

## RETAIL MARKET AT A GLANCE

### Summary

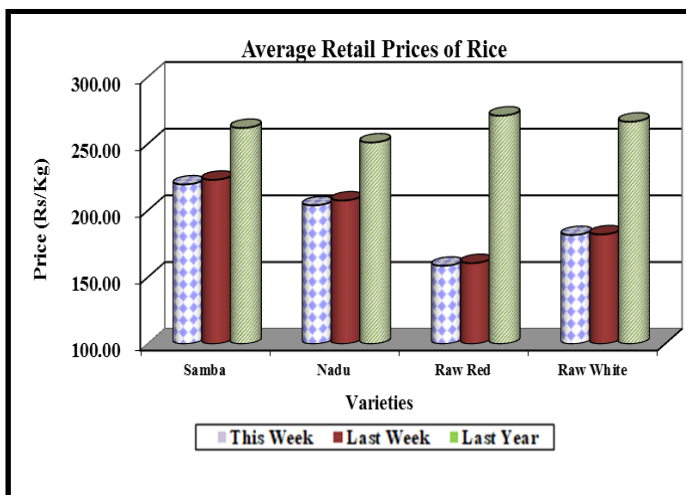
#### Rice



Retail prices of all local rice varieties have decreased further due to increased supplies.

Compared to the same period of last year, retail prices of all local rice varieties have decreased in the range of 6%-42%.

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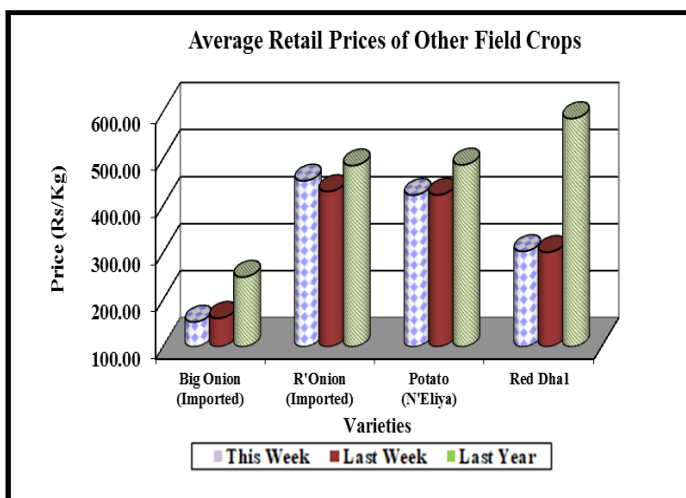


#### Vegetables



Retail prices of most of the vegetables have decreased compared to the previous week due to improved supplies. Further, price decrease could be expected by next week too.

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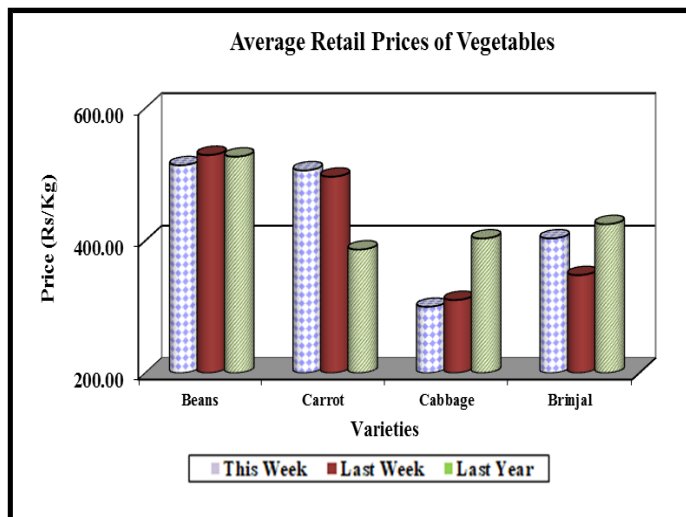


#### Fish



Retail prices of all fresh fish varieties have decreased due to improved supplies. The highest price decrease of Rs.165.00/kg was recorded for mora.

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#### Eggs



Retail prices of white egg has not changed significantly and the price ranged Rs.58.00-60.00/egg.

Compared to the same period of last year, retail price of white egg has increased by 42%.

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## Rice

### Wholesale

Prices of most of the local rice varieties have not changed significantly except samba grade II and raw white. Price of raw white has decreased by 2% and the price ranged Rs.160.00-165.00/kg. Price of grade II samba has decreased by 1% and the price ranged from Rs.190.00-200.00/kg.

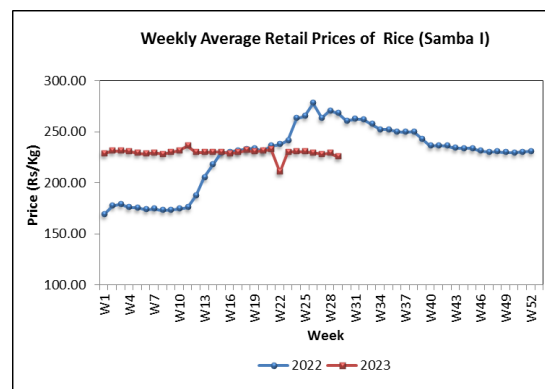
Price of ponni samba has decreased by 3% and the price ranged between Rs.200.00-222.00/kg.

Compared to the same period of last year, prices of all types of local rice varieties except keeri samba have decreased in the range of 18%-46% and the highest price decrease was reported for raw red. However, prices of imported ponni samba and imported raw white have increased by 7%.

### Retail

Retail prices of all local rice varieties have also decreased with the commencement yala harvest. Price of nadu grade II has decreased by Rs.5.00/kg and the price ranged Rs.180.00-200.00/kg. Prices of samba grade I and grade II have also decreased by Rs.4.00/kg and Rs.3.00/kg

respectively and prices ranged Rs.220.00-230.00/kg and Rs.200.00-220.00/kg respectively. Prices of both nadu grade I and raw red have decreased by Rs.2.00/kg and the prices ranged between Rs.210.00-220.00/kg and Rs.145.00-180.00/kg respectively.



Prices of imported samba and imported raw white have decreased by Rs.4.00/kg and Rs.1.00/kg respectively and the price range were Rs.220.00-230.00/kg and Rs.200.00-220.00/kg respectively.

Compared to the same period of last year, prices of all local rice varieties have decreased in the range of 6%-42% and prices of imported varieties have also decreased in the range of 1%-3%.

### Paddy

The average farm gate price of short gain (samba) paddy has increased by Rs.1.00-3.00/kg in Dehiattakandiya, Nikaweratiya and Ampara areas due to the market supplies of dried paddy stocks and price ranged between Rs.100.00-110.00/kg.

Short grain paddy price has decreased by Rs.2.00/kg in Anuradhapura area due to the supply of newly harvested moisture paddy.

Meanwhile, the average price of long grain (white) paddy has increased by Rs.1.00-8.00/kg and highest value was reported in Ampara area due to supply of properly dried old paddy stocks and price ranged between Rs.70.00-90.00/kg (Rs.70.00-75.00/kg for newly harvested moisture paddy and Rs.85.00-90.00/kg for old paddy stocks). Also, average price of long grain (red) paddy has increased in all producing areas by Rs.1.00-5.00/kg and price ranged Rs.80.00-82.00/kg.

Compared to the same period of last year, the average farm gate prices of major paddy varieties except keeri samba have decreased in the range of 11%-42%. (short grain paddy by 11%-21%, long grain white paddy by 27%-32% and long grain red paddy by 40%-42%)

### **Dried Chillies**

#### **Wholesale**

Price of imported dried chillies has not changed significantly and the price ranged Rs.1050.00-1150.00/kg.

Compared to the same period of last year, price of dried chillies has decreased by 33%.

#### **Retail**

Price of imported dried chillies has decreased by Rs.2.00/kg and the price ranged Rs.1150.00-1400.00/kg.

Compared to the same period of last year, price of imported dried chillies has decreased by 38%.

### **Onion**

#### **Wholesale**

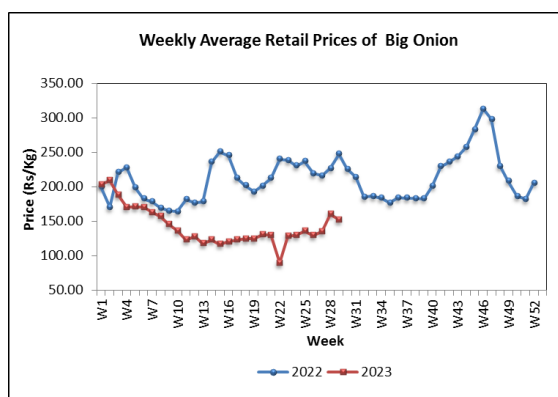
Price of imported red onion was available in the market during the week and the price ranged Rs.430.00-470.00/kg. Price of vedalan red onion has increased by 9% and price ranged Rs.500.00-550.00/kg.

Price of imported big onion has decreased by 7% and the price ranged between Rs.110.00-125.00/kg.

Compared to the same period of last year, prices of imported red onion and prices of local vedalan onion has increased by 63% and 56% respectively. However, imported big onion has decreased by 41%.

### Retail

Price of imported red onion has increased by Rs.23.00/kg and imported big onion has decreased by Rs.8.00/kg. The prices ranged between Rs.450.00-460.00/kg for imported red onions and Rs.120.00-160.00/kg for imported big onions.



Compared to the same period of last year, price of imported red onion has decreased by 7% while the price of imported big onion has decreased by 39%.

### Potato

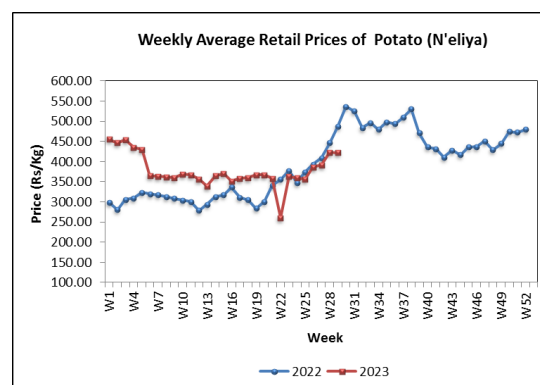
#### Wholesale

Price of imported potato has not changed significantly and the price ranged Rs.190.00-240.00/kg. Meanwhile, price of Nuwara Eliya potato has decreased by 9% and due to increase supply the price ranged was Rs.300.00-310.00/kg.

Compared to the same period of last year, price of Nuwara Eliya potato has decreased by 23% while the price of imported potatoes has increased by 5%.

### Retail

Price of imported potato has not changed significantly and price ranged Rs.210.00-280.00/kg. Also, price of Nuwara Eliya potato has decreased by Rs.1.00/kg.



Compared to the same period of last year, Nuwara Eliya and imported potatoes have decreased by 13% and 5% respectively.

### Pulses

#### Wholesale

Prices of local red and white cowpea have increased by 2% and 10% due to decreased local supply and price ranged Rs.750.00-840.00/kg and Rs.650.00-780.00/kg respectively. Price of green gram has not changed significantly and the price ranged Rs.860.00-920.00/kg.

Compared to the same period of last year, prices of green gram and red cowpea have increased by 11% and 30% respectively while the prices of cowpea white and red

dhal have decreased by 2% and 48% respectively.

### **Retail**

Prices of all types of the pulses except green gram have increased. Price of white cowpea has increased by Rs.20.00/kg and the price ranged Rs.750.00-1200.00/kg. Price of red cowpea has increased by Rs.11.00/kg and price ranged Rs.800.00-1200.00/kg. Furthermore, price of green gram has decreased slightly and the price ranged Rs.1000.00-1400.00/kg.

Compared to the same period of last year, price of red dhal has decreased by 48% and prices of all other pulses have increased by 10%-33%.

### **Vegetable**

#### **Wholesale**

With the increased supply from a few of production areas prices of most of the varieties have decreased.

Considering up country varieties the highest price decrease was reported for beetroot by 27% due to increased supply from both Puttalam and Thalawakele areas, followed by raddish as (22%) due to increased supply from Kandy areas. Due to increased supply from Kandy and Bandarawela areas price of beans has decreased by 12% and prices of knolkhol and cabbage have decreased by 6% and

2% respectively. However, price of carrot and leeks have increased by 7% and 25% due to decreased supply from Nuwara Eliya areas.

Due to increased supply from Bandarawela areas price of tomato has decreased by 16% and price of capsicum has decreased by 2%.

Considering low country varieties, the highest price decrease was reported for drumstick as 45% due to increased supply from Embilipitiya area, followed by snake gourd and long beans as 20% and 21% respectively, with the increased supply from Kandy area. Except brinjal, price of other varieties have decreased in the range of 1%-10% with the increased supply. However, price of brinjal has increased by 23% due to decreased supply from Kandy area.

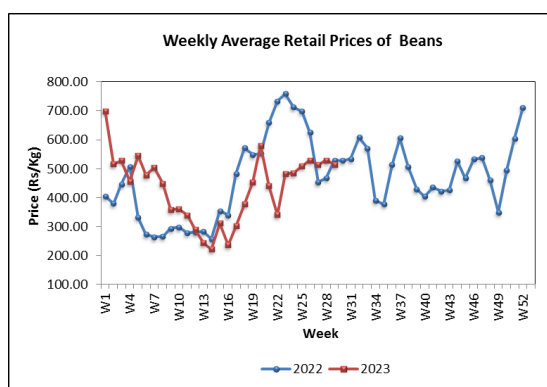
Further, price of green chilies has decreased by 26% due to increased supply from Jaffna area and price of lime has decreased by 8% due to increased supply from Monaragala area.

Compared to the same period of last year, prices of most of the varieties have decreased and the highest price decrease was reported for pumpkin as 53%.

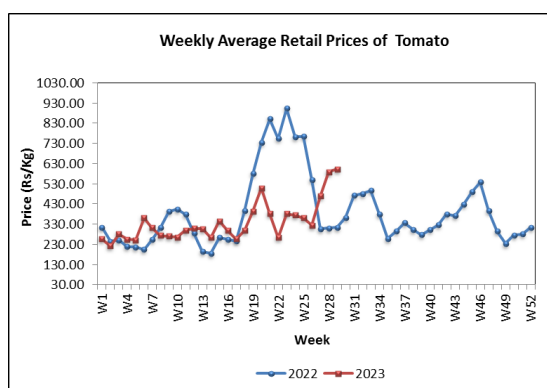
### Retail

In line with the decreased wholesale prices retail prices of most of varieties also decreased.

Considering up country varieties the highest price decrease was reported for beetroot as Rs,85.00/kg followed by knolkhol as Rs.44.00/kg. Prices of beans and cabbage have decreased by Rs.15.00/kg and Rs.10.00/kg respectively. Prices of raddish has decreased by Rs.2.00/kg. However, price of carrot has increased by Rs.10.00/kg.



Price of tomato has increased by Rs.15.00/kg whereas capsicum has decreased by Rs.8.00/kg.



Considering low country vegetables, the highest price decrease was reported for drumstick as Rs.209.00/kg followed by long beans as Rs.68.00/kg. Prices of snake gourd, ladies fingers and ash plantain have decreased by Rs.40.00/kg, RS.26.00/kg and Rs.16.00/kg respectively. Both prices of pumpkin and bitter gourd have decreased by Rs.5.00/kg while prices of luffa and cucumber have decreased by Rs.15.00/kg and Rs.9.00/kg respectively. However, binjal price has increased by Rs.55.00/kg.

Further, prices of green chilies and lime have decreased by Rs.172.00/kg and Rs.28.00/kg respectively.

Compared to the same period of last year, prices of most of varieties have decreased and the highest price decrease was reported for pumpkin as 41%.

### Coconut

#### Wholesales

Prices of both large and small nuts have increased by 5% and 2% respectively. Price ranges were Rs.90.00-100.00 for a large nut and Rs.70.00-80.00 for a small nut.

Compared to the same period of last year, prices of large and small nuts have increased by 27% and 20% respectively.

### **Retail**

Prices of both large and small nuts have increased around by Rs.2.00/nut. Price ranges were Rs.100.00-120.00 for a large nut and Rs.80.00-100.00 for a small nut.

Compared to the same period of last year, prices of large and small nuts have increased by 25% and 24% respectively.

### **Fruits**

#### **Wholesale**

Prices of most of fruit varieties have decreased due to availability of sufficient stocks and low demand. The highest price decrease was reported as 17% for ambul banana while price of other banana varieties decreased in the range of 6%-16% due to low demand and availability of low quality stocks. Price of wood apple has decreased by 15% due to increases supply. Further, the prices of both orange and imported grapes have decreased by 11% due to availability of sufficient stocks. Prices of all sizes of pineapple have decreased in the range of 11%-12% due to low demand. In addition, price of slime apple has decreased by 8% with availability of sufficient stocks and low demand. Prices

of both avocado and papaw have decreased by 4% due to low demand.

However, prices of all mango varieties have increased in the range of 6%-14% with the end of the harvesting season. Price of king coconut increased by 6% due to high demand with dry weather.

Compared to the same period of last year, prices of most of fruit varieties have increased and the highest price increase of 122% was reported for kolikuttu banana.

#### **Retail**

Price of most of the fruit varieties has decreased in line with the decreased wholesale prices. The highest price decrease of Rs.242.00/kg was reported for imported grapes due to availability of sufficient stocks in the market. The price of medium sized pineapple has decreased by Rs.90.00/fruit and the prices of both small and large sized pineapple have decreased by Rs.73.00-54.00/fruit due to availability of sufficient stocks in the market.

Furthermore, price of kolikuttu, seeni and ambul banana have decreased by Rs.13.00-15.00/kg due to low demand. The price of papaw has decreased by Rs.15.00/kg due to low demand.

Moreover, prices of wood apple, orange and avocado have decreased by Rs.15.00/fruit, Rs.9.00/fruit and Rs.2.00/fruit due to availability of sufficient stocks in the market.

Meanwhile, the highest price increase of Rs.20.00/fruit was reported for karthakolomban due to unavailability of sufficient and quality stocks. The price of vilad mango has increased by Rs.13.00/fruit. Furthermore, the price of king coconut has increased by Rs.10.00/fruit due to high demand.

Compared to the same period of last year, prices of most of the fruit varieties have increased and highest price increase of 113% was reported for large sized pineapple.

### **Fresh Fish**

#### **Wholesale**

Prices of all fresh fish types except shrimps have decreased due to increased supply. The highest price decrease of 31% was reported for hurulla due to high supply from Kalpitiya and Mullaitivu areas and the price ranged between Rs.750.00-840.00/kg. The price decrease of 24% and 21% were noted for balaya and paraw due to increased supply from Beruwala, Mirissa and Walachchenai areas and prices ranged Rs.840.00-

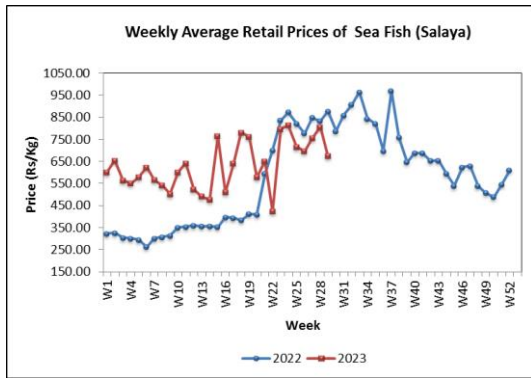
950.00/kg and Rs.1250.00-1400.00/kg respectively. A price decrease of 15% was reported for salaya due to increased supply from Trincomalee, Mannar and Kalpitiya areas and the price ranged between Rs.350.00-600.00/kg. Likewise, a price decrease of 12% was reported for mora due to high supply from Northern areas and the price ranged Rs.900.00-1250.00/kg. In addition, the prices of thlapath, thora and kelawalla have decreased by 3%-11%.

Compared to the same period of last year, prices of most of the fresh fish types except shrimps and thalapath have decreased in the range of 1%-24% and the highest price decrease was noted for salaya.

#### **Retail**

In line with decreased wholesale prices, retail prices of all types of fresh fish have also decreased. The highest price decrease of Rs.165.00/kg was reported for mora. Prices of hurulla, paraw and salaya have decreased in the range of Rs.131.00-143.00/kg. Further, prices of kelawalla, shrimps and thalapath have decreased in the range of Rs.95.00-115.00/kg. Furthermore, balaya and thora have decreased by Rs.75.00/kg and Rs.23.00/kg respectively.





Compared to the same period of last year, prices of most types of fresh fish except salaya, hurulla and balaya have increased in the range of 2%-26% the highest price increase was reported for shrimps.

### Dried Fish

#### Wholesale

Due to decreased of local dried fish supply, prices of most of the local and imported dried fish types have increased. The highest price increase of 4% was noted for local sprats due to low supply from Trincomalee and Mannar areas and the price ranged Rs.2100.00-2200.00/kg. Likewise, a price increase of 3% was noted for imported sprats due to low supply from Iran and Thailand and the price ranged Rs.950.00-1100.00/kg. In addition, prices of imported anguluwa, local salaya and imported kattawa have increased by 3%.

However, a price decreased of 4% was noted for local mora due to high supply from Trincomalee and Negombo areas and the price ranged Rs.1900.00-2050.00/kg. In addition, price of local balaya has decreased by 2%.

Compared to the same period of last year, prices of most of dried fish types have decreased in the range of 3%-35% and the highest price decrease was reported for imported sprats.

#### Retail

Prices of all types of dried fish except balaya have further increased in line with increased wholesale prices due to insufficient stocks in the market. The highest price increase of Rs.35.00/kg was reported for kattawa. Prices of mora and anguluwa have increased by RS.28.00/kg and Rs.25.00/kg respectively. Prices of local and imported sprats have increased by Rs.14.00/kg and Rs.5.00/kg respectively.

However, price of balaya has decreased by Rs.10.00/kg.

Compared to the same period of last year, prices of all types of dried fish have decrease in the range of 8%-30% and the highest price decrease was reported for imported sprats.

