

## RETAIL MARKET AT A GLANCE

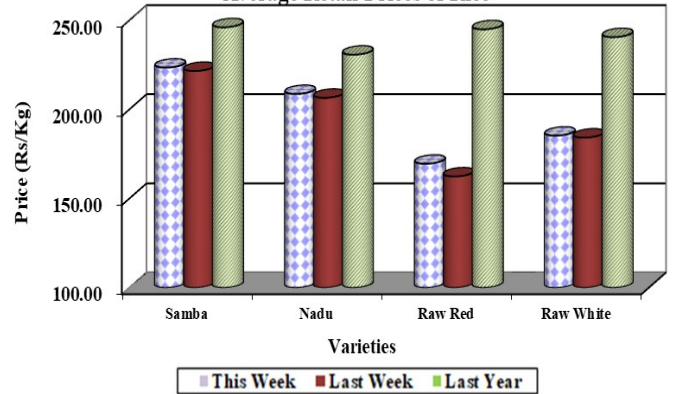
### Summary

#### Rice

Prices of all local rice varieties have increased by Rs.1.00-7.00/kg with the highest price increase recorded for red rice. Prices ranged between Rs.210.00-240.00/kg for samba and Rs.190.00-230.00/kg for nadu rice.

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Average Retail Prices of Rice

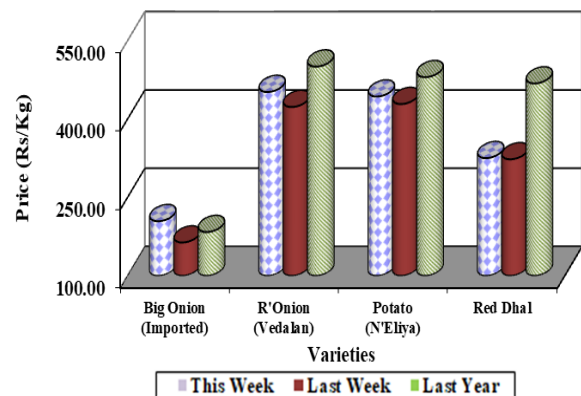


#### Other Field Crops

Price of vedalan red onion has increased by Rs.29.00/kg and the price of imported big onion has increased by Rs.41.00/kg. The price ranged between Rs.160.00-260.00/kg for imported big onion. Prices of both Nuwara Eliya and imported potatoes have increased by Rs.14.00/kg and Rs.3.00/kg. Prices of green gram and red cowpea have decreased by Rs.21.00/kg and Rs.15.00/kg respectively.

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Average Retail Prices of Other Field Crops

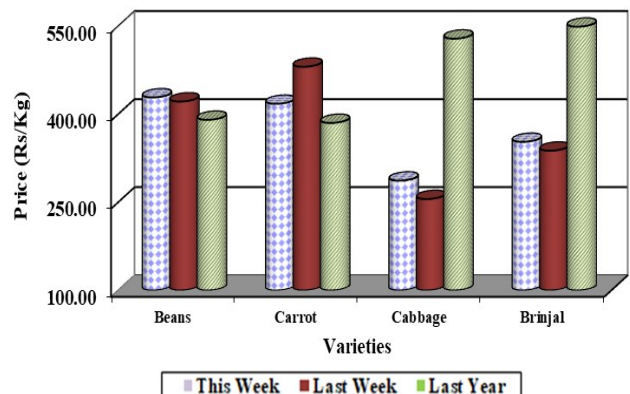


#### Vegetables

Prices of most of the up country and low country vegetables have decreased further with the high supplies from main producing areas. The highest price decrease was noted for carrot (Rs.63.00/kg) among the up country vegetables while considering low country varieties the highest price decrease was noted for snake gourd (Rs.7.00/kg). However, the price of lime has increased significantly by Rs.112.00/kg.

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Average Retail Prices of Vegetables



#### Eggs

Prices of both brown and white eggs have not changed significantly and the price ranges were Rs.45.00-50.00/egg for brown eggs and Rs.43.00-50.00/egg for white eggs.

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**Rice**

**Wholesale**

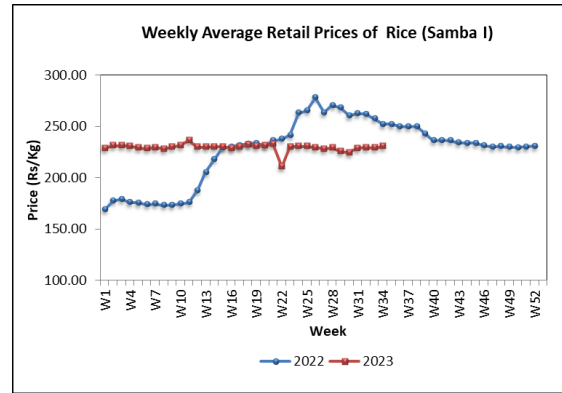
Prices of all local rice varieties except keeri samba have increased compared to last week. Prices of both samba grade I and II have increased by 1% and 2% while their prices ranged Rs.195.00-215.00/kg. Prices of both nadu grade I and II, raw red have increased by 3% while prices ranged Rs.170.00-190.00kg for both nadu grade I and II and Rs.145.00-150.00/kg for raw red. Also, the price of raw white has increased by 4% and the price ranged Rs.165.00-180.00/kg. Price of keeri samba has not changed and the average price was Rs.260.00/kg.

Compared to the same period of last year, the current wholesale prices of all local rice varieties except keeri samba have decreased in the range of 7%-9% for samba and 7%-31% for raw and nadu rice.

**Retail**

Prices of all local rice varieties have increased by Rs.1.00-7.00/kg with the highest price increase for raw red, followed by Rs.5.00/kg for keeri samba. Price ranges for samba and nadu rice varieties were Rs.210.00-240.00/kg and Rs.190.00-230.00/kg respectively. Further, the average price of keeri samba was Rs.274.00/kg.

Subsequently, the price ranges of raw red and raw white were Rs.160.00-180.00/kg and Rs.170.00-200.00/kg respectively.



Compared to the same period of last year, prices of all local rice varieties except keeri samba have decreased in the range of 7%-31% while price of keeri samba increased by 3%.

**Paddy**

The average farm gate paddy prices of all major paddy varieties have increased considerably in most of the major paddy producing areas due to increased supply of well-dried paddy stocks than moisture paddy. Accordingly, the average price of short grain paddy has increased by Rs.1.00-9.00/kg with the highest price reported from Kurunegala and prices ranged Rs.97.00-116.00/kg. Further, a price increase of Rs.9.00/kg and Rs.8.00/kg was reported for keeri samba paddy in Polonnaruwa and Dehiattakandiya areas respectively. Prices ranged Rs.130.00-142.00/kg in major producing areas and the highest average

price was reported in Dehiattakandiya. Subsequently, a price increase of Rs.9.00-11.00/kg for long grain white paddy was reported in most of the major producing areas and the prices ranged Rs.91.00-110.00/kg. Further, a slight price increase of Rs.6.00/kg and Rs.2.00/kg for long grain red paddy was reported in Hambantota and Matara areas and the prices ranged Rs.90.00-96.00/kg in major producing areas in the Southern province. Compared to the same period of last year, the average farm gate prices of short grain and long grain white and red paddy varieties have decreased by 2%-26% while the price of keeri samba paddy has increased by 4%-19%.

**Dried Chillies**

**Wholesale**

Price of imported chillies has not changed and the price range was Rs.1000.00-1050.00/kg.

Compared to the same period of last year, price of imported chillies has decreased by 30%.

**Retail**

Price of imported dried chillies has decreased by Rs.5.00/kg and the price ranged Rs.1100.00-1400.00/kg.

Compared to the same period of last year, price of imported dried chillies has decreased by 26%.

**Onion**

**Wholesale**

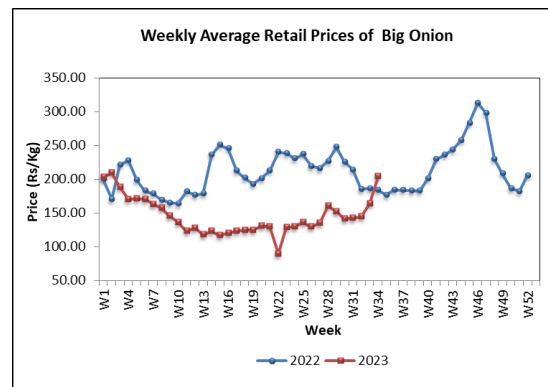
Prices of sinan and vedalan red onions have increased by 23% and 11% due to unavailability of sufficient stocks and the prices ranged Rs.180.00-220.00/kg for sinan and Rs.280.00-310.00 for vedalan.

Price of imported big onion has also increased by 5% due to increased CIF price and the price ranged Rs.125.00-180.00/kg.

Compared to the same period of last year, price of sinan and vedalan red onions have decreased by 18%-23% while the price of imported big onion has increased by 13% respectively.

**Retail**

Price of vedalan red onion has increased by Rs.29.00/kg and the price range was Rs.350.00-600.00/kg.



## Weekly Food Commodities Bulletin

Price of imported big onion has increased by Rs.41.00/kg and the price ranged Rs.160.00-260.00/kg.

Compared to the same period of last year, price of vedalan red onion has decreased by 10% while the price of imported big onion has increased by 11%.

### Potato

#### Wholesale

Price of Nuwara Eliya potato has decreased by 10% and the price ranged Rs.280.00-320.00/kg. Stocks of Welimada potato were available in the market the range of wasRs.260.00-270.00/kg.

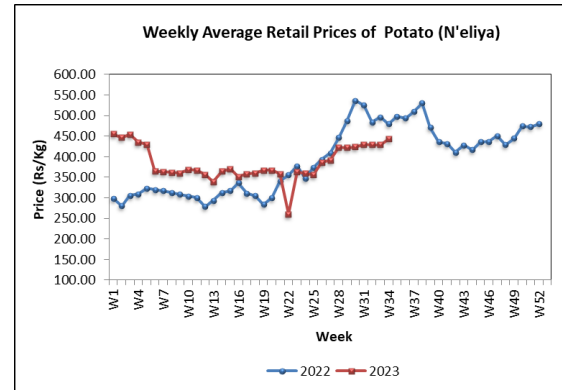
Price of imported potato has increased by 5% due to availability of quality Indian, stocks and the prices ranged Rs.160.00-250.00/kg. Price ranges were Rs.160.00-175.00/kg for Pakistan stocks Rs.190.00-210.00 for Chinese stocks and Rs.240.00-250.00/kg for Indian stocks.

Compared to the same period of last year, prices of Nuwara Eliya potato has decreased by 17% while the price of imported potato has increased by 10%.

#### Retail

Price of Nuwara Eliya potato has increased by Rs.14.00/kg while price of imported potato has increased by

Rs.3.00/kg. Prices ranged between Rs.400.00-480.00/kg and Rs.180.00-300.00/kg respectively.



Compared to the same period of last year, price of Nuwara Eliya potato has decreased by 18% and the price of imported potato has increased by 2%.

### Pulses

#### Wholesale

Prices of red cowpea and red dhal have increased slightly by 1% and 2% due to availability of high quality stocks at the market and the average prices were Rs.950.00/kg for red cowpea and Rs.275.00/kg for red dhal. The average price of white cowpea has not changed considerably and the price ranged between Rs.850.00-900.00/kg. However, the price of green gram has decreased by 1% and the prices ranged Rs.900.00-950.00/kg.

Compared to same period of last year, prices of all types of pulses except red dhal have increased by 14%-40% while

the price of red dhal has decreased by 35%.

### **Retail**

A considerable price decrease of Rs.21.00/kg and Rs.15.00/kg was reported to green gram and cowpea compared to last week. Prices ranged between Rs.1000.00-1400.00/kg and Rs.1000.00-1200.00/kg respectively. Further, price of white cowpea has decreased by Rs.4.00/kg and the average price was Rs.1115.00/kg. However, a slight price increase of Rs.2.00/kg was reported for red dhal and the average price was Rs.325.00/kg.

Compared to the same period of last year, price of red dhal has decreased by 35%. Prices of green gram, white cowpea and red cowpea have increased in the range of 19%-45%.

### **Vegetable**

#### **Wholesale**

Due to increased supply from most of the major producing areas, prices of most of the varieties have decreased.

Considering the up country vegetables the highest price decrease was reported for beetroot as 32% due to increased supply from Puttalam area. Prices of carrot and leeks have decreased by 20% and 19%

respectively due to increased supply from Nuwara Eliya and Welimada areas. Due to increased supply from Nuwara Eliya and Puttalam areas, the rices of raddish and Knolkhol have decreased by 10% and 7% respectively. However, price of beans has increased by 8% due to decreased supply from Welimada area. Due to increased supply from all producing areas, the price of tomato has decreased by 51% followed by capsicum 28% due to stocks arriving from Wallawaya area.

Considering the low country varieties, the highest price decrease was reported for pumpkin as 25% due to increased supply from Nochchiyagama areas, followed by brinjal and ladies fingers as 20% due to increased supply from Dambulla area. With increased supply from Beruwala area, price of luffa has decreased by 9%. However, due to decreased supply from Rajanganaya and Puttalam areas, price of cucumber has increased by 50% and due to decreased supply from Kandy and Dambulla area, price of bitter gourd has increased by 25%.

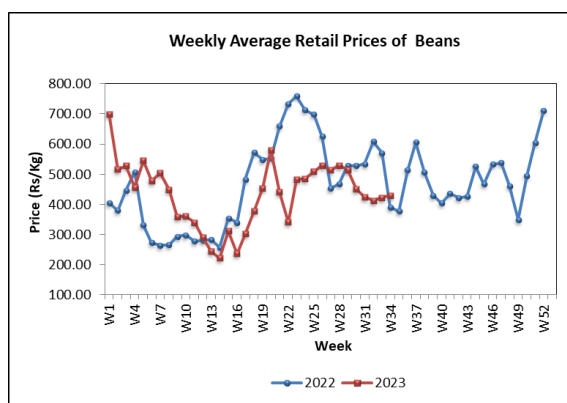
Further, the price of green chilies has decreased by 14% due to increased supply from Puttalam and Nochchiyagama areas. Price of lime has further increased by 17% due to decreased supply from major producing areas.

Compared to the same period of last year, prices of most of the vegetables have decreased and the highest price decrease was reported for capsicum as 73%. However, price of lime has increased by 344%.

### Retail

In line with the decreased, wholesale prices, the retail prices of most of vegetable varieties have decreased.

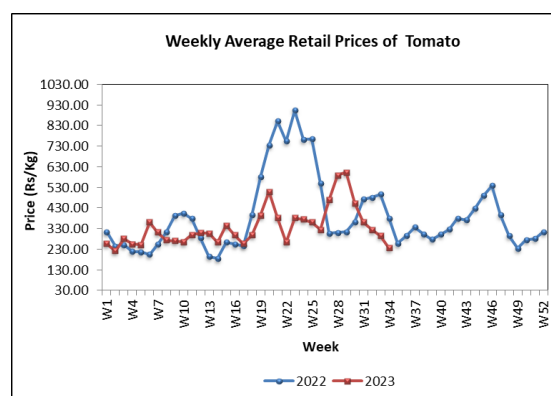
Considering the up country varieties, the highest price decrease was reported for carrot as Rs.63.00/kg, followed by leeks as Rs.20.00/kg. Price of beetroot, knolkhol and raddish have decreased by Rs.8.00-12.00/kg. However, the prices of cabbage and beans have increased by Rs.31.00/kg and Rs.7.00/kg respectively.



Prices of tomato and capsicum have decreased by Rs.60.00/kg and Rs.32.00/kg respectively.

Considering low country varieties the highest price decrease was reported for snake gourd and ash plantain as Rs.7.00/kg and Rs.6.00/kg respectively.

Prices of luffa, ladies fingers and long beans have decreased by Rs.2.00-6.00/kg. However, the prices of drumstick, cucumber and bitter gourd have increased by Rs.39.00/kg, Rs.31.00/kg and Rs.21.00/kg.



Further, the price of green chilies has decreased by Rs.10.00/kg and the price of lime has increased by Rs.113.00/kg.

Compared to the same period of last year, prices of most of varieties have decreased with the highest price decrease reported for capsicum as 56%.

### Coconut

#### Wholesales

Prices of large and small nuts have decreased by 4% and 6% respectively. Price ranges were Rs.85.00-95.00 for a large nut and Rs.70.00-75.00 for a small nut.

