 - 280.00	-	50.00 - 60.00	90.00 - 110.00	-	-	2400.00 - 2800.00	-
Embilipitiya	60.00 - 80.00	30.00 - 50.00	200.00 - 220.00	40.00 - 60.00	70.00 - 100.00	70.00 - 100.00	90.00 - 120.00	20.00 - 30.00	2400.00 - 2900.00	90.00 - 120.00
Jaffna	50.00 - 85.00	-	120.00 - 200.00	-	-	-	-	-	-	150.00 - 180.00
Vavuniya	-	-	240.00 - 260.00	70.00 - 90.00	75.00 - 85.00	70.00 - 80.00	120.00 - 200.00	-	-	120.00 - 160.00
Mannar	-	-	220.00 - 250.00	40.00 - 50.00	-	60.00 - 100.00	90.00 - 120.00	-	2500.00 - 3000.00	140.00 - 160.00
Killinochchi	-	-	250.00 - 280.00	-	50.00 - 60.00	-	-	-	2400.00 - 2600.00	150.00 - 160.00
Mullaittivu	-	-	250.00 - 260.00	-	-	-	-	-	-	130.00 - 150.00
Batticaloa	-	-	220.00 - 240.00	60.00 - 64.00	80.00 - 85.00	70.00 - 75.00	120.00 - 150.00	-	2400.00 - 2550.00	130.00 - 140.00
Trincomalee	-	-	250.00 - 270.00	60.00 - 75.00	60.00 - 80.00	55.00 - 60.00	90.00 - 120.00	50.00 - 70.00	2400.00 - 2550.00	120.00 - 130.00
Veyangoda	-	-	280.00 - 380.00	60.00 - 65.00	65.00 - 100.00	80.00 - 120.00	100.00 - 150.00	50.00 - 80.00	2500.00 - 3000.00	150.00 - 150.00
Galenbindunuwewa	-	-	200.00 - 220.00	-	-	-	100.00 - 140.00	-	2500.00 - 2600.00	-
Bandarawela	-	-	-	-	-	-	-	-	-	-
Matale	100.00 - 110.00	40.00 - 50.00	250.00 - 260.00	60.00 - 80.00	80.00 - 90.00	60.00 - 80.00	120.00 - 140.00	50.00 - 60.00	2500.00 - 2600.00	100.00 - 120.00

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/Kg & Rs/Egg)

Week 14: 31 March - 06 April 2023

Locations	Sea Fish					
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw
Colombo	180.00 – 350.00	550.00 – 750.00	600.00 – 750.00	1000.00 – 1250.00	1300.00 – 1800.00	800.00 – 1200.00
Kandy	340.00 – 360.00	680.00 – 700.00	750.00 – 800.00	1150.00 – 1250.00	1800.00 – 2000.00	1100.00 – 1200.00
Kaluthara	440.00 – 460.00	740.00 – 760.00	640.00 – 660.00	850.00 – 880.00	-	900.00 – 1000.00
Puttalam	300.00 – 400.00	580.00 – 720.00	620.00 – 700.00	1100.00 – 1480.00	1850.00 – 2250.00	800.00 – 1150.00
Matara	320.00 – 380.00	550.00 – 600.00	720.00 – 800.00	1200.00 – 1400.00	-	-
Hambantota	350.00 – 400.00	800.00 – 850.00	700.00 – 750.00	1200.00 – 1300.00	1300.00 – 1450.00	-
Galle	-	-	750.00 – 800.00	1200.00 – 1400.00	2000.00 – 2000.00	1000.00 – 1100.00
Batticaloa	300.00 – 400.00	650.00 – 700.00	800.00 – 850.00	1200.00 – 1300.00	1500.00 – 1600.00	1200.00 – 1300.00
Trincomalee	300.00 – 350.00	650.00 – 750.00	550.00 – 620.00	750.00 – 900.00	1150.00 – 1250.00	1150.00 – 1250.00
Mannar	160.00 – 200.00	450.00 – 500.00	550.00 – 580.00	-	-	1000.00 – 1100.00

Locations	Sea Fish				Eggs	
	Mora	Shrimps	Thalapath	Teppeli	Brown	White
Colombo	1100.00 – 1200.00	1150.00 – 1600.00	1300.00 – 1800.00	-	46.00 – 46.00	44.00 – 44.00
Kandy	900.00 – 1000.00	1500.00 – 1600.00	1600.00 – 1700.00	-	48.00 – 50.00	46.00 – 47.00
Kaluthara	-	-	1280.00 – 1300.00	-	-	-
Puttalam	900.00 – 1200.00	1100.00 – 1850.00	1350.00 – 1800.00	-	57.00 – 59.00	55.00 – 56.00
Matara	-	1600.00 – 1700.00	-	-	-	-
Hambantota	-	1600.00 – 1650.00	-	-	-	-
Galle	-	-	1600.00 – 1600.00	-	-	54.00 – 55.00
Batticaloa	1300.00 – 1350.00	1200.00 – 1250.00	1450.00 – 1500.00	-	54.00 – 54.00	53.00 – 53.00
Trincomalee	1300.00 – 1400.00	700.00 – 800.00	1150.00 – 1250.00	-	43.00 – 44.00	42.00 – 43.00
Mannar	-	900.00 – 950.00	-	-	54.00 – 55.00	52.00 – 53.00

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50Kg)

Week 14: 31 March - 06 April 2023

Locations	Local Dried Fish					
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa
Colombo	49000 – 62500	-	-	72500 – 90000	44000 – 47500	-
Kandy	60000 – 62500	-	-	90000 – 92500	50000 – 52500	-
Batticaloa	50000 – 52500	97500 – 100000	-	90000 – 94000	55000 – 57000	47500 – 50000
Trincomalee	42000 – 43000	77000 – 79000	84500 – 86000	79500 – 81000	40000 – 42000	34000 – 36250
Mannar	45000 – 47500	90000 – 95000	-	60000 – 65000	40000 – 45000	37500 – 40000

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	49000 – 64000	-	27500 – 32000	37500 – 48000	74000 – 80000	-
Kandy	62500 – 65000	-	38000 – 40000	43500 – 46500	88000 – 90000	-
Batticaloa	65000 – 68000	-	45000 – 47500	55000 – 56500	-	-
Trincomalee	49000 – 50500	-	20000 – 22000	42000 – 44000	80000 – 82000	89000 – 91000
Mannar	42500 – 45000	65000 – 70000	25000 – 27500	47500 – 50000	-	-

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	-	-	79000 – 92500	-	-	-
Kandy	-	-	92000 – 93000	-	-	-
Batticaloa	-	-	-	-	-	-
Trincomalee	72000 – 73000	-	-	-	-	-
Mannar	-	-	-	-	-	-

Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/Kg & Rs/Eggs)

