

## RETAIL MARKET AT A GLANCE

### Summary

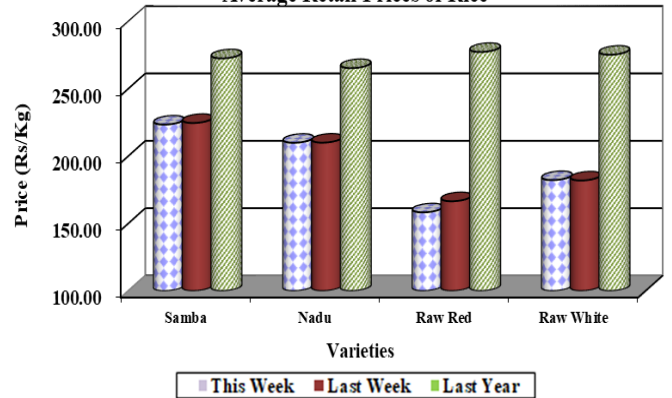
#### Rice



Retail prices of all the rice varieties have not changed significantly. Compared to the same period of last year, retail prices of all the local rice varieties have decreased in the range of 8%-43%.

(Page No.01)

Average Retail Prices of Rice



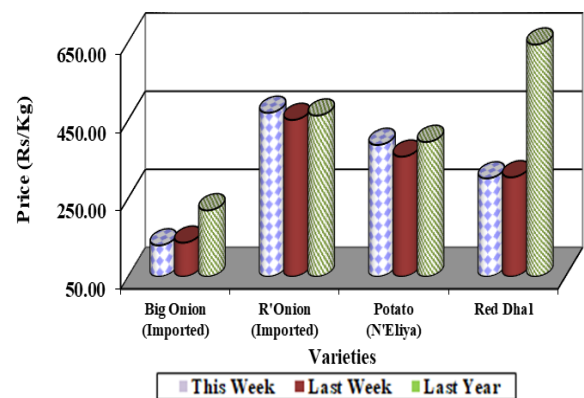
#### Other Field Crops



Retail price of green gram has decreased significantly by Rs.125/kg compared to the previous week.

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Average Retail Prices of Other Field Crops



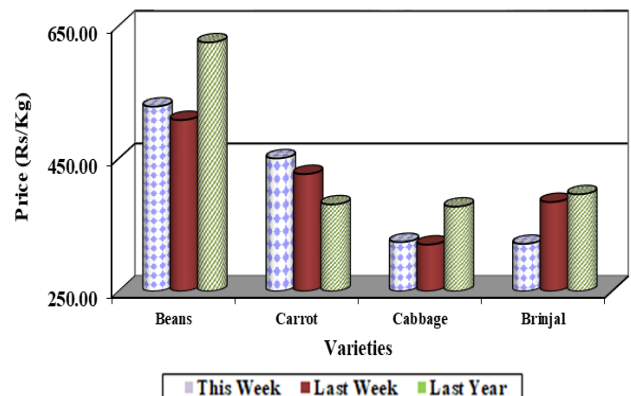
#### Vegetables



Retail prices of most of the vegetables have increased due to low supply.

(Page No.04-05)

Average Retail Prices of Vegetables



#### Fish, Dried Fish and Meat



Prices of most of fresh fish varieties have increased significantly.

(Page No.07)

**Rice**

**Wholesale**

Prices of most of the local rice varieties have decreased due to increased supply. Price of grade II nadu has decreased by 2% and the price ranged from Rs.165.00-175.00/kg. Price of both grade I and II samba, grade I nadu and raw white have decreased slightly by 1% and their prices ranged between Rs.195.00-205.00/kg, Rs.190.00-200.00/kg, Rs.175.00-180.00/kg and Rs.150.00-165.00/kg respectively. Meanwhile, price of raw red has increased by 2% due to decreased supply and the price ranged from Rs.135.00-145.00/kg.

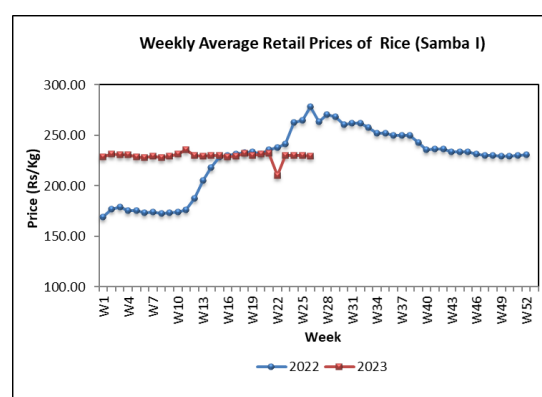
Price of imported ponni samba and imported raw white have not changed significantly and average prices were Rs.208.00/kg and Rs.184.00/kg respectively.

Compared to the same period of last year, prices of raw red, raw white and grade II samba have decreased by 45%, 34% and 20% respectively. Prices of imported raw white and ponni samba have decreased by 3% and 2% respectively.

**Retail**

Price of local nadu grade I nadu grade II and raw white have not changed significantly. Price ranged between Rs.210.00-220.00/kg and Rs.190.00-

210.00/kg, Rs.170.00-190.00/kg respectively. Keeri samba price increased by Rs.1.00/kg and the price ranged from Rs.260.00-280.00/kg. Price of samba grade I, samba grade II and raw red have decreased by Rs.1.00/kg, Rs.1.00/kg and Rs.8.00/kg respectively. Price ranges were Rs.220.00-240.00/kg, Rs.210.00-230.00/kg and Rs.140.00-170.00/kg respectively.



Price of imported samba and imported raw white have increased by Rs.1.00/kg, Rs.2.00/kg respectively. Price ranges were Rs.210.00-240.00/kg and Rs.185.00-210.00/kg.

Compared to the same period of last year, price of all local rice have decreased in the range of 8%-43%. Imported ponni samba and raw white have decreased in the range of 12%-16%.

**Paddy**

The average farm gate prices of major paddy varieties except keeri samba have increased slightly in most of the major

producing areas. The average price of short grain (samba) paddy has increased by Rs.2.00-9.00/kg and a significant price increase of Rs.9.00/kg was observed in Kurunegala. However, a Rs.3.00/kg price decrease was reported in Ampara area for short grain paddy with Rs.100.00-105.00/kg price range. Compared to the last week short grain paddy prices have not changed significantly in Anuradhapura, Polonnaruwa and Kalawewa areas. Subsequently, the average price of long grain (white) paddy has increased by Rs.1.00-5.00/kg in all major producing areas and the price ranged between Rs.80.00-88.00/kg. Furthermore, the average price of long grain (red) paddy has increased by Rs.2.00-6.00/kg in all major producing areas and price ranged between Rs.73.00-80.00/kg.

However, keeri samba paddy prices have not changed significantly and average price range was Rs.130.00-144.00/kg in Polonnaruwa, Kurunegala and Dehiattakandiya area.

Compared to the same period of last year, average price of all paddy varieties except keeri samba have further decreased by 16%-44% and the highest was reported for long grain red paddy. However, compared to the previous year, farm gate paddy price of keeri samba has increased in Polonnaruwa (2%) and Dehiattakandiya (4%) areas.

## **Dried Chilies**

### **Wholesale**

Price of imported dried chilies has increased by 1% due to availability of both high quality and low quality stocks and the price ranged between Rs.900.00-1150.00/kg.

Compared to the same period of last year, price of imported dried chilies has decreased by 45%.

### **Retail**

Price of imported dried chilies has decreased by Rs.22.00/kg and price ranged between Rs.1080.00-1400.00/kg.

Compared to the same period of last year, imported dried chilies has decreased by 41%.

## **Onion**

### **Wholesale**

Prices of both local vedalan red onion and imported red onion have increased by 5% due to decreased supply of both imported and local stocks and prices ranged from Rs.400.00-500.00/kg and Rs.260.00-400.00/kg respectively.

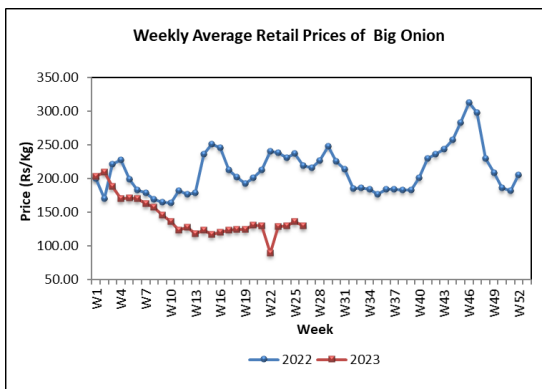
Price of imported big onion has decreased by 5% due to increased supply of Indian stocks and the price ranged between Rs.90.00-100.00/kg.

Compared to the same period of last year, price of imported big onion has decreased by 40% while price of imported red onion has increased by 23%.

**Retail**

Price of imported red onion has increased by Rs.18.00/kg and the price ranged between Rs.350.00-560.00/kg.

Price of imported big onion has decreased by Rs.7.00/kg and the price ranged between Rs.120.00-140.00/kg.



Compared to the same period of last year, imported red onion has increased by 2% imported big onion has decreased by 41%.

**Potato**

**Wholesale**

Price of imported potato has increased by 12% due to decreased supply of Pakistan stocks with increased USD rate and the price ranged between Rs.175.00-250.00/kg. (Price ranges were Rs.175.00-210.00/kg for Pakistan stocks and

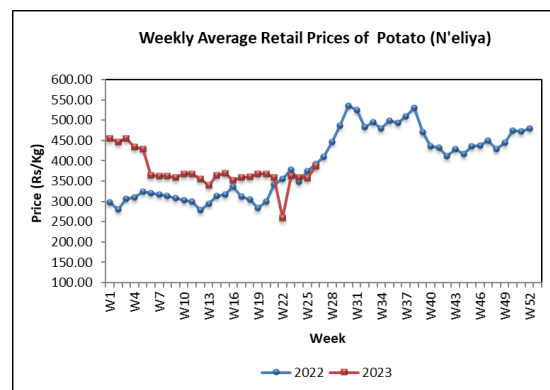
Rs.220.00-250.00/kg for Indian stocks.)

Price of Nuwara Eliya potato has increased by 11% due to decreased supply of stocks and the price ranged between Rs.290.00-320.00/kg.

Compared to the same period of last year, prices of imported potatoes and Nuwara Eliya potatoes have decreased by 18% and 5% respectively.

**Retail**

Price of Nuwara Eliya and imported potato have increased by Rs.30.00/kg, Rs.25.00/kg respectively. Price ranges were Rs.320.00-440.00/kg and Rs.180.00-260.00/kg respectively.



Compared to the same period of last year, price of Nuwara Eliya and imported potato have decreased by 2%, 23% respectively.

## **Pulses**

### **Wholesale**

Prices of green gram, white cowpea and red cowpea have decreased by 8%, 4% and 2% respectively due to increased supply of local stocks and the price ranges were Rs.850.00-950.00/kg, Rs.620.00-675.00/kg and Rs.700.00-775.00/kg respectively. Price of red dhal has decreased by 7% due to increased supply of imported stocks and the price ranged between Rs.250.00-260.00/kg.

Compared to the same period of last year, prices of red dhal and white cowpea have decreased by 57% and 1% while prices of red cowpea and green gram have increased by 32% and 6% respectively.

### **Retail**

Prices of all the types of pulses have decreased. Prices of green gram has decreased by Rs.125.00/kg and price ranged between Rs.1050.00-1500.00/kg. All other pulses have decreased by Rs.3.00-12.00/kg and price ranges were Rs.750.00-1000.00/kg for white cowpea Rs.800.00-1000.00/kg for red cowpea and Rs.270.00-340.00/kg for red dhal.

Compared to the same period of last year, price of red dhal have decreased by 53% and prices of all other pulses have increased by 10%-29%.

## **Vegetable**

### **Wholesale**

Due to limited supply during the off season prices of most of the vegetable varieties have increased.

Considering up country varieties the highest price increase was reported for carrot as 34% followed by leeks as 23% due to limited supply from Nuwara Eliya areas. Prices of both beans and cabbage have increased by 8% due to decreased supply from Balangoda and Nuwara Eliya areas respectively. However, prices of raddish, beetroot and knolkhol have decreased in the range of 2%-7%.

Due to decreased supply from Kandy areas price of capsicum have increased by 8% and due to slight changes of the market demand price of tomato has decreased by 2%.

Considering low country varieties, the highest price increase was reported for snake gourd as 14% due to decreased supply from Kandy and Embilipitiya areas. Prices of luffa and brinjal have increased by 7% and 8% respectively. Prices of long beans, pumpkin, ash plantain and ladies fingers have increased in the range of 1%-5%. However, price of bitter gourd has decreased by 18% due to increased supply from Kandy areas. Due to increased supply from Jaffna and Kinniya. Prices of drumstick has

decreased by 13%. Due to increased supply from Kalpitiya area price of cucumber has decreased by 8%.

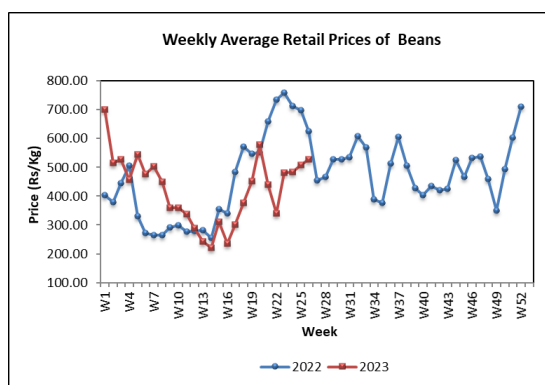
Further, due to limited supply from all producing areas price of green chilies has increased by 22% and price of lime has increased by 2%.

Compared to the same period of last year, prices of most of the varieties have increased and the highest price increase was reported for drumstick as 125%.

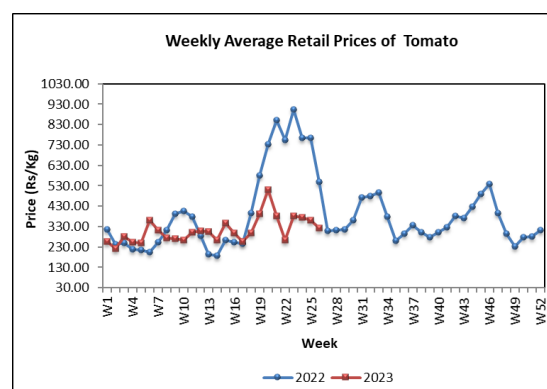
### Retail

In line with the increased wholesale rice, retail prices of most of the vegetable varieties also increased.

Considering up country varieties the highest price increase was reported for carrot as Rs.24.00/kg followed by beans and leeks as Rs.20.00/kg. Prices of cabbage has increased by Rs.4.00/kg. However, prices of beetroot, knolkhol and raddish have decreased by Rs.11.00/kg, Rs.6.00/kg and Rs.5.00/kg respectively.



Prices of tomato has decreased by Rs.36.00/kg while capsicum has increased by Rs.16.00/kg respectively.



Considering low country varieties, the highest price increase was reported for long beans as Rs.17.00/kg. Prices of both pumpkin and luffa have increased by Rs.10.00. Prices of snake gourd and ash plantain have increased by Rs.12.00/kg and Rs.4.00/kg respectively.

Further, prices of green chilies have increased by Rs.149.00/kg while the prices of lime have increased by Rs.2.00/kg.

Compared to the same period of last year, prices of most of the varieties have increased and the highest price increase was reported for ash plantain 51%.

## **Coconut**

### **Wholesales**

Prices of large and small nuts have decreased by 2% and 4% respectively. Price ranges were Rs.95.00-100.00 for a large nut and Rs.75.00-80.00 for a small nut.

Compared to the same period of last year, prices of large and small nuts have increased by 27% and 18% respectively.

### **Retail**

Prices of both large and small nut have decreased by around Rs.2.00/nut and Rs.1.00/nut respectively. Price ranges were Rs.105.00-120.00 for large nut and Rs.90.00-100.00 for a small nut.

Compared to the same period of last year, prices of large and small nut have increased 18% and 22% respectively.

## **Fruits**

### **Wholesale**

Prices of most of the fruit varieties are increased due to availability of limited stocks. The highest price increase was reported as 56% for pineapple small while price of other pineapple sizes is increased in the range of 46%-53% due to availability of limited stocks with low production. Prices of slime apple and wood apple have

increased by 16% and 10% with availability of quality limited stocks. Further, price of all banana varieties have increased in the range of 1%-12% with availability of limited stocks. Price of all mango varieties except mango – kohu have increased by 1%-9% while price of avocado increased by 5% due to availability of quality stocks. In addition, prices of papaw and passionfruit have increased by 3% and 2% respectively.

However, price of imported grapes has decreased by 11% due to availability of both China and Australian stocks. Prices of orange and king coconut have decreased by 4% and 2% respectively with low demand.

Compared to the same period of last year, prices of most of the fruit varieties increased and the highest price increase of 114% was reported for kolikuttu banana.

### **Retail**

Price of most of the fruit varieties has increased in line with the increased wholesale prices. The highest price increase of Rs.256.00/fruit was reported for large sized pineapple and both small and medium sized pineapple have increased by Rs.195.00-220.00/fruit due to unavailability of sufficient stocks in the market.

Further, the price of ambul, kolikuttu and seen banana have increased in the range of Rs.2.00-33.00/kg due to unavailability of sufficient stocks in the market.

In addition, the price of slime apple and wood apple has increased by Rs.13.00/fruit and Rs.18.00/fruit respectively.

Meanwhile, the highest price decrease of Rs.28.00/kg was reported for gapes due to availability of sufficient stocks in the market. The price of vilad has decreased by Rs.9.00/fruit. Furthermore, the price of anamalu and ambun banana varieties has decreased in the range of Rs.1.00-2.00/fruit due to availability of stocks in the market.

Compared to the same period of last year, prices of most of the fruit varieties have increased and the highest price increase was reported for small sized pineapple as 106%.

### **Fresh Fish**

#### **Wholesale**

Wholesale prices of most of the fresh fish types have increased due to decreased supply compared to demand. The highest price increase of 18% was noted for thora due to low supply from Northern areas and the price ranged between Rs.2300.00-3000.00/kg. A price increase of 10% was noted for thlapath due to low supply

from Negombo, Kalmunai and Walachcenai areas and the price ranged between Rs.1800.00-2600.00/kg. Likewise, a price increase of 7% was noted for kelawalla due to low supply from Beruwala, Galle and Mirissa areas and the price ranged between Rs.1680.00-1850.00/kg. In addition, price of shrimps has increased by 1%.

However, a price decrease of 9% and 8% was noted for salaya and mora due to high supply from Trincomalee, Mannar and Kalpitiya areas and the prices ranged between Rs.350.00-600.00/kg and Rs.1250.00-1350.00/kg respectively. In addition, price of balaya has decreased by 4%.

Compared to the same period of last year, prices of most of the fresh fish types have increased in the range of 9%-57% and the highest price increase was noted for balaya.

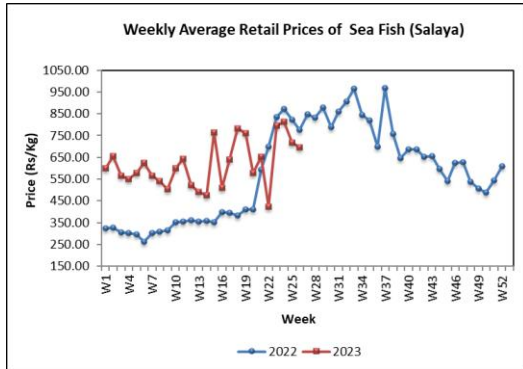
#### **Retail**

In line with increased wholesale prices, retail prices of most types of fresh fish have also increased due to decreased supply with off season. The highest price increase of Rs.233.00/kg was reported for thora. Prices of paraw, thalapath and kelawalla have also increased by Rs.133.00/kg,



Rs.114.00/kg and Rs.100.00/kg respectively.

However, prices of balaya, salaya and hurulla have decreased by Rs.40.00/kg, Rs.20.00/kg and Rs.8.00/kg respectively due to slightly increase of supply.



Compared to the same period of last year, prices of all types of fresh fish except salaya have increased in the range of 2%-34% and the highest price increase was reported for shrimps.

### Dried Fish

#### Wholesale

Due to increase of local dried fish supply, prices of most of the local and imported dried fish types have decreased. The highest price decrease of 6% was noted for local maduwa due to high supply from Negombo and Jaffna areas and the price ranged between Rs.1300.00-1420.00/kg. The price decrease of 5% was noted for local salaya due to high supply from

Mannar, Chilaw and Puttalam areas and the price ranged between Rs.780.00-900.00/kg. Likewise, a price decrease of 4% was noted for imported sprats due to high supply from Iran and Thailand and the price ranged between Rs.800.00-950.00/kg. In addition, price of imported anguluwa has decreased by 1%.

However, a price increase of 3% was noted for local sprats due to low supply from Trincomalee, Mannar and Negombo areas and the price ranged between Rs.1850.00-1920.00/kg.

Compared to the same period of last year, prices of all dried fish types have decreased in the range of 2%-36% and the highest price decrease was reported for imported sprats.

#### Retail

In line with decreased wholesale prices, retail prices of all types of dried fish except local sprats have decreased due to low demand with reporting higher prices. The highest price decrease was reported for kattawa by Rs.48.00/kg followed by Rs.44.00/kg for imported sprats. The remaining types have decreased in the range of Rs.9.00-29.00/kg.

Price of local sprats has increased by Rs.92.00/kg due to limited supply with low production.

Compared to the same period of last year, retail prices of all types of dried fish have decreased in the range of 12%-32% and the highest price decrease was reported for imported sprats.

### **Eggs**

#### **Wholesale**

Brown eggs were not available in most of the markets during this week. However, a small quantity of medium sized brown eggs was available in some markets. Brown egg price was Rs.54.00/egg while the price of a white egg has increased by 2% and the price range was Rs.50.00-55.00/egg.