## **Eggs**

### **Wholesale**

Brown eggs were not available this week as usual while the price of white egg has increased by 3%. White egg price ranged Rs.57.00-59.00/egg.

Compared to the same period of last year, price of white egg has increased by 50%.

### **Retail**

Price of white eggs has not changed significantly. Price range of a white egg was between Rs.58.00-60.00/egg. Brown eggs were not reported in retail market.

Compared to the same period of last year, price of white eggs has increased by 42%.

## **Meat**

### **Retail**

Prices of skin less curry chicken and skin less broiler chicken have decreased by Rs.32.00/kg and Rs.17.00/kg respectively due to decreased farm gate prices.

Price of mutton has increased by Rs.29.00/kg due to increased farm gate price with limited production. Prices of beef and pork have not changed significantly.

Compared to the same period of last year, prices of all types of meat have increased in the range of 6%-34% with the highest price increase reported for pork.

### **EXPLANATORY NOTE**

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e. Tuesday and Friday) while with retail prices, it is thrice a week (i.e. Friday, Monday, and Tuesday).

**Table 01: Selected Markets: Wholesale Price of Rice (Rs/50Kg Bag)**

Week 29: 14 - 20 July 2023

LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
Colombo	10250	10750	9500	10000	12750	13000	8750	9000	8400	8700	6500	7000	8000	8250
Divulapitiya	11200	11350	9600	10000	12750	12900	10700	10700	8100	8600	6750	7200	7600	8250
Kurunegala	11250	11250	10500	10500	12750	13000	10250	10250	8150	8450	8000	8000	7750	9000
Nikaweratiya	11000	11250	9500	9750	12750	13100	10250	10600	7750	8000	7250	8500	7750	8000
Badulla	-	-	-	-	-	-	9000	9500	-	-	6800	7000	7500	7750
Puttalam	11200	11300	-	-	12750	13100	10350	10750	7750	8000	7000	7850	7800	8250
Dambulla	11250	11300	10400	10500	12900	12950	10400	10500	8500	8750	7250	7500	7900	8000
Anuradhapura	11000	11350	-	-	12900	13000	10250	10750	8250	9500	7750	8500	8000	8500
Tambuttegama	-	-	9750	10150	12900	12900	-	-	8200	8300	-	-	7700	7900
Polonnaruwa	11250	11300	-	-	12700	12750	10700	10750	-	-	9250	9350	9250	9350
Kalutara	-	-	10000	10250	13000	13250	-	-	8750	9000	7150	7300	8250	8400
Ampara	10750	11500	-	-	12750	13000	-	-	8250	8300	6750	7500	7200	7500
Kandy	11000	11200	9800	10000	12750	13000	10000	10200	8500	8750	7000	7250	8000	8250
Moneragala	11000	11250	9750	10250	12900	13000	10500	10750	8500	9500	6500	7000	6750	7750
Kegalle	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Dehiattakandiya	11000	11750	-	-	13000	13000	10500	10750	8500	9000	8000	8000	7250	8000
Hambantota	11250	11250	-	-	12750	12900	-	-	-	-	6250	6400	7750	8000
Matara	10900	11000	-	-	12900	13000	9750	10000	-	-	6650	6750	7750	8000
Galle	10900	11250	-	-	13000	13000	10500	10750	-	-	6250	6750	7900	8250
Meegoda	10500	10750	-	-	12750	13000	-	-	8200	8700	6400	6800	8000	8200
Tissamaharama	-	-	9750	10000	12750	12750	-	-	8250	8750	6200	6350	7200	7800
Embilipitiya	10900	11000	-	-	12900	13000	10350	10450	-	-	6400	6500	7100	7250
Jaffna	-	-	9750	10250	12750	12750	-	-	7750	7900	7000	7200	-	-
Vavuniya	10250	10500	-	-	13000	13250	8750	8900	7900	8200	6750	6900	8250	8400
Mannar	10500	10750	-	-	13000	13000	9000	9250	8250	8500	7000	7250	8500	8750
Killinochchi	10500	10750	-	-	13000	13250	8750	9000	8000	8250	6750	7000	8250	8500
Mullattivu	10250	10500	-	-	12750	13150	9250	9650	8500	8750	6750	7000	8500	8750
Batticaloa	10900	11250	-	-	12600	13100	9200	9400	-	-	6900	7250	8600	8900
Trincomalee	10250	10750	-	-	12750	12750	8750	9250	8000	8250	7000	7500	8500	8900
Galenbindunuwew	10750	11350	9500	9750	12900	13000	10600	10750	8500	9000	7750	8750	7750	8250
Matale	11250	11350	10500	10600	12900	13000	10000	10300	8500	8750	7000	7500	7250	7500

**Table 02: Selected Markets: Retail Price of Rice (Rs/Kg)**

Week 29: 14 - 20 July 2023

LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
Colombo	220.00	230.00	200.00	220.00	260.00	280.00	210.00	220.00	180.00	200.00	145.00	180.00	175.00	190.00
Gampaha	230.00	230.00	210.00	220.00	270.00	270.00	220.00	220.00	175.00	190.00	150.00	165.00	170.00	180.00
Kurunegala	230.00	230.00	-	-	270.00	280.00	210.00	220.00	178.00	190.00	180.00	190.00	170.00	180.00
Nikaweratiya	230.00	230.00	-	-	260.00	270.00	210.00	215.00	160.00	174.00	180.00	180.00	165.00	170.00
Dambulla	228.00	230.00	212.00	215.00	260.00	265.00	212.00	214.00	180.00	185.00	155.00	165.00	160.00	165.00
Anuradhapura	230.00	230.00	200.00	220.00	260.00	265.00	210.00	220.00	170.00	200.00	160.00	180.00	165.00	180.00
Thambuththegama	230.00	230.00	210.00	220.00	265.00	275.00	220.00	220.00	175.00	190.00	180.00	190.00	165.00	175.00
Polonnaruwa	228.00	230.00	-	-	258.00	260.00	218.00	220.00	190.00	205.00	190.00	190.00	190.00	190.00
Kaluthara	230.00	235.00	-	-	275.00	280.00	210.00	210.00	205.00	210.00	155.00	160.00	185.00	190.00
Badulla	-	-	-	-	260.00	270.00	-	-	190.00	200.00	140.00	145.00	155.00	160.00
Keppetipola	227.00	230.00	210.00	214.00	265.00	275.00	212.00	216.00	185.00	188.00	140.00	145.00	170.00	178.00
Moneragala	230.00	230.00	200.00	210.00	260.00	270.00	215.00	220.00	175.00	195.00	135.00	145.00	140.00	160.00
Kegalle	230.00	230.00	-	-	265.00	265.00	210.00	220.00	175.00	200.00	150.00	180.00	180.00	190.00
Ampara	225.00	230.00	-	-	260.00	260.00	220.00	220.00	175.00	180.00	130.00	140.00	140.00	150.00
Dehiattakandiya	230.00	240.00	-	-	260.00	260.00	220.00	220.00	175.00	180.00	165.00	170.00	150.00	160.00
Nuwaraeliya	226.00	230.00	210.00	215.00	270.00	280.00	210.00	215.00	186.00	188.00	138.00	145.00	175.00	180.00
Kandy	228.00	230.00	200.00	215.00	265.00	270.00	210.00	220.00	175.00	190.00	150.00	165.00	180.00	190.00
Puttalam	230.00	230.00	-	-	260.00	270.00	210.00	220.00	160.00	165.00	145.00	165.00	165.00	170.00
Hambantota	230.00	230.00	-	-	260.00	260.00	-	-	-	-	130.00	132.00	160.00	165.00
Rathnapura	230.00	240.00	220.00	220.00	-	-	-	-	175.00	200.00	138.00	146.00	174.00	176.00
Matara	230.00	230.00	-	-	260.00	260.00	216.00	220.00	-	-	139.00	142.00	160.00	168.00
Galle	230.00	230.00	-	-	260.00	260.00	220.00	220.00	-	-	135.00	145.00	165.00	175.00
Tissamaharama	-	-	200.00	205.00	260.00	260.00	-	-	170.00	180.00	126.00	132.00	156.00	160.00
Meegoda (DEC)	220.00	230.00	-	-	260.00	275.00	-	-	180.00	185.00	140.00	150.00	170.00	180.00
Embilipitiya	220.00	230.00	-	-	260.00	270.00	210.00	220.00	-	-	128.00	135.00	155.00	165.00
Jaffna	-	-	215.00	220.00	260.00	265.00	180.00	190.00	160.00	165.00	145.00	155.00	-	-
Vavuniya	220.00	225.00	-	-	270.00	276.00	185.00	190.00	175.00	180.00	150.00	154.00	170.00	174.00
Mannar	220.00	230.00	-	-	265.00	270.00	190.00	200.00	175.00	180.00	150.00	160.00	180.00	190.00
Killinochchi	220.00	230.00	-	-	270.00	280.00	190.00	195.00	170.00	175.00	145.00	150.00	175.00	185.00
Mullaittivu	-	-	210.00	220.00	260.00	270.00	190.00	200.00	175.00	180.00	140.00	150.00	180.00	185.00
Batticaloa	225.00	230.00	-	-	260.00	270.00	190.00	195.00	-	-	145.00	150.00	180.00	185.00
Trincomalee	220.00	230.00	-	-	260.00	270.00	190.00	200.00	170.00	180.00	150.00	165.00	180.00	190.00
Hanguranketha	228.00	230.00	210.00	215.00	258.00	260.00	210.00	215.00	168.00	185.00	137.00	145.00	149.00	188.00
Veyangoda	230.00	230.00	210.00	215.00	260.00	270.00	200.00	220.00	160.00	175.00	150.00	160.00	163.00	170.00
Galenbindunuwewa	220.00	230.00	195.00	200.00	260.00	265.00	215.00	220.00	175.00	190.00	160.00	180.00	160.00	170.00
Bandarawela	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Matale	228.00	230.00	214.00	215.00	260.00	260.00	210.00	215.00	185.00	190.00	160.00	175.00	170.00	175.00

**Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50Kg)**

Week 29: 14 - 20 July 2023

LOCATION	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	52500 - 57500	21500 - 23500	25000 - 27500	5500 - 6250	9500 - 12000	-	15000 - 15500	43000 - 46000	32500 - 39000	12500 - 14000
Kurunegala	53750 - 58000	24000 - 24000	27500 - 28000	6000 - 6250	10500 - 10750	-	-	43750 - 47500	34000 - 38000	13000 - 13750
Nikaweratiya	55000 - 56250	21000 - 23500	-	6000 - 6500	9900 - 10250	-	-	45000 - 45500	30000 - 35000	13400 - 14000
Dehiattakandiya	55000 - 60000	-	24000 - 27500	6000 - 6750	11000 - 13000	-	16500 - 18000	35000 - 40000	30000 - 32500	13250 - 14000
Dambulla (DEC)	53000 - 54000	-	21500 - 23000	5500 - 5750	9000 - 9750	-	16000 - 16500	40000 - 42500	30000 - 32500	13500 - 13750
Anuradhapura	52500 - 62500	20000 - 23000	-	6250 - 7000	10500 - 11500	-	-	42500 - 50000	32500 - 37500	13500 - 14000
Thambuththegama	52500 - 58750	-	24000 - 25000	5500 - 6000	10000 - 10500	-	15500 - 16500	42500 - 45000	30000 - 30000	13400 - 14000
Polonnaruwa	59000 - 59000	23250 - 23500	-	7500 - 7750	11500 - 11750	-	19000 - 19250	-	42500 - 42500	13500 - 13750
Kaluthara	55000 - 56000	23000 - 24000	-	6250 - 6500	10000 - 10250	-	15500 - 15750	45000 - 45500	34000 - 34500	13250 - 13400
Puttalam	52000 - 56000	-	17500 - 22500	6500 - 7000	10000 - 11000	-	16000 - 17250	37500 - 45000	27500 - 31000	13000 - 13750
Kandy	56500 - 57500	23000 - 23500	25000 - 26000	5500 - 6250	10000 - 10750	-	15500 - 16000	44000 - 45000	34000 - 35000	13250 - 13500
Matara	57500 - 60000	22500 - 22750	28000 - 29250	6300 - 6750	10500 - 11000	-	17500 - 18500	43000 - 45000	36500 - 37500	14000 - 14500
Hambantota	52500 - 60000	22500 - 23000	27500 - 29000	6000 - 6500	10500 - 11000	-	-	39000 - 42500	39000 - 41000	14250 - 14500
Kegalle	52000 - 58000	26500 - 27000	-	6600 - 6800	9600 - 9650	-	17500 - 17650	43000 - 45000	36000 - 36500	13500 - 14000
Galle	55000 - 59000	23000 - 26000	29000 - 30000	6500 - 6750	10250 - 10750	-	16000 - 18000	45000 - 50000	35000 - 40000	13000 - 13500
Tissamaharama	57750 - 60000	24000 - 26000	-	6500 - 7000	11250 - 12500	-	18500 - 19000	40000 - 40000	37500 - 37500	14250 - 14500
Meegoda (DEC)	52500 - 55000	-	24000 - 25000	5500 - 6000	9500 - 10750	-	16000 - 17000	45000 - 50000	37500 - 42500	13000 - 13750
Jaffna	52500 - 54000	-	18000 - 20000	6000 - 6250	9500 - 10000	-	-	46500 - 49000	-	13250 - 13750
Vavuniya	57500 - 58500	-	-	5500 - 6250	10750 - 11000	-	-	42500 - 45000	-	13500 - 13900
Mannar	55000 - 57500	20000 - 21000	-	6750 - 7000	11000 - 11250	-	-	47500 - 48750	-	13000 - 13250
Killinochchi	57500 - 60000	-	-	6750 - 7000	10500 - 10750	-	-	47000 - 48000	-	13250 - 13500
Mullattivu	57500 - 61500	-	-	6500 - 7000	10500 - 11000	-	-	47500 - 50000	40000 - 42500	13500 - 14000
Batticaloa	58000 - 60000	-	29000 - 30000	6500 - 6800	11000 - 11500	-	20000 - 22000	47000 - 47500	37000 - 37500	13300 - 13500
Trincomalee	55000 - 57500	-	21000 - 21500	6750 - 7000	-	-	-	56000 - 59000	28000 - 30000	12500 - 13000
Galenbindunuwewa	50000 - 62500	21000 - 22500	-	6750 - 7000	10500 - 11500	-	-	40000 - 50000	30000 - 36250	13500 - 14500
Matale	55000 - 57500	-	26000 - 26500	6000 - 6300	10000 - 10250	-	-	42500 - 45000	30000 - 38000	13000 - 13250

**Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/Kg)**

Week 29: 14 - 20 July 2023

LOCATIONS	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	1150.00 - 1400.00	450.00 - 460.00	520.00 - 700.00	120.00 - 160.00	210.00 - 280.00	-	350.00 - 460.00	1000.00 - 1400.00	750.00 - 1200.00	280.00 - 320.00
Gampaha	1280.00 - 1400.00	-	-	160.00 - 160.00	240.00 - 260.00	-	440.00 - 440.00	980.00 - 1200.00	800.00 - 880.00	280.00 - 320.00
Kurunegala	1200.00 - 1260.00	520.00 - 520.00	600.00 - 600.00	150.00 - 170.00	250.00 - 260.00	-	390.00 - 440.00	1100.00 - 1200.00	800.00 - 850.00	300.00 - 320.00
Nikaweratiya	1200.00 - 1300.00	500.00 - 500.00	550.00 - 580.00	140.00 - 160.00	230.00 - 240.00	-	400.00 - 400.00	900.00 - 1200.00	700.00 - 850.00	285.00 - 300.00
Dambulla	1100.00 - 1200.00	-	540.00 - 580.00	130.00 - 140.00	220.00 - 230.00	-	360.00 - 380.00	900.00 - 1000.00	700.00 - 800.00	280.00 - 300.00
Anuradhapura	1100.00 - 1400.00	480.00 - 520.00	580.00 - 680.00	140.00 - 150.00	230.00 - 240.00	-	-	1200.00 - 1300.00	700.00 - 850.00	280.00 - 300.00
Thambuththegama	1150.00 - 1300.00	-	580.00 - 600.00	120.00 - 150.00	220.00 - 240.00	-	380.00 - 400.00	950.00 - 1000.00	600.00 - 750.00	285.00 - 300.00
Polonnaruwa	1200.00 - 1300.00	480.00 - 500.00	-	160.00 - 170.00	240.00 - 250.00	-	390.00 - 400.00	1300.00 - 1400.00	980.00 - 980.00	285.00 - 290.00
Kaluthara	1260.00 - 1300.00	540.00 - 580.00	-	140.00 - 150.00	220.00 - 230.00	-	360.00 - 380.00	1000.00 - 1200.00	900.00 - 920.00	280.00 - 290.00
Badulla	1200.00 - 1300.00	500.00 - 550.00	600.00 - 600.00	140.00 - 160.00	240.00 - 250.00	400.00 - 440.00	-	1000.00 - 1200.00	800.00 - 800.00	280.00 - 300.00
Keppetipola	1200.00 - 1260.00	580.00 - 620.00	-	145.00 - 160.00	250.00 - 270.00	360.00 - 380.00	-	1160.00 - 1200.00	760.00 - 800.00	285.00 - 300.00
Moneragala	1100.00 - 1400.00	480.00 - 520.00	580.00 - 640.00	140.00 - 160.00	230.00 - 240.00	-	400.00 - 460.00	850.00 - 1100.00	600.00 - 800.00	290.00 - 300.00
Kegalle	1150.00 - 1200.00	520.00 - 600.00	-	150.00 - 170.00	240.00 - 250.00	-	400.00 - 420.00	950.00 - 1000.00	750.00 - 840.00	290.00 - 320.00
Ampara	1150.00 - 1230.00	500.00 - 585.00	-	150.00 - 155.00	240.00 - 260.00	-	395.00 - 400.00	980.00 - 1200.00	780.00 - 980.00	275.00 - 285.00
Dehiattakandiya	1200.00 - 1300.00	-	520.00 - 600.00	130.00 - 150.00	240.00 - 280.00	-	360.00 - 400.00	850.00 - 1000.00	700.00 - 800.00	270.00 - 300.00
Nuwaraeliya	1200.00 - 1260.00	560.00 - 600.00	-	150.00 - 160.00	250.00 - 280.00	-	380.00 - 400.00	1100.00 - 1180.00	780.00 - 820.00	285.00 - 300.00
Kandy	1200.00 - 1300.00	600.00 - 620.00	-	150.00 - 160.00	240.00 - 260.00	-	430.00 - 440.00	1160.00 - 1300.00	800.00 - 840.00	290.00 - 310.00
Puttalam	1100.00 - 1350.00	-	520.00 - 600.00	160.00 - 170.00	240.00 - 280.00	-	360.00 - 440.00	850.00 - 1000.00	650.00 - 800.00	270.00 - 300.00
Rathnapura	1400.00 - 1500.00	460.00 - 480.00	-	140.00 - 150.00	230.00 - 240.00	-	-	900.00 - 950.00	750.00 - 850.00	280.00 - 290.00
Hambantota	1250.00 - 1400.00	480.00 - 520.00	600.00 - 640.00	140.00 - 160.00	240.00 - 280.00	-	-	900.00 - 950.00	850.00 - 900.00	290.00 - 300.00
Matara	1250.00 - 1400.00	480.00 - 520.00	600.00 - 680.00	140.00 - 160.00	240.00 - 260.00	-	400.00 - 450.00	900.00 - 1100.00	760.00 - 850.00	290.00 - 300.00
Galle	1200.00 - 1350.00	480.00 - 560.00	650.00 - 700.00	140.00 - 150.00	220.00 - 240.00	-	360.00 - 400.00	1100.00 - 1200.00	750.00 - 850.00	280.00 - 300.00
Tissamaharama	1200.00 - 1300.00	530.00 - 550.00	-	140.00 - 150.00	240.00 - 260.00	-	380.00 - 390.00	850.00 - 850.00	800.00 - 800.00	300.00 - 310.00
Meegoda (DEC)	1150.00 - 1300.00	480.00 - 500.00	580.00 - 600.00	130.00 - 140.00	220.00 - 250.00	-	380.00 - 440.00	1150.00 - 1350.00	900.00 - 1000.00	300.00 - 320.00
Embilipitiya	1100.00 - 1250.00	480.00 - 520.00	-	140.00 - 150.00	220.00 - 240.00	-	380.00 - 400.00	900.00 - 1150.00	750.00 - 850.00	280.00 - 320.00
Jaffna	1150.00 - 1250.00	-	480.00 - 520.00	130.00 - 140.00	210.00 - 220.00	-	-	1000.00 - 1050.00	-	280.00 - 285.00
Vavuniya	1250.00 - 1300.00	-	-	155.00 - 160.00	230.00 - 240.00	-	-	1100.00 - 1180.00	900.00 - 950.00	280.00 - 290.00
Mannar	1200.00 - 1300.00	-	600.00 - 620.00	150.00 - 170.00	230.00 - 250.00	-	-	1000.00 - 1200.00	-	290.00 - 320.00
Killinochchi	1280.00 - 1320.00	-	-	150.00 - 170.00	240.00 - 250.00	-	-	1000.00 - 1050.00	-	280.00 - 300.00
Mullaittivu	1200.00 - 1300.00	-	-	-	240.00 - 260.00	-	-	1000.00 - 1050.00	850.00 - 900.00	290.00 - 300.00
Batticaloa	1250.00 - 1300.00	-	660.00 - 680.00	160.00 - 170.00	250.00 - 260.00	-	500.00 - 520.00	1000.00 - 1050.00	800.00 - 840.00	280.00 - 286.00
Trincomalee	1200.00 - 1280.00	450.00 - 480.00	-	145.00 - 160.00	235.00 - 250.00	-	480.00 - 520.00	1220.00 - 1280.00	650.00 - 680.00	280.00 - 310.00
Hanguranketha	1250.00 - 1350.00	480.00 - 600.00	-	130.00 - 150.00	220.00 - 260.00	-	350.00 - 380.00	950.00 - 1000.00	800.00 - 840.00	260.00 - 285.00
Veyangoda	1200.00 - 1300.00	520.00 - 600.00	-	160.00 - 170.00	220.00 - 240.00	-	350.00 - 380.00	1000.00 - 1200.00	840.00 - 880.00	270.00 - 300.00
Galenbindunuwewa	1100.00 - 1300.00	460.00 - 480.00	-	140.00 - 150.00	220.00 - 240.00	-	-	850.00 - 1100.00	650.00 - 750.00	280.00 - 300.00
Bandarawela	-	-	-	-	-	-	-	-	-	-
Matale	1200.00 - 1300.00	-	520.00 - 560.00	130.00 - 140.00	218.00 - 220.00	-	420.00 - 420.00	980.00 - 1000.00	780.00 - 800.00	270.00 - 280.00

**Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/Kg)**

Week 29: 14 - 20 July 2023

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	300.00 - 400.00	320.00 - 400.00	150.00 - 160.00	180.00 - 300.00	100.00 - 120.00
Meegoda (DEC)	-	350.00 - 460.00	380.00 - 440.00	160.00 - 180.00	180.00 - 200.00	120.00 - 150.00
Dambulla (DEC)	-	340.00 - 400.00	370.00 - 400.00	130.00 - 150.00	180.00 - 250.00	70.00 - 90.00
Keppetipola (DEC)	-	250.00 - 280.00	330.00 - 350.00	120.00 - 130.00	140.00 - 160.00	100.00 - 110.00
Norochchole (DEC)	-	-	-	-	150.00 - 180.00	-
Nuwara Eliya	-	330.00 - 350.00	410.00 - 420.00	130.00 - 140.00	160.00 - 170.00	110.00 - 120.00
Kandy	-	300.00 - 350.00	400.00 - 420.00	140.00 - 150.00	220.00 - 230.00	70.00 - 90.00
Hambantota	-	320.00 - 380.00	400.00 - 450.00	200.00 - 240.00	300.00 - 350.00	180.00 - 230.00
Thambuththegama (DEC)	-	430.00 - 480.00	410.00 - 440.00	160.00 - 180.00	200.00 - 230.00	120.00 - 140.00
Jaffna	-	450.00 - 480.00	450.00 - 480.00	180.00 - 210.00	250.00 - 280.00	-
Bandarawela	-	-	-	-	-	-
Veyangoda	-	380.00 - 440.00	380.00 - 420.00	150.00 - 180.00	200.00 - 250.00	100.00 - 140.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	60.00 - 100.00	120.00 - 160.00	350.00 - 450.00	100.00 - 140.00	250.00 - 320.00	300.00 - 350.00
Meegoda (DEC)	80.00 - 100.00	150.00 - 200.00	400.00 - 480.00	140.00 - 170.00	280.00 - 350.00	350.00 - 400.00
Moneragala	100.00 - 120.00	220.00 - 260.00	350.00 - 360.00	150.00 - 180.00	200.00 - 220.00	300.00 - 420.00
Dambulla (DEC)	30.00 - 40.00	120.00 - 150.00	330.00 - 350.00	80.00 - 100.00	270.00 - 340.00	300.00 - 330.00
Keppetipola (DEC)	50.00 - 60.00	130.00 - 150.00	280.00 - 320.00	100.00 - 110.00	270.00 - 290.00	300.00 - 320.00
Norochchole (DEC)	15.00 - 30.00	-	-	90.00 - 120.00	140.00 - 180.00	280.00 - 350.00
Nuwara Eliya	65.00 - 70.00	160.00 - 170.00	310.00 - 330.00	110.00 - 120.00	280.00 - 300.00	320.00 - 340.00
Kandy	50.00 - 60.00	120.00 - 160.00	330.00 - 350.00	130.00 - 140.00	250.00 - 300.00	320.00 - 350.00
Hambantota	140.00 - 160.00	200.00 - 240.00	410.00 - 480.00	150.00 - 200.00	250.00 - 300.00	360.00 - 420.00
Thambuththegama (DEC)	40.00 - 60.00	150.00 - 180.00	430.00 - 480.00	80.00 - 100.00	250.00 - 320.00	300.00 - 370.00
Tissamaharama	80.00 - 100.00	240.00 - 260.00	500.00 - 530.00	80.00 - 100.00	270.00 - 300.00	370.00 - 420.00
Jaffna	90.00 - 95.00	160.00 - 190.00	480.00 - 520.00	180.00 - 190.00	180.00 - 190.00	400.00 - 420.00
Bandarawela	-	-	-	-	-	-
Veyangoda	70.00 - 120.00	160.00 - 180.00	400.00 - 430.00	130.00 - 150.00	300.00 - 350.00	350.00 - 370.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	100.00 - 120.00	50.00 - 70.00	250.00 - 300.00	150.00 - 200.00	100.00 - 350.00	120.00 - 150.00
Meegoda (DEC)	110.00 - 130.00	50.00 - 80.00	250.00 - 380.00	280.00 - 320.00	-	110.00 - 150.00
Moneragala	100.00 - 140.00	80.00 - 120.00	300.00 - 350.00	200.00 - 250.00	150.00 - 220.00	200.00 - 300.00
Dambulla (DEC)	70.00 - 100.00	30.00 - 40.00	220.00 - 260.00	100.00 - 110.00	150.00 - 180.00	110.00 - 120.00
Keppetipola (DEC)	80.00 - 90.00	70.00 - 80.00	240.00 - 250.00	110.00 - 120.00	220.00 - 240.00	130.00 - 140.00
Norochchole (DEC)	50.00 - 100.00	20.00 - 35.00	230.00 - 280.00	120.00 - 150.00	150.00 - 180.00	120.00 - 150.00
Nuwara Eliya	90.00 - 100.00	60.00 - 70.00	250.00 - 270.00	120.00 - 130.00	240.00 - 250.00	140.00 - 150.00
Kandy	100.00 - 120.00	50.00 - 60.00	250.00 - 270.00	100.00 - 120.00	180.00 - 230.00	120.00 - 150.00
Hambantota	120.00 - 150.00	60.00 - 80.00	300.00 - 350.00	200.00 - 250.00	180.00 - 240.00	160.00 - 210.00
Thambuththegama (DEC)	70.00 - 110.00	15.00 - 25.00	200.00 - 250.00	100.00 - 130.00	170.00 - 200.00	50.00 - 80.00
Tissamaharama	120.00 - 130.00	40.00 - 50.00	350.00 - 400.00	140.00 - 160.00	120.00 - 150.00	190.00 - 220.00
Jaffna	100.00 - 115.00	65.00 - 75.00	250.00 - 300.00	100.00 - 110.00	250.00 - 300.00	-
Bandarawela	-	-	-	-	-	-
Veyangoda	100.00 - 120.00	45.00 - 60.00	280.00 - 330.00	150.00 - 180.00	180.00 - 200.00	120.00 - 150.00

**Table 06 (Contd.)**

	<b>Long Beans</b>	<b>Ash Plantain</b>	<b>Green Chillies</b>	<b>Lime</b>	<b>Sweet Potatoe</b>	<b>Manioc</b>
Colombo	200.00 - 250.00	140.00 - 160.00	500.00 - 550.00	200.00 - 300.00	80.00 - 120.00	140.00 - 150.00
Meegoda (DEC)	180.00 - 200.00	180.00 - 220.00	550.00 - 650.00	320.00 - 420.00	80.00 - 120.00	-
Moneragala	280.00 - 300.00	100.00 - 140.00	600.00 - 800.00	240.00 - 260.00	100.00 - 120.00	80.00 - 100.00
Dambulla (DEC)	150.00 - 200.00	120.00 - 150.00	530.00 - 600.00	230.00 - 260.00	80.00 - 110.00	100.00 - 120.00
Keppetipola (DEC)	180.00 - 190.00	130.00 - 140.00	600.00 - 650.00	250.00 - 280.00	110.00 - 120.00	120.00 - 130.00
Norochchole (DEC)	110.00 - 150.00	120.00 - 150.00	500.00 - 600.00	-	80.00 - 140.00	130.00 - 150.00
Nuwara Eliya	180.00 - 200.00	140.00 - 160.00	660.00 - 680.00	260.00 - 300.00	100.00 - 120.00	120.00 - 130.00
Kandy	170.00 - 200.00	160.00 - 200.00	600.00 - 650.00	250.00 - 270.00	90.00 - 110.00	110.00 - 120.00
Hambantota	250.00 - 300.00	120.00 - 150.00	750.00 - 800.00	400.00 - 480.00	120.00 - 150.00	90.00 - 140.00
Thambuththegama (DEC)	170.00 - 200.00	120.00 - 150.00	500.00 - 600.00	200.00 - 250.00	80.00 - 100.00	80.00 - 110.00
Tissamaharama	190.00 - 210.00	120.00 - 140.00	700.00 - 740.00	250.00 - 270.00	120.00 - 130.00	110.00 - 130.00
Jaffna	160.00 - 200.00	120.00 - 130.00	520.00 - 580.00	260.00 - 280.00	90.00 - 110.00	120.00 - 150.00
Bandarawela	-	-	-	-	-	-
Veyangoda	170.00 - 220.00	180.00 - 200.00	600.00 - 650.00	350.00 - 400.00	90.00 - 120.00	140.00 - 160.00

<b>Locations</b>	<b>Leafy Vegetables (Rs/Bundle)</b>			<b>Coconut (Rs/Nut)</b>	
	<b>Mukunuwenna</b>	<b>Kankun</b>	<b>Gotukola</b>	<b>Large</b>	<b>Small</b>
Colombo	40.00 - 50.00	40.00 - 50.00	280.00 - 300.00	90.00 - 100.00	70.00 - 80.00
Meegoda (DEC)	80.00 - 80.00	80.00 - 80.00	80.00 - 100.00	90.00 - 100.00	75.00 - 85.00
Norochchole (DEC)	50.00 - 60.00	50.00 - 60.00	120.00 - 130.00	65.00 - 70.00	55.00 - 60.00
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	25.00 - 30.00	25.00 - 30.00	20.00 - 25.00	70.00 - 75.00	60.00 - 62.00
Kandy	40.00 - 45.00	40.00 - 50.00	240.00 - 250.00	75.00 - 80.00	60.00 - 65.00
Hambantota	45.00 - 50.00	40.00 - 45.00	60.00 - 70.00	-	-
Thambuththegama (DEC)	30.00 - 30.00	30.00 - 30.00	30.00 - 30.00	68.00 - 70.00	60.00 - 65.00
Tissamaharama	40.00 - 45.00	40.00 - 45.00	50.00 - 55.00	80.00 - 85.00	60.00 - 65.00
Jaffna	70.00 - 80.00	30.00 - 35.00	180.00 - 200.00	80.00 - 90.00	60.00 - 75.00
Bandarawela	-	-	-	-	-
Veyangoda	35.00 - 40.00	35.00 - 40.00	45.00 - 45.00	80.00 - 85.00	-

*Colombo, Meegoda, Norochchole, Jaffna and Kandy - Gotukola Price Rs/Kg*



**Table 07: Selected Markets: Retail Price of Vegetables (Rs/Kg)**

Week 29: 14 - 20 July 2023

LOCATIONS	Up Country Varieties																
	Butter Beans		Green Beans		Carrot		Leeks		Beetroot		Knol Khol		Raddish		Cabbage		Tomato
Colombo	-	400.00 - 600.00	400.00 - 600.00	380.00 - 600.00	230.00 - 400.00	280.00 - 520.00	200.00 - 320.00	120.00 - 320.00	200.00 - 400.00	500.00 - 800.00							
Gampaha	-	400.00 - 400.00	400.00 - 520.00	240.00 - 320.00	480.00 - 480.00	240.00 - 280.00	160.00 - 240.00	320.00 - 320.00	600.00 - 600.00								
Kurunegala	-	580.00 - 600.00	560.00 - 600.00	280.00 - 320.00	500.00 - 580.00	280.00 - 340.00	240.00 - 280.00	300.00 - 320.00	560.00 - 600.00								
Nikaweratiya	-	520.00 - 600.00	520.00 - 600.00	320.00 - 400.00	320.00 - 520.00	240.00 - 320.00	120.00 - 220.00	320.00 - 400.00	480.00 - 600.00								
Dambulla	-	520.00 - 560.00	550.00 - 600.00	280.00 - 320.00	360.00 - 400.00	160.00 - 200.00	120.00 - 140.00	280.00 - 300.00	540.00 - 600.00								
Anuradhapura	-	520.00 - 600.00	520.00 - 600.00	260.00 - 320.00	400.00 - 480.00	200.00 - 280.00	120.00 - 160.00	280.00 - 360.00	500.00 - 600.00								
Thambuththegama	-	520.00 - 560.00	460.00 - 500.00	240.00 - 280.00	260.00 - 320.00	180.00 - 240.00	100.00 - 160.00	220.00 - 280.00	460.00 - 520.00								
Polonnaruwa	-	460.00 - 500.00	500.00 - 520.00	260.00 - 270.00	-	220.00 - 230.00	100.00 - 120.00	280.00 - 300.00	480.00 - 500.00								
Kaluthara	-	480.00 - 500.00	480.00 - 500.00	320.00 - 340.00	400.00 - 420.00	220.00 - 240.00	160.00 - 180.00	260.00 - 280.00	560.00 - 580.00								
Badulla	-	480.00 - 520.00	440.00 - 480.00	240.00 - 280.00	400.00 - 440.00	280.00 - 320.00	180.00 - 200.00	280.00 - 320.00	440.00 - 480.00								
Keppetipola	-	350.00 - 360.00	440.00 - 460.00	220.00 - 240.00	250.00 - 260.00	180.00 - 200.00	140.00 - 160.00	240.00 - 260.00	360.00 - 380.00								
Moneragala	-	480.00 - 520.00	480.00 - 560.00	240.00 - 320.00	400.00 - 520.00	240.00 - 260.00	160.00 - 200.00	300.00 - 320.00	480.00 - 520.00								
Kegalle	-	520.00 - 560.00	560.00 - 600.00	340.00 - 360.00	450.00 - 480.00	260.00 - 280.00	260.00 - 280.00	340.00 - 360.00	560.00 - 600.00								
Ampara	-	500.00 - 600.00	520.00 - 600.00	280.00 - 280.00	480.00 - 480.00	200.00 - 240.00	200.00 - 200.00	280.00 - 280.00	520.00 - 600.00								
Dehiattakandiya	-	400.00 - 520.00	400.00 - 580.00	240.00 - 320.00	320.00 - 400.00	200.00 - 240.00	200.00 - 240.00	200.00 - 320.00	480.00 - 520.00								
Nuwaraeliya	-	440.00 - 460.00	480.00 - 500.00	220.00 - 230.00	260.00 - 280.00	220.00 - 240.00	150.00 - 160.00	240.00 - 260.00	400.00 - 420.00								
Kandy	-	480.00 - 500.00	500.00 - 520.00	260.00 - 280.00	360.00 - 400.00	160.00 - 180.00	160.00 - 180.00	200.00 - 260.00	550.00 - 600.00								
Puttalam	-	520.00 - 600.00	520.00 - 600.00	300.00 - 400.00	400.00 - 480.00	-	180.00 - 220.00	320.00 - 400.00	520.00 - 600.00								
Hambantota	-	400.00 - 500.00	480.00 - 520.00	240.00 - 300.00	320.00 - 400.00	240.00 - 300.00	180.00 - 240.00	240.00 - 280.00	520.00 - 600.00								
Rathnapura	-	460.00 - 480.00	500.00 - 520.00	240.00 - 260.00	380.00 - 400.00	240.00 - 280.00	140.00 - 160.00	300.00 - 340.00	480.00 - 520.00								
Matara	-	400.00 - 480.00	480.00 - 580.00	240.00 - 320.00	300.00 - 400.00	200.00 - 240.00	140.00 - 160.00	240.00 - 300.00	550.00 - 600.00								
Galle	-	480.00 - 500.00	480.00 - 520.00	340.00 - 400.00	450.00 - 500.00	240.00 - 280.00	200.00 - 260.00	300.00 - 360.00	500.00 - 560.00								
Tissamaharama	-	470.00 - 490.00	500.00 - 530.00	240.00 - 260.00	350.00 - 380.00	280.00 - 290.00	120.00 - 140.00	260.00 - 290.00	570.00 - 620.00								
Meegoda (DEC)	-	460.00 - 520.00	480.00 - 560.00	300.00 - 320.00	320.00 - 400.00	240.00 - 300.00	200.00 - 240.00	280.00 - 320.00	600.00 - 700.00								
Embilipitiya	-	480.00 - 520.00	480.00 - 520.00	280.00 - 320.00	500.00 - 550.00	280.00 - 320.00	200.00 - 250.00	280.00 - 320.00	550.00 - 650.00								
Jaffna	-	500.00 - 550.00	500.00 - 520.00	220.00 - 260.00	300.00 - 350.00	-	100.00 - 150.00	200.00 - 250.00	550.00 - 600.00								
Vavuniya	-	500.00 - 600.00	520.00 - 600.00	300.00 - 340.00	300.00 - 400.00	-	180.00 - 200.00	260.00 - 320.00	600.00 - 650.00								
Mannar	-	520.00 - 600.00	520.00 - 600.00	350.00 - 400.00	400.00 - 450.00	200.00 - 240.00	200.00 - 220.00	320.00 - 360.00	520.00 - 600.00								
Killinochchi	-	580.00 - 620.00	540.00 - 560.00	340.00 - 360.00	380.00 - 420.00	-	200.00 - 220.00	320.00 - 340.00	640.00 - 660.00								
Mullaittivu	-	500.00 - 550.00	520.00 - 560.00	350.00 - 360.00	380.00 - 400.00	-	200.00 - 220.00	350.00 - 360.00	580.00 - 600.00								
Batticaloa	-	520.00 - 560.00	560.00 - 600.00	320.00 - 350.00	400.00 - 450.00	300.00 - 320.00	200.00 - 240.00	320.00 - 340.00	600.00 - 640.00								
Trincomalee	-	550.00 - 600.00	550.00 - 580.00	280.00 - 320.00	350.00 - 400.00	300.00 - 350.00	180.00 - 220.00	300.00 - 350.00	520.00 - 580.00								
Hanguranketha	-	420.00 - 450.00	450.00 - 480.00	200.00 - 220.00	260.00 - 300.00	120.00 - 150.00	100.00 - 110.00	180.00 - 200.00	400.00 - 430.00								
Veyangoda	-	480.00 - 520.00	500.00 - 540.00	320.00 - 360.00	400.00 - 460.00	280.00 - 320.00	240.00 - 260.00	320.00 - 360.00	480.00 - 520.00								
Galenbindunuwewa	-	520.00 - 600.00	560.00 - 600.00	280.00 - 320.00	320.00 - 450.00	200.00 - 240.00	100.00 - 140.00	240.00 - 320.00	560.00 - 600.00								
Bandarawela	-	-	-	-	-	-	-	-	-								
Matale	-	560.00 - 600.00	520.00 - 560.00	240.00 - 280.00	400.00 - 480.00	160.00 - 200.00	120.00 - 160.00	240.00 - 280.00	600.00 - 620.00								