Week 14: 31 March - 06 April 2023

LOCATIONS	Sea Fish									Eggs									
	Salaya		Hurulla		Balaya		Kelawalla		Thora		Paraw		Mora		Thalapath		Brown		White
Colombo	320.00 - 720.00	600.00 - 1100.00	950.00 - 1600.00	1500.00 - 2200.00	2000.00 - 3000.00	1400.00 - 2400.00	1400.00 - 2000.00	2000.00 - 2500.00	55.00 - 55.00	53.00 - 58.00									
Gampaha	500.00 - 500.00	800.00 - 800.00	-	2000.00 - 2000.00	-	-	-	2200.00 - 2200.00	-	-	-	-	-	-	-	-	-	-	-
Kurunegala	400.00 - 440.00	880.00 - 900.00	1200.00 - 1300.00	1700.00 - 1800.00	-	1400.00 - 1500.00	1500.00 - 1600.00	2300.00 - 2400.00	-	-	-	-	-	-	-	-	-	-	-
Nikaweratiya	600.00 - 700.00	1000.00 - 1100.00	1000.00 - 1700.00	1800.00 - 1900.00	-	1900.00 - 2000.00	-	2200.00 - 2200.00	-	-	-	-	-	-	-	-	-	-	-
Dambulla	440.00 - 480.00	800.00 - 900.00	800.00 - 880.00	1800.00 - 2000.00	2200.00 - 2400.00	1700.00 - 2000.00	1500.00 - 1600.00	1800.00 - 2000.00	59.00 - 60.00	56.00 - 57.00									
Anuradhapura	420.00 - 500.00	860.00 - 900.00	900.00 - 1000.00	1900.00 - 2000.00	2300.00 - 2500.00	1500.00 - 1600.00	1650.00 - 1700.00	1800.00 - 2000.00	-	55.00 - 55.00									
Thambuththegama	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	55.00 - 55.00
Polonnaruwa	500.00 - 550.00	1000.00 - 1100.00	1300.00 - 1450.00	1700.00 - 1750.00	2200.00 - 2200.00	1350.00 - 1400.00	1600.00 - 1700.00	2000.00 - 2100.00	-	60.00 - 60.00									
Kaluthara	560.00 - 580.00	900.00 - 920.00	960.00 - 980.00	1350.00 - 1450.00	-	1400.00 - 1500.00	-	1700.00 - 1800.00	-	45.00 - 47.00									
Badulla	360.00 - 440.00	900.00 - 960.00	1200.00 - 1300.00	1700.00 - 1800.00	-	1300.00 - 1500.00	1500.00 - 1600.00	2300.00 - 2400.00	-	-									
Keppetipola	450.00 - 460.00	750.00 - 780.00	1200.00 - 1300.00	1600.00 - 1650.00	-	1450.00 - 1460.00	1550.00 - 1560.00	1800.00 - 1850.00	57.00 - 58.00	56.00 - 57.00									
Moneragala	500.00 - 550.00	900.00 - 1000.00	900.00 - 1000.00	2000.00 - 2200.00	-	-	-	2300.00 - 2400.00	-	55.00 - 55.00									
Kegalle	460.00 - 520.00	950.00 - 1000.00	1200.00 - 1300.00	1600.00 - 1650.00	2950.00 - 3000.00	1050.00 - 1200.00	1600.00 - 1650.00	2000.00 - 2100.00	60.00 - 60.00	58.00 - 58.00									
Ampara	-	1000.00 - 1000.00	1200.00 - 1200.00	-	-	-	-	2000.00 - 2000.00	-	55.00 - 58.00									
Dehiattakandiya	-	-	-	-	-	-	-	-	55.00 - 55.00	50.00 - 55.00									
Nuwaraeliya	440.00 - 450.00	740.00 - 750.00	1200.00 - 1250.00	1650.00 - 1700.00	-	1760.00 - 1800.00	1300.00 - 1350.00	1800.00 - 1900.00	56.00 - 58.00	55.00 - 57.00									
Kandy	460.00 - 480.00	850.00 - 900.00	900.00 - 1100.00	1700.00 - 1800.00	2600.00 - 2700.00	1500.00 - 1700.00	1500.00 - 1600.00	2000.00 - 2100.00	53.00 - 54.00	52.00 - 53.00									
Puttalam	350.00 - 500.00	650.00 - 800.00	680.00 - 850.00	1200.00 - 1600.00	2000.00 - 2400.00	900.00 - 1200.00	1000.00 - 1500.00	1500.00 - 2000.00	57.00 - 60.00	56.00 - 57.00									
Hambantota	450.00 - 550.00	1000.00 - 1100.00	1200.00 - 1300.00	1900.00 - 2000.00	2200.00 - 2300.00	-	-	-	-	55.00 - 57.00									
Rathnapura	480.00 - 500.00	900.00 - 1000.00	960.00 - 1000.00	1700.00 - 1900.00	2800.00 - 3000.00	1560.00 - 1600.00	1550.00 - 1600.00	1960.00 - 2200.00	-	-									
Matara	450.00 - 550.00	900.00 - 1000.00	1150.00 - 1250.00	1800.00 - 2000.00	2200.00 - 2400.00	-	-	-	-	56.00 - 57.00									
Galle	500.00 - 550.00	700.00 - 800.00	900.00 - 1000.00	1800.00 - 1800.00	2600.00 - 2800.00	1600.00 - 1850.00	1600.00 - 1800.00	2000.00 - 2200.00	55.00 - 58.00	55.00 - 56.00									
Tissamaharama	500.00 - 500.00	800.00 - 800.00	1000.00 - 1000.00	1600.00 - 2000.00	-	-	-	-	-	-									
Meegoda	280.00 - 300.00	900.00 - 960.00	800.00 - 800.00	1700.00 - 1700.00	-	-	-	2200.00 - 2500.00	-	44.00 - 44.00									
Embilipitiya	500.00 - 600.00	800.00 - 900.00	1100.00 - 1250.00	1800.00 - 2000.00	2000.00 - 2100.00	1400.00 - 1500.00	1400.00 - 1500.00	2000.00 - 2200.00	59.00 - 60.00	57.00 - 58.00									
Jaffna	-	1000.00 - 1200.00	1000.00 - 1500.00	-	-	1450.00 - 1500.00	-	-	50.00 - 51.00	49.00 - 51.00									
Vavuniya	640.00 - 690.00	1000.00 - 1200.00	1000.00 - 1150.00	2100.00 - 2200.00	2300.00 - 2450.00	1600.00 - 1800.00	2000.00 - 2200.00	2100.00 - 2200.00	46.00 - 47.00	44.00 - 46.00									
Mannar	250.00 - 300.00	600.00 - 700.00	650.00 - 800.00	-	-	1200.00 - 1300.00	1800.00 - 2200.00	-	56.00 - 57.00	54.00 - 55.00									
Killinochchi	300.00 - 350.00	450.00 - 500.00	800.00 - 850.00	-	-	1200.00 - 1300.00	1500.00 - 1600.00	-	-	55.00 - 56.00									
Mullaittivu	200.00 - 250.00	400.00 - 450.00	500.00 - 600.00	-	-	1000.00 - 1000.00	1000.00 - 1200.00	-	58.00 - 60.00	54.00 - 55.00									
Batticaloa	400.00 - 500.00	900.00 - 1100.00	1300.00 - 1400.00	1900.00 - 2000.00	2300.00 - 2500.00	1900.00 - 2000.00	2200.00 - 2300.00	1900.00 - 2000.00	56.00 - 56.00	55.00 - 55.00									
Trincomalee	450.00 - 500.00	800.00 - 900.00	650.00 - 750.00	-	-	1300.00 - 1400.00	1500.00 - 1600.00	1350.00 - 1450.00	45.00 - 48.00	46.00 - 50.00									
Veyangoda	600.00 - 600.00	-	-	1600.00 - 1600.00	2400.00 - 2400.00	-	-	2000.00 - 2000.00	-	56.00 - 56.00									
Galenbindunuwewa	400.00 - 400.00	1000.00 - 1000.00	900.00 - 900.00	2000.00 - 2000.00	2400.00 - 2400.00	1600.00 - 1600.00	1800.00 - 1800.00	2000.00 - 2000.00	-	55.00 - 55.00									
Bandarawela	-	-	-	-	-	-	-	-	-	-									
Matale	560.00 - 680.00	800.00 - 960.00	880.00 - 900.00	1800.00 - 2000.00	2200.00 - 2300.00	1700.00 - 1800.00	1600.00 - 1700.00	2000.00 - 2200.00	59.00 - 60.00	56.00 - 57.00									

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/Kg)

Week 14: 31 March - 06 April 2023

LOCATIONS	Dried Fish													
	Sprats-Imported		Kattawa		Thora		Mora		Balaya		Anguluwa		Salaya	
Colombo	950.00	1400.00	2000.00	2800.00	-	-	1900.00	2600.00	1100.00	1800.00	1700.00	2600.00	800.00	1200.00
Gampaha	1040.00	1400.00	2400.00	2600.00	2000.00	2000.00	2000.00	2400.00	1400.00	1600.00	1600.00	2400.00	800.00	1000.00
Kurunegala	1200.00	1400.00	2200.00	2400.00	2200.00	2200.00	2200.00	2300.00	1200.00	1300.00	1800.00	1800.00	1000.00	1200.00
Nikaweratiya	1100.00	1200.00	2400.00	2400.00	2800.00	2800.00	2200.00	2200.00	1200.00	1200.00	2200.00	2800.00	1000.00	1000.00
Dambulla	1200.00	1300.00	2400.00	2500.00	-	-	2400.00	2500.00	1000.00	1200.00	2000.00	2200.00	-	-
Anuradhapura	1100.00	1300.00	2000.00	2400.00	-	-	2000.00	2800.00	1100.00	1600.00	2400.00	2800.00	1000.00	1200.00
Thambuththegama	1000.00	1100.00	-	-	-	-	1650.00	1650.00	1200.00	1200.00	1300.00	1400.00	900.00	900.00
Polonnaruwa	1350.00	1400.00	2400.00	2400.00	-	-	2200.00	2300.00	1300.00	1400.00	1600.00	1700.00	1200.00	1300.00
Kaluthara	1500.00	1600.00	2400.00	2600.00	-	-	2300.00	2400.00	1400.00	1500.00	-	-	1200.00	1300.00
Badulla	1200.00	1400.00	2400.00	2500.00	-	-	2300.00	2400.00	1300.00	1400.00	-	-	1100.00	1200.00
Keppetipola	1350.00	1450.00	2400.00	2450.00	-	-	2250.00	2300.00	1200.00	1260.00	2450.00	2480.00	1200.00	1250.00
Moneragala	1000.00	1200.00	2000.00	2300.00	-	-	2200.00	2400.00	1200.00	1400.00	2000.00	2400.00	1000.00	1200.00
Kegalle	1150.00	1250.00	2200.00	2350.00	-	-	2000.00	2200.00	1200.00	1250.00	-	-	-	-
Ampara	970.00	1200.00	2150.00	2300.00	-	-	1800.00	2200.00	1000.00	1300.00	1600.00	2000.00	-	-
Dehiattakandiya	1000.00	1200.00	2600.00	2800.00	-	-	2200.00	2300.00	1100.00	1200.00	1100.00	1200.00	1000.00	1000.00
Nuwaraeliya	1360.00	1400.00	2400.00	2500.00	-	-	2400.00	2450.00	1250.00	1280.00	2350.00	2380.00	1200.00	1260.00
Kandy	1100.00	1400.00	2600.00	2700.00	-	-	2400.00	2500.00	1300.00	1500.00	2400.00	2500.00	1100.00	1200.00
Puttalam	900.00	1080.00	1600.00	2400.00	-	-	2000.00	2350.00	900.00	1200.00	800.00	1200.00	600.00	720.00
Hambantota	1300.00	1500.00	2100.00	2300.00	-	-	-	-	1200.00	1400.00	2000.00	2200.00	-	-
Rathnapura	1000.00	1160.00	2100.00	2200.00	2560.00	2600.00	1960.00	2100.00	920.00	1000.00	-	-	900.00	1200.00
Matara	1150.00	1250.00	2150.00	2300.00	-	-	2000.00	2200.00	1200.00	1300.00	1950.00	2000.00	-	-
Galle	1200.00	1500.00	2300.00	2400.00	2400.00	2400.00	2000.00	2200.00	1000.00	1400.00	1800.00	2000.00	1200.00	1500.00
Tissamaharama	1100.00	1300.00	-	-	-	-	-	-	1200.00	1400.00	-	-	-	-
Meegoda	1050.00	1200.00	2200.00	2600.00	-	-	-	-	1400.00	1500.00	-	-	-	-
Embilipitiya	1200.00	1600.00	2000.00	2250.00	2100.00	2300.00	2000.00	2200.00	1250.00	1550.00	2000.00	2200.00	1000.00	1200.00
Jaffna	1750.00	1900.00	-	-	-	-	-	-	-	-	-	-	-	-
Vavuniya	1100.00	1350.00	1500.00	1600.00	-	-	-	-	1150.00	1250.00	1200.00	1300.00	800.00	900.00
Mannar	1000.00	1100.00	2000.00	2200.00	-	-	1400.00	1600.00	1000.00	1100.00	900.00	1000.00	600.00	700.00
Killinochchi	1200.00	1300.00	2800.00	3000.00	-	-	2500.00	2700.00	1200.00	1400.00	1200.00	1300.00	1000.00	1200.00
Mullaittivu	1100.00	1300.00	2500.00	2800.00	-	-	2000.00	2500.00	1000.00	1500.00	1000.00	1200.00	1000.00	1200.00
Batticaloa	1150.00	1250.00	2100.00	2250.00	-	-	1900.00	2000.00	1300.00	1400.00	1100.00	1200.00	900.00	1100.00
Trincomalee	950.00	1200.00	1700.00	1800.00	1800.00	2000.00	1700.00	1800.00	900.00	1000.00	800.00	950.00	550.00	600.00
Veyangoda	980.00	1200.00	1900.00	2200.00	-	-	2000.00	2200.00	1000.00	1200.00	1900.00	2200.00	800.00	1000.00
Galenbindunuwewa	1000.00	1200.00	2200.00	2400.00	-	-	2000.00	2200.00	1400.00	1500.00	2200.00	2400.00	800.00	1000.00
Bandarawela	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Matale	1200.00	1400.00	2000.00	2400.00	3000.00	3600.00	2000.00	2400.00	1300.00	1400.00	1300.00	1600.00	1100.00	1200.00

