

RETAIL MARKET AT A GLANCE

Summary

Rice



Prices of all local rice varieties have decreased slightly in the range of Rs.1.00-2.00/kg. However, the prices of local raw rice varieties have increased by Rs.2.00/kg.

(Page No.01)

Other Field Crops



Price of imported big onion has decreased by Rs.11.00/kg and the price ranged Rs.120.00-160.00/kg. Price of local red onion (Vedalan) has decreased by Rs.45.00/kg. Price of imported potato has decreased by Rs.10.00/kg while the price of Nuwara Eliya potato has increased by Rs.2.00/kg.

(Page No.02-04)



Vegetables



Prices of most of the up country vegetables have decreased due to increased supply from Nuwara Eliya and Kandy areas during this week. The highest price decrease of Rs.64.00/kg was reported for green beans. Considering low country vegetables, the highest price decrease of Rs.92.00/kg was reported for drumstick with the commencement of harvesting period.

(Page No.04-05)

Coconut



Prices of both large and small coconuts have decreased further by Rs.3.00/nut and Rs.2.00/nut respectively. Prices ranged Rs.100-00- 120.00 for large nuts of Rs.80.00-100.00 for small nuts.

(Page No.05-06)

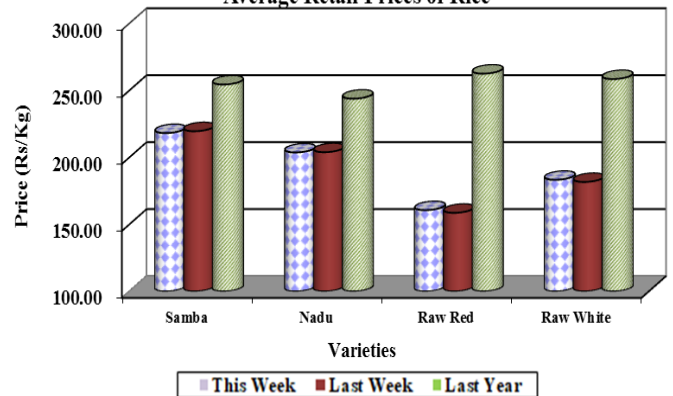
Fish



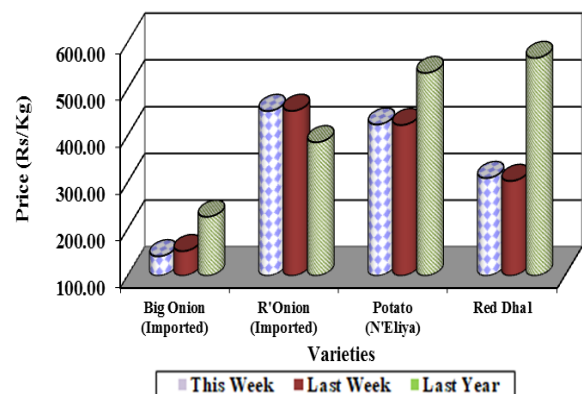
Prices of most of the fish varieties have increased further due to low supply. The highest price increase of Rs.120.00/kg was reported for thora, followed by salaya (Rs.103.00/kg).

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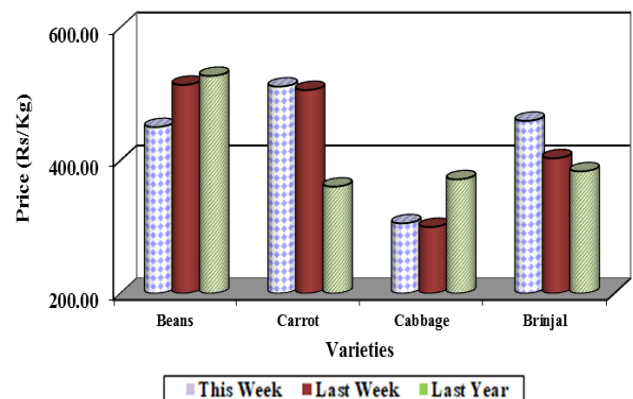
Average Retail Prices of Rice



Average Retail Prices of Other Field Crops



Average Retail Prices of Vegetables



Rice

Wholesale

Prices of both samba I and nadu I have decreased by 1%. Price ranges were Rs.205.00-210.00/kg for samba grade I and Rs.175.00-180.00/kg for nadu grade I. Prices of nadu II grade has decreased by 2% and the price ranged Rs.160.00-172.00/kg.

Prices of raw red and raw white have increased by 3% due to increased paddy prices and the price ranged Rs.135.00-145.00/kg and Rs.160.00-170.00/kg respectively.

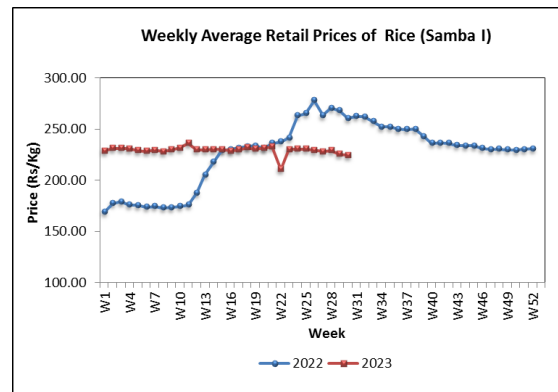
Price of imported samba has increased by 1% due to increased dollar rate and the price ranged Rs.210.00-220.00/kg. Prices of imported raw white have decreased by 2%.

Compared to the same period of last year, prices of samba grade II, nadu grade II, raw red and raw white have decreased by 17%, 27%, 4% and 2% respectively. Price of keeri samba has increased by 2%.

Retail

In line with decreased wholesale prices, the retail prices of most local rice varieties have further decreased due to continued supply. Price of samba grade II has decreased by Rs.2.00/kg and the price

ranged between Rs.200.00-220.00/kg. Prices of samba grade I and keeri samba have decreased by Rs.1.00/kg and the price ranged Rs.220.00-230.00/kg and Rs.260.00-270.00/kg respectively. Prices of nadu grade I and nadu grade II have not changed significantly. However, prices of both raw red and raw white have increased by Rs.2.00/kg.



Prices of imported raw white and samba have increased by Rs.5.00/kg and Rs.2.00/kg respectively due to limited stocks.

Compared to the same period of last year, prices of all local rice varieties have decreased in the range of 2%-39% and the highest price decrease was reported for raw red. Prices of imported raw white and samba have increased by 3% and 1% respectively.

Paddy

The average farm gate price of short grain (samba) paddy has decreased by Rs.2.00-7.00/kg in Kurunnegala, Dehiattakandiya, Nikaweratiya and Ampara areas due to availability of moisture paddy and price ranged Rs.90.00-110.00/kg.

Meanwhile, the average price of long grain white paddy has increased by Rs.2.00-4.00/kg in Anuradhapura, Polonnaruwa and Kalawewa areas while the price has decreased by Rs.2.00/kg in Kurunegala and Dehiattakandiya areas. Also, average farm gate price of long grain (red) paddy has further, increased in all producing areas by Rs.1.00-5.00/kg and the price ranged Rs.80.00-85.00/kg.

Compared to the same period of last year, the average farm gate prices of short grain paddy, long grain white paddy and long grain red paddy have decreased by 6%-22%, 20%-29% and 37%-40% respectively.

Dried Chilies

Wholesale

Price of imported dried chilies has increased by 1% due to availability of high quality stocks at the market and the price ranged Rs.1060.00-1150.00/kg.

Compared to the same period of last year, price of imported dried chilies has decreased by 29%.

Retail

Prices of imported dried chilies has increased by Rs.5.00/kg and price ranged Rs.1180.00-1140.00/kg

Compared to the same period of last year, price of imported dried chilies has decreased by 35%.

Onion

Wholesale

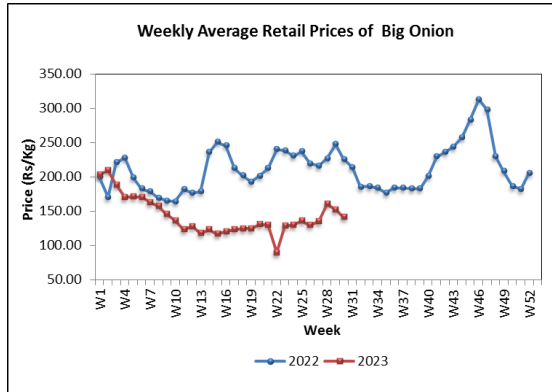
Price of local red onion (vedalan) has decreased by 21% due to availability of low quality stocks at the market and price of imported red onion has decreased by 6%. Prices ranged Rs.300.00-520.00/kg for local red onions and Rs.410.00-450.00/kg for imported red onions. Further, the price of imported big onion has decreased by 12% and price ranged Rs.98.00-110.00/kg.

Compared to the same period of last year, prices of local red onions and imported red onions have increased by 48% and 61% respectively, while the price of imported big onion has decreased by 33%.

Retail

Prices of imported big onion has decreased by Rs.11.00/kg and the price ranged

Rs.120.00-16.00/kg. Price of local red onion has decreased by Rs.45.00/kg due to limited stocks and the price range was Rs.500.00-700.00/kg. Price of imported red onions has not changed significantly.



Compared to the same period of last year, prices of imported red onion has increased by 17% while prices of imported big onions has decreased by 37%.

Potato

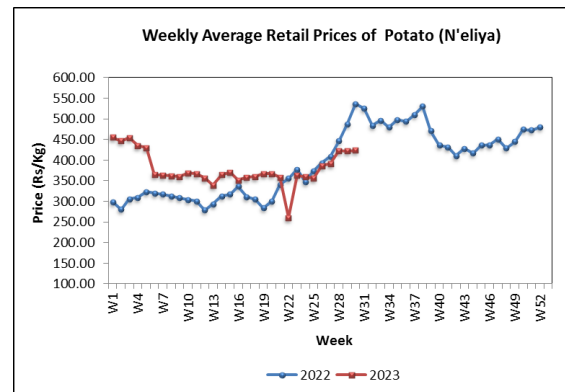
Wholesale

Prices of imported potato has decreased by 8% due to low quality stocks and also the price ranged Rs.180.00-200.00/kg. Price of Nuwara Eliya potato has increased by 8% and the price ranged Rs.320.00-340.00/kg.

Compared to the same period of last year, prices of imported potato have increased by 12% while price of Nuwara Eliya potato has decreased by 21%.

Retail

Price of Nuwara Eliya potato has increased by Rs.1.00/kg and the price range was Rs.400.00-Rs.440.00/kg. Further, price of imported potato has decreased by Rs.10.00/kg and price ranged was Rs.200.00-280.00/kg.



Compared to the same period of last year, price of Nuwara Eliya and imported potato have decreased by 21% and 4% respectively.

Pulses

Wholesale

Prices of white cowpea, red cowpea and red dhal have increased by 8%, 7% and 2% respectively due to high quality stocks available in market and the price ranges were Rs.750.00-800.00/kg Rs.800.00-900.00/kg and Rs.260.00-280.00/kg respectively.

Price of green gram has decreased by 2% due to availability of low-quality stocks and the price ranged Rs.850.00-950.00/kg. Compared to the same price of last year, prices of green gram, cowpea white and cowpea red have increased by 11%, 10% and 27% respectively. Prices of red dhal has decreased by 45%.

Retail

Prices of all types of pulses have increased except green gram. Price of red dhal has increased by Rs.6.00/kg and the price ranged Rs.290.00-340.00/kg. Prices of cowpea white and cowpea red have increased by Rs.1.00/kg-3.00/kg and price ranges were Rs.850.00-1000.00/kg and Rs.900.00-1000.00/kg respectively. Further, price of green gram has decreased by Rs.95.00/kg and the price ranged Rs.1000.00-1300.00/kg.

Compared to the same period of last year, price of red dhal has decreased by 45% and prices of all other pulses have increased in the range 10%-29%.

Vegetable

Wholesale

With the increased supply from Kandy areas, prices of most of the varieties have further decreased.

Considering up country varieties the highest price decrease was reported for raddish as 22%, followed by knolkhol as 20% due to increased supply from Puttalam and Kandy areas respectively. Due to increased supply from Kandy and Thalawakele areas. Price of beans has decreased by 17%. Price of beetroot has decreased by 9% due to increased supply from Puttalam areas and the price of leeks has decreased by 5% due to limited supply from Nuwara Eliya area. However, the prices of carrot and cabbage have increase by 13% and 7% respectively due to low supply from Nuwara Eliya area.

Price of tomato has decreased by 45% due to decreased supply from Kandy and Puttalam areas and price of capsicum has increased by 11%.

Considering low country varieties prices of luffa and snake gourd have decreased by 25% and 32% respectively, due to increased supply from Kandy areas. Price of long beans has decreased by 30% due to increased supply from Puttalam areas with the starting of harvesting season. Due to increased supply from Embilipitiya and Jaffna areas, the price of drumstick has decreased by 28%. Due to increased supply from Dambulla area, price of ladies fingers has decreased by 11% and due to increase supply from Kandy area, price of bitter gourd has decreased by 8%.

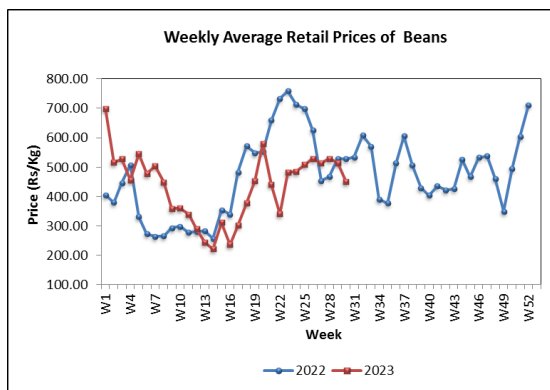
Further, with increased supply from Jaffna areas, price of green chilies has decreased by 9% and due to decreased supply from Monaragala area price of lime has increased by 17%.

Compared to the same period of last year, prices of most of the varieties have decreased and the highest was reported for ladies fingers as 56%.

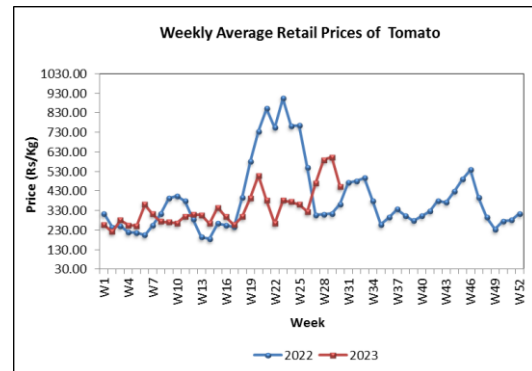
Retail

In line with the decreased wholesale prices, the retail prices of most of the vegetable varieties also decreased.

Considering up country varieties, the highest price decrease was reported for beans as Rs.64.00/kg, followed by leeks (Rs.46.00/kg). Price of knolkhol has decreased by Rs.16.00/kg while both beetroot and raddish have decreased by around Rs.4.00/kg. However, prices of both cabbage and carrot have increased by around Rs.5.00/kg.



Prices of tomato has decreased by Rs.151.00/kg while capsicum has increased by Rs.8.00/kg.



Considering low country varieties, the highest price decrease was reported for drumstick as Rs.92.00/kg followed by long beans as Rs.49.00/kg. Prices of bitter gourd, ladies fingers and snake gourd have decreased by Rs.47.00/kg, Rs.14.00/kg and Rs.7.00/kg respectively. Prices of both luffa and cucumber have decreased by Rs.3.00/kg. However, prices of brinjal has increased by Rs.56.00/kg.

Further, prices of green chilies have decreased by Rs.110.00/kg and the price of lime has increased by Rs.35.00/kg.

Compared to the same period of last year, prices of most of varieties have decreased and the highest price decrease was reported for capsicum as 41%.

Coconut

Wholesales

Prices of large and small nuts have increased by 1% and 2% respectively.

Price ranges were Rs.90.00-100.00 for a large nut and Rs.75.00-80.00 for a small nut.

Compared to the same period of last year, prices of large and small nut have increased by 26% and 14% respectively.

Retail

Prices of both large and small nut have decreased by around Rs.2.00/nut. Price ranges were Rs.100.00-120.00 for a large nut and Rs.80.00-100.00 for a small nut.

Compared to the same period of last year, prices of large and small nuts have increased 19% and 18% respectively.

Fruits

Wholesale

Prices of most of fruit varieties have decreased due to low demand and availability of low quality stocks. The highest price decrease of 25% reported for orange due to availability of small low quality stocks. Price of papaw and wood apple have decreased by 11% and 14% respectively due to availability of low-

quality stocks and low demand. Price of all banana varieties except seeni banana have decreased in the range of 2%-9% due to low demand. Further, price of slime apple has decreased by 5% due to availability of low-quality small fruits.

However, prices of passion fruit have increased by 31% due to availability of good quality stocks and high demand while price of seeni banana has increased by 12% with availability of quality stocks. Prices of all mango varieties has increased in the range of 8%-17%. Further, avocado has increased by 6% due to reaching the latter part of the harvesting season. Further, prices of all sized pineapple increased in the range of 7%-9% due to availability of limited stocks.

Compared to the same period of last year, prices of most of the fruit varieties have increased with the highest price increase of 103% reported for large sized pineapple.

Retail

Prices of most of the fruit varieties have decreased in line with the decreased wholesale prices. The highest price decrease of Rs.19.00/fruit was reported for wood apple due to decreased wholesale prices. Price of orange has decreased by Rs.13.00/fruit due to availability of low

quality fruit stocks. Further, prices of ambul and kolikuttu banana have decreased in the range of Rs.3.00-4.00/kg due to availability of sufficient stocks in the market. The price of papaw has decreased by Rs.3.00/kg.

Meanwhile, the highest price increase of Rs.113.00/kg was reported for imported grapes due to unavailability of sufficient stocks in the market. Further, small, medium and large sized pineapple have increased by Rs.20.00-31.00/kg fruit due to unavailability of sufficient stocks.

In addition, the prices of karthakolomban and passion fruit have increased by Rs.27.00/fruit and Rs.11.00/fruit respectively.

Compared to the same period of last year, prices of most of the fruit varieties have increased and the highest price increase of 110% was reported for large sized pineapples.

Fresh Fish

Wholesale

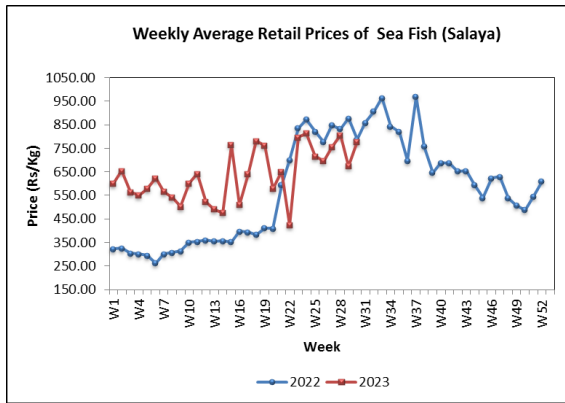
Prices of all fresh fish types have increased due to decreased supply. The highest price increase of 17% was noted for mora due to low supply from Northern areas and the price ranged between Rs.1150.00-1300.00/kg. The price increase of 15% was noted for balaya due to low supply from

Beruwala, Mirissa and Galle areas and the price ranged between Rs.850.00-1250.00/kg. Likewise, the prices increase of 11% were noted for hurulla and paraw due to low supply from Kalpitiya, Mullaitivu and Walachchenai areas and prices ranged Rs.750.00-1000.00/kg and Rs.1400.00-1600.00/kg respectively. Further, prices of kelawalla, salaya and thora have increased in the range of 1%-8%.

Compared to the same period of last year, prices of most of the fresh fish types have increased in the range of 2%-26% with the highest price increase noted for shrimps.

Retail

In line with increased wholesale prices, retail prices of all types of fresh fish have also increased due to increase cost of fuel and packing materials. The highest price increase was reported for thora by Rs.120.00/kg followed by Rs.103.00/kg for salaya. Price of mora has increased by Rs.56.00/kg. The remaining types have increased in the range of Rs.2.00-21.00/kg.



Compared to the same period of last year, prices of most types of fresh fish have increased in the range of 2%-27% and the highest price increase was reported for shrimps.

Dried Fish

Wholesale

Due to increase of supply of local dried fish, prices of most of the local and imported dried fish types have decreased. The highest price decrease of 5% were noted for local balaya and local salaya due to high supply from Negombo, Beruwala, Chilaw and Puttalam areas and their prices ranged Rs.1600.00-1750.00/kg and Rs.880.00-950.00/kg respectively. The price decrease of 2% was noted for imported sprats due to high supply from Iran and Thailand and the price ranged between Rs.930.00-1100.00/kg.

However, the price increase of 1% was noted for imported kattawa due to low supply from Oman and Indonesia and the price ranged between Rs.1600.00-1700.00/kg.

Compared to the same period of last year, prices of most of the dried fish types have decreased in the range of 6%-33% and the highest price decrease was reported for imported sprats.

Retail

In line with decreased wholesale prices, retail prices of all types of dried fish have decreased due to low demand with low quality products. The highest price decrease of Rs.69.00/kg was reported for both salaya and local sprats and price ranged between Rs.2100.00-2600.00/ kg and Rs.1000.00-1300.00/kg respectively. Prices of mora and anguluwa have decreased by Rs.66.00/kg and Rs.52.0/kg respectively. The remaining types have decreased in the range go Rs.21.00-29.00/kg.

Compared to the same period of last year, prices of all types of dried fish have decreased in the range of 12%-31% with the highest price decrease reported for imported sprats.

Eggs

Wholesale

Brown eggs were not available during this week, while the price of white egg has decreased by 2%. Price ranged between Rs.55.00-58.50/egg.