Compared to the same period of last year, prices of large and small nuts have increased by 13% and 6% respectively

### **Retail**

Prices of both large and small nuts have decreased around Rs.1.00/nut. Price ranges were Rs.100.00-120.00 for a large nut and Rs.80.00-90.00 for a small nut.

Compared to the same period of last year, prices of large and small nuts have increased by 13% and 10% respectively.

### **Fruits**

#### **Wholesale**

Prices of major fruit varieties have increased while the prices of all fruit types have decreased. The highest price decrease was reported for passion fruit by 33% due to availability of sufficient stocks. Price of wood apple has decreased by 20% with high supply from Wellawaya and Buttala areas. Price of vilad mango has decreased by 15% due to availability of sufficient stocks.

Further, the price of avocado and king coconut has decreased by 7%. Prices of papaw has increased by 39% while prices of banana of ambul and kolilkuttu have increased varieties in the range of 20%-26% due to limited supply with dry weather. Further, price of karthakolomban mango and slime apple have increased by 12% and 11% respectively with availability of limited stocks. Price of all sizes of

pineapple have increased in the range of 1%-7% due to limited supply with dry weather.

Compared to the same period of last year, prices of most of fruit varieties have increased with the highest price increase was reported as 92% for karthakolomban mango.

### **Retail**

Prices of most of the major fruits have increased in line with the increased wholesale prices. The highest price increase of Rs.91.00/fruit was reported for large sized pineapple while the prices of both small and medium size pineapple have increased by Rs.40.00-50.00/fruit due to limited stocks in the market. Further, the price of seeni, ambul and kolikuttu banana have increased in the range of Rs.21.00-85.00/kg due to unavailability of sufficient stocks. In addition, the price of papaw has increased by Rs.63.00/kg due to limited stocks. Further, the prices of slime apple and kartha kolomban mango have increased by Rs.14.00/fruit and Rs.10.00/fruit respectively.

Meanwhile, the highest price decrease of Rs.38.00/fruit was reported for vilad mango due to availability of sufficient stocks in the market. Further, the price of passion fruit and wood apple have

decreased by Rs.14.00/fruit and Rs.12.00/fruit due to high supply. Moreover, the price of avocado has decreased by Rs.6.00/fruit.

Compared to the same period of last year, retail prices of all types of fruits have increased with the highest price increase reported for large sized pineapple as 107%.

### Fresh Fish

#### Wholesale

Wholesale prices of most of the fresh fish types have decreased due to increased supply compared to demand. The highest price decrease of 12% was noted for hurulla due to high supply from Kalpitiya and Mullaitivu areas and the price ranged between Rs.650.00-750.00/kg. A price decrease of 9% was noted for balaya due to high supply from Beruwala and Mirissa areas and the price ranged between Rs.750.00-850.00/kg. Likewise, a price decrease of 4% was noted for paraw due to high supply from the Northern areas and the price ranged between Rs.1200.00-1500.00/kg. In addition, prices of thalapath, thora and shrimps have decreased by 2%.

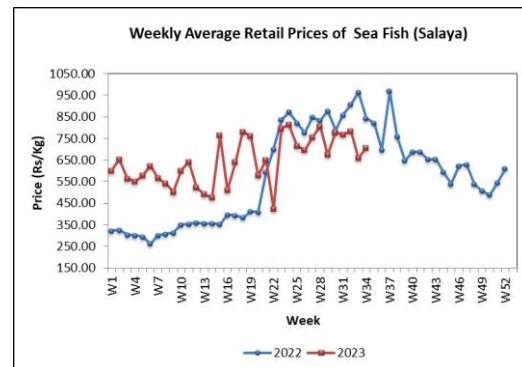
However, a price increase of 22% was noted for mora due to low supply from Walachchenai and Kalmunai areas and the price ranged between Rs.1100.00-1250.00/kg. Likewise, a price increase of

8% was noted for salaya and kelawalla due to low supply from Trincomalee, Mannar, Beruwala and Galle areas and their prices ranged between Rs.350.00-600.00/kg and Rs.1260.00-1740.00/kg respectively.

Compared to the same period of last year, wholesale prices of all fresh fish types except shrimps have decreased in the range of 3%-30% with the highest price decrease noted for salaya.

#### Retail

In line with decreased wholesale prices, the retail prices of most types of fresh fish have also decreased. The highest price decrease was reported for mora as Rs.171.00/kg followed by Rs.148.00/kg for paraw and Rs.96.00/kg for hurulla. Further, prices of balaya, shrimps and thalapath have decreased in the range of Rs.21.00-93.00/kg. However, a price increase of Rs.49.00/kg was reported for salaya.





Compared to the same period of last year, prices of most types of fresh fish have decreased in the range of 13%-29% and the highest price decrease was reported for hurulla.

### **Dried Fish**

#### **Wholesale**

Due to high supply of local dried fish, prices of all local and imported dried fish types have decreased. The highest price decrease of 9% was noted for local maduwa due to high supply from Jaffna and Mannar areas and the price ranged between Rs.1400.00-1550.00/kg. A price decrease of 8% was noted for local balaya due to high supply from Negombo and Beruwala areas and the price ranged between Rs.1240.00-1420.00/kg. Likewise, a price decrease of 5% was noted for imported sprats due to high supply from Iran and Thailand and the price ranged between Rs.850.00-1050.00/kg.

Compared to the same period of last year, wholesale prices of all dried fish types have decreased in the range of 11%-41% and the highest price decrease was reported for imported sprats.

#### **Retail**

In line with decreased wholesale prices retail prices of most types of dried fish

have also decreased. The highest price decrease was reported for balaya as Rs.82.00/kg. Prices of imported sprats and kattawa have also decreased by Rs.24.00/kg and Rs.20.00/kg respectively. However, prices of salaya, anguluwa and local sprats have increased by Rs.119.00/kg, Rs.87.00/kg and Rs.64.00/kg due to low supply.

Compared to the same period of last year, prices of all types of dried fish have decreased in the range of 10%-38% and the highest price decrease was reported for imported sprats.

### **Eggs**

#### **Wholesale**

Price of brown egg has increased by 2% and average price was Rs.44.00/egg. However, price of white egg has decreased by 3% and the price ranged between Rs.42.00-44.00/egg.

Compared to the same period of last year, prices of both brown and white eggs have decreased by 16% and 15% respectively.

#### **Retail**

Retail price of brown egg has not changed while price of white egg has decreased by Rs.1.00/egg. Prices of brown egg ranged between Rs.45.00-50.00/egg and price of white egg ranged between Rs.43.00-50.00/egg.

Compared to the same period of last year, price of brown and white eggs have decreased by 24% and 27% respectively.

### **Meat**

#### **Retail**

Prices of all types of meat have decreased due to low demand. Prices of mutton and beef have decreased by Rs.117.00/kg and Rs.40.00/kg respectively. Further, prices of skinless curry chicken has decreased by Rs.37.00/kg due to low demand and prices of pork has decreased by Rs.20.00/kg.

Compared to the same period of last year, prices of all types of meat except skinless curry and broiler chicken have increased by 11%-13% with the highest price increase was reported for mutton.

### **EXPLANATORY NOTE**

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e. Tuesday and Friday) while with retail prices, it is thrice a week (i.e. Friday, Monday, and Tuesday).

**Table 01: Selected Markets: Wholesale Price of Rice (Rs/50Kg Bag)**

Week 34: 18 - 24 August 2023

LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
Colombo	10250	10750	9750	10250	13000	13000	8750	9500	8500	9000	7250	7500	8250	9000
Divulapitiya	11200	11350	9800	10750	13000	13250	10600	10700	8200	8900	7250	7750	8000	9000
Kurunegala	11300	11300	10500	10500	12750	13000	10400	10400	8650	8750	8000	8000	8250	8600
Nikaweratiya	11250	11300	9750	10000	12750	13000	10150	10600	8350	8500	8250	8250	8000	8300
Badulla	-	-	-	-	-	-	9250	9500	-	-	7000	7250	7500	7850
Puttalam	11150	11350	-	-	12750	12900	10600	10850	8100	8250	8750	9250	7700	8500
Dambulla	11200	11300	10000	10500	13200	13250	10300	10400	9000	9250	7850	7900	8100	8250
Anuradhapura	11000	11350	-	-	12900	13000	10250	10750	8750	9250	8250	8750	8250	8750
Tambuttegama	-	-	10000	10250	12900	12900	-	-	8500	8750	-	-	7950	8100
Polonnaruwa	11250	11300	-	-	12750	12750	10700	10750	-	-	8250	8250	-	-
Kalutara	-	-	10000	10250	13000	13250	-	-	8500	8750	7500	7750	8750	9000
Ampara	11500	11500	10650	10650	-	-	10750	10750	8250	8350	7250	7500	7250	7500
Kandy	11100	11300	9800	10100	12900	13000	10250	10500	8500	9000	7500	8000	8250	8750
Moneragala	11000	11250	9750	9750	12900	13000	9750	10750	9250	9250	6750	7250	7250	7750
Kegalle	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Dehiattakandiya	11250	11500	-	-	13000	13000	10500	10750	8750	9250	8250	8250	8000	9750
Hambantota	11250	11250	-	-	12750	12900	-	-	-	-	6750	7000	7750	8000
Matara	10750	11000	10000	10250	13000	13000	9500	10000	-	-	7000	7300	8000	8500
Galle	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Meegoda	10350	10750	-	-	12900	13000	9000	9200	8200	8200	7400	7500	8200	8600
Tissamaharama	-	-	10000	10250	12750	12750	-	-	8750	9000	7000	7150	8000	8250
Embilipitiya	10700	10800	-	-	12800	12950	-	-	8850	9000	7300	7400	7800	8000
Jaffna	-	-	9750	10250	13250	13500	9400	9500	9000	9250	7750	8000	-	-
Vavuniya	10600	10900	-	-	13500	13900	9400	9750	9000	9200	7750	8200	9250	9400
Mannar	10500	11000	-	-	13000	13000	9000	9250	8500	8750	7500	7750	8500	8750
Killinochchi	11000	11250	-	-	13250	13700	9000	9250	8250	8500	7000	7250	8500	8750
Mullattivu	11000	11250	-	-	13500	14000	9500	10000	8500	8750	7000	7250	9000	9250
Batticaloa	11100	11250	-	-	13700	13850	9650	9750	-	-	7150	7250	8700	8750
Trincomalee	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Galenbindunuwew	10750	11350	-	-	12950	12950	10350	10600	9000	9250	9250	9250	8500	8750
Matale	11250	11300	10400	10500	13000	13100	10300	10400	8750	9000	8000	8250	8000	8750

**Table 02: Selected Markets: Retail Price of Rice (Rs/Kg)**

Week 34: 18 - 24 August 2023

LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
Colombo	220.00	240.00	210.00	220.00	265.00	280.00	210.00	230.00	190.00	210.00	160.00	180.00	170.00	200.00
Gampaha	230.00	230.00	220.00	220.00	270.00	270.00	210.00	220.00	190.00	200.00	165.00	185.00	180.00	195.00
Kurunegala	230.00	230.00	-	-	260.00	270.00	210.00	220.00	185.00	185.00	170.00	175.00	175.00	180.00
Nikaweratiya	230.00	230.00	220.00	220.00	260.00	270.00	210.00	210.00	170.00	175.00	170.00	185.00	165.00	170.00
Dambulla	228.00	230.00	215.00	220.00	265.00	270.00	210.00	212.00	190.00	195.00	160.00	165.00	170.00	175.00
Anuradhapura	230.00	230.00	-	-	260.00	260.00	210.00	220.00	180.00	190.00	170.00	180.00	170.00	185.00
Thambuththegama	230.00	230.00	210.00	220.00	260.00	270.00	220.00	220.00	175.00	185.00	180.00	190.00	170.00	175.00
Polonnaruwa	228.00	230.00	-	-	258.00	260.00	218.00	220.00	185.00	205.00	170.00	175.00	210.00	210.00
Kaluthara	230.00	235.00	-	-	270.00	275.00	-	-	195.00	200.00	160.00	170.00	180.00	190.00
Badulla	-	-	-	-	260.00	270.00	-	-	190.00	200.00	145.00	150.00	160.00	165.00
Keppetipola	226.00	228.00	214.00	216.00	260.00	265.00	208.00	212.00	184.00	186.00	143.00	147.00	155.00	160.00
Moneragala	225.00	230.00	200.00	200.00	260.00	270.00	217.00	220.00	190.00	200.00	140.00	150.00	150.00	160.00
Kegalle	230.00	230.00	-	-	265.00	265.00	210.00	220.00	175.00	200.00	160.00	170.00	180.00	210.00
Ampara	230.00	230.00	200.00	200.00	260.00	260.00	220.00	220.00	175.00	190.00	140.00	150.00	142.00	150.00
Dehiattakandiya	230.00	235.00	-	-	260.00	270.00	220.00	220.00	178.00	190.00	170.00	190.00	165.00	200.00
Nuwaraeliya	225.00	228.00	214.00	216.00	265.00	270.00	210.00	212.00	186.00	190.00	144.00	148.00	157.00	165.00
Kandy	228.00	230.00	210.00	220.00	265.00	270.00	210.00	220.00	190.00	195.00	160.00	170.00	180.00	195.00
Puttalam	230.00	230.00	-	-	260.00	265.00	215.00	220.00	170.00	175.00	160.00	190.00	160.00	175.00
Hambantota	230.00	230.00	-	-	260.00	260.00	-	-	-	-	145.00	150.00	160.00	165.00
Rathnapura	230.00	230.00	220.00	225.00	-	-	215.00	220.00	190.00	200.00	152.00	158.00	190.00	194.00
Matara	230.00	230.00	215.00	220.00	260.00	260.00	210.00	220.00	-	-	145.00	155.00	165.00	180.00
Galle	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Tissamaharama	-	-	205.00	210.00	260.00	260.00	-	-	180.00	185.00	140.00	143.00	165.00	170.00
Meegoda (DEC)	-	-	215.00	220.00	258.00	275.00	-	-	190.00	200.00	155.00	160.00	188.00	192.00
Embilipitiya	225.00	230.00	215.00	220.00	258.00	270.00	210.00	220.00	195.00	200.00	148.00	150.00	160.00	175.00
Jaffna	-	-	215.00	220.00	275.00	285.00	-	-	190.00	200.00	160.00	165.00	-	-
Vavuniya	225.00	230.00	-	-	285.00	290.00	200.00	210.00	185.00	190.00	170.00	178.00	188.00	194.00
Mannar	225.00	230.00	-	-	270.00	280.00	190.00	200.00	180.00	185.00	160.00	170.00	180.00	190.00
Killinochchi	230.00	235.00	-	-	280.00	285.00	195.00	205.00	175.00	185.00	150.00	155.00	180.00	190.00
Mullaittivu	230.00	235.00	-	-	280.00	290.00	200.00	210.00	175.00	180.00	145.00	150.00	185.00	190.00
Batticaloa	230.00	232.00	-	-	280.00	285.00	-	-	200.00	205.00	150.00	154.00	180.00	185.00
Trincomalee	230.00	235.00	-	-	275.00	285.00	190.00	200.00	170.00	175.00	155.00	160.00	178.00	185.00
Hanguranketha	222.00	235.00	210.00	218.00	258.00	260.00	210.00	220.00	175.00	195.00	147.00	170.00	155.00	195.00
Veyangoda	230.00	230.00	210.00	220.00	260.00	270.00	200.00	220.00	180.00	190.00	160.00	160.00	160.00	172.00
Galenbindunuwewa	220.00	230.00	-	-	260.00	260.00	210.00	215.00	185.00	190.00	190.00	195.00	175.00	180.00
Bandarawela	-	-	205.00	210.00	265.00	270.00	-	-	190.00	200.00	145.00	150.00	165.00	170.00
Matale	227.00	230.00	216.00	218.00	265.00	270.00	210.00	212.00	185.00	200.00	170.00	180.00	170.00	185.00

**Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50Kg)**

Week 34: 18 - 24 August 2023

LOCATION	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	50000 - 52500	-	14000 - 15500	6250 - 9000	8000 - 12500	13000 - 13500	14000 - 16000	45000 - 47500	42500 - 45000	13250 - 14250
Kurunegala	51000 - 54000	-	15000 - 16000	9150 - 9500	9000 - 9250	-	-	45000 - 47500	42500 - 45000	13250 - 13750
Nikaweratiya	51500 - 54500	-	12500 - 13000	7500 - 9750	8750 - 9250	-	-	44500 - 46500	40000 - 48500	13900 - 14250
Dehiattakandiya	52000 - 60000	-	14000 - 16000	8000 - 11000	8000 - 11000	-	18000 - 19000	40000 - 50000	-	13500 - 14100
Dambulla (DEC)	54000 - 55000	-	12500 - 13500	6750 - 9250	8250 - 8500	-	14500 - 15000	40000 - 42500	35000 - 37500	13500 - 14000
Anuradhapura	57500 - 62500	-	12500 - 17500	8500 - 10000	9000 - 10000	-	-	50000 - 55000	-	14000 - 15000
Thambuththegama	50000 - 55000	-	13500 - 15000	7000 - 9500	8250 - 9750	-	15500 - 16500	44000 - 45000	32500 - 32500	13250 - 14000
Polonnaruwa	60000 - 61000	-	16250 - 16500	9750 - 10000	10250 - 10500	-	19250 - 19500	41500 - 42500	45000 - 45000	15250 - 15500
Kaluthara	54000 - 55000	-	15000 - 15500	9000 - 9500	9000 - 9500	-	16000 - 16250	47000 - 48000	42500 - 45000	13750 - 13900
Puttalam	50000 - 52000	-	12000 - 15000	8250 - 9000	9000 - 9500	-	18750 - 20000	42500 - 49000	32500 - 36000	13750 - 15000
Kandy	55000 - 55500	-	15000 - 16000	7000 - 9500	8500 - 9750	-	14000 - 14500	47000 - 47500	45000 - 46000	14500 - 15000
Matara	55000 - 60000	-	15500 - 17000	9250 - 9500	10500 - 10750	-	16000 - 17000	49000 - 51000	45000 - 47500	14250 - 14750
Hambantota	54000 - 60000	-	16000 - 18000	9000 - 9750	9000 - 10500	-	-	46500 - 48750	45000 - 46000	14000 - 14750
Kegalle	53800 - 54000	-	13000 - 13500	8500 - 9500	8500 - 8700	-	16900 - 17100	46500 - 47500	47000 - 48000	14000 - 14250
Galle	-	-	-	-	-	-	-	-	-	-
Tissamaharama	57500 - 60000	-	14500 - 15500	9500 - 10000	9500 - 11000	-	17000 - 17500	50000 - 50000	47500 - 47500	14000 - 14500
Meegoda (DEC)	52500 - 55000	-	11000 - 12000	7400 - 7450	8500 - 9500	-	15500 - 16500	47500 - 50000	47500 - 50000	14000 - 14500
Jaffna	50000 - 62500	-	12500 - 14000	7500 - 9000	9000 - 10000	-	-	44000 - 46000	-	14000 - 14250
Vavuniya	52500 - 57500	-	-	9500 - 10000	10000 - 12000	-	-	46000 - 47000	-	14250 - 14750
Mannar	55000 - 57500	-	12500 - 13500	7000 - 9750	9000 - 9500	-	-	42500 - 44000	-	14250 - 14500
Killinochchi	55000 - 57500	-	16500 - 17500	9000 - 10000	9500 - 10500	-	-	47000 - 48000	-	14500 - 15000
Mullattivu	55000 - 57500	-	-	10000 - 10500	10500 - 11000	-	-	52500 - 55000	47500 - 51500	14500 - 15000
Batticaloa	54000 - 55000	-	18250 - 19000	9750 - 10000	9750 - 10000	-	20000 - 21500	47000 - 48000	47000 - 48000	14250 - 14500
Trincomalee	-	-	-	-	-	-	-	-	-	-
Galenbindunuwewa	55000 - 57500	-	13000 - 17500	9000 - 10000	9250 - 9500	-	-	46500 - 52500	39500 - 41000	14000 - 15000
Matale	52500 - 55000	-	16000 - 16500	7250 - 9500	8750 - 9500	-	-	47000 - 47500	-	13750 - 14000

**Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/Kg)**

Week 34: 18 - 24 August 2023

LOCATIONS	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	1100.00 - 1400.00	-	350.00 - 600.00	160.00 - 260.00	180.00 - 300.00	-	400.00 - 480.00	1000.00 - 1400.00	900.00 - 1300.00	280.00 - 360.00
Gampaha	1180.00 - 1380.00	-	400.00 - 480.00	240.00 - 240.00	220.00 - 260.00	-	400.00 - 480.00	1000.00 - 1080.00	1000.00 - 1060.00	280.00 - 320.00
Kurunegala	1200.00 - 1300.00	-	400.00 - 480.00	190.00 - 220.00	220.00 - 240.00	-	400.00 - 440.00	1000.00 - 1200.00	1000.00 - 1200.00	320.00 - 330.00
Nikaweratiya	1200.00 - 1300.00	-	300.00 - 500.00	200.00 - 220.00	200.00 - 240.00	-	400.00 - 400.00	1050.00 - 1300.00	900.00 - 940.00	300.00 - 320.00
Dambulla	1150.00 - 1200.00	-	300.00 - 340.00	180.00 - 220.00	190.00 - 220.00	-	360.00 - 380.00	900.00 - 1100.00	900.00 - 1000.00	290.00 - 300.00
Anuradhapura	1200.00 - 1400.00	-	300.00 - 400.00	180.00 - 240.00	200.00 - 240.00	-	-	1100.00 - 1200.00	-	290.00 - 320.00
Thambuththegama	1200.00 - 1300.00	-	380.00 - 400.00	165.00 - 220.00	180.00 - 210.00	-	-	900.00 - 1150.00	800.00 - 850.00	280.00 - 300.00
Polonnaruwa	1280.00 - 1400.00	-	340.00 - 350.00	210.00 - 220.00	220.00 - 230.00	-	400.00 - 420.00	900.00 - 1000.00	940.00 - 960.00	315.00 - 320.00
Kaluthara	1200.00 - 1240.00	-	360.00 - 380.00	200.00 - 210.00	200.00 - 220.00	-	380.00 - 400.00	1000.00 - 1100.00	900.00 - 950.00	300.00 - 310.00
Badulla	1200.00 - 1300.00	-	350.00 - 400.00	210.00 - 220.00	200.00 - 220.00	360.00 - 400.00	-	1000.00 - 1200.00	880.00 - 900.00	300.00 - 320.00
Keppetipola	1150.00 - 1180.00	-	330.00 - 350.00	220.00 - 240.00	220.00 - 240.00	340.00 - 360.00	-	1150.00 - 1200.00	980.00 - 1000.00	285.00 - 300.00
Moneragala	1200.00 - 1400.00	-	320.00 - 400.00	180.00 - 220.00	220.00 - 240.00	-	400.00 - 420.00	900.00 - 1300.00	800.00 - 1000.00	290.00 - 320.00
Kegalle	1100.00 - 1200.00	-	320.00 - 350.00	180.00 - 240.00	200.00 - 220.00	-	390.00 - 410.00	950.00 - 1050.00	950.00 - 1000.00	300.00 - 360.00
Ampara	1190.00 - 1370.00	-	435.00 - 440.00	215.00 - 230.00	220.00 - 240.00	-	420.00 - 440.00	990.00 - 1250.00	980.00 - 1200.00	280.00 - 300.00
Dehiattakandiya	1150.00 - 1250.00	-	300.00 - 360.00	180.00 - 240.00	200.00 - 240.00	-	400.00 - 440.00	900.00 - 1000.00	-	280.00 - 300.00
Nuwaraeliya	1150.00 - 1220.00	-	340.00 - 360.00	240.00 - 250.00	220.00 - 240.00	-	370.00 - 390.00	1150.00 - 1180.00	960.00 - 980.00	290.00 - 305.00
Kandy	1280.00 - 1300.00	-	440.00 - 460.00	190.00 - 200.00	220.00 - 240.00	-	430.00 - 440.00	1240.00 - 1300.00	960.00 - 1000.00	310.00 - 330.00
Puttalam	1100.00 - 1250.00	-	400.00 - 480.00	200.00 - 240.00	200.00 - 240.00	-	400.00 - 520.00	900.00 - 1100.00	800.00 - 850.00	280.00 - 310.00
Rathnapura	1250.00 - 1400.00	-	320.00 - 340.00	200.00 - 220.00	200.00 - 230.00	-	-	1000.00 - 1100.00	900.00 - 1000.00	290.00 - 300.00
Hambantota	1200.00 - 1400.00	-	360.00 - 400.00	210.00 - 230.00	220.00 - 240.00	-	-	1100.00 - 1200.00	980.00 - 1000.00	300.00 - 320.00
Matara	1200.00 - 1400.00	-	350.00 - 400.00	200.00 - 220.00	220.00 - 240.00	-	380.00 - 400.00	1040.00 - 1200.00	950.00 - 1000.00	300.00 - 320.00
Galle	-	-	-	-	-	-	-	-	-	-
Tissamaharama	1200.00 - 1250.00	-	340.00 - 360.00	200.00 - 220.00	190.00 - 240.00	-	-	1100.00 - 1100.00	1000.00 - 1000.00	290.00 - 300.00
Meegoda (DEC)	1100.00 - 1200.00	-	380.00 - 500.00	190.00 - 240.00	190.00 - 220.00	-	380.00 - 420.00	1000.00 - 1100.00	970.00 - 1120.00	300.00 - 320.00
Embilipitiya	1250.00 - 1350.00	-	300.00 - 350.00	198.00 - 210.00	220.00 - 250.00	-	400.00 - 420.00	950.00 - 1150.00	950.00 - 1000.00	295.00 - 360.00
Jaffna	1150.00 - 1300.00	-	280.00 - 310.00	180.00 - 220.00	200.00 - 240.00	-	-	950.00 - 1080.00	-	290.00 - 300.00
Vavuniya	1240.00 - 1300.00	-	-	240.00 - 260.00	270.00 - 290.00	-	-	980.00 - 1050.00	-	300.00 - 315.00
Mannar	1200.00 - 1300.00	-	400.00 - 450.00	180.00 - 210.00	200.00 - 220.00	-	-	900.00 - 1000.00	-	310.00 - 320.00
Killinochchi	1180.00 - 1220.00	-	400.00 - 440.00	230.00 - 250.00	230.00 - 250.00	-	-	980.00 - 1020.00	-	320.00 - 330.00
Mullaittivu	1150.00 - 1200.00	-	-	-	240.00 - 250.00	-	-	1100.00 - 1150.00	1000.00 - 1100.00	300.00 - 320.00
Batticaloa	1160.00 - 1200.00	-	420.00 - 450.00	240.00 - 250.00	240.00 - 240.00	-	480.00 - 520.00	1000.00 - 1020.00	1000.00 - 1060.00	315.00 - 320.00
Trincomalee	1150.00 - 1200.00	-	340.00 - 360.00	200.00 - 220.00	220.00 - 240.00	-	450.00 - 480.00	1000.00 - 1080.00	-	300.00 - 320.00
Hanguranketha	1150.00 - 1320.00	-	320.00 - 400.00	190.00 - 220.00	200.00 - 230.00	-	380.00 - 390.00	950.00 - 1225.00	980.00 - 1050.00	280.00 - 300.00
Veyangoda	1200.00 - 1300.00	-	320.00 - 400.00	190.00 - 200.00	220.00 - 240.00	-	390.00 - 400.00	980.00 - 1000.00	960.00 - 1000.00	280.00 - 300.00
Galenbindunuwewa	1150.00 - 1200.00	-	360.00 - 380.00	190.00 - 240.00	190.00 - 200.00	-	-	950.00 - 1100.00	820.00 - 850.00	290.00 - 310.00
Bandarawela	1200.00 - 1300.00	-	380.00 - 400.00	200.00 - 220.00	200.00 - 220.00	320.00 - 340.00	-	1000.00 - 1200.00	900.00 - 1000.00	300.00 - 320.00
Matale	1150.00 - 1200.00	-	340.00 - 360.00	195.00 - 200.00	195.00 - 200.00	-	410.00 - 420.00	980.00 - 1100.00	1000.00 - 1100.00	290.00 - 300.00

**Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/Kg)**

Week 34: 18 - 24 August 2023

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	300.00 - 350.00	280.00 - 300.00	80.00 - 100.00	50.00 - 150.00	50.00 - 80.00
Meegoda (DEC)	-	350.00 - 400.00	350.00 - 400.00	110.00 - 130.00	70.00 - 100.00	75.00 - 100.00
Dambulla (DEC)	-	350.00 - 380.00	260.00 - 320.00	90.00 - 100.00	55.00 - 90.00	50.00 - 60.00
Keppetipola (DEC)	-	350.00 - 380.00	280.00 - 300.00	80.00 - 90.00	70.00 - 80.00	50.00 - 60.00
Norochchole (DEC)	-	-	-	-	55.00 - 70.00	-
Nuwara Eliya	-	360.00 - 380.00	330.00 - 340.00	90.00 - 100.00	80.00 - 90.00	60.00 - 70.00
Kandy	-	300.00 - 330.00	280.00 - 300.00	90.00 - 100.00	70.00 - 80.00	50.00 - 70.00
Hambantota	-	350.00 - 400.00	350.00 - 400.00	150.00 - 200.00	100.00 - 150.00	120.00 - 150.00
Thambuththegama (DEC)	-	370.00 - 400.00	310.00 - 340.00	100.00 - 120.00	70.00 - 80.00	60.00 - 80.00
Jaffna	-	360.00 - 400.00	320.00 - 350.00	100.00 - 110.00	100.00 - 120.00	-
Bandarawela	-	340.00 - 360.00	280.00 - 300.00	80.00 - 100.00	70.00 - 90.00	50.00 - 70.00
Veyangoda	-	380.00 - 400.00	300.00 - 320.00	100.00 - 120.00	80.00 - 90.00	70.00 - 90.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	30.00 - 60.00	120.00 - 150.00	60.00 - 100.00	60.00 - 80.00	150.00 - 200.00	150.00 - 200.00
Meegoda (DEC)	70.00 - 100.00	150.00 - 170.00	80.00 - 120.00	90.00 - 110.00	220.00 - 260.00	230.00 - 280.00
Moneragala	80.00 - 100.00	200.00 - 240.00	120.00 - 140.00	70.00 - 90.00	120.00 - 160.00	200.00 - 250.00
Dambulla (DEC)	30.00 - 40.00	130.00 - 160.00	60.00 - 70.00	50.00 - 60.00	170.00 - 220.00	150.00 - 170.00
Keppetipola (DEC)	40.00 - 50.00	100.00 - 110.00	60.00 - 70.00	70.00 - 80.00	200.00 - 220.00	220.00 - 240.00
Norochchole (DEC)	25.00 - 40.00	-	-	60.00 - 80.00	150.00 - 200.00	150.00 - 220.00
Nuwara Eliya	35.00 - 45.00	130.00 - 150.00	70.00 - 80.00	80.00 - 90.00	210.00 - 230.00	240.00 - 260.00
Kandy	40.00 - 50.00	110.00 - 160.00	70.00 - 90.00	70.00 - 80.00	150.00 - 200.00	200.00 - 250.00
Hambantota	60.00 - 100.00	150.00 - 200.00	60.00 - 100.00	60.00 - 80.00	160.00 - 210.00	200.00 - 250.00
Thambuththegama (DEC)	35.00 - 55.00	140.00 - 170.00	45.00 - 60.00	40.00 - 50.00	170.00 - 230.00	120.00 - 160.00
Tissamaharama	60.00 - 80.00	230.00 - 250.00	100.00 - 120.00	70.00 - 90.00	150.00 - 180.00	240.00 - 260.00
Jaffna	65.00 - 75.00	120.00 - 130.00	150.00 - 180.00	80.00 - 100.00	180.00 - 200.00	240.00 - 260.00
Bandarawela	40.00 - 50.00	100.00 - 120.00	50.00 - 70.00	-	160.00 - 180.00	240.00 - 260.00
Veyangoda	60.00 - 80.00	140.00 - 160.00	65.00 - 100.00	65.00 - 90.00	230.00 - 280.00	180.00 - 220.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	60.00 - 100.00	70.00 - 100.00	180.00 - 220.00	120.00 - 140.00	150.00 - 300.00	80.00 - 120.00
Meegoda (DEC)	70.00 - 80.00	70.00 - 100.00	230.00 - 250.00	100.00 - 130.00	-	120.00 - 150.00
Moneragala	100.00 - 120.00	60.00 - 80.00	280.00 - 350.00	-	230.00 - 250.00	120.00 - 150.00
Dambulla (DEC)	60.00 - 70.00	60.00 - 65.00	180.00 - 200.00	80.00 - 100.00	170.00 - 200.00	120.00 - 140.00
Keppetipola (DEC)	80.00 - 90.00	70.00 - 80.00	180.00 - 200.00	90.00 - 100.00	190.00 - 200.00	110.00 - 120.00
Norochchole (DEC)	50.00 - 80.00	40.00 - 60.00	160.00 - 200.00	80.00 - 150.00	150.00 - 190.00	80.00 - 140.00
Nuwara Eliya	90.00 - 100.00	70.00 - 80.00	200.00 - 220.00	100.00 - 120.00	200.00 - 220.00	120.00 - 130.00
Kandy	80.00 - 90.00	60.00 - 70.00	200.00 - 220.00	110.00 - 130.00	200.00 - 230.00	140.00 - 150.00
Hambantota	60.00 - 80.00	50.00 - 70.00	220.00 - 280.00	120.00 - 160.00	150.00 - 200.00	150.00 - 200.00
Thambuththegama (DEC)	35.00 - 60.00	45.00 - 60.00	140.00 - 180.00	70.00 - 100.00	180.00 - 220.00	80.00 - 120.00
Tissamaharama	80.00 - 100.00	40.00 - 50.00	220.00 - 240.00	130.00 - 150.00	140.00 - 160.00	150.00 - 170.00
Jaffna	80.00 - 100.00	70.00 - 85.00	150.00 - 180.00	80.00 - 100.00	200.00 - 250.00	-
Bandarawela	80.00 - 100.00	60.00 - 80.00	-	-	-	-
Veyangoda	60.00 - 80.00	70.00 - 90.00	180.00 - 220.00	100.00 - 150.00	220.00 - 250.00	120.00 - 150.00