**Table 07 (Contd.)**

LOCATIONS	Low Country Varieties										
	Ladies Fingers	Brinjal	Capsicum	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa	Long Beans	
Colombo	160.00 - 380.00	280.00 - 560.00	360.00 - 600.00	140.00 - 260.00	80.00 - 240.00	300.00 - 600.00	200.00 - 400.00	300.00 - 600.00	180.00 - 400.00	300.00 - 480.00	
Gampaha	320.00 - 320.00	440.00 - 560.00	480.00 - 480.00	200.00 - 240.00	120.00 - 160.00	480.00 - 480.00	280.00 - 400.00	400.00 - 400.00	280.00 - 320.00	320.00 - 400.00	
Kurunegala	280.00 - 320.00	400.00 - 460.00	500.00 - 600.00	160.00 - 200.00	120.00 - 160.00	460.00 - 480.00	280.00 - 320.00	380.00 - 460.00	340.00 - 360.00	360.00 - 400.00	
Nikaweratiya	240.00 - 320.00	320.00 - 360.00	400.00 - 600.00	160.00 - 200.00	120.00 - 160.00	360.00 - 400.00	240.00 - 320.00	360.00 - 400.00	240.00 - 400.00	240.00 - 280.00	
Dambulla	200.00 - 240.00	360.00 - 400.00	460.00 - 500.00	180.00 - 220.00	120.00 - 130.00	360.00 - 400.00	200.00 - 240.00	340.00 - 380.00	160.00 - 200.00	300.00 - 380.00	
Anuradhapura	200.00 - 320.00	380.00 - 400.00	480.00 - 600.00	160.00 - 240.00	140.00 - 160.00	360.00 - 480.00	200.00 - 320.00	400.00 - 600.00	200.00 - 320.00	280.00 - 360.00	
Thambuththegama	140.00 - 180.00	300.00 - 380.00	400.00 - 500.00	120.00 - 180.00	60.00 - 100.00	300.00 - 360.00	180.00 - 240.00	300.00 - 340.00	120.00 - 180.00	240.00 - 300.00	
Polonnaruwa	180.00 - 200.00	360.00 - 380.00	430.00 - 480.00	170.00 - 200.00	180.00 - 200.00	-	260.00 - 280.00	300.00 - 400.00	260.00 - 280.00	320.00 - 330.00	
Kaluthara	320.00 - 340.00	440.00 - 460.00	600.00 - 640.00	160.00 - 180.00	180.00 - 200.00	540.00 - 560.00	360.00 - 380.00	-	280.00 - 300.00	300.00 - 320.00	
Badulla	280.00 - 320.00	320.00 - 360.00	480.00 - 500.00	200.00 - 240.00	160.00 - 200.00	480.00 - 520.00	320.00 - 360.00	360.00 - 400.00	360.00 - 400.00	320.00 - 360.00	
Keppetipola	180.00 - 200.00	360.00 - 380.00	380.00 - 400.00	160.00 - 180.00	160.00 - 180.00	340.00 - 360.00	180.00 - 200.00	340.00 - 350.00	240.00 - 250.00	260.00 - 280.00	
Moneragala	240.00 - 320.00	240.00 - 320.00	400.00 - 520.00	140.00 - 240.00	120.00 - 200.00	400.00 - 420.00	240.00 - 320.00	300.00 - 320.00	240.00 - 360.00	320.00 - 400.00	
Kegalle	290.00 - 320.00	420.00 - 440.00	480.00 - 520.00	180.00 - 200.00	140.00 - 160.00	460.00 - 480.00	290.00 - 320.00	380.00 - 400.00	260.00 - 280.00	420.00 - 440.00	
Ampara	200.00 - 200.00	320.00 - 400.00	520.00 - 560.00	180.00 - 200.00	160.00 - 200.00	480.00 - 480.00	280.00 - 360.00	400.00 - 480.00	200.00 - 300.00	280.00 - 320.00	
Dehiattakandiya	200.00 - 240.00	280.00 - 320.00	400.00 - 520.00	160.00 - 220.00	100.00 - 120.00	400.00 - 480.00	200.00 - 320.00	280.00 - 320.00	280.00 - 300.00	300.00 - 320.00	
Nuwaraeliya	200.00 - 220.00	360.00 - 380.00	420.00 - 440.00	200.00 - 220.00	150.00 - 160.00	350.00 - 360.00	220.00 - 240.00	350.00 - 360.00	250.00 - 260.00	280.00 - 300.00	
Kandy	200.00 - 240.00	480.00 - 500.00	550.00 - 600.00	160.00 - 180.00	120.00 - 140.00	450.00 - 480.00	200.00 - 240.00	300.00 - 320.00	200.00 - 240.00	320.00 - 360.00	
Puttalam	240.00 - 320.00	400.00 - 480.00	560.00 - 600.00	200.00 - 240.00	160.00 - 200.00	400.00 - 480.00	300.00 - 320.00	400.00 - 480.00	280.00 - 320.00	280.00 - 320.00	
Rathnapura	200.00 - 220.00	400.00 - 440.00	500.00 - 540.00	180.00 - 220.00	140.00 - 160.00	460.00 - 500.00	300.00 - 340.00	440.00 - 480.00	300.00 - 340.00	320.00 - 340.00	
Hambantota	200.00 - 250.00	320.00 - 360.00	520.00 - 600.00	160.00 - 200.00	120.00 - 140.00	400.00 - 460.00	280.00 - 320.00	240.00 - 300.00	200.00 - 250.00	320.00 - 380.00	
Matara	240.00 - 300.00	320.00 - 400.00	400.00 - 600.00	160.00 - 240.00	120.00 - 160.00	320.00 - 400.00	240.00 - 320.00	220.00 - 240.00	200.00 - 300.00	340.00 - 400.00	
Galle	200.00 - 260.00	380.00 - 450.00	500.00 - 600.00	180.00 - 200.00	160.00 - 200.00	380.00 - 400.00	280.00 - 320.00	350.00 - 400.00	260.00 - 300.00	320.00 - 380.00	
Tissamaharama	140.00 - 180.00	300.00 - 350.00	460.00 - 480.00	140.00 - 160.00	50.00 - 70.00	420.00 - 480.00	190.00 - 230.00	240.00 - 250.00	260.00 - 300.00	250.00 - 300.00	
Meegoda (DEC)	300.00 - 320.00	400.00 - 480.00	560.00 - 600.00	200.00 - 240.00	160.00 - 200.00	480.00 - 560.00	360.00 - 400.00	-	340.00 - 400.00	380.00 - 440.00	
Embilipitiya	160.00 - 240.00	280.00 - 320.00	480.00 - 600.00	200.00 - 240.00	150.00 - 240.00	480.00 - 520.00	300.00 - 350.00	300.00 - 360.00	240.00 - 320.00	280.00 - 320.00	
Jaffna	200.00 - 220.00	180.00 - 200.00	450.00 - 550.00	120.00 - 140.00	80.00 - 120.00	300.00 - 350.00	120.00 - 180.00	300.00 - 400.00	-	200.00 - 260.00	
Vavuniya	200.00 - 260.00	300.00 - 340.00	600.00 - 640.00	200.00 - 240.00	100.00 - 140.00	600.00 - 700.00	280.00 - 300.00	370.00 - 400.00	350.00 - 400.00	350.00 - 400.00	
Mannar	280.00 - 320.00	400.00 - 450.00	560.00 - 600.00	200.00 - 220.00	180.00 - 200.00	400.00 - 450.00	240.00 - 280.00	400.00 - 480.00	-	320.00 - 400.00	
Killinochchi	230.00 - 250.00	400.00 - 440.00	600.00 - 640.00	200.00 - 220.00	200.00 - 220.00	600.00 - 650.00	200.00 - 240.00	500.00 - 550.00	-	380.00 - 420.00	
Mullaittivu	260.00 - 280.00	350.00 - 380.00	550.00 - 600.00	200.00 - 220.00	-	600.00 - 640.00	320.00 - 340.00	500.00 - 520.00	-	380.00 - 400.00	
Batticaloa	300.00 - 320.00	380.00 - 420.00	560.00 - 600.00	180.00 - 200.00	-	520.00 - 560.00	240.00 - 250.00	400.00 - 450.00	300.00 - 320.00	240.00 - 280.00	
Trincomalee	280.00 - 320.00	280.00 - 320.00	380.00 - 400.00	180.00 - 220.00	180.00 - 220.00	450.00 - 500.00	280.00 - 320.00	450.00 - 500.00	280.00 - 320.00	400.00 - 450.00	
Hanguranketha	150.00 180.00	340.00 380.00	400.00 450.00	150.00 180.00	80.00 100.00	280.00 300.00	150.00 180.00	300.00 400.00	160.00 190.00	300.00 320.00	
Veyangoda	240.00 - 320.00	380.00 - 400.00	500.00 - 600.00	160.00 - 180.00	120.00 - 160.00	480.00 - 520.00	320.00 - 360.00	480.00 - 480.00	320.00 - 380.00	400.00 - 400.00	
Galenbindunuwewa	280.00 - 320.00	400.00 - 420.00	520.00 - 600.00	200.00 - 220.00	120.00 - 140.00	340.00 - 400.00	240.00 - 300.00	-	220.00 - 260.00	280.00 - 320.00	
Bandarawela	-	-	-	-	-	-	-	-	-	-	
Matale	240.00 - 280.00	420.00 - 480.00	560.00 - 600.00	200.00 - 240.00	120.00 - 160.00	400.00 - 480.00	280.00 - 320.00	380.00 - 440.00	280.00 - 320.00	320.00 - 400.00	

Table 07 (Contd.)

LOCATIONS	Low Country Varieties					Leafy Vegetable			Coconut (Rs/Nut)	
	Ash Plantain	Green Chillies	Lime	Sweet Potato	Manioc	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	200.00 - 360.00	540.00 - 1000.00	300.00 - 600.00	140.00 - 240.00	160.00 - 260.00	50.00 - 80.00	50.00 - 80.00	95.00 - 100.00	100.00 - 120.00	80.00 - 100.00
Gampaha	320.00 - 320.00	800.00 - 1000.00	600.00 - 600.00	180.00 - 180.00	180.00 - 200.00	60.00 - 70.00	60.00 - 70.00	30.00 - 30.00	90.00 - 100.00	75.00 - 80.00
Kurunegala	280.00 - 320.00	900.00 - 1000.00	400.00 - 500.00	220.00 - 240.00	200.00 - 240.00	40.00 - 50.00	40.00 - 50.00	30.00 - 30.00	90.00 - 100.00	65.00 - 70.00
Nikaweratiya	160.00 - 200.00	800.00 - 1200.00	320.00 - 400.00	160.00 - 200.00	160.00 - 160.00	40.00 - 50.00	40.00 - 50.00	60.00 - 60.00	75.00 - 75.00	65.00 - 70.00
Dambulla	260.00 - 280.00	800.00 - 1000.00	400.00 - 500.00	150.00 - 200.00	200.00 - 220.00	45.00 - 50.00	45.00 - 50.00	40.00 - 50.00	85.00 - 90.00	65.00 - 75.00
Anuradhapura	200.00 - 280.00	800.00 - 1000.00	400.00 - 600.00	160.00 - 200.00	180.00 - 240.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	80.00 - 100.00	60.00 - 70.00
Thambuththegama	150.00 - 180.00	650.00 - 800.00	300.00 - 400.00	160.00 - 200.00	140.00 - 180.00	40.00 - 40.00	40.00 - 40.00	-	70.00 - 75.00	60.00 - 65.00
Polonnaruwa	160.00 - 160.00	800.00 - 900.00	300.00 - 350.00	160.00 - 180.00	200.00 - 220.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	-	50.00 - 60.00
Kaluthara	280.00 - 300.00	900.00 - 1000.00	500.00 - 600.00	240.00 - 260.00	220.00 - 240.00	60.00 - 75.00	60.00 - 75.00	80.00 - 100.00	110.00 - 120.00	90.00 - 95.00
Badulla	220.00 - 240.00	900.00 - 1000.00	450.00 - 500.00	160.00 - 200.00	220.00 - 240.00	70.00 - 70.00	70.00 - 70.00	70.00 - 80.00	85.00 - 95.00	75.00 - 80.00
Keppetipola	240.00 - 260.00	800.00 - 900.00	360.00 - 380.00	170.00 - 190.00	200.00 - 220.00	45.00 - 50.00	45.00 - 50.00	35.00 - 45.00	84.00 - 86.00	75.00 - 78.00
Moneragala	160.00 - 200.00	800.00 - 1000.00	300.00 - 320.00	160.00 - 180.00	120.00 - 150.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	80.00 - 90.00	60.00 - 70.00
Kegalle	260.00 - 280.00	880.00 - 900.00	420.00 - 450.00	220.00 - 240.00	200.00 - 210.00	70.00 - 80.00	70.00 - 80.00	50.00 - 70.00	85.00 - 90.00	65.00 - 80.00
Ampara	200.00 - 240.00	800.00 - 1000.00	300.00 - 400.00	140.00 - 200.00	140.00 - 160.00	50.00 - 60.00	50.00 - 50.00	50.00 - 50.00	90.00 - 90.00	80.00 - 80.00
Dehiattakandiya	160.00 - 260.00	1000.00 - 1400.00	400.00 - 600.00	160.00 - 200.00	150.00 - 200.00	60.00 - 60.00	60.00 - 60.00	60.00 - 60.00	70.00 - 85.00	55.00 - 65.00
Nuwaraeliya	250.00 - 260.00	1200.00 - 1400.00	380.00 - 410.00	180.00 - 200.00	200.00 - 220.00	50.00 - 60.00	50.00 - 60.00	40.00 - 45.00	84.00 - 86.00	75.00 - 80.00
Kandy	300.00 - 320.00	1000.00 - 1100.00	450.00 - 480.00	140.00 - 160.00	200.00 - 220.00	50.00 - 60.00	50.00 - 60.00	40.00 - 45.00	90.00 - 95.00	65.00 - 75.00
Puttalam	180.00 - 240.00	900.00 - 1000.00	400.00 - 480.00	200.00 - 240.00	200.00 - 240.00	70.00 - 70.00	70.00 - 70.00	40.00 - 40.00	70.00 - 80.00	60.00 - 68.00
Rathnapura	220.00 - 240.00	1100.00 - 1250.00	400.00 - 450.00	200.00 - 220.00	160.00 - 170.00	90.00 - 100.00	85.00 - 90.00	100.00 - 110.00	100.00 - 110.00	80.00 - 90.00
Hambanthota	160.00 - 200.00	800.00 - 950.00	520.00 - 600.00	140.00 - 200.00	140.00 - 200.00	50.00 - 55.00	50.00 - 50.00	70.00 - 80.00	90.00 - 110.00	70.00 - 80.00
Matara	220.00 - 250.00	800.00 - 950.00	400.00 - 500.00	100.00 - 120.00	160.00 - 200.00	55.00 - 60.00	55.00 - 60.00	75.00 - 90.00	90.00 - 100.00	70.00 - 80.00
Galle	200.00 - 240.00	800.00 - 800.00	450.00 - 500.00	160.00 - 220.00	200.00 - 220.00	60.00 - 70.00	50.00 - 60.00	60.00 - 80.00	95.00 - 100.00	80.00 - 85.00
Tissamaharama	160.00 - 180.00	800.00 - 850.00	280.00 - 330.00	140.00 - 160.00	160.00 - 180.00	45.00 - 50.00	45.00 - 50.00	55.00 - 60.00	85.00 - 90.00	65.00 - 70.00
Meegoda (DEC)	320.00 - 360.00	850.00 - 1000.00	480.00 - 500.00	200.00 - 240.00	-	90.00 - 90.00	90.00 - 90.00	100.00 - 120.00	110.00 - 120.00	80.00 - 100.00
Embilipitiya	160.00 - 200.00	700.00 - 800.00	400.00 - 500.00	150.00 - 200.00	150.00 - 200.00	50.00 - 70.00	50.00 - 70.00	80.00 - 90.00	90.00 - 110.00	60.00 - 80.00
Jaffna	150.00 - 180.00	600.00 - 700.00	300.00 - 350.00	100.00 - 140.00	160.00 - 200.00	80.00 - 90.00	35.00 - 40.00	40.00 - 45.00	100.00 - 130.00	60.00 - 80.00
Vavuniya	340.00 - 360.00	800.00 - 840.00	320.00 - 350.00	200.00 - 220.00	250.00 - 300.00	65.00 - 70.00	60.00 - 65.00	60.00 - 65.00	70.00 - 80.00	60.00 - 65.00
Mannar	200.00 - 240.00	800.00 - 1000.00	400.00 - 450.00	150.00 - 200.00	240.00 - 250.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	70.00 - 80.00	50.00 - 60.00
Killinochchi	140.00 - 160.00	800.00 - 850.00	380.00 - 420.00	200.00 - 230.00	260.00 - 300.00	50.00 - 60.00	40.00 - 50.00	40.00 - 45.00	70.00 - 80.00	50.00 - 60.00
Mullaittivu	160.00 - 180.00	700.00 - 750.00	380.00 - 400.00	180.00 - 200.00	280.00 - 300.00	50.00 - 60.00	50.00 - 60.00	40.00 - 50.00	80.00 - 90.00	65.00 - 70.00
Batticaloa	240.00 - 280.00	800.00 - 850.00	480.00 - 520.00	200.00 - 220.00	240.00 - 250.00	60.00 - 70.00	50.00 - 60.00	50.00 - 50.00	90.00 - 90.00	60.00 - 65.00
Trincomalee	270.00 300.00	820.00 880.00	600.00 630.00	120.00 150.00	220.00 250.00	45.00 55.00	45.00 55.00	45.00 50.00	100.00 110.00	75.00 85.00
Hanguranketha	230.00 - 260.00	800.00 - 1000.00	300.00 - 400.00	120.00 - 150.00	140.00 - 150.00	40.00 - 50.00	40.00 - 50.00	40.00 - 50.00	85.00 - 95.00	65.00 - 75.00
Veyangoda	260.00 - 280.00	800.00 - 1000.00	450.00 - 500.00	160.00 - 200.00	200.00 - 200.00	60.00 - 70.00	60.00 - 70.00	30.00 - 30.00	100.00 - 120.00	70.00 - 80.00
Galenbindunuwewa	120.00 - 140.00	700.00 - 1000.00	400.00 - 600.00	140.00 - 160.00	120.00 - 140.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	80.00 - 90.00	60.00 - 70.00
Bandarawela	-	-	-	-	-	-	-	-	-	-
Matale	240.00 - 280.00	900.00 - 1000.00	500.00 - 600.00	180.00 - 200.00	180.00 - 200.00	40.00 - 50.00	50.00 - 60.00	40.00 - 50.00	90.00 - 95.00	75.00 - 85.00

**Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/Kg)**

Week 29: 14 - 20 July 2023

LOCATIONS	Banana					Pineapple			Mango	
	Ambul (Rs/Kg)	Kolikuttu (Rs/Kg)	Seeni (Rs/Kg)	Anamalu	Ambun	Large	Medium	Small	Betti	Karthakolomban
Colombo	140.00 - 230.00	400.00 - 550.00	130.00 - 230.00	25.00 - 40.00	32.00 - 50.00	900.00 - 1100.00	650.00 - 880.00	450.00 - 650.00	-	75.00 - 180.00
Gampaha	170.00 - 200.00	440.00 - 450.00	160.00 - 180.00	22.00 - 28.00	28.00 - 35.00	900.00 - 1000.00	500.00 - 700.00	300.00 - 400.00	-	140.00 - 150.00
Kurunegala	160.00 - 200.00	500.00 - 550.00	120.00 - 150.00	18.00 - 20.00	30.00 - 38.00	700.00 - 760.00	500.00 - 600.00	250.00 - 300.00	70.00 - 80.00	150.00 - 160.00
Nikaweratiya	130.00 - 150.00	450.00 - 480.00	130.00 - 150.00	-	37.00 - 40.00	900.00 - 1000.00	700.00 - 800.00	550.00 - 650.00	-	-
Dambulla	160.00 - 170.00	400.00 - 450.00	160.00 - 170.00	-	38.00 - 40.00	700.00 - 750.00	480.00 - 500.00	250.00 - 280.00	50.00 - 60.00	140.00 - 160.00
Anuradhapura	160.00 - 200.00	400.00 - 500.00	160.00 - 180.00	20.00 - 30.00	35.00 - 47.00	900.00 - 1150.00	750.00 - 860.00	600.00 - 720.00	-	90.00 - 130.00
Thambuththegama	150.00 - 180.00	430.00 - 500.00	140.00 - 180.00	30.00 - 34.00	40.00 - 48.00	950.00 - 1100.00	800.00 - 900.00	620.00 - 720.00	-	100.00 - 120.00
Polonnaruwa	180.00 - 200.00	400.00 - 450.00	150.00 - 160.00	-	30.00 - 32.00	900.00 - 950.00	700.00 - 750.00	450.00 - 500.00	-	130.00 - 130.00
Kaluthara	180.00 - 200.00	460.00 - 480.00	160.00 - 180.00	28.00 - 30.00	35.00 - 38.00	-	-	560.00 - 580.00	-	110.00 - 120.00
Badulla	130.00 - 140.00	300.00 - 360.00	120.00 - 130.00	17.00 - 19.00	26.00 - 28.00	-	620.00 - 660.00	380.00 - 440.00	-	100.00 - 120.00
Keppetipola	130.00 - 140.00	390.00 - 420.00	125.00 - 130.00	17.00 - 22.00	30.00 - 35.00	-	680.00 - 700.00	460.00 - 490.00	46.00 - 50.00	110.00 - 130.00
Moneragala	100.00 - 140.00	250.00 - 300.00	60.00 - 80.00	15.00 - 18.00	19.00 - 23.00	-	540.00 - 630.00	450.00 - 520.00	-	120.00 - 130.00
Kegalle	130.00 - 150.00	440.00 - 480.00	140.00 - 160.00	15.00 - 25.00	20.00 - 25.00	-	680.00 - 750.00	450.00 - 550.00	-	80.00 - 100.00
Ampara	140.00 - 180.00	360.00 - 450.00	100.00 - 100.00	18.00 - 18.00	22.00 - 25.00	-	-	500.00 - 550.00	-	-
Dehiattakandiya	120.00 - 180.00	350.00 - 400.00	120.00 - 150.00	-	45.00 - 56.00	-	-	250.00 - 260.00	-	-
Nuwaraeliya	150.00 - 160.00	400.00 - 440.00	130.00 - 140.00	22.00 - 26.00	32.00 - 36.00	-	650.00 - 680.00	440.00 - 480.00	-	120.00 - 130.00
Kandy	170.00 - 180.00	400.00 - 430.00	160.00 - 180.00	23.00 - 25.00	38.00 - 45.00	950.00 - 1000.00	650.00 - 680.00	350.00 - 450.00	-	100.00 - 150.00
Puttalam	120.00 - 150.00	400.00 - 450.00	120.00 - 150.00	16.00 - 18.00	-	750.00 - 850.00	500.00 - 600.00	200.00 - 300.00	-	70.00 - 75.00
Rathnapura	190.00 - 220.00	330.00 - 360.00	180.00 - 220.00	-	-	800.00 - 900.00	500.00 - 600.00	200.00 - 300.00	-	100.00 - 125.00
Hambantota	140.00 - 150.00	420.00 - 450.00	140.00 - 150.00	19.00 - 22.00	25.00 - 27.00	850.00 - 900.00	650.00 - 750.00	360.00 - 400.00	-	120.00 - 130.00
Matara	160.00 - 180.00	420.00 - 450.00	140.00 - 155.00	20.00 - 22.00	31.00 - 32.00	950.00 - 980.00	840.00 - 880.00	350.00 - 480.00	-	100.00 - 130.00
Galle	160.00 - 200.00	400.00 - 460.00	150.00 - 180.00	25.00 - 30.00	30.00 - 32.00	-	580.00 - 650.00	400.00 - 500.00	-	100.00 - 150.00
Tissamaharama	110.00 - 130.00	350.00 - 400.00	110.00 - 130.00	30.00 - 35.00	30.00 - 35.00	750.00 - 780.00	620.00 - 640.00	400.00 - 420.00	-	80.00 - 90.00
Meegoda (DEC)	160.00 - 180.00	400.00 - 430.00	150.00 - 160.00	35.00 - 40.00	40.00 - 50.00	850.00 - 850.00	650.00 - 650.00	500.00 - 500.00	-	100.00 - 125.00
Embilipitiya	120.00 - 130.00	350.00 - 400.00	120.00 - 140.00	20.00 - 30.00	25.00 - 35.00	-	600.00 - 650.00	450.00 - 550.00	50.00 - 60.00	100.00 - 150.00
Jaffna	110.00 - 140.00	420.00 - 480.00	110.00 - 130.00	-	-	980.00 - 1200.00	820.00 - 950.00	620.00 - 750.00	-	120.00 - 170.00
Vavuniya	150.00 - 180.00	400.00 - 450.00	150.00 - 180.00	28.00 - 30.00	-	840.00 - 880.00	650.00 - 680.00	550.00 - 590.00	-	120.00 - 140.00
Mannar	150.00 - 180.00	350.00 - 400.00	140.00 - 160.00	18.00 - 20.00	-	-	700.00 - 750.00	500.00 - 600.00	-	125.00 - 150.00
Killinochchi	160.00 - 180.00	400.00 - 440.00	160.00 - 170.00	26.00 - 28.00	26.00 - 28.00	960.00 - 990.00	760.00 - 790.00	640.00 - 660.00	70.00 - 80.00	140.00 - 150.00
Mullaittivu	150.00 - 180.00	320.00 - 350.00	150.00 - 180.00	28.00 - 30.00	-	-	650.00 - 700.00	500.00 - 600.00	-	100.00 - 120.00
Batticaloa	150.00 - 160.00	400.00 - 420.00	140.00 - 150.00	20.00 - 25.00	-	-	700.00 - 750.00	550.00 - 650.00	-	100.00 - 120.00
Trincomalee	160.00 - 200.00	350.00 - 400.00	145.00 - 165.00	-	35.00 - 41.00	-	620.00 - 650.00	520.00 - 550.00	33.00 - 38.00	130.00 - 140.00
Veyangoda	200.00 - 220.00	500.00 - 550.00	180.00 - 220.00	20.00 - 25.00	31.00 - 44.00	950.00 - 1000.00	600.00 - 650.00	400.00 - 500.00	-	80.00 - 120.00
Galenbindunuwewa	140.00 - 160.00	300.00 - 320.00	100.00 - 150.00	25.00 - 30.00	35.00 - 40.00	1000.00 - 1200.00	850.00 - 950.00	700.00 - 800.00	-	120.00 - 140.00
Bandarawela	-	-	-	-	-	-	-	-	-	-
Matale	140.00 - 160.00	350.00 - 400.00	140.00 - 160.00	34.00 - 36.00	36.00 - 40.00	-	650.00 - 750.00	500.00 - 560.00	40.00 - 50.00	130.00 - 150.00

Table 08 (Contd.)