Compared to the same period of last year, price of white egg has increased by 36%.

Retail

Price of white eggs has decreased by Rs.1.00/egg due to decreased farm gate price. Price range of a white egg was between Rs.56.00-60.00/ for white eggs. Price range of medium sized brown eggs was reported between Rs.56.00-60.00/egg

Compared to the same period of last year, prices of both white and brown eggs have increased by 31% and 25% respectively.

Meat

Retail

Price of mutton has further increased by Rs.45.00/kg due to limited supply. Price of skin less curry chicken has increased by Rs.24.00/kg with low production. Price of both skin less broiler chicken and pork have decreased by Rs.45.00/kg and

Rs.25.00/kg respectively due to low demand. Price of beef has not changed significantly.

Compared to the same period of last year, prices of all types of meat have increased in the range of 11%-37% with the highest price increase reported for pork.

EXPLANATORY NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e. Tuesday and Friday) while with retail prices, it is thrice a week (i.e. Friday, Monday, and Tuesday).

Table 01: Selected Markets: Wholesale Price of Rice (Rs/50Kg Bag)

Week 30: 21 - 27 July 2023

LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
Colombo	10250	10500	9500	10000	12500	13000	8750	9000	8000	8600	6750	7250	8000	8500
Divulapitiya	11200	11350	9600	10000	12750	12900	10700	10700	8000	8500	6750	7250	7700	8000
Kurunegala	11250	11300	10500	10500	12900	13000	10250	10250	8000	8500	8000	8000	7750	7900
Nikaweratiya	11200	11300	9500	9500	12600	13150	10250	10500	7750	8100	7750	9000	7750	7900
Badulla	-	-	-	-	-	-	-	-	9000	9500	7000	7250	7500	7750
Puttalam	11200	11300	-	-	12500	13000	10400	10800	8000	8250	8000	8250	7900	8150
Dambulla	11250	11300	10300	10400	12900	12950	10400	10500	8500	8750	7500	7750	7750	8000
Anuradhapura	11000	11350	-	-	12900	13000	10500	10750	8500	9250	8000	8500	8000	8750
Tambuttegama	-	-	10000	10250	12900	12900	-	-	8200	8350	-	-	7700	7850
Polonnaruwa	11250	11300	-	-	12700	12750	10700	10750	-	-	8250	8300	-	-
Kalutara	-	-	10000	10250	13000	13150	-	-	8750	9000	7250	7400	8500	8750
Ampara	10650	11500	-	-	12500	13000	-	-	8200	8200	6600	6600	7100	7100
Kandy	11000	11200	9800	10000	12750	13000	10000	10150	8500	8750	7000	7500	8000	8500
Moneragala	11000	11250	9750	10250	12900	13000	10500	10750	8750	9750	6750	7250	7250	7750
Kegalle	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Dehiattakandiya	11000	11400	-	-	-	-	10500	10500	8750	9250	8000	8400	8000	8250
Hambantota	11250	11250	-	-	12750	12900	-	-	-	-	6250	6400	7750	8000
Matara	10750	11000	-	-	12950	13000	9750	10000	-	-	6900	7000	8000	8150
Galle	11000	11250	-	-	13000	13000	10500	10900	-	-	6900	7500	7900	8250
Meegoda	10500	10700	-	-	13000	13000	-	-	8150	8600	6400	7000	7850	8000
Tissamaharama	-	-	9750	10000	12500	12750	-	-	8500	8750	6250	6500	7700	7800
Embilipitiya	10900	11000	-	-	12800	12950	10350	10450	-	-	6850	7000	7200	7300
Jaffna	-	-	9750	10250	12500	12750	-	-	7750	7900	7000	7200	-	-
Vavuniya	10400	10500	-	-	13000	13250	8900	9100	8700	8800	7500	7700	8500	8750
Mannar	-	-	10000	10250	12900	13000	9000	9250	8250	8500	7250	7500	8500	8750
Killinochchi	10750	11000	-	-	12800	13000	8750	9000	8000	8250	7000	7250	8500	8750
Mullattivu	11000	11250	-	-	12750	13000	9250	9500	8750	9000	6750	7000	8750	9000
Batticaloa	10900	11250	-	-	13000	13200	9100	9300	-	-	7400	7600	8700	8800
Trincomalee	10500	10750	-	-	12500	12750	9000	9250	8000	8250	6750	7000	8750	9000
Galenbindunuwew	10750	11350	10500	10500	12900	13000	10600	10600	8500	9000	8500	9000	7750	8250
Matale	11200	11300	10500	10600	12900	12950	10300	10500	8500	8750	7000	7500	7250	7500

Table 02: Selected Markets: Retail Price of Rice (Rs/Kg)

Week 30: 21 - 27 July 2023

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LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
Colombo	220.00	230.00	200.00	220.00	260.00	270.00	210.00	220.00	190.00	200.00	150.00	170.00	175.00	190.00
Gampaha	230.00	230.00	210.00	220.00	270.00	270.00	220.00	220.00	175.00	190.00	150.00	165.00	170.00	180.00
Kurunegala	230.00	230.00	-	-	270.00	280.00	210.00	220.00	180.00	190.00	180.00	190.00	170.00	175.00
Nikaweratiya	230.00	230.00	-	-	260.00	270.00	210.00	210.00	165.00	174.00	170.00	190.00	165.00	170.00
Dambulla	228.00	230.00	210.00	212.00	260.00	262.00	212.00	214.00	180.00	185.00	158.00	165.00	160.00	165.00
Anuradhapura	230.00	230.00	220.00	220.00	260.00	265.00	215.00	220.00	180.00	200.00	170.00	180.00	170.00	185.00
Thambuththegama	230.00	230.00	210.00	220.00	260.00	270.00	220.00	220.00	175.00	190.00	180.00	190.00	165.00	180.00
Polonnaruwa	228.00	230.00	-	-	258.00	260.00	218.00	220.00	190.00	200.00	170.00	170.00	-	-
Kaluthara	225.00	230.00	-	-	265.00	270.00	210.00	210.00	-	-	150.00	160.00	180.00	190.00
Badulla	-	-	-	-	260.00	270.00	-	-	190.00	200.00	145.00	150.00	160.00	165.00
Keppetipola	226.00	230.00	210.00	214.00	265.00	275.00	212.00	215.00	188.00	190.00	145.00	150.00	170.00	176.00
Moneragala	230.00	230.00	200.00	210.00	260.00	270.00	215.00	220.00	180.00	200.00	140.00	150.00	150.00	160.00
Kegalle	230.00	230.00	-	-	265.00	265.00	210.00	220.00	175.00	200.00	150.00	170.00	180.00	190.00
Ampara	230.00	230.00	200.00	200.00	260.00	260.00	220.00	220.00	175.00	180.00	135.00	140.00	140.00	140.00
Dehiattakandiya	230.00	230.00	-	-	260.00	260.00	220.00	220.00	180.00	190.00	165.00	170.00	140.00	160.00
Nuwaraeliya	227.00	230.00	210.00	215.00	270.00	280.00	210.00	215.00	187.00	190.00	145.00	155.00	176.00	180.00
Kandy	228.00	230.00	210.00	215.00	265.00	270.00	210.00	220.00	185.00	195.00	150.00	165.00	175.00	185.00
Puttalam	230.00	230.00	-	-	260.00	265.00	212.00	220.00	165.00	170.00	170.00	190.00	160.00	170.00
Hambantota	230.00	230.00	-	-	260.00	260.00	-	-	-	-	130.00	132.00	160.00	165.00
Rathnapura	230.00	230.00	-	-	-	-	215.00	220.00	174.00	176.00	148.00	152.00	175.00	180.00
Matara	230.00	230.00	-	-	260.00	260.00	210.00	220.00	-	-	140.00	145.00	165.00	175.00
Galle	230.00	230.00	-	-	260.00	260.00	220.00	220.00	-	-	145.00	155.00	165.00	175.00
Tissamaharama	-	-	200.00	205.00	260.00	260.00	-	-	175.00	180.00	130.00	134.00	156.00	160.00
Meegoda (DEC)	220.00	230.00	-	-	260.00	275.00	-	-	180.00	190.00	140.00	150.00	160.00	162.00
Embilipitiya	220.00	230.00	-	-	260.00	270.00	210.00	220.00	-	-	135.00	145.00	155.00	165.00
Jaffna	-	-	215.00	220.00	260.00	265.00	185.00	190.00	165.00	165.00	145.00	155.00	-	-
Vavuniya	220.00	225.00	-	-	270.00	276.00	-	-	180.00	194.00	164.00	168.00	180.00	186.00
Mannar	-	-	210.00	220.00	265.00	270.00	190.00	200.00	170.00	185.00	155.00	160.00	180.00	190.00
Killinochchi	225.00	230.00	-	-	265.00	270.00	190.00	200.00	170.00	180.00	150.00	155.00	180.00	190.00
Mullaittivu	225.00	230.00	-	-	260.00	265.00	195.00	200.00	180.00	190.00	140.00	150.00	180.00	190.00
Batticaloa	225.00	230.00	-	-	265.00	270.00	-	-	188.00	192.00	154.00	158.00	180.00	185.00
Trincomalee	220.00	230.00	-	-	260.00	270.00	190.00	200.00	175.00	180.00	145.00	160.00	185.00	195.00
Hanguranketha	222.00	230.00	210.00	218.00	258.00	260.00	214.00	220.00	170.00	198.00	138.00	158.00	149.00	180.00
Veyangoda	230.00	230.00	210.00	215.00	260.00	260.00	200.00	220.00	175.00	190.00	160.00	160.00	160.00	170.00
Galenbindunuwewa	220.00	230.00	215.00	215.00	260.00	265.00	215.00	215.00	175.00	190.00	175.00	190.00	160.00	170.00
Bandarawela	-	-	205.00	210.00	260.00	265.00	-	-	190.00	200.00	145.00	150.00	165.00	170.00
Matale	228.00	230.00	212.00	214.00	260.00	260.00	214.00	216.00	190.00	200.00	155.00	160.00	160.00	170.00

Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50Kg)

Week 30: 21 - 27 July 2023

LOCATION	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	53000 - 57500	20500 - 22500	15000 - 26000	4900 - 5500	9000 - 10000	-	16000 - 17000	42500 - 47500	37500 - 40000	13000 - 14000
Kurunegala	53750 - 57000	22500 - 24000	-	5400 - 5500	9000 - 9500	-	-	45000 - 47500	37500 - 37500	13750 - 13750
Nikaweratiya	54750 - 55750	21000 - 22500	16500 - 16500	5250 - 6250	9250 - 10000	-	-	47000 - 47500	32500 - 33500	13400 - 13750
Dehiattakandiya	52500 - 62500	22500 - 22500	18000 - 24000	5000 - 6000	10750 - 11500	-	19000 - 20000	35000 - 42500	30000 - 35000	13500 - 14000
Dambulla (DEC)	53000 - 54000	-	11500 - 12500	5250 - 5750	9000 - 9750	-	15500 - 16000	40000 - 45000	32500 - 35000	13250 - 13500
Anuradhapura	55000 - 62500	24000 - 27000	18000 - 21000	6000 - 6500	10000 - 11000	-	-	45000 - 50000	32500 - 40000	13500 - 14500
Thambuththegama	52500 - 57500	-	20000 - 22500	5000 - 5500	8750 - 9750	-	15500 - 16000	40000 - 45000	30000 - 32500	13500 - 14000
Polonnaruwa	59000 - 59000	24500 - 24750	29000 - 29000	6750 - 7000	12250 - 12500	-	19000 - 19250	44700 - 45000	-	13500 - 13750
Kaluthara	55000 - 59000	22500 - 23000	-	5250 - 5500	10250 - 10500	-	17000 - 17500	45000 - 45500	37000 - 38000	14000 - 14150
Puttalam	52500 - 53000	-	12500 - 13500	5500 - 6500	10000 - 11000	-	16000 - 17250	36000 - 41000	30000 - 32500	14000 - 14500
Kandy	55000 - 59000	-	15500 - 18000	5000 - 5750	9250 - 10000	-	16000 - 16250	45000 - 46000	35000 - 37500	13750 - 14000
Matara	57500 - 60000	24500 - 25000	26000 - 27500	5150 - 5500	10500 - 10800	-	17500 - 18500	43000 - 45000	37500 - 40000	14000 - 14750
Hambantota	52500 - 60000	-	18000 - 18750	5000 - 5500	9500 - 10750	-	-	39000 - 42500	39000 - 41000	14250 - 14500
Kegalle	52000 - 58000	25000 - 25000	15000 - 17000	5250 - 5500	9500 - 9600	-	17000 - 17250	44000 - 46000	36000 - 36500	14000 - 14750
Galle	55000 - 60000	25000 - 29000	-	5750 - 6250	10000 - 10750	-	18000 - 19000	45000 - 50000	30000 - 35000	13000 - 13800
Tissamaharama	57500 - 60000	-	17500 - 19000	5750 - 6250	11500 - 12000	-	18000 - 18500	40000 - 40000	37500 - 37500	14250 - 14750
Meegoda (DEC)	57500 - 57500	-	15000 - 17500	4900 - 5500	9500 - 10000	-	15750 - 17000	47500 - 50000	42500 - 42500	14250 - 14500
Jaffna	52500 - 54000	-	18000 - 20000	5250 - 5750	9750 - 10750	-	-	46500 - 49000	-	13250 - 13750
Vavuniya	57500 - 60000	22500 - 25000	-	5500 - 5900	10500 - 11000	-	-	45000 - 48000	-	14000 - 14250
Mannar	55000 - 57500	20000 - 21000	-	6000 - 6250	10000 - 10500	-	-	45000 - 46250	-	14250 - 14500
Killinochchi	57500 - 60000	-	-	6000 - 6500	10000 - 10500	-	-	46500 - 48000	-	13750 - 14250
Mullattivu	57500 - 60000	-	-	6500 - 7000	10500 - 11000	-	-	52500 - 55000	40000 - 42500	14500 - 14750
Batticaloa	57500 - 58000	-	27000 - 27500	5800 - 7000	10500 - 11000	-	20500 - 21500	51000 - 52500	39000 - 41000	14000 - 14150
Trincomalee	54000 - 57500	-	19000 - 21000	6500 - 6900	-	-	-	55000 - 56000	29000 - 32500	13000 - 14000
Galenbindunuwewa	55000 - 61000	22500 - 22500	18750 - 18750	5500 - 6000	10000 - 11000	-	-	42500 - 52500	30000 - 32500	13500 - 14500
Matale	52500 - 55000	-	16000 - 17000	5250 - 5500	9500 - 9750	-	-	42500 - 45000	40000 - 42500	13650 - 13750

Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/Kg)

Week 30: 21 - 27 July 2023

LOCATIONS	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	1180.00 - 1400.00	450.00 - 460.00	500.00 - 700.00	120.00 - 160.00	200.00 - 280.00	-	400.00 - 440.00	1000.00 - 1300.00	850.00 - 1000.00	290.00 - 340.00
Gampaha	1280.00 - 1400.00	-	520.00 - 520.00	150.00 - 160.00	240.00 - 260.00	-	440.00 - 440.00	980.00 - 1000.00	800.00 - 880.00	280.00 - 320.00
Kurunegala	1200.00 - 1260.00	480.00 - 520.00	600.00 - 600.00	150.00 - 160.00	240.00 - 260.00	-	380.00 - 440.00	1200.00 - 1200.00	850.00 - 850.00	300.00 - 320.00
Nikaweratiya	1300.00 - 1350.00	520.00 - 580.00	-	140.00 - 160.00	220.00 - 240.00	-	400.00 - 400.00	1000.00 - 1000.00	800.00 - 800.00	290.00 - 320.00
Dambulla	1100.00 - 1200.00	-	460.00 - 480.00	110.00 - 120.00	190.00 - 220.00	-	360.00 - 380.00	900.00 - 1000.00	780.00 - 800.00	280.00 - 300.00
Anuradhapura	1200.00 - 1400.00	520.00 - 600.00	480.00 - 480.00	130.00 - 150.00	220.00 - 240.00	-	-	950.00 - 1200.00	700.00 - 850.00	290.00 - 300.00
Thambuththegama	1200.00 - 1300.00	-	480.00 - 520.00	110.00 - 140.00	190.00 - 220.00	-	360.00 - 400.00	900.00 - 1000.00	700.00 - 800.00	282.00 - 300.00
Polonnaruwa	1200.00 - 1300.00	500.00 - 520.00	600.00 - 600.00	140.00 - 150.00	250.00 - 260.00	-	390.00 - 400.00	950.00 - 1000.00	-	285.00 - 300.00
Kaluthara	1240.00 - 1260.00	520.00 - 540.00	-	120.00 - 140.00	220.00 - 240.00	-	400.00 - 420.00	1000.00 - 1020.00	800.00 - 850.00	285.00 - 290.00
Badulla	1200.00 - 1300.00	500.00 - 540.00	600.00 - 600.00	140.00 - 160.00	220.00 - 240.00	400.00 - 440.00	-	1000.00 - 1200.00	800.00 - 900.00	290.00 - 300.00
Keppetipola	1200.00 - 1260.00	560.00 - 600.00	-	140.00 - 160.00	250.00 - 260.00	360.00 - 380.00	-	1180.00 - 1200.00	780.00 - 820.00	300.00 - 320.00
Moneragala	1100.00 - 1400.00	540.00 - 600.00	480.00 - 480.00	140.00 - 150.00	230.00 - 240.00	-	440.00 - 460.00	950.00 - 1100.00	700.00 - 900.00	290.00 - 300.00
Kegalle	1060.00 - 1200.00	520.00 - 580.00	-	140.00 - 160.00	240.00 - 250.00	-	400.00 - 420.00	950.00 - 1000.00	750.00 - 840.00	310.00 - 320.00
Ampara	1200.00 - 1230.00	500.00 - 585.00	-	140.00 - 160.00	230.00 - 250.00	-	395.00 - 400.00	980.00 - 1200.00	700.00 - 980.00	285.00 - 295.00
Dehiattakandiya	1200.00 - 1300.00	500.00 - 500.00	480.00 - 520.00	110.00 - 130.00	220.00 - 240.00	-	400.00 - 400.00	800.00 - 900.00	700.00 - 800.00	280.00 - 300.00
Nuwaraeliya	1200.00 - 1280.00	550.00 - 580.00	-	145.00 - 160.00	250.00 - 280.00	-	370.00 - 400.00	1200.00 - 1260.00	800.00 - 840.00	300.00 - 320.00
Kandy	1200.00 - 1300.00	500.00 - 520.00	600.00 - 640.00	130.00 - 160.00	230.00 - 240.00	-	420.00 - 440.00	1200.00 - 1300.00	840.00 - 900.00	290.00 - 310.00
Puttalam	1100.00 - 1250.00	-	520.00 - 600.00	150.00 - 180.00	240.00 - 280.00	-	400.00 - 440.00	850.00 - 1000.00	650.00 - 800.00	285.00 - 300.00
Rathnapura	1250.00 - 1300.00	-	-	140.00 - 150.00	230.00 - 240.00	-	-	900.00 - 950.00	750.00 - 850.00	290.00 - 300.00
Hambantota	1250.00 - 1400.00	-	460.00 - 520.00	130.00 - 140.00	240.00 - 260.00	-	-	900.00 - 950.00	850.00 - 900.00	280.00 - 310.00
Matara	1250.00 - 1400.00	540.00 - 550.00	600.00 - 640.00	120.00 - 140.00	220.00 - 260.00	-	400.00 - 460.00	900.00 - 1100.00	800.00 - 850.00	300.00 - 320.00
Galle	1200.00 - 1300.00	560.00 - 650.00	-	130.00 - 140.00	220.00 - 240.00	-	400.00 - 420.00	1000.00 - 1200.00	700.00 - 750.00	300.00 - 320.00
Tissamaharama	1200.00 - 1250.00	550.00 - 550.00	480.00 - 480.00	130.00 - 140.00	240.00 - 250.00	-	380.00 - 390.00	850.00 - 850.00	800.00 - 800.00	300.00 - 310.00
Meegoda (DEC)	1150.00 - 1200.00	450.00 - 500.00	-	110.00 - 125.00	220.00 - 240.00	-	380.00 - 440.00	1000.00 - 1300.00	900.00 - 1000.00	300.00 - 320.00
Embilipitiya	1200.00 - 1350.00	450.00 - 460.00	-	120.00 - 130.00	220.00 - 240.00	-	380.00 - 400.00	950.00 - 1150.00	700.00 - 800.00	290.00 - 300.00
Jaffna	1150.00 - 1250.00	-	480.00 - 520.00	115.00 - 125.00	220.00 - 240.00	-	-	1000.00 - 1050.00	-	280.00 - 285.00
Vavuniya	1300.00 - 1380.00	-	-	125.00 - 130.00	235.00 - 240.00	-	-	1000.00 - 1100.00	-	290.00 - 300.00
Mannar	1200.00 - 1300.00	-	600.00 - 620.00	140.00 - 160.00	220.00 - 240.00	-	-	1000.00 - 1200.00	-	300.00 - 320.00
Killinochchi	1250.00 - 1300.00	-	-	140.00 - 160.00	220.00 - 240.00	-	-	1000.00 - 1050.00	-	290.00 - 300.00
Mullaittivu	1200.00 - 1280.00	-	-	-	220.00 - 240.00	-	-	1100.00 - 1150.00	850.00 - 950.00	300.00 - 310.00
Batticaloa	1240.00 - 1250.00	-	600.00 - 640.00	140.00 - 150.00	240.00 - 250.00	-	480.00 - 520.00	1100.00 - 1140.00	850.00 - 900.00	300.00 - 310.00
Trincomalee	1250.00 - 1280.00	-	480.00 - 480.00	140.00 - 150.00	230.00 - 245.00	-	480.00 - 520.00	1220.00 - 1280.00	660.00 - 700.00	280.00 - 310.00
Hanguranketha	1200.00 - 1350.00	500.00 - 600.00	-	120.00 - 148.00	220.00 - 260.00	-	360.00 - 380.00	950.00 - 1225.00	780.00 - 840.00	282.00 - 295.00
Veyangoda	1200.00 - 1300.00	480.00 - 520.00	-	130.00 - 130.00	240.00 - 240.00	-	370.00 - 400.00	900.00 - 1200.00	820.00 - 860.00	300.00 - 320.00
Galenbindunuwewa	1150.00 - 1250.00	460.00 - 480.00	-	120.00 - 130.00	210.00 - 240.00	-	-	900.00 - 1100.00	650.00 - 700.00	280.00 - 300.00
Bandarawela	1200.00 - 1250.00	460.00 - 480.00	-	130.00 - 150.00	230.00 - 240.00	360.00 - 380.00	-	1100.00 - 1200.00	850.00 - 900.00	290.00 - 300.00
Matale	1140.00 - 1200.00	-	-	120.00 - 130.00	210.00 - 220.00	-	420.00 - 420.00	950.00 - 960.00	850.00 - 880.00	280.00 - 285.00