**Table 06 (Contd.)**

	<b>Long Beans</b>	<b>Ash Plantain</b>	<b>Green Chillies</b>	<b>Lime</b>	<b>Sweet Potatoe</b>	<b>Manioc</b>
Colombo	100.00 - 150.00	150.00 - 180.00	350.00 - 420.00	600.00 - 700.00	80.00 - 100.00	130.00 - 160.00
Meegoda (DEC)	160.00 - 200.00	180.00 - 220.00	400.00 - 460.00	650.00 - 680.00	70.00 - 90.00	-
Moneragala	200.00 - 250.00	100.00 - 120.00	450.00 - 500.00	600.00 - 650.00	100.00 - 120.00	80.00 - 100.00
Dambulla (DEC)	150.00 - 180.00	160.00 - 180.00	350.00 - 400.00	600.00 - 650.00	60.00 - 80.00	80.00 - 100.00
Keppetipola (DEC)	130.00 - 140.00	150.00 - 160.00	400.00 - 420.00	680.00 - 720.00	80.00 - 100.00	100.00 - 120.00
Norochchole (DEC)	130.00 - 160.00	120.00 - 150.00	350.00 - 450.00	-	80.00 - 150.00	100.00 - 140.00
Nuwara Eliya	140.00 - 150.00	160.00 - 180.00	440.00 - 460.00	700.00 - 750.00	80.00 - 90.00	100.00 - 110.00
Kandy	130.00 - 150.00	150.00 - 180.00	380.00 - 400.00	600.00 - 630.00	80.00 - 100.00	110.00 - 130.00
Hambantota	180.00 - 230.00	100.00 - 130.00	400.00 - 450.00	720.00 - 800.00	90.00 - 120.00	80.00 - 130.00
Thambuththegama (DEC)	120.00 - 150.00	110.00 - 140.00	300.00 - 370.00	500.00 - 550.00	70.00 - 100.00	80.00 - 110.00
Tissamaharama	130.00 - 150.00	140.00 - 160.00	500.00 - 550.00	650.00 - 680.00	120.00 - 130.00	120.00 - 130.00
Jaffna	340.00 - 380.00	160.00 - 180.00	360.00 - 400.00	440.00 - 480.00	80.00 - 110.00	160.00 - 180.00
Bandarawela	-	-	380.00 - 400.00	-	80.00 - 100.00	100.00 - 120.00
Veyangoda	160.00 - 180.00	170.00 - 200.00	400.00 - 450.00	650.00 - 700.00	80.00 - 100.00	120.00 - 130.00

<b>Locations</b>	<b>Leafy Vegetables (Rs/Bundle)</b>			<b>Coconut (Rs/Nut)</b>	
	<b>Mukunuwenna</b>	<b>Kankun</b>	<b>Gotukola</b>	<b>Large</b>	<b>Small</b>
Colombo	40.00 - 50.00	40.00 - 50.00	280.00 - 300.00	85.00 - 95.00	70.00 - 75.00
Meegoda (DEC)	80.00 - 80.00	80.00 - 80.00	80.00 - 100.00	90.00 - 100.00	80.00 - 85.00
Norochchole (DEC)	50.00 - 60.00	50.00 - 60.00	120.00 - 130.00	72.00 - 85.00	60.00 - 70.00
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	25.00 - 30.00	25.00 - 30.00	20.00 - 30.00	65.00 - 70.00	58.00 - 62.00
Kandy	40.00 - 45.00	40.00 - 50.00	240.00 - 250.00	75.00 - 80.00	55.00 - 60.00
Hambantota	45.00 - 50.00	45.00 - 50.00	60.00 - 70.00	-	-
Thambuththegama (DEC)	30.00 - 30.00	30.00 - 30.00	-	65.00 - 70.00	55.00 - 60.00
Tissamaharama	40.00 - 45.00	40.00 - 45.00	50.00 - 55.00	80.00 - 85.00	60.00 - 65.00
Jaffna	70.00 - 80.00	30.00 - 35.00	180.00 - 200.00	70.00 - 90.00	50.00 - 60.00
Bandarawela	-	-	-	-	-
Veyangoda	40.00 - 40.00	35.00 - 40.00	45.00 - 45.00	80.00 - 85.00	-

*Colombo, Meegoda, Norochchole, Jaffna and Kandy - Gotukola Price Rs/Kg*



**Table 07: Selected Markets: Retail Price of Vegetables (Rs/Kg)**

Week 34: 18 - 24 August 2023

LOCATIONS	Up Country Varieties																								
	Butter Beans		Green Beans		Carrot		Leeks		Beetroot		Knol Khol		Raddish		Cabbage		Tomato								
Colombo	-	320.00	-	480.00	300.00	-	480.00	100.00	-	320.00	100.00	-	320.00	100.00	-	240.00	200.00	-	340.00	100.00	-	360.00			
Gampaha	-	320.00	-	480.00	400.00	-	480.00	200.00	-	200.00	160.00	-	280.00	160.00	-	200.00	180.00	-	200.00	240.00	-	320.00	200.00	-	280.00
Kurunegala	-	460.00	-	520.00	480.00	-	520.00	220.00	-	280.00	300.00	-	340.00	160.00	-	200.00	200.00	-	240.00	280.00	-	320.00	160.00	-	200.00
Nikaweratiya	-	480.00	-	480.00	480.00	-	530.00	240.00	-	320.00	160.00	-	240.00	160.00	-	240.00	120.00	-	160.00	280.00	-	320.00	240.00	-	320.00
Dambulla	-	440.00	-	480.00	440.00	-	480.00	160.00	-	200.00	160.00	-	200.00	140.00	-	180.00	100.00	-	140.00	200.00	-	240.00	160.00	-	200.00
Anuradhapura	-	460.00	-	520.00	460.00	-	540.00	200.00	-	280.00	160.00	-	240.00	140.00	-	200.00	100.00	-	120.00	240.00	-	320.00	200.00	-	240.00
Thambuththegama	-	450.00	-	520.00	420.00	-	480.00	140.00	-	180.00	120.00	-	160.00	140.00	-	180.00	90.00	-	120.00	240.00	-	280.00	120.00	-	160.00
Polonnaruwa	-	490.00	-	510.00	450.00	-	480.00	200.00	-	220.00	170.00	-	200.00	140.00	-	150.00	110.00	-	120.00	240.00	-	260.00	140.00	-	160.00
Kaluthara	-	400.00	-	420.00	400.00	-	420.00	160.00	-	180.00	160.00	-	180.00	120.00	-	140.00	120.00	-	140.00	200.00	-	220.00	200.00	-	220.00
Badulla	-	440.00	-	500.00	380.00	-	420.00	180.00	-	220.00	200.00	-	240.00	200.00	-	240.00	120.00	-	160.00	200.00	-	240.00	140.00	-	160.00
Keppetipola	-	420.00	-	440.00	350.00	-	360.00	150.00	-	160.00	140.00	-	150.00	120.00	-	150.00	100.00	-	130.00	180.00	-	200.00	160.00	-	180.00
Moneragala	-	480.00	-	520.00	480.00	-	520.00	240.00	-	320.00	240.00	-	280.00	-	-	100.00	-	120.00	240.00	-	320.00	200.00	-	260.00	
Kegalle	-	450.00	-	480.00	480.00	-	520.00	290.00	-	320.00	200.00	-	240.00	210.00	-	240.00	220.00	-	240.00	300.00	-	320.00	220.00	-	240.00
Ampara	-	440.00	-	480.00	440.00	-	480.00	200.00	-	240.00	200.00	-	200.00	200.00	-	200.00	160.00	-	200.00	280.00	-	280.00	200.00	-	240.00
Dehiattakandiya	-	400.00	-	520.00	480.00	-	520.00	200.00	-	240.00	120.00	-	200.00	160.00	-	200.00	160.00	-	180.00	200.00	-	240.00	120.00	-	160.00
Nuwaraeliya	-	440.00	-	460.00	400.00	-	420.00	170.00	-	180.00	160.00	-	170.00	150.00	-	160.00	120.00	-	140.00	200.00	-	220.00	180.00	-	200.00
Kandy	-	450.00	-	480.00	450.00	-	480.00	200.00	-	240.00	160.00	-	180.00	140.00	-	160.00	120.00	-	140.00	200.00	-	240.00	140.00	-	160.00
Puttalam	-	440.00	-	520.00	400.00	-	520.00	200.00	-	240.00	150.00	-	240.00	200.00	-	220.00	160.00	-	200.00	260.00	-	320.00	180.00	-	280.00
Hambantota	-	400.00	-	480.00	400.00	-	480.00	200.00	-	250.00	160.00	-	200.00	160.00	-	200.00	110.00	-	130.00	220.00	-	260.00	120.00	-	160.00
Rathnapura	-	440.00	-	480.00	460.00	-	480.00	200.00	-	240.00	200.00	-	220.00	140.00	-	180.00	140.00	-	160.00	220.00	-	250.00	220.00	-	260.00
Matara	-	400.00	-	440.00	400.00	-	450.00	200.00	-	240.00	160.00	-	220.00	140.00	-	180.00	100.00	-	120.00	200.00	-	260.00	120.00	-	160.00
Galle	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Tissamaharama	-	410.00	-	440.00	400.00	-	420.00	150.00	-	180.00	160.00	-	180.00	130.00	-	150.00	100.00	-	120.00	260.00	-	300.00	150.00	-	180.00
Meegoda (DEC)	-	430.00	-	480.00	380.00	-	420.00	160.00	-	200.00	160.00	-	200.00	160.00	-	200.00	160.00	-	200.00	220.00	-	320.00	160.00	-	220.00
Embilipitiya	-	400.00	-	480.00	400.00	-	480.00	240.00	-	280.00	160.00	-	200.00	150.00	-	200.00	120.00	-	140.00	280.00	-	320.00	140.00	-	200.00
Jaffna	-	400.00	-	440.00	360.00	-	400.00	120.00	-	150.00	120.00	-	150.00	-	-	80.00	-	100.00	150.00	-	200.00	180.00	-	220.00	
Vavuniya	-	550.00	-	600.00	450.00	-	480.00	250.00	-	300.00	240.00	-	260.00	-	-	150.00	-	180.00	280.00	-	300.00	200.00	-	240.00	
Mannar	-	480.00	-	550.00	480.00	-	550.00	240.00	-	260.00	240.00	-	280.00	160.00	-	200.00	150.00	-	180.00	320.00	-	350.00	280.00	-	320.00
Killinochchi	-	580.00	-	620.00	440.00	-	460.00	240.00	-	260.00	200.00	-	240.00	-	-	140.00	-	160.00	270.00	-	300.00	200.00	-	240.00	
Mullaittivu	-	400.00	-	450.00	400.00	-	440.00	200.00	-	240.00	150.00	-	180.00	-	-	150.00	-	160.00	240.00	-	260.00	200.00	-	220.00	
Batticaloa	-	540.00	-	560.00	450.00	-	480.00	240.00	-	280.00	200.00	-	240.00	200.00	-	220.00	150.00	-	160.00	240.00	-	280.00	200.00	-	220.00
Trincomalee	-	500.00	-	550.00	480.00	-	520.00	240.00	-	260.00	200.00	-	220.00	200.00	-	220.00	150.00	-	180.00	250.00	-	280.00	210.00	-	250.00
Hanguranketha	-	380.00	-	430.00	360.00	-	400.00	130.00	-	140.00	120.00	-	160.00	80.00	-	100.00	60.00	-	80.00	160.00	-	180.00	110.00	-	140.00
Veyangoda	-	480.00	-	480.00	460.00	-	480.00	240.00	-	260.00	180.00	-	220.00	160.00	-	180.00	140.00	-	160.00	240.00	-	280.00	200.00	-	240.00
Galenbindunuwewa	-	520.00	-	600.00	480.00	-	520.00	200.00	-	260.00	160.00	-	180.00	140.00	-	180.00	100.00	-	120.00	240.00	-	260.00	200.00	-	240.00
Bandarawela	-	440.00	-	460.00	380.00	-	400.00	180.00	-	200.00	160.00	-	180.00	140.00	-	160.00	120.00	-	140.00	200.00	-	220.00	140.00	-	160.00
Matale	-	520.00	-	540.00	450.00	-	480.00	240.00	-	260.00	160.00	-	180.00	120.00	-	160.00	120.00	-	140.00	280.00	-	320.00	160.00	-	200.00

Table 07 (Contd.)