Table 13: Selected Markets: Retail Price of Meat (Rs/Kg)

Week 14: 31 March - 06 April 2023

LOCATIONS	Meat	Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork
Colombo	2200.00 - 2300.00	1300.00 - 1420.00	1350.00 - 1500.00	2800.00 - 3200.00	1480.00 - 1800.00
Gampaha	-	1300.00 - 1300.00	-	3000.00 - 3000.00	1500.00 - 1500.00
Kurunegala	1900.00 - 2000.00	1360.00 - 1400.00	-	2700.00 - 2700.00	1500.00 - 1560.00
Nikaweratiya	2000.00 - 2000.00	1200.00 - 1290.00	-	2800.00 - 2800.00	-
Dambulla	-	1250.00 - 1300.00	-	-	1600.00 - 1700.00
Anuradhapura	1900.00 - 2000.00	1200.00 - 1350.00	-	3000.00 - 3100.00	1500.00 - 1650.00
Thambuththegama	1800.00 - 2000.00	1150.00 - 1280.00	1250.00 - 1250.00	-	1600.00 - 1600.00
Polonnaruwa	1800.00 - 2000.00	1400.00 - 1480.00	1550.00 - 1600.00	-	-
Kaluthara	-	1240.00 - 1280.00	1350.00 - 1400.00	-	-
Badulla	1800.00 - 2000.00	1400.00 - 1480.00	1500.00 - 1600.00	2600.00 - 2800.00	-
Keppetipola	2000.00 - 2100.00	1250.00 - 1300.00	1350.00 - 1380.00	2900.00 - 3000.00	-
Moneragala	2000.00 - 2000.00	1300.00 - 1350.00	-	2800.00 - 2800.00	1600.00 - 1650.00
Kegalle	1950.00 - 2100.00	1180.00 - 1250.00	-	2750.00 - 2800.00	1800.00 - 1850.00
Ampara	2000.00 - 2000.00	-	1200.00 - 1300.00	-	1500.00 - 1950.00
Dehiattakandiya	2100.00 - 2100.00	1160.00 - 1290.00	-	-	1450.00 - 1650.00
Nuwaraeliya	2000.00 - 2200.00	1250.00 - 1300.00	1350.00 - 1400.00	2900.00 - 3000.00	1900.00 - 2000.00
Kandy	1900.00 - 2000.00	1350.00 - 1360.00	1480.00 - 1500.00	2700.00 - 2800.00	1550.00 - 1600.00
Puttalam	2000.00 - 2000.00	1200.00 - 1300.00	-	3000.00 - 3000.00	-
Hambantota	-	1400.00 - 1430.00	-	-	-
Rathnapura	2100.00 - 2200.00	1300.00 - 1450.00	1600.00 - 1650.00	2900.00 - 3000.00	1560.00 - 1600.00
Matara	-	1440.00 - 1460.00	-	-	-
Galle	2300.00 - 2300.00	1350.00 - 1400.00	1600.00 - 1600.00	3250.00 - 3300.00	-
Tissamaharama	-	1310.00 - 1330.00	-	2800.00 - 2800.00	1700.00 - 1800.00
Meegoda	-	1250.00 - 1350.00	-	-	1500.00 - 1600.00
Embilipitiya	1800.00 - 1900.00	1040.00 - 1150.00	1200.00 - 1300.00	2550.00 - 2600.00	1600.00 - 1800.00
Jaffna	1450.00 - 1500.00	1500.00 - 1600.00	1400.00 - 1500.00	2500.00 - 2600.00	-
Vavuniya	2000.00 - 2200.00	1350.00 - 1400.00	-	2850.00 - 2950.00	-
Mannar	1500.00 - 1600.00	1500.00 - 1600.00	-	-	-
Killinochchi	1850.00 - 1950.00	1500.00 - 1600.00	1700.00 - 1800.00	2900.00 - 3000.00	-
Mullaittivu	1700.00 - 1800.00	1500.00 - 1600.00	-	-	-
Batticaloa	1800.00 - 1900.00	1450.00 - 1550.00	1600.00 - 1700.00	2900.00 - 3000.00	-
Trincomalee	1700.00 - 1750.00	1040.00 - 1080.00	1450.00 - 1550.00	-	-
Veyangoda	2100.00 - 2100.00	1300.00 - 1300.00	-	2700.00 - 2700.00	1600.00 - 1600.00
Galenbindunuwewa	1900.00 - 1900.00	1340.00 - 1350.00	-	-	-
Bandarawela	-	-	-	-	-
Matale	1900.00 - 2000.00	1300.00 - 1380.00	-	2600.00 - 2600.00	1500.00 - 1600.00

Table 14: Colombo: Wholesale Prices (Rs/Kg or Rs/Pieces)