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/Kg)

Week 30: 21 - 27 July 2023

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	250.00 - 350.00	350.00 - 450.00	130.00 - 160.00	150.00 - 280.00	80.00 - 100.00
Meegoda (DEC)	-	350.00 - 400.00	390.00 - 470.00	150.00 - 160.00	180.00 - 200.00	90.00 - 100.00
Dambulla (DEC)	-	330.00 - 380.00	400.00 - 450.00	120.00 - 140.00	150.00 - 200.00	60.00 - 70.00
Keppetipola (DEC)	-	350.00 - 360.00	340.00 - 360.00	110.00 - 120.00	150.00 - 160.00	100.00 - 110.00
Norochchole (DEC)	-	-	-	-	140.00 - 160.00	-
Nuwara Eliya	-	360.00 - 380.00	430.00 - 440.00	110.00 - 120.00	160.00 - 170.00	110.00 - 120.00
Kandy	-	350.00 - 370.00	420.00 - 440.00	110.00 - 120.00	190.00 - 200.00	70.00 - 80.00
Hambantota	-	320.00 - 380.00	450.00 - 500.00	170.00 - 220.00	300.00 - 350.00	150.00 - 200.00
Thambuththegama (DEC)	-	350.00 - 400.00	440.00 - 460.00	140.00 - 160.00	170.00 - 200.00	70.00 - 100.00
Jaffna	-	320.00 - 380.00	400.00 - 440.00	140.00 - 160.00	240.00 - 280.00	-
Bandarawela	-	300.00 - 350.00	360.00 - 380.00	120.00 - 140.00	160.00 - 180.00	100.00 - 120.00
Veyangoda	-	380.00 - 420.00	400.00 - 450.00	140.00 - 170.00	170.00 - 220.00	90.00 - 110.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	50.00 - 70.00	130.00 - 160.00	200.00 - 250.00	100.00 - 120.00	250.00 - 350.00	300.00 - 400.00
Meegoda (DEC)	50.00 - 100.00	150.00 - 180.00	250.00 - 280.00	100.00 - 150.00	250.00 - 330.00	350.00 - 400.00
Moneragala	80.00 - 100.00	200.00 - 250.00	280.00 - 300.00	120.00 - 150.00	300.00 - 340.00	400.00 - 450.00
Dambulla (DEC)	20.00 - 30.00	120.00 - 140.00	180.00 - 220.00	70.00 - 80.00	250.00 - 300.00	250.00 - 300.00
Keppetipola (DEC)	50.00 - 60.00	120.00 - 140.00	190.00 - 210.00	90.00 - 100.00	250.00 - 280.00	330.00 - 350.00
Norochchole (DEC)	15.00 - 30.00	-	-	60.00 - 100.00	120.00 - 170.00	250.00 - 300.00
Nuwara Eliya	60.00 - 70.00	120.00 - 130.00	200.00 - 220.00	100.00 - 110.00	270.00 - 280.00	350.00 - 360.00
Kandy	50.00 - 60.00	140.00 - 180.00	230.00 - 250.00	90.00 - 100.00	280.00 - 330.00	350.00 - 370.00
Hambantota	100.00 - 130.00	200.00 - 240.00	250.00 - 300.00	90.00 - 100.00	220.00 - 260.00	350.00 - 400.00
Thambuththegama (DEC)	40.00 - 60.00	150.00 - 170.00	200.00 - 230.00	60.00 - 80.00	240.00 - 300.00	250.00 - 320.00
Tissamaharama	60.00 - 70.00	250.00 - 270.00	320.00 - 340.00	80.00 - 100.00	280.00 - 320.00	370.00 - 440.00
Jaffna	80.00 - 100.00	140.00 - 180.00	240.00 - 280.00	80.00 - 100.00	280.00 - 320.00	300.00 - 350.00
Bandarawela	40.00 - 60.00	120.00 - 140.00	200.00 - 220.00	-	240.00 - 260.00	300.00 - 350.00
Veyangoda	70.00 - 95.00	150.00 - 180.00	240.00 - 250.00	90.00 - 120.00	300.00 - 350.00	320.00 - 350.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	100.00 - 120.00	50.00 - 70.00	200.00 - 300.00	100.00 - 140.00	100.00 - 250.00	80.00 - 120.00
Meegoda (DEC)	90.00 - 130.00	40.00 - 60.00	200.00 - 300.00	150.00 - 180.00	-	120.00 - 150.00
Moneragala	120.00 - 160.00	80.00 - 100.00	280.00 - 320.00	200.00 - 250.00	160.00 - 200.00	200.00 - 240.00
Dambulla (DEC)	70.00 - 100.00	20.00 - 30.00	180.00 - 220.00	60.00 - 80.00	110.00 - 130.00	80.00 - 110.00
Keppetipola (DEC)	110.00 - 120.00	50.00 - 60.00	200.00 - 220.00	100.00 - 110.00	150.00 - 160.00	100.00 - 120.00
Norochchole (DEC)	70.00 - 100.00	25.00 - 40.00	220.00 - 270.00	100.00 - 150.00	100.00 - 200.00	70.00 - 120.00
Nuwara Eliya	120.00 - 130.00	60.00 - 70.00	220.00 - 230.00	110.00 - 120.00	150.00 - 170.00	110.00 - 120.00
Kandy	100.00 - 120.00	50.00 - 60.00	240.00 - 260.00	100.00 - 120.00	150.00 - 200.00	130.00 - 150.00
Hambantota	120.00 - 150.00	60.00 - 80.00	280.00 - 340.00	170.00 - 210.00	120.00 - 160.00	150.00 - 200.00
Thambuththegama (DEC)	60.00 - 100.00	20.00 - 30.00	150.00 - 180.00	70.00 - 90.00	120.00 - 150.00	50.00 - 70.00
Tissamaharama	110.00 - 130.00	30.00 - 45.00	320.00 - 400.00	130.00 - 150.00	110.00 - 120.00	170.00 - 210.00
Jaffna	80.00 - 100.00	60.00 - 80.00	240.00 - 280.00	100.00 - 140.00	200.00 - 250.00	-
Bandarawela	100.00 - 120.00	50.00 - 60.00	-	-	-	-
Veyangoda	100.00 - 130.00	40.00 - 60.00	200.00 - 250.00	110.00 - 130.00	140.00 - 180.00	100.00 - 150.00

Table 06 (Contd.)

	Long Beans	Ash Plantain	Green Chillies	Lime	Sweet Potatoe	Manioc
Colombo	120.00 - 200.00	140.00 - 160.00	400.00 - 550.00	250.00 - 320.00	100.00 - 120.00	140.00 - 160.00
Meegoda (DEC)	130.00 - 190.00	170.00 - 210.00	480.00 - 550.00	300.00 - 400.00	80.00 - 100.00	-
Moneragala	180.00 - 200.00	80.00 - 100.00	700.00 - 800.00	300.00 - 340.00	80.00 - 100.00	80.00 - 100.00
Dambulla (DEC)	130.00 - 150.00	130.00 - 150.00	300.00 - 400.00	300.00 - 330.00	60.00 - 80.00	85.00 - 100.00
Keppetipola (DEC)	160.00 - 180.00	140.00 - 150.00	600.00 - 650.00	300.00 - 320.00	100.00 - 110.00	120.00 - 130.00
Norochchole (DEC)	80.00 - 120.00	120.00 - 140.00	450.00 - 550.00	-	70.00 - 150.00	120.00 - 150.00
Nuwara Eliya	170.00 - 180.00	150.00 - 160.00	650.00 - 680.00	320.00 - 340.00	100.00 - 120.00	120.00 - 140.00
Kandy	140.00 - 170.00	150.00 - 180.00	450.00 - 500.00	320.00 - 340.00	85.00 - 100.00	100.00 - 120.00
Hambantota	150.00 - 180.00	100.00 - 140.00	550.00 - 600.00	400.00 - 480.00	100.00 - 130.00	90.00 - 130.00
Thambuththegama (DEC)	120.00 - 160.00	100.00 - 140.00	350.00 - 450.00	300.00 - 350.00	70.00 - 90.00	80.00 - 100.00
Tissamaharama	120.00 - 140.00	120.00 - 130.00	640.00 - 720.00	300.00 - 330.00	120.00 - 130.00	120.00 - 140.00
Jaffna	150.00 - 200.00	110.00 - 120.00	420.00 - 480.00	250.00 - 300.00	90.00 - 110.00	120.00 - 150.00
Bandarawela	-	-	600.00 - 650.00	-	80.00 - 100.00	120.00 - 140.00
Veyangoda	100.00 - 120.00	170.00 - 190.00	400.00 - 500.00	350.00 - 390.00	80.00 - 100.00	140.00 - 150.00

Locations	Leafy Vegetables (Rs/Bundle)			Coconut (Rs/Nut)	
	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	40.00 - 50.00	40.00 - 50.00	280.00 - 300.00	90.00 - 100.00	75.00 - 80.00
Meegoda (DEC)	80.00 - 80.00	80.00 - 80.00	80.00 - 100.00	90.00 - 100.00	80.00 - 85.00
Norochchole (DEC)	50.00 - 60.00	50.00 - 60.00	120.00 - 130.00	70.00 - 85.00	55.00 - 60.00
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	25.00 - 30.00	25.00 - 30.00	20.00 - 25.00	70.00 - 72.00	60.00 - 62.00
Kandy	40.00 - 45.00	40.00 - 50.00	230.00 - 240.00	75.00 - 85.00	60.00 - 70.00
Hambantota	45.00 - 50.00	40.00 - 45.00	60.00 - 70.00	-	-
Thambuththegama (DEC)	30.00 - 30.00	30.00 - 30.00	30.00 - 30.00	60.00 - 70.00	50.00 - 55.00
Tissamaharama	40.00 - 45.00	40.00 - 45.00	50.00 - 55.00	80.00 - 85.00	55.00 - 60.00
Jaffna	70.00 - 80.00	30.00 - 35.00	180.00 - 200.00	70.00 - 90.00	50.00 - 60.00
Bandarawela	-	-	-	-	-
Veyangoda	35.00 - 40.00	35.00 - 40.00	45.00 - 45.00	85.00 - 85.00	-

Colombo, Meegoda, Norochchole, Jaffna and Kandy - Gotukola Price Rs/Kg

Table 07: Selected Markets: Retail Price of Vegetables (Rs/Kg)

Week 30: 21 - 27 July 2023

LOCATIONS	Up Country Varieties																
	Butter Beans		Green Beans		Carrot		Leeks		Beetroot		Knol Khol		Raddish		Cabbage		Tomato
Colombo	-	320.00 - 550.00	400.00 - 600.00	160.00 - 400.00	300.00 - 480.00	160.00 - 320.00	100.00 - 280.00	200.00 - 400.00	160.00 - 320.00	100.00 - 280.00	200.00 - 400.00	200.00 - 400.00	280.00 - 600.00				
Gampaha	-	320.00 - 400.00	400.00 - 480.00	240.00 - 280.00	280.00 - 320.00	200.00 - 240.00	120.00 - 200.00	320.00 - 320.00	400.00 - 400.00								
Kurunegala	-	520.00 - 600.00	600.00 - 600.00	280.00 - 320.00	480.00 - 500.00	320.00 - 360.00	240.00 - 280.00	280.00 - 320.00	460.00 - 480.00								
Nikaweratiya	-	480.00 - 520.00	520.00 - 560.00	320.00 - 400.00	320.00 - 400.00	240.00 - 280.00	160.00 - 200.00	320.00 - 360.00	320.00 - 400.00								
Dambulla	-	460.00 - 480.00	520.00 - 560.00	240.00 - 260.00	280.00 - 320.00	160.00 - 200.00	100.00 - 120.00	260.00 - 280.00	340.00 - 380.00								
Anuradhapura	-	480.00 - 560.00	540.00 - 600.00	240.00 - 320.00	300.00 - 440.00	180.00 - 240.00	140.00 - 160.00	240.00 - 320.00	360.00 - 400.00								
Thambuththegama	-	460.00 - 520.00	520.00 - 560.00	220.00 - 280.00	220.00 - 280.00	160.00 - 220.00	90.00 - 140.00	220.00 - 260.00	320.00 - 360.00								
Polonnaruwa	-	460.00 - 500.00	550.00 - 570.00	310.00 - 330.00	320.00 - 340.00	360.00 - 360.00	210.00 - 230.00	340.00 - 360.00	380.00 - 420.00								
Kaluthara	-	400.00 - 420.00	520.00 - 540.00	240.00 - 260.00	340.00 - 360.00	220.00 - 240.00	180.00 - 200.00	240.00 - 260.00	400.00 - 420.00								
Badulla	-	420.00 - 560.00	480.00 - 520.00	240.00 - 280.00	360.00 - 400.00	240.00 - 280.00	160.00 - 200.00	240.00 - 280.00	280.00 - 320.00								
Keppetipola	-	420.00 - 440.00	400.00 - 420.00	200.00 - 220.00	220.00 - 240.00	180.00 - 200.00	150.00 - 160.00	200.00 - 220.00	280.00 - 320.00								
Moneragala	-	420.00 - 440.00	420.00 - 480.00	240.00 - 320.00	320.00 - 400.00	200.00 - 240.00	140.00 - 160.00	240.00 - 320.00	340.00 - 400.00								
Kegalle	-	480.00 - 520.00	560.00 - 600.00	290.00 - 320.00	380.00 - 410.00	210.00 - 240.00	220.00 - 240.00	300.00 - 320.00	360.00 - 400.00								
Ampara	-	440.00 - 480.00	520.00 - 560.00	240.00 - 280.00	360.00 - 360.00	240.00 - 240.00	200.00 - 200.00	280.00 - 280.00	400.00 - 400.00								
Dehiattakandiya	-	400.00 - 560.00	480.00 - 600.00	220.00 - 300.00	380.00 - 400.00	160.00 - 200.00	200.00 - 260.00	280.00 - 380.00	400.00 - 480.00								
Nuwaraeliya	-	460.00 - 480.00	500.00 - 520.00	200.00 - 220.00	250.00 - 260.00	180.00 - 200.00	160.00 - 180.00	220.00 - 240.00	320.00 - 340.00								
Kandy	-	450.00 - 480.00	550.00 - 600.00	240.00 - 260.00	260.00 - 280.00	160.00 - 180.00	120.00 - 140.00	260.00 - 300.00	320.00 - 360.00								
Puttalam	-	520.00 - 600.00	560.00 - 600.00	300.00 - 360.00	320.00 - 440.00	-	180.00 - 220.00	300.00 - 360.00	400.00 - 480.00								
Hambantota	-	420.00 - 520.00	520.00 - 600.00	220.00 - 280.00	320.00 - 400.00	200.00 - 250.00	140.00 - 160.00	240.00 - 300.00	320.00 - 400.00								
Rathnapura	-	400.00 - 420.00	400.00 - 420.00	240.00 - 260.00	320.00 - 340.00	240.00 - 260.00	110.00 - 120.00	250.00 - 280.00	320.00 - 340.00								
Matara	-	440.00 - 520.00	440.00 - 520.00	280.00 - 320.00	280.00 - 380.00	200.00 - 240.00	100.00 - 130.00	220.00 - 250.00	380.00 - 400.00								
Galle	-	400.00 - 480.00	450.00 - 500.00	350.00 - 400.00	350.00 - 400.00	280.00 - 320.00	200.00 - 260.00	300.00 - 350.00	380.00 - 440.00								
Tissamaharama	-	450.00 - 480.00	510.00 - 530.00	220.00 - 240.00	270.00 - 290.00	180.00 - 190.00	100.00 - 120.00	270.00 - 290.00	400.00 - 480.00								
Meegoda (DEC)	-	460.00 - 500.00	520.00 - 560.00	220.00 - 240.00	280.00 - 320.00	180.00 - 220.00	140.00 - 180.00	260.00 - 320.00	320.00 - 350.00								
Embilipitiya	-	450.00 - 500.00	480.00 - 550.00	240.00 - 280.00	280.00 - 320.00	200.00 - 240.00	160.00 - 200.00	280.00 - 320.00	400.00 - 480.00								
Jaffna	-	400.00 - 440.00	440.00 - 520.00	180.00 - 200.00	280.00 - 360.00	-	100.00 - 120.00	180.00 - 240.00	280.00 - 360.00								
Vavuniya	-	500.00 - 600.00	550.00 - 600.00	320.00 - 380.00	400.00 - 450.00	-	180.00 - 200.00	300.00 - 340.00	400.00 - 480.00								
Mannar	-	480.00 - 520.00	520.00 - 560.00	400.00 - 440.00	400.00 - 450.00	160.00 - 200.00	160.00 - 200.00	240.00 - 320.00	400.00 - 450.00								
Killinochchi	-	480.00 - 520.00	560.00 - 600.00	280.00 - 320.00	280.00 - 320.00	-	130.00 - 150.00	280.00 - 320.00	350.00 - 400.00								
Mullaittivu	-	480.00 - 500.00	550.00 - 560.00	300.00 - 320.00	380.00 - 400.00	-	200.00 - 220.00	350.00 - 360.00	350.00 - 360.00								
Batticaloa	-	480.00 - 520.00	580.00 - 600.00	300.00 - 320.00	400.00 - 420.00	260.00 - 300.00	180.00 - 200.00	320.00 - 330.00	400.00 - 420.00								
Trincomalee	-	520.00 - 560.00	550.00 - 580.00	290.00 - 350.00	350.00 - 420.00	280.00 - 320.00	190.00 - 220.00	300.00 - 350.00	540.00 - 580.00								
Hanguranketha	-	400.00 - 450.00	480.00 - 520.00	170.00 - 200.00	280.00 - 320.00	120.00 - 150.00	80.00 - 100.00	170.00 - 200.00	240.00 - 280.00								
Veyangoda	-	480.00 - 520.00	500.00 - 520.00	280.00 - 320.00	320.00 - 360.00	200.00 - 280.00	160.00 - 180.00	240.00 - 280.00	460.00 - 480.00								
Galenbindunuwewa	-	480.00 - 520.00	530.00 - 600.00	280.00 - 320.00	320.00 - 480.00	150.00 - 160.00	120.00 - 140.00	240.00 - 320.00	400.00 - 480.00								
Bandarawela	-	400.00 - 420.00	420.00 - 460.00	220.00 - 240.00	260.00 - 280.00	200.00 - 220.00	140.00 - 160.00	220.00 - 240.00	300.00 - 320.00								
Matale	-	420.00 - 480.00	560.00 - 600.00	240.00 - 280.00	320.00 - 380.00	150.00 - 160.00	120.00 - 160.00	240.00 - 260.00	320.00 - 400.00								

Table 07 (Contd.)