Compared to the same period of last year, prices of both brown and white eggs have increased by 29% and 32% respectively;

#### **Retail**

Prices of both brown and white eggs have increased by Rs.3.00/egg and Rs.1.00/egg respectively due to decreased supply with low production. Average price of a brown egg was Rs.56.00/egg and available only in Peliyagoda market. Average price of a white egg was Rs.54.00/egg.

Compared to the same period of last year, prices of both brown and white eggs have increased by 30%.

### **Meat**

#### **Retail**

Prices of all types of meat have increased due to insufficient supply with higher demand in Hajji festival. Price of beef has increased by Rs.25.00/kg. Prices of skin less curry chicken, pork and mutton have increased in the range of Rs.14.00-19.00/kg. Further, price of skin less broiler chicken has increased by Rs.5.00/kg.

Compared to the same period of last year, prices of all types of meat have increased in the range of 16%-52% and the highest price increase was reported for pork.

### **EXPLANATORY NOTE**

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e. Tuesday and Friday) while with retail prices, it is thrice a week (i.e. Friday, Monday, and Tuesday).

**Table 01: Selected Markets: Wholesale Price of Rice (Rs/50Kg Bag)**

Week 26: 23 - 29 June 2023

LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
Colombo	9750	10250	9500	10000	12750	13250	8750	9000	8250	8750	6750	7250	7500	8250
Divulapitiya	11200	11350	9500	10000	12700	12900	10700	10700	8000	8700	6700	7250	7250	8000
Kurunegala	10500	11000	10000	10000	12900	13000	10150	10250	8000	8250	-	-	7500	7750
Nikaweratiya	11000	11300	9500	9750	12750	13150	10150	10600	7750	8000	7250	7250	7500	7750
Badulla	-	-	-	-	-	-	-	-	9000	9250	6250	6500	7500	7750
Puttalam	11200	11300	-	-	12700	13000	10200	10750	7750	8250	7750	8500	7900	8500
Dambulla	11250	11350	9750	10250	12900	13000	10400	10500	8250	8500	8250	8500	7750	7900
Anuradhapura	11000	11350	-	-	12950	13000	10250	10750	8750	9750	8250	8250	8000	8500
Tambuttegama	10000	10250	-	-	12900	13000	-	-	8150	8250	-	-	7600	7800
Polonnaruwa	11250	11300	-	-	12700	12750	10500	10750	-	-	-	-	-	-
Kalutara	10000	10250	-	-	12750	13000	-	-	8500	8750	7000	7250	7750	8000
Ampara	10650	10650	-	-	12700	12700	-	-	8500	8500	6900	6900	7200	7200
Kandy	11000	11200	10000	10200	13000	13150	10000	10250	8500	9000	7250	7500	8000	8250
Moneragala	11000	11250	-	-	12950	13000	10500	10750	9250	9750	6250	6750	7000	7250
Kegalle	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Dehiattakandiya	11000	11350	-	-	-	-	10000	10750	8500	9750	7400	8250	8000	8250
Hambantota	11250	11250	-	-	12750	12900	-	-	-	-	6250	6300	7900	8150
Matara	10900	11100	10250	10400	12900	13000	9750	10300	-	-	6250	6300	7750	8000
Galle	10900	11250	-	-	12950	13000	10500	10750	-	-	6250	6750	8000	8250
Meegoda	10500	10750	-	-	12900	13000	-	-	8400	9200	6400	6600	7500	7800
Tissamaharama	-	-	9750	10000	12750	12750	-	-	8000	8250	5900	6100	7800	8000
Embilipitiya	10900	11000	-	-	12900	13000	10400	10500	-	-	6000	6200	7400	7500
Jaffna	9750	10250	-	-	12750	12750	-	-	7750	8000	7600	7900	-	-
Vavuniya	10000	10250	-	-	12900	13100	8500	8600	8400	8450	6500	6700	7750	7900
Mannar	10250	10500	-	-	12750	12900	8750	9000	8500	8600	7000	7500	8750	9000
Killinochchi	10500	10750	-	-	13000	13250	8750	9000	8000	8250	6500	6750	8000	8250
Mullattivu	10750	11000	-	-	12750	13000	8750	9000	8250	8500	6250	6600	8250	8600
Batticaloa	10900	11250	-	-	12900	13250	9100	9350	-	-	7200	7450	8150	8250
Trincomalee	9750	10250	-	-	-	-	8500	8500	7750	8250	7000	7750	8000	8500
Galenbindunuwew	10750	11350	-	-	12900	13000	9500	10600	8250	8900	8750	9000	7750	8250
Matale	11300	11400	10250	10500	12750	12950	9800	10000	8000	8250	7500	7750	7250	7750

**Table 02: Selected Markets: Retail Price of Rice (Rs/Kg)**

Week 26: 23 - 29 June 2023

LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
Colombo	220.00	240.00	210.00	230.00	260.00	280.00	210.00	220.00	190.00	210.00	140.00	170.00	170.00	190.00
Gampaha	230.00	230.00	210.00	220.00	270.00	270.00	220.00	220.00	185.00	190.00	150.00	160.00	170.00	180.00
Kurunegala	230.00	230.00	-	-	260.00	270.00	210.00	220.00	180.00	190.00	190.00	190.00	170.00	170.00
Nikaweratiya	230.00	230.00	-	-	260.00	270.00	210.00	215.00	160.00	170.00	180.00	180.00	165.00	170.00
Dambulla	228.00	230.00	208.00	210.00	260.00	265.00	210.00	215.00	175.00	180.00	175.00	180.00	158.00	160.00
Anuradhapura	230.00	230.00	220.00	220.00	260.00	265.00	210.00	220.00	180.00	200.00	170.00	180.00	165.00	180.00
Thambuththegama	230.00	230.00	210.00	220.00	270.00	280.00	220.00	220.00	170.00	180.00	190.00	190.00	170.00	180.00
Polonnaruwa	228.00	230.00	-	-	258.00	260.00	218.00	220.00	215.00	215.00	-	-	190.00	195.00
Kaluthara	230.00	235.00	-	-	265.00	270.00	220.00	225.00	-	-	165.00	170.00	185.00	190.00
Badulla	-	-	-	-	260.00	260.00	-	-	190.00	200.00	130.00	135.00	155.00	160.00
Keppetipola	217.00	220.00	214.00	216.00	265.00	270.00	212.00	214.00	190.00	194.00	124.00	126.00	-	-
Moneragala	230.00	230.00	-	-	260.00	270.00	215.00	220.00	190.00	200.00	130.00	140.00	145.00	150.00
Kegalle	230.00	230.00	-	-	260.00	265.00	210.00	220.00	175.00	200.00	150.00	180.00	180.00	190.00
Ampara	225.00	230.00	210.00	210.00	260.00	260.00	220.00	220.00	175.00	190.00	130.00	140.00	140.00	150.00
Dehiattakandiya	230.00	230.00	-	-	260.00	260.00	210.00	220.00	180.00	200.00	150.00	170.00	165.00	190.00
Nuwaraeliya	218.00	220.00	213.00	216.00	265.00	270.00	212.00	214.00	190.00	195.00	123.00	128.00	-	-
Kandy	225.00	230.00	200.00	210.00	265.00	270.00	210.00	220.00	180.00	190.00	150.00	160.00	180.00	190.00
Puttalam	230.00	230.00	-	-	260.00	270.00	210.00	220.00	160.00	175.00	160.00	180.00	165.00	175.00
Hambantota	230.00	230.00	-	-	260.00	260.00	-	-	-	-	128.00	130.00	160.00	165.00
Rathnapura	225.00	230.00	-	-	-	-	-	-	175.00	180.00	135.00	142.00	168.00	172.00
Matara	230.00	230.00	220.00	220.00	260.00	260.00	215.00	220.00	-	-	130.00	135.00	160.00	170.00
Galle	230.00	230.00	-	-	260.00	260.00	220.00	220.00	-	-	140.00	145.00	170.00	180.00
Tissamaharama	-	-	200.00	205.00	260.00	260.00	-	-	165.00	170.00	120.00	130.00	158.00	165.00
Meegoda (DEC)	-	-	210.00	220.00	260.00	260.00	-	-	180.00	190.00	135.00	150.00	170.00	172.00
Embilipitiya	225.00	230.00	-	-	260.00	270.00	215.00	225.00	-	-	125.00	134.00	155.00	170.00
Jaffna	-	-	215.00	220.00	260.00	265.00	-	-	160.00	170.00	160.00	170.00	-	-
Vavuniya	-	-	210.00	215.00	268.00	272.00	-	-	175.00	179.00	150.00	155.00	164.00	166.00
Mannar	220.00	230.00	-	-	260.00	260.00	200.00	200.00	185.00	195.00	160.00	170.00	185.00	195.00
Killinochchi	220.00	230.00	-	-	270.00	280.00	-	-	170.00	190.00	140.00	150.00	170.00	180.00
Mullaittivu	225.00	230.00	-	-	260.00	270.00	-	-	170.00	190.00	130.00	140.00	170.00	180.00
Batticaloa	225.00	230.00	-	-	265.00	276.00	-	-	190.00	195.00	145.00	155.00	170.00	178.00
Trincomalee	-	-	210.00	220.00	260.00	270.00	200.00	200.00	170.00	180.00	160.00	180.00	180.00	190.00
Hanguranketha	225.00	230.00	210.00	215.00	260.00	270.00	213.00	215.00	174.00	198.00	138.00	145.00	149.00	165.00
Veyangoda	230.00	230.00	200.00	220.00	260.00	270.00	200.00	220.00	180.00	190.00	160.00	170.00	160.00	180.00
Galenbindunuwewa	220.00	230.00	-	-	260.00	265.00	200.00	215.00	170.00	185.00	180.00	190.00	160.00	170.00
Bandarawela	-	-	210.00	215.00	260.00	260.00	-	-	190.00	200.00	135.00	140.00	160.00	165.00
Matale	228.00	230.00	212.00	214.00	260.00	262.00	210.00	212.00	170.00	180.00	165.00	175.00	165.00	180.00

**Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50Kg)**

Week 26: 23 - 29 June 2023

LOCATION	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	45000 - 57500	13000 - 20000	20000 - 25000	4500 - 5000	8750 - 12500	-	14500 - 16000	42500 - 47500	31000 - 33750	12500 - 13000
Kurunegala	51250 - 53000	22000 - 22000	-	5000 - 5250	10000 - 10500	-	-	40000 - 47500	32500 - 34000	12750 - 13250
Nikaweratiya	47000 - 50000	16500 - 20000	-	5150 - 5500	9150 - 10000	-	-	-	30000 - 31750	12750 - 13500
Dehiattakandiya	47000 - 52500	19000 - 21500	-	5000 - 6000	9500 - 12500	-	18000 - 19000	57500 - 57500	25000 - 25000	13250 - 13750
Dambulla (DEC)	47000 - 47500	15500 - 16500	17000 - 17500	4500 - 5000	9750 - 10000	-	15000 - 16000	47500 - 48000	26000 - 26500	12750 - 13000
Anuradhapura	50000 - 55000	18000 - 22500	-	5500 - 6000	9000 - 9500	-	-	57500 - 62500	32500 - 35000	13500 - 14000
Thambuththegama	46250 - 57500	-	16500 - 17000	4400 - 5250	9000 - 9500	-	15000 - 16000	37500 - 42500	27500 - 30000	12900 - 13250
Polonnaruwa	52500 - 55000	20000 - 20250	-	5500 - 5750	10000 - 10250	-	19500 - 19500	55000 - 55000	34000 - 34000	13500 - 13750
Kaluthara	49000 - 51000	20000 - 20500	-	5000 - 5250	9750 - 10000	-	14500 - 15000	46500 - 47500	32500 - 35000	12750 - 13000
Puttalam	45000 - 50000	-	17000 - 19000	5000 - 5500	9750 - 10500	-	16750 - 17250	41000 - 45000	29000 - 30000	14100 - 14500
Kandy	49000 - 50000	18000 - 20000	-	4750 - 5500	9500 - 10000	-	15500 - 16000	47500 - 50000	34000 - 35000	13000 - 13750
Matara	53500 - 55000	19250 - 20250	-	5000 - 5300	9750 - 10000	-	16500 - 17000	50000 - 53000	36250 - 37500	13750 - 14000
Hambantota	50000 - 55000	18500 - 19000	-	4750 - 5250	9500 - 10000	-	-	40000 - 44000	39000 - 41000	13750 - 14250
Kegalle	52000 - 53000	17000 - 17250	-	5500 - 5600	9350 - 9500	-	15000 - 16000	44000 - 45000	37000 - 38000	14000 - 14500
Galle	50000 - 55000	-	20000 - 24000	5500 - 5750	8750 - 9500	-	15500 - 18000	47500 - 55000	30000 - 35000	13000 - 14000
Tissamaharama	55000 - 57500	19000 - 21000	-	5500 - 5750	9500 - 11000	-	16000 - 16500	40000 - 42500	37500 - 37500	13750 - 14250
Meegoda (DEC)	49000 - 55000	17500 - 18500	-	4900 - 5000	9400 - 9500	-	15500 - 16650	45000 - 51000	36000 - 37500	12600 - 17750
Jaffna	50000 - 54000	-	15000 - 18000	4500 - 5000	9500 - 10000	-	-	50000 - 55000	-	13250 - 13750
Vavuniya	55000 - 58000	-	-	5000 - 5250	10750 - 11250	-	16500 - 17000	47500 - 49000	-	14000 - 14500
Mannar	50000 - 52500	20000 - 21000	-	5750 - 6000	10250 - 10500	-	-	50000 - 52500	-	13250 - 13600
Killinochchi	50000 - 52500	-	-	5500 - 6000	10500 - 11000	-	-	45000 - 47500	-	13250 - 13750
Mullattivu	52500 - 56500	-	-	5500 - 6000	10000 - 10500	-	-	47500 - 50000	35000 - 40000	13500 - 14000
Batticaloa	50000 - 52500	-	24000 - 25000	6000 - 6250	9000 - 9250	-	-	52500 - 57000	34000 - 35000	13250 - 13500
Trincomalee	52500 - 56000	-	21000 - 21500	5800 - 6000	10000 - 10400	-	-	50000 - 57500	31500 - 32000	12500 - 13500
Galenbindunuwewa	50000 - 52500	19500 - 20000	-	5750 - 6000	9500 - 10250	-	-	43750 - 51250	27500 - 34000	13250 - 14000
Matale	45000 - 49000	16000 - 17000	-	5250 - 5500	9750 - 10000	-	-	40000 - 45000	27500 - 35000	12500 - 12750

**Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/Kg)**

Week 26: 23 - 29 June 2023

LOCATIONS	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	1080.00 - 1400.00	350.00 - 560.00	-	120.00 - 140.00	180.00 - 260.00	-	320.00 - 440.00	1050.00 - 1500.00	750.00 - 1000.00	270.00 - 340.00
Gampaha	1280.00 - 1400.00	400.00 - 480.00	-	120.00 - 130.00	180.00 - 220.00	-	400.00 - 440.00	1200.00 - 1280.00	800.00 - 880.00	300.00 - 320.00
Kurunegala	1180.00 - 1200.00	440.00 - 480.00	-	130.00 - 140.00	220.00 - 240.00	-	350.00 - 360.00	1200.00 - 1200.00	800.00 - 850.00	300.00 - 320.00
Nikaweratiya	1100.00 - 1200.00	400.00 - 470.00	-	120.00 - 140.00	200.00 - 220.00	-	380.00 - 400.00	800.00 - 1200.00	800.00 - 800.00	290.00 - 300.00
Dambulla	1000.00 - 1150.00	400.00 - 420.00	-	120.00 - 130.00	200.00 - 220.00	-	360.00 - 380.00	1250.00 - 1400.00	660.00 - 700.00	265.00 - 290.00
Anuradhapura	1100.00 - 1200.00	400.00 - 560.00	-	130.00 - 140.00	200.00 - 220.00	-	-	1200.00 - 1500.00	700.00 - 850.00	290.00 - 300.00
Thambuththegama	1100.00 - 1200.00	-	480.00 - 520.00	115.00 - 130.00	190.00 - 220.00	-	350.00 - 360.00	900.00 - 1100.00	700.00 - 800.00	278.00 - 300.00
Polonnaruwa	1100.00 - 1260.00	420.00 - 430.00	-	120.00 - 135.00	210.00 - 220.00	-	400.00 - 400.00	1200.00 - 1300.00	700.00 - 750.00	290.00 - 300.00
Kaluthara	1100.00 - 1120.00	460.00 - 480.00	-	120.00 - 140.00	210.00 - 220.00	-	360.00 - 380.00	1200.00 - 1300.00	950.00 - 1000.00	280.00 - 285.00
Badulla	1100.00 - 1150.00	480.00 - 500.00	-	120.00 - 130.00	220.00 - 240.00	400.00 - 440.00	-	1000.00 - 1200.00	800.00 - 800.00	290.00 - 300.00
Keppetipola	1100.00 - 1180.00	450.00 - 490.00	-	125.00 - 135.00	225.00 - 240.00	360.00 - 380.00	-	1250.00 - 1300.00	740.00 - 760.00	280.00 - 295.00
Moneragala	1100.00 - 1200.00	400.00 - 520.00	-	140.00 - 150.00	200.00 - 220.00	-	360.00 - 400.00	1000.00 - 1300.00	600.00 - 800.00	280.00 - 300.00
Kegalle	1060.00 - 1160.00	390.00 - 400.00	-	140.00 - 150.00	230.00 - 240.00	-	380.00 - 400.00	900.00 - 1000.00	750.00 - 800.00	290.00 - 340.00
Ampara	1090.00 - 1200.00	400.00 - 480.00	-	130.00 - 140.00	200.00 - 280.00	-	380.00 - 400.00	1080.00 - 1200.00	680.00 - 780.00	270.00 - 295.00
Dehiattakandiya	1050.00 - 1200.00	400.00 - 480.00	-	120.00 - 130.00	190.00 - 260.00	-	380.00 - 400.00	1200.00 - 1400.00	600.00 - 800.00	270.00 - 325.00
Nuwaraeliya	1100.00 - 1160.00	440.00 - 460.00	-	120.00 - 130.00	220.00 - 230.00	-	350.00 - 360.00	1250.00 - 1350.00	750.00 - 780.00	285.00 - 295.00
Kandy	1180.00 - 1200.00	480.00 - 520.00	-	130.00 - 140.00	230.00 - 240.00	-	380.00 - 400.00	1400.00 - 1450.00	880.00 - 900.00	300.00 - 320.00
Puttalam	1050.00 - 1150.00	-	480.00 - 560.00	120.00 - 140.00	200.00 - 240.00	-	400.00 - 440.00	950.00 - 1100.00	620.00 - 800.00	290.00 - 300.00
Rathnapura	1200.00 - 1400.00	460.00 - 480.00	-	120.00 - 140.00	230.00 - 240.00	-	-	1100.00 - 1250.00	750.00 - 800.00	290.00 - 300.00
Hambantota	1150.00 - 1250.00	400.00 - 450.00	-	120.00 - 130.00	210.00 - 240.00	-	-	900.00 - 1000.00	850.00 - 900.00	280.00 - 300.00
Matara	1160.00 - 1200.00	420.00 - 460.00	-	120.00 - 125.00	220.00 - 240.00	-	370.00 - 400.00	1050.00 - 1200.00	760.00 - 850.00	290.00 - 300.00
Galle	1150.00 - 1200.00	480.00 - 520.00	-	120.00 - 130.00	200.00 - 220.00	-	360.00 - 400.00	1100.00 - 1200.00	700.00 - 850.00	280.00 - 300.00
Tissamaharama	1200.00 - 1250.00	400.00 - 450.00	-	120.00 - 130.00	200.00 - 250.00	-	330.00 - 340.00	850.00 - 900.00	800.00 - 800.00	290.00 - 310.00
Meegoda (DEC)	1100.00 - 1250.00	480.00 - 500.00	-	115.00 - 130.00	200.00 - 240.00	-	380.00 - 400.00	950.00 - 1250.00	900.00 - 1000.00	290.00 - 320.00
Embilipitiya	1100.00 - 1250.00	-	450.00 - 480.00	115.00 - 130.00	210.00 - 240.00	-	380.00 - 400.00	1000.00 - 1250.00	700.00 - 800.00	285.00 - 300.00
Jaffna	1100.00 - 1250.00	-	380.00 - 450.00	115.00 - 130.00	210.00 - 230.00	-	-	1100.00 - 1250.00	-	285.00 - 295.00
Vavuniya	1300.00 - 1400.00	-	-	120.00 - 128.00	240.00 - 250.00	-	380.00 - 400.00	1100.00 - 1180.00	820.00 - 860.00	300.00 - 310.00
Mannar	1100.00 - 1300.00	-	600.00 - 620.00	130.00 - 150.00	220.00 - 240.00	-	-	1200.00 - 1400.00	-	295.00 - 310.00
Killinochchi	1100.00 - 1160.00	-	-	140.00 - 150.00	230.00 - 250.00	-	-	1000.00 - 1100.00	-	290.00 - 310.00
Mullaittivu	1100.00 - 1200.00	-	-	-	220.00 - 240.00	-	-	1000.00 - 1100.00	750.00 - 900.00	290.00 - 320.00
Batticaloa	1100.00 - 1150.00	-	580.00 - 600.00	150.00 - 160.00	220.00 - 240.00	-	-	1150.00 - 1200.00	750.00 - 780.00	285.00 - 295.00
Trincomalee	1150.00 - 1250.00	-	440.00 - 460.00	140.00 - 150.00	220.00 - 240.00	-	460.00 - 480.00	1260.00 - 1300.00	650.00 - 700.00	280.00 - 300.00
Hanguranketha	1080.00 - 1280.00	550.00 - 600.00	-	120.00 - 150.00	210.00 - 240.00	-	340.00 - 360.00	1225.00 - 1400.00	780.00 - 800.00	270.00 - 285.00
Veyangoda	1100.00 - 1200.00	450.00 - 480.00	-	120.00 - 120.00	200.00 - 210.00	-	360.00 - 380.00	1200.00 - 1500.00	800.00 - 900.00	290.00 - 340.00
Galenbindunuwewa	1100.00 - 1150.00	420.00 - 460.00	-	130.00 - 135.00	200.00 - 210.00	-	-	900.00 - 1100.00	600.00 - 700.00	280.00 - 300.00
Bandarawela	1100.00 - 1200.00	460.00 - 480.00	-	120.00 - 130.00	220.00 - 240.00	340.00 - 360.00	-	1200.00 - 1300.00	750.00 - 800.00	280.00 - 300.00
Matale	1050.00 - 1200.00	360.00 - 400.00	-	120.00 - 125.00	210.00 - 220.00	-	370.00 - 380.00	1000.00 - 1100.00	750.00 - 800.00	280.00 - 290.00

**Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/Kg)**

Week 26: 23 - 29 June 2023

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	400.00 - 500.00	350.00 - 400.00	200.00 - 260.00	280.00 - 400.00	150.00 - 180.00
Meegoda (DEC)	-	480.00 - 540.00	340.00 - 440.00	210.00 - 270.00	340.00 - 360.00	220.00 - 260.00
Dambulla (DEC)	-	400.00 - 450.00	370.00 - 400.00	180.00 - 200.00	300.00 - 320.00	140.00 - 180.00
Keppetipola (DEC)	-	450.00 - 480.00	310.00 - 330.00	180.00 - 190.00	300.00 - 320.00	160.00 - 180.00
Norochchole (DEC)	-	-	-	-	250.00 - 300.00	-
Nuwara Eliya	-	430.00 - 450.00	370.00 - 380.00	190.00 - 200.00	280.00 - 290.00	170.00 - 190.00
Kandy	-	400.00 - 430.00	350.00 - 380.00	200.00 - 210.00	310.00 - 320.00	150.00 - 180.00
Hambantota	-	400.00 - 450.00	400.00 - 450.00	250.00 - 300.00	300.00 - 350.00	250.00 - 300.00
Thambuththegama (DEC)	-	490.00 - 540.00	410.00 - 440.00	210.00 - 230.00	280.00 - 320.00	200.00 - 230.00
Jaffna	-	400.00 - 480.00	360.00 - 400.00	280.00 - 320.00	200.00 - 240.00	-
Bandarawela	-	450.00 - 470.00	300.00 - 320.00	180.00 - 200.00	300.00 - 320.00	180.00 - 200.00
Veyangoda	-	480.00 - 520.00	340.00 - 360.00	200.00 - 220.00	280.00 - 320.00	220.00 - 260.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	100.00 - 140.00	140.00 - 180.00	150.00 - 250.00	150.00 - 180.00	180.00 - 200.00	280.00 - 350.00
Meegoda (DEC)	90.00 - 150.00	170.00 - 200.00	180.00 - 240.00	200.00 - 240.00	190.00 - 240.00	300.00 - 360.00
Moneragala	100.00 - 160.00	200.00 - 250.00	200.00 - 250.00	200.00 - 220.00	180.00 - 230.00	400.00 - 450.00
Dambulla (DEC)	70.00 - 80.00	160.00 - 170.00	220.00 - 240.00	180.00 - 200.00	170.00 - 230.00	280.00 - 320.00
Keppetipola (DEC)	60.00 - 70.00	130.00 - 140.00	200.00 - 240.00	180.00 - 200.00	180.00 - 200.00	260.00 - 280.00
Norochchole (DEC)	50.00 - 100.00	-	-	150.00 - 180.00	130.00 - 180.00	350.00 - 400.00
Nuwara Eliya	90.00 - 100.00	150.00 - 160.00	130.00 - 160.00	200.00 - 220.00	200.00 - 220.00	280.00 - 300.00
Kandy	80.00 - 100.00	160.00 - 200.00	160.00 - 180.00	190.00 - 200.00	200.00 - 250.00	300.00 - 320.00
Hambantota	150.00 - 200.00	230.00 - 280.00	150.00 - 200.00	180.00 - 220.00	180.00 - 240.00	350.00 - 400.00
Thambuththegama (DEC)	70.00 - 100.00	170.00 - 210.00	200.00 - 250.00	170.00 - 200.00	150.00 - 220.00	300.00 - 350.00
Tissamaharama	180.00 - 200.00	230.00 - 250.00	220.00 - 250.00	140.00 - 160.00	180.00 - 210.00	320.00 - 360.00
Jaffna	80.00 - 100.00	200.00 - 240.00	150.00 - 200.00	140.00 - 160.00	160.00 - 180.00	280.00 - 320.00
Bandarawela	60.00 - 80.00	140.00 - 160.00	200.00 - 220.00	-	180.00 - 200.00	280.00 - 300.00
Veyangoda	80.00 - 90.00	170.00 - 200.00	180.00 - 230.00	200.00 - 220.00	200.00 - 230.00	320.00 - 350.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	80.00 - 100.00	80.00 - 120.00	300.00 - 400.00	220.00 - 280.00	300.00 - 750.00	150.00 - 170.00
Meegoda (DEC)	110.00 - 140.00	70.00 - 100.00	370.00 - 400.00	260.00 - 300.00	-	220.00 - 240.00
Moneragala	80.00 - 140.00	100.00 - 130.00	450.00 - 530.00	280.00 - 350.00	400.00 - 420.00	270.00 - 280.00
Dambulla (DEC)	80.00 - 100.00	70.00 - 80.00	300.00 - 350.00	180.00 - 220.00	440.00 - 460.00	150.00 - 160.00
Keppetipola (DEC)	70.00 - 80.00	110.00 - 120.00	330.00 - 340.00	200.00 - 220.00	-	150.00 - 160.00
Norochchole (DEC)	70.00 - 100.00	60.00 - 100.00	350.00 - 400.00	150.00 - 200.00	400.00 - 500.00	130.00 - 150.00
Nuwara Eliya	90.00 - 100.00	100.00 - 120.00	340.00 - 360.00	220.00 - 230.00	-	160.00 - 170.00
Kandy	90.00 - 110.00	100.00 - 110.00	300.00 - 330.00	190.00 - 210.00	500.00 - 520.00	160.00 - 170.00
Hambantota	80.00 - 110.00	100.00 - 130.00	450.00 - 500.00	240.00 - 280.00	380.00 - 450.00	240.00 - 300.00
Thambuththegama (DEC)	80.00 - 110.00	50.00 - 70.00	320.00 - 360.00	200.00 - 230.00	-	110.00 - 140.00
Tissamaharama	90.00 - 110.00	100.00 - 120.00	400.00 - 420.00	250.00 - 270.00	300.00 - 320.00	200.00 - 230.00
Jaffna	60.00 - 80.00	60.00 - 80.00	350.00 - 400.00	180.00 - 220.00	500.00 - 600.00	-
Bandarawela	70.00 - 80.00	100.00 - 120.00	-	-	-	-
Veyangoda	90.00 - 130.00	95.00 - 100.00	350.00 - 400.00	250.00 - 280.00	500.00 - 550.00	200.00 - 240.00

**Table 06 (Contd.)**

	<b>Long Beans</b>	<b>Ash Plantain</b>	<b>Green Chillies</b>	<b>Lime</b>	<b>Sweet Potatoe</b>	<b>Manioc</b>
Colombo	280.00 - 320.00	150.00 - 160.00	650.00 - 750.00	250.00 - 300.00	80.00 - 120.00	150.00 - 180.00
Meegoda (DEC)	320.00 - 370.00	170.00 - 200.00	800.00 - 900.00	280.00 - 320.00	80.00 - 110.00	-
Moneragala	250.00 - 300.00	80.00 - 100.00	800.00 - 900.00	200.00 - 220.00	100.00 - 120.00	80.00 - 100.00
Dambulla (DEC)	230.00 - 250.00	170.00 - 190.00	750.00 - 850.00	240.00 - 250.00	90.00 - 100.00	120.00 - 130.00
Keppetipola (DEC)	290.00 - 300.00	150.00 - 160.00	760.00 - 800.00	250.00 - 270.00	120.00 - 130.00	120.00 - 130.00
Norochchole (DEC)	250.00 - 320.00	150.00 - 170.00	700.00 - 850.00	-	80.00 - 120.00	140.00 - 170.00
Nuwara Eliya	300.00 - 320.00	160.00 - 170.00	800.00 - 850.00	250.00 - 280.00	110.00 - 120.00	130.00 - 140.00
Kandy	260.00 - 280.00	150.00 - 200.00	850.00 - 900.00	250.00 - 260.00	90.00 - 100.00	130.00 - 140.00
Hambantota	300.00 - 350.00	110.00 - 140.00	800.00 - 820.00	400.00 - 450.00	120.00 - 150.00	100.00 - 140.00
Thambuththegama (DEC)	340.00 - 380.00	120.00 - 150.00	730.00 - 800.00	220.00 - 250.00	80.00 - 110.00	90.00 - 120.00
Tissamaharama	250.00 - 270.00	130.00 - 140.00	700.00 - 760.00	250.00 - 270.00	120.00 - 140.00	120.00 - 130.00
Jaffna	250.00 - 280.00	90.00 - 120.00	650.00 - 720.00	250.00 - 300.00	90.00 - 110.00	120.00 - 150.00
Bandarawela	-	-	800.00 - 850.00	-	100.00 - 120.00	120.00 - 140.00
Veyangoda	320.00 - 360.00	160.00 - 200.00	750.00 - 850.00	280.00 - 320.00	95.00 - 110.00	130.00 - 160.00

<b>Locations</b>	<b>Leafy Vegetables (Rs/Bundle)</b>			<b>Coconut (Rs/Nut)</b>	
	<b>Mukunuwenna</b>	<b>Kankun</b>	<b>Gotukola</b>	<b>Large</b>	<b>Small</b>
Colombo	40.00 - 50.00	40.00 - 50.00	280.00 - 300.00	95.00 - 100.00	75.00 - 80.00
Meegoda (DEC)	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 100.00	70.00 - 75.00
Norochchole (DEC)	50.00 - 60.00	50.00 - 60.00	120.00 - 130.00	70.00 - 80.00	60.00 - 65.00
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	25.00 - 30.00	25.00 - 30.00	25.00 - 25.00	65.00 - 68.00	55.00 - 60.00
Kandy	40.00 - 45.00	45.00 - 50.00	250.00 - 260.00	75.00 - 80.00	60.00 - 65.00
Hambantota	40.00 - 45.00	40.00 - 45.00	60.00 - 70.00	-	-
Thambuththegama (DEC)	30.00 - 30.00	30.00 - 30.00	30.00 - 30.00	65.00 - 75.00	60.00 - 63.00
Tissamaharama	40.00 - 45.00	40.00 - 45.00	50.00 - 55.00	80.00 - 85.00	60.00 - 65.00
Jaffna	70.00 - 80.00	30.00 - 35.00	180.00 - 200.00	75.00 - 90.00	55.00 - 60.00
Bandarawela	-	-	-	-	-
Veyangoda	35.00 - 40.00	35.00 - 40.00	45.00 - 45.00	100.00 - 100.00	85.00 - 85.00

*Colombo, Meegoda, Norochchole, Jaffna and Kandy - Gotukola Price Rs/Kg*



**Table 07: Selected Markets: Retail Price of Vegetables (Rs/Kg)**

Week 26: 23 - 29 June 2023

LOCATIONS	Up Country Varieties																
	Butter Beans		Green Beans		Carrot		Leeks		Beetroot		Knol Khol		Raddish		Cabbage		Tomato
Colombo	-	450.00 - 600.00	360.00 - 560.00	320.00 - 480.00	400.00 - 600.00	260.00 - 480.00	140.00 - 320.00	240.00 - 400.00	240.00 - 400.00								
Gampaha	-	540.00 - 600.00	400.00 - 480.00	320.00 - 360.00	400.00 - 480.00	320.00 - 320.00	200.00 - 240.00	280.00 - 320.00	320.00 - 360.00								
Kurunegala	-	560.00 - 600.00	480.00 - 520.00	360.00 - 380.00	580.00 - 580.00	460.00 - 460.00	280.00 - 320.00	360.00 - 400.00	300.00 - 350.00								
Nikaweratiya	-	520.00 - 600.00	480.00 - 560.00	320.00 - 400.00	400.00 - 520.00	320.00 - 400.00	200.00 - 320.00	320.00 - 320.00	320.00 - 320.00								
Dambulla	-	560.00 - 580.00	520.00 - 560.00	320.00 - 340.00	440.00 - 480.00	260.00 - 300.00	180.00 - 220.00	280.00 - 320.00	300.00 - 340.00								
Anuradhapura	-	500.00 - 580.00	460.00 - 520.00	320.00 - 400.00	440.00 - 600.00	280.00 - 300.00	200.00 - 240.00	280.00 - 320.00	280.00 - 360.00								
Thambuththegama	-	580.00 - 660.00	480.00 - 560.00	280.00 - 340.00	350.00 - 400.00	280.00 - 340.00	160.00 - 200.00	280.00 - 360.00	300.00 - 360.00								
Polonnaruwa	-	560.00 - 580.00	480.00 - 500.00	420.00 - 440.00	480.00 - 500.00	360.00 - 370.00	260.00 - 270.00	300.00 - 320.00	320.00 - 340.00								
Kaluthara	-	560.00 - 580.00	460.00 - 480.00	340.00 - 380.00	420.00 - 440.00	320.00 - 340.00	220.00 - 240.00	240.00 - 260.00	220.00 - 240.00								
Badulla	-	560.00 - 600.00	400.00 - 480.00	280.00 - 320.00	400.00 - 480.00	320.00 - 360.00	160.00 - 200.00	240.00 - 280.00	280.00 - 320.00								
Keppetipola	-	540.00 - 560.00	380.00 - 400.00	250.00 - 260.00	360.00 - 380.00	240.00 - 260.00	130.00 - 140.00	220.00 - 240.00	280.00 - 300.00								
Moneragala	-	520.00 - 600.00	480.00 - 520.00	320.00 - 360.00	400.00 - 480.00	-	160.00 - 240.00	320.00 - 400.00	300.00 - 320.00								
Kegalle	-	620.00 - 640.00	460.00 - 480.00	340.00 - 360.00	460.00 - 480.00	450.00 - 480.00	300.00 - 320.00	340.00 - 360.00	290.00 - 320.00								
Ampara	-	600.00 - 600.00	480.00 - 560.00	360.00 - 360.00	480.00 - 480.00	-	200.00 - 220.00	320.00 - 320.00	280.00 - 360.00								
Dehiattakandiya	-	520.00 - 600.00	600.00 - 600.00	380.00 - 400.00	400.00 - 440.00	320.00 - 400.00	160.00 - 200.00	300.00 - 400.00	300.00 - 400.00								
Nuwaraeliya	-	540.00 - 560.00	440.00 - 460.00	280.00 - 300.00	360.00 - 380.00	260.00 - 280.00	180.00 - 200.00	220.00 - 240.00	240.00 - 260.00								
Kandy	-	550.00 - 600.00	500.00 - 520.00	360.00 - 400.00	480.00 - 500.00	300.00 - 320.00	160.00 - 200.00	300.00 - 320.00	260.00 - 280.00								
Puttalam	-	600.00 - 640.00	480.00 - 560.00	400.00 - 480.00	480.00 - 560.00	-	300.00 - 340.00	400.00 - 440.00	320.00 - 360.00								
Hambantota	-	520.00 - 600.00	520.00 - 600.00	320.00 - 400.00	400.00 - 480.00	320.00 - 400.00	230.00 - 280.00	320.00 - 360.00	200.00 - 240.00								
Rathnapura	-	540.00 - 560.00	460.00 - 480.00	300.00 - 340.00	420.00 - 440.00	-	200.00 - 220.00	300.00 - 330.00	380.00 - 400.00								
Matara	-	540.00 - 600.00	540.00 - 600.00	320.00 - 400.00	400.00 - 480.00	280.00 - 320.00	220.00 - 250.00	280.00 - 320.00	220.00 - 250.00								
Galle	-	560.00 - 600.00	550.00 - 560.00	380.00 - 440.00	580.00 - 600.00	-	240.00 - 280.00	350.00 - 400.00	300.00 - 320.00								
Tissamaharama	-	520.00 - 540.00	450.00 - 480.00	270.00 - 290.00	460.00 - 480.00	250.00 - 270.00	230.00 - 250.00	260.00 - 280.00	260.00 - 300.00								
Meegoda (DEC)	-	480.00 - 540.00	480.00 - 540.00	320.00 - 360.00	340.00 - 400.00	320.00 - 360.00	220.00 - 260.00	260.00 - 320.00	260.00 - 300.00								
Embilipitiya	-	520.00 - 600.00	440.00 - 480.00	280.00 - 320.00	400.00 - 480.00	250.00 - 400.00	240.00 - 280.00	280.00 - 320.00	320.00 - 400.00								
Jaffna	-	480.00 - 560.00	400.00 - 480.00	320.00 - 400.00	240.00 - 280.00	-	120.00 - 160.00	240.00 - 300.00	200.00 - 240.00								
Vavuniya	-	600.00 - 640.00	400.00 - 420.00	320.00 - 350.00	400.00 - 480.00	300.00 - 340.00	240.00 - 260.00	350.00 - 400.00	300.00 - 340.00								
Mannar	-	600.00 - 640.00	520.00 - 550.00	400.00 - 450.00	480.00 - 520.00	-	200.00 - 220.00	400.00 - 450.00	400.00 - 440.00								
Killinochchi	-	580.00 - 620.00	460.00 - 500.00	460.00 - 500.00	400.00 - 440.00	-	230.00 - 250.00	340.00 - 360.00	380.00 - 420.00								
Mullaittivu	-	580.00 - 600.00	450.00 - 480.00	350.00 - 400.00	480.00 - 550.00	-	240.00 - 280.00	320.00 - 380.00	280.00 - 320.00								
Batticaloa	-	560.00 - 600.00	540.00 - 560.00	360.00 - 400.00	560.00 - 600.00	280.00 - 320.00	240.00 - 260.00	340.00 - 360.00	340.00 - 360.00								
Trincomalee	-	520.00 - 550.00	480.00 - 520.00	400.00 - 420.00	500.00 - 520.00	320.00 - 350.00	300.00 - 320.00	400.00 - 420.00	320.00 - 360.00								
Hanguranketha	-	490.00 - 520.00	400.00 - 420.00	220.00 - 250.00	350.00 - 390.00	220.00 - 250.00	120.00 - 150.00	200.00 - 230.00	200.00 - 240.00								
Veyangoda	-	500.00 - 540.00	400.00 - 480.00	280.00 - 320.00	400.00 - 440.00	360.00 - 380.00	240.00 - 280.00	280.00 - 320.00	320.00 - 340.00								
Galenbindunuwewa	-	600.00 - 640.00	480.00 - 520.00	320.00 - 400.00	480.00 - 600.00	280.00 - 320.00	200.00 - 240.00	280.00 - 320.00	280.00 - 320.00								
Bandarawela	-	560.00 - 580.00	400.00 - 420.00	280.00 - 300.00	400.00 - 420.00	280.00 - 300.00	160.00 - 180.00	240.00 - 260.00	300.00 - 320.00								
Matale	-	560.00 - 600.00	480.00 - 500.00	360.00 - 400.00	400.00 - 480.00	320.00 - 400.00	160.00 - 180.00	280.00 - 320.00	280.00 - 320.00								