Week 14: 31 March - 06 April 2023

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	95.00 - 100.00	97.60	98.30	76.20	-0.71	28.08
Samba 1	210.00 - 215.00	212.50	212.30	201.88	0.09	5.26	Small	83.00 - 88.00	86.40	87.00	70.40	-0.69	22.73
Samba 2	200.00 - 210.00	206.20	206.60	197.50	-0.19	4.41							
Keeri Samba	240.00 - 245.00	243.70	243.00	240.50	0.29	1.33	<u>Fruits (Rs/Fruit)</u>						
Nadu 1	185.00 - 190.00	186.80	186.50	200.63	0.16	-6.89	Plantain						
Nadu 2	180.00 - 185.00	182.50	182.20	195.00	0.16	-6.41	Ambul (Rs/Kg)	160.00 - 230.00	201.25	175.83	72.00	14.45	179.51
Raw (Red)	150.00 - 165.00	158.60	161.78	197.80	-1.96	-19.82	Kolikuttu (Rs/Kg)	450.00 - 480.00	465.83	446.67	184.00	4.29	153.17
Raw (White)	170.00 - 180.00	173.80	174.80	198.80	-0.57	-12.58	Seeni (Rs/Kg)	140.00 - 170.00	153.64	152.50	75.00	0.75	104.85
Imported							Anamalu	30.00 - 34.00	32.00	31.33	12.50	2.13	156.00
Samba	200.00 - 210.00	205.30	206.60	188.00	-0.63	9.20	Ambun	30.00 - 40.00	36.27	35.50	15.50	2.18	134.02
Nadu	163.00 - 175.00	169.30	168.80	177.00	0.30	-4.35	Papaw(Rs/Kg)	180.00 - 280.00	221.54	230.00	114.00	-3.68	94.33
Raw (Red)							Passion Fruit	40.00 - 60.00	45.33	55.25	38.00	-17.95	19.30
Raw (White)	170.00 - 180.00	174.80	174.40	168.50	0.23	3.74	Pineapple Large	600.00 - 680.00	637.50	665.56	457.50	-4.22	39.34
<u>Dried Chillies</u>							Pineapple Medium	500.00 - 580.00	537.50	565.56	328.00	-4.96	63.87
Imported	1000.00 - 1080.00	1049.00	1052.00	1444.38	-0.29	-27.37	Pineapple Small	400.00 - 480.00	437.50	465.56	248.00	-6.03	76.41
<u>Onion</u>							Mango						
Sinnan			246.67				Betti	55.00 - 62.00	59.14	59.00	38.50	0.24	53.62
Vedalan	290.00 - 330.00	308.13	292.27	299.38	5.42	2.92	Karthakolomban	120.00 - 200.00	150.00	160.00	103.33	-6.25	45.16
Imported	260.00 - 300.00	282.50	265.56	290.56	6.38	-2.77	Vilad	70.00 - 90.00	82.50	65.00	46.80	26.92	76.28
<u>Big Onion</u>							Kohu						
Imported	80.00 - 100.00	91.80	83.00	182.00	10.60	-49.56	Other						
Local							Wood Apple	65.00 - 80.00	74.55	59.33	35.00	25.64	112.99
<u>Potato</u>							Orange	55.00 - 60.00	57.91	61.36	33.33	-5.63	73.73
Welimada	190.00 - 220.00	205.00	190.00	157.50	7.89	30.16	Avocado	70.00 - 140.00	92.86	128.46	92.50	-27.72	0.39
N'Eliya	220.00 - 240.00	230.00	225.00	179.00	2.22	28.49	Slime Apple	22.00 - 28.00	25.18	24.83	27.00	1.40	-6.73
Imported	125.00 - 140.00	133.30	127.00	164.50	4.96	-18.97	Grapes (Imp., Rs/Kg)	1600.00 - 2000.00	1685.71	1400.00	1375.00	20.41	22.60
<u>Pulses</u>							King Coconut	120.00 - 160.00	147.27	132.50	91.67	11.15	60.66
Green Gram	1340.00 - 1425.00	1384.50	1394.00	901.00	-0.68	53.66	<u>Sea Fish</u>						
Cowpea (White)	600.00 - 800.00	696.67	735.00	605.63	-5.22	15.03	Salaya	180.00 - 350.00	266.00	272.00	242.50	-2.21	9.69
Cowpea (Red)	650.00 - 825.00	744.50	783.00	555.00	-4.92	34.14	Hurulla	550.00 - 750.00	657.00	548.00	455.71	19.89	44.17
Red Dhal	310.00 - 325.00	317.50	314.50	456.50	0.95	-30.45	Balaya	600.00 - 750.00	680.00	637.00	473.75	6.75	43.54
<u>Vegetable</u>							Kelawalla	1000.00 - 1250.00	1159.00	1137.00	916.00	1.93	26.53
Beans (Butter)							Thora	1300.00 - 1800.00	1485.00	1990.00	1507.14	-25.38	-1.47
Beans(Green)	100.00 - 150.00	117.00	133.00	162.00	-12.03	-27.78	Paraw	800.00 - 1200.00	978.00	1068.00	716.00	-8.43	36.59
Carrot	80.00 - 100.00	88.00	101.00	155.00	-12.87	-43.23	Mora	1100.00 - 1200.00	1160.00	877.78		32.15	
Leeks	160.00 - 200.00	172.00	174.00	119.00	-1.15	44.54	Shrimps	1150.00 - 1600.00	1356.00	1487.00	1075.71	-8.81	26.06
Beetroot	80.00 - 130.00	100.77	122.73	128.18	-17.89	-21.39	Thalapath	1300.00 - 1800.00	1505.00	1410.00	1256.67	6.74	19.76
Knolkhol	80.00 - 110.00	93.00	104.00	103.00	-10.58	-9.71	<u>Eggs</u>						
Raddish	60.00 - 70.00	64.00	58.00	69.00	10.34	-7.25	Brown	46.00 - 46.00	46.00	46.00	29.25	0.00	57.26
Cabbage	50.00 - 100.00	70.00	63.00	74.00	11.11	-5.41	White	44.00 - 44.00	44.00	44.00	27.75	0.00	58.56
Tomato	140.00 - 170.00	151.00	175.00	78.00	-13.71	93.59	<u>Dried Fish</u>						
Ladies Fingers	80.00 - 110.00	97.00	117.00	65.00	-17.09	49.23	Sprats	980.00 - 1250.00	1117.00	1184.00	1166.00	-5.66	-4.20
Brinjal	120.00 - 150.00	130.91	133.00	175.00	-1.57	-25.19	Sprats (Imported)	750.00 - 960.00	835.00	846.67	995.00	-1.38	-16.08
Capsicum	300.00 - 350.00	311.00	283.64	195.00	9.65	59.49	Kattawa				1545.00		
Pumpkin	40.00 - 50.00	42.50	43.00	63.00	-1.16	-32.54	Kattawa (Imported)	1480.00 - 1600.00	1541.00	1542.00	1314.00	-0.06	17.28
Cucumber	40.00 - 60.00	49.00	48.00	32.00	2.08	53.13	Thora						
Bitter Gourd	150.00 - 160.00	154.00	241.00	164.00	-36.10	-6.10	Thora (Imported)						
Snake Gourd	120.00 - 150.00	133.00	145.00	140.00	-8.28	-5.00	Mora	1450.00 - 1800.00	1657.50	1652.00	1485.00	0.33	11.62
Drumstick							Mora (Imported)						
Luffa	130.00 - 160.00	146.00	155.00	128.18	-5.81	13.90	Balaya	880.00 - 950.00	915.00	946.00	820.00	-3.28	11.59
Long Beans	80.00 - 120.00	95.00	101.00	92.00	-5.94	3.26	Balaya (Imported)						
Ash Plantain	160.00 - 180.00	168.00	188.00	54.00	-10.64	211.11	Anguluwa						
Green Chillies	250.00 - 300.00	274.00	281.00	270.00	-2.49	1.48	Anguluwa (Imported)	1580.00 - 1850.00	1702.22	1625.00	1281.67	4.75	32.81
Lime	200.00 - 220.00	203.00	187.00	234.00	8.56	-13.25	Maduwa	980.00 - 1280.00	1131.00	1192.00	1058.57	-5.12	6.84
<u>Root Crops</u>							Maduwa (Imported)						
Sweet Potato	70.00 - 80.00	77.00	94.00	112.00	-18.09	-31.25	Koduwa						
Manioc	150.00 - 180.00	160.00	161.00	38.00	-0.62	321.05	Koduwa (Imported)						
<u>Leafy Vegetable</u>							Salaya	550.00 - 640.00	592.22	591.00	632.00	0.21	-6.29
Mukunuwenna	45.00 - 50.00	46.00	43.70	30.40	5.26	51.32	Salaya (Imported)						
Kankun	45.00 - 50.00	46.00	43.70	30.40	5.26	51.32							
Gotukola (Rs/Kg)	220.00 - 230.00	224.00	222.00	142.00	0.90	57.75							

This Week: Week 14: 31 March - 06 April 2023

Last Week: Week 13: 24 - 30 March 2023

Table 15: Colombo &Suburbs: Retail Prices (Rs/Kg or Rs/Piece)