LOCATIONS	Low Country Varieties										
	Ladies Fingers	Brinjal	Capsicum	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa	Long Beans	
Colombo	160.00 - 360.00	340.00 - 560.00	350.00 - 600.00	140.00 - 260.00	80.00 - 240.00	300.00 - 520.00	200.00 - 420.00	240.00 - 560.00	160.00 - 400.00	200.00 - 480.00	
Gampaha	240.00 - 280.00	480.00 - 480.00	400.00 - 480.00	200.00 - 240.00	120.00 - 120.00	400.00 - 400.00	240.00 - 320.00	280.00 - 320.00	280.00 - 320.00	200.00 - 240.00	
Kurunegala	280.00 - 320.00	420.00 - 480.00	600.00 - 700.00	180.00 - 240.00	140.00 - 180.00	340.00 - 360.00	260.00 - 320.00	360.00 - 460.00	320.00 - 360.00	340.00 - 400.00	
Nikaweratiya	240.00 - 320.00	320.00 - 400.00	480.00 - 600.00	160.00 - 200.00	120.00 - 160.00	320.00 - 400.00	240.00 - 320.00	320.00 - 400.00	240.00 - 280.00	240.00 - 320.00	
Dambulla	200.00 - 220.00	360.00 - 380.00	460.00 - 480.00	160.00 - 200.00	80.00 - 120.00	360.00 - 400.00	200.00 - 240.00	280.00 - 320.00	200.00 - 240.00	260.00 - 300.00	
Anuradhapura	200.00 - 240.00	300.00 - 400.00	480.00 - 600.00	160.00 - 240.00	120.00 - 160.00	360.00 - 400.00	200.00 - 300.00	350.00 - 400.00	200.00 - 280.00	240.00 - 300.00	
Thambuththegama	100.00 - 140.00	300.00 - 380.00	400.00 - 480.00	140.00 - 180.00	60.00 - 100.00	220.00 - 300.00	120.00 - 180.00	200.00 - 260.00	110.00 - 160.00	180.00 - 240.00	
Polonnaruwa	280.00 - 300.00	360.00 - 380.00	430.00 - 480.00	170.00 - 200.00	160.00 - 190.00	360.00 - 400.00	280.00 - 300.00	240.00 - 260.00	260.00 - 280.00	360.00 - 380.00	
Kaluthara	240.00 - 260.00	360.00 - 380.00	600.00 - 640.00	160.00 - 180.00	180.00 - 200.00	540.00 - 560.00	360.00 - 380.00	-	200.00 - 220.00	300.00 - 320.00	
Badulla	240.00 - 280.00	360.00 - 400.00	440.00 - 500.00	180.00 - 200.00	140.00 - 160.00	400.00 - 440.00	280.00 - 320.00	240.00 - 280.00	280.00 - 320.00	300.00 - 340.00	
Keppetipola	180.00 - 200.00	330.00 - 350.00	420.00 - 440.00	180.00 - 200.00	150.00 - 160.00	280.00 - 300.00	190.00 - 200.00	240.00 - 250.00	180.00 - 200.00	240.00 - 260.00	
Moneragala	160.00 - 240.00	320.00 - 400.00	440.00 - 520.00	160.00 - 200.00	100.00 - 140.00	360.00 - 400.00	240.00 - 320.00	200.00 - 320.00	240.00 - 300.00	240.00 - 320.00	
Kegalle	260.00 - 280.00	300.00 - 320.00	460.00 - 480.00	180.00 - 200.00	140.00 - 160.00	380.00 - 400.00	340.00 - 360.00	300.00 - 320.00	260.00 - 280.00	340.00 - 360.00	
Ampara	160.00 - 200.00	320.00 - 440.00	480.00 - 480.00	160.00 - 180.00	160.00 - 160.00	400.00 - 400.00	320.00 - 320.00	320.00 - 320.00	240.00 - 240.00	240.00 - 240.00	
Dehiattakandiya	200.00 - 240.00	300.00 - 320.00	480.00 - 560.00	160.00 - 200.00	160.00 - 160.00	400.00 - 520.00	200.00 - 280.00	240.00 - 400.00	280.00 - 320.00	200.00 - 300.00	
Nuwaraeliya	180.00 - 200.00	370.00 - 390.00	440.00 - 460.00	220.00 - 240.00	150.00 - 170.00	300.00 - 320.00	200.00 - 220.00	250.00 - 260.00	200.00 - 220.00	260.00 - 280.00	
Kandy	160.00 - 200.00	550.00 - 600.00	550.00 - 600.00	140.00 - 160.00	100.00 - 120.00	450.00 - 480.00	160.00 - 200.00	240.00 - 300.00	240.00 - 260.00	240.00 - 300.00	
Puttalam	220.00 - 260.00	400.00 - 480.00	480.00 - 600.00	200.00 - 260.00	140.00 - 160.00	360.00 - 420.00	280.00 - 320.00	300.00 - 400.00	240.00 - 300.00	200.00 - 300.00	
Rathnapura	200.00 - 220.00	300.00 - 340.00	480.00 - 500.00	180.00 - 200.00	140.00 - 160.00	460.00 - 480.00	300.00 - 330.00	240.00 - 260.00	320.00 - 340.00	240.00 - 280.00	
Hambantota	140.00 - 180.00	320.00 - 400.00	400.00 - 480.00	160.00 - 200.00	110.00 - 130.00	320.00 - 420.00	240.00 - 300.00	160.00 - 200.00	240.00 - 300.00	220.00 - 250.00	
Matara	160.00 - 200.00	320.00 - 400.00	400.00 - 480.00	160.00 - 180.00	110.00 - 130.00	400.00 - 480.00	220.00 - 240.00	140.00 - 180.00	220.00 - 240.00	280.00 - 320.00	
Galle	200.00 - 240.00	350.00 - 380.00	450.00 - 500.00	160.00 - 200.00	160.00 - 200.00	320.00 - 380.00	240.00 - 300.00	300.00 - 360.00	220.00 - 280.00	320.00 - 380.00	
Tissamaharama	130.00 - 150.00	330.00 - 380.00	450.00 - 480.00	140.00 - 170.00	60.00 - 80.00	400.00 - 480.00	190.00 - 220.00	180.00 - 220.00	240.00 - 260.00	180.00 - 220.00	
Meegoda (DEC)	200.00 - 220.00	400.00 - 480.00	480.00 - 520.00	180.00 - 200.00	120.00 - 160.00	380.00 - 400.00	240.00 - 280.00	-	240.00 - 280.00	240.00 - 280.00	
Embilipitiya	120.00 - 160.00	320.00 - 400.00	480.00 - 550.00	160.00 - 200.00	100.00 - 160.00	400.00 - 480.00	280.00 - 320.00	150.00 - 200.00	240.00 - 300.00	280.00 - 320.00	
Jaffna	100.00 - 150.00	320.00 - 380.00	350.00 - 400.00	100.00 - 140.00	100.00 - 120.00	280.00 - 320.00	140.00 - 180.00	250.00 - 320.00	-	200.00 - 240.00	
Vavuniya	300.00 - 320.00	480.00 - 550.00	600.00 - 650.00	200.00 - 240.00	140.00 - 180.00	500.00 - 600.00	300.00 - 340.00	390.00 - 420.00	200.00 - 250.00	300.00 - 400.00	
Mannar	240.00 - 280.00	320.00 - 400.00	480.00 - 540.00	200.00 - 220.00	180.00 - 200.00	400.00 - 450.00	250.00 - 320.00	350.00 - 400.00	-	320.00 - 400.00	
Killinochchi	200.00 - 230.00	280.00 - 320.00	450.00 - 500.00	130.00 - 150.00	-	500.00 - 550.00	180.00 - 200.00	400.00 - 450.00	-	240.00 - 260.00	
Mullaittivu	280.00 - 300.00	280.00 - 300.00	480.00 - 520.00	160.00 - 180.00	-	600.00 - 640.00	280.00 - 300.00	480.00 - 500.00	-	240.00 - 260.00	
Batticaloa	280.00 - 320.00	300.00 - 320.00	480.00 - 520.00	180.00 - 200.00	140.00 - 160.00	560.00 - 600.00	260.00 - 300.00	400.00 - 420.00	240.00 - 280.00	240.00 - 260.00	
Trincomalee	260.00 - 300.00	320.00 - 350.00	380.00 - 450.00	180.00 - 220.00	180.00 - 210.00	480.00 - 520.00	300.00 - 350.00	480.00 - 520.00	280.00 - 300.00	420.00 - 480.00	
Hanguranketha	140.00 180.00	320.00 350.00	400.00 450.00	140.00 180.00	80.00 100.00	250.00 280.00	140.00 180.00	250.00 300.00	170.00 200.00	250.00 280.00	
Veyangoda	200.00 - 260.00	380.00 - 400.00	480.00 - 600.00	160.00 - 160.00	120.00 - 160.00	400.00 - 480.00	280.00 - 320.00	320.00 - 360.00	240.00 - 260.00	240.00 - 280.00	
Galenbindunuwewa	200.00 - 240.00	320.00 - 360.00	480.00 - 600.00	200.00 - 240.00	120.00 - 160.00	400.00 - 480.00	200.00 - 240.00	240.00 - 280.00	200.00 - 240.00	280.00 - 320.00	
Bandarawela	180.00 - 200.00	340.00 - 360.00	400.00 - 450.00	160.00 - 180.00	120.00 - 140.00	360.00 - 400.00	220.00 - 240.00	300.00 - 320.00	220.00 - 240.00	280.00 - 300.00	
Matale	180.00 - 240.00	400.00 - 420.00	400.00 - 480.00	160.00 - 200.00	80.00 - 120.00	300.00 - 400.00	240.00 - 280.00	240.00 - 280.00	160.00 - 240.00	320.00 - 400.00	

Table 07 (Contd.)

LOCATIONS	Low Country Varieties					Leafy Vegetable			Coconut (Rs/Nut)	
	Ash Plantain	Green Chillies	Lime	Sweet Potato	Manioc	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	200.00 - 340.00	420.00 - 900.00	400.00 - 700.00	150.00 - 240.00	160.00 - 240.00	40.00 - 80.00	40.00 - 80.00	95.00 - 100.00	100.00 - 120.00	80.00 - 100.00
Gampaha	240.00 - 240.00	600.00 - 800.00	600.00 - 800.00	160.00 - 160.00	180.00 - 200.00	60.00 - 70.00	60.00 - 70.00	30.00 - 30.00	80.00 - 80.00	70.00 - 75.00
Kurunegala	280.00 - 320.00	800.00 - 900.00	500.00 - 600.00	240.00 - 240.00	220.00 - 240.00	40.00 - 50.00	40.00 - 50.00	30.00 - 30.00	80.00 - 90.00	65.00 - 70.00
Nikaweratiya	160.00 - 200.00	800.00 - 1000.00	320.00 - 400.00	160.00 - 200.00	160.00 - 160.00	40.00 - 50.00	40.00 - 50.00	60.00 - 60.00	75.00 - 75.00	65.00 - 70.00
Dambulla	260.00 - 280.00	700.00 - 800.00	450.00 - 500.00	150.00 - 200.00	180.00 - 200.00	45.00 - 50.00	45.00 - 50.00	40.00 - 50.00	80.00 - 90.00	65.00 - 70.00
Anuradhapura	200.00 - 240.00	600.00 - 900.00	500.00 - 600.00	160.00 - 200.00	160.00 - 240.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	80.00 - 90.00	60.00 - 70.00
Thambuththegama	150.00 - 180.00	550.00 - 650.00	350.00 - 400.00	160.00 - 200.00	140.00 - 180.00	40.00 - 50.00	40.00 - 50.00	-	65.00 - 75.00	50.00 - 60.00
Polonnaruwa	270.00 - 280.00	520.00 - 600.00	460.00 - 500.00	140.00 - 160.00	100.00 - 120.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	-	50.00 - 60.00
Kaluthara	260.00 - 280.00	1000.00 - 1080.00	560.00 - 600.00	240.00 - 260.00	220.00 - 240.00	60.00 - 75.00	60.00 - 75.00	80.00 - 100.00	110.00 - 120.00	90.00 - 95.00
Badulla	230.00 - 260.00	800.00 - 900.00	500.00 - 600.00	160.00 - 200.00	220.00 - 240.00	70.00 - 70.00	70.00 - 70.00	70.00 - 80.00	85.00 - 95.00	75.00 - 80.00
Keppetipola	220.00 - 240.00	840.00 - 880.00	380.00 - 400.00	180.00 - 190.00	200.00 - 220.00	40.00 - 45.00	40.00 - 45.00	30.00 - 35.00	84.00 - 86.00	76.00 - 80.00
Moneragala	120.00 - 160.00	800.00 - 1000.00	400.00 - 440.00	120.00 - 140.00	100.00 - 140.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	90.00 - 100.00	70.00 - 80.00
Kegalle	260.00 - 280.00	750.00 - 800.00	450.00 - 500.00	220.00 - 240.00	200.00 - 210.00	70.00 - 80.00	70.00 - 80.00	50.00 - 70.00	85.00 - 90.00	65.00 - 80.00
Ampara	200.00 - 200.00	800.00 - 900.00	300.00 - 300.00	140.00 - 200.00	160.00 - 160.00	50.00 - 60.00	50.00 - 50.00	50.00 - 50.00	90.00 - 90.00	80.00 - 80.00
Dehiattakandiya	200.00 - 240.00	800.00 - 1000.00	300.00 - 400.00	140.00 - 160.00	150.00 - 160.00	60.00 - 60.00	60.00 - 60.00	60.00 - 60.00	70.00 - 80.00	55.00 - 65.00
Nuwaraeliya	250.00 - 270.00	850.00 - 900.00	420.00 - 440.00	190.00 - 200.00	220.00 - 240.00	45.00 - 55.00	45.00 - 55.00	35.00 - 45.00	85.00 - 88.00	78.00 - 80.00
Kandy	360.00 - 400.00	900.00 - 950.00	450.00 - 480.00	140.00 - 160.00	180.00 - 200.00	50.00 - 60.00	50.00 - 60.00	40.00 - 45.00	90.00 - 95.00	65.00 - 75.00
Puttalam	160.00 - 200.00	760.00 - 900.00	440.00 - 480.00	200.00 - 240.00	180.00 - 220.00	70.00 - 70.00	70.00 - 70.00	40.00 - 40.00	75.00 - 90.00	65.00 - 70.00
Rathnapura	220.00 - 240.00	850.00 - 950.00	550.00 - 600.00	200.00 - 220.00	160.00 - 170.00	90.00 - 100.00	85.00 - 90.00	100.00 - 110.00	100.00 - 110.00	80.00 - 90.00
Hambanthota	160.00 - 200.00	700.00 - 800.00	480.00 - 520.00	140.00 - 160.00	140.00 - 200.00	50.00 - 55.00	50.00 - 50.00	70.00 - 80.00	90.00 - 110.00	70.00 - 80.00
Matara	160.00 - 220.00	700.00 - 800.00	450.00 - 600.00	120.00 - 140.00	200.00 - 240.00	55.00 - 60.00	55.00 - 60.00	85.00 - 95.00	85.00 - 95.00	60.00 - 75.00
Galle	200.00 - 240.00	740.00 - 800.00	400.00 - 450.00	160.00 - 200.00	200.00 - 200.00	60.00 - 70.00	50.00 - 60.00	60.00 - 80.00	95.00 - 100.00	80.00 - 85.00
Tissamaharama	150.00 - 170.00	700.00 - 800.00	370.00 - 400.00	150.00 - 170.00	170.00 - 200.00	45.00 - 50.00	45.00 - 50.00	55.00 - 60.00	85.00 - 90.00	60.00 - 65.00
Meegoda (DEC)	280.00 - 300.00	750.00 - 800.00	450.00 - 500.00	150.00 - 180.00	200.00 - 200.00	80.00 - 100.00	80.00 - 80.00	80.00 - 100.00	100.00 - 120.00	80.00 - 90.00
Embilipitiya	160.00 - 200.00	550.00 - 600.00	500.00 - 600.00	150.00 - 200.00	150.00 - 200.00	50.00 - 70.00	50.00 - 70.00	80.00 - 90.00	90.00 - 110.00	60.00 - 80.00
Jaffna	120.00 - 150.00	500.00 - 600.00	300.00 - 350.00	100.00 - 140.00	160.00 - 200.00	80.00 - 90.00	35.00 - 40.00	40.00 - 45.00	100.00 - 130.00	60.00 - 80.00
Vavuniya	240.00 - 280.00	500.00 - 550.00	380.00 - 400.00	190.00 - 220.00	270.00 - 290.00	60.00 - 75.00	60.00 - 65.00	60.00 - 65.00	75.00 - 80.00	60.00 - 70.00
Mannar	200.00 - 240.00	700.00 - 800.00	400.00 - 480.00	150.00 - 200.00	240.00 - 250.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	70.00 - 80.00	50.00 - 60.00
Killinochchi	80.00 - 120.00	550.00 - 600.00	300.00 - 350.00	200.00 - 230.00	240.00 - 260.00	50.00 - 60.00	40.00 - 50.00	40.00 - 45.00	70.00 - 80.00	50.00 - 60.00
Mullaittivu	150.00 - 160.00	580.00 - 600.00	300.00 - 320.00	180.00 - 200.00	240.00 - 260.00	50.00 - 60.00	50.00 - 60.00	40.00 - 50.00	80.00 - 90.00	65.00 - 70.00
Batticaloa	240.00 - 260.00	750.00 - 800.00	400.00 - 440.00	200.00 - 220.00	240.00 - 250.00	60.00 - 60.00	50.00 - 60.00	50.00 - 50.00	90.00 - 90.00	65.00 - 70.00
Trincomalee	270.00 320.00	820.00 900.00	600.00 650.00	120.00 180.00	230.00 250.00	50.00 55.00	50.00 55.00	45.00 55.00	95.00 110.00	75.00 85.00
Hanguranketha	210.00 - 250.00	600.00 - 800.00	400.00 - 500.00	140.00 - 180.00	150.00 - 180.00	40.00 - 50.00	40.00 - 50.00	40.00 - 50.00	83.00 - 95.00	70.00 - 78.00
Veyangoda	260.00 - 280.00	700.00 - 800.00	500.00 - 600.00	160.00 - 200.00	200.00 - 200.00	60.00 - 70.00	60.00 - 70.00	30.00 - 30.00	100.00 - 120.00	70.00 - 80.00
Galenbindunuwewa	120.00 - 140.00	600.00 - 800.00	400.00 - 600.00	140.00 - 160.00	120.00 - 140.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	80.00 - 90.00	60.00 - 70.00
Bandarawela	220.00 - 240.00	700.00 - 800.00	500.00 - 550.00	160.00 - 180.00	180.00 - 200.00	50.00 - 60.00	50.00 - 60.00	60.00 - 70.00	95.00 - 100.00	80.00 - 85.00
Matale	240.00 - 280.00	600.00 - 800.00	500.00 - 600.00	160.00 - 240.00	160.00 - 180.00	40.00 - 50.00	40.00 - 50.00	40.00 - 50.00	90.00 - 95.00	70.00 - 80.00

Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/Kg)

Week 30: 21 - 27 July 2023

LOCATIONS	Banana					Pineapple			Mango	
	Ambul (Rs/Kg)	Kolikuttu (Rs/Kg)	Seeni (Rs/Kg)	Anamalu	Ambun	Large	Medium	Small	Betti	Karthakolomban
Colombo	140.00 - 240.00	400.00 - 550.00	130.00 - 220.00	30.00 - 37.00	40.00 - 45.00	900.00 - 1150.00	680.00 - 850.00	480.00 - 650.00	-	130.00 - 200.00
Gampaha	180.00 - 200.00	400.00 - 450.00	160.00 - 180.00	22.00 - 28.00	31.00 - 35.00	600.00 - 650.00	450.00 - 500.00	300.00 - 350.00	-	230.00 - 250.00
Kurunegala	150.00 - 200.00	480.00 - 540.00	120.00 - 150.00	18.00 - 20.00	25.00 - 30.00	760.00 - 760.00	500.00 - 600.00	250.00 - 300.00	100.00 - 100.00	-
Nikaweratiya	130.00 - 150.00	450.00 - 480.00	130.00 - 150.00	-	37.00 - 40.00	800.00 - 950.00	650.00 - 750.00	500.00 - 600.00	-	-
Dambulla	140.00 - 150.00	400.00 - 450.00	160.00 - 170.00	-	38.00 - 40.00	700.00 - 750.00	480.00 - 500.00	250.00 - 280.00	60.00 - 80.00	180.00 - 220.00
Anuradhapura	180.00 - 200.00	380.00 - 500.00	160.00 - 180.00	26.00 - 30.00	37.00 - 43.00	900.00 - 1000.00	720.00 - 820.00	550.00 - 660.00	-	110.00 - 140.00
Thambuththegama	170.00 - 200.00	450.00 - 500.00	150.00 - 180.00	-	42.00 - 45.00	1050.00 - 1170.00	870.00 - 975.00	700.00 - 780.00	-	-
Polonnaruwa	180.00 - 200.00	350.00 - 400.00	150.00 - 160.00	26.00 - 28.00	30.00 - 31.00	780.00 - 820.00	650.00 - 700.00	450.00 - 500.00	-	130.00 - 130.00
Kaluthara	200.00 - 220.00	420.00 - 440.00	180.00 - 200.00	32.00 - 34.00	34.00 - 38.00	-	650.00 - 700.00	550.00 - 600.00	-	120.00 - 140.00
Badulla	130.00 - 140.00	300.00 - 360.00	120.00 - 130.00	17.00 - 19.00	26.00 - 28.00	-	620.00 - 660.00	420.00 - 450.00	-	110.00 - 130.00
Keppetipola	130.00 - 140.00	400.00 - 420.00	120.00 - 130.00	16.00 - 18.00	26.00 - 28.00	-	750.00 - 780.00	460.00 - 500.00	48.00 - 55.00	120.00 - 130.00
Moneragala	120.00 - 140.00	250.00 - 300.00	60.00 - 80.00	13.00 - 16.00	17.00 - 20.00	-	540.00 - 600.00	450.00 - 500.00	-	100.00 - 120.00
Kegalle	130.00 - 150.00	440.00 - 480.00	140.00 - 160.00	15.00 - 25.00	20.00 - 25.00	-	650.00 - 750.00	450.00 - 550.00	-	130.00 - 150.00
Ampara	130.00 - 180.00	350.00 - 450.00	100.00 - 120.00	18.00 - 25.00	22.00 - 31.00	-	-	500.00 - 550.00	-	-
Dehiattakandiya	120.00 - 180.00	-	120.00 - 150.00	-	40.00 - 55.00	-	-	-	-	-
Nuwaraeliya	140.00 - 150.00	420.00 - 440.00	130.00 - 140.00	20.00 - 24.00	32.00 - 35.00	-	700.00 - 760.00	520.00 - 550.00	-	120.00 - 130.00
Kandy	200.00 - 220.00	480.00 - 500.00	180.00 - 200.00	24.00 - 26.00	40.00 - 45.00	900.00 - 1000.00	650.00 - 680.00	380.00 - 450.00	-	130.00 - 160.00
Puttalam	130.00 - 150.00	400.00 - 450.00	120.00 - 150.00	16.00 - 18.00	-	680.00 - 750.00	550.00 - 620.00	200.00 - 300.00	-	70.00 - 80.00
Rathnapura	190.00 - 220.00	330.00 - 360.00	180.00 - 220.00	-	-	800.00 - 900.00	500.00 - 550.00	200.00 - 250.00	-	100.00 - 125.00
Hambantota	150.00 - 180.00	400.00 - 450.00	140.00 - 150.00	19.00 - 22.00	25.00 - 27.00	850.00 - 900.00	650.00 - 750.00	360.00 - 400.00	-	150.00 - 160.00
Matara	160.00 - 180.00	420.00 - 450.00	130.00 - 140.00	20.00 - 22.00	31.00 - 32.00	980.00 - 1050.00	880.00 - 950.00	480.00 - 600.00	-	120.00 - 150.00
Galle	160.00 - 200.00	400.00 - 460.00	140.00 - 180.00	25.00 - 30.00	30.00 - 32.00	-	600.00 - 650.00	480.00 - 550.00	-	100.00 - 180.00
Tissamaharama	120.00 - 140.00	360.00 - 400.00	110.00 - 130.00	30.00 - 35.00	30.00 - 35.00	750.00 - 780.00	620.00 - 640.00	400.00 - 420.00	-	80.00 - 90.00
Meegoda (DEC)	160.00 - 180.00	400.00 - 430.00	150.00 - 170.00	35.00 - 50.00	40.00 - 40.00	850.00 - 850.00	650.00 - 650.00	500.00 - 500.00	-	90.00 - 110.00
Embilipitiya	120.00 - 130.00	350.00 - 400.00	120.00 - 140.00	20.00 - 30.00	25.00 - 35.00	-	550.00 - 600.00	450.00 - 500.00	60.00 - 80.00	150.00 - 160.00
Jaffna	100.00 - 120.00	350.00 - 400.00	100.00 - 120.00	-	-	980.00 - 1200.00	820.00 - 950.00	620.00 - 750.00	-	120.00 - 180.00
Vavuniya	180.00 - 200.00	400.00 - 450.00	150.00 - 180.00	29.00 - 32.00	-	1100.00 - 1200.00	750.00 - 790.00	550.00 - 580.00	-	170.00 - 190.00
Mannar	150.00 - 180.00	350.00 - 400.00	140.00 - 160.00	18.00 - 20.00	-	700.00 - 750.00	600.00 - 650.00	500.00 - 550.00	-	125.00 - 150.00
Killinochchi	180.00 - 200.00	400.00 - 440.00	150.00 - 170.00	24.00 - 26.00	-	940.00 - 960.00	740.00 - 760.00	550.00 - 600.00	80.00 - 100.00	150.00 - 160.00
Mullaittivu	150.00 - 180.00	300.00 - 320.00	150.00 - 180.00	28.00 - 30.00	-	720.00 - 740.00	600.00 - 650.00	490.00 - 530.00	-	100.00 - 120.00
Batticaloa	180.00 - 200.00	400.00 - 400.00	150.00 - 160.00	25.00 - 26.00	-	900.00 - 900.00	700.00 - 720.00	600.00 - 620.00	-	100.00 - 120.00
Trincomalee	160.00 - 200.00	350.00 - 400.00	150.00 - 165.00	-	36.00 - 42.00	-	620.00 - 650.00	520.00 - 630.00	-	135.00 - 140.00
Veyangoda	200.00 - 220.00	450.00 - 500.00	180.00 - 220.00	22.00 - 25.00	31.00 - 38.00	980.00 - 1020.00	500.00 - 600.00	400.00 - 450.00	-	100.00 - 140.00
Galenbindunuwewa	150.00 - 180.00	320.00 - 350.00	120.00 - 150.00	25.00 - 30.00	35.00 - 40.00	850.00 - 950.00	700.00 - 750.00	600.00 - 650.00	-	100.00 - 120.00
Bandarawela	140.00 - 160.00	350.00 - 400.00	120.00 - 140.00	18.00 - 20.00	26.00 - 28.00	-	580.00 - 600.00	460.00 - 480.00	-	120.00 - 140.00
Matale	140.00 - 160.00	400.00 - 450.00	140.00 - 160.00	28.00 - 32.00	30.00 - 36.00	700.00 - 800.00	550.00 - 600.00	350.00 - 360.00	60.00 - 70.00	180.00 - 200.00