LOCATIONS	Low Country Varieties											
	Ladies Fingers	Brinjal	Capsicum	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa	Long Beans		
Colombo	120.00 - 320.00	240.00 - 480.00	230.00 - 600.00	100.00 - 240.00	100.00 - 280.00	220.00 - 480.00	200.00 - 340.00	260.00 - 500.00	180.00 - 360.00	160.00 - 320.00		
Gampaha	200.00 - 240.00	360.00 - 400.00	320.00 - 400.00	200.00 - 240.00	120.00 - 180.00	360.00 - 400.00	240.00 - 280.00	320.00 - 360.00	280.00 - 320.00	200.00 - 280.00		
Kurunegala	200.00 - 240.00	280.00 - 320.00	360.00 - 400.00	160.00 - 200.00	140.00 - 160.00	280.00 - 340.00	260.00 - 280.00	320.00 - 360.00	280.00 - 320.00	280.00 - 320.00		
Nikaweratiya	160.00 - 240.00	280.00 - 320.00	300.00 - 400.00	140.00 - 200.00	120.00 - 200.00	280.00 - 320.00	240.00 - 280.00	240.00 - 280.00	240.00 - 280.00	300.00 - 320.00		
Dambulla	140.00 - 160.00	340.00 - 360.00	360.00 - 400.00	160.00 - 200.00	100.00 - 150.00	300.00 - 340.00	200.00 - 220.00	300.00 - 340.00	200.00 - 240.00	280.00 - 300.00		
Anuradhapura	120.00 - 200.00	240.00 - 320.00	300.00 - 360.00	140.00 - 160.00	120.00 - 140.00	280.00 - 400.00	200.00 - 320.00	240.00 - 360.00	200.00 - 280.00	240.00 - 280.00		
Thambuththegama	120.00 - 160.00	280.00 - 340.00	240.00 - 280.00	100.00 - 160.00	100.00 - 160.00	240.00 - 320.00	140.00 - 180.00	260.00 - 300.00	180.00 - 220.00	180.00 - 240.00		
Polonnaruwa	140.00 - 160.00	350.00 - 360.00	280.00 - 320.00	110.00 - 130.00	100.00 - 120.00	260.00 - 280.00	160.00 - 180.00	-	240.00 - 260.00	260.00 - 280.00		
Kaluthara	160.00 - 180.00	280.00 - 300.00	260.00 - 280.00	120.00 - 140.00	120.00 - 140.00	320.00 - 340.00	200.00 - 220.00	360.00 - 380.00	180.00 - 200.00	180.00 - 200.00		
Badulla	160.00 - 200.00	280.00 - 320.00	360.00 - 400.00	200.00 - 240.00	160.00 - 180.00	280.00 - 320.00	240.00 - 280.00	320.00 - 360.00	280.00 - 320.00	300.00 - 320.00		
Keppetipola	150.00 - 170.00	260.00 - 280.00	300.00 - 320.00	160.00 - 180.00	160.00 - 170.00	260.00 - 280.00	180.00 - 190.00	260.00 - 280.00	200.00 - 220.00	220.00 - 230.00		
Moneragala	100.00 - 160.00	200.00 - 240.00	320.00 - 400.00	160.00 - 200.00	100.00 - 120.00	320.00 - 400.00	240.00 - 320.00	280.00 - 320.00	240.00 - 320.00	260.00 - 320.00		
Kegalle	220.00 - 240.00	340.00 - 360.00	290.00 - 320.00	180.00 - 200.00	120.00 - 140.00	340.00 - 360.00	220.00 - 240.00	320.00 - 360.00	260.00 - 280.00	290.00 - 320.00		
Ampara	160.00 - 240.00	320.00 - 360.00	320.00 - 440.00	180.00 - 200.00	160.00 - 200.00	360.00 - 480.00	280.00 - 300.00	360.00 - 400.00	240.00 - 280.00	240.00 - 280.00		
Dehiattakandiya	160.00 - 200.00	240.00 - 400.00	300.00 - 420.00	100.00 - 120.00	100.00 - 120.00	320.00 - 320.00	180.00 - 220.00	320.00 - 400.00	240.00 - 320.00	200.00 - 300.00		
Nuwaraeliya	160.00 - 180.00	300.00 - 320.00	340.00 - 360.00	180.00 - 200.00	160.00 - 180.00	280.00 - 300.00	180.00 - 200.00	300.00 - 320.00	230.00 - 240.00	240.00 - 250.00		
Kandy	160.00 - 180.00	320.00 - 360.00	480.00 - 500.00	160.00 - 180.00	140.00 - 160.00	360.00 - 400.00	200.00 - 240.00	320.00 - 360.00	200.00 - 240.00	240.00 - 280.00		
Puttalam	150.00 - 220.00	240.00 - 300.00	300.00 - 480.00	180.00 - 240.00	140.00 - 160.00	320.00 - 400.00	200.00 - 220.00	300.00 - 400.00	200.00 - 260.00	200.00 - 300.00		
Rathnapura	180.00 - 200.00	320.00 - 340.00	380.00 - 420.00	180.00 - 200.00	140.00 - 160.00	320.00 - 340.00	260.00 - 280.00	340.00 - 380.00	240.00 - 260.00	300.00 - 340.00		
Hambantota	120.00 - 160.00	240.00 - 320.00	280.00 - 340.00	120.00 - 160.00	80.00 - 120.00	320.00 - 400.00	160.00 - 240.00	240.00 - 280.00	220.00 - 260.00	240.00 - 280.00		
Matara	160.00 - 200.00	240.00 - 320.00	280.00 - 350.00	120.00 - 160.00	120.00 - 150.00	300.00 - 400.00	200.00 - 240.00	280.00 - 320.00	220.00 - 240.00	320.00 - 360.00		
Galle	-	-	-	-	-	-	-	-	-	-		
Tissamaharama	100.00 - 120.00	220.00 - 250.00	300.00 - 350.00	100.00 - 120.00	70.00 - 90.00	300.00 - 380.00	220.00 - 240.00	220.00 - 250.00	200.00 - 230.00	190.00 - 220.00		
Meegoda (DEC)	160.00 - 200.00	270.00 - 400.00	320.00 - 400.00	120.00 - 160.00	120.00 - 160.00	320.00 - 400.00	160.00 - 240.00	-	200.00 - 240.00	200.00 - 320.00		
Embilipitiya	140.00 - 160.00	280.00 - 320.00	240.00 - 320.00	100.00 - 140.00	80.00 - 120.00	320.00 - 400.00	200.00 - 280.00	180.00 - 240.00	240.00 - 280.00	240.00 - 320.00		
Jaffna	100.00 - 150.00	200.00 - 240.00	260.00 - 320.00	100.00 - 120.00	90.00 - 110.00	200.00 - 260.00	100.00 - 120.00	250.00 - 320.00	-	400.00 - 440.00		
Vavuniya	300.00 - 320.00	220.00 - 250.00	420.00 - 460.00	150.00 - 180.00	160.00 - 180.00	450.00 - 480.00	250.00 - 280.00	400.00 - 460.00	-	260.00 - 300.00		
Mannar	240.00 - 280.00	300.00 - 350.00	320.00 - 360.00	120.00 - 160.00	150.00 - 180.00	400.00 - 450.00	200.00 - 250.00	320.00 - 400.00	-	300.00 - 350.00		
Killinochchi	140.00 - 160.00	200.00 - 240.00	400.00 - 440.00	140.00 - 160.00	-	440.00 - 460.00	200.00 - 240.00	400.00 - 440.00	-	250.00 - 270.00		
Mullaittivu	180.00 - 200.00	200.00 - 220.00	350.00 - 380.00	180.00 - 200.00	-	400.00 - 450.00	250.00 - 260.00	400.00 - 440.00	-	300.00 - 320.00		
Batticaloa	180.00 - 200.00	240.00 - 250.00	360.00 - 400.00	200.00 - 220.00	150.00 - 160.00	420.00 - 450.00	240.00 - 250.00	400.00 - 420.00	240.00 - 260.00	240.00 - 280.00		
Trincomalee	220.00 - 250.00	220.00 - 250.00	340.00 - 360.00	160.00 - 200.00	150.00 - 180.00	400.00 - 450.00	200.00 - 250.00	400.00 - 450.00	250.00 - 280.00	250.00 - 300.00		
Hanguranketha	120.00 140.00	240.00 280.00	250.00 300.00	120.00 140.00	90.00 120.00	240.00 280.00	140.00 160.00	280.00 350.00	180.00 200.00	220.00 250.00		
Veyangoda	180.00 - 220.00	360.00 - 400.00	350.00 - 400.00	160.00 - 180.00	140.00 - 160.00	320.00 - 360.00	240.00 - 280.00	320.00 - 360.00	280.00 - 320.00	240.00 - 260.00		
Galenbindunuwewa	140.00 - 160.00	240.00 - 300.00	320.00 - 340.00	140.00 - 160.00	100.00 - 160.00	280.00 - 360.00	160.00 - 240.00	200.00 - 240.00	200.00 - 240.00	240.00 - 280.00		
Bandarawela	140.00 - 160.00	260.00 - 280.00	360.00 - 380.00	180.00 - 200.00	140.00 - 160.00	280.00 - 300.00	200.00 - 220.00	320.00 - 340.00	220.00 - 240.00	280.00 - 300.00		
Matale	180.00 - 200.00	360.00 - 400.00	260.00 - 320.00	160.00 - 200.00	120.00 - 160.00	320.00 - 340.00	200.00 - 240.00	280.00 - 320.00	240.00 - 260.00	280.00 - 320.00		

Table 07 (Contd.)

LOCATIONS	Low Country Varieties					Leafy Vegetable			Coconut (Rs/Nut)	
	Ash Plantain	Green Chillies	Lime	Sweet Potato	Manioc	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	200.00 - 360.00	400.00 - 800.00	700.00 - 1200.00	100.00 - 240.00	160.00 - 240.00	50.00 - 80.00	50.00 - 80.00	100.00 - 100.00	100.00 - 120.00	80.00 - 95.00
Gampaha	280.00 - 320.00	600.00 - 800.00	1000.00 - 1200.00	200.00 - 200.00	200.00 - 200.00	60.00 - 70.00	60.00 - 70.00	30.00 - 30.00	100.00 - 120.00	70.00 - 75.00
Kurunegala	240.00 - 260.00	600.00 - 700.00	700.00 - 900.00	160.00 - 200.00	180.00 - 240.00	40.00 - 50.00	40.00 - 50.00	30.00 - 40.00	80.00 - 90.00	60.00 - 60.00
Nikaweratiya	200.00 - 260.00	600.00 - 700.00	800.00 - 800.00	200.00 - 240.00	140.00 - 150.00	40.00 - 50.00	40.00 - 50.00	60.00 - 60.00	75.00 - 80.00	65.00 - 70.00
Dambulla	240.00 - 280.00	700.00 - 800.00	900.00 - 1000.00	180.00 - 200.00	180.00 - 200.00	50.00 - 60.00	50.00 - 50.00	40.00 - 50.00	80.00 - 90.00	65.00 - 70.00
Anuradhapura	200.00 - 240.00	600.00 - 700.00	700.00 - 800.00	140.00 - 200.00	180.00 - 200.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	80.00 - 100.00	60.00 - 70.00
Thambuththegama	200.00 - 220.00	500.00 - 600.00	650.00 - 700.00	150.00 - 180.00	160.00 - 200.00	40.00 - 50.00	40.00 - 50.00	-	75.00 - 85.00	60.00 - 65.00
Polonnaruwa	120.00 - 140.00	600.00 - 650.00	650.00 - 700.00	140.00 - 160.00	170.00 - 180.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	-	50.00 - 60.00
Kaluthara	200.00 - 220.00	500.00 - 600.00	900.00 - 1000.00	200.00 - 220.00	220.00 - 240.00	70.00 - 80.00	70.00 - 80.00	90.00 - 100.00	100.00 - 110.00	85.00 - 90.00
Badulla	230.00 - 250.00	600.00 - 700.00	800.00 - 1000.00	180.00 - 200.00	220.00 - 240.00	70.00 - 70.00	70.00 - 70.00	70.00 - 80.00	90.00 - 95.00	80.00 - 85.00
Keppetipola	240.00 - 260.00	550.00 - 600.00	850.00 - 880.00	130.00 - 150.00	150.00 - 160.00	30.00 - 35.00	30.00 - 35.00	25.00 - 30.00	84.00 - 86.00	75.00 - 78.00
Moneragala	140.00 - 160.00	600.00 - 700.00	700.00 - 750.00	150.00 - 170.00	100.00 - 140.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	85.00 - 95.00	60.00 - 65.00
Kegalle	240.00 - 260.00	650.00 - 700.00	840.00 - 900.00	180.00 - 200.00	200.00 - 210.00	70.00 - 80.00	70.00 - 80.00	50.00 - 70.00	85.00 - 90.00	65.00 - 80.00
Ampara	180.00 - 220.00	700.00 - 800.00	1000.00 - 1000.00	180.00 - 200.00	-	50.00 - 60.00	50.00 - 50.00	50.00 - 50.00	90.00 - 90.00	85.00 - 85.00
Dehiattakandiya	200.00 - 240.00	600.00 - 800.00	-	180.00 - 200.00	150.00 - 160.00	60.00 - 60.00	60.00 - 60.00	60.00 - 60.00	85.00 - 100.00	65.00 - 80.00
Nuwaraeliya	250.00 - 260.00	600.00 - 650.00	850.00 - 900.00	140.00 - 150.00	160.00 - 180.00	35.00 - 40.00	35.00 - 40.00	25.00 - 30.00	84.00 - 86.00	75.00 - 80.00
Kandy	320.00 - 360.00	700.00 - 800.00	900.00 - 1000.00	160.00 - 180.00	180.00 - 200.00	50.00 - 60.00	50.00 - 60.00	40.00 - 45.00	85.00 - 95.00	65.00 - 75.00
Puttalam	150.00 - 180.00	600.00 - 700.00	700.00 - 800.00	180.00 - 220.00	180.00 - 220.00	70.00 - 70.00	70.00 - 70.00	40.00 - 40.00	80.00 - 90.00	65.00 - 75.00
Rathnapura	180.00 - 220.00	700.00 - 750.00	950.00 - 1000.00	160.00 - 180.00	150.00 - 170.00	80.00 - 90.00	80.00 - 85.00	90.00 - 100.00	100.00 - 110.00	80.00 - 90.00
Hambanthota	160.00 - 200.00	480.00 - 600.00	850.00 - 1000.00	120.00 - 160.00	120.00 - 200.00	50.00 - 55.00	50.00 - 60.00	70.00 - 80.00	90.00 - 110.00	65.00 - 70.00
Matara	160.00 - 220.00	480.00 - 600.00	1000.00 - 1200.00	120.00 - 140.00	200.00 - 240.00	55.00 - 60.00	55.00 - 60.00	85.00 - 95.00	90.00 - 110.00	65.00 - 75.00
Galle	-	-	-	-	-	-	-	-	-	-
Tissamaharama	180.00 - 190.00	550.00 - 650.00	700.00 - 750.00	140.00 - 160.00	170.00 - 200.00	45.00 - 50.00	45.00 - 50.00	55.00 - 60.00	85.00 - 90.00	65.00 - 70.00
Meegoda (DEC)	220.00 - 320.00	460.00 - 600.00	680.00 - 800.00	100.00 - 160.00	180.00 - 200.00	80.00 - 100.00	80.00 - 80.00	80.00 - 100.00	100.00 - 120.00	80.00 - 90.00
Embilipitiya	150.00 - 200.00	600.00 - 650.00	700.00 - 800.00	150.00 - 200.00	150.00 - 200.00	50.00 - 70.00	50.00 - 70.00	80.00 - 90.00	90.00 - 110.00	60.00 - 80.00
Jaffna	180.00 - 220.00	400.00 - 520.00	500.00 - 700.00	120.00 - 160.00	180.00 - 200.00	80.00 - 90.00	35.00 - 40.00	40.00 - 45.00	100.00 - 130.00	60.00 - 80.00
Vavuniya	160.00 - 180.00	550.00 - 600.00	700.00 - 750.00	200.00 - 240.00	240.00 - 250.00	60.00 - 70.00	50.00 - 70.00	60.00 - 65.00	80.00 - 90.00	60.00 - 70.00
Mannar	200.00 - 240.00	700.00 - 800.00	700.00 - 800.00	150.00 - 180.00	240.00 - 250.00	50.00 - 60.00	50.00 - 60.00	35.00 - 50.00	70.00 - 80.00	50.00 - 60.00
Killinochchi	140.00 - 160.00	540.00 - 560.00	650.00 - 700.00	200.00 - 230.00	230.00 - 250.00	55.00 - 60.00	45.00 - 50.00	50.00 - 55.00	70.00 - 80.00	50.00 - 60.00
Mullaittivu	160.00 - 180.00	500.00 - 550.00	800.00 - 900.00	180.00 - 200.00	240.00 - 260.00	50.00 - 60.00	50.00 - 60.00	40.00 - 50.00	70.00 - 80.00	55.00 - 60.00
Batticaloa	200.00 - 240.00	560.00 - 600.00	740.00 - 800.00	200.00 - 200.00	240.00 - 250.00	60.00 - 70.00	60.00 - 70.00	50.00 - 50.00	85.00 - 90.00	50.00 - 60.00
Trincomalee	240.00 280.00	580.00 620.00	750.00 800.00	180.00 220.00	240.00 260.00	65.00 65.00	65.00 70.00	50.00 65.00	90.00 100.00	70.00 80.00
Hanguranketha	200.00 - 240.00	550.00 - 600.00	750.00 - 890.00	120.00 - 150.00	140.00 - 160.00	40.00 - 45.00	40.00 - 45.00	35.00 - 45.00	80.00 - 90.00	50.00 - 70.00
Veyangoda	240.00 - 280.00	600.00 - 700.00	800.00 - 1000.00	200.00 - 240.00	180.00 - 200.00	60.00 - 70.00	60.00 - 70.00	30.00 - 30.00	100.00 - 100.00	60.00 - 90.00
Galenbindunuwewa	-	600.00 - 700.00	-	140.00 - 160.00	140.00 - 160.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	80.00 - 90.00	60.00 - 70.00
Bandarawela	220.00 - 240.00	500.00 - 600.00	800.00 - 900.00	180.00 - 200.00	200.00 - 220.00	50.00 - 60.00	50.00 - 60.00	60.00 - 70.00	95.00 - 100.00	75.00 - 80.00
Matale	240.00 - 260.00	600.00 - 640.00	800.00 - 1000.00	120.00 - 160.00	160.00 - 180.00	50.00 - 60.00	50.00 - 60.00	40.00 - 50.00	85.00 - 90.00	60.00 - 70.00

**Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/Kg)**

Week 34: 18 - 24 August 2023

LOCATIONS	Banana					Pineapple			Mango	
	Ambul (Rs/Kg)	Kolikuttu (Rs/Kg)	Seeni (Rs/Kg)	Anamalu	Ambun	Large	Medium	Small	Betti	Karthakolomban
Colombo	200.00 - 300.00	520.00 - 650.00	150.00 - 280.00	30.00 - 42.00	40.00 - 58.00	1100.00 - 1450.00	900.00 - 1080.00	650.00 - 900.00	-	300.00 - 400.00
Gampaha	225.00 - 250.00	500.00 - 550.00	180.00 - 200.00	25.00 - 32.00	31.00 - 40.00	900.00 - 1000.00	750.00 - 800.00	350.00 - 500.00	-	250.00 - 250.00
Kurunegala	200.00 - 250.00	500.00 - 600.00	150.00 - 180.00	24.00 - 26.00	35.00 - 38.00	-	800.00 - 850.00	650.00 - 700.00	-	-
Nikaweratiya	200.00 - 220.00	450.00 - 480.00	180.00 - 220.00	-	40.00 - 47.00	900.00 - 1000.00	800.00 - 880.00	700.00 - 750.00	-	-
Dambulla	200.00 - 240.00	450.00 - 480.00	180.00 - 200.00	-	46.00 - 50.00	900.00 - 1100.00	750.00 - 800.00	300.00 - 380.00	80.00 - 100.00	260.00 - 280.00
Anuradhapura	200.00 - 260.00	500.00 - 550.00	180.00 - 200.00	25.00 - 30.00	32.00 - 43.00	1000.00 - 1170.00	750.00 - 900.00	600.00 - 720.00	-	-
Thambuththegama	240.00 - 280.00	480.00 - 560.00	220.00 - 250.00	30.00 - 35.00	42.00 - 48.00	1050.00 - 1260.00	900.00 - 960.00	720.00 - 840.00	-	-
Polonnaruwa	200.00 - 220.00	400.00 - 450.00	150.00 - 160.00	26.00 - 28.00	30.00 - 31.00	-	800.00 - 900.00	650.00 - 700.00	-	-
Kaluthara	220.00 - 240.00	560.00 - 580.00	200.00 - 220.00	32.00 - 34.00	38.00 - 42.00	-	800.00 - 840.00	700.00 - 740.00	-	340.00 - 360.00
Badulla	160.00 - 200.00	440.00 - 480.00	150.00 - 180.00	21.00 - 23.00	28.00 - 30.00	-	800.00 - 900.00	480.00 - 550.00	-	-
Keppetipola	180.00 - 200.00	480.00 - 490.00	140.00 - 150.00	18.00 - 22.00	38.00 - 42.00	-	900.00 - 950.00	780.00 - 800.00	-	320.00 - 340.00
Moneragala	130.00 - 150.00	350.00 - 380.00	80.00 - 100.00	20.00 - 22.00	25.00 - 27.00	-	870.00 - 975.00	-	-	-
Kegalle	170.00 - 190.00	460.00 - 500.00	160.00 - 180.00	15.00 - 25.00	20.00 - 25.00	-	700.00 - 800.00	500.00 - 650.00	-	-
Ampara	140.00 - 190.00	380.00 - 460.00	120.00 - 120.00	20.00 - 22.00	28.00 - 28.00	-	-	750.00 - 750.00	-	-
Dehiattakandiya	220.00 - 250.00	380.00 - 450.00	150.00 - 180.00	-	50.00 - 57.00	-	-	700.00 - 780.00	-	-
Nuwaraeliya	180.00 - 200.00	480.00 - 500.00	150.00 - 170.00	22.00 - 25.00	40.00 - 45.00	-	900.00 - 960.00	760.00 - 800.00	-	340.00 - 360.00
Kandy	200.00 - 230.00	450.00 - 500.00	180.00 - 200.00	25.00 - 28.00	40.00 - 45.00	1000.00 - 1100.00	750.00 - 780.00	480.00 - 500.00	-	180.00 - 220.00
Puttalam	150.00 - 180.00	350.00 - 450.00	150.00 - 170.00	17.00 - 20.00	-	-	700.00 - 800.00	450.00 - 550.00	-	-
Rathnapura	240.00 - 260.00	400.00 - 450.00	240.00 - 260.00	-	-	-	800.00 - 850.00	400.00 - 500.00	-	-
Hambantota	220.00 - 230.00	480.00 - 530.00	180.00 - 200.00	27.00 - 28.00	35.00 - 38.00	950.00 - 1000.00	800.00 - 850.00	450.00 - 550.00	-	-
Matara	200.00 - 240.00	550.00 - 580.00	180.00 - 200.00	25.00 - 27.00	35.00 - 37.00	1000.00 - 1060.00	900.00 - 950.00	550.00 - 660.00	-	-
Galle	-	-	-	-	-	-	-	-	-	-
Tissamaharama	200.00 - 230.00	420.00 - 480.00	160.00 - 180.00	30.00 - 32.00	30.00 - 30.00	-	800.00 - 900.00	650.00 - 670.00	-	-
Meegoda (DEC)	210.00 - 220.00	480.00 - 500.00	200.00 - 200.00	40.00 - 45.00	40.00 - 45.00	1275.00 - 1275.00	975.00 - 975.00	750.00 - 750.00	-	-
Embilipitiya	150.00 - 170.00	400.00 - 450.00	140.00 - 170.00	20.00 - 30.00	25.00 - 35.00	-	650.00 - 700.00	500.00 - 600.00	90.00 - 100.00	-
Jaffna	180.00 - 220.00	500.00 - 600.00	150.00 - 180.00	-	-	1000.00 - 1150.00	880.00 - 980.00	720.00 - 850.00	-	180.00 - 220.00
Vavuniya	250.00 - 280.00	540.00 - 560.00	200.00 - 240.00	35.00 - 40.00	-	1000.00 - 1200.00	850.00 - 950.00	700.00 - 780.00	-	340.00 - 360.00
Mannar	220.00 - 250.00	400.00 - 450.00	150.00 - 180.00	24.00 - 30.00	-	950.00 - 980.00	850.00 - 900.00	750.00 - 800.00	-	180.00 - 200.00
Killinochchi	240.00 - 260.00	400.00 - 450.00	200.00 - 220.00	30.00 - 32.00	-	1050.00 - 1100.00	840.00 - 880.00	700.00 - 740.00	-	300.00 - 320.00
Mullaittivu	180.00 - 200.00	320.00 - 350.00	180.00 - 200.00	28.00 - 30.00	-	910.00 - 1000.00	770.00 - 880.00	630.00 - 700.00	-	-
Batticaloa	240.00 - 250.00	480.00 - 520.00	180.00 - 200.00	28.00 - 30.00	-	900.00 - 950.00	800.00 - 800.00	700.00 - 700.00	-	300.00 - 300.00
Trincomalee	240.00 - 280.00	450.00 - 500.00	170.00 - 200.00	-	-	-	780.00 - 820.00	650.00 - 720.00	-	-
Veyangoda	250.00 - 280.00	500.00 - 550.00	200.00 - 250.00	25.00 - 28.00	35.00 - 44.00	1000.00 - 1300.00	700.00 - 750.00	450.00 - 500.00	-	180.00 - 200.00
Galenbindunuwewa	140.00 - 200.00	320.00 - 350.00	130.00 - 160.00	25.00 - 30.00	35.00 - 40.00	900.00 - 1000.00	800.00 - 850.00	650.00 - 700.00	-	-
Bandarawela	180.00 - 200.00	450.00 - 480.00	160.00 - 180.00	22.00 - 24.00	28.00 - 30.00	-	800.00 - 850.00	500.00 - 550.00	-	-
Matale	180.00 - 200.00	480.00 - 500.00	160.00 - 200.00	-	50.00 - 60.00	900.00 - 1000.00	700.00 - 750.00	450.00 - 550.00	-	-

**Table 08 (Contd.)**

LOCATIONS	Mango			Other Fruits							
	Vilad	Kohu		Papaw (Rs/Kg)	Passion	Wood Apple	Orange	Avocado	Slime Apple	Grapes (Rs/Kg)	King Coconut
Colombo	80.00 - 140.00	-	-	200.00 - 360.00	35.00 - 85.00	50.00 - 100.00	50.00 - 130.00	60.00 - 150.00	50.00 - 140.00	1500.00 - 3000.00	120.00 - 160.00
Gampaha	120.00 - 120.00	-	-	260.00 - 300.00	60.00 - 60.00	70.00 - 80.00	120.00 - 140.00	120.00 - 120.00	70.00 - 80.00	2300.00 - 2800.00	140.00 - 150.00
Kurunegala	100.00 - 120.00	-	-	280.00 - 300.00	60.00 - 70.00	70.00 - 80.00	100.00 - 120.00	100.00 - 120.00	80.00 - 100.00	2000.00 - 2500.00	140.00 - 150.00
Nikaweratiya	-	-	-	220.00 - 230.00	-	40.00 - 50.00	100.00 - 120.00	100.00 - 120.00	-	2200.00 - 2300.00	100.00 - 120.00
Dambulla	80.00 - 100.00	40.00 - 45.00	-	280.00 - 300.00	40.00 - 50.00	50.00 - 60.00	100.00 - 120.00	60.00 - 80.00	80.00 - 100.00	2300.00 - 2400.00	140.00 - 150.00
Anuradhapura	-	-	-	200.00 - 240.00	-	50.00 - 60.00	80.00 - 120.00	60.00 - 100.00	50.00 - 70.00	2000.00 - 2500.00	120.00 - 160.00
Thambuththegama	-	-	-	260.00 - 300.00	-	40.00 - 45.00	-	50.00 - 80.00	60.00 - 100.00	1800.00 - 2400.00	100.00 - 120.00
Polonnaruwa	100.00 - 120.00	-	-	180.00 - 200.00	50.00 - 60.00	-	-	70.00 - 90.00	60.00 - 70.00	2500.00 - 2550.00	120.00 - 130.00
Kaluthara	-	-	-	240.00 - 260.00	40.00 - 42.00	80.00 - 100.00	100.00 - 120.00	150.00 - 170.00	100.00 - 120.00	2500.00 - 2800.00	130.00 - 150.00
Badulla	-	-	-	200.00 - 220.00	40.00 - 50.00	55.00 - 70.00	70.00 - 90.00	30.00 - 40.00	45.00 - 60.00	2300.00 - 2500.00	130.00 - 140.00
Keppetipola	75.00 - 90.00	25.00 - 30.00	-	220.00 - 240.00	42.00 - 46.00	45.00 - 50.00	75.00 - 85.00	44.00 - 48.00	44.00 - 46.00	2400.00 - 2500.00	150.00 - 160.00
Moneragala	-	-	-	200.00 - 220.00	35.00 - 40.00	30.00 - 35.00	80.00 - 100.00	50.00 - 80.00	40.00 - 50.00	2500.00 - 2700.00	100.00 - 120.00
Kegalle	-	20.00 - 25.00	-	220.00 - 250.00	-	50.00 - 60.00	60.00 - 80.00	50.00 - 70.00	40.00 - 60.00	2500.00 - 2600.00	120.00 - 130.00
Ampara	80.00 - 91.00	-	-	200.00 - 220.00	50.00 - 50.00	40.00 - 50.00	50.00 - 60.00	50.00 - 50.00	50.00 - 50.00	1800.00 - 2000.00	100.00 - 150.00
Dehiattakandiya	90.00 - 100.00	-	-	170.00 - 200.00	-	50.00 - 50.00	40.00 - 80.00	70.00 - 120.00	50.00 - 50.00	2200.00 - 2500.00	100.00 - 130.00
Nuwareliya	90.00 - 100.00	28.00 - 30.00	-	240.00 - 250.00	40.00 - 45.00	40.00 - 45.00	75.00 - 80.00	45.00 - 55.00	60.00 - 70.00	2400.00 - 2600.00	150.00 - 160.00
Kandy	90.00 - 100.00	-	-	300.00 - 320.00	40.00 - 45.00	50.00 - 60.00	80.00 - 100.00	60.00 - 100.00	50.00 - 60.00	2000.00 - 2600.00	140.00 - 150.00
Puttalam	-	-	-	180.00 - 220.00	50.00 - 60.00	-	70.00 - 80.00	120.00 - 140.00	-	-	120.00 - 140.00
Hambantota	-	-	-	220.00 - 230.00	-	30.00 - 40.00	-	40.00 - 60.00	30.00 - 40.00	2300.00 - 2500.00	90.00 - 110.00
Rathnapura	-	-	-	190.00 - 220.00	-	70.00 - 100.00	80.00 - 100.00	50.00 - 60.00	60.00 - 90.00	2250.00 - 2500.00	100.00 - 150.00
Matara	-	-	-	220.00 - 230.00	54.00 - 58.00	70.00 - 80.00	100.00 - 130.00	40.00 - 50.00	30.00 - 40.00	2000.00 - 2100.00	100.00 - 120.00
Galle	-	-	-	-	-	-	-	-	-	-	-
Tissamaharama	-	35.00 - 40.00	-	200.00 - 220.00	50.00 - 55.00	25.00 - 30.00	50.00 - 60.00	45.00 - 50.00	45.00 - 50.00	2500.00 - 2500.00	90.00 - 100.00
Meegoda (DEC)	90.00 - 100.00	-	-	250.00 - 300.00	40.00 - 40.00	90.00 - 100.00	-	65.00 - 70.00	50.00 - 50.00	2000.00 - 2000.00	120.00 - 150.00
Embilipitiya	90.00 - 100.00	60.00 - 70.00	-	220.00 - 250.00	40.00 - 60.00	50.00 - 80.00	100.00 - 120.00	60.00 - 100.00	-	1600.00 - 2200.00	110.00 - 130.00
Jaffna	60.00 - 80.00	-	-	120.00 - 180.00	-	100.00 - 120.00	50.00 - 80.00	-	-	2250.00 - 2500.00	150.00 - 160.00
Vavuniya	-	-	-	280.00 - 300.00	-	40.00 - 50.00	55.00 - 65.00	-	-	2400.00 - 2500.00	120.00 - 150.00
Mannar	80.00 - 120.00	-	-	250.00 - 300.00	50.00 - 60.00	-	120.00 - 140.00	90.00 - 120.00	100.00 - 130.00	2600.00 - 3000.00	120.00 - 150.00
Killinochchi	70.00 - 80.00	-	-	200.00 - 230.00	50.00 - 60.00	50.00 - 60.00	60.00 - 70.00	70.00 - 80.00	-	2400.00 - 2500.00	150.00 - 160.00
Mullaittivu	-	-	-	200.00 - 220.00	-	-	-	-	-	-	140.00 - 150.00
Batticaloa	-	-	-	220.00 - 240.00	50.00 - 55.00	40.00 - 40.00	60.00 - 70.00	110.00 - 120.00	-	2000.00 - 2200.00	130.00 - 140.00
Trincomalee	64.00 - 72.00	50.00 - 55.00	-	180.00 - 220.00	70.00 - 75.00	48.00 - 53.00	83.00 - 88.00	120.00 - 126.00	-	2650.00 - 2750.00	130.00 - 140.00
Veyangoda	-	-	-	220.00 - 250.00	50.00 - 60.00	60.00 - 100.00	80.00 - 120.00	75.00 - 100.00	60.00 - 80.00	2000.00 - 2800.00	120.00 - 150.00
Galenbindunuwewa	-	-	-	200.00 - 240.00	-	-	-	50.00 - 80.00	-	2500.00 - 3000.00	120.00 - 140.00
Bandarawela	-	-	-	220.00 - 240.00	40.00 - 50.00	60.00 - 70.00	80.00 - 100.00	30.00 - 40.00	40.00 - 50.00	2400.00 - 2500.00	120.00 - 140.00
Matale	80.00 - 90.00	-	-	250.00 - 260.00	40.00 - 50.00	65.00 - 75.00	90.00 - 100.00	40.00 - 50.00	50.00 - 60.00	2300.00 - 2500.00	130.00 - 140.00

**Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/Kg & Rs/Egg)**

Week 34: 18 - 24 August 2023

Locations	Sea Fish					
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw
Colombo	350.00 – 600.00	650.00 – 750.00	750.00 – 850.00	1260.00 – 1740.00	1950.00 – 3000.00	1200.00 – 1500.00
Kandy	480.00 – 500.00	650.00 – 680.00	850.00 – 1000.00	1400.00 – 1600.00	2200.00 – 2400.00	1300.00 – 1450.00
Kaluthara	600.00 – 620.00	580.00 – 620.00	-	1300.00 – 1500.00	-	1300.00 – 1400.00
Puttalam	400.00 – 500.00	640.00 – 700.00	700.00 – 900.00	1300.00 – 1400.00	-	1000.00 – 1200.00
Matara	300.00 – 350.00	400.00 – 450.00	1050.00 – 1100.00	1750.00 – 1850.00	-	-
Hambantota	280.00 – 320.00	450.00 – 460.00	850.00 – 900.00	1400.00 – 1600.00	1650.00 – 1700.00	-
Galle	-	-	-	-	-	-
Batticaloa	300.00 – 400.00	450.00 – 500.00	500.00 – 600.00	1600.00 – 1700.00	1800.00 – 1900.00	1600.00 – 1700.00
Trincomalee	-	-	-	-	-	-
Mannar	380.00 – 400.00	-	-	-	-	1200.00 – 1300.00