Week 14: 31 March - 06 April 2023

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week	Last Year (%)			This Week	Last Week	Last Year	Last Week	Last Year (%)
Rice							Coconut						
Local							Large						
Samba 1	230.00 - 230.00	230.00	229.69	217.89	0.31	5.56	Small	90.00 - 100.00	97.37	98.10	77.06	-1.27	29.12
Samba 2	220.00 - 220.00	220.00	219.23	207.86	0.77	5.84	Fruits (Rs/Fruit)						
Keeri Samba	260.00 - 270.00	262.14	261.03	260.53	1.11	0.62	Plantain						
Nadu 1	210.00 - 220.00	219.53	218.06	209.70	1.47	4.69	Ambul (Rs/Kg)	200.00 - 300.00	256.94	247.50	121.14	9.44	112.10
Nadu 2	200.00 - 210.00	207.83	205.32	201.79	2.51	3.00	Kolikuttu (Rs/Kg)	500.00 - 580.00	540.91	525.15	240.86	15.76	124.58
Raw (Red)	170.00 - 200.00	186.39	192.06	214.05	-5.67	-12.92	Seeni (Rs/Kg)	200.00 - 260.00	228.29	224.72	133.43	3.56	71.09
Raw (White)	180.00 - 200.00	191.50	192.83	212.35	-1.33	-9.82	Anamalu	26.00 - 40.00	32.59	31.58	19.71	1.01	65.33
Imported							Ambun						
Samba	215.00 - 240.00	226.06	220.17	199.69	5.89	13.21	Papaw(Rs/Kg)	32.00 - 45.00	40.28	39.34	24.71	0.94	62.99
Nadu	180.00 - 200.00	197.50	195.54	192.58	1.96	2.55	Passion Fruit	240.00 - 400.00	321.72	342.07	200.00	-20.34	60.86
Raw (Red)	-	-	-	-	-	-	Pineapple Large	42.00 - 75.00	62.16	72.00	46.29	-9.84	34.30
Raw (White)	180.00 - 200.00	195.38	193.28	190.16	2.11	2.75	Pineapple Medium	650.00 - 720.00	685.56	704.48	465.00	-18.93	47.43
Dried Chillies							Pineapple Small						
Imported	1100.00 - 1500.00	1361.52	1404.84	1552.05	-43.32	-12.28	400.00 - 560.00	492.40	499.09	288.86	-6.69	70.46	
Onion							Mango						
Sinnan	320.00 - 360.00	347.50	346.67	282.60	0.83	22.97	Betti	-	-	-	-	-	-
Vedalan	480.00 - 520.00	488.70	465.00	465.00	23.70	5.10	Karthakolomban	150.00 - 250.00	189.23	222.94	99.09	-33.71	90.97
Imported	360.00 - 400.00	392.00	385.17	370.90	6.83	5.69	Vilad	-	-	60.00	-	-	-
Big Onion							Kohu						
Imported	110.00 - 140.00	123.43	117.71	235.50	5.71	-47.59	Other						
Local							Wood Apple						
Potato							Orange						
Welimada	260.00 - 320.00	294.40	292.86	251.11	1.54	17.24	70.00 - 120.00	95.24	98.80	63.67	-3.56	49.59	
N'Eliya	300.00 - 460.00	364.29	339.20	312.12	25.09	16.71	100.00 - 160.00	134.29	145.00	138.00	-10.71	-2.69	
Imported	150.00 - 180.00	168.24	159.35	211.08	8.88	-20.30	50.00 - 120.00	85.71	79.09	62.26	6.62	37.68	
Pulses							Avocado						
Green Gram	1400.00 - 1600.00	1554.40	1564.44	1137.30	-10.04	36.67	2000.00 - 3000.00	2633.33	2600.00	1680.00	33.33	56.75	
Cowpea (White)	900.00 - 1200.00	1103.45	1136.11	804.00	-32.66	37.24	King Coconut	150.00 - 200.00	165.29	162.11	103.81	3.19	59.23
Cowpea (Red)	900.00 - 1200.00	1095.00	1114.00	695.38	-19.00	57.47	Sea Fish						
Red Dhal	330.00 - 360.00	354.17	357.27	485.95	-3.11	-27.12	Salaya	320.00 - 720.00	475.65	491.25	357.89	-15.60	32.90
Vegetable							Hurulla						
Beans (Butter)	-	-	-	-	-	-	600.00 - 1100.00	833.81	787.73	640.00	46.08	30.28	
Beans(Green)	140.00 - 280.00	220.40	242.22	255.56	-21.82	-13.76	Balaya	950.00 - 1600.00	1250.00	1117.00	1065.88	133.00	17.27
Carrot	140.00 - 240.00	195.83	203.33	277.86	-7.50	-29.52	Kelawalla	1500.00 - 2200.00	1828.89	1795.45	1587.00	33.43	15.24
Leeks	200.00 - 320.00	270.77	298.70	219.23	-27.93	23.51	Thora	2000.00 - 3000.00	2606.67	2721.05	2109.47	-114.39	23.57
Beetroot	120.00 - 300.00	200.00	207.41	205.93	-7.41	-2.88	Paraw	1400.00 - 2400.00	1748.00	1755.29	1467.83	-7.29	19.09
Knolkhol	120.00 - 320.00	225.20	237.04	208.89	-11.84	7.81	Mora	1400.00 - 2000.00	1642.00	-	-	-	-
Raddish	90.00 - 200.00	150.40	163.85	165.71	-13.45	-9.24	Shrimps	1400.00 - 2160.00	1655.79	1680.00	1216.52	-24.21	36.11
Cabbage	100.00 - 200.00	171.92	160.74	178.62	11.18	-3.75	Thalpath	2000.00 - 2500.00	2205.00	2188.00	1863.33	17.00	18.34
Tomato	180.00 - 320.00	263.20	306.54	184.83	-43.34	42.40	Eggs						
Ladies Fingers	150.00 - 320.00	211.79	224.07	157.24	-12.29	34.69	Brown	55.00 - 55.00	55.00	57.33	30.71	-2.33	79.07
Brijjal	160.00 - 320.00	235.56	244.44	272.41	-8.89	-13.53	White	53.00 - 58.00	54.78	56.17	29.10	-1.39	88.24
Capsicum	350.00 - 700.00	494.40	438.00	354.48	56.40	39.47	Dried Fish						
Pumpkin	80.00 - 160.00	131.11	137.04	157.24	-5.93	-16.62	Sprats	1200.00 - 2000.00	1671.43	1720.83	1524.00	-49.40	9.67
Cucumber	80.00 - 200.00	143.70	134.23	117.00	9.47	22.82	Sprats (Imported)	950.00 - 1400.00	1189.13	1194.64	1255.36	-5.51	-5.28
Bitter Gourd	220.00 - 440.00	327.60	334.23	284.83	-6.63	15.02	Kattawa	2000.00 - 2800.00	2323.81	2366.67	2180.00	-42.86	6.60
Snake Gourd	180.00 - 320.00	266.40	275.38	242.07	-8.98	10.05	Thora	-	-	-	-	-	-
Drumstick	-	-	-	-	-	-	Mora	1900.00 - 2600.00	2285.71	2363.64	1869.23	-77.92	22.28
Luffa	200.00 - 360.00	288.08	293.33	249.64	-5.26	15.40	Balaya	1100.00 - 1800.00	1413.64	1415.79	1265.38	-2.15	11.72
Long Beans	120.00 - 280.00	208.40	214.23	198.62	-5.83	4.92	Anguluwa	1700.00 - 2600.00	2183.33	2150.00	2121.43	33.33	2.92
Ash Plantain	180.00 - 320.00	265.00	280.42	139.26	-15.42	90.29	Maduwa	-	-	1400.00	-	-	-
Green Chillies	300.00 - 600.00	468.08	474.40	511.07	-6.32	-8.41	Koduwa	-	-	-	-	-	-
Lime	280.00 - 500.00	387.20	380.00	416.55	7.20	-7.05	Salaya	800.00 - 1200.00	1033.33	1104.76	965.00	-71.43	7.08
Root Crops							Meat						
Sweet Potato	100.00 - 240.00	189.62	195.83	189.63	-6.22	-0.01	Beef (without Bones)	2200.00 - 2300.00	2250.00	2275.00	1540.00	-25.00	46.10
Manioc	180.00 - 240.00	220.38	225.38	104.33	-5.00	111.23	Chicken (Broiler)	1300.00 - 1420.00	1362.22	1280.00	924.44	82.22	47.36
Leafy Vegetable							Chicken (Curry)						
Mukunuwenna	60.00 - 100.00	80.00	77.89	64.50	2.11	24.03	2800.00 - 3200.00	3033.33	2971.43	2150.00	61.90	41.09	
Kankun	60.00 - 100.00	80.00	77.89	64.50	2.11	24.03	Pork	1480.00 - 1800.00	1640.00	1720.00	910.00	-80.00	80.22
Gotukola	100.00 - 150.00	109.23	121.58	66.67	-12.35	63.85							

This Week: Week 14: 31 March - 06 April 2023
 Last Week: Week 13: 24 - 30 March 2023

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/Kg)