Table 08 (Contd.)

LOCATIONS	Mango		Other Fruits							
	Vilad	Kohu	Papaw (Rs/Kg)	Passion	Wood Apple	Orange	Avocado	Slime Apple	Grapes (Rs/Kg)	King Coconut
Colombo	80.00 - 100.00	-	120.00 - 250.00	38.00 - 70.00	80.00 - 140.00	60.00 - 115.00	80.00 - 150.00	40.00 - 100.00	1400.00 - 2800.00	100.00 - 150.00
Gampaha	-	-	150.00 - 200.00	50.00 - 80.00	120.00 - 120.00	120.00 - 120.00	80.00 - 100.00	80.00 - 80.00	2300.00 - 2300.00	120.00 - 120.00
Kurunegala	-	40.00 - 50.00	140.00 - 150.00	50.00 - 50.00	80.00 - 100.00	80.00 - 120.00	80.00 - 100.00	60.00 - 80.00	2500.00 - 2800.00	120.00 - 130.00
Nikaweratiya	-	-	120.00 - 150.00	20.00 - 30.00	30.00 - 40.00	80.00 - 100.00	80.00 - 120.00	-	2500.00 - 2700.00	100.00 - 120.00
Dambulla	60.00 - 80.00	30.00 - 40.00	140.00 - 150.00	20.00 - 25.00	80.00 - 100.00	80.00 - 100.00	60.00 - 80.00	60.00 - 80.00	2500.00 - 2600.00	120.00 - 140.00
Anuradhapura	-	-	120.00 - 160.00	-	60.00 - 100.00	80.00 - 100.00	70.00 - 100.00	45.00 - 60.00	2300.00 - 2800.00	120.00 - 150.00
Thambuththegama	-	-	110.00 - 160.00	-	-	-	50.00 - 70.00	100.00 - 120.00	1800.00 - 2500.00	100.00 - 120.00
Polonnaruwa	-	-	150.00 - 170.00	-	-	-	150.00 - 150.00	50.00 - 60.00	2500.00 - 2550.00	120.00 - 130.00
Kaluthara	-	-	200.00 - 220.00	45.00 - 50.00	140.00 - 160.00	120.00 - 130.00	100.00 - 120.00	100.00 - 120.00	2400.00 - 2600.00	120.00 - 140.00
Badulla	60.00 - 80.00	-	130.00 - 150.00	25.00 - 30.00	70.00 - 80.00	75.00 - 80.00	45.00 - 60.00	45.00 - 60.00	2500.00 - 2700.00	120.00 - 140.00
Keppetipola	50.00 - 60.00	18.00 - 20.00	160.00 - 180.00	30.00 - 35.00	70.00 - 80.00	70.00 - 80.00	45.00 - 55.00	35.00 - 45.00	2600.00 - 2650.00	110.00 - 120.00
Moneragala	50.00 - 80.00	-	140.00 - 160.00	20.00 - 24.00	40.00 - 60.00	70.00 - 80.00	50.00 - 60.00	40.00 - 50.00	3000.00 - 3200.00	100.00 - 120.00
Kegalle	-	20.00 - 25.00	140.00 - 170.00	20.00 - 25.00	50.00 - 60.00	60.00 - 80.00	40.00 - 60.00	40.00 - 60.00	2500.00 - 2600.00	100.00 - 120.00
Ampara	-	-	130.00 - 160.00	-	80.00 - 80.00	50.00 - 50.00	50.00 - 60.00	50.00 - 70.00	1800.00 - 1800.00	130.00 - 130.00
Dehiattakandiya	40.00 - 70.00	-	130.00 - 180.00	40.00 - 50.00	60.00 - 60.00	50.00 - 100.00	100.00 - 160.00	50.00 - 50.00	2500.00 - 2800.00	100.00 - 130.00
Nuwaraeliya	50.00 - 65.00	20.00 - 24.00	160.00 - 180.00	32.00 - 36.00	65.00 - 75.00	70.00 - 80.00	50.00 - 60.00	50.00 - 60.00	2450.00 - 2600.00	110.00 - 130.00
Kandy	70.00 - 80.00	-	130.00 - 160.00	30.00 - 40.00	80.00 - 100.00	80.00 - 100.00	50.00 - 100.00	50.00 - 60.00	2000.00 - 2600.00	120.00 - 130.00
Puttalam	-	-	150.00 - 200.00	-	-	60.00 - 70.00	80.00 - 85.00	-	-	100.00 - 140.00
Hambantota	-	-	120.00 - 130.00	-	40.00 - 60.00	90.00 - 110.00	40.00 - 60.00	40.00 - 50.00	2300.00 - 2500.00	90.00 - 110.00
Rathnapura	50.00 - 70.00	-	160.00 - 180.00	-	50.00 - 60.00	90.00 - 120.00	-	50.00 - 60.00	2000.00 - 2500.00	-
Matara	-	-	130.00 - 135.00	35.00 - 40.00	85.00 - 90.00	100.00 - 130.00	40.00 - 50.00	45.00 - 48.00	2300.00 - 2500.00	100.00 - 120.00
Galle	-	35.00 - 40.00	140.00 - 180.00	40.00 - 46.00	75.00 - 80.00	120.00 - 130.00	60.00 - 80.00	60.00 - 80.00	2900.00 - 3000.00	100.00 - 120.00
Tissamaharama	-	25.00 - 30.00	110.00 - 130.00	30.00 - 35.00	60.00 - 65.00	60.00 - 70.00	50.00 - 60.00	25.00 - 30.00	2800.00 - 2800.00	90.00 - 100.00
Meegoda (DEC)	100.00 - 110.00	-	130.00 - 160.00	40.00 - 40.00	65.00 - 65.00	90.00 - 100.00	60.00 - 80.00	35.00 - 40.00	2000.00 - 2400.00	100.00 - 130.00
Embilipitiya	60.00 - 80.00	40.00 - 50.00	120.00 - 140.00	30.00 - 40.00	100.00 - 120.00	100.00 - 120.00	60.00 - 90.00	15.00 - 20.00	1850.00 - 2400.00	110.00 - 130.00
Jaffna	80.00 - 110.00	-	120.00 - 150.00	-	-	110.00 - 120.00	-	-	2800.00 - 3200.00	120.00 - 150.00
Vavuniya	-	-	150.00 - 180.00	50.00 - 56.00	-	90.00 - 110.00	110.00 - 125.00	-	2900.00 - 3000.00	120.00 - 150.00
Mannar	60.00 - 80.00	-	150.00 - 160.00	35.00 - 45.00	-	110.00 - 120.00	80.00 - 100.00	100.00 - 130.00	2600.00 - 3000.00	120.00 - 150.00
Killinochchi	60.00 - 80.00	-	100.00 - 120.00	50.00 - 60.00	100.00 - 120.00	70.00 - 80.00	80.00 - 100.00	-	2600.00 - 2800.00	150.00 - 160.00
Mullaittivu	60.00 - 70.00	-	120.00 - 150.00	-	-	-	-	-	-	140.00 - 150.00
Batticaloa	-	-	160.00 - 180.00	50.00 - 60.00	90.00 - 100.00	70.00 - 80.00	90.00 - 100.00	-	2200.00 - 2400.00	150.00 - 150.00
Trincomalee	54.00 - 58.00	28.00 - 32.00	145.00 - 160.00	50.00 - 60.00	-	52.00 - 55.00	130.00 - 140.00	32.00 - 38.00	2680.00 - 2800.00	130.00 - 140.00
Veyangoda	-	-	180.00 - 230.00	38.00 - 40.00	80.00 - 100.00	90.00 - 120.00	75.00 - 100.00	50.00 - 80.00	2000.00 - 2800.00	100.00 - 130.00
Galenbindunuwewa	-	-	120.00 - 130.00	-	-	-	50.00 - 80.00	-	2500.00 - 3000.00	130.00 - 140.00
Bandarawela	60.00 - 80.00	-	120.00 - 140.00	30.00 - 40.00	70.00 - 80.00	80.00 - 100.00	50.00 - 60.00	50.00 - 60.00	2500.00 - 2600.00	120.00 - 140.00
Matale	60.00 - 70.00	40.00 - 50.00	140.00 - 150.00	20.00 - 25.00	100.00 - 120.00	100.00 - 120.00	50.00 - 60.00	50.00 - 60.00	2000.00 - 2600.00	100.00 - 120.00

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/Kg & Rs/Egg)

Week 30: 21 - 27 July 2023

Locations	Sea Fish					
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw
Colombo	380.00 – 600.00	750.00 – 1000.00	850.00 – 1250.00	1300.00 – 1600.00	2000.00 – 3200.00	1400.00 – 1600.00
Kandy	550.00 – 600.00	900.00 – 950.00	950.00 – 1100.00	1600.00 – 1750.00	2700.00 – 2800.00	1500.00 – 1600.00
Kaluthara	630.00 – 650.00	860.00 – 880.00	1200.00 – 1300.00	1400.00 – 1500.00	-	1350.00 – 1450.00
Puttalam	550.00 – 640.00	980.00 – 1100.00	1000.00 – 1100.00	1800.00 – 2100.00	-	1350.00 – 1480.00
Matara	450.00 – 500.00	460.00 – 500.00	1100.00 – 1150.00	1900.00 – 1960.00	-	1800.00 – 1900.00
Hambantota	500.00 – 550.00	500.00 – 550.00	800.00 – 900.00	1600.00 – 1700.00	1800.00 – 2000.00	-
Galle	-	-	900.00 – 1100.00	1800.00 – 1800.00	-	1300.00 – 1400.00
Batticaloa	350.00 – 400.00	1000.00 – 1100.00	700.00 – 800.00	1300.00 – 1400.00	1700.00 – 1800.00	1100.00 – 1200.00
Trincomalee	420.00 – 480.00	820.00 – 880.00	1150.00 – 1200.00	2080.00 – 2150.00	2400.00 – 2500.00	1600.00 – 1700.00
Mannar	420.00 – 450.00	-	-	-	-	1200.00 – 1300.00

Locations	Sea Fish				Eggs	
	Mora	Shrimps	Thalapath	Teppeli	Brown	White
Colombo	1150.00 – 1300.00	1600.00 – 1750.00	1800.00 – 2300.00	-	-	55.00 – 58.50
Kandy	1250.00 – 1300.00	1650.00 – 1700.00	2150.00 – 2300.00	-	56.00 – 58.00	57.00 – 58.00
Kaluthara	-	1800.00 – 1900.00	1800.00 – 1900.00	-	-	-
Puttalam	1700.00 – 1850.00	1200.00 – 1300.00	-	-	55.00 – 59.00	49.00 – 55.00
Matara	-	1550.00 – 1600.00	-	-	-	-
Hambantota	-	1700.00 – 1750.00	-	-	-	-
Galle	900.00 – 1000.00	-	1800.00 – 2000.00	-	-	57.00 – 58.00
Batticaloa	1100.00 – 1200.00	1400.00 – 1500.00	1800.00 – 1900.00	-	57.00 – 58.00	57.00 – 58.00
Trincomalee	2080.00 – 2150.00	1500.00 – 1580.00	-	-	62.00 – 63.00	62.00 – 63.00
Mannar	1200.00 – 1300.00	1300.00 – 1400.00	-	-	-	56.00 – 57.00

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50Kg)

Week 30: 21 - 27 July 2023

Locations	Local Dried Fish					
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa
Colombo	100000 – 112000	-	-	95000 – 102500	80000 – 87500	-
Kandy	95000 – 97500	-	-	98000 – 100000	88000 – 90000	-
Batticaloa	50000 – 52500	105000 – 110000	-	100000 – 102500	70000 – 72500	-
Trincomalee	51000 – 52500	-	90000 – 95000	-	72500 – 75000	75000 – 77500
Mannar	49000 – 50000	100000 – 105000	-	85000 – 90000	72500 – 75000	50000 – 55000

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	72500 – 80000	-	44000 – 47500	46500 – 55000	80000 – 85000	-
Kandy	73000 – 75000	-	46000 – 47000	50000 – 52500	84000 – 87000	-
Batticaloa	75000 – 80000	-	42500 – 45000	-	-	-
Trincomalee	82500 – 87500	-	40000 – 42500	39000 – 41000	100000 – 104000	-
Mannar	60000 – 65000	-	47500 – 50000	49000 – 50000	-	-

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	-	-	75000 – 80000	-	-	-
Kandy	-	-	-	-	-	-
Batticaloa	-	-	-	-	-	-
Trincomalee	-	-	-	-	-	-
Mannar	-	-	-	-	-	-

Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/Kg & Rs/Eggs)

Week 30: 21 - 27 July 2023

LOCATIONS	Sea Fish									Eggs	
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw	Mora	Thalapath	Brown	White	
Colombo	700.00 - 1000.00	900.00 - 1360.00	1560.00 - 1800.00	2000.00 - 3200.00	3200.00 - 4800.00	2000.00 - 3200.00	1700.00 - 2800.00	2500.00 - 3600.00	56.00 - 60.00	56.00 - 60.00	
Gampaha	-	1000.00 - 1000.00	-	2000.00 - 2000.00	-	-	-	2800.00 - 2800.00	-	55.00 - 58.00	
Kurunegala	600.00 - 700.00	1000.00 - 1100.00	1400.00 - 1500.00	2000.00 - 2200.00	-	1700.00 - 1700.00	1700.00 - 1800.00	2400.00 - 2500.00	60.00 - 60.00	-	
Nikaweratiya	-	1100.00 - 1200.00	1200.00 - 1200.00	2600.00 - 2600.00	-	2800.00 - 2800.00	-	2700.00 - 2700.00	-	-	
Dambulla	580.00 - 700.00	800.00 - 1000.00	1200.00 - 1300.00	2500.00 - 2600.00	2700.00 - 2800.00	1600.00 - 1800.00	1700.00 - 2000.00	2500.00 - 2600.00	60.00 - 62.00	57.00 - 58.00	
Anuradhapura	760.00 - 800.00	900.00 - 1000.00	1150.00 - 1200.00	2200.00 - 2400.00	3000.00 - 3000.00	1500.00 - 1600.00	-	2600.00 - 2800.00	-	-	
Thambuththegama	500.00 - 500.00	-	1200.00 - 1300.00	2600.00 - 2600.00	3000.00 - 3000.00	1800.00 - 1800.00	2000.00 - 2200.00	3000.00 - 3000.00	-	58.00 - 60.00	
Polonnaruwa	700.00 - 700.00	1300.00 - 1300.00	1400.00 - 1450.00	2000.00 - 2100.00	2800.00 - 2800.00	1550.00 - 1600.00	1800.00 - 1800.00	2500.00 - 2600.00	-	55.00 - 60.00	
Kaluthara	760.00 - 800.00	860.00 - 880.00	1400.00 - 1500.00	2300.00 - 2400.00	-	2300.00 - 2400.00	-	2400.00 - 2500.00	-	58.00 - 60.00	
Badulla	600.00 - 700.00	1000.00 - 1100.00	1400.00 - 1500.00	2000.00 - 2200.00	-	1600.00 - 1700.00	1700.00 - 1800.00	2400.00 - 2500.00	60.00 - 60.00	60.00 - 60.00	
Keppetipola	650.00 - 660.00	1250.00 - 1300.00	1600.00 - 1700.00	1800.00 - 1900.00	-	1800.00 - 2000.00	1600.00 - 1700.00	2300.00 - 2400.00	64.00 - 66.00	63.00 - 65.00	
Moneragala	700.00 - 750.00	900.00 - 1000.00	1100.00 - 1200.00	2500.00 - 2600.00	-	1400.00 - 1500.00	-	2800.00 - 3000.00	-	-	
Kegalle	750.00 - 800.00	950.00 - 1050.00	1500.00 - 1600.00	2500.00 - 2600.00	-	2000.00 - 2100.00	2000.00 - 2050.00	2800.00 - 3000.00	59.00 - 61.00	55.00 - 56.00	
Ampara	500.00 - 500.00	1000.00 - 1000.00	1600.00 - 1600.00	2000.00 - 2000.00	-	-	3000.00 - 3000.00	2400.00 - 2400.00	60.00 - 62.00	60.00 - 62.00	
Dehiattakandiya	600.00 - 700.00	900.00 - 900.00	1600.00 - 1600.00	2200.00 - 2200.00	-	-	-	2200.00 - 2200.00	58.00 - 60.00	53.00 - 54.00	
Nuwaraeliya	660.00 - 680.00	1200.00 - 1300.00	1700.00 - 1800.00	2000.00 - 2200.00	-	2000.00 - 2100.00	1800.00 - 1900.00	2500.00 - 2600.00	65.00 - 66.00	64.00 - 65.00	
Kandy	750.00 - 800.00	1000.00 - 1100.00	1250.00 - 1400.00	2200.00 - 2400.00	3250.00 - 3300.00	1800.00 - 1900.00	1760.00 - 1800.00	2700.00 - 2800.00	-	59.00 - 60.00	
Puttalam	700.00 - 800.00	1200.00 - 1200.00	1000.00 - 1200.00	1500.00 - 1650.00	-	1450.00 - 1600.00	1850.00 - 2000.00	-	56.00 - 60.00	50.00 - 56.00	
Hambantota	600.00 - 650.00	700.00 - 750.00	1500.00 - 1600.00	2400.00 - 2400.00	2500.00 - 2600.00	-	-	-	-	56.00 - 57.00	
Rathnapura	660.00 - 720.00	760.00 - 800.00	1420.00 - 1520.00	2500.00 - 2600.00	-	1700.00 - 1800.00	1700.00 - 1800.00	2520.00 - 2600.00	-	55.00 - 57.00	
Matara	630.00 - 700.00	700.00 - 720.00	1550.00 - 1600.00	2400.00 - 2450.00	-	2200.00 - 2300.00	-	-	61.00 - 65.00	52.00 - 55.00	
Galle	700.00 - 750.00	900.00 - 1100.00	1600.00 - 1800.00	2800.00 - 2800.00	2800.00 - 3000.00	-	1800.00 - 2000.00	2800.00 - 2900.00	-	58.00 - 60.00	
Tissamaharama	600.00 - 650.00	700.00 - 750.00	1100.00 - 1200.00	-	-	-	-	-	-	58.00 - 62.00	
Meegoda	650.00 - 760.00	-	1300.00 - 1300.00	2560.00 - 2560.00	-	-	-	3300.00 - 3300.00	-	58.00 - 59.00	
Embilipitiya	600.00 - 650.00	750.00 - 850.00	1500.00 - 1600.00	2400.00 - 2500.00	-	1500.00 - 1600.00	1700.00 - 1800.00	2400.00 - 2500.00	59.00 - 60.00	55.00 - 60.00	
Jaffna	400.00 - 450.00	800.00 - 820.00	1000.00 - 1100.00	1800.00 - 2000.00	-	1600.00 - 1800.00	2200.00 - 2500.00	-	58.00 - 60.00	58.00 - 59.00	
Vavuniya	800.00 - 900.00	1200.00 - 1300.00	1400.00 - 1500.00	-	-	1900.00 - 2000.00	-	-	56.00 - 60.00	58.00 - 62.00	
Mannar	500.00 - 550.00	-	1000.00 - 1200.00	-	-	1500.00 - 1600.00	1400.00 - 1600.00	-	60.00 - 61.00	58.00 - 59.00	
Killinochchi	600.00 - 650.00	-	1200.00 - 1300.00	-	-	1700.00 - 1800.00	2000.00 - 2200.00	-	-	56.00 - 57.00	
Mullaitivu	600.00 - 700.00	1000.00 - 1200.00	1200.00 - 1400.00	-	-	1600.00 - 1800.00	1600.00 - 1800.00	-	-	58.00 - 60.00	
Batticaloa	500.00 - 600.00	1400.00 - 1500.00	1500.00 - 1600.00	2100.00 - 2200.00	2500.00 - 2600.00	2000.00 - 2100.00	2100.00 - 2200.00	2300.00 - 2400.00	59.00 - 60.00	59.00 - 60.00	
Trincomalee	550.00 - 600.00	950.00 - 1100.00	1250.00 - 1300.00	2200.00 - 2400.00	2600.00 - 2750.00	1800.00 - 1950.00	2250.00 - 2300.00	-	64.00 - 65.00	64.00 - 65.00	
Veyangoda	800.00 - 800.00	1200.00 - 1200.00	2000.00 - 2000.00	2400.00 - 2400.00	3800.00 - 3800.00	1600.00 - 1600.00	-	2400.00 - 2400.00	-	50.00 - 55.00	
Galenbindunuwewa	700.00 - 700.00	1000.00 - 1000.00	1200.00 - 1200.00	2700.00 - 2700.00	3200.00 - 3200.00	2800.00 - 2800.00	2000.00 - 2000.00	2800.00 - 2800.00	-	55.00 - 60.00	
Bandarawela	650.00 - 700.00	1000.00 - 1100.00	1200.00 - 1300.00	2000.00 - 2200.00	-	1500.00 - 1600.00	1700.00 - 1800.00	2400.00 - 2500.00	-	60.00 - 62.00	
Matale	600.00 - 700.00	800.00 - 1000.00	1800.00 - 2000.00	2200.00 - 2300.00	-	2000.00 - 2200.00	1600.00 - 2000.00	2500.00 - 2600.00	60.00 - 62.00	58.00 - 60.00	