LOCATIONS	Mango				Other Fruits							
	Vilad		Kohu		Papaw (Rs/Kg)	Passion	Wood Apple	Orange	Avocado	Slime Apple	Grapes (Rs/Kg)	King Coconut
Colombo	60.00 - 110.00	-	-	-	140.00 - 250.00	30.00 - 60.00	85.00 - 180.00	65.00 - 150.00	60.00 - 150.00	40.00 - 130.00	1400.00 - 2800.00	120.00 - 150.00
Gampaha	-	-	-	-	200.00 - 200.00	50.00 - 60.00	90.00 - 100.00	150.00 - 150.00	60.00 - 100.00	100.00 - 120.00	2500.00 - 2500.00	120.00 - 120.00
Kurunegala	70.00 - 70.00	40.00 - 60.00	-	-	140.00 - 150.00	50.00 - 50.00	80.00 - 100.00	80.00 - 100.00	100.00 - 120.00	80.00 - 100.00	2500.00 - 2800.00	100.00 - 130.00
Nikaweratiya	-	-	-	-	120.00 - 150.00	20.00 - 30.00	50.00 - 60.00	70.00 - 100.00	80.00 - 120.00	-	2500.00 - 2800.00	100.00 - 120.00
Dambulla	60.00 - 80.00	30.00 - 40.00	-	-	140.00 - 150.00	20.00 - 30.00	90.00 - 100.00	80.00 - 100.00	70.00 - 80.00	50.00 - 80.00	2400.00 - 2500.00	120.00 - 140.00
Anuradhapura	-	-	-	-	140.00 - 180.00	-	50.00 - 70.00	80.00 - 120.00	80.00 - 100.00	50.00 - 60.00	2500.00 - 3000.00	120.00 - 150.00
Thambuththegama	-	-	-	-	100.00 - 150.00	-	-	-	50.00 - 70.00	100.00 - 130.00	1800.00 - 2400.00	100.00 - 120.00
Polonnaruwa	-	-	-	-	150.00 - 170.00	25.00 - 40.00	-	-	100.00 - 120.00	50.00 - 60.00	2500.00 - 2550.00	130.00 - 140.00
Kaluthara	-	-	-	-	140.00 - 160.00	40.00 - 45.00	110.00 - 120.00	120.00 - 130.00	120.00 - 130.00	125.00 - 135.00	2400.00 - 2600.00	120.00 - 130.00
Badulla	50.00 - 60.00	20.00 - 25.00	-	-	140.00 - 160.00	20.00 - 25.00	90.00 - 100.00	80.00 - 100.00	50.00 - 70.00	45.00 - 60.00	2500.00 - 2700.00	120.00 - 130.00
Keppetipola	48.00 - 55.00	18.00 - 22.00	-	-	140.00 - 160.00	36.00 - 40.00	70.00 - 90.00	80.00 - 90.00	50.00 - 60.00	45.00 - 50.00	2550.00 - 2650.00	110.00 - 120.00
Moneragala	50.00 - 60.00	-	-	-	180.00 - 200.00	25.00 - 28.00	50.00 - 70.00	60.00 - 80.00	60.00 - 70.00	40.00 - 60.00	2900.00 - 3000.00	90.00 - 100.00
Kegalle	-	20.00 - 25.00	-	-	140.00 - 170.00	15.00 - 25.00	55.00 - 70.00	80.00 - 100.00	50.00 - 60.00	40.00 - 70.00	2500.00 - 2600.00	100.00 - 120.00
Ampara	-	-	-	-	160.00 - 160.00	-	-	-	50.00 - 54.00	60.00 - 60.00	1800.00 - 1800.00	120.00 - 130.00
Dehiattakandiya	80.00 - 80.00	-	-	-	120.00 - 180.00	40.00 - 50.00	-	50.00 - 60.00	80.00 - 120.00	40.00 - 60.00	2800.00 - 3200.00	100.00 - 130.00
Nuwaraeliya	50.00 - 60.00	18.00 - 22.00	-	-	140.00 - 160.00	35.00 - 40.00	70.00 - 90.00	80.00 - 100.00	50.00 - 60.00	45.00 - 60.00	2400.00 - 2500.00	120.00 - 130.00
Kandy	70.00 - 80.00	-	-	-	150.00 - 200.00	30.00 - 40.00	120.00 - 130.00	80.00 - 100.00	50.00 - 100.00	50.00 - 60.00	2000.00 - 2600.00	130.00 - 140.00
Puttalam	-	-	-	-	140.00 - 160.00	-	-	65.00 - 75.00	75.00 - 85.00	-	-	100.00 - 140.00
Hambantota	-	-	-	-	120.00 - 130.00	-	60.00 - 70.00	90.00 - 110.00	50.00 - 60.00	40.00 - 50.00	2300.00 - 2500.00	90.00 - 110.00
Rathnapura	50.00 - 70.00	-	-	-	150.00 - 160.00	-	50.00 - 60.00	90.00 - 120.00	-	50.00 - 60.00	2000.00 - 2500.00	-
Matara	-	-	-	-	130.00 - 135.00	25.00 - 26.00	90.00 - 100.00	110.00 - 130.00	50.00 - 60.00	45.00 - 48.00	2300.00 - 2400.00	100.00 - 120.00
Galle	-	35.00 - 40.00	-	-	180.00 - 200.00	40.00 - 45.00	90.00 - 110.00	110.00 - 130.00	80.00 - 90.00	50.00 - 80.00	2900.00 - 3000.00	100.00 - 120.00
Tissamaharama	-	25.00 - 30.00	-	-	100.00 - 120.00	30.00 - 35.00	60.00 - 65.00	50.00 - 60.00	50.00 - 60.00	25.00 - 30.00	2800.00 - 2800.00	90.00 - 100.00
Meegoda (DEC)	100.00 - 100.00	-	-	-	140.00 - 160.00	40.00 - 40.00	-	90.00 - 100.00	60.00 - 80.00	40.00 - 50.00	2000.00 - 2400.00	120.00 - 130.00
Embilipitiya	50.00 - 60.00	30.00 - 40.00	-	-	120.00 - 150.00	20.00 - 40.00	80.00 - 100.00	100.00 - 120.00	60.00 - 90.00	20.00 - 30.00	2200.00 - 2400.00	110.00 - 130.00
Jaffna	80.00 - 110.00	-	-	-	120.00 - 150.00	-	-	110.00 - 120.00	-	-	2800.00 - 3200.00	120.00 - 150.00
Vavuniya	-	-	-	-	150.00 - 180.00	38.00 - 42.00	-	110.00 - 140.00	110.00 - 140.00	-	2850.00 - 3000.00	100.00 - 140.00
Mannar	60.00 - 80.00	-	-	-	150.00 - 180.00	30.00 - 35.00	-	110.00 - 140.00	80.00 - 100.00	100.00 - 130.00	2600.00 - 3000.00	140.00 - 160.00
Killinochchi	50.00 - 60.00	-	-	-	100.00 - 120.00	40.00 - 50.00	120.00 - 130.00	70.00 - 80.00	80.00 - 100.00	-	2600.00 - 2800.00	150.00 - 160.00
Mullaittivu	60.00 - 70.00	-	-	-	120.00 - 150.00	-	-	-	-	-	-	140.00 - 150.00
Batticaloa	-	-	-	-	180.00 - 200.00	40.00 - 45.00	120.00 - 150.00	90.00 - 100.00	90.00 - 100.00	-	2200.00 - 2400.00	150.00 - 150.00
Trincomalee	54.00 - 60.00	26.00 - 32.00	-	-	145.00 - 155.00	50.00 - 60.00	-	50.00 - 55.00	126.00 - 136.00	-	2700.00 - 2800.00	130.00 - 140.00
Veyangoda	-	-	-	-	180.00 - 250.00	30.00 - 40.00	100.00 - 120.00	100.00 - 130.00	80.00 - 100.00	50.00 - 80.00	2500.00 - 2800.00	100.00 - 130.00
Galenbindunuwewa	-	-	-	-	120.00 - 130.00	-	-	-	50.00 - 80.00	-	2500.00 - 3000.00	130.00 - 140.00
Bandarawela	-	-	-	-	-	-	-	-	-	-	-	-
Matale	40.00 - 60.00	30.00 - 40.00	-	-	130.00 - 150.00	20.00 - 25.00	90.00 - 100.00	120.00 - 150.00	80.00 - 90.00	40.00 - 50.00	2000.00 - 2500.00	110.00 - 120.00

**Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/Kg & Rs/Egg)**

Week 29: 14 - 20 July 2023

Locations	Sea Fish					
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw
Colombo	350.00 – 600.00	750.00 – 840.00	840.00 – 950.00	1000.00 – 1740.00	2000.00 – 3000.00	1250.00 – 1400.00
Kandy	550.00 – 580.00	950.00 – 980.00	950.00 – 1050.00	1650.00 – 1800.00	2600.00 – 2800.00	1500.00 – 1600.00
Kaluthara	520.00 – 540.00	980.00 – 1000.00	920.00 – 980.00	1450.00 – 1500.00	-	1480.00 – 1500.00
Puttalam	500.00 – 700.00	900.00 – 1100.00	800.00 – 1000.00	1350.00 – 1450.00	-	1350.00 – 1450.00
Matara	-	-	1100.00 – 1150.00	1900.00 – 1960.00	-	1800.00 – 1900.00
Hambantota	-	-	800.00 – 900.00	1750.00 – 1800.00	-	1200.00 – 1250.00
Galle	-	-	1000.00 – 1100.00	1500.00 – 1800.00	1600.00 – 1800.00	1400.00 – 1500.00
Batticaloa	350.00 – 400.00	900.00 – 1000.00	1100.00 – 1200.00	1900.00 – 2000.00	1900.00 – 2000.00	1800.00 – 1900.00
Trincomalee	420.00 – 500.00	850.00 – 920.00	1200.00 – 1270.00	2150.00 – 2200.00	2500.00 – 2550.00	1800.00 – 1920.00
Mannar	420.00 – 450.00	-	-	-	-	1100.00 – 1300.00

Locations	Sea Fish				Eggs	
	Mora	Shrimps	Thalapath	Teppeli	Brown	White
Colombo	900.00 – 1250.00	1600.00 – 1750.00	1800.00 – 2300.00	-	-	57.00 – 59.00
Kandy	1250.00 – 1300.00	1600.00 – 1700.00	2300.00 – 2400.00	-	55.00 – 56.00	54.00 – 56.00
Kaluthara	-	1800.00 – 1900.00	1900.00 – 2000.00	-	-	-
Puttalam	1700.00 – 1800.00	1100.00 – 1250.00	-	-	47.00 – 49.00	45.00 – 48.00
Matara	-	1750.00 – 1800.00	-	-	-	-
Hambantota	-	1700.00 – 1750.00	-	-	-	-
Galle	1000.00 – 1100.00	-	1800.00 – 2000.00	-	-	57.00 – 59.00
Batticaloa	1100.00 – 1200.00	1200.00 – 1400.00	1900.00 – 2000.00	-	58.00 – 60.00	58.00 – 60.00
Trincomalee	2050.00 – 2180.00	1550.00 – 1580.00	-	-	62.00 – 63.00	62.00 – 63.00
Mannar	1200.00 – 1300.00	1100.00 – 1300.00	-	-	-	58.00 – 59.00

**Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50Kg)**

Week 29: 14 - 20 July 2023

Locations	Local Dried Fish					
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa
Colombo	105000 – 110000	-	-	95000 – 102500	85000 – 91000	-
Kandy	88000 – 95000	-	-	97500 – 100000	85000 – 90000	-
Batticaloa	52500 – 55000	105000 – 110000	-	98500 – 100000	75000 – 77500	-
Trincomalee	52500 – 55000	-	92500 – 95000	-	74000 – 76000	75000 – 77500
Mannar	49000 – 50000	100000 – 105000	-	85000 – 90000	72500 – 75000	50000 – 55000

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	70000 – 79000	-	46000 – 50000	47500 – 55000	78000 – 86000	-
Kandy	72000 – 73000	-	44000 – 45000	47500 – 50000	85000 – 88000	-
Batticaloa	67500 – 70000	-	42500 – 45000	-	-	-
Trincomalee	82500 – 87500	-	40000 – 41500	42500 – 45000	102500 – 105000	-
Mannar	60000 – 65000	-	47500 – 50000	49000 – 50000	-	-

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	-	-	75000 – 82500	-	-	-
Kandy	-	-	-	-	-	-
Batticaloa	-	-	-	-	-	-
Trincomalee	-	-	-	-	-	-
Mannar	-	-	-	-	-	-

**Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/Kg & Rs/Eggs)**

Week 29: 14 - 20 July 2023

LOCATIONS	Sea Fish									Eggs									
	Salaya		Hurulla		Balaya		Kelawalla		Thora		Paraw		Mora		Thalapath		Brown		White
Colombo	560.00 - 800.00	800.00 - 1400.00	1300.00 - 2000.00	2000.00 - 3200.00	3200.00 - 4600.00	1900.00 - 3000.00	2000.00 - 2400.00	2600.00 - 3600.00	-	-	58.00 - 60.00	-	-	-	-	-	58.00 - 60.00	-	-
Gampaha	800.00 - 800.00	-	2400.00 - 2400.00	-	-	-	-	2800.00 - 2800.00	-	-	55.00 - 55.00	-	-	-	-	-	-	-	-
Kurunegala	600.00 - 700.00	800.00 - 900.00	1400.00 - 1400.00	1800.00 - 2000.00	-	1600.00 - 1700.00	1600.00 - 1700.00	2300.00 - 2400.00	60.00 - 60.00	60.00	-	-	-	-	-	-	-	-	-
Nikaweratiya	700.00 - 700.00	1100.00 - 1200.00	1100.00 - 1200.00	2600.00 - 2600.00	-	1500.00 - 1500.00	-	2700.00 - 2700.00	-	-	58.00 - 58.00	-	-	-	-	-	-	-	-
Dambulla	600.00 - 700.00	1000.00 - 1100.00	1200.00 - 1300.00	2000.00 - 2200.00	-	1600.00 - 2000.00	2000.00 - 2100.00	2400.00 - 2500.00	65.00 - 65.00	65.00	63.00 - 64.00	-	-	-	-	-	-	-	-
Anuradhapura	750.00 - 800.00	900.00 - 1000.00	1100.00 - 1200.00	2200.00 - 2400.00	3000.00 - 3000.00	1850.00 - 1900.00	-	2600.00 - 2600.00	-	-	-	-	-	-	-	-	-	-	-
Thambuththegama	700.00 - 800.00	1300.00 - 1300.00	1000.00 - 1200.00	2800.00 - 3000.00	3400.00 - 3400.00	-	-	3200.00 - 3400.00	-	-	-	-	-	-	-	-	-	-	-
Polonnaruwa	700.00 - 700.00	1300.00 - 1300.00	1600.00 - 1700.00	2200.00 - 2350.00	2800.00 - 2800.00	1550.00 - 1600.00	1800.00 - 1800.00	2400.00 - 2500.00	-	-	55.00 - 60.00	-	-	-	-	-	-	-	-
Kaluthara	620.00 - 640.00	1180.00 - 1200.00	1100.00 - 1200.00	2380.00 - 2400.00	-	2480.00 - 2500.00	-	2680.00 - 2700.00	-	-	59.00 - 60.00	-	-	-	-	-	-	-	-
Badulla	500.00 - 600.00	800.00 - 900.00	1300.00 - 1400.00	1800.00 - 2000.00	-	1600.00 - 1700.00	1600.00 - 1700.00	2300.00 - 2400.00	60.00 - 60.00	60.00	60.00 - 60.00	-	-	-	-	-	-	-	-
Keppetipola	680.00 - 700.00	1200.00 - 1300.00	1700.00 - 1800.00	2000.00 - 2250.00	-	2000.00 - 2200.00	1700.00 - 1800.00	2400.00 - 2500.00	63.00 - 66.00	66.00	62.00 - 64.00	-	-	-	-	-	-	-	-
Moneragala	750.00 - 800.00	900.00 - 1000.00	1100.00 - 1300.00	2800.00 - 3000.00	-	-	-	3000.00 - 3200.00	-	-	-	-	-	-	-	-	-	-	-
Kegalle	650.00 - 740.00	1250.00 - 1320.00	1700.00 - 2000.00	2440.00 - 2600.00	-	2000.00 - 2100.00	2000.00 - 2050.00	2780.00 - 3000.00	59.00 - 61.00	61.00	57.00 - 59.00	-	-	-	-	-	-	-	-
Ampara	700.00 - 800.00	1200.00 - 1200.00	1400.00 - 1800.00	2500.00 - 3000.00	-	-	-	2650.00 - 3000.00	60.00 - 62.00	62.00	60.00 - 62.00	-	-	-	-	-	-	-	-
Dehiattakandiya	800.00 - 800.00	-	1600.00 - 1600.00	2400.00 - 2400.00	-	-	-	2400.00 - 2400.00	58.00 - 60.00	60.00	57.00 - 59.00	-	-	-	-	-	-	-	-
Nuwaraeliya	720.00 - 760.00	1300.00 - 1400.00	1900.00 - 2000.00	2300.00 - 2400.00	-	2100.00 - 2200.00	1900.00 - 2000.00	2800.00 - 2900.00	64.00 - 66.00	66.00	62.00 - 64.00	-	-	-	-	-	-	-	-
Kandy	750.00 - 800.00	1200.00 - 1250.00	1250.00 - 1400.00	2300.00 - 2400.00	3000.00 - 3250.00	1800.00 - 1900.00	1760.00 - 1800.00	2700.00 - 2800.00	59.00 - 60.00	60.00	59.00 - 62.00	-	-	-	-	-	-	-	-
Puttalam	700.00 - 800.00	1200.00 - 1200.00	1000.00 - 1200.00	1500.00 - 1650.00	-	1450.00 - 1600.00	1850.00 - 2000.00	-	48.00 - 50.00	50.00	47.00 - 48.00	-	-	-	-	-	-	-	-
Hambantota	-	-	1400.00 - 1600.00	2400.00 - 2500.00	-	2000.00 - 2100.00	-	-	-	-	56.00 - 57.00	-	-	-	-	-	-	-	-
Rathnapura	600.00 - 660.00	760.00 - 800.00	1420.00 - 1560.00	2700.00 - 2800.00	3400.00 - 3600.00	1700.00 - 1800.00	1700.00 - 1800.00	2700.00 - 2800.00	-	-	-	-	-	-	-	-	-	-	-
Matara	-	700.00 - 800.00	1450.00 - 1600.00	2400.00 - 2450.00	-	2200.00 - 2300.00	-	-	-	-	55.00 - 57.00	-	-	-	-	-	-	-	-
Galle	600.00 - 650.00	1000.00 - 1100.00	1600.00 - 1700.00	2500.00 - 2600.00	-	1600.00 - 1800.00	-	2800.00 - 2800.00	60.00 - 60.00	60.00	50.00 - 60.00	-	-	-	-	-	-	-	-
Tissamaharama	-	700.00 - 750.00	1100.00 - 1200.00	-	-	-	-	-	-	-	58.00 - 60.00	-	-	-	-	-	-	-	-
Meegoda	600.00 - 700.00	-	1100.00 - 1100.00	2400.00 - 2800.00	-	1800.00 - 1900.00	-	-	-	-	57.00 - 58.00	-	-	-	-	-	-	-	-
Embilipitiya	550.00 - 650.00	750.00 - 850.00	1500.00 - 1600.00	2400.00 - 2500.00	-	1500.00 - 1600.00	1700.00 - 1800.00	2500.00 - 2600.00	59.00 - 60.00	60.00	57.00 - 60.00	-	-	-	-	-	-	-	-
Jaffna	400.00 - 450.00	800.00 - 820.00	1000.00 - 1100.00	1800.00 - 2000.00	-	1600.00 - 1800.00	2200.00 - 2500.00	-	58.00 - 60.00	60.00	58.00 - 59.00	-	-	-	-	-	-	-	-
Vavuniya	800.00 - 860.00	1200.00 - 1300.00	1400.00 - 1500.00	2400.00 - 2500.00	2600.00 - 2700.00	1800.00 - 1850.00	2400.00 - 2500.00	2400.00 - 2500.00	56.00 - 60.00	60.00	58.00 - 62.00	-	-	-	-	-	-	-	-
Mannar	500.00 - 550.00	-	1000.00 - 1200.00	-	-	1400.00 - 1600.00	1400.00 - 1600.00	-	62.00 - 63.00	63.00	60.00 - 61.00	-	-	-	-	-	-	-	-
Killinochchi	600.00 - 650.00	-	1200.00 - 1300.00	-	-	1800.00 - 1900.00	2000.00 - 2200.00	-	-	-	58.00 - 60.00	-	-	-	-	-	-	-	-
Mullaittivu	600.00 - 700.00	1000.00 - 1200.00	1200.00 - 1400.00	-	-	1800.00 - 2000.00	1800.00 - 1900.00	-	-	-	54.00 - 55.00	-	-	-	-	-	-	-	-
Batticaloa	500.00 - 600.00	1200.00 - 1400.00	1500.00 - 1600.00	2600.00 - 2800.00	2700.00 - 2800.00	2700.00 - 2800.00	2200.00 - 2400.00	2500.00 - 2600.00	60.00 - 62.00	62.00	60.00 - 62.00	-	-	-	-	-	-	-	-
Trincomalee	550.00 - 600.00	980.00 - 1100.00	1250.00 - 1350.00	2250.00 - 2400.00	2600.00 - 2700.00	2000.00 - 2200.00	2200.00 - 2300.00	-	64.00 - 65.00	65.00	64.00 - 65.00	-	-	-	-	-	-	-	-
Veyangoda	700.00 - 700.00	1400.00 - 1400.00	2000.00 - 2000.00	3000.00 - 3000.00	4000.00 - 4000.00	2000.00 - 2000.00	2400.00 - 2400.00	2800.00 - 2800.00	-	-	50.00 - 55.00	-	-	-	-	-	-	-	-
Galenbindunuwewa	800.00 - 800.00	1000.00 - 1000.00	1000.00 - 1000.00	2600.00 - 2600.00	3000.00 - 3000.00	1600.00 - 1600.00	2000.00 - 2000.00	2600.00 - 2600.00	-	-	-	-	-	-	-	-	-	-	-
Bandarawela	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Matale	600.00 - 700.00	900.00 - 1000.00	1700.00 - 2000.00	2200.00 - 2300.00	2600.00 - 2700.00	1800.00 - 2000.00	1600.00 - 1700.00	2700.00 - 2800.00	64.00 - 65.00	65.00	64.00 - 65.00	-	-	-	-	-	-	-	-