Week 14: 31 March - 06 April 2023

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
<u>Paddy</u>			<u>Vegetable (Up Country)</u>			Snake Gourd		
Short Grain			Beans			Dambulla	76.00 - 95.00	88.40
A'pura	100.00 - 105.00	102.00	Dambulla	86.00 - 90.00	88.40	Hambantota	140.00 - 160.00	148.00
P'narawa	109.00 - 111.00	109.70	Welimada	60.00 - 70.00	64.00	Embilipitiya	100.00 - 120.00	113.00
Kalawewa	90.00 - 100.00	92.71	Badulla	60.00 - 80.00	69.00	Matara	-	
Kurunegala	102.00 - 105.00	104.00	Carrot			A'pura	100.00 - 110.00	104.00
Dehiattakandiya	106.00 - 108.50	107.50	N'Eliya	60.00 - 70.00	66.00	Luffa		
Nikaweratiya	95.00 - 106.00	101.00	Welimada	50.00 - 60.00	56.00	Dambulla	130.00 - 140.00	136.00
Ampara	100.00 - 100.00	100.00	Hanguranketha	50.00 - 75.00	60.60	Hambantota	140.00 - 160.00	148.00
Long Grain (White)			Leeks			Embilipitiya	100.00 - 120.00	110.00
A'pura	90.00 - 95.00	92.00	N'Eliya	165.00 - 175.00	169.00	Matara	-	
P'narawa	93.50 - 94.00	93.80	Welimada	155.00 - 165.00	159.00	A'pura	120.00 - 140.00	128.00
Kalawewa	85.00 - 90.00	88.25	Beetroot			Green Chillies		
Kurunegala	92.00 - 95.00	93.75	N'Eliya	65.00 - 75.00	69.00	Dambulla	200.00 - 225.00	215.00
Dehiattakandiya	92.00 - 93.00	92.50	Dambulla	76.00 - 95.00	84.60	Hambantota	-	
Embilipitiya	-		Kurunegala	-		Embilipitiya	350.00 - 380.00	362.00
Nikaweratiya	90.00 - 95.00	92.14	Welimada	45.00 - 50.00	47.00	Puttalam	180.00 - 220.00	200.00
Hambantota	-		Hanguranketha	55.00 - 70.00	64.00	A'pura	260.00 - 280.00	268.00
Ampara	90.00 - 95.00	93.00	Knol Khol			Pumpkin		
Long Grain (Red)			N'Eliya	50.00 - 60.00	53.00	Dambulla	28.00 - 32.00	30.40
Matara	80.00 - 85.00	82.50	Welimada	40.00 - 45.00	43.00	Hambantota	35.00 - 40.00	38.75
Hambantota	80.00 - 85.00	83.25	Hanguranketha	50.00 - 70.00	58.60	Embilipitiya	60.00 - 95.00	73.33
Embilipitiya	83.00 - 85.00	84.20	Raddish			Matara	35.00 - 45.00	40.00
Keeri Samba			N'Eliya	35.00 - 45.00	39.00	A'pura	30.00 - 40.00	34.00
A'pura	120.00 - 125.00	122.00	Welimada	18.00 - 20.00	19.20	Moneragala	-	
P'narawa	125.00 - 127.00	125.80	Hambantota	40.00 - 50.00	45.00	Cucumber		
Kalawewa	110.00 - 125.00	117.50	Hanguranketha	25.00 - 40.00	34.60	A'pura	30.00 - 35.00	32.00
Kurunegala	125.00 - 130.00	127.50	Cabbage			Dambulla	24.00 - 32.00	28.40
Dehiattakandiya	129.00 - 130.50	129.83	N'Eliya	55.00 - 65.00	59.00	Hambantota	35.00 - 50.00	41.25
Red Onion			Welimada	45.00 - 50.00	47.00	Matara	25.00 - 35.00	30.00
Puttalam	180.00 - 240.00	216.00	Badulla	30.00 - 40.00	34.00	Long Beans		
Jaffna	260.00 - 300.00	283.33	Hanguranketha	35.00 - 45.00	41.60	Dambulla	57.00 - 86.00	72.40
Big Onion			Tomato			Hambantota	60.00 - 80.00	72.00
Dambulla	-		Welimada	70.00 - 75.00	72.00	Embilipitiya	110.00 - 130.00	121.67
Kalawewa	-		Hambantota	-		Matara	90.00 - 120.00	105.00
A'pura	-		Dambulla	90.00 - 105.00	98.00	A'pura	80.00 - 90.00	84.00
Potato			Hanguranketha	75.00 - 100.00	91.00	Ash Plantain		
N'Eliya	195.00 - 205.00	201.00	Vegetable (Low Country)			Hambantota	80.00 - 110.00	94.00
Badulla	170.00 - 190.00	180.00	Ladies Fingers			Embilipitiya	120.00 - 130.00	123.00
Welimada	185.00 - 190.00	188.00	A'pura	70.00 - 80.00	74.00	Matara	110.00 - 120.00	116.25
Pulses			Dambulla	67.00 - 82.00	74.20	Lime		
Green Gram			Hambantota	110.00 - 140.00	125.00	Hambantota	-	
Hambantota	-		Embilipitiya	70.00 - 80.00	75.00	Embilipitiya	140.00 - 160.00	149.00
Moneragala	1100.00 - 1200.00	1140.00	Matara	90.00 - 110.00	100.00	Moneragala	180.00 - 200.00	188.00
Embilipitiya	1380.00 - 1400.00	1390.00	Brinjal			Fruits (Rs/Kg)		
Nikaweratiya	1400.00 - 1400.00	1400.00	A'pura	100.00 - 110.00	104.00	Banana		
A'pura	1200.00 - 1250.00	1220.00	Dambulla	120.00 - 130.00	126.00	Ambul		
Cowpea			Hambantota	-		Moneragala	80.00 - 100.00	88.00
Hambantota	-		Embilipitiya	100.00 - 110.00	105.00	Embilipitiya	100.00 - 120.00	112.00
Nikaweratiya	450.00 - 550.00	500.00	Matara	100.00 - 120.00	107.50	Hambantota	130.00 - 150.00	138.00
Moneragala	600.00 - 700.00	640.00	Welimada	115.00 - 120.00	117.80	Kolikuttu		
Embilipitiya	380.00 - 420.00	400.00	Capsicum			Moneragala	300.00 - 320.00	308.00
Maize			Badulla	-		Embilipitiya	280.00 - 320.00	300.00
A'pura	145.00 - 150.00	147.00	Welimada	260.00 - 280.00	270.00	Hambantota	-	
Kalawewa	150.00 - 150.00	150.00	Bitter Gourd			Papaw		
Gingelly			A'pura	140.00 - 150.00	144.00	Moneragala	100.00 - 120.00	108.00
A'pura	600.00 - 650.00	620.00	Dambulla	95.00 - 105.00	100.00	Embilipitiya	120.00 - 140.00	132.00
Kalawewa	-		Hambantota	-		Hambantota	100.00 - 120.00	112.50
Black Gram			Embilipitiya	300.00 - 320.00	313.00	Pineapple		
A'pura	500.00 - 550.00	520.00	Matara	200.00 - 220.00	210.00	Divulapitiya	-	
Kalawewa	-							

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/Kg)

Week 14: 31 March - 06 April 2023

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Rice</u>									
Local									
Samba 1	230.00 - 230.00	230.00 - 230.00	230.00 - 230.00	230.00 - 230.00	230.00 - 230.00	230.00 - 230.00	230.00 - 230.00	230.00 - 230.00	230.00 - 230.00
Samba 2	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00
Keeri Samba	260.00 - 260.00	260.00 - 260.00	260.00 - 270.00	260.00 - 270.00	260.00 - 270.00	260.00 - 270.00	260.00 - 270.00	260.00 - 260.00	260.00 - 260.00
Nadu 1	210.00 - 220.00	220.00 - 220.00	220.00 - 220.00	215.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00
Nadu 2	210.00 - 210.00	210.00 - 210.00	200.00 - 210.00	200.00 - 210.00	200.00 - 210.00	210.00 - 210.00	200.00 - 200.00	200.00 - 210.00	210.00 - 210.00
Raw (Red)	175.00 - 190.00	190.00 - 190.00	170.00 - 200.00	170.00 - 175.00	170.00 - 200.00	190.00 - 190.00	180.00 - 200.00	190.00 - 200.00	200.00 - 200.00
Raw (White)	190.00 - 200.00	200.00 - 200.00	190.00 - 200.00	185.00 - 190.00	180.00 - 200.00	190.00 - 190.00	200.00 - 200.00	180.00 - 200.00	200.00 - 200.00
Imported									
Samba	215.00 - 220.00	230.00 - 240.00	220.00 - 230.00	230.00 - 240.00	220.00 - 220.00	240.00 - 240.00	220.00 - 220.00	220.00 - 230.00	220.00 - 220.00
Nadu	185.00 - 200.00	200.00 - 200.00	180.00 - 200.00	200.00 - 200.00	200.00 - 200.00	-	190.00 - 200.00	200.00 - 200.00	-
Raw (Red)	-	-	-	-	-	-	-	-	-
Raw (White)	180.00 - 190.00	190.00 - 195.00	190.00 - 200.00	195.00 - 200.00	190.00 - 200.00	200.00 - 200.00	200.00 - 200.00	200.00 - 200.00	-
<u>Dried Chillies</u>									
Imported	1100.00 - 1250.00	1500.00 - 1500.00	1400.00 - 1500.00	1400.00 - 1400.00	1400.00 - 1500.00	1400.00 - 1400.00	1200.00 - 1500.00	1300.00 - 1400.00	1300.00 - 1400.00
<u>Red Onion</u>									
Sinnan	320.00 - 350.00	-	-	-	360.00 - 360.00	360.00 - 360.00	-	-	-
Vedalan	480.00 - 480.00	480.00 - 480.00	480.00 - 480.00	520.00 - 520.00	480.00 - 500.00	480.00 - 500.00	-	-	480.00 - 480.00
Imported	400.00 - 400.00	400.00 - 400.00	360.00 - 400.00	400.00 - 400.00	400.00 - 400.00	400.00 - 400.00	360.00 - 400.00	360.00 - 400.00	400.00 - 400.00
<u>Big Onion</u>									
Imported	110.00 - 120.00	140.00 - 140.00	120.00 - 130.00	120.00 - 140.00	120.00 - 140.00	120.00 - 120.00	120.00 - 120.00	120.00 - 120.00	120.00 - 120.00
Local	-	-	-	-	-	-	-	-	-
<u>Potato</u>									
Welimada	260.00 - 260.00	300.00 - 300.00	300.00 - 320.00	-	300.00 - 320.00	260.00 - 280.00	-	280.00 - 300.00	300.00 - 320.00
N'Eliya	300.00 - 320.00	360.00 - 360.00	360.00 - 400.00	340.00 - 340.00	400.00 - 460.00	380.00 - 380.00	-	360.00 - 360.00	360.00 - 360.00
Imported	150.00 - 160.00	180.00 - 180.00	180.00 - 180.00	160.00 - 160.00	160.00 - 180.00	180.00 - 180.00	150.00 - 180.00	160.00 - 180.00	160.00 - 160.00
<u>Pulses</u>									
Green Gram	1500.00 - 1550.00	1600.00 - 1600.00	1500.00 - 1600.00	1600.00 - 1600.00	1400.00 - 1600.00	1600.00 - 1600.00	1600.00 - 1600.00	1600.00 - 1600.00	1600.00 - 1600.00
Cowpea (White)	1000.00 - 1100.00	1200.00 - 1200.00	1000.00 - 1000.00	1000.00 - 1200.00	1200.00 - 1200.00	1200.00 - 1200.00	1200.00 - 1200.00	900.00 - 1000.00	1200.00 - 1200.00
Cowpea (Red)	1000.00 - 1100.00	1000.00 - 1200.00	1000.00 - 1000.00	1000.00 - 1200.00	1200.00 - 1200.00	1200.00 - 1200.00	900.00 - 1200.00	900.00 - 1000.00	1200.00 - 1200.00
Red Dhal	330.00 - 360.00	360.00 - 360.00	360.00 - 360.00	360.00 - 360.00	330.00 - 360.00	360.00 - 360.00	350.00 - 360.00	360.00 - 360.00	350.00 - 360.00