**Table 07 (Contd.)**

LOCATIONS	Low Country Varieties										
	Ladies Fingers	Brinjal	Capsicum	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa	Long Beans	
Colombo	200.00 - 400.00	260.00 - 380.00	340.00 - 600.00	120.00 - 260.00	120.00 - 240.00	400.00 - 600.00	300.00 - 480.00	600.00 - 1000.00	280.00 - 420.00	320.00 - 560.00	
Gampaha	260.00 - 320.00	280.00 - 320.00	400.00 - 500.00	160.00 - 200.00	160.00 - 200.00	480.00 - 600.00	400.00 - 400.00	1000.00 - 1000.00	400.00 - 400.00	400.00 - 400.00	
Kurunegala	280.00 - 320.00	360.00 - 400.00	500.00 - 600.00	160.00 - 200.00	160.00 - 180.00	560.00 - 600.00	300.00 - 340.00	600.00 - 600.00	280.00 - 320.00	340.00 - 360.00	
Nikaweratiya	280.00 - 320.00	240.00 - 320.00	480.00 - 600.00	160.00 - 240.00	160.00 - 200.00	480.00 - 600.00	320.00 - 320.00	720.00 - 800.00	320.00 - 360.00	320.00 - 320.00	
Dambulla	360.00 - 380.00	300.00 - 340.00	580.00 - 600.00	180.00 - 200.00	160.00 - 180.00	540.00 - 600.00	360.00 - 400.00	580.00 - 640.00	280.00 - 300.00	360.00 - 400.00	
Anuradhapura	280.00 - 320.00	240.00 - 320.00	480.00 - 600.00	160.00 - 240.00	160.00 - 200.00	480.00 - 600.00	300.00 - 360.00	500.00 - 600.00	300.00 - 320.00	380.00 - 480.00	
Thambuththegama	240.00 - 300.00	250.00 - 340.00	480.00 - 560.00	140.00 - 200.00	120.00 - 160.00	460.00 - 500.00	260.00 - 320.00	-	200.00 - 260.00	400.00 - 480.00	
Polonnaruwa	320.00 - 340.00	360.00 - 380.00	470.00 - 480.00	180.00 - 200.00	240.00 - 250.00	580.00 - 600.00	360.00 - 380.00	-	320.00 - 330.00	320.00 - 330.00	
Kaluthara	280.00 - 300.00	340.00 - 360.00	540.00 - 580.00	140.00 - 160.00	120.00 - 140.00	640.00 - 680.00	340.00 - 360.00	-	280.00 - 300.00	400.00 - 420.00	
Badulla	280.00 - 320.00	320.00 - 360.00	440.00 - 480.00	180.00 - 200.00	200.00 - 240.00	520.00 - 560.00	320.00 - 360.00	-	280.00 - 320.00	360.00 - 400.00	
Keppetipola	260.00 - 280.00	250.00 - 270.00	340.00 - 360.00	160.00 - 180.00	180.00 - 200.00	420.00 - 440.00	260.00 - 280.00	-	240.00 - 260.00	360.00 - 380.00	
Moneragala	300.00 - 320.00	240.00 - 320.00	480.00 - 600.00	140.00 - 200.00	180.00 - 200.00	600.00 - 640.00	320.00 - 440.00	520.00 - 600.00	320.00 - 400.00	360.00 - 400.00	
Kegalle	340.00 - 360.00	340.00 - 360.00	460.00 - 480.00	160.00 - 180.00	160.00 - 180.00	540.00 - 560.00	340.00 - 360.00	620.00 - 640.00	340.00 - 360.00	420.00 - 440.00	
Ampara	280.00 - 280.00	360.00 - 360.00	480.00 - 480.00	160.00 - 200.00	200.00 - 200.00	-	360.00 - 380.00	-	300.00 - 320.00	360.00 - 360.00	
Dehiattakandiya	300.00 - 320.00	240.00 - 300.00	400.00 - 480.00	160.00 - 200.00	150.00 - 200.00	480.00 - 640.00	280.00 - 340.00	600.00 - 600.00	380.00 - 400.00	400.00 - 400.00	
Nuwaraeliya	280.00 - 300.00	260.00 - 280.00	380.00 - 400.00	180.00 - 200.00	200.00 - 220.00	460.00 - 480.00	300.00 - 320.00	-	260.00 - 280.00	380.00 - 400.00	
Kandy	300.00 - 320.00	450.00 - 480.00	480.00 - 500.00	160.00 - 180.00	160.00 - 200.00	450.00 - 480.00	280.00 - 300.00	780.00 - 800.00	300.00 - 320.00	480.00 - 500.00	
Puttalam	280.00 - 320.00	320.00 - 400.00	600.00 - 650.00	200.00 - 240.00	200.00 - 220.00	480.00 - 600.00	300.00 - 400.00	700.00 - 800.00	320.00 - 400.00	400.00 - 480.00	
Rathnapura	260.00 - 280.00	360.00 - 380.00	520.00 - 560.00	220.00 - 240.00	180.00 - 200.00	500.00 - 530.00	380.00 - 420.00	-	330.00 - 350.00	380.00 - 400.00	
Hambantota	240.00 - 300.00	240.00 - 320.00	480.00 - 580.00	120.00 - 160.00	160.00 - 200.00	580.00 - 600.00	320.00 - 400.00	540.00 - 600.00	280.00 - 380.00	360.00 - 400.00	
Matara	250.00 - 280.00	240.00 - 320.00	400.00 - 550.00	120.00 - 130.00	160.00 - 180.00	550.00 - 600.00	320.00 - 420.00	550.00 - 600.00	320.00 - 400.00	340.00 - 380.00	
Galle	240.00 - 280.00	300.00 - 360.00	500.00 - 560.00	160.00 - 200.00	200.00 - 240.00	500.00 - 560.00	400.00 - 440.00	380.00 - 420.00	380.00 - 420.00	300.00 - 380.00	
Tissamaharama	180.00 - 200.00	200.00 - 240.00	350.00 - 400.00	130.00 - 150.00	150.00 - 170.00	480.00 - 520.00	300.00 - 330.00	350.00 - 380.00	270.00 - 300.00	300.00 - 350.00	
Meegoda (DEC)	280.00 - 360.00	320.00 - 340.00	360.00 - 400.00	200.00 - 240.00	180.00 - 240.00	480.00 - 540.00	300.00 - 360.00	-	320.00 - 400.00	380.00 - 480.00	
Embilipitiya	240.00 - 280.00	280.00 - 320.00	480.00 - 520.00	160.00 - 200.00	200.00 - 240.00	550.00 - 640.00	280.00 - 320.00	350.00 - 400.00	340.00 - 400.00	300.00 - 400.00	
Jaffna	160.00 - 200.00	200.00 - 240.00	320.00 - 360.00	80.00 - 120.00	80.00 - 120.00	400.00 - 520.00	220.00 - 260.00	650.00 - 800.00	-	280.00 - 320.00	
Vavuniya	360.00 - 400.00	240.00 - 260.00	520.00 - 600.00	200.00 - 250.00	200.00 - 240.00	700.00 - 750.00	350.00 - 400.00	1000.00 - 1050.00	300.00 - 320.00	440.00 - 480.00	
Mannar	350.00 - 400.00	320.00 - 350.00	520.00 - 550.00	140.00 - 160.00	180.00 - 200.00	560.00 - 620.00	320.00 - 400.00	800.00 - 900.00	-	400.00 - 450.00	
Killinochchi	300.00 - 330.00	240.00 - 260.00	500.00 - 540.00	180.00 - 220.00	160.00 - 180.00	600.00 - 650.00	260.00 - 300.00	-	-	400.00 - 440.00	
Mullaittivu	280.00 - 320.00	200.00 - 240.00	580.00 - 600.00	140.00 - 180.00	-	600.00 - 640.00	280.00 - 350.00	750.00 - 800.00	-	350.00 - 400.00	
Batticaloa	340.00 - 360.00	360.00 - 400.00	480.00 - 520.00	180.00 - 200.00	160.00 - 180.00	580.00 - 620.00	280.00 - 320.00	900.00 - 1000.00	240.00 - 280.00	380.00 - 420.00	
Trincomalee	300.00 - 330.00	280.00 - 320.00	450.00 - 480.00	150.00 - 180.00	180.00 - 200.00	550.00 - 600.00	410.00 - 450.00	600.00 - 650.00	400.00 - 420.00	350.00 - 400.00	
Hanguranketha	230.00 250.00	270.00 300.00	350.00 450.00	130.00 160.00	130.00 150.00	420.00 450.00	230.00 250.00	550.00 600.00	190.00 220.00	280.00 300.00	
Veyangoda	280.00 - 300.00	280.00 - 320.00	480.00 - 600.00	160.00 - 180.00	140.00 - 160.00	480.00 - 500.00	320.00 - 380.00	640.00 - 800.00	320.00 - 360.00	400.00 - 400.00	
Galenbindunuwewa	280.00 - 320.00	280.00 - 320.00	480.00 - 600.00	200.00 - 240.00	140.00 - 160.00	520.00 - 600.00	280.00 - 360.00	480.00 - 600.00	280.00 - 320.00	320.00 - 380.00	
Bandarawela	280.00 - 300.00	300.00 - 340.00	380.00 - 400.00	160.00 - 180.00	180.00 - 200.00	460.00 - 500.00	280.00 - 300.00	-	260.00 - 280.00	300.00 - 320.00	
Matale	280.00 - 320.00	280.00 - 320.00	480.00 - 500.00	180.00 - 200.00	180.00 - 220.00	600.00 - 700.00	320.00 - 400.00	720.00 - 800.00	320.00 - 380.00	400.00 - 480.00	

**Table 07 (Contd.)**

LOCATIONS	Low Country Varieties					Leafy Vegetable			Coconut (Rs/Nut)	
	Ash Plantain	Green Chillies	Lime	Sweet Potato	Manioc	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	220.00 - 320.00	700.00 - 1000.00	400.00 - 800.00	160.00 - 240.00	180.00 - 240.00	50.00 - 100.00	50.00 - 100.00	95.00 - 100.00	105.00 - 120.00	90.00 - 100.00
Gampaha	240.00 - 320.00	1000.00 - 1000.00	500.00 - 600.00	180.00 - 180.00	200.00 - 200.00	60.00 - 70.00	60.00 - 70.00	30.00 - 30.00	100.00 - 100.00	80.00 - 80.00
Kurunegala	240.00 - 260.00	900.00 - 1000.00	400.00 - 500.00	220.00 - 240.00	200.00 - 240.00	40.00 - 50.00	40.00 - 50.00	30.00 - 30.00	90.00 - 100.00	70.00 - 70.00
Nikaweratiya	160.00 - 200.00	900.00 - 1000.00	320.00 - 400.00	200.00 - 240.00	160.00 - 160.00	40.00 - 50.00	40.00 - 50.00	60.00 - 60.00	80.00 - 85.00	65.00 - 70.00
Dambulla	240.00 - 280.00	900.00 - 1000.00	450.00 - 500.00	180.00 - 200.00	180.00 - 200.00	50.00 - 55.00	50.00 - 55.00	50.00 - 55.00	85.00 - 90.00	70.00 - 80.00
Anuradhapura	200.00 - 240.00	900.00 - 1200.00	400.00 - 500.00	180.00 - 240.00	200.00 - 240.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	80.00 - 100.00	60.00 - 70.00
Thambuththegama	180.00 - 220.00	850.00 - 1100.00	350.00 - 400.00	160.00 - 200.00	150.00 - 180.00	40.00 - 40.00	40.00 - 40.00	-	75.00 - 85.00	70.00 - 70.00
Polonnaruwa	240.00 - 250.00	980.00 - 1000.00	400.00 - 430.00	180.00 - 200.00	140.00 - 160.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	85.00 - 90.00	75.00 - 80.00
Kaluthara	320.00 - 340.00	950.00 - 1000.00	500.00 - 600.00	200.00 - 220.00	240.00 - 260.00	70.00 - 80.00	70.00 - 80.00	90.00 - 100.00	110.00 - 120.00	90.00 - 95.00
Badulla	220.00 - 240.00	1000.00 - 1200.00	400.00 - 500.00	160.00 - 200.00	220.00 - 240.00	70.00 - 70.00	70.00 - 70.00	70.00 - 80.00	100.00 - 110.00	85.00 - 90.00
Keppetipola	240.00 - 250.00	1000.00 - 1200.00	350.00 - 360.00	210.00 - 220.00	200.00 - 210.00	35.00 - 40.00	35.00 - 40.00	25.00 - 30.00	95.00 - 100.00	88.00 - 92.00
Moneragala	120.00 - 160.00	1000.00 - 1200.00	300.00 - 320.00	140.00 - 160.00	100.00 - 150.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	80.00 - 90.00	60.00 - 70.00
Kegalle	260.00 - 280.00	900.00 - 950.00	420.00 - 450.00	180.00 - 200.00	200.00 - 210.00	70.00 - 80.00	70.00 - 80.00	50.00 - 70.00	80.00 - 95.00	65.00 - 75.00
Ampara	240.00 - 240.00	1200.00 - 1200.00	300.00 - 400.00	200.00 - 200.00	170.00 - 200.00	50.00 - 60.00	50.00 - 50.00	50.00 - 50.00	100.00 - 100.00	90.00 - 90.00
Dehiattakandiya	240.00 - 240.00	1000.00 - 1200.00	400.00 - 600.00	180.00 - 200.00	150.00 - 200.00	60.00 - 60.00	60.00 - 60.00	60.00 - 60.00	80.00 - 90.00	65.00 - 75.00
Nuwaraeliya	260.00 - 280.00	1000.00 - 1200.00	360.00 - 380.00	160.00 - 190.00	200.00 - 220.00	35.00 - 40.00	35.00 - 40.00	30.00 - 35.00	100.00 - 105.00	94.00 - 96.00
Kandy	300.00 - 320.00	1000.00 - 1100.00	400.00 - 450.00	140.00 - 160.00	200.00 - 220.00	50.00 - 60.00	50.00 - 60.00	40.00 - 50.00	90.00 - 95.00	65.00 - 75.00
Puttalam	160.00 - 200.00	1000.00 - 1200.00	400.00 - 600.00	180.00 - 220.00	180.00 - 220.00	60.00 - 70.00	60.00 - 70.00	40.00 - 40.00	80.00 - 85.00	70.00 - 75.00
Rathnapura	-	1000.00 - 1200.00	450.00 - 500.00	200.00 - 220.00	160.00 - 180.00	80.00 - 90.00	80.00 - 85.00	90.00 - 100.00	100.00 - 110.00	80.00 - 90.00
Hambanthota	160.00 - 200.00	980.00 - 1000.00	500.00 - 600.00	160.00 - 200.00	170.00 - 220.00	50.00 - 55.00	50.00 - 50.00	70.00 - 80.00	90.00 - 110.00	70.00 - 80.00
Matara	220.00 - 250.00	980.00 - 1000.00	450.00 - 550.00	160.00 - 180.00	180.00 - 220.00	55.00 - 60.00	55.00 - 60.00	75.00 - 90.00	100.00 - 115.00	80.00 - 90.00
Galle	240.00 - 260.00	1000.00 - 1200.00	450.00 - 500.00	150.00 - 200.00	200.00 - 260.00	60.00 - 70.00	50.00 - 60.00	70.00 - 80.00	100.00 - 110.00	85.00 - 95.00
Tissamaharama	160.00 - 180.00	850.00 - 980.00	300.00 - 320.00	160.00 - 180.00	180.00 - 200.00	45.00 - 50.00	45.00 - 50.00	55.00 - 60.00	85.00 - 90.00	65.00 - 70.00
Meegoda (DEC)	240.00 - 260.00	900.00 - 1000.00	500.00 - 600.00	180.00 - 220.00	-	90.00 - 90.00	80.00 - 80.00	80.00 - 80.00	100.00 - 120.00	80.00 - 90.00
Embilipitiya	160.00 - 200.00	1000.00 - 1200.00	450.00 - 580.00	150.00 - 200.00	150.00 - 200.00	50.00 - 70.00	50.00 - 70.00	80.00 - 90.00	90.00 - 120.00	60.00 - 80.00
Jaffna	120.00 - 140.00	720.00 - 900.00	300.00 - 360.00	100.00 - 140.00	160.00 - 200.00	80.00 - 90.00	35.00 - 40.00	40.00 - 45.00	100.00 - 120.00	60.00 - 80.00
Vavuniya	160.00 - 200.00	1000.00 - 1100.00	400.00 - 460.00	200.00 - 220.00	240.00 - 260.00	60.00 - 70.00	55.00 - 65.00	50.00 - 60.00	70.00 - 80.00	55.00 - 65.00
Mannar	200.00 - 220.00	900.00 - 1000.00	400.00 - 500.00	180.00 - 200.00	220.00 - 240.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	85.00 - 90.00	50.00 - 60.00
Killinochchi	130.00 - 150.00	950.00 - 1000.00	400.00 - 440.00	200.00 - 220.00	260.00 - 280.00	50.00 - 60.00	40.00 - 50.00	40.00 - 45.00	70.00 - 80.00	50.00 - 60.00
Mullaittivu	140.00 - 160.00	850.00 - 900.00	320.00 - 350.00	180.00 - 200.00	260.00 - 280.00	50.00 - 60.00	50.00 - 60.00	40.00 - 50.00	80.00 - 90.00	65.00 - 70.00
Batticaloa	280.00 - 320.00	1000.00 - 1100.00	400.00 - 450.00	200.00 - 230.00	240.00 - 260.00	60.00 - 60.00	50.00 - 60.00	50.00 - 50.00	90.00 - 90.00	65.00 - 70.00
Trincomalee	250.00 - 280.00	680.00 - 700.00	460.00 - 500.00	200.00 - 220.00	240.00 - 260.00	45.00 - 50.00	45.00 - 50.00	45.00 - 50.00	105.00 - 115.00	80.00 - 90.00
Hanguranketha	200.00 - 250.00	800.00 - 900.00	350.00 - 400.00	130.00 - 150.00	120.00 - 150.00	40.00 - 40.00	40.00 - 50.00	40.00 - 45.00	85.00 - 95.00	68.00 - 75.00
Veyangoda	240.00 - 280.00	900.00 - 1000.00	500.00 - 600.00	160.00 - 200.00	180.00 - 200.00	60.00 - 70.00	60.00 - 70.00	30.00 - 30.00	100.00 - 120.00	80.00 - 80.00
Galenbindunuwewa	120.00 - 140.00	800.00 - 900.00	400.00 - 600.00	140.00 - 160.00	120.00 - 160.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	80.00 - 90.00	60.00 - 70.00
Bandarawela	220.00 - 240.00	900.00 - 1000.00	400.00 - 500.00	180.00 - 200.00	200.00 - 220.00	50.00 - 60.00	50.00 - 60.00	60.00 - 70.00	100.00 - 110.00	80.00 - 90.00
Matale	280.00 - 360.00	1000.00 - 1200.00	500.00 - 600.00	160.00 - 180.00	160.00 - 200.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	100.00 - 110.00	80.00 - 90.00

**Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/Kg)**

Week 26: 23 - 29 June 2023

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LOCATIONS	Banana					Pineapple			Mango	
	Ambul (Rs/Kg)	Kolikuttu (Rs/Kg)	Seeni (Rs/Kg)	Anamalu	Ambun	Large	Medium	Small	Betti	Karthakolomban
Colombo	160.00 - 250.00	400.00 - 500.00	150.00 - 220.00	20.00 - 32.00	25.00 - 45.00	700.00 - 1000.00	600.00 - 900.00	480.00 - 800.00	-	66.00 - 160.00
Gampaha	160.00 - 180.00	360.00 - 380.00	160.00 - 160.00	25.00 - 30.00	31.00 - 38.00	900.00 - 950.00	600.00 - 650.00	350.00 - 400.00	50.00 - 60.00	100.00 - 120.00
Kurunegala	150.00 - 200.00	440.00 - 500.00	140.00 - 150.00	20.00 - 22.00	30.00 - 32.00	740.00 - 800.00	500.00 - 600.00	250.00 - 300.00	60.00 - 80.00	100.00 - 140.00
Nikaweratiya	120.00 - 150.00	350.00 - 400.00	120.00 - 140.00	-	35.00 - 38.00	550.00 - 630.00	400.00 - 520.00	250.00 - 350.00	-	80.00 - 120.00
Dambulla	120.00 - 140.00	350.00 - 380.00	130.00 - 150.00	-	37.00 - 40.00	550.00 - 580.00	400.00 - 450.00	240.00 - 250.00	45.00 - 50.00	90.00 - 120.00
Anuradhapura	160.00 - 180.00	380.00 - 450.00	150.00 - 180.00	26.00 - 28.00	40.00 - 50.00	720.00 - 810.00	600.00 - 670.00	400.00 - 540.00	-	100.00 - 120.00
Thambuththegama	130.00 - 180.00	350.00 - 400.00	130.00 - 160.00	25.00 - 30.00	38.00 - 45.00	850.00 - 1000.00	700.00 - 825.00	575.00 - 650.00	-	65.00 - 90.00
Polonnaruwa	180.00 - 200.00	380.00 - 400.00	150.00 - 160.00	-	30.00 - 32.00	700.00 - 750.00	500.00 - 550.00	280.00 - 350.00	-	100.00 - 120.00
Kaluthara	200.00 - 210.00	400.00 - 410.00	180.00 - 200.00	26.00 - 28.00	30.00 - 32.00	-	800.00 - 850.00	-	-	100.00 - 120.00
Badulla	130.00 - 150.00	340.00 - 400.00	120.00 - 130.00	17.00 - 19.00	26.00 - 29.00	-	620.00 - 650.00	450.00 - 480.00	-	80.00 - 90.00
Keppetipola	140.00 - 150.00	340.00 - 360.00	130.00 - 140.00	24.00 - 26.00	40.00 - 44.00	-	530.00 - 550.00	420.00 - 440.00	35.00 - 38.00	65.00 - 80.00
Moneragala	120.00 - 140.00	300.00 - 350.00	60.00 - 80.00	13.00 - 18.00	17.00 - 22.00	-	540.00 - 570.00	450.00 - 480.00	-	100.00 - 120.00
Kegalle	120.00 - 150.00	400.00 - 450.00	140.00 - 150.00	20.00 - 25.00	22.00 - 25.00	650.00 - 700.00	500.00 - 550.00	350.00 - 400.00	-	80.00 - 100.00
Ampara	120.00 - 160.00	350.00 - 400.00	100.00 - 130.00	18.00 - 25.00	22.00 - 31.00	-	-	450.00 - 550.00	-	60.00 - 70.00
Dehiattakandiya	120.00 - 180.00	350.00 - 400.00	120.00 - 160.00	-	44.00 - 50.00	600.00 - 680.00	400.00 - 450.00	280.00 - 370.00	-	100.00 - 150.00
Nuwaraeliya	150.00 - 160.00	350.00 - 380.00	140.00 - 150.00	26.00 - 32.00	45.00 - 46.00	-	520.00 - 540.00	420.00 - 440.00	-	90.00 - 110.00
Kandy	170.00 - 180.00	350.00 - 400.00	150.00 - 180.00	25.00 - 26.00	35.00 - 40.00	700.00 - 750.00	450.00 - 480.00	250.00 - 300.00	50.00 - 60.00	100.00 - 150.00
Puttalam	140.00 - 160.00	350.00 - 440.00	140.00 - 160.00	16.00 - 18.00	-	-	-	250.00 - 350.00	-	70.00 - 85.00
Rathnapura	190.00 - 220.00	340.00 - 360.00	160.00 - 180.00	-	-	800.00 - 850.00	500.00 - 600.00	200.00 - 300.00	-	100.00 - 120.00
Hambantota	130.00 - 140.00	360.00 - 420.00	130.00 - 150.00	18.00 - 21.00	23.00 - 24.00	850.00 - 900.00	600.00 - 650.00	350.00 - 400.00	-	100.00 - 110.00
Matara	130.00 - 150.00	400.00 - 430.00	130.00 - 150.00	18.00 - 20.00	28.00 - 30.00	825.00 - 880.00	750.00 - 800.00	500.00 - 580.00	-	80.00 - 120.00
Galle	140.00 - 160.00	360.00 - 400.00	150.00 - 160.00	25.00 - 28.00	30.00 - 32.00	600.00 - 660.00	480.00 - 520.00	-	-	120.00 - 140.00
Tissamaharama	110.00 - 130.00	300.00 - 340.00	100.00 - 130.00	30.00 - 35.00	30.00 - 35.00	800.00 - 840.00	600.00 - 640.00	480.00 - 500.00	-	80.00 - 90.00
Meegoda (DEC)	150.00 - 160.00	370.00 - 400.00	140.00 - 160.00	30.00 - 40.00	40.00 - 50.00	-	400.00 - 420.00	-	-	60.00 - 70.00
Embilipitiya	120.00 - 150.00	320.00 - 380.00	120.00 - 150.00	20.00 - 30.00	25.00 - 35.00	-	400.00 - 500.00	300.00 - 350.00	40.00 - 50.00	80.00 - 110.00
Jaffna	110.00 - 140.00	420.00 - 480.00	110.00 - 130.00	-	-	980.00 - 1150.00	820.00 - 950.00	620.00 - 750.00	-	120.00 - 160.00
Vavuniya	140.00 - 160.00	350.00 - 380.00	160.00 - 180.00	26.00 - 29.00	-	1000.00 - 1150.00	850.00 - 900.00	650.00 - 750.00	-	100.00 - 130.00
Mannar	140.00 - 160.00	350.00 - 400.00	140.00 - 160.00	18.00 - 20.00	-	700.00 - 750.00	600.00 - 650.00	500.00 - 550.00	-	90.00 - 120.00
Killinochchi	140.00 - 160.00	350.00 - 400.00	140.00 - 150.00	20.00 - 22.00	-	930.00 - 950.00	780.00 - 820.00	580.00 - 620.00	40.00 - 50.00	80.00 - 100.00
Mullaittivu	150.00 - 160.00	300.00 - 350.00	150.00 - 180.00	28.00 - 30.00	-	750.00 - 840.00	650.00 - 715.00	500.00 - 580.00	-	100.00 - 120.00
Batticaloa	160.00 - 180.00	380.00 - 400.00	140.00 - 150.00	24.00 - 25.00	-	880.00 - 900.00	650.00 - 700.00	-	-	100.00 - 110.00
Trincomalee	140.00 - 160.00	360.00 - 390.00	130.00 - 150.00	-	30.00 - 31.00	-	520.00 - 550.00	440.00 - 460.00	33.00 - 35.00	113.00 - 123.00
Veyangoda	180.00 - 200.00	450.00 - 500.00	180.00 - 220.00	20.00 - 25.00	31.00 - 44.00	980.00 - 1020.00	550.00 - 600.00	450.00 - 450.00	-	70.00 - 125.00
Galenbindunuwewa	140.00 - 160.00	350.00 - 400.00	120.00 - 130.00	25.00 - 30.00	35.00 - 40.00	800.00 - 900.00	650.00 - 750.00	540.00 - 600.00	-	80.00 - 120.00
Bandarawela	140.00 - 160.00	350.00 - 400.00	120.00 - 140.00	20.00 - 22.00	26.00 - 28.00	-	540.00 - 600.00	420.00 - 460.00	-	100.00 - 120.00
Matale	120.00 - 160.00	300.00 - 350.00	140.00 - 160.00	25.00 - 28.00	30.00 - 40.00	580.00 - 600.00	460.00 - 480.00	300.00 - 350.00	40.00 - 50.00	80.00 - 90.00