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/Kg)

Week 30: 21 - 27 July 2023

LOCATIONS	Dried Fish													
	Sprats-Imported		Kattawa		Thora		Mora		Balaya		Anguluwa		Salaya	
Colombo	1100.00	1500.00	2000.00	2800.00	-	-	2000.00	2800.00	1800.00	2400.00	2000.00	2800.00	1000.00	1300.00
Gampaha	1100.00	1400.00	2400.00	2600.00	3400.00	3600.00	2600.00	2600.00	2000.00	2200.00	2000.00	2000.00	1200.00	1400.00
Kurunegala	1000.00	1400.00	2000.00	2400.00	2500.00	2600.00	2200.00	2400.00	1800.00	1800.00	2000.00	2200.00	1100.00	1200.00
Nikaweratiya	1100.00	1200.00	2400.00	2400.00	-	-	2200.00	2400.00	1800.00	1800.00	2200.00	2200.00	1200.00	1200.00
Dambulla	1100.00	1200.00	2400.00	2500.00	-	-	2400.00	2500.00	1700.00	1800.00	2400.00	2500.00	-	-
Anuradhapura	1000.00	1400.00	2200.00	2600.00	-	-	2400.00	2600.00	1800.00	2000.00	2400.00	2600.00	1000.00	1400.00
Thambuththegama	1000.00	1200.00	-	-	-	-	-	-	1700.00	1900.00	-	-	1000.00	1000.00
Polonnaruwa	1100.00	1200.00	2300.00	2400.00	-	-	2300.00	2350.00	2000.00	2000.00	2200.00	2200.00	1100.00	1200.00
Kaluthara	1100.00	1200.00	2400.00	2600.00	-	-	2300.00	2400.00	1900.00	2000.00	-	-	1300.00	1400.00
Badulla	1200.00	1300.00	2400.00	2500.00	-	-	2200.00	2300.00	1600.00	1800.00	-	-	1000.00	1200.00
Keppetipola	1250.00	1300.00	2700.00	2800.00	-	-	2400.00	2450.00	1800.00	1900.00	2360.00	2380.00	1250.00	1300.00
Moneragala	1000.00	1400.00	2200.00	2600.00	-	-	2300.00	2600.00	1800.00	2200.00	2200.00	2600.00	1200.00	1300.00
Kegalle	1100.00	1200.00	2200.00	2300.00	-	-	2000.00	2200.00	1800.00	2000.00	-	-	-	-
Ampara	1100.00	1250.00	2150.00	2800.00	-	-	2200.00	2300.00	1850.00	2200.00	2400.00	2400.00	1300.00	1300.00
Dehiattakandiya	1200.00	1200.00	2600.00	2600.00	-	-	2200.00	2400.00	2000.00	2000.00	1800.00	1800.00	-	-
Nuwaraeliya	1250.00	1300.00	2600.00	2700.00	-	-	2350.00	2450.00	1900.00	2000.00	2300.00	2400.00	1260.00	1300.00
Kandy	1100.00	1400.00	2500.00	2600.00	-	-	2400.00	2600.00	2100.00	2300.00	2450.00	2600.00	1300.00	1350.00
Puttalam	1000.00	1150.00	2600.00	2700.00	-	-	2300.00	2450.00	1900.00	2150.00	1400.00	1650.00	900.00	1150.00
Hambantota	1150.00	1200.00	2200.00	2400.00	-	-	-	-	1700.00	1900.00	2200.00	2300.00	-	-
Rathnapura	1040.00	1160.00	2300.00	2400.00	-	-	2200.00	2300.00	1720.00	1800.00	2100.00	2200.00	1120.00	1200.00
Matara	1200.00	1300.00	2300.00	2400.00	-	-	-	-	1800.00	2300.00	2250.00	2400.00	-	-
Galle	1200.00	1400.00	2400.00	2600.00	2400.00	2600.00	2200.00	2200.00	1800.00	2000.00	1800.00	2000.00	1200.00	1400.00
Tissamaharama	1000.00	1100.00	-	-	-	-	-	-	1900.00	2200.00	-	-	-	-
Meegoda	1050.00	1200.00	2000.00	2100.00	-	-	2100.00	2200.00	2150.00	2200.00	1600.00	1600.00	1000.00	1000.00
Embilipitiya	1000.00	1300.00	2200.00	2400.00	2200.00	2350.00	2200.00	2400.00	1700.00	2200.00	2250.00	2450.00	1400.00	1500.00
Jaffna	1100.00	1200.00	2500.00	2800.00	-	-	-	-	-	-	-	-	-	-
Vavuniya	1300.00	1350.00	2000.00	2100.00	-	-	-	-	-	-	-	-	-	-
Mannar	1100.00	1200.00	2200.00	2400.00	-	-	2000.00	2200.00	1600.00	1800.00	1200.00	1350.00	1100.00	1200.00
Killinochchi	1100.00	1200.00	2400.00	2500.00	-	-	2700.00	2800.00	-	-	1200.00	1300.00	1000.00	1100.00
Mullaittivu	1400.00	1500.00	2300.00	2500.00	-	-	2000.00	2200.00	1800.00	1900.00	1200.00	1300.00	1000.00	1100.00
Batticaloa	1200.00	1250.00	2300.00	2400.00	-	-	2200.00	2250.00	1600.00	1700.00	-	-	1000.00	1100.00
Trincomalee	1180.00	1250.00	2150.00	2250.00	2000.00	2150.00	-	-	1550.00	1620.00	1650.00	1700.00	900.00	1000.00
Veyangoda	1000.00	1200.00	2000.00	2200.00	-	-	2000.00	2400.00	1800.00	2200.00	2000.00	2200.00	1000.00	1200.00
Galenbindunuwewa	1000.00	1200.00	2400.00	2600.00	-	-	2200.00	2600.00	1800.00	2200.00	2200.00	2400.00	1000.00	1200.00
Bandarawela	1200.00	1400.00	2200.00	2400.00	-	-	2000.00	2200.00	1500.00	1600.00	-	-	1100.00	1200.00
Matale	1200.00	1400.00	2600.00	2700.00	3500.00	3600.00	2200.00	2400.00	2100.00	2200.00	2300.00	2400.00	1100.00	1200.00

Table 13: Selected Markets: Retail Price of Meat (Rs/Kg)

Week 30: 21 - 27 July 2023

LOCATIONS	Meat	Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork
Colombo	2200.00 - 2500.00	1420.00 - 1550.00	1470.00 - 1650.00	3100.00 - 3500.00	1400.00 - 1700.00
Gampaha	2200.00 - 2200.00	1490.00 - 1500.00	1700.00 - 1700.00	3000.00 - 3000.00	1400.00 - 1400.00
Kurunegala	1900.00 - 1900.00	1500.00 - 1560.00	-	2700.00 - 2700.00	1400.00 - 1500.00
Nikaweratiya	2000.00 - 2200.00	1350.00 - 1400.00	-	-	-
Dambulla	-	1430.00 - 1480.00	1600.00 - 1700.00	-	1600.00 - 1700.00
Anuradhapura	2200.00 - 2200.00	1500.00 - 1550.00	-	3200.00 - 3400.00	1500.00 - 1600.00
Thambuththegama	2000.00 - 2300.00	1370.00 - 1450.00	-	-	1600.00 - 1700.00
Polonnaruwa	-	1600.00 - 1650.00	-	-	1800.00 - 1800.00
Kaluthara	2400.00 - 2500.00	1480.00 - 1500.00	1580.00 - 1600.00	-	1500.00 - 1600.00
Badulla	1800.00 - 2000.00	1600.00 - 1650.00	-	2800.00 - 3000.00	-
Keppetipola	2000.00 - 2100.00	1550.00 - 1600.00	1650.00 - 1690.00	2900.00 - 3000.00	-
Moneragala	2000.00 - 2000.00	1650.00 - 1700.00	-	2800.00 - 2800.00	1500.00 - 1600.00
Kegalle	2200.00 - 2200.00	1350.00 - 1590.00	-	3000.00 - 3000.00	1800.00 - 1850.00
Ampara	2100.00 - 2100.00	-	1400.00 - 1650.00	-	1650.00 - 2000.00
Dehiattakandiya	2200.00 - 2200.00	1420.00 - 1450.00	1300.00 - 1300.00	-	1380.00 - 1650.00
Nuwaraeliya	2000.00 - 2200.00	1560.00 - 1600.00	1660.00 - 1700.00	3000.00 - 3200.00	1900.00 - 2000.00
Kandy	2200.00 - 2200.00	1450.00 - 1460.00	1500.00 - 1525.00	3000.00 - 3000.00	1700.00 - 1750.00
Puttalam	2000.00 - 2200.00	1350.00 - 1500.00	-	3200.00 - 3200.00	-
Hambantota	-	1500.00 - 1530.00	-	-	-
Rathnapura	2200.00 - 2200.00	1380.00 - 1450.00	1650.00 - 1700.00	3000.00 - 3000.00	1500.00 - 1560.00
Matara	-	1450.00 - 1500.00	-	-	-
Galle	2200.00 - 2200.00	1480.00 - 1550.00	1600.00 - 1600.00	3300.00 - 3400.00	-
Tissamaharama	-	1450.00 - 1550.00	-	2800.00 - 2800.00	1800.00 - 1850.00
Meegoda	2400.00 - 2400.00	1300.00 - 1350.00	1650.00 - 1700.00	3200.00 - 3200.00	1600.00 - 1650.00
Embilipitiya	2100.00 - 2200.00	1350.00 - 1400.00	1350.00 - 1400.00	2900.00 - 3000.00	1500.00 - 1700.00
Jaffna	1700.00 - 2000.00	1600.00 - 1700.00	1700.00 - 1800.00	3200.00 - 3500.00	-
Vavuniya	2100.00 - 2200.00	1750.00 - 1850.00	-	2900.00 - 3000.00	-
Mannar	1800.00 - 1900.00	1700.00 - 1800.00	-	-	-
Killinochchi	1900.00 - 1950.00	1800.00 - 1850.00	1900.00 - 1950.00	3000.00 - 3200.00	-
Mullaittivu	1700.00 - 1800.00	1800.00 - 1900.00	-	-	-
Batticaloa	1700.00 - 1800.00	1600.00 - 1700.00	1900.00 - 2000.00	-	-
Trincomalee	1800.00 - 1850.00	1540.00 - 1560.00	1820.00 - 1880.00	3800.00 - 3850.00	-
Veyangoda	2200.00 - 2200.00	1400.00 - 1400.00	1600.00 - 1600.00	3000.00 - 3000.00	1500.00 - 1500.00
Galenbindunuwewa	1900.00 - 2000.00	1430.00 - 1430.00	-	-	1500.00 - 1600.00
Bandarawela	2000.00 - 2200.00	1600.00 - 1650.00	-	3000.00 - 3200.00	-
Matale	2200.00 - 2200.00	1460.00 - 1500.00	-	2800.00 - 2900.00	1600.00 - 1700.00

Table 14: Colombo: Wholesale Prices (Rs/Kg or Rs/Pieces)

Week 30: 21 - 27 July 2023

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
Rice							Coconut						
Local							Large						
Samba 1	205.00 - 210.00	207.50	209.30		-0.86		90.00 - 100.00	95.63	94.38	76.10	1.32	25.66	
Samba 2	190.00 - 200.00	197.50	198.00	239.00	-0.25	-17.36	Small	75.00 - 80.00	78.13	76.25	68.40	2.46	14.22
Keeri Samba	250.00 - 260.00	257.30	257.50	253.00	-0.08	1.70	Fruits (Rs/Fruit)						
Nadu 1	175.00 - 180.00	176.10	177.50		-0.79		Plantain						
Nadu 2	160.00 - 172.00	167.00	170.00	228.80	-1.76	-27.01	Ambul (Rs/Kg)	100.00 - 140.00	120.83	123.33	105.00	-2.03	15.08
Raw (Red)	135.00 - 145.00	140.50	137.00	248.80	2.55	-43.53	Kolikuttu (Rs/Kg)	350.00 - 420.00	380.00	388.33	190.00	-2.15	100.00
Raw (White)	160.00 - 170.00	166.50	162.20	229.00	2.65	-27.29	Seeni (Rs/Kg)	90.00 - 130.00	111.67	100.00	93.85	11.67	18.99
Imported							Anamalu						
Samba	210.00 - 220.00	213.80	210.70	193.40	1.47	10.55	Ambun	25.00 - 30.00	27.23	27.67	16.71	-1.58	62.92
Nadu				195.78			Papaw(Rs/Kg)	60.00 - 120.00	89.29	100.00	132.31	-10.71	-32.52
Raw (Red)							Passion Fruit	30.00 - 40.00	35.00	26.82	28.33	30.51	23.53
Raw (White)	180.00 - 190.00	185.63	190.00	173.00	-2.30	7.30	Pineapple Large	740.00 - 950.00	841.25	772.00	415.00	8.97	102.71
Dried Chillies							Pineapple Medium						
Imported	1060.00 - 1150.00	1111.00	1102.00	1561.11	0.82	-28.83	Pineapple Small	560.00 - 720.00	640.00	594.00	337.50	7.74	89.63
Onion							Mango						
Sinnan							Betti	40.00 - 52.00	46.71	40.00		16.79	
Vedalan	300.00 - 520.00	414.00	523.00	279.38	-20.84	48.19	Karthakolomban	70.00 - 120.00	93.08	84.00	150.77	10.81	-38.27
Imported	410.00 - 450.00	422.00	446.67	262.00	-5.52	61.07	Vilad	60.00 - 70.00	66.43	61.38	60.00	8.23	10.71
Big Onion							Kohu						
Imported	98.00 - 110.00	102.80	116.50	153.00	-11.76	-32.81	Other						
Local							Wood Apple						
Potato							Orange						
Welimada							40.00 - 70.00	55.00	73.33	54.67	-25.00	0.61	
N'Eliya	320.00 - 340.00	329.00	304.17	415.00	8.16	-20.72	60.00 - 90.00	73.33	69.23	57.86	5.93	26.75	
Imported	180.00 - 200.00	192.00	207.78	172.00	-7.59	11.63	Avocado	20.00 - 26.00	22.60	23.80	30.67	-5.04	-26.30
Pulses							Grapes (Imp., Rs/Kg)						
Green Gram	850.00 - 950.00	877.50	896.67	793.18	-2.14	10.63	King Coconut	1100.00 - 1400.00	1200.00	1242.86		-3.45	
Cowpea (White)	750.00 - 800.00	763.50	705.00	695.56	8.30	9.77	Sea Fish						
Cowpea (Red)	800.00 - 900.00	844.00	790.50	666.00	6.77	26.73	Salaya	380.00 - 600.00	483.00	457.00	580.00	5.69	-16.72
Red Dhal	260.00 - 280.00	271.90	267.22	494.50	1.75	-45.02	Hurulla	750.00 - 1000.00	882.00	792.00	815.00	11.36	8.22
Vegetable							Balaya						
Beans (Butter)							850.00 - 1250.00	1034.00	898.00	1010.00	15.14	2.38	
Beans(Green)	250.00 - 350.00	300.00	363.00	313.00	-17.36	-4.15	Kelawalla	1300.00 - 1600.00	1424.00	1414.00	1562.50	0.71	-8.86
Carrot	350.00 - 450.00	404.00	358.00	230.00	12.85	75.65	Thora	2000.00 - 3200.00	2530.00	2350.00	2561.11	7.66	-1.21
Leeks	130.00 - 160.00	147.00	155.00	190.00	-5.16	-22.63	Paraw	1400.00 - 1600.00	1476.00	1331.00	1532.86	10.89	-3.71
Beetroot	150.00 - 280.00	208.33	230.00	142.50	-9.42	46.20	Mora	1150.00 - 1300.00	1216.67	1042.50		16.71	
Knolkhol	80.00 - 100.00	88.00	110.00	110.00	-20.00	-20.00	Shrimps	1600.00 - 1750.00	1665.00	1663.00	1322.50	0.12	25.90
Raddish	50.00 - 70.00	59.00	76.00	81.00	-22.37	-27.16	Thalapath	1800.00 - 2300.00	2065.00	2065.00	1765.00	0.00	17.00
Cabbage	130.00 - 160.00	144.00	135.00	231.00	6.67	-37.66	Eggs						
Tomato	200.00 - 250.00	218.00	398.00	243.00	-45.23	-10.29	Brown			44.13			
Ladies Fingers	100.00 - 120.00	108.00	121.00	245.00	-10.74	-55.92	White	55.00 - 58.50	56.63	58.00	41.50	-2.37	36.45
Brinjal	250.00 - 350.00	300.00	292.00	253.00	2.74	18.58	Dried Fish						
Capsicum	300.00 - 400.00	347.00	314.00	599.00	10.51	-42.07	Sprats	2000.00 - 2240.00	2144.00	2165.00	1990.00	-0.97	7.74
Pumpkin	100.00 - 120.00	108.00	110.00	233.64	-1.82	-53.77	Sprats (Imported)	930.00 - 1100.00	998.33	1023.33	1485.83	-2.44	-32.81
Cucumber	50.00 - 70.00	59.00	60.00	95.00	-1.67	-37.89	Kattawa	-	-	-	-	-	-
Bitter Gourd	200.00 - 300.00	248.00	269.00	224.00	-7.81	10.71	Kattawa (Imported)	1600.00 - 1700.00	1660.00	1641.00	2083.33	1.16	-20.32
Snake Gourd	100.00 - 140.00	118.00	174.44	240.00	-32.36	-50.83	Thora	-	-	-	-	-	-
Drumstick	100.00 - 250.00	162.73	224.55	245.00	-27.53	-33.58	Thora (Imported)	-	-	-	-	-	-
Luffa	80.00 - 120.00	100.00	134.00	155.00	-25.37	-35.48	Mora	1900.00 - 2050.00	1964.00	1961.00	2497.50	0.15	-21.36
Long Beans	120.00 - 200.00	152.00	216.00	192.00	-29.63	-20.83	Mora (Imported)	-	-	-	-	-	-
Ash Plantain	140.00 - 160.00	149.00	147.00	112.73	1.36	32.18	Balaya	1600.00 - 1750.00	1686.00	1779.00	1647.78	-5.23	2.32
Green Chillies	400.00 - 550.00	474.00	520.00	491.00	-8.85	-3.46	Balaya (Imported)	-	-	-	-	-	-
Lime	250.00 - 320.00	292.00	250.00	259.00	16.80	12.74	Anguluwa	-	-	-	-	-	-
Root Crops							Anguluwa (Imported)						
Sweet Potato	100.00 - 120.00	108.00	100.00	134.00	8.00	-19.40	Maduwa	1500.00 - 1600.00	1552.86	1575.00	1893.75	-1.41	-18.00
Manioc	140.00 - 160.00	150.00	145.00	92.00	3.45	63.04	Maduwa (Imported)	1450.00 - 1600.00	1512.00	1507.00		0.33	
Leafy Vegetable							Koduwa						
Mukunuwenna	40.00 - 50.00	45.00	45.00	39.40	0.00	14.21	Koduwa (Imported)	-	-	-	-	-	-
Kankun	40.00 - 50.00	45.00	45.00	39.40	0.00	14.21	Salaya	880.00 - 950.00	918.00	967.00	978.89	-5.07	-6.22
Gotukola (Rs/Kg)	280.00 - 300.00	290.00	290.00	160.00	0.00	81.25	Salaya (Imported)	-	-	-	-	-	-