**Table 12: Selected Markets: Retail Price of Dried Fish (Rs/Kg)**

Week 29: 14 - 20 July 2023

LOCATIONS	Dried Fish													
	Sprats-Imported		Kattawa		Thora		Mora		Balaya		Anguluwa		Salaya	
Colombo	1000.00	1400.00	1900.00	3000.00	-	-	2200.00	3000.00	1800.00	2400.00	2000.00	2600.00	1100.00	1400.00
Gampaha	1100.00	1200.00	2400.00	2400.00	3400.00	3600.00	2400.00	2400.00	2000.00	2000.00	2000.00	2200.00	1200.00	1400.00
Kurunegala	1000.00	1200.00	1800.00	1800.00	3000.00	3000.00	2400.00	2400.00	1800.00	1900.00	2200.00	2200.00	1200.00	1300.00
Nikaweratiya	1100.00	1200.00	2400.00	2400.00	-	-	2200.00	2400.00	1800.00	1800.00	2200.00	2200.00	1400.00	1400.00
Dambulla	1100.00	1200.00	2400.00	2600.00	-	-	2400.00	2500.00	1500.00	1600.00	2000.00	2200.00	-	-
Anuradhapura	1000.00	1400.00	2000.00	2800.00	-	-	2400.00	2800.00	1800.00	2400.00	2400.00	2600.00	1000.00	1400.00
Thambuththegama	1000.00	1200.00	1850.00	1850.00	-	-	2200.00	2400.00	1750.00	1850.00	1600.00	1800.00	-	-
Polonnaruwa	1100.00	1200.00	2400.00	2400.00	-	-	2300.00	2350.00	2000.00	2000.00	2200.00	2200.00	1100.00	1200.00
Kaluthara	1100.00	1200.00	2400.00	2600.00	-	-	2300.00	2400.00	1900.00	2000.00	-	-	1300.00	1400.00
Badulla	1200.00	1300.00	2400.00	2500.00	-	-	2200.00	2300.00	1600.00	1800.00	-	-	1000.00	1200.00
Keppetipola	1180.00	1260.00	2600.00	2700.00	-	-	2380.00	2400.00	1800.00	1900.00	2350.00	2400.00	1250.00	1300.00
Moneragala	1200.00	1300.00	2200.00	2600.00	-	-	2300.00	2400.00	2300.00	2400.00	2200.00	2400.00	1200.00	1400.00
Kegalle	1000.00	1100.00	2000.00	2200.00	-	-	2050.00	2300.00	1800.00	2000.00	-	-	-	-
Ampara	1000.00	1250.00	2150.00	2150.00	-	-	2200.00	2300.00	1850.00	2200.00	2400.00	2400.00	1200.00	1250.00
Dehiattakandiya	1200.00	1200.00	2800.00	2800.00	-	-	2200.00	2200.00	2000.00	2000.00	1600.00	1600.00	-	-
Nuwaraeliya	1200.00	1300.00	2500.00	2600.00	-	-	2400.00	2450.00	1800.00	2000.00	2260.00	2400.00	1250.00	1300.00
Kandy	1100.00	1400.00	2700.00	2800.00	-	-	2500.00	2600.00	2200.00	2300.00	2600.00	2700.00	1300.00	1350.00
Puttalam	1100.00	1250.00	2400.00	2800.00	-	-	2300.00	2450.00	1800.00	2000.00	1400.00	1800.00	900.00	1100.00
Hambantota	1150.00	1200.00	2200.00	2400.00	-	-	-	-	1700.00	1900.00	2200.00	2300.00	-	-
Rathnapura	1040.00	1200.00	2300.00	2400.00	-	-	2200.00	2400.00	1860.00	1920.00	2100.00	2200.00	1120.00	1260.00
Matara	1150.00	1250.00	2350.00	2500.00	-	-	-	-	1800.00	2200.00	2250.00	2400.00	-	-
Galle	1200.00	1400.00	2400.00	2600.00	2400.00	2600.00	2200.00	2200.00	1800.00	2000.00	2000.00	2200.00	1200.00	1300.00
Tissamaharama	1000.00	1200.00	-	-	-	-	-	-	1700.00	2200.00	-	-	-	-
Meegoda	1100.00	1200.00	2200.00	2300.00	-	-	2350.00	2400.00	2150.00	2200.00	2400.00	2400.00	1100.00	1150.00
Embilipitiya	1000.00	1300.00	2300.00	2400.00	2300.00	2400.00	2200.00	2400.00	1700.00	2200.00	2250.00	2450.00	1400.00	1500.00
Jaffna	1100.00	1200.00	2500.00	2800.00	-	-	-	-	-	-	-	-	-	-
Vavuniya	1200.00	1280.00	1900.00	2000.00	-	-	2400.00	2480.00	-	-	1200.00	1250.00	1000.00	1200.00
Mannar	1100.00	1200.00	2200.00	2400.00	-	-	2000.00	2200.00	1600.00	1800.00	1200.00	1350.00	1100.00	1200.00
Killinochchi	1100.00	1200.00	2400.00	2500.00	-	-	2700.00	2800.00	-	-	1200.00	1300.00	1000.00	1100.00
Mullaittivu	1400.00	1500.00	2300.00	2500.00	-	-	2000.00	2200.00	1800.00	1900.00	1100.00	1200.00	1000.00	1100.00
Batticaloa	1200.00	1300.00	2300.00	2400.00	-	-	2000.00	2200.00	1600.00	1800.00	-	-	1000.00	1100.00
Trincomalee	1250.00	1320.00	2150.00	2250.00	2000.00	2200.00	-	-	1620.00	1660.00	1680.00	1720.00	900.00	950.00
Veyangoda	1000.00	1200.00	2200.00	2300.00	-	-	2200.00	2400.00	1800.00	1920.00	2000.00	2200.00	1000.00	1200.00
Galenbindunuwewa	1000.00	1200.00	2400.00	2600.00	-	-	2200.00	2400.00	1800.00	2200.00	2200.00	2400.00	1000.00	1200.00
Bandarawela	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Matale	1200.00	1400.00	2600.00	2700.00	3500.00	3600.00	2300.00	2400.00	2200.00	2300.00	2200.00	2300.00	1000.00	1100.00



**Table 13: Selected Markets: Retail Price of Meat (Rs/Kg)**

Week 29: 14 - 20 July 2023

LOCATIONS	Meat	Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork
Colombo	2200.00 - 2500.00	1480.00 - 1580.00	1500.00 - 1600.00	3100.00 - 3500.00	1400.00 - 1800.00
Gampaha	2200.00 - 2200.00	1490.00 - 1500.00	1700.00 - 1700.00	3000.00 - 3000.00	1400.00 - 1400.00
Kurunegala	1900.00 - 2000.00	1500.00 - 1600.00	-	2700.00 - 2700.00	1400.00 - 1600.00
Nikaweratiya	2000.00 - 2200.00	1400.00 - 1450.00	-	2950.00 - 2950.00	-
Dambulla	-	1450.00 - 1500.00	1600.00 - 1700.00	-	1700.00 - 1800.00
Anuradhapura	2000.00 - 2200.00	1400.00 - 1500.00	-	3200.00 - 3500.00	1500.00 - 1600.00
Thambuththegama	2000.00 - 2300.00	1370.00 - 1420.00	-	-	1600.00 - 1700.00
Polonnaruwa	-	1650.00 - 1700.00	-	-	1800.00 - 1800.00
Kaluthara	2400.00 - 2500.00	1520.00 - 1560.00	1580.00 - 1600.00	-	1500.00 - 1600.00
Badulla	1800.00 - 2000.00	1600.00 - 1700.00	-	2800.00 - 3000.00	-
Keppetipola	2000.00 - 2100.00	1520.00 - 1560.00	1640.00 - 1660.00	2900.00 - 3000.00	-
Moneragala	2000.00 - 2000.00	1650.00 - 1700.00	-	2800.00 - 2800.00	1500.00 - 1600.00
Kegalle	2200.00 - 2200.00	1350.00 - 1590.00	-	2800.00 - 2850.00	1800.00 - 1850.00
Ampara	2100.00 - 2100.00	-	1400.00 - 1650.00	-	1650.00 - 1700.00
Dehiattakandiya	-	1320.00 - 1490.00	-	-	1380.00 - 1650.00
Nuwaraeliya	2000.00 - 2200.00	1500.00 - 1560.00	1550.00 - 1650.00	3000.00 - 3200.00	1900.00 - 2000.00
Kandy	2200.00 - 2200.00	1460.00 - 1470.00	1525.00 - 1550.00	3000.00 - 3000.00	1700.00 - 1750.00
Puttalam	2000.00 - 2200.00	1300.00 - 1450.00	-	3200.00 - 3200.00	-
Hambantota	-	1550.00 - 1580.00	-	-	-
Rathnapura	2200.00 - 2200.00	1420.00 - 1500.00	1550.00 - 1600.00	3000.00 - 3000.00	1500.00 - 1560.00
Matara	-	1550.00 - 1580.00	-	-	-
Galle	2200.00 - 2200.00	1550.00 - 1600.00	-	3200.00 - 3300.00	-
Tissamaharama	-	1450.00 - 1550.00	-	2800.00 - 2800.00	1800.00 - 1850.00
Meegoda	-	1450.00 - 1470.00	1620.00 - 1800.00	3000.00 - 3200.00	1600.00 - 1650.00
Embilipitiya	2000.00 - 2100.00	1350.00 - 1450.00	-	2900.00 - 3000.00	1550.00 - 1800.00
Jaffna	1700.00 - 2000.00	1600.00 - 1700.00	1700.00 - 1800.00	3200.00 - 3500.00	-
Vavuniya	2000.00 - 2180.00	1700.00 - 1800.00	-	2950.00 - 3000.00	-
Mannar	1800.00 - 1900.00	1700.00 - 1800.00	-	-	-
Killinochchi	1900.00 - 1950.00	1800.00 - 1850.00	1900.00 - 1950.00	3000.00 - 3200.00	-
Mullaittivu	1700.00 - 1800.00	1800.00 - 1900.00	-	-	-
Batticaloa	1700.00 - 1800.00	1700.00 - 1800.00	1900.00 - 2000.00	-	-
Trincomalee	1800.00 - 1850.00	1500.00 - 1520.00	1820.00 - 1850.00	-	-
Veyangoda	2200.00 - 2200.00	1450.00 - 1450.00	1500.00 - 1500.00	3000.00 - 3000.00	1500.00 - 1500.00
Galenbindunuwewa	2000.00 - 2000.00	1480.00 - 1480.00	-	-	1500.00 - 1600.00
Bandarawela	-	-	-	-	-
Matale	2100.00 - 2200.00	1480.00 - 1550.00	-	2800.00 - 2900.00	1600.00 - 1700.00

Table 14: Colombo: Wholesale Prices (Rs/Kg or Rs/Pieces)

Week 29: 14 - 20 July 2023

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
<b>Rice</b>													
<b>Local</b>													
Samba 1	205.00 - 215.00	209.30	210.00		-0.33		Large	90.00 - 100.00	94.38	90.00	74.30	4.86	27.02
Samba 2	190.00 - 200.00	198.00	200.00	241.40	-1.00	-17.98	Small	70.00 - 80.00	76.25	75.00	63.50	1.67	20.08
Keeri Samba	255.00 - 260.00	257.50	258.57	255.90	-0.41	0.63	<b>Fruits (Rs/Fruit)</b>						
Nadu 1	175.00 - 180.00	177.50	178.13		-0.35		<b>Plantain</b>						
Nadu 2	168.00 - 174.00	170.00	169.33	236.40	0.39	-28.09	Ambul (Rs/Kg)	100.00 - 150.00	123.33	148.46	103.85	-16.93	18.77
Raw (Red)	130.00 - 140.00	137.00	137.57	254.00	-0.42	-46.06	Kolikuttu (Rs/Kg)	350.00 - 420.00	388.33	414.17	175.00	-6.24	121.90
Raw (White)	160.00 - 165.00	162.20	165.00	238.40	-1.70	-31.96	Seeni (Rs/Kg)	80.00 - 120.00	100.00	119.17	92.14	-16.08	8.53
<b>Imported</b>													
Samba	200.00 - 222.00	210.70	218.00	197.70	-3.35	6.58	Anamalu	20.00 - 25.00	22.33	25.33	13.40	-11.84	66.67
Nadu				198.60			Ambun	25.00 - 30.00	27.67	29.58	16.40	-6.48	68.70
Raw (Red)							Papaw(Rs/Kg)	80.00 - 120.00	100.00	103.85	135.38	-3.70	-26.14
Raw (White)	190.00 - 190.00	190.00	190.29	177.60	-0.15	6.98	Passion Fruit	22.00 - 30.00	26.82	26.50	27.60	1.20	-2.83
<b>Dried Chillies</b>													
Imported	1050.00 - 1150.00	1102.00	1105.71	1632.50	-0.34	-32.50	Pineapple Large	730.00 - 820.00	772.00	868.89	398.00	-11.15	93.97
<b>Onion</b>													
Sinnan				275.00			Pineapple Medium	560.00 - 640.00	594.00	675.56	322.00	-12.07	84.47
Vedalan	500.00 - 550.00	523.00	479.29	334.29	9.12	56.45	Pineapple Small	430.00 - 500.00	458.00	514.44	236.00	-10.97	94.07
Imported	430.00 - 470.00	446.67		273.50		63.32	<b>Mango</b>						
<b>Big Onion</b>													
Imported	110.00 - 125.00	116.50	125.00	197.80	-6.80	-41.10	Betti	35.00 - 45.00	40.00	35.00		14.29	
<b>Local</b>													
<b>Potato</b>													
Welimada							Karthakolomban	70.00 - 100.00	84.00	79.17	132.86	6.11	-36.77
N'Eliya	300.00 - 310.00	304.17	335.00	395.00	-9.20	-23.00	Vilad	58.00 - 70.00	61.38	57.22	55.00	7.26	11.59
Imported	190.00 - 240.00	207.78	207.14	197.80	0.31	5.04	Kohu						
<b>Pulses</b>													
Green Gram	860.00 - 920.00	896.67	900.00	807.50	-0.37	11.04	<b>Other</b>						
Cowpea (White)	650.00 - 780.00	705.00	643.57	721.00	9.54	-2.22	Wood Apple	70.00 - 90.00	81.36	95.56	41.33	-14.85	96.85
Cowpea (Red)	750.00 - 840.00	790.50	776.00	610.00	1.87	29.59	Orange	60.00 - 90.00	73.33	82.50	58.50	-11.11	25.36
Red Dhal	250.00 - 280.00	267.22	249.29	510.50	7.20	-47.65	Avocado	50.00 - 90.00	69.23	72.31	47.69	-4.26	45.16
<b>Vegetable</b>													
Beans (Butter)							Slime Apple	22.00 - 27.00	23.80	26.00	28.83	-8.46	-17.46
Beans(Green)	300.00 - 400.00	363.00	412.00	331.00	-11.89	9.67	Grapes (Imp., Rs/Kg)	1100.00 - 1350.00	1242.86	1400.00		-11.22	
Carrot	320.00 - 400.00	358.00	334.00	269.00	7.19	33.09	King Coconut	80.00 - 100.00	90.00	85.00	113.33	5.88	-20.59
Leeks	150.00 - 160.00	155.00	124.00	180.00	25.00	-13.89	<b>Sea Fish</b>						
Beetroot	180.00 - 300.00	230.00	313.64	223.33	-26.67	2.99	Salaya	350.00 - 600.00	457.00	538.00	602.00	-15.06	-24.09
Knolkhol	100.00 - 120.00	110.00	117.00	145.00	-5.98	-24.14	Hurulla	750.00 - 840.00	792.00	1153.00	896.25	-31.31	-11.63
Raddish	60.00 - 100.00	76.00	98.00	110.00	-22.45	-30.91	Balaya	840.00 - 950.00	898.00	1183.00	1016.25	-24.09	-11.64
Cabbage	120.00 - 160.00	135.00	138.00	269.00	-2.17	-49.81	Kelawalla	1000.00 - 1740.00	1414.00	1585.00	1432.86	-10.79	-1.32
Tomato	350.00 - 450.00	398.00	475.00	195.00	-16.21	104.10	Thora	2000.00 - 3000.00	2350.00	2530.00	2781.25	-7.11	-15.51
Ladies Fingers	100.00 - 140.00	121.00	134.00	240.00	-9.70	-49.58	Paraw	1250.00 - 1400.00	1331.00	1688.00	1591.25	-21.15	-16.36
Brinjal	250.00 - 320.00	292.00	238.00	292.00	22.69	0.00	Mora	900.00 - 1250.00	1042.50	1183.33		-11.90	
Capsicum	300.00 - 350.00	314.00	322.00	552.00	-2.48	-43.12	Shrimps	1600.00 - 1750.00	1663.00	1658.00	1407.50	0.30	18.15
Pumpkin	100.00 - 120.00	110.00	116.00	235.00	-5.17	-53.19	Thalpath	1800.00 - 2300.00	2065.00	2135.00	1788.75	-3.28	15.44
Cucumber	50.00 - 70.00	60.00	64.00	99.00	-6.25	-39.39	<b>Eggs</b>						
Bitter Gourd	250.00 - 300.00	269.00	275.00	270.00	-2.18	-0.37	Brown				41.38		
Snake Gourd	150.00 - 200.00	174.44	219.00	201.00	-20.35	-13.21	White	57.00 - 59.00	58.00	56.50	38.75	2.65	49.68
Drumstick	100.00 - 350.00	224.55	407.00	232.00	-44.83	-3.21	<b>Dried Fish</b>						
Luffa	120.00 - 150.00	134.00	145.00	149.00	-7.59	-10.07	Sprats	2100.00 - 2200.00	2165.00	2074.44	2160.00	4.37	0.23
Long Beans	200.00 - 250.00	216.00	275.00	193.00	-21.45	11.92	Sprats (Imported)	950.00 - 1100.00	1023.33	990.83	1564.17	3.28	-34.58
Ash Plantain	140.00 - 160.00	147.00	148.00	114.00	-0.68	28.95	Kattawa						
Green Chillies	500.00 - 550.00	520.00	700.00	532.00	-25.71	-2.26	Kattawa (Imported)	1560.00 - 1720.00	1641.00	1600.00	2196.25	2.56	-25.28
Lime	200.00 - 300.00	250.00	272.00	287.00	-8.09	-12.89	Thora						
<b>Root Crops</b>													
Sweet Potato	80.00 - 120.00	100.00	108.00	149.00	-7.41	-32.89	Thora (Imported)						
Manioc	140.00 - 150.00	145.00	151.00	88.00	-3.97	64.77	Mora	1900.00 - 2050.00	1961.00	2037.00	2492.86	-3.73	-21.34
<b>Leafy Vegetable</b>													
Mukunuwenna	40.00 - 50.00	45.00	45.00	40.90	0.00	10.02	Mora (Imported)						
Kankun	40.00 - 50.00	45.00	45.00	40.90	0.00	10.02	Balaya	1700.00 - 1820.00	1779.00	1819.00	1660.00	-2.20	7.17
Gotukola (Rs/Kg)	280.00 - 300.00	290.00	290.00	166.00	0.00	74.70	Balaya (Imported)						
							Anguluwa						
							Anguluwa (Imported)	1500.00 - 1650.00	1575.00	1527.14	1923.75	3.13	-18.13
							Maduwa	1400.00 - 1580.00	1507.00	1508.89		-0.13	
							Maduwa (Imported)						
							Koduwa						
							Koduwa (Imported)						
							Salaya	920.00 - 1000.00	967.00	937.78	996.25	3.12	-2.94
							Salaya (Imported)						