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/Kg) and Coconut (Rs/Nut)

Week 14: 31 March - 06 April 2023

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<i>Vegetable</i>									
Beans	140.00 - 180.00	240.00 - 280.00	240.00 - 280.00	280.00 - 280.00	200.00 - 240.00	240.00 - 240.00	180.00 - 200.00	200.00 - 220.00	200.00 - 200.00
Carrot	140.00 - 150.00	240.00 - 240.00	240.00 - 240.00	240.00 - 240.00	200.00 - 200.00	240.00 - 240.00	160.00 - 200.00	200.00 - 200.00	200.00 - 200.00
Leeks	200.00 - 240.00	300.00 - 320.00	320.00 - 320.00	300.00 - 320.00	240.00 - 280.00	300.00 - 320.00	240.00 - 280.00	240.00 - 240.00	240.00 - 240.00
Beetroot	120.00 - 180.00	280.00 - 280.00	280.00 - 280.00	240.00 - 240.00	200.00 - 240.00	300.00 - 300.00	160.00 - 180.00	160.00 - 200.00	200.00 - 200.00
Knolkhol	120.00 - 160.00	240.00 - 240.00	240.00 - 320.00	300.00 - 320.00	200.00 - 240.00	280.00 - 300.00	180.00 - 200.00	160.00 - 240.00	180.00 - 200.00
Raddish	90.00 - 120.00	200.00 - 200.00	160.00 - 200.00	160.00 - 160.00	160.00 - 200.00	140.00 - 160.00	120.00 - 150.00	120.00 - 120.00	120.00 - 140.00
Cabbage	100.00 - 150.00	200.00 - 200.00	200.00 - 200.00	200.00 - 200.00	160.00 - 200.00	200.00 - 200.00	120.00 - 160.00	160.00 - 160.00	140.00 - 160.00
Tomato	180.00 - 200.00	320.00 - 320.00	280.00 - 320.00	320.00 - 320.00	240.00 - 240.00	300.00 - 320.00	200.00 - 240.00	240.00 - 240.00	300.00 - 320.00
Ladies Fingers	150.00 - 160.00	280.00 - 320.00	240.00 - 320.00	200.00 - 240.00	240.00 - 280.00	320.00 - 320.00	160.00 - 160.00	160.00 - 240.00	160.00 - 200.00
Brinjal	160.00 - 200.00	280.00 - 320.00	240.00 - 320.00	240.00 - 280.00	240.00 - 280.00	240.00 - 280.00	180.00 - 240.00	240.00 - 320.00	200.00 - 240.00
Capsicum	350.00 - 400.00	600.00 - 600.00	700.00 - 700.00	500.00 - 600.00	400.00 - 500.00	480.00 - 500.00	350.00 - 450.00	400.00 - 450.00	500.00 - 600.00
Pumpkin	80.00 - 100.00	160.00 - 160.00	160.00 - 160.00	150.00 - 160.00	100.00 - 140.00	160.00 - 160.00	80.00 - 120.00	120.00 - 160.00	120.00 - 120.00
Cucumber	80.00 - 100.00	160.00 - 200.00	160.00 - 200.00	160.00 - 200.00	120.00 - 200.00	160.00 - 160.00	100.00 - 160.00	120.00 - 160.00	120.00 - 120.00
Bitter Gourd	220.00 - 280.00	360.00 - 400.00	360.00 - 440.00	320.00 - 360.00	300.00 - 320.00	440.00 - 440.00	260.00 - 280.00	300.00 - 400.00	300.00 - 320.00
Snake Gourd	180.00 - 200.00	280.00 - 320.00	320.00 - 320.00	320.00 - 320.00	240.00 - 280.00	300.00 - 320.00	180.00 - 240.00	240.00 - 320.00	240.00 - 240.00
Drumstick	-	-	-	-	-	-	-	-	-
Luffa	200.00 - 240.00	320.00 - 360.00	360.00 - 360.00	300.00 - 320.00	280.00 - 320.00	240.00 - 240.00	200.00 - 320.00	320.00 - 360.00	240.00 - 280.00
Long Beans	120.00 - 200.00	240.00 - 280.00	280.00 - 280.00	240.00 - 280.00	160.00 - 240.00	200.00 - 200.00	140.00 - 200.00	200.00 - 240.00	140.00 - 160.00
Ash Plantain	180.00 - 200.00	320.00 - 320.00	320.00 - 320.00	300.00 - 320.00	240.00 - 320.00	300.00 - 320.00	220.00 - 240.00	300.00 - 320.00	200.00 - 240.00
Green Chillies	300.00 - 350.00	600.00 - 600.00	400.00 - 600.00	500.00 - 600.00	500.00 - 600.00	550.00 - 600.00	300.00 - 400.00	400.00 - 450.00	400.00 - 400.00
Lime	280.00 - 300.00	400.00 - 500.00	400.00 - 500.00	400.00 - 500.00	400.00 - 400.00	400.00 - 400.00	300.00 - 400.00	300.00 - 400.00	400.00 - 400.00
<i>Root Crops</i>									
Sweet Potato	100.00 - 140.00	200.00 - 240.00	200.00 - 240.00	200.00 - 240.00	200.00 - 240.00	240.00 - 240.00	120.00 - 160.00	200.00 - 200.00	140.00 - 160.00
Manioc	180.00 - 200.00	200.00 - 220.00	240.00 - 240.00	240.00 - 240.00	240.00 - 240.00	240.00 - 240.00	200.00 - 200.00	200.00 - 240.00	200.00 - 230.00
<i>Leafy Vegetable</i>									
Mukunuwenna	60.00 - 60.00	80.00 - 80.00	80.00 - 80.00	100.00 - 100.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	-	80.00 - 80.00
Kankun	60.00 - 60.00	80.00 - 80.00	80.00 - 80.00	100.00 - 100.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	-	80.00 - 80.00
Gotukola	120.00 - 120.00	100.00 - 100.00	100.00 - 100.00	150.00 - 150.00	150.00 - 150.00	100.00 - 100.00	100.00 - 100.00	-	100.00 - 100.00
<i>Coconut</i>									
Large	120.00 - 120.00	120.00 - 130.00	110.00 - 120.00	110.00 - 120.00	110.00 - 120.00	-	110.00 - 130.00	110.00 - 130.00	120.00 - 130.00
Small	100.00 - 100.00	100.00 - 100.00	95.00 - 100.00	90.00 - 100.00	100.00 - 100.00	90.00 - 100.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00

Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/Fruit)