**Table 08 (Contd.)**

LOCATIONS	Mango				Other Fruits							
	Vilad		Kohu		Papaw (Rs/Kg)	Passion	Wood Apple	Orange	Avocado	Slime Apple	Grapes (Rs/Kg)	King Coconut
Colombo	50.00 - 90.00	-	-	-	130.00 - 300.00	30.00 - 70.00	120.00 - 230.00	90.00 - 200.00	60.00 - 150.00	40.00 - 150.00	1700.00 - 2800.00	120.00 - 150.00
Gampaha	80.00 - 80.00	30.00 - 40.00	-	-	230.00 - 250.00	70.00 - 75.00	180.00 - 200.00	130.00 - 130.00	70.00 - 120.00	80.00 - 150.00	3000.00 - 3000.00	140.00 - 150.00
Kurunegala	60.00 - 70.00	50.00 - 60.00	-	-	140.00 - 150.00	50.00 - 50.00	100.00 - 120.00	100.00 - 120.00	120.00 - 130.00	70.00 - 80.00	2500.00 - 2800.00	120.00 - 130.00
Nikaweratiya	-	-	-	-	100.00 - 130.00	30.00 - 30.00	-	80.00 - 100.00	100.00 - 120.00	-	2800.00 - 3000.00	100.00 - 130.00
Dambulla	50.00 - 60.00	30.00 - 35.00	-	-	130.00 - 150.00	40.00 - 50.00	80.00 - 80.00	80.00 - 100.00	80.00 - 100.00	50.00 - 60.00	2500.00 - 2600.00	100.00 - 120.00
Anuradhapura	-	-	-	-	160.00 - 180.00	-	90.00 - 110.00	80.00 - 100.00	80.00 - 120.00	60.00 - 100.00	2500.00 - 3000.00	120.00 - 160.00
Thambuththegama	-	-	-	-	150.00 - 200.00	-	-	-	70.00 - 100.00	45.00 - 60.00	2400.00 - 2600.00	100.00 - 120.00
Polonnaruwa	-	-	-	-	150.00 - 180.00	50.00 - 60.00	-	-	100.00 - 120.00	-	2500.00 - 2650.00	130.00 - 140.00
Kaluthara	-	-	-	-	200.00 - 220.00	45.00 - 50.00	160.00 - 180.00	110.00 - 120.00	110.00 - 120.00	80.00 - 100.00	2800.00 - 3000.00	130.00 - 150.00
Badulla	50.00 - 60.00	20.00 - 25.00	-	-	140.00 - 160.00	30.00 - 35.00	-	75.00 - 100.00	60.00 - 80.00	45.00 - 60.00	2800.00 - 3000.00	120.00 - 130.00
Keppetipola	-	18.00 - 20.00	-	-	130.00 - 150.00	30.00 - 40.00	80.00 - 100.00	80.00 - 90.00	60.00 - 65.00	60.00 - 70.00	2800.00 - 3200.00	140.00 - 150.00
Moneragala	60.00 - 70.00	-	-	-	160.00 - 180.00	25.00 - 27.00	80.00 - 100.00	80.00 - 100.00	50.00 - 70.00	60.00 - 70.00	3300.00 - 3500.00	100.00 - 120.00
Kegalle	-	20.00 - 25.00	-	-	150.00 - 170.00	25.00 - 35.00	70.00 - 80.00	80.00 - 100.00	50.00 - 60.00	40.00 - 60.00	2500.00 - 2600.00	100.00 - 110.00
Ampara	41.00 - 41.00	-	-	-	160.00 - 170.00	-	-	-	50.00 - 60.00	-	2500.00 - 2500.00	120.00 - 140.00
Dehiattakandiya	80.00 - 100.00	-	-	-	160.00 - 200.00	-	-	80.00 - 80.00	80.00 - 160.00	50.00 - 60.00	2800.00 - 3500.00	120.00 - 150.00
Nuwaraeliya	35.00 - 40.00	22.00 - 25.00	-	-	140.00 - 150.00	30.00 - 40.00	110.00 - 120.00	90.00 - 100.00	70.00 - 80.00	60.00 - 70.00	3000.00 - 3200.00	130.00 - 140.00
Kandy	60.00 - 70.00	-	-	-	160.00 - 220.00	25.00 - 30.00	100.00 - 120.00	80.00 - 100.00	60.00 - 100.00	50.00 - 60.00	2000.00 - 2200.00	140.00 - 150.00
Puttalam	-	-	-	-	140.00 - 160.00	-	-	65.00 - 75.00	75.00 - 85.00	-	-	100.00 - 140.00
Hambantota	30.00 - 35.00	-	-	-	120.00 - 130.00	-	60.00 - 70.00	80.00 - 100.00	50.00 - 70.00	40.00 - 50.00	2500.00 - 2500.00	90.00 - 110.00
Rathnapura	50.00 - 60.00	-	-	-	140.00 - 160.00	-	60.00 - 70.00	80.00 - 100.00	-	50.00 - 60.00	2000.00 - 2500.00	-
Matara	-	-	-	-	130.00 - 140.00	28.00 - 30.00	100.00 - 110.00	100.00 - 120.00	50.00 - 65.00	35.00 - 45.00	2500.00 - 2500.00	100.00 - 120.00
Galle	60.00 - 70.00	35.00 - 45.00	-	-	140.00 - 200.00	50.00 - 60.00	100.00 - 110.00	100.00 - 120.00	60.00 - 100.00	60.00 - 80.00	2600.00 - 2800.00	100.00 - 110.00
Tissamaharama	-	25.00 - 30.00	-	-	120.00 - 140.00	30.00 - 35.00	65.00 - 70.00	60.00 - 70.00	70.00 - 80.00	25.00 - 30.00	2750.00 - 2800.00	90.00 - 100.00
Meegoda (DEC)	-	-	-	-	160.00 - 165.00	35.00 - 45.00	-	160.00 - 180.00	50.00 - 80.00	50.00 - 60.00	2600.00 - 2600.00	120.00 - 130.00
Embilipitiya	40.00 - 60.00	20.00 - 30.00	-	-	140.00 - 160.00	30.00 - 50.00	80.00 - 100.00	80.00 - 100.00	60.00 - 100.00	30.00 - 35.00	2250.00 - 2500.00	90.00 - 120.00
Jaffna	80.00 - 100.00	-	-	-	120.00 - 200.00	-	-	110.00 - 120.00	-	-	2800.00 - 3200.00	120.00 - 150.00
Vavuniya	-	-	-	-	170.00 - 180.00	35.00 - 45.00	120.00 - 130.00	100.00 - 120.00	90.00 - 100.00	-	2950.00 - 3100.00	100.00 - 130.00
Mannar	50.00 - 70.00	-	-	-	130.00 - 150.00	25.00 - 30.00	-	110.00 - 140.00	80.00 - 100.00	-	2600.00 - 3000.00	140.00 - 160.00
Killinochchi	40.00 - 50.00	-	-	-	120.00 - 140.00	40.00 - 50.00	100.00 - 120.00	-	80.00 - 90.00	-	2800.00 - 2900.00	150.00 - 160.00
Mullaittivu	35.00 - 40.00	-	-	-	120.00 - 150.00	40.00 - 45.00	-	-	-	-	-	120.00 - 150.00
Batticaloa	-	-	-	-	170.00 - 200.00	45.00 - 50.00	95.00 - 100.00	75.00 - 80.00	90.00 - 100.00	-	2400.00 - 2500.00	150.00 - 150.00
Trincomalee	50.00 - 54.00	24.00 - 26.00	-	-	160.00 - 200.00	60.00 - 65.00	74.00 - 80.00	-	133.00 - 140.00	-	2700.00 - 2800.00	120.00 - 130.00
Veyangoda	-	-	-	-	180.00 - 230.00	35.00 - 40.00	88.00 - 130.00	100.00 - 120.00	80.00 - 120.00	50.00 - 80.00	2500.00 - 2800.00	100.00 - 130.00
Galenbindunuwewa	-	-	-	-	150.00 - 160.00	-	-	-	60.00 - 120.00	-	2500.00 - 2600.00	120.00 - 140.00
Bandarawela	60.00 - 70.00	25.00 - 30.00	-	-	140.00 - 160.00	30.00 - 40.00	-	100.00 - 120.00	60.00 - 80.00	60.00 - 70.00	2600.00 - 2800.00	120.00 - 140.00
Matale	40.00 - 50.00	30.00 - 40.00	-	-	140.00 - 160.00	25.00 - 35.00	-	90.00 - 120.00	90.00 - 100.00	50.00 - 60.00	2800.00 - 3000.00	120.00 - 130.00

**Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/Kg & Rs/Egg)**

Week 26: 23 - 29 June 2023

Locations	Sea Fish					
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw
Colombo	350.00 – 600.00	900.00 – 1000.00	1000.00 – 1200.00	1680.00 – 1850.00	2300.00 – 3000.00	1380.00 – 1640.00
Kandy	550.00 – 600.00	1050.00 – 1100.00	1100.00 – 1350.00	1650.00 – 1900.00	2500.00 – 2600.00	1500.00 – 1600.00
Kaluthara	460.00 – 480.00	-	1100.00 – 1200.00	1400.00 – 1450.00	-	1400.00 – 1500.00
Puttalam	650.00 – 700.00	950.00 – 1100.00	1000.00 – 1150.00	1800.00 – 2000.00	-	1400.00 – 1600.00
Matara	550.00 – 600.00	900.00 – 1000.00	1350.00 – 1400.00	1900.00 – 1950.00	-	-
Hambantota	550.00 – 600.00	-	1000.00 – 1200.00	-	-	-
Galle	-	-	1000.00 – 1200.00	1400.00 – 1600.00	1500.00 – 1600.00	-
Batticaloa	550.00 – 650.00	1300.00 – 1400.00	1100.00 – 1200.00	1600.00 – 1700.00	1900.00 – 2000.00	1450.00 – 1500.00
Trincomalee	500.00 – 540.00	770.00 – 820.00	1100.00 – 1190.00	2200.00 – 2300.00	2440.00 – 2480.00	1650.00 – 1700.00
Mannar	380.00 – 400.00	-	-	-	-	1300.00 – 1350.00

Locations	Sea Fish				Eggs	
	Mora	Shrimps	Thalapath	Teppeli	Brown	White
Colombo	1250.00 – 1350.00	1600.00 – 1750.00	1800.00 – 2600.00	-	54.00 – 54.00	50.00 – 55.00
Kandy	1400.00 – 1450.00	1650.00 – 1750.00	2400.00 – 2500.00	-	51.00 – 52.00	55.00 – 56.00
Kaluthara	-	1650.00 – 1750.00	2450.00 – 2500.00	-	-	-
Puttalam	1650.00 – 1900.00	1000.00 – 1300.00	2250.00 – 2500.00	-	46.00 – 50.00	46.00 – 49.00
Matara	-	1600.00 – 1650.00	2300.00 – 2350.00	-	-	-
Hambantota	-	1600.00 – 1650.00	-	-	-	-
Galle	-	-	2000.00 – 2200.00	-	52.00 – 54.00	50.00 – 52.00
Batticaloa	1400.00 – 1500.00	1400.00 – 1500.00	2100.00 – 2200.00	-	54.00 – 55.00	54.00 – 55.00
Trincomalee	1950.00 – 2000.00	1550.00 – 1600.00	-	-	48.00 – 50.00	45.00 – 48.00
Mannar	-	1400.00 – 1500.00	-	-	-	53.00 – 54.00

**Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50Kg)**

Week 26: 23 - 29 June 2023

Locations	Local Dried Fish					
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa
Colombo	92500 – 96000	-	-	88000 – 100000	80000 – 87500	-
Kandy	85000 – 90000	-	-	92500 – 93000	84000 – 85000	-
Batticaloa	47000 – 50000	94500 – 100000	-	105000 – 110000	50000 – 55000	-
Trincomalee	44000 – 45000	-	-	-	71500 – 74000	84000 – 86500
Mannar	49000 – 50000	105000 – 110000	-	92500 – 95000	50000 – 55000	47500 – 50000

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	65000 – 71000	-	39000 – 45000	40000 – 47500	80000 – 85000	-
Kandy	70000 – 72000	-	42500 – 43000	45000 – 47500	85000 – 87000	-
Batticaloa	73500 – 78500	-	40000 – 42500	-	-	-
Trincomalee	-	-	37500 – 39500	40000 – 42500	86500 – 87500	-
Mannar	55000 – 60000	-	42500 – 45000	52500 – 55000	-	-

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	-	-	75000 – 81000	-	-	-
Kandy	-	-	-	-	-	-
Batticaloa	-	-	-	-	-	-
Trincomalee	-	-	-	-	-	-
Mannar	-	-	-	-	-	-

**Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/Kg & Rs/Eggs)**

Week 26: 23 - 29 June 2023

LOCATIONS	Sea Fish									Eggs									
	Salaya		Hurulla		Balaya		Kelawalla		Thora		Paraw		Mora		Thalapath		Brown		White
Colombo	500.00 - 900.00	1000.00 - 1380.00	1500.00 - 2000.00	2200.00 - 3200.00	3200.00 - 4000.00	2000.00 - 3200.00	-	2900.00 - 3600.00	56.00 - 56.00	53.00 - 55.00									
Gampaha	800.00 - 800.00	-	-	2200.00 - 2200.00	-	-	-	3000.00 - 3000.00	-	50.00 - 55.00									
Kurunegala	700.00 - 760.00	1200.00 - 1300.00	1800.00 - 1900.00	2100.00 - 2200.00	-	1700.00 - 1800.00	1800.00 - 1800.00	2600.00 - 2700.00	55.00 - 55.00	50.00 - 50.00									
Nikaweratiya	800.00 - 800.00	1100.00 - 1200.00	1400.00 - 1500.00	2200.00 - 2200.00	-	2300.00 - 2300.00	-	-	-	55.00 - 55.00									
Dambulla	700.00 - 800.00	1200.00 - 1300.00	1300.00 - 1400.00	2400.00 - 2500.00	2800.00 - 3000.00	2000.00 - 2200.00	2000.00 - 2200.00	2500.00 - 2600.00	57.00 - 58.00	55.00 - 57.00									
Anuradhapura	650.00 - 700.00	1250.00 - 1300.00	1300.00 - 1400.00	2200.00 - 2400.00	3000.00 - 3000.00	1750.00 - 1800.00	-	2600.00 - 2700.00	-	55.00 - 56.00									
Thambuththegama	600.00 - 700.00	-	1200.00 - 1400.00	2800.00 - 3000.00	-	2800.00 - 2800.00	-	3000.00 - 3200.00	-	48.00 - 58.00									
Polonnaruwa	700.00 - 800.00	1300.00 - 1300.00	1800.00 - 1800.00	2350.00 - 2400.00	-	-	1800.00 - 1800.00	-	-	55.00 - 60.00									
Kaluthara	560.00 - 580.00	-	1300.00 - 1400.00	1950.00 - 2200.00	-	2500.00 - 2600.00	-	3000.00 - 3100.00	-	54.00 - 55.00									
Badulla	700.00 - 760.00	1100.00 - 1200.00	1700.00 - 1800.00	2000.00 - 2200.00	-	1700.00 - 1800.00	1800.00 - 1800.00	2600.00 - 2800.00	-	55.00 - 55.00									
Keppetipola	-	-	1600.00 - 1700.00	2400.00 - 2500.00	-	2000.00 - 2100.00	1600.00 - 1700.00	2600.00 - 2700.00	58.00 - 60.00	57.00 - 58.00									
Moneragala	750.00 - 800.00	1200.00 - 1300.00	1200.00 - 1300.00	2700.00 - 2800.00	-	-	-	3000.00 - 3200.00	-	54.00 - 56.00									
Kegalle	700.00 - 750.00	1100.00 - 1200.00	1950.00 - 2000.00	2200.00 - 2250.00	-	2000.00 - 2100.00	2000.00 - 2050.00	3000.00 - 3100.00	55.00 - 58.00	53.00 - 55.00									
Ampara	700.00 - 800.00	-	1600.00 - 2400.00	-	-	-	-	2800.00 - 3000.00	56.00 - 56.00	55.00 - 58.00									
Dehiattakandiya	700.00 - 700.00	-	1800.00 - 1800.00	-	-	-	-	-	55.00 - 55.00	55.00 - 60.00									
Nuwaraeliya	-	1200.00 - 1300.00	1600.00 - 1700.00	2300.00 - 2400.00	-	2300.00 - 2400.00	1900.00 - 2000.00	2600.00 - 2700.00	58.00 - 62.00	56.00 - 60.00									
Kandy	680.00 - 720.00	1180.00 - 1200.00	1450.00 - 1600.00	2600.00 - 2760.00	3000.00 - 3250.00	1800.00 - 1900.00	1700.00 - 1800.00	2700.00 - 2800.00	53.00 - 54.00	56.00 - 57.00									
Puttalam	600.00 - 700.00	1100.00 - 1250.00	1200.00 - 1350.00	2000.00 - 2200.00	-	1600.00 - 1800.00	1800.00 - 2000.00	2500.00 - 2700.00	48.00 - 51.00	46.00 - 50.00									
Hambantota	700.00 - 750.00	-	1800.00 - 1900.00	-	-	-	-	-	-	52.00 - 53.00									
Rathnapura	650.00 - 720.00	-	1500.00 - 1600.00	2700.00 - 2800.00	3400.00 - 3600.00	1700.00 - 1800.00	1720.00 - 1800.00	2900.00 - 3000.00	-	45.00 - 45.00									
Matara	700.00 - 750.00	1160.00 - 1200.00	1850.00 - 2000.00	2400.00 - 2500.00	-	-	-	2800.00 - 2800.00	-	51.00 - 53.00									
Galle	600.00 - 700.00	1000.00 - 1200.00	1400.00 - 1600.00	2400.00 - 2600.00	-	-	-	2600.00 - 2800.00	53.00 - 55.00	50.00 - 53.00									
Tissamaharama	700.00 - 700.00	900.00 - 900.00	1250.00 - 1300.00	-	-	-	-	-	-	52.00 - 54.00									
Meegoda	600.00 - 760.00	-	1300.00 - 1300.00	2600.00 - 2800.00	-	-	-	3600.00 - 3600.00	-	51.00 - 53.00									
Embilipitiya	850.00 - 900.00	1100.00 - 1200.00	1800.00 - 2000.00	2400.00 - 2600.00	-	-	1800.00 - 1900.00	-	54.00 - 55.00	44.00 - 55.00									
Jaffna	400.00 - 450.00	800.00 - 820.00	1000.00 - 1100.00	1900.00 - 2000.00	-	1600.00 - 1800.00	2200.00 - 2400.00	-	55.00 - 56.00	54.00 - 55.00									
Vavuniya	800.00 - 850.00	1200.00 - 1300.00	1400.00 - 1500.00	2400.00 - 2500.00	3000.00 - 3150.00	1600.00 - 1750.00	2800.00 - 2950.00	2400.00 - 2550.00	52.00 - 56.00	50.00 - 54.00									
Mannar	450.00 - 500.00	-	-	-	-	1500.00 - 1600.00	-	-	57.00 - 58.00	55.00 - 56.00									
Killinochchi	600.00 - 650.00	-	1200.00 - 1300.00	-	-	1500.00 - 1600.00	2800.00 - 2850.00	-	-	54.00 - 55.00									
Mullaittivu	600.00 - 700.00	-	1200.00 - 1400.00	-	-	1600.00 - 1700.00	1600.00 - 1800.00	-	-	54.00 - 55.00									
Batticaloa	700.00 - 800.00	1500.00 - 1600.00	1900.00 - 2000.00	2300.00 - 2400.00	2700.00 - 2800.00	2300.00 - 2400.00	2200.00 - 2400.00	2700.00 - 2800.00	56.00 - 57.00	56.00 - 57.00									
Trincomalee	570.00 - 600.00	870.00 - 900.00	1250.00 - 1300.00	2400.00 - 2500.00	2570.00 - 2600.00	1780.00 - 1800.00	2100.00 - 2200.00	-	58.00 - 60.00	56.00 - 58.00									
Veyangoda	800.00 - 800.00	1400.00 - 1400.00	2000.00 - 2000.00	2500.00 - 2500.00	3000.00 - 3000.00	-	2400.00 - 2400.00	3000.00 - 3000.00	-	44.00 - 55.00									
Galenbindunuwewa	700.00 - 700.00	1300.00 - 1300.00	1200.00 - 1200.00	2600.00 - 2600.00	3400.00 - 3400.00	1800.00 - 1800.00	2200.00 - 2200.00	2400.00 - 2400.00	-	55.00 - 57.00									
Bandarawela	650.00 - 700.00	1100.00 - 1200.00	1400.00 - 1500.00	2000.00 - 2200.00	-	1600.00 - 1700.00	1700.00 - 1800.00	2400.00 - 2500.00	-	54.00 - 56.00									
Matale	800.00 - 840.00	1300.00 - 1380.00	1900.00 - 2100.00	2600.00 - 2700.00	2800.00 - 3000.00	1800.00 - 2000.00	1600.00 - 1700.00	2700.00 - 2800.00	56.00 - 57.00	55.00 - 56.00									