This Week: Week 29: 14 - 20 July 2023

Last Week: Week 28: 07 - 13 July 2023

**Table 15: Colombo &Suburbs: Retail Prices (Rs/Kg or Rs/Piece)**

**Week 29: 14 - 20 July 2023**

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week	Last Year (%)			This Week	Last Week	Last Year	Last Week	Last Year (%)
<b>Rice</b>							<b>Coconut</b>						
<b>Local</b>							<b>Large</b>						
Samba 1	220.00 - 230.00	225.45	228.97	267.83	-3.51	-15.82	100.00 - 120.00	114.67	112.34	91.91	2.32	24.76	
Samba 2	200.00 - 220.00	213.75	217.20	256.11	-3.45	-16.54	80.00 - 100.00	94.24	93.00	75.74	1.24	24.44	
Keeri Samba	260.00 - 280.00	266.32	267.12	284.57	-0.80	-6.42	<b>Fruits (Rs/Fruit)</b>						
Nadu 1	210.00 - 220.00	214.12	216.52	257.89	-2.40	-16.97	<b>Plantain</b>						
Nadu 2	180.00 - 200.00	193.75	198.62	244.29	-4.87	-20.69	Ambul (Rs/Kg)	140.00 - 230.00	189.46	202.00	129.74	-12.54	46.03
Raw (Red)	145.00 - 180.00	158.65	160.63	271.20	-1.97	-41.50	Kolikuttu (Rs/Kg)	400.00 - 550.00	470.00	484.69	250.00	-14.69	88.00
Raw (White)	175.00 - 190.00	181.67	182.14	266.67	-0.48	-31.88	Seeni (Rs/Kg)	130.00 - 230.00	185.56	200.00	140.31	-14.44	32.24
<b>Imported</b>							<b>Anamalu</b>						
Samba	220.00 - 230.00	228.13	232.59	231.08	-4.47	-1.28	25.00 - 40.00	31.93	29.66	21.26	2.27	50.17	
Nadu	-	-	-	228.57	-	-	Ambun	32.00 - 50.00	40.41	39.09	26.31	1.32	53.61
Raw (Red)	-	-	-	-	-	-	Papaw(Rs/Kg)	140.00 - 250.00	185.79	200.94	232.67	-15.15	-20.15
Raw (White)	200.00 - 220.00	205.00	205.91	212.00	-0.91	-3.30	Passion Fruit	30.00 - 60.00	45.63	44.69	41.48	0.94	10.01
<b>Dried Chillies</b>							<b>Pineapple Large</b>						
Imported	1150.00 - 1400.00	1309.09	1310.71	2110.26	-1.62	-37.97	900.00 - 1100.00	974.44	1047.88	458.28	-73.44	112.63	
<b>Onion</b>							<b>Pineapple Medium</b>						
Sinnan	-	-	-	-	-	-	650.00 - 880.00	747.14	836.67	373.89	-89.52	99.83	
Vedalan	520.00 - 700.00	632.31	622.61	-	9.70	-	450.00 - 650.00	548.62	632.31	288.26	-83.69	90.32	
Imported	450.00 - 460.00	452.50	430.00	484.87	22.50	-6.68	<b>Mango</b>						
<b>Big Onion</b>							<b>Betti</b>						
Imported	120.00 - 160.00	152.31	160.33	247.86	-8.03	-38.55	75.00 - 180.00	136.88	117.31	188.89	19.57	-27.54	
Local	-	-	-	-	-	-	Karthakolomban	60.00 - 110.00	90.00	76.57	79.23	13.43	13.59
<b>Potato</b>							<b>Kohu</b>						
Welimada	-	-	-	-	-	-	<b>Other</b>						
N'Eliya	350.00 - 460.00	422.14	422.67	486.58	-0.52	-13.24	Wood Apple	85.00 - 180.00	130.16	145.15	84.62	-14.99	53.83
Imported	210.00 - 280.00	247.73	246.33	260.00	1.39	-4.72	Orange	65.00 - 150.00	104.13	113.53	100.00	-9.40	4.13
<b>Pulses</b>							<b>Avocado</b>						
Green Gram	1000.00 - 1400.00	1277.08	1278.85	1014.29	-1.76	25.91	60.00 - 150.00	100.00	102.07	89.68	-2.07	11.51	
Cowpea (White)	750.00 - 1200.00	955.00	935.00	867.33	20.00	10.11	40.00 - 130.00	69.53	78.57	62.59	-9.03	11.09	
Cowpea (Red)	800.00 - 1200.00	969.47	958.82	727.00	10.65	33.35	Slime Apple	1400.00 - 2800.00	2200.00	2442.11	-242.11	-	
Red Dhal	280.00 - 320.00	302.50	300.65	585.24	1.85	-48.31	Grapes (Imp., Rs/Kg)	1200.00 - 1500.00	144.71	135.17	137.65	9.53	5.13
<b>Vegetable</b>							<b>King Coconut</b>						
Beans (Butter)	-	-	-	-	-	-	120.00 - 150.00	144.71	135.17	137.65	9.53	5.13	
Beans(Green)	400.00 - 600.00	513.87	529.35	526.88	-15.48	-2.47	<b>Sea Fish</b>						
Carrot	380.00 - 600.00	506.07	496.56	386.56	9.51	30.92	Salaya	560.00 - 800.00	674.76	805.68	875.45	-130.92	-22.92
Leeks	230.00 - 400.00	329.29	328.48	315.63	0.80	4.33	Hurulla	800.00 - 1400.00	1133.75	1276.25	1173.60	-142.50	-3.40
Beetroot	280.00 - 520.00	405.94	491.14	392.81	-85.21	3.34	Balaya	1300.00 - 2000.00	1643.33	1718.18	1811.43	-74.85	-9.28
Knolkhol	200.00 - 320.00	264.62	309.03	283.33	-44.42	-6.61	Kelawalla	2000.00 - 3200.00	2518.18	2632.73	2478.82	-114.55	1.59
Raddish	120.00 - 320.00	204.85	207.00	231.56	-2.15	-11.54	Thora	3200.00 - 4600.00	3658.33	3681.82	3210.00	-23.48	13.97
Cabbage	200.00 - 400.00	300.00	310.31	403.23	-10.31	-25.60	Paraw	1900.00 - 3000.00	2612.50	2753.85	2584.00	-141.35	1.10
Tomato	500.00 - 800.00	603.61	588.39	315.00	15.22	91.62	Mora	2000.00 - 2400.00	2277.78	2442.86	-	-165.08	
Ladies Fingers	160.00 - 380.00	273.53	300.00	406.55	-26.47	-32.72	Shrimps	1800.00 - 2200.00	1963.16	2064.44	1560.91	-101.29	25.77
Brijjal	280.00 - 560.00	403.33	347.88	424.84	55.45	-5.06	Thalalpath	2600.00 - 3600.00	3150.00	3245.45	2634.78	-95.45	19.55
Capsicum	360.00 - 600.00	502.73	510.91	816.67	-8.18	-38.44	<b>Eggs</b>						
Pumpkin	140.00 - 260.00	201.18	205.81	341.33	-4.63	-41.06	Brown	-	-	-	42.82	-	
Cucumber	80.00 - 240.00	168.18	177.06	208.06	-8.88	-19.17	White	58.00 - 60.00	58.40	57.93	41.03	0.47	42.35
Bitter Gourd	300.00 - 600.00	456.67	461.29	458.71	-4.62	-0.45	<b>Dried Fish</b>						
Snake Gourd	200.00 - 400.00	320.97	361.33	388.67	-40.37	-17.42	Sprats	2200.00 - 2500.00	2352.94	2338.89	2643.75	14.05	-11.00
Drumstick	300.00 - 600.00	458.44	667.81	432.19	-209.38	6.07	Sprats (Imported)	1000.00 - 1400.00	1274.07	1269.57	1816.67	4.51	-29.87
Luffa	180.00 - 400.00	293.44	308.44	312.81	-15.00	-6.19	Kattawa	1900.00 - 3000.00	2500.00	2465.38	2992.59	34.62	-16.46
Long Beans	300.00 - 480.00	370.33	438.62	395.81	-68.29	-6.44	Thora	-	-	-	-	-	
Ash Plantain	200.00 - 360.00	280.61	296.13	234.38	-15.52	19.73	Mora	2200.00 - 3000.00	2470.00	2442.11	2934.78	27.89	-15.84
Green Chillies	540.00 - 1000.00	816.18	988.06	811.61	-171.89	0.56	Balaya	1800.00 - 2400.00	2084.21	2094.12	2392.59	-9.91	-12.89
Lime	300.00 - 600.00	512.73	540.63	634.19	-27.90	-19.15	Anguluwa	2000.00 - 2600.00	2425.00	2400.00	2646.15	25.00	-8.36
<b>Root Crops</b>							<b>Maduwa</b>						
Sweet Potato	140.00 - 240.00	197.94	216.90	257.24	-18.96	-23.05	Koduwa	-	-	-	-	-	
Manioc	160.00 - 260.00	208.44	224.00	186.90	-15.56	11.53	Salaya	1100.00 - 1400.00	1277.27	1275.00	1390.48	2.27	-8.14
<b>Leafy Vegetable</b>							<b>Meat</b>						
Mukunuwenna	50.00 - 80.00	73.53	75.81	75.71	-2.28	-2.89	Beef (without Bones)	2200.00 - 2500.00	2325.00	2325.00	2200.00	0.00	5.68
Kankun	50.00 - 80.00	73.53	75.81	75.71	-2.28	-2.89	Chicken (Broiler)	1480.00 - 1580.00	1524.44	1541.25	1285.00	-16.81	18.63
Gotukola	95.00 - 100.00	99.35	98.70	77.62	0.65	28.00	Chicken (Curry)	1500.00 - 1600.00	1546.25	1578.57	1153.00	-32.32	34.11
							Mutton	3100.00 - 3500.00	3242.86	3214.29	2700.00	28.57	20.11
							Pork	1400.00 - 1800.00	1600.00	1600.00	1183.33	0.00	35.21

**This Week:** Week 29: 14 - 20 July 2023  
**Last Week:** Week 28: 07 - 13 July 2023

**Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/Kg)**

Week 29: 14 - 20 July 2023

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
<b><u>Paddy</u></b>			<b><u>Vegetable (Up Country)</u></b>			<b><u>Snake Gourd</u></b>		
<b>Short Grain</b>			<b>Beans</b>			Dambulla	90.00 - 105.00	98.00
A'pura	100.00 - 110.00	104.00	Dambulla	340.00 - 360.00	352.00	Hambantota	150.00 - 170.00	157.50
P'narawa	110.00 - 111.00	110.30	Welimada	325.00 - 335.00	329.00	Embilipitiya	160.00 - 180.00	172.00
Kalawewa	100.00 - 110.00	105.60	Badulla	340.00 - 375.00	353.00	Matara	-	
Kurunegala	105.00 - 110.00	107.00	<b>Carrot</b>			A'pura	100.00 - 110.00	104.00
Dehiattakandiya	105.00 - 110.00	107.33	N'Eliya	375.00 - 390.00	382.00	<b>Luffa</b>		
Nikaweratiya	100.00 - 110.00	104.00	Welimada	295.00 - 305.00	299.00	Dambulla	95.00 - 100.00	99.00
Ampara	100.00 - 110.00	103.33	Hanguranketha	300.00 - 340.00	323.00	Hambantota	120.00 - 140.00	130.00
<b>Long Grain (White)</b>			<b>Leeks</b>			Embilipitiya	120.00 - 130.00	125.00
A'pura	86.00 - 90.00	87.60	N'Eliya	110.00 - 115.00	112.00	Matara	-	
P'narawa	90.00 - 91.00	90.60	Welimada	100.00 - 110.00	104.00	A'pura	100.00 - 120.00	108.00
Kalawewa	85.00 - 90.00	87.00	<b>Beetroot</b>			<b>Green Chillies</b>		
Kurunegala	88.00 - 93.00	89.75	N'Eliya	135.00 - 145.00	139.00	Dambulla	520.00 - 560.00	540.00
Dehiattakandiya	85.00 - 93.00	88.33	Dambulla	172.50 - 190.00	183.75	Hambantota	-	
Embilipitiya	-		Kurunegala	-		Embilipitiya	500.00 - 520.00	510.00
Nikaweratiya	88.00 - 93.00	90.50	Welimada	115.00 - 125.00	121.00	Puttalam	380.00 - 450.00	416.00
Hambantota	-		Hanguranketha	200.00 - 240.00	223.00	A'pura	500.00 - 550.00	520.00
Ampara	70.00 - 90.00	84.17	<b>Knol Khol</b>			<b>Pumpkin</b>		
<b>Long Grain (Red)</b>			N'Eliya	80.00 - 90.00	86.00	Dambulla	67.00 - 86.00	78.20
Matara	80.00 - 82.00	80.50	Welimada	75.00 - 85.00	81.00	Hambantota	70.00 - 90.00	82.50
Hambantota	80.00 - 82.00	80.67	Hanguranketha	65.00 - 80.00	74.00	Embilipitiya	100.00 - 120.00	108.00
Embilipitiya	80.00 - 82.00	80.60	<b>Raddish</b>			Matara	65.00 - 70.00	67.67
<b>Keeri Samba</b>			N'Eliya	35.00 - 45.00	39.00	A'pura	65.00 - 80.00	71.00
A'pura	-		Welimada	25.00 - 35.00	31.00	Moneragala	60.00 - 70.00	64.00
P'narawa	145.00 - 146.00	145.30	Hambantota	80.00 - 100.00	90.00	<b>Cucumber</b>		
Kalawewa	-		Hanguranketha	25.00 - 45.00	35.00	A'pura	40.00 - 50.00	44.00
Kurunegala	130.00 - 135.00	132.50	<b>Cabbage</b>			Dambulla	25.00 - 30.00	28.20
Dehiattakandiya	-		N'Eliya	130.00 - 145.00	137.00	Hambantota	35.00 - 40.00	37.50
<b>Red Onion</b>			Welimada	110.00 - 120.00	114.00	Matara	50.00 - 58.00	54.33
Puttalam	-		Badulla	110.00 - 130.00	121.00	<b>Long Beans</b>		
Jaffna	300.00 - 350.00	315.00	Hanguranketha	80.00 - 100.00	91.00	Dambulla	145.00 - 190.00	164.50
<b>Big Onion</b>			<b>Tomato</b>			Hambantota	-	
Dambulla	-		Welimada	250.00 - 265.00	258.00	Embilipitiya	170.00 - 190.00	178.00
Kalawewa	-		Hambantota	-		Matara	220.00 - 240.00	230.00
A'pura	-		Dambulla	320.00 - 340.00	332.00	A'pura	180.00 - 200.00	188.00
<b>Potato</b>			Hanguranketha	320.00 - 360.00	342.00	<b>Ash Plantain</b>		
N'Eliya	280.00 - 295.00	288.00	<b><u>Vegetable (Low Country)</u></b>			Hambantota	50.00 - 60.00	56.00
Badulla	-		<b>Ladies Fingers</b>			Embilipitiya	100.00 - 120.00	109.00
Welimada	260.00 - 270.00	266.00	A'pura	100.00 - 110.00	104.00	Matara	100.00 - 110.00	105.00
<b><u>Pulses</u></b>			Dambulla	76.00 - 90.00	84.40	<b>Lime</b>		
<b>Green Gram</b>			Hambantota	70.00 - 110.00	90.00	Hambantota	-	
Hambantota	-		Embilipitiya	80.00 - 100.00	88.00	Embilipitiya	220.00 - 240.00	228.00
Moneragala	700.00 - 800.00	740.00	Matara	140.00 - 150.00	143.33	Moneragala	190.00 - 220.00	202.00
Embilipitiya	700.00 - 720.00	710.00	<b>Brinjal</b>			<b><u>Fruits (Rs/Kg)</u></b>		
Nikaweratiya	700.00 - 750.00	725.00	A'pura	270.00 - 300.00	282.00	<b>Banana</b>		
A'pura	700.00 - 750.00	725.00	Dambulla	260.00 - 300.00	286.00	<b>Ambul</b>		
<b>Cowpea</b>			Hambantota	-		Moneragala	50.00 - 60.00	54.00
Hambantota	-		Embilipitiya	200.00 - 230.00	216.00	Embilipitiya	80.00 - 100.00	90.00
Nikaweratiya	500.00 - 550.00	525.00	Matara	180.00 - 200.00	190.00	Hambantota	55.00 - 70.00	63.75
Moneragala	500.00 - 600.00	540.00	Welimada	245.00 - 260.00	252.00	<b>Kolikuttu</b>		
Embilipitiya	500.00 - 600.00	550.00	<b>Capsicum</b>			Moneragala	180.00 - 200.00	188.00
<b>Maize</b>			Badulla	-		Embilipitiya	260.00 - 300.00	280.00
A'pura	145.00 - 150.00	147.50	Welimada	270.00 - 280.00	274.00	Hambantota	-	
Kalawewa	140.00 - 150.00	145.00	<b>Bitter Gourd</b>			<b>Papaw</b>		
<b>Gingelly</b>			A'pura	260.00 - 280.00	268.00	Moneragala	80.00 - 90.00	84.00
A'pura	550.00 - 600.00	575.00	Dambulla	210.00 - 250.00	230.00	Embilipitiya	60.00 - 75.00	68.00
Kalawewa	-		Hambantota	-		Hambantota	40.00 - 60.00	47.50
<b>Black Gram</b>			Embilipitiya	350.00 - 380.00	368.00	<b>Pineapple</b>		
A'pura	750.00 - 800.00	775.00	Matara	210.00 - 240.00	223.33	Divulapitiya	-	
Kalawewa	-							

**Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/Kg)**

**Week 29: 14 - 20 July 2023**

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<b>CROP</b>	<b>PELIYAGODA</b>	<b>MAHARAGAMA</b>	<b>KIRULAPONE</b>	<b>NUGEGODA</b>	<b>NARAHENPITA</b>	<b>DEMATAGODA</b>	<b>THOTALANGA</b>	<b>KADAWATHA</b>	<b>KIRIBATHGODA</b>
<b><u>Rice</u></b>									
<b>Local</b>									
Samba 1	220.00 - 230.00	220.00 - 220.00	230.00 - 230.00	220.00 - 220.00	220.00 - 230.00	220.00 - 220.00	220.00 - 230.00	230.00 - 230.00	230.00 - 230.00
Samba 2	210.00 - 220.00	200.00 - 220.00	220.00 - 220.00	220.00 - 220.00	210.00 - 220.00	210.00 - 210.00	210.00 - 210.00	210.00 - 210.00	220.00 - 220.00
Keeri Samba	260.00 - 260.00	260.00 - 260.00	260.00 - 260.00	270.00 - 280.00	280.00 - 280.00	260.00 - 280.00	260.00 - 280.00	260.00 - 260.00	260.00 - 260.00
Nadu 1	210.00 - 220.00	210.00 - 210.00	210.00 - 210.00	210.00 - 210.00	-	-	210.00 - 210.00	220.00 - 220.00	220.00 - 220.00
Nadu 2	190.00 - 190.00	180.00 - 180.00	190.00 - 200.00	180.00 - 200.00	200.00 - 200.00	200.00 - 200.00	190.00 - 200.00	180.00 - 200.00	190.00 - 200.00
Raw (Red)	160.00 - 170.00	145.00 - 160.00	150.00 - 170.00	150.00 - 160.00	150.00 - 170.00	160.00 - 160.00	150.00 - 160.00	150.00 - 160.00	180.00 - 180.00
Raw (White)	175.00 - 190.00	175.00 - 180.00	180.00 - 190.00	175.00 - 180.00	180.00 - 180.00	190.00 - 190.00	180.00 - 180.00	180.00 - 190.00	180.00 - 190.00
<b>Imported</b>									
Samba	220.00 - 230.00	-	230.00 - 230.00	230.00 - 230.00	230.00 - 230.00	230.00 - 230.00	230.00 - 230.00	230.00 - 230.00	-
Nadu	-	-	-	-	-	-	-	-	-
Raw (Red)	-	-	-	-	-	-	-	-	-
Raw (White)	200.00 - 220.00	-	200.00 - 210.00	200.00 - 200.00	-	220.00 - 220.00	210.00 - 210.00	-	-
<b><u>Dried Chillies</u></b>									
Imported	1150.00 - 1200.00	1300.00 - 1400.00	1350.00 - 1400.00	1400.00 - 1400.00	1400.00 - 1400.00	1400.00 - 1400.00	1200.00 - 1400.00	1300.00 - 1400.00	1300.00 - 1400.00
<b><u>Red Onion</u></b>									
Sinnan	-	-	-	-	-	-	-	-	-
Vedalan	-	600.00 - 650.00	600.00 - 700.00	-	650.00 - 700.00	560.00 - 650.00	-	520.00 - 520.00	640.00 - 640.00
Imported	450.00 - 450.00	-	-	-	450.00 - 460.00	-	-	-	-
<b><u>Big Onion</u></b>									
Imported	130.00 - 160.00	160.00 - 160.00	160.00 - 160.00	160.00 - 160.00	150.00 - 160.00	150.00 - 160.00	140.00 - 160.00	150.00 - 160.00	120.00 - 160.00
Local	-	-	-	-	-	-	-	-	-
<b><u>Potato</u></b>									
Welimada	-	-	-	-	-	-	-	-	-
N'Eliya	350.00 - 350.00	440.00 - 440.00	400.00 - 400.00	400.00 - 460.00	440.00 - 440.00	440.00 - 460.00	-	400.00 - 400.00	440.00 - 440.00
Imported	210.00 - 220.00	260.00 - 280.00	240.00 - 280.00	240.00 - 240.00	260.00 - 280.00	280.00 - 280.00	240.00 - 260.00	240.00 - 260.00	240.00 - 240.00
<b><u>Pulses</u></b>									
Green Gram	1000.00 - 1250.00	1300.00 - 1400.00	1200.00 - 1400.00	1000.00 - 1200.00	1300.00 - 1300.00	1200.00 - 1400.00	1200.00 - 1400.00	1300.00 - 1400.00	1400.00 - 1400.00
Cowpea (White)	750.00 - 900.00	920.00 - 1000.00	1000.00 - 1000.00	800.00 - 900.00	900.00 - 1200.00	900.00 - 1200.00	1000.00 - 1000.00	800.00 - 800.00	880.00 - 880.00
Cowpea (Red)	800.00 - 900.00	920.00 - 1000.00	900.00 - 1000.00	-	900.00 - 1200.00	900.00 - 1200.00	1000.00 - 1000.00	800.00 - 800.00	800.00 - 800.00
Red Dhal	285.00 - 300.00	300.00 - 300.00	290.00 - 320.00	280.00 - 300.00	300.00 - 320.00	300.00 - 320.00	280.00 - 280.00	280.00 - 300.00	320.00 - 320.00

**Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/Kg) and Coconut (Rs/Nut)**

**Week 29: 14 - 20 July 2023**

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<b>CROP</b>	<b>PELIYAGODA</b>	<b>MAHARAGAMA</b>	<b>KIRULAPONE</b>	<b>NUGEGODA</b>	<b>NARAHENPITA</b>	<b>DEMATAGODA</b>	<b>THOTALANGA</b>	<b>KADAWATHA</b>	<b>KIRIBATHGODA</b>
<b><i>Vegetable</i></b>									
Beans	400.00 - 500.00	540.00 - 560.00	520.00 - 540.00	500.00 - 600.00	500.00 - 600.00	480.00 - 480.00	400.00 - 480.00	400.00 - 440.00	560.00 - 600.00
Carrot	400.00 - 480.00	560.00 - 600.00	520.00 - 520.00	560.00 - 600.00	480.00 - 560.00	400.00 - 480.00	380.00 - 400.00	400.00 - 420.00	540.00 - 600.00
Leeks	230.00 - 240.00	360.00 - 400.00	320.00 - 340.00	320.00 - 400.00	260.00 - 280.00	280.00 - 320.00	300.00 - 400.00	320.00 - 340.00	320.00 - 400.00
Beetroot	300.00 - 350.00	480.00 - 520.00	400.00 - 420.00	400.00 - 480.00	350.00 - 480.00	480.00 - 520.00	280.00 - 300.00	400.00 - 420.00	520.00 - 520.00
Knolkhol	200.00 - 200.00	320.00 - 320.00	320.00 - 320.00	320.00 - 320.00	240.00 - 320.00	-	200.00 - 280.00	240.00 - 280.00	240.00 - 280.00
Raddish	120.00 - 160.00	280.00 - 320.00	200.00 - 220.00	280.00 - 320.00	160.00 - 240.00	200.00 - 240.00	120.00 - 180.00	200.00 - 320.00	260.00 - 320.00
Cabbage	200.00 - 240.00	320.00 - 400.00	320.00 - 340.00	320.00 - 400.00	240.00 - 320.00	320.00 - 320.00	200.00 - 260.00	300.00 - 320.00	320.00 - 400.00
Tomato	500.00 - 560.00	600.00 - 700.00	680.00 - 700.00	600.00 - 800.00	540.00 - 650.00	600.00 - 700.00	500.00 - 540.00	600.00 - 800.00	600.00 - 800.00
Ladies Fingers	180.00 - 240.00	320.00 - 360.00	240.00 - 320.00	240.00 - 360.00	240.00 - 240.00	280.00 - 320.00	160.00 - 200.00	280.00 - 320.00	320.00 - 380.00
Brinjal	350.00 - 400.00	480.00 - 560.00	400.00 - 480.00	380.00 - 560.00	320.00 - 480.00	320.00 - 360.00	340.00 - 360.00	280.00 - 300.00	400.00 - 420.00
Capsicum	360.00 - 400.00	600.00 - 600.00	600.00 - 600.00	580.00 - 600.00	400.00 - 400.00	600.00 - 600.00	400.00 - 450.00	420.00 - 480.00	520.00 - 600.00
Pumpkin	140.00 - 180.00	200.00 - 260.00	200.00 - 240.00	240.00 - 260.00	180.00 - 200.00	240.00 - 260.00	200.00 - 220.00	160.00 - 240.00	240.00 - 260.00
Cucumber	80.00 - 130.00	200.00 - 240.00	200.00 - 200.00	200.00 - 240.00	120.00 - 200.00	160.00 - 200.00	80.00 - 100.00	180.00 - 240.00	200.00 - 240.00
Bitter Gourd	300.00 - 360.00	460.00 - 480.00	520.00 - 540.00	560.00 - 600.00	450.00 - 480.00	400.00 - 600.00	300.00 - 400.00	400.00 - 480.00	520.00 - 560.00
Snake Gourd	200.00 - 260.00	400.00 - 400.00	320.00 - 340.00	260.00 - 400.00	320.00 - 400.00	320.00 - 400.00	240.00 - 260.00	320.00 - 400.00	320.00 - 320.00
Drumstick	300.00 - 400.00	540.00 - 600.00	400.00 - 480.00	580.00 - 600.00	400.00 - 600.00	320.00 - 600.00	300.00 - 350.00	400.00 - 420.00	600.00 - 600.00
Luffa	200.00 - 260.00	320.00 - 340.00	320.00 - 340.00	280.00 - 340.00	240.00 - 320.00	250.00 - 320.00	180.00 - 240.00	240.00 - 400.00	320.00 - 340.00
Long Beans	300.00 - 350.00	460.00 - 480.00	460.00 - 480.00	480.00 - 480.00	360.00 - 400.00	320.00 - 320.00	300.00 - 320.00	300.00 - 320.00	320.00 - 360.00
Ash Plantain	200.00 - 240.00	320.00 - 340.00	240.00 - 340.00	320.00 - 360.00	280.00 - 280.00	240.00 - 360.00	200.00 - 260.00	240.00 - 280.00	320.00 - 360.00
Green Chillies	540.00 - 650.00	900.00 - 1000.00	800.00 - 800.00	900.00 - 1000.00	800.00 - 800.00	960.00 - 1000.00	600.00 - 800.00	800.00 - 900.00	800.00 - 900.00
Lime	350.00 - 360.00	600.00 - 600.00	600.00 - 600.00	600.00 - 600.00	450.00 - 500.00	600.00 - 600.00	300.00 - 400.00	500.00 - 600.00	600.00 - 600.00
<b><i>Root Crops</i></b>									
Sweet Potato	140.00 - 180.00	200.00 - 240.00	220.00 - 240.00	240.00 - 240.00	180.00 - 200.00	160.00 - 240.00	140.00 - 160.00	160.00 - 180.00	240.00 - 240.00
Manioc	160.00 - 180.00	200.00 - 240.00	220.00 - 240.00	240.00 - 260.00	200.00 - 200.00	260.00 - 260.00	160.00 - 200.00	180.00 - 200.00	220.00 - 230.00
<b><i>Leafy Vegetable</i></b>									
Mukunuwenna	50.00 - 60.00	80.00 - 80.00	70.00 - 70.00	80.00 - 80.00	70.00 - 80.00	70.00 - 80.00	70.00 - 70.00	80.00 - 80.00	80.00 - 80.00
Kankun	50.00 - 60.00	80.00 - 80.00	70.00 - 70.00	80.00 - 80.00	70.00 - 80.00	70.00 - 80.00	70.00 - 70.00	80.00 - 80.00	80.00 - 80.00
Gotukola	95.00 - 100.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00	95.00 - 95.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00
<b><i>Coconut</i></b>									
Large	100.00 - 100.00	120.00 - 120.00	110.00 - 120.00	110.00 - 120.00	110.00 - 120.00	100.00 - 120.00	100.00 - 100.00	110.00 - 120.00	120.00 - 120.00
Small	80.00 - 95.00	100.00 - 100.00	100.00 - 100.00	90.00 - 100.00	90.00 - 90.00	80.00 - 100.00	80.00 - 95.00	90.00 - 100.00	100.00 - 100.00

**Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/Fruit)**

**Week 29: 14 - 20 July 2023**

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<b><i>Plantain</i></b>									
Ambul (Rs/Kg)	150.00 - 200.00	200.00 - 230.00	200.00 - 230.00	180.00 - 200.00	200.00 - 220.00	140.00 - 180.00	140.00 - 160.00	150.00 - 200.00	160.00 - 220.00
Kolikuttu (Rs/Kg)	400.00 - 550.00	460.00 - 460.00	450.00 - 500.00	400.00 - 450.00	450.00 - 500.00	450.00 - 500.00	400.00 - 500.00	480.00 - 500.00	450.00 - 500.00
Seeni (Rs/Kg)	150.00 - 180.00	220.00 - 230.00	200.00 - 230.00	200.00 - 200.00	200.00 - 220.00	140.00 - 200.00	130.00 - 200.00	180.00 - 230.00	160.00 - 200.00
Anamalu	25.00 - 32.00	32.00 - 35.00	35.00 - 40.00	30.00 - 35.00	30.00 - 35.00	30.00 - 35.00	28.00 - 35.00	28.00 - 35.00	32.00 - 35.00
Ambun	32.00 - 38.00	42.00 - 45.00	42.00 - 50.00	40.00 - 45.00	40.00 - 47.00	40.00 - 45.00	36.00 - 40.00	38.00 - 42.00	40.00 - 45.00
<b><i>Pineapple</i></b>									
Large	900.00 - 950.00	1000.00 - 1100.00	900.00 - 1100.00	950.00 - 1000.00	900.00 - 980.00	-	900.00 - 1000.00	980.00 - 1000.00	950.00 - 1000.00
Medium	650.00 - 720.00	800.00 - 850.00	700.00 - 880.00	680.00 - 780.00	650.00 - 750.00	650.00 - 850.00	700.00 - 800.00	750.00 - 780.00	700.00 - 780.00
Small	460.00 - 600.00	600.00 - 650.00	550.00 - 650.00	500.00 - 600.00	500.00 - 580.00	450.00 - 600.00	500.00 - 520.00	500.00 - 600.00	500.00 - 600.00
<b><i>Mango</i></b>									
Betti	-	-	-	-	-	-	-	-	-
Karthakolomban	120.00 - 160.00	160.00 - 175.00	150.00 - 175.00	160.00 - 175.00	125.00 - 180.00	80.00 - 85.00	75.00 - 75.00	100.00 - 160.00	100.00 - 120.00
Vilad	100.00 - 110.00	-	-	-	-	-	-	60.00 - 60.00	-
Kohu	-	-	-	-	-	-	-	-	-
<b><i>Other Fruits</i></b>									
Wood Apple	125.00 - 135.00	120.00 - 130.00	120.00 - 140.00	140.00 - 180.00	110.00 - 120.00	85.00 - 100.00	85.00 - 120.00	150.00 - 180.00	140.00 - 160.00
Orange	65.00 - 70.00	150.00 - 150.00	100.00 - 130.00	100.00 - 150.00	85.00 - 100.00	80.00 - 100.00	100.00 - 120.00	75.00 - 100.00	120.00 - 140.00
Avocado	60.00 - 65.00	100.00 - 120.00	100.00 - 150.00	100.00 - 150.00	120.00 - 150.00	60.00 - 100.00	60.00 - 70.00	60.00 - 100.00	80.00 - 100.00
Slime Apple	40.00 - 55.00	130.00 - 130.00	80.00 - 100.00	80.00 - 80.00	60.00 - 70.00	50.00 - 60.00	40.00 - 55.00	50.00 - 60.00	80.00 - 100.00
Grapes (Rs/Kg)	1400.00 - 1600.00	2000.00 - 2000.00	2500.00 - 2800.00	2500.00 - 2500.00	2400.00 - 2800.00	2000.00 - 2000.00	2000.00 - 2000.00	2000.00 - 2500.00	1800.00 - 2000.00
Papaw (Rs/Kg)	150.00 - 180.00	180.00 - 250.00	220.00 - 250.00	200.00 - 220.00	180.00 - 230.00	150.00 - 200.00	150.00 - 180.00	140.00 - 200.00	150.00 - 200.00
Passion	30.00 - 40.00	50.00 - 50.00	60.00 - 60.00	50.00 - 60.00	38.00 - 40.00	50.00 - 60.00	30.00 - 35.00	38.00 - 40.00	30.00 - 40.00
King Coconut	130.00 - 150.00	150.00 - 150.00	150.00 - 150.00	150.00 - 150.00	120.00 - 130.00	150.00 - 150.00	150.00 - 150.00	120.00 - 150.00	130.00 - 150.00

**Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/Kg)**

**Week 29: 14 - 20 July 2023**

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<b><i>Sea Fish</i></b>									
Salaya	750.00 - 800.00	600.00 - 600.00	700.00 - 800.00	-	800.00 - 800.00	640.00 - 700.00	600.00 - 620.00	560.00 - 600.00	700.00 - 700.00
Hurulla	1000.00 - 1300.00	800.00 - 1120.00	1200.00 - 1200.00	1400.00 - 1400.00	1300.00 - 1300.00	800.00 - 1120.00	-	1100.00 - 1200.00	-
Balaya	1300.00 - 1400.00	1600.00 - 1600.00	2000.00 - 2000.00	-	-	1600.00 - 1800.00	1600.00 - 1600.00	1920.00 - 2000.00	-
Kelawalla	2100.00 - 2300.00	2800.00 - 3000.00	2200.00 - 2600.00	3200.00 - 3200.00	3200.00 - 3200.00	2400.00 - 2400.00	2000.00 - 2100.00	2000.00 - 2400.00	2700.00 - 2800.00
Thora	3600.00 - 3700.00	-	-	-	4600.00 - 4600.00	3200.00 - 3200.00	-	3500.00 - 3600.00	4000.00 - 4200.00
Paraw	1900.00 - 2000.00	2600.00 - 2600.00	2600.00 - 2800.00	3000.00 - 3000.00	3000.00 - 3000.00	2600.00 - 2600.00	-	2200.00 - 2600.00	3000.00 - 3000.00
Mora	2000.00 - 2000.00	-	-	-	-	-	2100.00 - 2200.00	2300.00 - 2400.00	2300.00 - 2400.00
Shrimps Small	2100.00 - 2200.00	2000.00 - 2000.00	2000.00 - 2200.00	1800.00 - 1800.00	-	2000.00 - 2000.00	1800.00 - 1900.00	1800.00 - 1800.00	1800.00 - 1800.00
Talapath	2600.00 - 2700.00	3200.00 - 3200.00	2800.00 - 3400.00	3600.00 - 3600.00	3600.00 - 3600.00	2800.00 - 3200.00	3000.00 - 3200.00	3200.00 - 3400.00	3100.00 - 3200.00
<b><i>Eggs (Rs/Egg)</i></b>									
Brown	-	-	-	-	-	-	-	-	-
White	58.00 - 58.00	60.00 - 60.00	58.00 - 58.00	60.00 - 60.00	58.00 - 58.00	58.00 - 58.00	58.00 - 58.00	58.00 - 58.00	58.00 - 58.00
<b><i>Dried Fish</i></b>									
Sprats	2400.00 - 2400.00	2400.00 - 2400.00	2500.00 - 2500.00	2300.00 - 2400.00	2400.00 - 2500.00	-	2200.00 - 2200.00	2200.00 - 2300.00	2200.00 - 2400.00
Kattawa	1900.00 - 2200.00	2600.00 - 2600.00	2500.00 - 2500.00	2400.00 - 2800.00	2400.00 - 3000.00	2300.00 - 2300.00	2200.00 - 2300.00	2300.00 - 2700.00	2700.00 - 3000.00
Thora	-	-	-	-	-	-	-	-	-
Mora	2200.00 - 2200.00	2500.00 - 2500.00	2500.00 - 2500.00	2400.00 - 3000.00	2500.00 - 2800.00	-	2200.00 - 2400.00	-	2600.00 - 2800.00
Balaya	1800.00 - 2000.00	2200.00 - 2200.00	2200.00 - 2400.00	1800.00 - 2300.00	1800.00 - 2400.00	-	-	1800.00 - 1800.00	2200.00 - 2400.00
Anguluwa	2000.00 - 2200.00	2600.00 - 2600.00	2600.00 - 2600.00	2600.00 - 2600.00	2400.00 - 2400.00	-	-	2200.00 - 2300.00	-
Salaya	1200.00 - 1200.00	1200.00 - 1200.00	1200.00 - 1200.00	1300.00 - 1400.00	1300.00 - 1400.00	-	1100.00 - 1200.00	1200.00 - 1300.00	1200.00 - 1300.00
<b><i>Meat</i></b>									
Beef (without Bones)	-	2300.00 - 2300.00	2500.00 - 2500.00	-	2300.00 - 2300.00	-	2200.00 - 2200.00	-	-
Chicken (Broiler)	-	1580.00 - 1580.00	1570.00 - 1570.00	1530.00 - 1530.00	1500.00 - 1500.00	1480.00 - 1480.00	1500.00 - 1500.00	1500.00 - 1500.00	1580.00 - 1580.00
Chicken (Curry)	-	1500.00 - 1500.00	1570.00 - 1570.00	1600.00 - 1600.00	1500.00 - 1500.00	1600.00 - 1600.00	1500.00 - 1500.00	1500.00 - 1500.00	1600.00 - 1600.00
Mutton	-	3200.00 - 3200.00	3100.00 - 3100.00	-	3500.00 - 3500.00	3200.00 - 3200.00	3100.00 - 3100.00	3400.00 - 3400.00	3200.00 - 3200.00
Pork	-	1600.00 - 1600.00	1800.00 - 1800.00	-	-	-	-	1600.00 - 1600.00	1400.00 - 1400.00



## Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (µ g/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (µg/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc (mg/100g)
<b>Rice</b>												
Rice - (white Kekulu - normal )	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - ( Red Kekulu - normal )	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
<b>Dried chilies</b>	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65
<b>Onion</b>												
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
<b>Potatoes</b>	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
<b>Pulses</b>												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
<b>Vegetables</b>												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29
Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16

Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12
Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44
<b>Coconuts nuts</b>	<b>390</b>	<b>3.67</b>	<b>39.92</b>	<b>-</b>	<b>0.05</b>	<b>0.11</b>	<b>14.86</b>	<b>-</b>				

**Root Crop**

Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29

**Leafy Vegetables**

Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42

**Meat**

Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8

**Fish**

Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74

Shark	95	21.6	0.83	1.11	0.04	0.11	8.57	8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77	8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22	7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39	13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7	36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66	103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38	37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13	31.27	37.46	1.46	0.67
Salaya / Sudaya	100	19.5	2.39	15.41	0.18	1.39	60.87	435	42.83	1.4	2.3
Theppli / Telapiya /Korali	83	18.48	1.08	17.14	0.18	0.18	8.29	99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37	37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83	37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22	8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78				
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08	7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59	9.16	24.61	0.74	0.44

#### Dried Fish

Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438	1178	162	3.06	4.2
Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66

#### Eggs

Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51

#### Fruits

Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23

Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

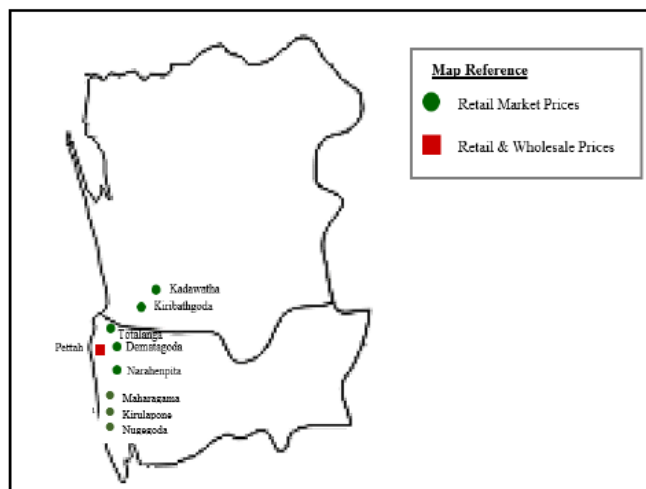
**Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.**

# Price Collecting Areas



**Legend**

- Retail Market Prices
- ▲ Wholesale Market Prices
- Retail & Wholesale Prices
- Dedicated Economic Center





HARTI



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**දෛනික චිළචිචි තොග මිල,  
ජංගම දුරකථනයෙන්**

හෙක්ටර් කොච්චිකඩුව ගොවි කරියතු පර්යේෂණ  
හා පුහුණුධර්මේ ආයතනය අනුමුතයෙන්

**මොබිටෙල්  
ජංගම  
මිල දර්ශනය**

ජාතික ජංගම දුරකථන ජාලයෙන්

**6666**  
අමතන්න.

මොබිටෙල් අද මිල - අත දෙස  
මොබිටෙල් ජංගම දුරකථන ජාලයෙන්  
චිළචිචි තොග මිල දර්ශනය.

විකාශිතයාට රු.2/-  
විකාශිතයාට රු.2/-