Locations	Sea Fish				Eggs	
	Mora	Shrimps	Thalapath	Teppeli	Brown	White
Colombo	1100.00 – 1250.00	1600.00 – 1950.00	1650.00 – 2500.00	-	44.00 – 44.00	42.00 – 44.00
Kandy	1100.00 – 1200.00	1650.00 – 1750.00	2000.00 – 2100.00	-	45.00 – 46.00	43.00 – 44.00
Kaluthara	-	1600.00 – 1700.00	1780.00 – 1800.00	-	-	-
Puttalam	-	1100.00 – 1280.00	-	-	46.00 – 49.00	43.00 – 44.00
Matara	-	-	2000.00 – 2100.00	-	-	-
Hambantota	-	1800.00 – 1900.00	-	-	-	-
Galle	-	-	-	-	-	-
Batticaloa	950.00 – 1000.00	1400.00 – 1500.00	1600.00 – 1700.00	-	48.00 – 48.00	48.00 – 48.00
Trincomalee	-	-	-	-	-	-
Mannar	1700.00 – 1800.00	1400.00 – 1500.00	-	-	-	44.00 – 45.00

**Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50Kg)**

Week 34: 18 - 24 August 2023

Locations	Local Dried Fish					
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa
Colombo	104000 – 115000	-	-	84000 – 90000	62000 – 71000	-
Kandy	107500 – 110000	-	-	98000 – 100000	80000 – 85000	-
Batticaloa	50000 – 52500	102500 – 110000	-	110000 – 115000	67500 – 70000	-
Trincomalee	-	-	-	-	-	-
Mannar	49000 – 50000	90000 – 92500	-	87500 – 90000	77500 – 80000	47500 – 50000

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	70000 – 77500	-	30000 – 36000	42500 – 52500	75000 – 81000	-
Kandy	76000 – 78000	-	43000 – 45000	46000 – 54000	82500 – 85000	-
Batticaloa	67500 – 70000	-	47500 – 50000	-	-	-
Trincomalee	-	-	-	-	-	-
Mannar	60000 – 65000	-	47500 – 50000	49000 – 50000	-	-

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	-	-	70000 – 76000	-	-	-
Kandy	-	-	-	-	-	-
Batticaloa	-	-	-	-	-	-
Trincomalee	-	-	-	-	-	-
Mannar	-	-	-	-	-	-

**Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/Kg & Rs/Eggs)**

Week 34: 18 - 24 August 2023

LOCATIONS	Sea Fish										Eggs	
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw	Mora	Thalapath	Brown	White		
Colombo	600.00 - 900.00	700.00 - 1100.00	1000.00 - 1600.00	1850.00 - 2800.00	2400.00 - 5200.00	1500.00 - 3000.00	1350.00 - 2000.00	2300.00 - 3300.00	45.00 - 50.00	43.00 - 50.00		
Gampaha	800.00 - 800.00	900.00 - 900.00	-	2400.00 - 2400.00	-	-	-	2800.00 - 2800.00	45.00 - 48.00	48.00 - 48.00		
Kurunegala	580.00 - 600.00	900.00 - 1000.00	1200.00 - 1300.00	2000.00 - 2000.00	-	1500.00 - 1500.00	1600.00 - 1600.00	2300.00 - 2300.00	46.00 - 46.00	45.00 - 45.00		
Nikaweratiya	900.00 - 900.00	900.00 - 900.00	1000.00 - 1200.00	2400.00 - 2400.00	-	1800.00 - 1800.00	-	2600.00 - 2600.00	50.00 - 50.00	40.00 - 48.00		
Dambulla	600.00 - 660.00	700.00 - 800.00	800.00 - 1000.00	2000.00 - 2200.00	2600.00 - 2600.00	1800.00 - 2000.00	1800.00 - 2000.00	2000.00 - 2200.00	48.00 - 50.00	46.00 - 47.00		
Anuradhapura	500.00 - 600.00	800.00 - 850.00	1100.00 - 1200.00	2200.00 - 2400.00	-	1500.00 - 1600.00	1700.00 - 1800.00	2400.00 - 2600.00	-	40.00 - 46.00		
Thambuththegama	400.00 - 500.00	800.00 - 800.00	800.00 - 900.00	2400.00 - 2600.00	3000.00 - 3200.00	1500.00 - 1500.00	2000.00 - 2000.00	2800.00 - 3000.00	-	35.00 - 50.00		
Polonnaruwa	600.00 - 700.00	900.00 - 1000.00	1200.00 - 1300.00	1800.00 - 1800.00	2800.00 - 2800.00	1550.00 - 1600.00	1800.00 - 1800.00	2000.00 - 2200.00	-	48.00 - 52.00		
Kaluthara	700.00 - 720.00	780.00 - 800.00	-	2100.00 - 2300.00	-	1520.00 - 1560.00	-	2180.00 - 2300.00	-	44.00 - 45.00		
Badulla	600.00 - 700.00	780.00 - 900.00	1100.00 - 1200.00	1800.00 - 2000.00	-	1400.00 - 1500.00	1500.00 - 1600.00	2200.00 - 2400.00	48.00 - 52.00	45.00 - 48.00		
Keppetipola	560.00 - 580.00	950.00 - 1000.00	1250.00 - 1300.00	1700.00 - 1750.00	-	1450.00 - 1500.00	1400.00 - 1460.00	2300.00 - 2350.00	54.00 - 56.00	53.00 - 55.00		
Moneragala	600.00 - 700.00	800.00 - 850.00	900.00 - 1000.00	2500.00 - 2600.00	-	-	1800.00 - 1800.00	2500.00 - 2600.00	44.00 - 45.00	43.00 - 45.00		
Kegalle	750.00 - 800.00	1000.00 - 1100.00	1550.00 - 1700.00	1800.00 - 1900.00	-	1800.00 - 1900.00	1800.00 - 1900.00	2350.00 - 2450.00	58.00 - 59.00	46.00 - 47.00		
Ampara	-	800.00 - 800.00	-	2400.00 - 2400.00	-	-	-	2600.00 - 2600.00	45.00 - 46.00	45.00 - 50.00		
Dehiattakandiya	500.00 - 500.00	800.00 - 800.00	1200.00 - 1500.00	1800.00 - 2000.00	-	-	1400.00 - 1400.00	2000.00 - 2000.00	44.00 - 45.00	43.00 - 45.00		
Nuwaraeliya	580.00 - 600.00	1000.00 - 1100.00	1250.00 - 1300.00	1700.00 - 1800.00	-	1600.00 - 1700.00	1400.00 - 1500.00	2400.00 - 2500.00	54.00 - 55.00	53.00 - 54.00		
Kandy	650.00 - 700.00	800.00 - 900.00	1200.00 - 1300.00	2000.00 - 2100.00	2800.00 - 3000.00	1560.00 - 1650.00	1600.00 - 1700.00	2450.00 - 2500.00	50.00 - 52.00	48.00 - 50.00		
Puttalam	500.00 - 600.00	650.00 - 850.00	900.00 - 1200.00	1400.00 - 1550.00	-	1200.00 - 1400.00	-	-	47.00 - 50.00	40.00 - 47.00		
Hambantota	450.00 - 500.00	600.00 - 650.00	1550.00 - 1600.00	2300.00 - 2400.00	2400.00 - 2500.00	-	-	-	-	44.00 - 46.00		
Rathnapura	680.00 - 720.00	760.00 - 820.00	1420.00 - 1500.00	2260.00 - 2400.00	3500.00 - 3600.00	1700.00 - 1800.00	1720.00 - 1800.00	2500.00 - 2600.00	44.00 - 45.00	42.00 - 43.00		
Matara	450.00 - 500.00	650.00 - 700.00	1700.00 - 1800.00	2300.00 - 2400.00	-	-	-	2500.00 - 2600.00	47.00 - 48.00	43.00 - 46.00		
Galle	-	-	-	-	-	-	-	-	-	-		
Tissamaharama	650.00 - 650.00	700.00 - 700.00	1000.00 - 1100.00	-	-	-	-	-	-	44.00 - 46.00		
Meegoda	760.00 - 760.00	800.00 - 800.00	1100.00 - 1100.00	2400.00 - 2400.00	-	3000.00 - 3000.00	-	3200.00 - 3200.00	46.00 - 47.00	43.00 - 45.00		
Embilipitiya	600.00 - 650.00	750.00 - 800.00	1400.00 - 1500.00	2200.00 - 2400.00	-	1500.00 - 1600.00	-	2350.00 - 2450.00	48.00 - 50.00	42.00 - 45.00		
Jaffna	380.00 - 450.00	-	850.00 - 1000.00	1800.00 - 2000.00	-	1600.00 - 1700.00	2000.00 - 2200.00	-	46.00 - 48.00	45.00 - 47.00		
Vavuniya	600.00 - 700.00	1250.00 - 1300.00	1200.00 - 1250.00	2300.00 - 2400.00	-	1800.00 - 1900.00	2300.00 - 2350.00	-	49.00 - 52.00	47.00 - 50.00		
Mannar	450.00 - 500.00	900.00 - 1100.00	700.00 - 800.00	-	-	1500.00 - 1600.00	2000.00 - 2100.00	-	48.00 - 49.00	46.00 - 47.00		
Killinochchi	600.00 - 650.00	-	1000.00 - 1100.00	-	-	1600.00 - 1700.00	2800.00 - 3000.00	-	-	48.00 - 49.00		
Mullaittivu	600.00 - 700.00	800.00 - 900.00	800.00 - 950.00	-	-	1600.00 - 1800.00	2000.00 - 2200.00	-	-	52.00 - 53.00		
Batticaloa	500.00 - 600.00	800.00 - 900.00	1300.00 - 1400.00	2400.00 - 2500.00	2700.00 - 2800.00	2400.00 - 2500.00	1900.00 - 2000.00	2400.00 - 2500.00	50.00 - 50.00	50.00 - 50.00		
Trincomalee	570.00 - 600.00	920.00 - 1000.00	1300.00 - 1350.00	2280.00 - 2350.00	2460.00 - 2550.00	1950.00 - 2100.00	2000.00 - 2200.00	-	48.00 - 50.00	46.00 - 50.00		
Veyangoda	800.00 - 800.00	700.00 - 700.00	1800.00 - 1800.00	2000.00 - 2000.00	4000.00 - 4000.00	2800.00 - 2800.00	1600.00 - 1600.00	2800.00 - 2800.00	43.00 - 50.00	45.00 - 48.00		
Galenbindunuwewa	500.00 - 500.00	1200.00 - 1200.00	1200.00 - 1200.00	2600.00 - 2600.00	3000.00 - 3000.00	2400.00 - 2400.00	2000.00 - 2000.00	2400.00 - 2400.00	-	40.00 - 47.00		
Bandarawela	500.00 - 550.00	800.00 - 900.00	1000.00 - 1200.00	1800.00 - 2000.00	-	1400.00 - 1500.00	1500.00 - 1600.00	2300.00 - 2400.00	-	45.00 - 47.00		
Matale	560.00 - 600.00	1000.00 - 1100.00	1500.00 - 1600.00	2000.00 - 2200.00	2700.00 - 2800.00	1800.00 - 2000.00	1600.00 - 1800.00	2100.00 - 2400.00	50.00 - 52.00	46.00 - 47.00		

**Table 12: Selected Markets: Retail Price of Dried Fish (Rs/Kg)**

Week 34: 18 - 24 August 2023

LOCATIONS	Dried Fish													
	Sprats-Imported		Kattawa		Thora		Mora		Balaya		Anguluwa		Salaya	
Colombo	1000.00	1400.00	2000.00	2800.00	-	-	2000.00	2800.00	1500.00	2400.00	1800.00	2800.00	1000.00	1300.00
Gampaha	1200.00	1400.00	2400.00	2400.00	3400.00	3400.00	2600.00	2600.00	1900.00	1900.00	2000.00	2000.00	1000.00	1000.00
Kurunegala	1000.00	1200.00	2000.00	2200.00	3000.00	3000.00	2000.00	2200.00	1600.00	1700.00	1800.00	2000.00	800.00	900.00
Nikaweratiya	1200.00	1200.00	2200.00	2200.00	-	-	2200.00	2400.00	1600.00	1600.00	1800.00	1800.00	800.00	800.00
Dambulla	1100.00	1200.00	2300.00	2500.00	-	-	2300.00	2500.00	1600.00	2000.00	2200.00	2400.00	-	-
Anuradhapura	1200.00	1400.00	2400.00	2600.00	-	-	2000.00	2400.00	1600.00	2000.00	2000.00	2400.00	800.00	1200.00
Thambuththegama	1100.00	1200.00	-	-	-	-	-	-	1800.00	2000.00	1750.00	1850.00	1000.00	1000.00
Polonnaruwa	1200.00	1400.00	2100.00	2200.00	-	-	2200.00	2300.00	1800.00	1800.00	1900.00	1950.00	1100.00	1200.00
Kaluthara	1200.00	1400.00	2600.00	2800.00	-	-	2400.00	2600.00	2200.00	2400.00	2400.00	2500.00	1100.00	1200.00
Badulla	1200.00	1400.00	2400.00	2500.00	-	-	2200.00	2300.00	1600.00	1800.00	-	-	1100.00	1200.00
Keppetipola	1200.00	1260.00	2550.00	2600.00	-	-	2400.00	2450.00	1650.00	1680.00	2400.00	2450.00	1200.00	1250.00
Moneragala	1200.00	1400.00	2000.00	2400.00	-	-	2000.00	2400.00	1800.00	2000.00	2000.00	2400.00	1000.00	1200.00
Kegalle	1000.00	1200.00	2000.00	2200.00	-	-	2000.00	2200.00	1450.00	2000.00	-	-	-	-
Ampara	1180.00	1200.00	2050.00	2300.00	-	-	2000.00	2300.00	1550.00	1750.00	1950.00	1950.00	900.00	1000.00
Dehiattakandiya	1000.00	1100.00	2400.00	2400.00	-	-	-	-	1800.00	2000.00	-	-	-	-
Nuwaraeliya	1250.00	1300.00	2650.00	2700.00	-	-	2450.00	2480.00	1750.00	1780.00	2450.00	2480.00	1250.00	1260.00
Kandy	1100.00	1400.00	2500.00	2700.00	-	-	2400.00	2600.00	1800.00	2000.00	2400.00	2500.00	1200.00	1300.00
Puttalam	1000.00	1200.00	2400.00	2800.00	-	-	2300.00	2450.00	1600.00	1850.00	1400.00	1520.00	800.00	950.00
Hambantota	1150.00	1200.00	2200.00	2400.00	-	-	-	-	1700.00	1900.00	2200.00	2300.00	-	-
Rathnapura	1120.00	1240.00	2300.00	2400.00	-	-	2000.00	2120.00	1600.00	1700.00	2100.00	2200.00	-	-
Matara	1200.00	1250.00	2300.00	2400.00	-	-	-	-	1800.00	2000.00	2200.00	2400.00	-	-
Galle	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Tissamaharama	1050.00	1200.00	-	-	-	-	-	-	1900.00	2200.00	-	-	-	-
Meegoda	1000.00	1100.00	2000.00	2050.00	-	-	2000.00	2100.00	1400.00	1550.00	1600.00	1650.00	900.00	900.00
Embilipitiya	1200.00	1350.00	2300.00	2400.00	-	-	2200.00	2400.00	1650.00	2000.00	2250.00	2450.00	1400.00	1500.00
Jaffna	1100.00	1200.00	2500.00	2800.00	-	-	-	-	-	-	-	-	-	-
Vavuniya	1350.00	1400.00	2800.00	2900.00	-	-	-	-	-	-	-	-	-	-
Mannar	1100.00	1200.00	1950.00	2200.00	-	-	1900.00	2100.00	1700.00	1800.00	1100.00	1300.00	1100.00	1200.00
Killinochchi	1200.00	1300.00	2400.00	2500.00	-	-	2800.00	2900.00	1800.00	1850.00	1300.00	1400.00	1200.00	1300.00
Mullaittivu	1400.00	1500.00	2300.00	2500.00	-	-	2500.00	3000.00	1600.00	1700.00	1200.00	1300.00	1000.00	1200.00
Batticaloa	1150.00	1200.00	2200.00	2400.00	-	-	2400.00	2500.00	1500.00	1600.00	-	-	1100.00	1200.00
Trincomalee	1150.00	1200.00	2000.00	2200.00	-	-	2440.00	2550.00	1480.00	1550.00	1380.00	1440.00	950.00	980.00
Veyangoda	1000.00	1400.00	2000.00	2200.00	-	-	2200.00	2400.00	1600.00	1800.00	2000.00	2200.00	1000.00	1120.00
Galenbindunuwewa	1100.00	1200.00	2400.00	2600.00	-	-	2200.00	2600.00	1400.00	2000.00	2200.00	2600.00	800.00	1000.00
Bandarawela	1200.00	1400.00	2200.00	2400.00	-	-	2000.00	2200.00	1500.00	1600.00	-	-	1000.00	1100.00
Matale	1000.00	1200.00	2600.00	2700.00	4000.00	4100.00	2300.00	2400.00	2000.00	2100.00	2000.00	2200.00	1000.00	1100.00