This Week: Week 30: 21 - 27 July 2023

Last Week: Week 29: 14 - 20 July 2023

Table 15: Colombo &Suburbs: Retail Prices (Rs/Kg or Rs/Piece)
Week 30: 21 - 27 July 2023

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
Rice							Coconut						
Local							Large	100.00 - 120.00	112.00	114.67	94.23	-2.67	18.86
Samba 1	220.00 - 230.00	224.42	225.45	260.50	-1.03	-13.85	Small	80.00 - 100.00	92.29	94.24	78.00	-1.96	18.32
Samba 2	200.00 - 220.00	212.00	213.75	248.40	-1.75	-14.65							
Keeri Samba	260.00 - 270.00	265.00	266.32	271.05	-1.32	-2.23	Fruits (Rs/Fruit)						
Nadu 1	210.00 - 220.00	213.85	214.12	246.06	-0.27	-13.09	Plantain						
Nadu 2	190.00 - 200.00	193.60	193.75	241.67	-0.15	-19.89	Ambul (Rs/Kg)	140.00 - 240.00	186.06	189.46	136.58	-3.40	36.23
Raw (Red)	150.00 - 170.00	160.65	158.65	262.57	2.00	-38.82	Kolikuttu (Rs/Kg)	400.00 - 550.00	466.97	470.00	259.21	-3.03	80.15
Raw (White)	175.00 - 190.00	183.26	181.67	258.53	1.59	-29.11	Seeni (Rs/Kg)	130.00 - 220.00	190.00	185.56	144.47	4.44	31.51
Imported							Anamalu	30.00 - 37.00	32.21	31.93	21.78	0.28	47.86
Samba	220.00 - 240.00	230.45	228.13	228.95	2.33	0.66	Ambun	40.00 - 45.00	41.68	40.41	26.84	1.27	55.27
Nadu	-	-	-	225.14	-	-	Papaw(Rs/Kg)	120.00 - 250.00	183.08	185.79	222.50	-2.71	-17.72
Raw (Red)	-	-	-	-	-	-	Passion Fruit	38.00 - 70.00	56.43	45.63	44.34	10.80	27.25
Raw (White)	200.00 - 220.00	210.00	205.00	203.68	5.00	3.10	Pineapple Large	900.00 - 1150.00	994.35	974.44	473.33	19.90	110.07
Dried Chillies							Pineapple Medium	680.00 - 850.00	776.84	747.14	376.33	29.70	106.42
Imported	1180.00 - 1400.00	1314.35	1309.09	2024.32	5.26	-35.07	Pineapple Small	480.00 - 650.00	579.57	548.62	301.58	30.94	92.18
Onion							Mango						
Sinnan	-	-	-	-	-	-	Betti	-	-	-	-	-	-
Vedalan	500.00 - 700.00	587.06	632.31	541.94	-45.25	8.33	Karthakolomban	130.00 - 200.00	164.00	136.88	192.00	27.13	-14.58
Imported	450.00 - 460.00	452.22	452.50	385.33	-0.28	17.36	Vilad	80.00 - 100.00	90.63	90.00	80.00	0.63	13.28
Big Onion							Kohu	-	-	-	-	-	-
Imported	120.00 - 160.00	141.20	152.31	225.71	-11.11	-37.44	Other						
Local							Wood Apple	80.00 - 140.00	111.25	130.16	81.79	-18.91	36.03
Potato							Orange	60.00 - 115.00	91.04	104.13	91.48	-13.09	-0.48
Welimada	-	-	-	-	-	-	Avocado	80.00 - 150.00	101.30	100.00	101.38	1.30	-0.08
N'Eliya	400.00 - 440.00	423.33	422.14	533.67	1.19	-20.67	Slime Apple	40.00 - 100.00	68.00	69.53	69.33	-1.53	-1.92
Imported	200.00 - 280.00	237.39	247.73	246.47	-10.34	-3.68	Grapes (Imp., Rs/Kg)	1400.00 - 2800.00	2313.04	2200.00	-	113.04	-
Pulses							King Coconut	100.00 - 150.00	142.67	144.71	149.38	-2.04	-4.49
Green Gram	1000.00 - 1300.00	1182.00	1277.08	1002.86	-95.08	17.86	Sea Fish						
Cowpea (White)	850.00 - 1000.00	956.47	955.00	863.20	1.47	10.81	Salaya	700.00 - 1000.00	777.92	674.76	789.17	103.15	-1.43
Cowpea (Red)	900.00 - 1000.00	972.78	969.47	753.93	3.30	29.03	Hurulla	900.00 - 1360.00	1135.45	1133.75	1078.33	1.70	5.30
Red Dhal	290.00 - 340.00	308.75	302.50	565.79	6.25	-45.43	Balaya	1560.00 - 1800.00	1658.00	1643.33	1694.00	14.67	-2.13
Vegetable							Kelawalla	2000.00 - 3200.00	2531.82	2518.18	2489.57	13.64	1.70
Beans (Butter)	-	-	-	-	-	-	Thora	3200.00 - 4800.00	3778.57	3658.33	3168.89	120.24	19.24
Beans(Green)	320.00 - 550.00	450.29	513.87	527.33	-63.59	-14.61	Paraw	2000.00 - 3200.00	2633.33	2612.50	2431.58	20.83	8.30
Carrot	400.00 - 600.00	511.21	506.07	360.69	5.14	41.73	Mora	1700.00 - 2800.00	2333.33	2277.78	2100.00	55.56	11.11
Leeks	160.00 - 400.00	282.86	329.29	302.00	-46.43	-6.34	Shrimps	1700.00 - 2300.00	1976.47	1963.16	1560.00	13.31	26.70
Beetroot	300.00 - 480.00	401.21	405.94	287.59	-4.73	39.51	Thalapat	2500.00 - 3600.00	3154.17	3150.00	2606.09	4.17	21.03
Knolkhol	160.00 - 320.00	248.75	264.62	237.67	-15.87	4.66	Eggs						
Raddish	100.00 - 280.00	200.61	204.85	198.97	-4.24	0.82	Brown	56.00 - 60.00	57.67	-	46.17	-	24.91
Cabbage	200.00 - 400.00	305.48	300.00	371.72	5.48	-17.82	White	56.00 - 60.00	57.85	58.40	44.14	-0.55	31.04
Tomato	280.00 - 600.00	452.50	603.61	362.67	-151.11	24.77	Dried Fish						
Ladies Fingers	160.00 - 360.00	259.06	273.53	340.67	-14.47	-23.95	Sprats	2100.00 - 2600.00	2283.33	2352.94	2604.55	-69.61	-12.33
Brinjal	340.00 - 560.00	459.69	403.33	383.67	56.35	19.81	Sprats (Imported)	1100.00 - 1500.00	1250.00	1274.07	1817.24	-24.07	-31.21
Capsicum	350.00 - 600.00	510.65	502.73	861.11	7.92	-40.70	Kattawa	2000.00 - 2800.00	2471.43	2500.00	2981.82	-28.57	-17.12
Pumpkin	140.00 - 260.00	200.00	201.18	295.52	-1.18	-32.32	Thora	-	-	-	-	-	-
Cucumber	80.00 - 240.00	165.45	168.18	201.00	-2.73	-17.68	Mora	2000.00 - 2800.00	2404.00	2470.00	2942.86	-66.00	-18.31
Bitter Gourd	300.00 - 520.00	410.00	456.67	400.67	-46.67	2.33	Balaya	1800.00 - 2400.00	2062.96	2084.21	2380.00	-21.25	-13.32
Snake Gourd	200.00 - 420.00	313.94	320.97	388.75	-7.03	-19.24	Anguluwa	2000.00 - 2800.00	2373.33	2425.00	2735.71	-51.67	-13.25
Drumstick	240.00 - 560.00	366.86	458.44	440.30	-91.58	-16.68	Maduwa	2400.00 - 2500.00	2450.00	-	-	-	-
Luffa	160.00 - 400.00	290.86	293.44	331.67	-2.58	-12.30	Koduwa	-	-	-	-	-	-
Long Beans	200.00 - 480.00	321.33	370.33	357.93	-49.00	-10.22	Salaya	1000.00 - 1300.00	1208.70	1277.27	1392.31	-68.58	-13.19
Ash Plantain	200.00 - 340.00	283.87	280.61	230.33	3.26	23.24	Meat						
Green Chillies	420.00 - 900.00	705.71	816.18	774.19	-110.46	-8.85	Beef (without Bones)	2200.00 - 2500.00	2325.00	2325.00	2100.00	0.00	10.71
Lime	400.00 - 700.00	547.43	512.73	537.00	34.70	1.94	Chicken (Broiler)	1420.00 - 1550.00	1479.00	1524.44	1322.73	-45.44	11.81
Root Crops							Chicken (Curry)	1470.00 - 1650.00	1570.00	1546.25	1207.78	23.75	29.99
Sweet Potato	150.00 - 240.00	205.43	197.94	239.33	7.49	-14.17	Mutton	3100.00 - 3500.00	3287.50	3242.86	2712.50	44.64	21.20
Manioc	160.00 - 240.00	205.71	208.44	186.30	-2.72	10.42	Pork	1400.00 - 1700.00	1575.00	1600.00	1150.00	-25.00	36.96
Leafy Vegetable													
Mukunuwenna	40.00 - 80.00	70.32	73.53	75.24	-3.21	-6.53							
Kankun	40.00 - 80.00	70.32	73.53	75.24	-3.21	-6.53							
Gotukola	95.00 - 100.00	99.84	99.35	78.42	0.48	27.31							

This Week: Week 30: 21 - 27 July 2023
Last Week: Week 29: 14 - 20 July 2023

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/Kg)

Week 30: 21 - 27 July 2023

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
<u>Paddy</u>			<u>Vegetable (Up Country)</u>			<u>Snake Gourd</u>		
Short Grain			Beans			Dambulla	57.00 - 72.00	66.00
A'pura	105.00 - 110.00	107.00	Dambulla	300.00 - 340.00	322.00	Hambantota	130.00 - 150.00	140.00
P'narawa	110.00 - 111.00	110.40	Welimada	320.00 - 330.00	325.00	Embilipitiya	140.00 - 160.00	148.00
Kalawewa	105.00 - 110.00	107.00	Badulla	300.00 - 340.00	326.00	Matara	-	
Kurunegala	100.00 - 105.00	102.75	Carrot			A'pura	100.00 - 110.00	104.00
Dehiattakandiya	100.00 - 110.00	105.67	N'Eliya	400.00 - 415.00	410.00	Luffa		
Nikaweratiya	90.00 - 105.00	97.14	Welimada	320.00 - 330.00	324.00	Dambulla	86.00 - 96.00	90.40
Ampara	100.00 - 105.00	101.67	Hanguranketha	340.00 - 370.00	351.00	Hambantota	110.00 - 130.00	120.00
Long Grain (White)			Leeks			Embilipitiya	120.00 - 140.00	132.00
A'pura	88.00 - 93.00	90.00	N'Eliya	75.00 - 85.00	81.00	Matara	-	
P'narawa	93.00 - 94.00	93.40	Welimada	85.00 - 95.00	89.00	A'pura	100.00 - 110.00	104.00
Kalawewa	88.00 - 93.00	90.60	Beetroot			Green Chillies		
Kurunegala	85.00 - 90.00	87.50	N'Eliya	125.00 - 135.00	130.00	Dambulla	290.00 - 340.00	316.00
Dehiattakandiya	80.00 - 93.00	86.00	Dambulla	145.00 - 162.50	153.13	Hambantota	-	
Embilipitiya	-		Kurunegala	-		Embilipitiya	420.00 - 520.00	452.00
Nikaweratiya	75.00 - 95.00	86.71	Welimada	125.00 - 135.00	131.00	Puttalam	350.00 - 450.00	400.00
Hambantota	-		Hanguranketha	150.00 - 180.00	163.00	A'pura	400.00 - 450.00	420.00
Ampara	75.00 - 90.00	84.20	Knol Khol			Pumpkin		
Long Grain (Red)			N'Eliya	80.00 - 90.00	86.00	Dambulla	67.00 - 82.00	76.60
Matara	80.00 - 85.00	83.25	Welimada	70.00 - 80.00	76.00	Hambantota	70.00 - 90.00	77.50
Hambantota	80.00 - 85.00	82.50	Hanguranketha	50.00 - 70.00	62.40	Embilipitiya	80.00 - 100.00	92.00
Embilipitiya	80.00 - 82.00	81.40	Raddish			Matara	60.00 - 65.00	63.33
Keeri Samba			N'Eliya	35.00 - 45.00	39.00	A'pura	65.00 - 80.00	71.00
A'pura	-		Welimada	25.00 - 35.00	31.00	Moneragala	70.00 - 80.00	74.00
P'narawa	145.00 - 146.00	145.30	Hambantota	65.00 - 80.00	71.25	Cucumber		
Kalawewa	-		Hanguranketha	20.00 - 40.00	29.60	A'pura	30.00 - 40.00	34.00
Kurunegala	130.00 - 130.00	130.00	Cabbage			Dambulla	19.00 - 25.00	22.00
Dehiattakandiya	140.00 - 145.00	143.33	N'Eliya	90.00 - 105.00	97.00	Hambantota	35.00 - 40.00	37.50
Red Onion			Welimada	95.00 - 105.00	101.00	Matara	40.00 - 45.00	41.67
Puttalam	-		Badulla	110.00 - 130.00	122.00	Long Beans		
Jaffna	300.00 - 350.00	315.00	Hanguranketha	80.00 - 100.00	90.00	Dambulla	135.00 - 152.50	142.50
Big Onion			Tomato			Hambantota	-	
Dambulla	-		Welimada	160.00 - 170.00	165.00	Embilipitiya	170.00 - 190.00	178.00
Kalawewa	-		Hambantota	-		Matara	170.00 - 190.00	180.00
A'pura	-		Dambulla	172.50 - 190.00	182.50	A'pura	160.00 - 180.00	168.00
Potato			Hanguranketha	160.00 - 190.00	177.00	Ash Plantain		
N'Eliya	280.00 - 290.00	286.00	<u>Vegetable (Low Country)</u>			Hambantota	50.00 - 60.00	56.00
Badulla	-		Ladies Fingers			Embilipitiya	90.00 - 110.00	100.00
Welimada	280.00 - 290.00	285.00	A'pura	80.00 - 100.00	88.00	Matara	90.00 - 95.00	91.67
<u>Pulses</u>			Dambulla	67.00 - 76.00	73.40	Lime		
Green Gram			Hambantota	50.00 - 70.00	62.00	Hambantota	-	
Hambantota	-		Embilipitiya	50.00 - 60.00	53.00	Embilipitiya	280.00 - 300.00	292.00
Moneragala	700.00 - 800.00	740.00	Matara	60.00 - 70.00	65.00	Moneragala	270.00 - 300.00	282.00
Embilipitiya	780.00 - 800.00	790.00	Brinjal			<u>Fruits (Rs/Kg)</u>		
Nikaweratiya	700.00 - 750.00	725.00	A'pura	200.00 - 220.00	208.00	Banana		
A'pura	700.00 - 750.00	725.00	Dambulla	240.00 - 270.00	254.00	Ambul		
Cowpea			Hambantota	-		Moneragala	50.00 - 60.00	54.00
Hambantota	-		Embilipitiya	250.00 - 270.00	258.00	Embilipitiya	30.00 - 40.00	35.00
Nikaweratiya	500.00 - 500.00	500.00	Matara	180.00 - 200.00	190.00	Hambantota	55.00 - 70.00	63.75
Moneragala	650.00 - 680.00	662.00	Welimada	220.00 - 230.00	227.00	Kolikuttu		
Embilipitiya	690.00 - 700.00	695.00	Capsicum			Moneragala	200.00 - 220.00	208.00
Maize			Badulla	-		Embilipitiya	110.00 - 130.00	118.00
A'pura	145.00 - 150.00	147.50	Welimada	300.00 - 310.00	305.00	Hambantota	-	
Kalawewa	140.00 - 150.00	145.00	Bitter Gourd			Papaw		
Gingelly			A'pura	220.00 - 240.00	228.00	Moneragala	60.00 - 70.00	64.00
A'pura	550.00 - 600.00	575.00	Dambulla	172.50 - 190.00	185.00	Embilipitiya	70.00 - 80.00	77.00
Kalawewa	-		Hambantota	-		Hambantota	40.00 - 60.00	47.50
Black Gram			Embilipitiya	300.00 - 320.00	310.00	Pineapple		
A'pura	750.00 - 800.00	775.00	Matara	240.00 - 260.00	250.00	Divulapitiya	-	
Kalawewa	-							

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/Kg)

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Rice</u>									
Local									
Samba 1	225.00 - 230.00	220.00 - 230.00	230.00 - 230.00	220.00 - 230.00	220.00 - 230.00	220.00 - 230.00	220.00 - 230.00	220.00 - 230.00	220.00 - 230.00
Samba 2	220.00 - 220.00	-	220.00 - 220.00	210.00 - 210.00	210.00 - 210.00	-	210.00 - 210.00	200.00 - 210.00	-
Keeri Samba	260.00 - 270.00	-	260.00 - 270.00	-	-	-	-	-	-
Nadu 1	210.00 - 220.00	210.00 - 210.00	-	210.00 - 210.00	-	220.00 - 220.00	210.00 - 220.00	210.00 - 210.00	220.00 - 220.00
Nadu 2	200.00 - 200.00	190.00 - 190.00	190.00 - 200.00	190.00 - 200.00	200.00 - 200.00	190.00 - 200.00	190.00 - 200.00	190.00 - 200.00	190.00 - 190.00
Raw (Red)	150.00 - 170.00	160.00 - 160.00	150.00 - 160.00	155.00 - 160.00	160.00 - 170.00	160.00 - 170.00	155.00 - 170.00	155.00 - 160.00	170.00 - 170.00
Raw (White)	180.00 - 190.00	190.00 - 190.00	180.00 - 190.00	175.00 - 180.00	180.00 - 190.00	180.00 - 190.00	180.00 - 180.00	180.00 - 190.00	175.00 - 180.00
Imported									
Samba	220.00 - 230.00	-	230.00 - 240.00	-	-	235.00 - 240.00	220.00 - 230.00	230.00 - 230.00	-
Nadu	-	-	-	-	-	-	-	-	-
Raw (Red)	-	-	-	-	-	-	-	-	-
Raw (White)	210.00 - 220.00	-	200.00 - 210.00	-	-	-	220.00 - 220.00	-	-
<u>Dried Chillies</u>									
Imported	1180.00 - 1200.00	1300.00 - 1300.00	1400.00 - 1400.00	1200.00 - 1400.00	1200.00 - 1400.00	1400.00 - 1400.00	1200.00 - 1300.00	1300.00 - 1400.00	1250.00 - 1300.00
<u>Red Onion</u>									
Sinnan	-	-	-	-	-	-	-	-	-
Vedalan	500.00 - 600.00	600.00 - 600.00	600.00 - 600.00	-	600.00 - 700.00	530.00 - 550.00	-	-	680.00 - 680.00
Imported	450.00 - 460.00	-	-	-	-	-	450.00 - 450.00	450.00 - 460.00	-
<u>Big Onion</u>									
Imported	120.00 - 120.00	160.00 - 160.00	130.00 - 140.00	160.00 - 160.00	140.00 - 160.00	150.00 - 150.00	140.00 - 140.00	130.00 - 140.00	120.00 - 140.00
Local	-	-	-	-	-	-	-	-	-
<u>Potato</u>									
Welimada	-	-	-	-	-	-	-	-	-
N'Eliya	-	440.00 - 440.00	400.00 - 420.00	400.00 - 440.00	420.00 - 440.00	-	-	400.00 - 400.00	400.00 - 400.00
Imported	200.00 - 220.00	280.00 - 280.00	240.00 - 280.00	240.00 - 280.00	200.00 - 240.00	240.00 - 240.00	200.00 - 240.00	220.00 - 240.00	240.00 - 240.00
<u>Pulses</u>									
Green Gram	1000.00 - 1200.00	1200.00 - 1300.00	1200.00 - 1200.00	1100.00 - 1200.00	1200.00 - 1300.00	1200.00 - 1300.00	1000.00 - 1100.00	1040.00 - 1040.00	1200.00 - 1200.00
Cowpea (White)	850.00 - 900.00	960.00 - 1000.00	980.00 - 1000.00	900.00 - 1000.00	1000.00 - 1000.00	-	900.00 - 900.00	900.00 - 900.00	920.00 - 920.00
Cowpea (Red)	900.00 - 1000.00	900.00 - 1000.00	1000.00 - 1000.00	900.00 - 1000.00	1000.00 - 1000.00	-	900.00 - 1000.00	960.00 - 960.00	1000.00 - 1000.00
Red Dhal	290.00 - 300.00	340.00 - 340.00	290.00 - 320.00	300.00 - 340.00	300.00 - 320.00	300.00 - 340.00	290.00 - 300.00	300.00 - 320.00	320.00 - 340.00