**Table 12: Selected Markets: Retail Price of Dried Fish (Rs/Kg)**

Week 26: 23 - 29 June 2023

LOCATIONS	Dried Fish													
	Sprats-Imported		Kattawa		Thora		Mora		Balaya		Anguluwa		Salaya	
Colombo	1000.00	1400.00	2000.00	2800.00	-	-	2100.00	2700.00	1700.00	2200.00	2000.00	2600.00	1000.00	1400.00
Gampaha	1000.00	1400.00	2600.00	2700.00	3800.00	3800.00	2800.00	2800.00	1800.00	1800.00	2000.00	2000.00	1000.00	1200.00
Kurunegala	1100.00	1200.00	2200.00	2400.00	-	-	2300.00	2400.00	1800.00	1900.00	-	-	1200.00	1400.00
Nikaweratiya	1100.00	1200.00	2400.00	2400.00	-	-	2000.00	2400.00	1800.00	1800.00	2200.00	2200.00	1200.00	1200.00
Dambulla	1100.00	1200.00	2500.00	2600.00	-	-	2400.00	2500.00	1700.00	1800.00	2200.00	2400.00	-	-
Anuradhapura	1200.00	1400.00	2400.00	2800.00	-	-	2400.00	2800.00	1600.00	2000.00	2000.00	2400.00	1000.00	1400.00
Thambuththegama	1200.00	1300.00	-	-	-	-	-	-	1900.00	1900.00	1850.00	1850.00	1200.00	1200.00
Polonnaruwa	1100.00	1200.00	2200.00	2200.00	-	-	2300.00	2350.00	1400.00	1500.00	-	-	1100.00	1200.00
Kaluthara	1200.00	1400.00	2500.00	2600.00	-	-	2500.00	2600.00	1900.00	2000.00	-	-	1200.00	1300.00
Badulla	1100.00	1300.00	2400.00	2500.00	-	-	2200.00	2300.00	1600.00	1800.00	-	-	1100.00	1200.00
Keppetipola	1100.00	1160.00	2300.00	2400.00	-	-	2300.00	2300.00	1400.00	1500.00	2250.00	2280.00	1300.00	1350.00
Moneragala	1200.00	1400.00	2200.00	2600.00	-	-	2200.00	2600.00	1600.00	1800.00	2000.00	2600.00	1000.00	1200.00
Kegalle	1000.00	1100.00	2100.00	2250.00	-	-	2000.00	2200.00	1400.00	1700.00	-	-	-	-
Ampara	1000.00	1180.00	2000.00	2800.00	-	-	2300.00	2300.00	1760.00	2200.00	1400.00	1600.00	1150.00	1200.00
Dehiattakandiya	1200.00	1400.00	2800.00	2800.00	-	-	2200.00	2200.00	1700.00	1800.00	1600.00	1800.00	1300.00	1400.00
Nuwaraeliya	1100.00	1200.00	2450.00	2480.00	-	-	2380.00	2450.00	1350.00	1400.00	2380.00	2400.00	1250.00	1280.00
Kandy	1100.00	1400.00	2700.00	2800.00	-	-	2400.00	2600.00	1800.00	2000.00	2600.00	2700.00	1200.00	1300.00
Puttalam	1000.00	1150.00	2250.00	2400.00	-	-	2000.00	2250.00	1600.00	1800.00	1300.00	1500.00	900.00	1000.00
Hambantota	1150.00	1200.00	2200.00	2400.00	-	-	-	-	1700.00	1900.00	2200.00	2300.00	-	-
Rathnapura	1120.00	1200.00	2260.00	2400.00	-	-	2200.00	2300.00	1500.00	1600.00	2160.00	2200.00	1120.00	1260.00
Matara	1000.00	1200.00	2300.00	2400.00	-	-	-	-	1600.00	2000.00	2200.00	2300.00	-	-
Galle	1200.00	1400.00	2350.00	2500.00	-	-	2200.00	2600.00	1600.00	1800.00	1800.00	2200.00	1000.00	1100.00
Tissamaharama	1000.00	1200.00	-	-	-	-	-	-	1800.00	2300.00	-	-	-	-
Meegoda	1000.00	1100.00	2500.00	2600.00	-	-	2350.00	2400.00	2100.00	2150.00	-	-	-	-
Embilipitiya	1000.00	1300.00	2250.00	2400.00	-	-	2200.00	2400.00	1700.00	2200.00	2250.00	2450.00	1400.00	1500.00
Jaffna	1100.00	1200.00	2500.00	2800.00	-	-	-	-	-	-	-	-	-	-
Vavuniya	1000.00	1100.00	2000.00	2100.00	-	-	2500.00	2550.00	1600.00	1700.00	1400.00	1500.00	1200.00	1280.00
Mannar	1200.00	1300.00	2400.00	2500.00	-	-	2000.00	2200.00	1300.00	1500.00	1100.00	1200.00	1000.00	1100.00
Killinochchi	1000.00	1200.00	2400.00	2500.00	-	-	2600.00	2800.00	1100.00	1200.00	1200.00	1400.00	1000.00	1200.00
Mullaittivu	1300.00	1400.00	2400.00	2500.00	-	-	2200.00	2400.00	1300.00	1500.00	1100.00	1200.00	900.00	1000.00
Batticaloa	1100.00	1200.00	2000.00	2200.00	-	-	2300.00	2400.00	1200.00	1300.00	-	-	900.00	1000.00
Trincomalee	1200.00	1250.00	1900.00	2000.00	-	-	1900.00	2000.00	1500.00	1600.00	1800.00	1900.00	900.00	950.00
Veyangoda	1000.00	1200.00	2000.00	2300.00	-	-	2200.00	2400.00	1400.00	1800.00	2000.00	2200.00	1040.00	1200.00
Galenbindunuwewa	1200.00	1200.00	2400.00	2600.00	-	-	2200.00	2600.00	1800.00	2200.00	2200.00	2600.00	1200.00	1400.00
Bandarawela	1200.00	1400.00	2200.00	2400.00	-	-	2000.00	2200.00	1500.00	1600.00	-	-	1000.00	1200.00
Matale	1300.00	1400.00	2600.00	2700.00	3800.00	3900.00	2300.00	2400.00	1900.00	2100.00	2200.00	2300.00	1000.00	1100.00



**Table 13: Selected Markets: Retail Price of Meat (Rs/Kg)**

Week 26: 23 - 29 June 2023

LOCATIONS	Meat	Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork
Colombo	2200.00 - 2500.00	1420.00 - 1520.00	1450.00 - 1600.00	3000.00 - 3300.00	1600.00 - 1800.00
Gampaha	2200.00 - 2200.00	1480.00 - 1500.00	1700.00 - 1700.00	3000.00 - 3000.00	1600.00 - 1600.00
Kurunegala	1900.00 - 2000.00	1500.00 - 1560.00	-	2700.00 - 2700.00	1500.00 - 1600.00
Nikaweratiya	2200.00 - 2200.00	1500.00 - 1550.00	-	-	-
Dambulla	-	1500.00 - 1580.00	-	-	1700.00 - 1800.00
Anuradhapura	2000.00 - 2000.00	1500.00 - 1550.00	-	3200.00 - 3400.00	1500.00 - 1600.00
Thambuththegama	2000.00 - 2300.00	1340.00 - 1390.00	-	-	1600.00 - 1700.00
Polonnaruwa	-	1380.00 - 1480.00	1550.00 - 1550.00	-	1800.00 - 1800.00
Kaluthara	2300.00 - 2400.00	1500.00 - 1580.00	1600.00 - 1620.00	-	1800.00 - 2000.00
Badulla	1800.00 - 2000.00	1650.00 - 1700.00	-	2800.00 - 3000.00	-
Keppetipola	2000.00 - 2100.00	1600.00 - 1650.00	1700.00 - 1740.00	2900.00 - 3000.00	-
Moneragala	2000.00 - 2000.00	1650.00 - 1750.00	-	2600.00 - 2800.00	1500.00 - 1600.00
Kegalle	2200.00 - 2200.00	1350.00 - 1590.00	-	2800.00 - 2850.00	1800.00 - 1850.00
Ampara	2000.00 - 2000.00	-	1400.00 - 1400.00	-	1500.00 - 1600.00
Dehiattakandiya	2200.00 - 2200.00	1350.00 - 1450.00	-	-	1500.00 - 1550.00
Nuwaraeliya	2000.00 - 2200.00	1640.00 - 1700.00	1700.00 - 1750.00	3000.00 - 3200.00	1900.00 - 2000.00
Kandy	2200.00 - 2200.00	1380.00 - 1400.00	1450.00 - 1480.00	3000.00 - 3000.00	1700.00 - 1750.00
Puttalam	2200.00 - 2300.00	1350.00 - 1450.00	-	3000.00 - 3200.00	-
Hambantota	-	1500.00 - 1530.00	-	-	-
Rathnapura	2100.00 - 2200.00	1420.00 - 1500.00	1600.00 - 1650.00	2900.00 - 3000.00	1500.00 - 1550.00
Matara	-	1510.00 - 1550.00	-	-	-
Galle	2200.00 - 2200.00	1470.00 - 1550.00	1600.00 - 1600.00	3200.00 - 3300.00	-
Tissamaharama	-	1400.00 - 1450.00	-	2800.00 - 2800.00	1800.00 - 1850.00
Meegoda	-	1400.00 - 1450.00	1600.00 - 1650.00	-	1500.00 - 1550.00
Embilipitiya	2000.00 - 2100.00	1350.00 - 1450.00	-	2800.00 - 2900.00	1600.00 - 1800.00
Jaffna	1700.00 - 2000.00	1600.00 - 1700.00	1700.00 - 1800.00	3200.00 - 3500.00	-
Vavuniya	2000.00 - 2150.00	1800.00 - 1900.00	-	2900.00 - 3000.00	-
Mannar	1800.00 - 1900.00	1700.00 - 1800.00	-	-	-
Killinochchi	1900.00 - 1950.00	1700.00 - 1750.00	1800.00 - 1850.00	3000.00 - 3200.00	-
Mullaittivu	1700.00 - 1800.00	1800.00 - 1900.00	-	-	-
Batticaloa	1700.00 - 1800.00	1800.00 - 1900.00	1700.00 - 1800.00	-	-
Trincomalee	1850.00 - 1870.00	1370.00 - 1400.00	1700.00 - 1750.00	3550.00 - 3600.00	-
Veyangoda	2200.00 - 2200.00	1400.00 - 1430.00	-	2800.00 - 3000.00	1600.00 - 1600.00
Galenbindunuwewa	2000.00 - 2000.00	1430.00 - 1430.00	-	-	-
Bandarawela	2000.00 - 2200.00	1600.00 - 1650.00	-	3000.00 - 3200.00	-
Matale	2100.00 - 2200.00	1530.00 - 1580.00	-	2700.00 - 2800.00	1600.00 - 1700.00

**Table 14: Colombo: Wholesale Prices (Rs/Kg or Rs/Pieces)**

Week 26: 23 - 29 June 2023

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
<b><u>Rice</u></b>													
<b>Local</b>													
Samba 1	195.00 - 205.00	201.00	203.89		-1.42		Large	95.00 - 100.00	96.25	98.33	75.60	-2.12	27.31
Samba 2	190.00 - 200.00	194.00	195.00	241.60	-0.51	-19.70	Small	75.00 - 80.00	78.75	81.67	66.50	-3.57	18.42
Keeri Samba	255.00 - 265.00	257.60	257.80	257.67	-0.08	-0.03	<b><u>Fruits (Rs/Fruit)</u></b>						
Nadu 1	175.00 - 180.00	177.30	178.30		-0.56		<b>Plantain</b>						
Nadu 2	165.00 - 175.00	169.50	172.50		-1.74		Ambul (Rs/Kg)	100.00 - 130.00	116.67	104.17	68.46	12.00	70.41
Raw (Red)	135.00 - 145.00	138.50	135.50	254.00	2.21	-45.47	Kolikuttu (Rs/Kg)	300.00 - 380.00	338.46	326.15	158.33	3.77	113.77
Raw (White)	150.00 - 165.00	156.50	158.50	238.89	-1.26	-34.49	Seeni (Rs/Kg)	80.00 - 120.00	100.00	98.57	74.62	1.45	34.02
<b>Imported</b>													
Samba	200.00 - 215.00	208.33	208.43	211.80	-0.05	-1.64	Anamalu	18.00 - 22.00	20.33	20.00	11.50	1.67	76.81
Nadu				214.00			Ambun	22.00 - 28.00	25.85	25.50	14.75	1.36	75.23
Raw (Red)							Papaw(Rs/Kg)	80.00 - 130.00	106.92	104.29	135.38	2.53	-21.02
Raw (White)	180.00 - 190.00	184.00	183.75	190.00	0.14	-3.16	Passion Fruit	25.00 - 32.00	28.83	28.23	29.67	2.13	-2.81
<b><u>Dried Chillies</u></b>													
Imported	900.00 - 1150.00	964.50	951.00	1742.50	1.42	-44.65	Pineapple Large	680.00 - 950.00	798.89	547.00	432.22	46.05	84.83
<b><u>Onion</u></b>													
Sinnan							Pineapple Medium	580.00 - 800.00	676.67	441.11	341.11	53.40	98.37
Vedalan	400.00 - 500.00	450.00	426.67		5.47		Pineapple Small	480.00 - 600.00	532.22	341.11	282.00	56.03	88.73
Imported	260.00 - 400.00	351.11	335.00	286.00	4.81	22.77	<b>Mango</b>						
<b><u>Big Onion</u></b>													
Imported	90.00 - 100.00	95.30	100.00	160.00	-4.70	-40.44	Betti	22.00 - 28.00	24.44	24.40	32.00	0.18	-23.61
<b>Local</b>													
<b><u>Potato</u></b>													
Welimada							Karthakolomban	50.00 - 90.00	71.67	65.71	78.57	9.06	-8.79
N'Eliya	290.00 - 320.00	305.00	275.00	320.00	10.91	-4.69	Vilad	48.00 - 52.00	50.75	50.11	50.83	1.27	-0.16
Imported	175.00 - 250.00	203.50	181.00	248.50	12.43	-18.11	Kohu				20.40		
<b><u>Pulses</u></b>													
Green Gram	850.00 - 950.00	886.00	965.00	836.00	-8.19	5.98	<b><u>Other</u></b>						
Cowpea (White)	620.00 - 675.00	636.00	665.50	643.33	-4.43	-1.14	Wood Apple	100.00 - 110.00	104.29	94.44	52.46	10.42	98.79
Cowpea (Red)	700.00 - 775.00	731.00	749.00	553.00	-2.40	32.19	Orange	70.00 - 100.00	84.55	88.00	56.67	-3.93	49.20
Red Dhal	250.00 - 260.00	251.00	269.50	584.00	-6.86	-57.02	Avocado	50.00 - 90.00	69.29	65.71	62.31	5.43	11.20
<b><u>Vegetable</u></b>													
Beans (Butter)							Slime Apple	20.00 - 28.00	24.20	20.90	33.33	15.79	-27.40
Beans(Green)	400.00 - 500.00	445.00	412.00	433.00	8.01	2.77	Grapes (Imp., Rs/Kg)	1400.00 - 1900.00	1650.00	1850.00		-10.81	
Carrot	350.00 - 400.00	386.00	288.00	218.00	34.03	77.06	King Coconut	80.00 - 120.00	95.45	97.00	113.33	-1.59	-15.78
Leeks	200.00 - 260.00	233.00	190.00	147.00	22.63	58.50	<b><u>Sea Fish</u></b>						
Beetroot	280.00 - 400.00	338.33	354.17	212.14	-4.47	59.48	Salaya	350.00 - 600.00	468.00	515.00	718.00	-9.13	-34.82
Knolkhol	150.00 - 180.00	163.00	175.00	129.00	-6.86	26.36	Hurulla	900.00 - 1000.00	952.00	955.00	1011.25	-0.31	-5.86
Raddish	100.00 - 140.00	124.00	127.00	112.00	-2.36	10.71	Balaya	1000.00 - 1200.00	1103.00	1145.00	701.11	-3.67	57.32
Cabbage	140.00 - 180.00	159.00	147.00	214.00	8.16	-25.70	Kelawalla	1680.00 - 1850.00	1748.00	1637.00	1328.75	6.78	31.55
Tomato	150.00 - 250.00	187.00	190.00	394.00	-1.58	-52.54	Thora	2300.00 - 3000.00	2670.00	2260.00	2442.22	18.14	9.33
Ladies Fingers	150.00 - 180.00	170.00	162.00	247.00	4.94	-31.17	Paraw	1380.00 - 1640.00	1502.00	1498.00	1200.00	0.27	25.17
Brinjal	180.00 - 200.00	192.00	178.00	288.00	7.87	-33.33	Mora	1250.00 - 1350.00	1296.00	1406.67		-7.87	
Capsicum	280.00 - 350.00	304.00	281.00	379.00	8.19	-19.79	Shrimps	1600.00 - 1750.00	1672.00	1653.00	1203.75	1.15	38.90
Pumpkin	80.00 - 100.00	91.00	88.00	198.00	3.41	-54.04	Thalapat	1800.00 - 2600.00	2200.00	2000.00	1760.00	10.00	25.00
Cucumber	80.00 - 120.00	98.00	106.00	86.00	-7.55	13.95	<b><u>Eggs</u></b>						
Bitter Gourd	300.00 - 400.00	345.00	420.00	372.00	-17.86	-7.26	Brown	54.00 - 54.00	54.00		41.90		28.88
Snake Gourd	220.00 - 280.00	251.00	220.00	238.00	14.09	5.46	White	50.00 - 55.00	52.75	51.50	39.90	2.43	32.21
Drumstick	300.00 - 750.00	529.17	608.33	235.56	-13.01	124.65	<b><u>Dried Fish</u></b>						
Luffa	150.00 - 170.00	158.00	147.00	142.00	7.48	11.27	Sprats	1850.00 - 1920.00	1904.55	1842.22	2123.33	3.38	-10.30
Long Beans	280.00 - 320.00	300.00	298.00	226.00	0.67	32.74	Sprats (Imported)	800.00 - 950.00	880.00	918.33	1383.75	-4.17	-36.40
Ash Plantain	150.00 - 160.00	155.00	149.00	96.00	4.03	61.46	Kattawa	-	-	-	-	-	-
Green Chillies	650.00 - 750.00	700.00	575.00	427.00	21.74	63.93	Kattawa (Imported)	1600.00 - 1700.00	1663.00	1661.00	2210.00	0.12	-24.75
Lime	250.00 - 300.00	286.36	281.00	319.00	1.91	-10.23	Thora	-	-	-	-	-	-
<b><u>Root Crops</u></b>													
Sweet Potato	80.00 - 120.00	100.00	86.00	123.00	16.28	-18.70	Thora (Imported)	-	-	-	-	-	-
Manioc	150.00 - 180.00	164.00	158.00	67.00	3.80	144.78	Mora	1760.00 - 2000.00	1864.00	1871.25	2385.00	-0.39	-21.84
<b><u>Leafy Vegetable</u></b>													
Mukunuwenna	40.00 - 50.00	45.00	45.00	43.00	0.00	4.65	Mora (Imported)	-	-	-	-	-	-
Kankun	40.00 - 50.00	45.00	45.00	43.00	0.00	4.65	Balaya	1600.00 - 1750.00	1685.00	1692.00	1724.44	-0.41	-2.29
Gotukola (Rs/Kg)	280.00 - 300.00	290.00	290.00	174.00	0.00	66.67	Balaya (Imported)	-	-	-	-	-	-
							Anguluwa	-	-	-	-	-	-
							Anguluwa (Imported)	1500.00 - 1620.00	1581.25	1592.86	1878.57	-0.73	-15.83
							Maduwa	1300.00 - 1420.00	1365.00	1445.00		-5.54	
							Maduwa (Imported)	-	-	-	-	-	-
							Koduwa	-	-	-	-	-	-
							Koduwa (Imported)	-	-	-	-	-	-
							Salaya	780.00 - 900.00	822.00	869.00	1250.00	-5.41	-34.24
							Salaya (Imported)	-	-	-	-	-	-