Week 14: 31 March - 06 April 2023

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<i>Plantain</i>									
Ambul (Rs/Kg)	220.00 - 240.00	280.00 - 300.00	260.00 - 300.00	260.00 - 280.00	250.00 - 300.00	250.00 - 300.00	200.00 - 240.00	200.00 - 230.00	230.00 - 260.00
Kolikuttu (Rs/Kg)	520.00 - 550.00	540.00 - 550.00	520.00 - 550.00	530.00 - 550.00	550.00 - 560.00	500.00 - 580.00	500.00 - 500.00	550.00 - 580.00	500.00 - 550.00
Seeni (Rs/Kg)	200.00 - 220.00	260.00 - 260.00	240.00 - 250.00	230.00 - 260.00	200.00 - 220.00	200.00 - 250.00	200.00 - 220.00	200.00 - 220.00	230.00 - 250.00
Anamalu	30.00 - 32.00	34.00 - 36.00	32.00 - 35.00	26.00 - 32.00	30.00 - 40.00	30.00 - 32.00	32.00 - 35.00	30.00 - 32.00	30.00 - 33.00
Ambun	38.00 - 40.00	43.00 - 45.00	40.00 - 44.00	32.00 - 40.00	38.00 - 40.00	38.00 - 40.00	40.00 - 44.00	38.00 - 40.00	38.00 - 41.00
<i>Pineapple</i>									
Large	650.00 - 700.00	680.00 - 700.00	680.00 - 720.00	680.00 - 700.00	650.00 - 700.00	650.00 - 650.00	650.00 - 700.00	650.00 - 700.00	680.00 - 720.00
Medium	550.00 - 600.00	600.00 - 660.00	600.00 - 650.00	600.00 - 650.00	550.00 - 600.00	550.00 - 600.00	550.00 - 600.00	600.00 - 620.00	600.00 - 650.00
Small	450.00 - 500.00	550.00 - 560.00	400.00 - 550.00	450.00 - 550.00	450.00 - 500.00	400.00 - 500.00	400.00 - 500.00	500.00 - 550.00	500.00 - 550.00
<i>Mango</i>									
Betti	-	-	-	-	-	-	-	-	-
Karthakolomban	150.00 - 150.00	-	250.00 - 250.00	180.00 - 200.00	180.00 - 200.00	150.00 - 150.00	200.00 - 220.00	150.00 - 150.00	180.00 - 200.00
Vilad	-	-	-	-	-	-	-	-	-
Kohu	-	-	-	-	-	-	-	-	-
<i>Other Fruits</i>									
Wood Apple	100.00 - 120.00	150.00 - 170.00	150.00 - 170.00	120.00 - 150.00	100.00 - 130.00	100.00 - 120.00	70.00 - 100.00	80.00 - 100.00	100.00 - 150.00
Orange	70.00 - 80.00	120.00 - 120.00	100.00 - 120.00	100.00 - 120.00	100.00 - 120.00	80.00 - 100.00	80.00 - 100.00	-	80.00 - 100.00
Avocado	150.00 - 160.00	140.00 - 150.00	120.00 - 150.00	140.00 - 160.00	150.00 - 160.00	100.00 - 150.00	100.00 - 120.00	100.00 - 130.00	120.00 - 150.00
Slime Apple	70.00 - 80.00	100.00 - 120.00	100.00 - 120.00	100.00 - 120.00	70.00 - 100.00	50.00 - 60.00	50.00 - 60.00	70.00 - 80.00	80.00 - 100.00
Grapes (Rs/Kg)	2200.00 - 2200.00	2800.00 - 3000.00	2500.00 - 3000.00	2800.00 - 3000.00	2200.00 - 2200.00	2500.00 - 2500.00	2000.00 - 2000.00	2000.00 - 2000.00	2500.00 - 2500.00
Papaw (Rs/Kg)	240.00 - 260.00	380.00 - 400.00	400.00 - 400.00	300.00 - 350.00	350.00 - 400.00	280.00 - 330.00	240.00 - 260.00	300.00 - 320.00	300.00 - 320.00
Passion	42.00 - 50.00	67.00 - 75.00	58.00 - 75.00	67.00 - 75.00	54.00 - 58.00	54.00 - 58.00	58.00 - 63.00	58.00 - 63.00	63.00 - 67.00
King Coconut	150.00 - 150.00	180.00 - 200.00	160.00 - 160.00	180.00 - 200.00	160.00 - 170.00	160.00 - 180.00	150.00 - 150.00	150.00 - 160.00	150.00 - 150.00

Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/Kg)

Week 14: 31 March - 06 April 2023

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Sea Fish</u>									
Salaya	400.00 - 500.00	620.00 - 640.00	700.00 - 720.00	700.00 - 700.00	440.00 - 440.00	480.00 - 560.00	400.00 - 500.00	320.00 - 400.00	400.00 - 400.00
Hurulla	950.00 - 1000.00	700.00 - 720.00	900.00 - 1000.00	1100.00 - 1100.00	760.00 - 760.00	800.00 - 1000.00	600.00 - 800.00	600.00 - 760.00	900.00 - 920.00
Balaya	950.00 - 1100.00	1300.00 - 1400.00	1600.00 - 1600.00	-	-	1400.00 - 1400.00	1200.00 - 1200.00	-	-
Kelawalla	1500.00 - 1600.00	1800.00 - 1800.00	1800.00 - 1800.00	2200.00 - 2200.00	1900.00 - 1900.00	1800.00 - 1800.00	-	1800.00 - 2000.00	1900.00 - 2000.00
Thora	2000.00 - 2100.00	2400.00 - 2400.00	3000.00 - 3000.00	3000.00 - 3000.00	2800.00 - 2800.00	2000.00 - 2600.00	-	2400.00 - 2800.00	3000.00 - 3000.00
Paraw	1440.00 - 1500.00	2000.00 - 2000.00	2000.00 - 2000.00	2400.00 - 2400.00	2200.00 - 2200.00	1400.00 - 2000.00	1600.00 - 1600.00	1600.00 - 2000.00	1900.00 - 1900.00
Mora	1500.00 - 1500.00	1800.00 - 1800.00	1600.00 - 1600.00	2000.00 - 2000.00	-	-	-	1400.00 - 1520.00	1700.00 - 1700.00
Shrimps Small	2100.00 - 2160.00	1500.00 - 1600.00	1800.00 - 2000.00	1700.00 - 1700.00	1500.00 - 1500.00	1400.00 - 1600.00	1400.00 - 1400.00	2000.00 - 2000.00	1580.00 - 1600.00
Talapath	2100.00 - 2200.00	2000.00 - 2000.00	2400.00 - 2400.00	2400.00 - 2400.00	2500.00 - 2500.00	2000.00 - 2200.00	2000.00 - 2000.00	-	2400.00 - 2400.00
<u>Eggs (Rs/Egg)</u>									
Brown	55.00 - 55.00	-	-	-	-	-	-	-	-
White	53.00 - 54.00	-	-	54.00 - 54.00	56.00 - 58.00	56.00 - 56.00	53.00 - 55.00	-	-
<u>Dried Fish</u>									
Sprats	1200.00 - 1600.00	1800.00 - 1800.00	1800.00 - 1800.00	1800.00 - 1800.00	1800.00 - 2000.00	2000.00 - 2000.00	1400.00 - 1600.00	1800.00 - 2000.00	1600.00 - 1700.00
Kattawa	2000.00 - 2300.00	2600.00 - 2600.00	2400.00 - 2400.00	2800.00 - 2800.00	2400.00 - 2500.00	2200.00 - 2600.00	2300.00 - 2300.00	2000.00 - 2000.00	2500.00 - 2600.00
Thora	-	-	-	-	-	-	-	-	-
Mora	1900.00 - 2200.00	2300.00 - 2300.00	2400.00 - 2400.00	2400.00 - 2400.00	2400.00 - 2500.00	2300.00 - 2300.00	2000.00 - 2400.00	2000.00 - 2300.00	2500.00 - 2600.00
Balaya	1100.00 - 1400.00	1600.00 - 1600.00	1500.00 - 1500.00	1500.00 - 1500.00	1300.00 - 1600.00	1800.00 - 1800.00	1300.00 - 1400.00	1400.00 - 1500.00	1500.00 - 1700.00
Anguluwa	1700.00 - 2200.00	2400.00 - 2400.00	2400.00 - 2400.00	2600.00 - 2600.00	-	-	-	-	-
Salaya	800.00 - 1200.00	-	1200.00 - 1200.00	800.00 - 800.00	1000.00 - 1200.00	1200.00 - 1200.00	800.00 - 1200.00	800.00 - 900.00	1200.00 - 1200.00
<u>Meat</u>									
Beef (without Bones)	-	-	-	-	2300.00 - 2300.00	-	2200.00 - 2200.00	-	-
Chicken (Broiler)	1380.00 - 1380.00	-	1420.00 - 1420.00	1420.00 - 1420.00	1380.00 - 1380.00	1330.00 - 1350.00	1300.00 - 1300.00	1300.00 - 1300.00	1380.00 - 1380.00
Chicken (Curry)	1400.00 - 1400.00	-	1500.00 - 1500.00	1500.00 - 1500.00	1350.00 - 1350.00	1350.00 - 1350.00	1500.00 - 1500.00	-	1400.00 - 1400.00
Mutton	-	-	3000.00 - 3000.00	-	3200.00 - 3200.00	2800.00 - 2800.00	2800.00 - 2800.00	3200.00 - 3200.00	3200.00 - 3200.00
Pork	-	-	-	-	-	-	-	1800.00 - 1800.00	1480.00 - 1480.00

Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (μ g/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (μ g/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc (mg/100g)
Rice												
Rice - (white Kekulu - normal)	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - (Red Kekulu - normal)	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
Dried chilies	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65
Onion												
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
Potatoes	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
Pulses												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
Vegetables												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29
Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16

Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12
Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44
Coconuts nuts	390	3.67	39.92	-	0.05	0.11	14.86	-				

Root Crop												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
Leafy Vegetables												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42
Meat												
Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
Fish												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74

Shark	95	21.6	0.83	1.11	0.04	0.11	8.57	8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77	8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22	7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39	13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7	36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66	103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38	37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13	31.27	37.46	1.46	0.67
Salaya / Sudaya	100	19.5	2.39	15.41	0.18	1.39	60.87	435	42.83	1.4	2.3
Theppli / Telapiya /Korali	83	18.48	1.08	17.14	0.18	0.18	8.29	99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37	37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83	37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22	8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78				
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08	7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59	9.16	24.61	0.74	0.44

Dried Fish

Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438	1178	162	3.06	4.2
Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66

Eggs

Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51

Fruits

Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23

Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas





HARTI



Ministry of Agriculture

Food Systems and Market Research Division & Information Division

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දෛනික චිළචිචි තොග මිල, ජංගම දුරකථනයෙන්

හෙක්ටර් කොච්චිකඩුව ගොවි කරියතු පර්යේෂණ හා පුහුණුවීර්මේ ආයතනය අනුමුතයෙන්

මොබිටෙල් ජංගම මිල දර්ශනය

ජාතික ජංගම දුරකථන ජාලයෙන්

6666 අමතන්න.

මොබිටෙල් අද මිල - අඟ පහ

මොබිටෙල් ජංගම දුරකථන ජාලයෙන් චිළචිචි තොග මිල දර්ශනය.

විකාසයාට රු.2/-

විකාසයාට රු.2/-