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/Kg) and Coconut (Rs/Nut)

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<i>Vegetable</i>									
Beans	400.00 - 440.00	480.00 - 550.00	460.00 - 520.00	460.00 - 480.00	500.00 - 550.00	460.00 - 480.00	320.00 - 480.00	320.00 - 400.00	400.00 - 460.00
Carrot	460.00 - 480.00	560.00 - 600.00	520.00 - 540.00	600.00 - 600.00	460.00 - 500.00	400.00 - 480.00	400.00 - 480.00	400.00 - 480.00	520.00 - 560.00
Leeks	200.00 - 230.00	320.00 - 400.00	320.00 - 400.00	320.00 - 340.00	200.00 - 260.00	240.00 - 280.00	160.00 - 180.00	320.00 - 360.00	160.00 - 240.00
Beetroot	300.00 - 320.00	400.00 - 480.00	400.00 - 480.00	460.00 - 480.00	300.00 - 360.00	400.00 - 480.00	300.00 - 320.00	400.00 - 420.00	460.00 - 480.00
Knolkhol	180.00 - 200.00	320.00 - 320.00	280.00 - 320.00	240.00 - 260.00	240.00 - 240.00	200.00 - 240.00	160.00 - 200.00	240.00 - 320.00	240.00 - 280.00
Raddish	120.00 - 160.00	240.00 - 280.00	200.00 - 240.00	260.00 - 280.00	160.00 - 240.00	160.00 - 200.00	100.00 - 160.00	240.00 - 260.00	180.00 - 260.00
Cabbage	230.00 - 240.00	320.00 - 360.00	320.00 - 400.00	320.00 - 400.00	240.00 - 280.00	320.00 - 320.00	200.00 - 220.00	240.00 - 300.00	240.00 - 320.00
Tomato	350.00 - 360.00	540.00 - 560.00	480.00 - 520.00	400.00 - 480.00	350.00 - 360.00	380.00 - 480.00	280.00 - 350.00	560.00 - 600.00	400.00 - 600.00
Ladies Fingers	160.00 - 170.00	320.00 - 360.00	240.00 - 320.00	320.00 - 340.00	240.00 - 320.00	200.00 - 240.00	160.00 - 180.00	220.00 - 240.00	240.00 - 320.00
Brinjal	340.00 - 400.00	520.00 - 560.00	400.00 - 520.00	560.00 - 560.00	400.00 - 550.00	400.00 - 480.00	400.00 - 420.00	400.00 - 560.00	400.00 - 400.00
Capsicum	360.00 - 400.00	560.00 - 600.00	600.00 - 600.00	500.00 - 600.00	400.00 - 400.00	600.00 - 600.00	350.00 - 380.00	400.00 - 440.00	520.00 - 560.00
Pumpkin	140.00 - 160.00	200.00 - 260.00	180.00 - 240.00	220.00 - 240.00	180.00 - 180.00	240.00 - 260.00	140.00 - 180.00	240.00 - 260.00	200.00 - 240.00
Cucumber	100.00 - 100.00	200.00 - 240.00	200.00 - 240.00	240.00 - 240.00	120.00 - 160.00	200.00 - 240.00	80.00 - 100.00	160.00 - 180.00	160.00 - 200.00
Bitter Gourd	300.00 - 340.00	460.00 - 480.00	480.00 - 520.00	480.00 - 520.00	300.00 - 450.00	360.00 - 400.00	300.00 - 300.00	400.00 - 480.00	400.00 - 520.00
Snake Gourd	240.00 - 340.00	320.00 - 400.00	320.00 - 380.00	400.00 - 420.00	240.00 - 320.00	230.00 - 240.00	200.00 - 220.00	320.00 - 340.00	320.00 - 400.00
Drumstick	300.00 - 360.00	480.00 - 560.00	320.00 - 480.00	340.00 - 480.00	360.00 - 400.00	320.00 - 320.00	240.00 - 260.00	320.00 - 340.00	300.00 - 360.00
Luffa	200.00 - 260.00	320.00 - 360.00	320.00 - 400.00	400.00 - 400.00	200.00 - 260.00	240.00 - 240.00	160.00 - 240.00	320.00 - 340.00	240.00 - 320.00
Long Beans	200.00 - 240.00	480.00 - 480.00	360.00 - 420.00	400.00 - 420.00	240.00 - 360.00	320.00 - 320.00	200.00 - 220.00	320.00 - 340.00	240.00 - 320.00
Ash Plantain	220.00 - 240.00	320.00 - 340.00	260.00 - 320.00	280.00 - 340.00	240.00 - 280.00	240.00 - 240.00	200.00 - 240.00	240.00 - 260.00	320.00 - 320.00
Green Chillies	420.00 - 450.00	800.00 - 900.00	600.00 - 800.00	800.00 - 800.00	600.00 - 800.00	800.00 - 900.00	560.00 - 600.00	600.00 - 800.00	800.00 - 800.00
Lime	400.00 - 400.00	600.00 - 700.00	600.00 - 600.00	600.00 - 700.00	450.00 - 500.00	600.00 - 700.00	400.00 - 400.00	500.00 - 600.00	600.00 - 600.00
<i>Root Crops</i>									
Sweet Potato	150.00 - 160.00	220.00 - 240.00	200.00 - 240.00	220.00 - 240.00	180.00 - 200.00	200.00 - 240.00	150.00 - 180.00	200.00 - 240.00	200.00 - 240.00
Manioc	160.00 - 180.00	200.00 - 240.00	220.00 - 220.00	200.00 - 220.00	200.00 - 200.00	160.00 - 180.00	160.00 - 200.00	200.00 - 220.00	220.00 - 240.00
<i>Leafy Vegetable</i>									
Mukunuwenna	40.00 - 50.00	80.00 - 80.00	70.00 - 70.00	80.00 - 80.00	70.00 - 80.00	70.00 - 70.00	60.00 - 70.00	80.00 - 80.00	80.00 - 80.00
Kankun	40.00 - 50.00	80.00 - 80.00	70.00 - 70.00	80.00 - 80.00	70.00 - 80.00	70.00 - 70.00	60.00 - 70.00	80.00 - 80.00	80.00 - 80.00
Gotukola	95.00 - 100.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00
<i>Coconut</i>									
Large	100.00 - 100.00	120.00 - 120.00	110.00 - 120.00	110.00 - 120.00	110.00 - 120.00	100.00 - 110.00	100.00 - 100.00	110.00 - 120.00	120.00 - 120.00
Small	80.00 - 90.00	100.00 - 100.00	100.00 - 100.00	90.00 - 100.00	90.00 - 90.00	90.00 - 90.00	80.00 - 80.00	90.00 - 100.00	90.00 - 100.00

Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/Fruit)

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<i>Plantain</i>									
Ambul (Rs/Kg)	160.00 - 200.00	200.00 - 240.00	220.00 - 240.00	200.00 - 220.00	220.00 - 240.00	180.00 - 200.00	140.00 - 180.00	150.00 - 200.00	160.00 - 200.00
Kolikuttu (Rs/Kg)	400.00 - 500.00	400.00 - 460.00	480.00 - 500.00	440.00 - 450.00	480.00 - 550.00	450.00 - 550.00	400.00 - 450.00	420.00 - 550.00	450.00 - 460.00
Seeni (Rs/Kg)	170.00 - 200.00	200.00 - 220.00	200.00 - 220.00	200.00 - 220.00	200.00 - 220.00	180.00 - 200.00	130.00 - 180.00	150.00 - 180.00	180.00 - 220.00
Anamalu	30.00 - 32.00	32.00 - 35.00	32.00 - 37.00	30.00 - 35.00	32.00 - 35.00	32.00 - 35.00	32.00 - 37.00	32.00 - 35.00	30.00 - 32.00
Ambun	40.00 - 42.00	42.00 - 45.00	42.00 - 45.00	40.00 - 45.00	40.00 - 45.00	40.00 - 45.00	40.00 - 42.00	40.00 - 42.00	40.00 - 42.00
<i>Pineapple</i>									
Large	900.00 - 930.00	1100.00 - 1100.00	1000.00 - 1100.00	1020.00 - 1150.00	1020.00 - 1050.00	900.00 - 900.00	900.00 - 980.00	900.00 - 950.00	950.00 - 1000.00
Medium	680.00 - 720.00	850.00 - 850.00	780.00 - 850.00	780.00 - 850.00	780.00 - 850.00	680.00 - 680.00	730.00 - 800.00	680.00 - 720.00	750.00 - 780.00
Small	480.00 - 550.00	-	600.00 - 650.00	600.00 - 650.00	600.00 - 650.00	500.00 - 500.00	500.00 - 650.00	500.00 - 550.00	600.00 - 650.00
<i>Mango</i>									
Betti	-	-	-	-	-	-	-	-	-
Karthakolomban	130.00 - 140.00	-	150.00 - 200.00	180.00 - 200.00	140.00 - 160.00	-	-	200.00 - 200.00	-
Vilad	85.00 - 90.00	-	-	-	80.00 - 100.00	-	-	-	80.00 - 80.00
Kohu	-	-	-	-	-	-	-	-	-
<i>Other Fruits</i>									
Wood Apple	90.00 - 100.00	120.00 - 120.00	120.00 - 140.00	100.00 - 140.00	110.00 - 130.00	80.00 - 80.00	90.00 - 120.00	90.00 - 110.00	100.00 - 120.00
Orange	60.00 - 75.00	100.00 - 100.00	100.00 - 115.00	60.00 - 110.00	100.00 - 110.00	80.00 - 100.00	60.00 - 70.00	80.00 - 100.00	115.00 - 115.00
Avocado	80.00 - 90.00	80.00 - 120.00	150.00 - 150.00	80.00 - 100.00	120.00 - 140.00	80.00 - 100.00	80.00 - 100.00	80.00 - 120.00	80.00 - 110.00
Slime Apple	40.00 - 45.00	80.00 - 90.00	80.00 - 100.00	60.00 - 80.00	70.00 - 80.00	50.00 - 60.00	50.00 - 80.00	50.00 - 80.00	90.00 - 100.00
Grapes (Rs/Kg)	1400.00 - 1600.00	2000.00 - 2000.00	2500.00 - 2800.00	2500.00 - 2800.00	2400.00 - 2800.00	2300.00 - 2300.00	2000.00 - 2400.00	2000.00 - 2500.00	2000.00 - 2400.00
Papaw (Rs/Kg)	120.00 - 200.00	200.00 - 220.00	250.00 - 250.00	200.00 - 230.00	180.00 - 250.00	160.00 - 200.00	150.00 - 200.00	150.00 - 200.00	150.00 - 200.00
Passion	50.00 - 55.00	60.00 - 60.00	60.00 - 70.00	60.00 - 70.00	40.00 - 55.00	55.00 - 60.00	38.00 - 40.00	-	60.00 - 65.00
King Coconut	120.00 - 150.00	150.00 - 150.00	130.00 - 150.00	150.00 - 150.00	130.00 - 150.00	150.00 - 150.00	150.00 - 150.00	100.00 - 150.00	130.00 - 150.00

Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/Kg)

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Sea Fish</u>									
Salaya	750.00 - 800.00	720.00 - 720.00	1000.00 - 1000.00	800.00 - 900.00	800.00 - 800.00	800.00 - 800.00	720.00 - 800.00	720.00 - 760.00	700.00 - 760.00
Hurulla	1300.00 - 1360.00	1200.00 - 1200.00	1200.00 - 1300.00	1200.00 - 1300.00	-	1000.00 - 1000.00	900.00 - 1000.00	960.00 - 1000.00	1000.00 - 1000.00
Balaya	1560.00 - 1620.00	-	-	-	-	1600.00 - 1800.00	1600.00 - 1700.00	-	-
Kelawalla	2000.00 - 2100.00	2800.00 - 2800.00	3200.00 - 3200.00	2400.00 - 2400.00	3200.00 - 3200.00	2200.00 - 2400.00	-	2000.00 - 2400.00	2500.00 - 2600.00
Thora	3600.00 - 3800.00	3600.00 - 3600.00	4700.00 - 4800.00	-	-	3200.00 - 3200.00	-	3800.00 - 4000.00	-
Paraw	2000.00 - 2100.00	3200.00 - 3200.00	-	2400.00 - 2400.00	3000.00 - 3000.00	2600.00 - 2800.00	-	-	2800.00 - 2800.00
Mora	1700.00 - 1700.00	2000.00 - 2000.00	2800.00 - 2800.00	-	-	-	1800.00 - 1800.00	2300.00 - 2400.00	-
Shrimps Small	2100.00 - 2300.00	1700.00 - 1700.00	-	2000.00 - 2200.00	1800.00 - 1800.00	1700.00 - 1800.00	1800.00 - 1900.00	1800.00 - 1800.00	2000.00 - 2000.00
Talapath	2500.00 - 2600.00	3200.00 - 3200.00	3600.00 - 3600.00	2800.00 - 3200.00	3400.00 - 3400.00	3000.00 - 3200.00	2800.00 - 3000.00	3200.00 - 3200.00	3200.00 - 3200.00
<u>Eggs (Rs/Egg)</u>									
Brown	56.00 - 57.00	-	-	-	-	-	-	-	60.00 - 60.00
White	56.00 - 56.00	58.00 - 60.00	58.00 - 58.00	58.00 - 60.00	58.00 - 58.00	57.00 - 57.00	57.00 - 57.00	58.00 - 58.00	58.00 - 58.00
<u>Dried Fish</u>									
Sprats	2100.00 - 2100.00	2100.00 - 2100.00	2600.00 - 2600.00	2200.00 - 2600.00	-	2100.00 - 2100.00	-	-	-
Kattawa	2000.00 - 2400.00	2600.00 - 2600.00	2500.00 - 2600.00	2500.00 - 2500.00	2600.00 - 2800.00	2300.00 - 2600.00	2200.00 - 2300.00	2200.00 - 2600.00	2700.00 - 2800.00
Thora	-	-	-	-	-	-	-	-	-
Mora	2000.00 - 2200.00	2400.00 - 2400.00	2300.00 - 2600.00	2500.00 - 2500.00	2300.00 - 2500.00	2800.00 - 2800.00	2000.00 - 2400.00	2300.00 - 2400.00	2700.00 - 2800.00
Balaya	1800.00 - 2200.00	2200.00 - 2200.00	1800.00 - 2400.00	2200.00 - 2200.00	2100.00 - 2200.00	2200.00 - 2200.00	1800.00 - 1800.00	1800.00 - 2200.00	2300.00 - 2400.00
Anguluwa	2000.00 - 2200.00	2600.00 - 2600.00	2200.00 - 2700.00	2800.00 - 2800.00	-	2400.00 - 2400.00	-	2200.00 - 2200.00	2700.00 - 2800.00
Salaya	1200.00 - 1300.00	1200.00 - 1200.00	1000.00 - 1200.00	1200.00 - 1200.00	1200.00 - 1200.00	1200.00 - 1200.00	1300.00 - 1300.00	1200.00 - 1200.00	1200.00 - 1200.00
<u>Meat</u>									
Beef (without Bones)	-	2300.00 - 2300.00	-	2500.00 - 2500.00	2300.00 - 2300.00	-	2200.00 - 2200.00	-	-
Chicken (Broiler)	1500.00 - 1500.00	1490.00 - 1490.00	1500.00 - 1500.00	1540.00 - 1540.00	1470.00 - 1470.00	1420.00 - 1420.00	1450.00 - 1450.00	1450.00 - 1450.00	1550.00 - 1550.00
Chicken (Curry)	1600.00 - 1600.00	1600.00 - 1600.00	1600.00 - 1600.00	1540.00 - 1540.00	1470.00 - 1470.00	1650.00 - 1650.00	1500.00 - 1500.00	-	1600.00 - 1600.00
Mutton	-	3200.00 - 3200.00	-	3200.00 - 3200.00	3300.00 - 3500.00	3200.00 - 3200.00	3100.00 - 3100.00	3400.00 - 3400.00	3400.00 - 3400.00
Pork	-	1600.00 - 1600.00	-	1700.00 - 1700.00	-	-	-	1600.00 - 1600.00	1400.00 - 1400.00

Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (μ g/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (μ g/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc (mg/100g)
Rice												
Rice - (white Kekulu - normal)	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - (Red Kekulu - normal)	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
Dried chilies	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65
Onion												
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
Potatoes	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
Pulses												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
Vegetables												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29
Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16

Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12
Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44
Coconuts nuts	390	3.67	39.92	-	0.05	0.11	14.86	-				

Root Crop

Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29

Leafy Vegetables

Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42

Meat

Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8

Fish

Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74

Shark	95	21.6	0.83	1.11	0.04	0.11	8.57	8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77	8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22	7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39	13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7	36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66	103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38	37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13	31.27	37.46	1.46	0.67
Salaya / Sudaya	100	19.5	2.39	15.41	0.18	1.39	60.87	435	42.83	1.4	2.3
Theppli / Telapiya /Korali	83	18.48	1.08	17.14	0.18	0.18	8.29	99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37	37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83	37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22	8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78				
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08	7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59	9.16	24.61	0.74	0.44

Dried Fish

Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438	1178	162	3.06	4.2
Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66

Eggs

Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51

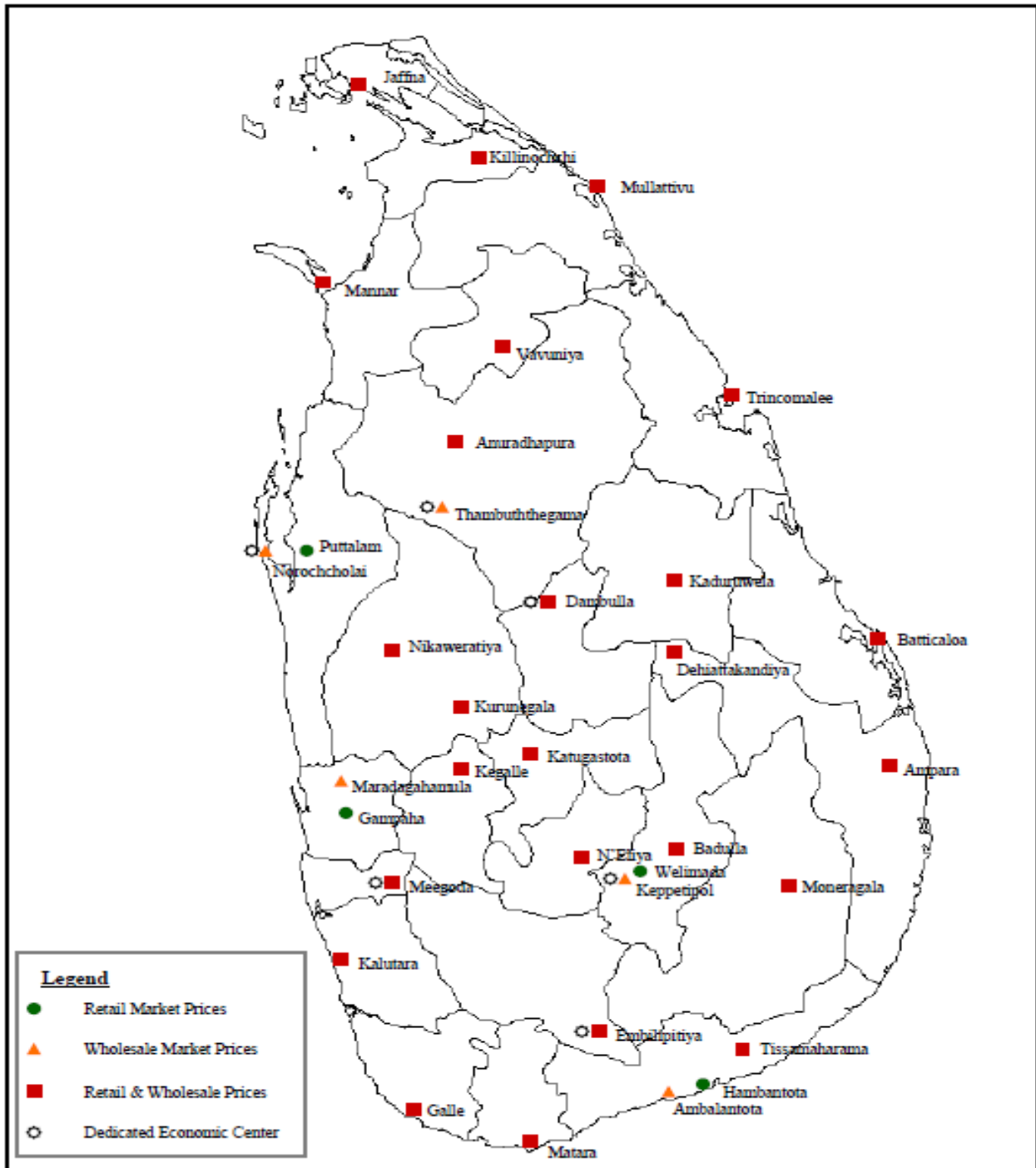
Fruits

Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23

Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas





HARTI



Ministry of Agriculture

Food Systems and Market Research Division & Information Division

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දෛනික චිළචිචි තොග මිල, ජංගම දුරකථනයෙන්

හෙක්ටර් කොච්චිකඩුව ගොවි කරියතු පර්යේෂණ හා පුහුණුධර්මේ ආයතනය අනුමුතයෙන්

මොබිටෙල් ජංගම මිල දර්ශනය

ජාතික ජංගම දුරකථන ජාලයෙන්

6666 අමතන්න.

මොබිටෙල් අද මිල - අඟ පහ

මොබිටෙල් ජංගම දුරකථන ජාලයෙන් චිළචිචි තොග මිල දර්ශනය.

විකාසයාට රු.2/-

විකාසයාට රු.2/-