This Week: Week 26: 23 - 29 June 2023  
 Last Week: Week 25: 16 - 22 June 2023

**Table 15: Colombo &Suburbs: Retail Prices (Rs/Kg or Rs/Piece)**

Week 26: 23 - 29 June 2023

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week	Last Year (%)			This Week	Last Week	Last Year	Last Week	Last Year (%)
<b>Rice</b>							<b>Coconut</b>						
<b>Local</b>							<b>Large</b>						
Samba 1	220.00 - 240.00	229.26	230.33	278.57	-1.07	-17.70	105.00 - 120.00	111.45	113.33	94.19	-1.88	18.33	
Samba 2	210.00 - 230.00	217.69	218.97	266.67	-1.27	-18.37	90.00 - 100.00	93.00	93.51	76.22	-0.51	22.02	
Keeri Samba	260.00 - 280.00	264.52	263.85	288.46	0.67	-8.30	<b>Fruits (Rs/Fruit)</b>						
Nadu 1	210.00 - 220.00	218.00	217.74	267.00	0.26	-18.35	<b>Plantain</b>						
Nadu 2	190.00 - 210.00	201.85	202.33	263.75	-0.48	-23.47	Ambul (Rs/Kg)	160.00 - 250.00	196.13	178.53	117.84	17.60	66.44
Raw (Red)	140.00 - 170.00	158.28	166.56	277.35	-8.29	-42.93	Kolikuttu (Rs/Kg)	400.00 - 500.00	450.80	417.33	246.49	33.47	82.89
Raw (White)	170.00 - 190.00	182.24	181.96	275.31	0.28	-33.81	Seeni (Rs/Kg)	150.00 - 220.00	192.50	190.32	135.14	2.18	42.45
<b>Imported</b>							<b>Anamalu</b>						
Samba	210.00 - 240.00	224.55	223.17	254.41	1.38	-11.74	20.00 - 32.00	27.04	29.52	20.72	-2.48	30.48	
Nadu	-	-	-	255.48	-	-	Ambun	25.00 - 45.00	37.70	38.93	25.70	-1.23	46.69
Raw (Red)	-	-	-	-	-	-	Papaw(Rs/Kg)	130.00 - 300.00	227.33	210.00	221.67	17.33	2.56
Raw (White)	185.00 - 210.00	201.32	199.52	239.70	1.79	-16.01	Passion Fruit	30.00 - 70.00	50.15	49.47	40.90	0.68	22.61
<b>Dried Chillies</b>							<b>Pineapple Large</b>						
Imported	1080.00 - 1400.00	1285.20	1307.42	2191.29	-22.22	-41.35	700.00 - 1000.00	888.46	632.17	456.36	256.29	94.68	
<b>Onion</b>							<b>Pineapple Medium</b>						
Sinnan	-	-	-	-	-	-	600.00 - 900.00	724.38	504.07	370.00	220.30	95.78	
Vedalan	-	-	-	-	-	-	480.00 - 800.00	580.71	386.36	281.36	194.35	106.39	
Imported	350.00 - 560.00	468.52	450.33	461.54	18.19	1.51	<b>Mango</b>						
<b>Big Onion</b>							<b>Betti</b>						
Imported	120.00 - 140.00	129.38	136.21	219.00	-6.84	-40.92	Karthakolomban	66.00 - 160.00	121.44	117.32	119.63	4.12	1.51
Local	-	-	-	-	-	-	Vilad	50.00 - 90.00	64.00	72.50	-	-8.50	-
<b>Potato</b>							<b>Kohu</b>						
Welimada	-	-	-	-	-	-	<b>Other</b>						
N'Eliya	320.00 - 440.00	386.32	356.36	394.00	29.95	-1.95	Wood Apple	120.00 - 230.00	168.06	149.17	96.80	18.89	73.61
Imported	180.00 - 260.00	217.60	192.74	280.97	24.86	-22.55	Orange	90.00 - 200.00	149.41	122.86	94.55	26.55	58.03
<b>Pulses</b>							<b>Avocado</b>						
Green Gram	1050.00 - 1500.00	1318.75	1444.23	1025.14	-125.48	28.64	60.00 - 150.00	116.96	114.35	97.14	2.61	20.40	
Cowpea (White)	750.00 - 1000.00	902.27	914.58	710.38	-12.31	27.01	40.00 - 150.00	82.05	68.74	74.62	13.31	9.96	
Cowpea (Red)	800.00 - 1000.00	897.50	905.93	813.10	-8.43	10.38	Slime Apple	40.00 - 150.00	82.05	68.74	74.62	13.31	9.96
Red Dhal	270.00 - 340.00	300.76	303.53	643.06	-2.77	-53.23	Grapes (Imp., Rs/Kg)	1700.00 - 2800.00	2627.27	2655.56	-	-28.28	-
<b>Vegetable</b>							<b>King Coconut</b>						
Beans (Butter)	-	-	-	-	-	-	120.00 - 150.00	135.17	135.00	123.81	0.17	9.18	
Beans(Green)	450.00 - 600.00	528.39	508.18	625.15	20.21	-15.48	<b>Sea Fish</b>						
Carrot	360.00 - 560.00	450.33	426.67	380.91	23.67	18.23	Salaya	500.00 - 900.00	696.09	716.15	778.89	-20.07	-10.63
Leeks	320.00 - 480.00	395.33	375.15	275.94	20.18	43.27	Hurulla	1000.00 - 1380.00	1190.00	1197.83	1164.35	-7.83	2.20
Beetroot	400.00 - 600.00	500.77	511.52	342.86	-10.75	46.06	Balaya	1500.00 - 2000.00	1738.33	1778.46	1588.57	-40.13	9.43
Knolkhol	260.00 - 480.00	374.29	379.70	302.58	-5.41	23.70	Kelawalla	2200.00 - 3200.00	2591.18	2490.91	2257.78	100.27	14.77
Raddish	140.00 - 320.00	245.52	250.61	246.06	-5.09	-0.22	Thora	3200.00 - 4000.00	3520.00	3286.67	2966.67	233.33	18.65
Cabbage	240.00 - 400.00	324.07	320.32	377.58	3.75	-14.17	Paraw	2000.00 - 3200.00	2670.00	2536.67	2062.50	133.33	29.45
Tomato	240.00 - 400.00	324.19	360.31	546.77	-36.12	-40.71	Mora	-	-	2103.64	-	-	-
Ladies Fingers	200.00 - 400.00	297.00	313.82	351.25	-16.82	-15.44	Shrimps	1700.00 - 2300.00	1925.88	1908.00	1439.20	17.88	33.82
Brinjal	260.00 - 380.00	321.43	384.55	396.21	-63.12	-18.87	Thalalpath	2900.00 - 3600.00	3239.13	3125.00	2491.67	114.13	30.00
Capsicum	340.00 - 600.00	510.65	494.85	615.16	15.80	-16.99	<b>Eggs</b>						
Pumpkin	120.00 - 260.00	191.00	180.91	273.13	10.09	-30.07	Brown	56.00 - 56.00	56.00	53.50	43.21	2.50	29.60
Cucumber	120.00 - 240.00	186.21	189.39	187.19	-3.19	-0.52	White	53.00 - 55.00	54.21	53.18	41.78	1.03	29.78
Bitter Gourd	400.00 - 600.00	543.79	570.00	569.06	-26.21	-4.44	<b>Dried Fish</b>						
Snake Gourd	300.00 - 480.00	397.86	385.59	375.56	12.27	5.94	Sprats	1900.00 - 2600.00	2252.63	2161.11	2646.15	91.52	-14.87
Drumstick	600.00 - 1000.00	756.67	853.70	592.42	-97.04	27.72	Sprats (Imported)	1000.00 - 1400.00	1216.67	1260.87	1778.57	-44.20	-31.59
Luffa	280.00 - 420.00	348.15	338.39	301.25	9.76	15.57	Kattawa	2000.00 - 2800.00	2500.00	2547.83	3091.67	-47.83	-19.14
Long Beans	320.00 - 560.00	435.00	417.74	371.52	17.26	17.09	Thora	-	-	-	-	-	-
Ash Plantain	220.00 - 320.00	286.55	282.58	188.79	3.97	51.79	Mora	2100.00 - 2700.00	2404.76	2433.33	2920.00	-28.57	-17.65
Green Chillies	700.00 - 1000.00	920.37	770.94	656.97	149.43	40.09	Balaya	1700.00 - 2200.00	1864.00	1872.73	2503.70	-8.73	-25.55
Lime	400.00 - 800.00	546.77	544.38	615.15	2.40	-11.12	Anguluwa	2000.00 - 2600.00	2400.00	2428.57	2728.57	-28.57	-12.04
<b>Root Crops</b>							<b>Maduwa</b>						
Sweet Potato	160.00 - 240.00	215.48	194.69	212.81	20.80	1.26	Koduwa	-	-	-	-	-	-
Manioc	180.00 - 240.00	230.00	229.69	155.15	0.31	48.24	Salaya	1000.00 - 1400.00	1238.89	1252.63	1750.00	-13.74	-29.21
<b>Leafy Vegetable</b>							<b>Meat</b>						
Mukunuwenna	50.00 - 100.00	73.13	74.55	73.81	-1.42	-0.93	Beef (without Bones)	2200.00 - 2500.00	2325.00	2300.00	2000.00	25.00	16.25
Kankun	50.00 - 100.00	73.13	74.55	73.81	-1.42	-0.93	Chicken (Broiler)	1420.00 - 1520.00	1471.82	1467.00	1215.45	4.82	21.09
Gotukola	95.00 - 100.00	99.19	93.33	78.57	5.86	26.25	Chicken (Curry)	1450.00 - 1600.00	1541.11	1522.22	1097.27	18.89	40.45
							<b>Mutton</b>						
							<b>Pork</b>						

This Week: Week 26: 23 - 29 June 2023  
 Last Week: Week 25: 16 - 22 June 2023

**Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/Kg)**

Week 26: 23 - 29 June 2023

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
<b>Paddy</b>			<b>Vegetable (Up Country)</b>			<b>Snake Gourd</b>		
<b>Short Grain</b>			<b>Beans</b>			Dambulla	172.50 - 200.00	187.00
A'pura	100.00 - 105.00	102.00	Dambulla	410.00 - 430.00	420.00	Hambantota	150.00 - 170.00	157.50
P'narawa	109.00 - 110.00	109.50	Welimada	380.00 - 420.00	404.00	Embilipitiya	230.00 - 250.00	240.00
Kalawewa	100.00 - 105.00	102.40	Badulla	380.00 - 420.00	404.00	Matara	-	
Kurunegala	104.00 - 106.00	105.00	<b>Carrot</b>			A'pura	200.00 - 220.00	208.00
Dehiattakandiya	106.00 - 109.00	107.33	N'Eliya	350.00 - 355.00	352.00	<b>Luffa</b>		
Nikaweratiya	100.00 - 105.00	102.83	Welimada	250.00 - 270.00	263.00	Dambulla	140.00 - 150.00	146.00
Ampara	100.00 - 105.00	102.50	Hanguranketha	245.00 - 270.00	255.00	Hambantota	150.00 - 170.00	160.00
<b>Long Grain (White)</b>			<b>Leeks</b>			Embilipitiya	240.00 - 260.00	252.00
A'pura	80.00 - 85.00	82.00	N'Eliya	165.00 - 175.00	171.00	Matara	-	
P'narawa	86.00 - 87.50	86.70	Welimada	155.00 - 165.00	161.00	A'pura	180.00 - 200.00	188.00
Kalawewa	81.00 - 85.00	82.40	<b>Beetroot</b>			<b>Green Chillies</b>		
Kurunegala	85.00 - 88.00	86.25	N'Eliya	260.00 - 270.00	265.00	Dambulla	680.00 - 730.00	704.00
Dehiattakandiya	81.00 - 86.00	83.33	Dambulla	270.00 - 310.00	287.50	Hambantota	-	
Embilipitiya	-		Kurunegala	-		Embilipitiya	750.00 - 800.00	776.00
Nikaweratiya	85.00 - 90.00	87.50	Welimada	265.00 - 275.00	269.00	Puttalam	500.00 - 700.00	580.00
Hambantota	-		Hanguranketha	250.00 - 280.00	263.00	A'pura	750.00 - 800.00	770.00
Ampara	81.00 - 82.00	81.50	<b>Knol Khol</b>			<b>Pumpkin</b>		
<b>Long Grain (Red)</b>			N'Eliya	155.00 - 165.00	159.00	Dambulla	76.00 - 86.00	82.40
Matara	75.00 - 80.00	76.75	Welimada	125.00 - 135.00	130.00	Hambantota	50.00 - 65.00	58.75
Hambantota	75.00 - 76.00	75.33	Hanguranketha	170.00 - 190.00	180.00	Embilipitiya	90.00 - 100.00	97.50
Embilipitiya	73.00 - 75.00	74.40	<b>Raddish</b>			Matara	50.00 - 60.00	55.00
<b>Keeri Samba</b>			N'Eliya	60.00 - 70.00	66.00	A'pura	80.00 - 90.00	84.00
A'pura	-		Welimada	35.00 - 45.00	41.00	Moneragala	40.00 - 50.00	44.00
P'narawa	143.00 - 144.00	143.50	Hambantota	110.00 - 130.00	117.50	<b>Cucumber</b>		
Kalawewa	-		Hanguranketha	45.00 - 70.00	57.60	A'pura	70.00 - 80.00	74.00
Kurunegala	130.00 - 130.00	130.00	<b>Cabbage</b>			Dambulla	67.00 - 77.00	71.80
Dehiattakandiya	138.00 - 142.00	140.00	N'Eliya	125.00 - 135.00	130.00	Hambantota	50.00 - 70.00	60.00
<b>Red Onion</b>			Welimada	105.00 - 120.00	112.00	Matara	55.00 - 65.00	60.00
Puttalam	-		Badulla	90.00 - 120.00	104.00	<b>Long Beans</b>		
Jaffna	200.00 - 250.00	226.67	Hanguranketha	85.00 - 105.00	95.00	Dambulla	210.00 - 240.00	226.00
<b>Big Onion</b>			<b>Tomato</b>			Hambantota	-	
Dambulla	-		Welimada	165.00 - 175.00	169.00	Embilipitiya	220.00 - 250.00	236.00
Kalawewa	-		Hambantota	-		Matara	220.00 - 230.00	223.33
A'pura	-		Dambulla	182.50 - 220.00	200.50	A'pura	280.00 - 300.00	288.00
<b>Potato</b>			Hanguranketha	-		<b>Ash Plantain</b>		
N'Eliya	265.00 - 275.00	269.00	<b>Vegetable (Low Country)</b>			Hambantota	50.00 - 60.00	56.00
Badulla	-		<b>Ladies Fingers</b>			Embilipitiya	100.00 - 120.00	109.00
Welimada	260.00 - 270.00	265.00	A'pura	180.00 - 200.00	188.00	Matara	95.00 - 110.00	101.67
<b>Pulses</b>			Dambulla	167.50 - 182.50	177.50	<b>Lime</b>		
<b>Green Gram</b>			Hambantota	110.00 - 130.00	120.00	Hambantota	-	
Hambantota	-		Embilipitiya	140.00 - 160.00	148.00	Embilipitiya	250.00 - 280.00	268.00
Moneragala	700.00 - 750.00	720.00	Matara	120.00 - 125.00	123.33	Moneragala	170.00 - 180.00	174.00
Embilipitiya	700.00 - 720.00	710.00	<b>Brinjal</b>			<b>Fruits (Rs/Kg)</b>		
Nikaweratiya	600.00 - 650.00	625.00	A'pura	160.00 - 180.00	168.00	<b>Banana</b>		
A'pura	700.00 - 750.00	725.00	Dambulla	152.50 - 187.50	165.50	<b>Ambul</b>		
<b>Cowpea</b>			Hambantota	-		Moneragala	50.00 - 60.00	54.00
Hambantota	-		Embilipitiya	150.00 - 180.00	164.00	Embilipitiya	80.00 - 100.00	92.00
Nikaweratiya	450.00 - 450.00	450.00	Matara	130.00 - 140.00	135.00	Hambantota	40.00 - 55.00	46.25
Moneragala	450.00 - 550.00	490.00	Welimada	170.00 - 180.00	176.00	<b>Kolikuttu</b>		
Embilipitiya	500.00 - 600.00	550.00	<b>Capsicum</b>			Moneragala	150.00 - 200.00	170.00
<b>Maize</b>			Badulla	-		Embilipitiya	280.00 - 320.00	300.00
A'pura	140.00 - 150.00	145.00	Welimada	220.00 - 230.00	224.00	Hambantota	-	
Kalawewa	140.00 - 150.00	145.00	<b>Bitter Gourd</b>			<b>Papaw</b>		
<b>Gingelly</b>			A'pura	360.00 - 400.00	376.00	Moneragala	70.00 - 80.00	74.00
A'pura	450.00 - 500.00	475.00	Dambulla	280.00 - 320.00	300.00	Embilipitiya	75.00 - 90.00	83.00
Kalawewa	-		Hambantota	-		Hambantota	40.00 - 50.00	45.00
<b>Black Gram</b>			Embilipitiya	430.00 - 460.00	446.00	<b>Pineapple</b>		
A'pura	700.00 - 750.00	725.00	Matara	350.00 - 380.00	363.33	Divulapitiya	-	
Kalawewa	700.00 - 750.00	725.00						

**Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/Kg)**

**Week 26: 23 - 29 June 2023**

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<b>CROP</b>	<b>PELIYAGODA</b>	<b>MAHARAGAMA</b>	<b>KIRULAPONE</b>	<b>NUGEGODA</b>	<b>NARAHENPITA</b>	<b>DEMATAGODA</b>	<b>THOTALANGA</b>	<b>KADAWATHA</b>	<b>KIRIBATHGODA</b>
<b><u>Rice</u></b>									
<b>Local</b>									
Samba 1	230.00 - 230.00	220.00 - 220.00	230.00 - 230.00	230.00 - 240.00	220.00 - 230.00	230.00 - 230.00	230.00 - 230.00	230.00 - 230.00	-
Samba 2	210.00 - 220.00	210.00 - 210.00	220.00 - 220.00	220.00 - 220.00	210.00 - 220.00	220.00 - 220.00	220.00 - 220.00	210.00 - 220.00	230.00 - 230.00
Keeri Samba	260.00 - 260.00	260.00 - 280.00	260.00 - 280.00	260.00 - 280.00	260.00 - 280.00	260.00 - 260.00	260.00 - 280.00	260.00 - 270.00	260.00 - 270.00
Nadu 1	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	210.00 - 220.00	220.00 - 220.00	210.00 - 210.00
Nadu 2	200.00 - 200.00	200.00 - 210.00	200.00 - 210.00	200.00 - 210.00	190.00 - 200.00	210.00 - 210.00	190.00 - 210.00	190.00 - 210.00	190.00 - 190.00
Raw (Red)	150.00 - 170.00	160.00 - 170.00	140.00 - 160.00	140.00 - 150.00	150.00 - 170.00	170.00 - 170.00	170.00 - 170.00	150.00 - 160.00	160.00 - 160.00
Raw (White)	170.00 - 190.00	190.00 - 190.00	180.00 - 190.00	180.00 - 190.00	180.00 - 190.00	180.00 - 180.00	180.00 - 180.00	180.00 - 190.00	170.00 - 170.00
<b>Imported</b>									
Samba	210.00 - 230.00	240.00 - 240.00	220.00 - 240.00	220.00 - 230.00	220.00 - 240.00	220.00 - 240.00	230.00 - 230.00	220.00 - 220.00	-
Nadu	-	-	-	-	-	-	-	-	-
Raw (Red)	-	-	-	-	-	-	-	-	-
Raw (White)	185.00 - 200.00	200.00 - 210.00	200.00 - 210.00	210.00 - 210.00	210.00 - 210.00	210.00 - 210.00	210.00 - 210.00	190.00 - 200.00	-
<b><u>Dried Chillies</u></b>									
Imported	1080.00 - 1250.00	1400.00 - 1400.00	1300.00 - 1400.00	1400.00 - 1400.00	1300.00 - 1400.00	1200.00 - 1200.00	1200.00 - 1200.00	1200.00 - 1200.00	1300.00 - 1300.00
<b><u>Red Onion</u></b>									
Sinnan	-	-	-	-	-	-	-	-	-
Vedalan	-	-	-	-	-	-	-	-	-
Imported	350.00 - 500.00	560.00 - 560.00	450.00 - 560.00	400.00 - 560.00	380.00 - 560.00	500.00 - 500.00	360.00 - 500.00	380.00 - 400.00	-
<b><u>Big Onion</u></b>									
Imported	120.00 - 130.00	140.00 - 140.00	130.00 - 140.00	120.00 - 140.00	120.00 - 140.00	120.00 - 120.00	120.00 - 120.00	120.00 - 130.00	130.00 - 130.00
Local	-	-	-	-	-	-	-	-	-
<b><u>Potato</u></b>									
Welimada	-	-	-	-	-	-	-	-	-
N'Eliya	320.00 - 350.00	400.00 - 400.00	360.00 - 400.00	380.00 - 400.00	400.00 - 440.00	-	-	350.00 - 360.00	-
Imported	180.00 - 220.00	240.00 - 240.00	220.00 - 240.00	200.00 - 260.00	220.00 - 260.00	220.00 - 240.00	180.00 - 200.00	180.00 - 200.00	-
<b><u>Pulses</u></b>									
Green Gram	1050.00 - 1450.00	1500.00 - 1500.00	1200.00 - 1500.00	1400.00 - 1500.00	1400.00 - 1400.00	1200.00 - 1200.00	1100.00 - 1200.00	1100.00 - 1200.00	-
Cowpea (White)	750.00 - 950.00	1000.00 - 1000.00	900.00 - 1000.00	1000.00 - 1000.00	800.00 - 1000.00	900.00 - 900.00	1000.00 - 1000.00	800.00 - 900.00	-
Cowpea (Red)	800.00 - 950.00	1000.00 - 1000.00	800.00 - 1000.00	1000.00 - 1000.00	1000.00 - 1000.00	880.00 - 880.00	1000.00 - 1000.00	800.00 - 900.00	-
Red Dhal	270.00 - 320.00	320.00 - 340.00	300.00 - 320.00	300.00 - 340.00	300.00 - 320.00	300.00 - 300.00	300.00 - 300.00	280.00 - 300.00	280.00 - 340.00

**Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/Kg) and Coconut (Rs/Nut)**

**Week 26: 23 - 29 June 2023**

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<b>CROP</b>	<b>PELIYAGODA</b>	<b>MAHARAGAMA</b>	<b>KIRULAPONE</b>	<b>NUGEGODA</b>	<b>NARAHENPITA</b>	<b>DEMATAGODA</b>	<b>THOTALANGA</b>	<b>KADAWATHA</b>	<b>KIRIBATHGODA</b>
<b><i>Vegetable</i></b>									
Beans	480.00 - 500.00	520.00 - 600.00	480.00 - 560.00	540.00 - 600.00	580.00 - 600.00	480.00 - 480.00	450.00 - 550.00	460.00 - 480.00	540.00 - 600.00
Carrot	400.00 - 460.00	560.00 - 560.00	460.00 - 540.00	560.00 - 560.00	450.00 - 500.00	360.00 - 450.00	400.00 - 450.00	400.00 - 440.00	380.00 - 400.00
Leeks	400.00 - 480.00	400.00 - 480.00	400.00 - 420.00	420.00 - 480.00	320.00 - 340.00	320.00 - 400.00	320.00 - 340.00	320.00 - 420.00	400.00 - 400.00
Beetroot	450.00 - 460.00	460.00 - 560.00	480.00 - 540.00	600.00 - 600.00	400.00 - 560.00	600.00 - 600.00	460.00 - 480.00	460.00 - 600.00	460.00 - 520.00
Knolkhol	260.00 - 280.00	300.00 - 450.00	380.00 - 480.00	420.00 - 480.00	280.00 - 360.00	380.00 - 380.00	260.00 - 350.00	480.00 - 480.00	400.00 - 460.00
Raddish	140.00 - 180.00	240.00 - 320.00	200.00 - 320.00	320.00 - 320.00	240.00 - 280.00	240.00 - 260.00	200.00 - 240.00	220.00 - 260.00	240.00 - 260.00
Cabbage	240.00 - 280.00	360.00 - 400.00	320.00 - 400.00	360.00 - 400.00	280.00 - 330.00	280.00 - 320.00	240.00 - 240.00	280.00 - 340.00	320.00 - 360.00
Tomato	250.00 - 300.00	320.00 - 400.00	320.00 - 340.00	400.00 - 400.00	280.00 - 320.00	240.00 - 320.00	240.00 - 280.00	240.00 - 320.00	320.00 - 360.00
Ladies Fingers	240.00 - 260.00	360.00 - 400.00	320.00 - 330.00	400.00 - 400.00	200.00 - 280.00	240.00 - 320.00	200.00 - 220.00	300.00 - 340.00	320.00 - 340.00
Brinjal	300.00 - 340.00	360.00 - 360.00	320.00 - 380.00	360.00 - 360.00	260.00 - 340.00	320.00 - 320.00	260.00 - 280.00	260.00 - 280.00	300.00 - 360.00
Capsicum	340.00 - 360.00	600.00 - 600.00	600.00 - 600.00	580.00 - 600.00	400.00 - 480.00	600.00 - 600.00	360.00 - 450.00	360.00 - 480.00	520.00 - 600.00
Pumpkin	120.00 - 160.00	200.00 - 220.00	200.00 - 260.00	180.00 - 200.00	240.00 - 240.00	160.00 - 180.00	120.00 - 180.00	200.00 - 240.00	200.00 - 240.00
Cucumber	140.00 - 160.00	220.00 - 240.00	220.00 - 240.00	220.00 - 240.00	160.00 - 220.00	160.00 - 240.00	120.00 - 200.00	160.00 - 200.00	200.00 - 220.00
Bitter Gourd	450.00 - 480.00	560.00 - 600.00	540.00 - 600.00	600.00 - 600.00	480.00 - 560.00	600.00 - 600.00	400.00 - 500.00	600.00 - 600.00	600.00 - 600.00
Snake Gourd	320.00 - 400.00	400.00 - 480.00	400.00 - 480.00	460.00 - 480.00	400.00 - 420.00	320.00 - 400.00	300.00 - 350.00	360.00 - 400.00	400.00 - 420.00
Drumstick	600.00 - 700.00	800.00 - 800.00	600.00 - 800.00	1000.00 - 1000.00	800.00 - 1000.00	620.00 - 640.00	600.00 - 650.00	700.00 - 800.00	-
Luffa	280.00 - 300.00	380.00 - 420.00	320.00 - 420.00	380.00 - 400.00	320.00 - 340.00	320.00 - 320.00	280.00 - 300.00	360.00 - 420.00	320.00 - 380.00
Long Beans	320.00 - 380.00	480.00 - 560.00	400.00 - 480.00	420.00 - 480.00	460.00 - 500.00	-	330.00 - 400.00	380.00 - 420.00	520.00 - 560.00
Ash Plantain	260.00 - 280.00	320.00 - 320.00	280.00 - 320.00	300.00 - 320.00	240.00 - 280.00	320.00 - 320.00	220.00 - 240.00	260.00 - 280.00	240.00 - 320.00
Green Chillies	700.00 - 800.00	1000.00 - 1000.00	1000.00 - 1000.00	1000.00 - 1000.00	900.00 - 900.00	1000.00 - 1000.00	700.00 - 700.00	800.00 - 1000.00	1000.00 - 1000.00
Lime	400.00 - 480.00	600.00 - 600.00	600.00 - 600.00	600.00 - 600.00	450.00 - 540.00	600.00 - 800.00	400.00 - 420.00	600.00 - 600.00	600.00 - 600.00
<b><i>Root Crops</i></b>									
Sweet Potato	160.00 - 180.00	240.00 - 240.00	200.00 - 240.00	220.00 - 240.00	220.00 - 240.00	240.00 - 240.00	160.00 - 180.00	220.00 - 240.00	200.00 - 220.00
Manioc	180.00 - 200.00	220.00 - 240.00	220.00 - 240.00	220.00 - 240.00	220.00 - 240.00	240.00 - 240.00	180.00 - 200.00	220.00 - 240.00	230.00 - 240.00
<b><i>Leafy Vegetable</i></b>									
Mukunuwenna	50.00 - 60.00	80.00 - 80.00	70.00 - 70.00	80.00 - 80.00	70.00 - 80.00	80.00 - 80.00	50.00 - 60.00	90.00 - 100.00	80.00 - 80.00
Kankun	50.00 - 60.00	80.00 - 80.00	70.00 - 70.00	80.00 - 80.00	70.00 - 80.00	80.00 - 80.00	50.00 - 60.00	90.00 - 100.00	80.00 - 80.00
Gotukola	95.00 - 100.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00	95.00 - 100.00	95.00 - 100.00	95.00 - 100.00
<b><i>Coconut</i></b>									
Large	110.00 - 120.00	110.00 - 110.00	110.00 - 110.00	110.00 - 110.00	110.00 - 120.00	110.00 - 110.00	110.00 - 120.00	105.00 - 110.00	120.00 - 120.00
Small	90.00 - 100.00	90.00 - 100.00	90.00 - 100.00	90.00 - 100.00	90.00 - 100.00	90.00 - 100.00	90.00 - 100.00	90.00 - 100.00	100.00 - 100.00

**Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/Fruit)**

**Week 26: 23 - 29 June 2023**

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<i><b>Plantain</b></i>									
Ambul (Rs/Kg)	200.00 - 220.00	250.00 - 250.00	200.00 - 220.00	180.00 - 240.00	180.00 - 200.00	160.00 - 200.00	160.00 - 180.00	160.00 - 200.00	180.00 - 200.00
Kolikuttu (Rs/Kg)	400.00 - 450.00	500.00 - 500.00	450.00 - 480.00	440.00 - 450.00	450.00 - 480.00	400.00 - 450.00	400.00 - 450.00	460.00 - 480.00	400.00 - 450.00
Seeni (Rs/Kg)	150.00 - 200.00	220.00 - 220.00	180.00 - 220.00	200.00 - 200.00	180.00 - 200.00	160.00 - 200.00	150.00 - 180.00	160.00 - 180.00	180.00 - 200.00
Anamalu	20.00 - 25.00	30.00 - 32.00	28.00 - 30.00	26.00 - 30.00	25.00 - 30.00	25.00 - 30.00	24.00 - 25.00	24.00 - 24.00	25.00 - 28.00
Ambun	40.00 - 42.00	38.00 - 40.00	37.00 - 38.00	35.00 - 38.00	40.00 - 45.00	42.00 - 43.00	25.00 - 27.00	30.00 - 30.00	38.00 - 40.00
<i><b>Pineapple</b></i>									
Large	950.00 - 1000.00	700.00 - 700.00	750.00 - 750.00	750.00 - 750.00	950.00 - 1000.00	950.00 - 1000.00	750.00 - 780.00	-	-
Medium	750.00 - 800.00	-	600.00 - 650.00	600.00 - 600.00	850.00 - 900.00	800.00 - 850.00	650.00 - 670.00	600.00 - 600.00	600.00 - 650.00
Small	550.00 - 600.00	-	-	-	600.00 - 700.00	600.00 - 800.00	500.00 - 500.00	500.00 - 550.00	480.00 - 500.00
<i><b>Mango</b></i>									
Betti	-	-	-	-	-	-	-	-	-
Karthakolomban	80.00 - 100.00	120.00 - 150.00	100.00 - 150.00	140.00 - 160.00	116.00 - 120.00	80.00 - 80.00	66.00 - 74.00	110.00 - 135.00	125.00 - 135.00
Vilad	55.00 - 60.00	70.00 - 70.00	70.00 - 70.00	90.00 - 90.00	50.00 - 55.00	50.00 - 50.00	-	50.00 - 52.00	53.00 - 58.00
Kohu	-	-	-	-	-	-	-	-	-
<i><b>Other Fruits</b></i>									
Wood Apple	120.00 - 130.00	140.00 - 150.00	150.00 - 200.00	150.00 - 200.00	160.00 - 185.00	-	200.00 - 230.00	-	150.00 - 200.00
Orange	90.00 - 100.00	160.00 - 180.00	160.00 - 200.00	160.00 - 180.00	100.00 - 120.00	-	-	-	140.00 - 200.00
Avocado	70.00 - 80.00	130.00 - 150.00	120.00 - 150.00	120.00 - 130.00	95.00 - 110.00	60.00 - 80.00	60.00 - 60.00	120.00 - 135.00	120.00 - 150.00
Slime Apple	50.00 - 55.00	150.00 - 150.00	120.00 - 150.00	120.00 - 120.00	50.00 - 55.00	50.00 - 80.00	40.00 - 50.00	40.00 - 45.00	50.00 - 60.00
Grapes (Rs/Kg)	1700.00 - 2000.00	2600.00 - 2800.00	2700.00 - 2800.00	2800.00 - 2800.00	2400.00 - 2700.00	2600.00 - 2600.00	2500.00 - 2800.00	2800.00 - 2800.00	2800.00 - 2800.00
Papaw (Rs/Kg)	130.00 - 220.00	250.00 - 260.00	280.00 - 300.00	230.00 - 240.00	180.00 - 280.00	200.00 - 200.00	150.00 - 200.00	180.00 - 200.00	250.00 - 300.00
Passion	30.00 - 35.00	60.00 - 60.00	60.00 - 70.00	60.00 - 65.00	40.00 - 50.00	40.00 - 48.00	38.00 - 40.00	50.00 - 56.00	30.00 - 40.00
King Coconut	120.00 - 130.00	150.00 - 150.00	150.00 - 150.00	140.00 - 150.00	130.00 - 140.00	150.00 - 150.00	120.00 - 130.00	120.00 - 150.00	140.00 - 150.00

**Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/Kg)**

**Week 26: 23 - 29 June 2023**

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<b><i>Sea Fish</i></b>									
Salaya	750.00 - 800.00	720.00 - 720.00	760.00 - 800.00	900.00 - 900.00	720.00 - 720.00	600.00 - 700.00	600.00 - 600.00	560.00 - 600.00	500.00 - 560.00
Hurulla	1250.00 - 1380.00	1000.00 - 1100.00	-	-	-	-	1000.00 - 1100.00	-	1300.00 - 1300.00
Balaya	1500.00 - 1600.00	-	1800.00 - 2000.00	-	-	1800.00 - 2000.00	1600.00 - 1800.00	-	-
Kelawalla	2350.00 - 2400.00	3000.00 - 3000.00	2500.00 - 2600.00	3200.00 - 3200.00	3200.00 - 3200.00	-	2400.00 - 2400.00	2200.00 - 2300.00	2600.00 - 2800.00
Thora	3600.00 - 3600.00	3600.00 - 3600.00	4000.00 - 4000.00	-	-	3200.00 - 3200.00	-	-	-
Paraw	2000.00 - 2100.00	2800.00 - 2800.00	2600.00 - 2800.00	3000.00 - 3000.00	3200.00 - 3200.00	2600.00 - 2800.00	-	2400.00 - 2500.00	3000.00 - 3000.00
Mora	-	-	-	-	-	-	-	-	-
Shrimps Small	2200.00 - 2300.00	1720.00 - 1800.00	2000.00 - 2200.00	1700.00 - 1700.00	1720.00 - 1720.00	1700.00 - 1800.00	1800.00 - 1900.00	-	1800.00 - 1800.00
Talopath	2900.00 - 3000.00	3200.00 - 3200.00	3200.00 - 3200.00	3400.00 - 3400.00	3600.00 - 3600.00	3200.00 - 3200.00	3000.00 - 3200.00	3500.00 - 3600.00	3200.00 - 3300.00
<b><i>Eggs (Rs/Egg)</i></b>									
Brown	56.00 - 56.00	-	-	-	-	-	-	-	-
White	54.00 - 55.00	55.00 - 55.00	54.00 - 55.00	55.00 - 55.00	55.00 - 55.00	55.00 - 55.00	53.00 - 53.00	53.00 - 54.00	53.00 - 54.00
<b><i>Dried Fish</i></b>									
Sprats	1900.00 - 2000.00	2000.00 - 2000.00	2000.00 - 2200.00	2300.00 - 2400.00	2400.00 - 2600.00	2200.00 - 2200.00	1900.00 - 1900.00	2200.00 - 2300.00	2400.00 - 2500.00
Kattawa	2000.00 - 2200.00	2600.00 - 2600.00	2400.00 - 2500.00	2500.00 - 2800.00	2400.00 - 2800.00	2200.00 - 2600.00	2300.00 - 2300.00	2300.00 - 2700.00	2700.00 - 2800.00
Thora	-	-	-	-	-	-	-	-	-
Mora	2100.00 - 2400.00	2400.00 - 2400.00	2400.00 - 2500.00	2400.00 - 2400.00	2400.00 - 2700.00	2400.00 - 2400.00	2400.00 - 2400.00	2200.00 - 2300.00	2500.00 - 2700.00
Balaya	1800.00 - 1800.00	2200.00 - 2200.00	1800.00 - 2200.00	1700.00 - 2000.00	1800.00 - 2200.00	2000.00 - 2000.00	1700.00 - 1700.00	1800.00 - 1800.00	1800.00 - 2000.00
Anguluwa	2000.00 - 2600.00	2600.00 - 2600.00	2400.00 - 2400.00	-	-	-	-	-	-
Salaya	1200.00 - 1300.00	1400.00 - 1400.00	1200.00 - 1400.00	1200.00 - 1400.00	1300.00 - 1400.00	-	1000.00 - 1000.00	-	1300.00 - 1400.00
<b><i>Meat</i></b>									
Beef (without Bones)	-	2300.00 - 2300.00	2500.00 - 2500.00	-	2300.00 - 2300.00	-	2200.00 - 2200.00	-	-
Chicken (Broiler)	1450.00 - 1450.00	1510.00 - 1510.00	1520.00 - 1520.00	1480.00 - 1480.00	1450.00 - 1450.00	1420.00 - 1450.00	1450.00 - 1450.00	1450.00 - 1490.00	1520.00 - 1520.00
Chicken (Curry)	1500.00 - 1500.00	1600.00 - 1600.00	1520.00 - 1520.00	1600.00 - 1600.00	1500.00 - 1500.00	1500.00 - 1500.00	1450.00 - 1600.00	-	1600.00 - 1600.00
Mutton	-	3000.00 - 3000.00	3100.00 - 3100.00	-	3200.00 - 3200.00	3000.00 - 3000.00	3000.00 - 3000.00	3300.00 - 3300.00	3200.00 - 3200.00
Pork	-	1600.00 - 1600.00	1800.00 - 1800.00	-	-	-	-	1600.00 - 1600.00	-



## Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq ( $\mu$ g/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate ( $\mu$ g/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc (mg/100g)
<b>Rice</b>												
Rice - (white Kekulu - normal )	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - ( Red Kekulu - normal )	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
<b>Dried chilies</b>	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65
<b>Onion</b>												
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
<b>Potatoes</b>	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
<b>Pulses</b>												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
<b>Vegetables</b>												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29
Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16

Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12
Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44
<b>Coconuts nuts</b>	<b>390</b>	<b>3.67</b>	<b>39.92</b>	<b>-</b>	<b>0.05</b>	<b>0.11</b>	<b>14.86</b>	<b>-</b>				

**Root Crop**

Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29

**Leafy Vegetables**

Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42

**Meat**

Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8

**Fish**

Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74

Shark	95	21.6	0.83	1.11	0.04	0.11	8.57	8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77	8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22	7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39	13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7	36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66	103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38	37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13	31.27	37.46	1.46	0.67
Salaya / Sudaya	100	19.5	2.39	15.41	0.18	1.39	60.87	435	42.83	1.4	2.3
Theppli / Telapiya /Korali	83	18.48	1.08	17.14	0.18	0.18	8.29	99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37	37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83	37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22	8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78				
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08	7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59	9.16	24.61	0.74	0.44

#### Dried Fish

Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438	1178	162	3.06	4.2
Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66

#### Eggs

Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51

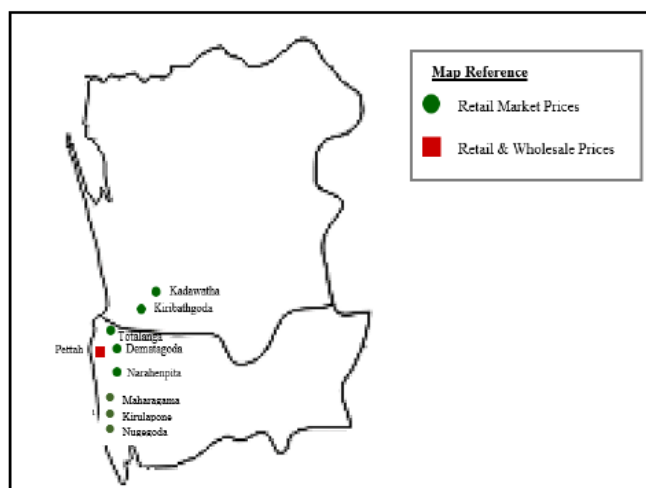
#### Fruits

Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23

Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

**Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.**

# Price Collecting Areas





HARTI



Ministry of Agriculture

## Food Systems and Market Research Division & Information Division

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**දෛනික චිළචිඵ තොග මිල, ජංගම දුරකථනයෙන්**

හෙක්ටර් කොච්චෛකඛුව ගොවි කටයුතු පර්යේෂණ හා පුහුණුවිර්මේ ආයතනය අනුමුතයෙන්

**මොබිටෙල් ජංගම මිල දර්ශනය**

මොබිටෙල් ජංගම දුරකථන ජාලයෙන් චිළචිඵ තොග මිල දැරෛම.

**6666** අමතන්න.

මොබිටෙල් අද මිල - අඛ උඛ

මොබිටෙල් ජංගම දුරකථන ජාලයෙන් චිළචිඵ තොග මිල දැරෛම.

විකාචයකට රු.2/-

විකාචයකට රු.2/-