**Table 13: Selected Markets: Retail Price of Meat (Rs/Kg)**

Week 34: 18 - 24 August 2023

LOCATIONS	Meat	Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork
Colombo	2200.00 - 2500.00	1300.00 - 1500.00	1300.00 - 1500.00	3000.00 - 3200.00	1400.00 - 1800.00
Gampaha	2200.00 - 2200.00	1380.00 - 1400.00	1600.00 - 1600.00	3300.00 - 3300.00	1500.00 - 1500.00
Kurunegala	1900.00 - 2000.00	1450.00 - 1500.00	-	2700.00 - 2700.00	1400.00 - 1500.00
Nikaweratiya	2200.00 - 2400.00	1290.00 - 1350.00	-	-	-
Dambulla	-	1380.00 - 1400.00	-	-	1600.00 - 1700.00
Anuradhapura	2200.00 - 2400.00	1400.00 - 1450.00	-	3200.00 - 3400.00	1450.00 - 1600.00
Thambuththegama	2000.00 - 2200.00	1380.00 - 1400.00	-	-	1450.00 - 1600.00
Polonnaruwa	-	1500.00 - 1580.00	-	-	1800.00 - 1800.00
Kaluthara	2400.00 - 2500.00	1480.00 - 1500.00	1580.00 - 1600.00	-	1500.00 - 1600.00
Badulla	1800.00 - 2000.00	1500.00 - 1580.00	1800.00 - 1850.00	2800.00 - 3000.00	-
Keppetipola	2000.00 - 2100.00	1400.00 - 1450.00	1500.00 - 1550.00	2900.00 - 3000.00	-
Moneragala	2100.00 - 2100.00	1550.00 - 1600.00	-	2800.00 - 2800.00	1500.00 - 1600.00
Kegalle	2200.00 - 2200.00	1350.00 - 1500.00	-	3000.00 - 3000.00	1800.00 - 1850.00
Ampara	2000.00 - 2000.00	-	1375.00 - 1400.00	-	1600.00 - 1650.00
Dehiattakandiya	-	1390.00 - 1400.00	1390.00 - 1390.00	-	1380.00 - 1600.00
Nuwaraeliya	2000.00 - 2200.00	1450.00 - 1480.00	1550.00 - 1560.00	3000.00 - 3200.00	1900.00 - 2000.00
Kandy	-	-	-	-	-
Puttalam	2300.00 - 2350.00	1350.00 - 1500.00	-	3200.00 - 3200.00	-
Hambantota	-	1430.00 - 1450.00	-	-	-
Rathnapura	2200.00 - 2200.00	1320.00 - 1400.00	-	3000.00 - 3200.00	1500.00 - 1560.00
Matara	-	1410.00 - 1420.00	-	-	-
Galle	-	-	-	-	-
Tissamaharama	-	1400.00 - 1450.00	-	2800.00 - 2800.00	1800.00 - 1850.00
Meegoda	2400.00 - 2400.00	1350.00 - 1380.00	1500.00 - 1600.00	-	1650.00 - 1650.00
Embilipitiya	2150.00 - 2200.00	1320.00 - 1350.00	1350.00 - 1400.00	2900.00 - 3000.00	1500.00 - 1700.00
Jaffna	1700.00 - 2000.00	1600.00 - 1650.00	1700.00 - 1800.00	3200.00 - 3200.00	-
Vavuniya	2000.00 - 2200.00	1550.00 - 1650.00	-	2800.00 - 2900.00	-
Mannar	1800.00 - 1900.00	1600.00 - 1650.00	-	-	-
Killinochchi	1900.00 - 1950.00	1500.00 - 1550.00	1600.00 - 1650.00	3000.00 - 3200.00	-
Mullaittivu	1700.00 - 1800.00	1800.00 - 1850.00	-	-	-
Batticaloa	1600.00 - 1700.00	1450.00 - 1500.00	1500.00 - 1600.00	3000.00 - 3200.00	-
Trincomalee	1850.00 - 1950.00	1480.00 - 1550.00	1700.00 - 1750.00	-	-
Veyangoda	2200.00 - 2200.00	1350.00 - 1350.00	-	2950.00 - 3000.00	1500.00 - 1500.00
Galenbindunuwewa	1900.00 - 1900.00	1390.00 - 1390.00	-	-	1500.00 - 1600.00
Bandarawela	2000.00 - 2200.00	1500.00 - 1550.00	-	3000.00 - 3200.00	-
Matale	2100.00 - 2200.00	1400.00 - 1450.00	-	2800.00 - 2900.00	1600.00 - 1700.00

**Table 14: Colombo: Wholesale Prices (Rs/Kg or Rs/Pieces)**

**Week 34: 18 - 24 August 2023**

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
<b>Rice</b>							<b>Coconut</b>						
<b>Local</b>							<b>Fruits (Rs/Fruit)</b>						
Samba 1	205.00 - 215.00	210.50	207.50	227.50	1.45	-7.47	Large	85.00 - 95.00	90.00	93.75	79.40	-4.00	13.35
Samba 2	195.00 - 205.00	201.50	198.50	221.50	1.51	-9.03	Small	70.00 - 75.00	72.50	76.88	68.20	-5.69	6.30
Keeri Samba	260.00 - 260.00	260.00	260.00	246.50	0.00	5.48	<b>Plantain</b>						
Nadu 1	175.00 - 190.00	183.00	177.50	219.78	3.10	-16.73	Ambul (Rs/Kg)	180.00 - 240.00	207.50	164.62	140.77	26.05	47.40
Nadu 2	170.00 - 180.00	174.50	170.00	211.30	2.65	-17.42	Kolikuttu (Rs/Kg)	500.00 - 540.00	518.33	431.67	310.00	20.08	67.20
Raw (Red)	145.00 - 150.00	149.00	145.00	215.30	2.76	-30.79	Seeni (Rs/Kg)	120.00 - 150.00	138.33	137.50	101.54	0.61	36.24
Raw (White)	165.00 - 180.00	176.50	169.50	209.80	4.13	-15.87	Anamalu	26.00 - 30.00	29.08	28.17	16.00	3.23	81.73
<b>Imported</b>							<b>Mango</b>						
Samba	-	-	-	176.30	-	-	Betti	-	-	-	-	-	-
Nadu	-	-	-	175.80	-	-	Karthakolomban	300.00 - 350.00	325.71	291.67	169.23	11.67	92.47
Raw (Red)	-	-	-	-	-	-	Vilad	80.00 - 130.00	103.75	122.50	63.80	-15.31	62.62
Raw (White)	-	-	-	164.40	-	-	Kohu	-	-	-	-	-	-
<b>Dried Chillies</b>							<b>Other</b>						
Imported	1000.00 - 1050.00	1028.00	1029.00	1469.00	-0.10	-30.02	Wood Apple	30.00 - 40.00	33.00	41.33	20.33	-20.16	62.30
<b>Onion</b>							<b>Sea Fish</b>						
Sinnan	180.00 - 220.00	204.44	166.00	250.00	23.16	-18.22	Orange	40.00 - 50.00	46.18	47.50	65.00	-2.78	-28.95
Vedalan	280.00 - 310.00	292.00	264.00	377.50	10.61	-22.65	Avocado	50.00 - 120.00	79.09	85.38	69.29	-7.37	14.15
<b>Imported</b>							<b>Slime Apple</b>						
<b>Big Onion</b>	-	-	-	-	-	-	Grapes (Imp., Rs/Kg)	35.00 - 42.00	38.50	34.80	28.80	10.63	33.68
Imported	125.00 - 180.00	155.50	147.50	138.00	5.42	12.68	King Coconut	1000.00 - 1200.00	1150.00	1225.00	3075.00	-6.12	-62.60
<b>Local</b>							<b>Eggs</b>						
<b>Potato</b>	-	-	-	-	-	-	Brown	44.00 - 44.00	44.00	43.00	52.50	2.33	-16.19
Welimada	260.00 - 270.00	265.00	-	-	-	-	White	42.00 - 44.00	43.25	44.50	50.75	-2.81	-14.78
N'Elia	280.00 - 320.00	304.00	337.50	365.00	-9.93	-16.71	<b>Dried Fish</b>						
Imported	160.00 - 250.00	207.00	197.50	188.00	4.81	10.11	Sprats	2080.00 - 2300.00	2177.00	2203.00	2452.00	-1.18	-11.22
<b>Pulses</b>							<b>Sprats (Imported)</b>						
Green Gram	900.00 - 950.00	925.00	937.50	813.50	-1.33	13.71	Kattawa	-	-	-	-	-	-
Cowpea (White)	850.00 - 900.00	872.50	869.44	714.50	0.35	22.11	Kattawa (Imported)	1500.00 - 1620.00	1564.00	1576.00	2002.22	-0.76	-21.89
Cowpea (Red)	950.00 - 950.00	950.00	940.00	678.89	1.06	39.93	Thora	-	-	-	-	-	-
Red Dhal	265.00 - 285.00	275.50	271.00	423.00	1.66	-34.87	Thora (Imported)	-	-	-	-	-	-
<b>Vegetable</b>							<b>Mora</b>						
Beans (Butter)	-	-	-	-	-	-	Mora (Imported)	1680.00 - 1800.00	1746.00	1820.00	2448.57	-4.07	-28.69
Beans(Green)	300.00 - 350.00	324.00	300.00	308.00	8.00	5.19	Balaya	1240.00 - 1420.00	1312.00	1426.00	1653.75	-7.99	-20.67
Carrot	280.00 - 300.00	290.00	361.00	246.00	-19.67	17.89	Balaya (Imported)	-	-	-	-	-	-
Leeks	80.00 - 100.00	92.00	114.00	160.00	-19.30	-42.50	Anguluwa	-	-	-	-	-	-
Beetroot	50.00 - 150.00	107.50	158.00	135.00	-31.96	-20.37	Anguluwa (Imported)	1400.00 - 1520.00	1468.75	1500.00	1903.33	-2.08	-22.83
Knolkhol	50.00 - 80.00	64.00	69.00	137.00	-7.25	-53.28	Maduwa	1400.00 - 1550.00	1469.00	1613.00	-	-8.93	
Raddish	30.00 - 60.00	44.00	49.00	83.00	-10.20	-46.99	Maduwa (Imported)	-	-	-	-	-	-
Cabbage	120.00 - 150.00	133.00	130.00	385.00	2.31	-65.45	Koduwa	-	-	-	-	-	-
Tomato	60.00 - 100.00	79.00	162.00	259.00	-51.23	-69.50	Koduwa (Imported)	-	-	-	-	-	-
Ladies Fingers	60.00 - 80.00	70.00	88.00	85.00	-20.45	-17.65	Salaya	600.00 - 720.00	658.00	689.00	1044.00	-4.50	-36.97
Brinjal	150.00 - 200.00	174.00	217.00	436.00	-19.82	-60.09	Salaya (Imported)	-	-	-	-	-	-
Capsicum	150.00 - 200.00	182.00	252.00	681.00	-27.78	-73.27	<b>Root Crops</b>						
Pumpkin	60.00 - 100.00	79.00	106.00	133.00	-25.47	-40.60	Sweet Potato	80.00 - 100.00	92.00	103.00	153.00	-10.68	-39.87
Cucumber	70.00 - 100.00	81.00	54.00	86.00	50.00	-5.81	Manioc	130.00 - 160.00	144.00	129.00	88.00	11.63	63.64
Bitter Gourd	180.00 - 220.00	202.00	161.00	306.00	25.47	-33.99	<b>Leafy Vegetable</b>						
Snake Gourd	120.00 - 140.00	132.00	135.00	310.00	-2.22	-57.42	Mukunuwenna	40.00 - 50.00	45.00	45.00	39.20	0.00	14.80
Drumstick	150.00 - 300.00	205.71	186.36	249.00	10.38	-17.38	Kankun	40.00 - 50.00	45.00	45.00	39.20	0.00	14.80
Luffa	80.00 - 120.00	98.00	108.00	185.00	-9.26	-47.03	Gotukola (Rs/Kg)	280.00 - 300.00	290.00	290.00	165.00	0.00	75.76
Long Beans	100.00 - 150.00	124.00	126.00	205.00	-1.59	-39.51	<b>This Week:</b> Week 34: 18 - 24 August 2023						
Ash Plantain	150.00 - 180.00	159.00	161.00	133.00	-1.24	19.55	<b>Last Week:</b> Week 33: 11 - 17 August 2023						
Green Chillies	350.00 - 420.00	387.78	450.00	396.00	-13.83	-2.08							
Lime	600.00 - 700.00	635.00	542.00	143.00	17.16	344.06							

**Table 15: Colombo &Suburbs: Retail Prices (Rs/Kg or Rs/Piece)**

**Week 34: 18 - 24 August 2023**

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
<b>Rice</b>							<b>Coconut</b>						
<b>Local</b>							<b>Large</b>						
Samba 1	220.00 - 240.00	230.36	229.07	252.26	1.28	-8.68	100.00 - 120.00	108.16	110.26	96.08	-2.11	12.57	
Samba 2	210.00 - 220.00	216.67	214.17	240.00	2.50	-9.72	80.00 - 95.00	86.35	86.96	78.33	-0.61	10.24	
Keeri Samba	265.00 - 280.00	274.29	269.29	267.63	5.00	2.49	<b>Fruits (Rs/Fruit)</b>						
Nadu 1	210.00 - 230.00	219.41	216.88	238.00	2.54	-7.81	<b>Plantain</b>						
Nadu 2	190.00 - 210.00	197.95	196.18	223.53	1.78	-11.44	Ambul (Rs/Kg)	200.00 - 300.00	260.29	227.86	170.81	32.44	52.39
Raw (Red)	160.00 - 180.00	169.53	162.41	245.00	7.12	-30.80	Kolikuttu (Rs/Kg)	520.00 - 650.00	590.00	504.62	361.32	85.38	63.29
Raw (White)	170.00 - 200.00	185.32	184.20	240.61	1.12	-22.98	Seeni (Rs/Kg)	150.00 - 280.00	226.86	205.94	159.72	20.92	42.03
<b>Imported</b>							<b>Anamalu</b>						
Samba	230.00 - 260.00	242.78	239.29	207.89	3.49	16.78	30.00 - 42.00	36.29	33.97	23.71	2.32	53.06	
Nadu	-	-	-	208.33	-	-	Ambun	40.00 - 58.00	48.79	43.50	29.76	5.29	63.94
Raw (Red)	-	-	-	-	-	-	Papaw(Rs/Kg)	200.00 - 360.00	294.71	231.33	335.88	63.37	-12.26
Raw (White)	-	-	-	213.89	-	196.32	Passion Fruit	35.00 - 85.00	59.93	73.93	47.00	-14.00	27.50
<b>Dried Chillies</b>							<b>Pineapple Large</b>						
Imported	1100.00 - 1400.00	1292.65	1297.50	1752.76	-4.85	-26.25	1100.00 - 1450.00	1283.18	1192.06	620.00	91.12	106.96	
<b>Onion</b>							<b>Pineapple Medium</b>						
Sinnan	-	-	-	393.24	-	-	900.00 - 1080.00	988.89	938.53	518.85	50.36	90.59	
Vedalan	350.00 - 600.00	451.60	422.86	500.27	28.74	-9.73	650.00 - 900.00	769.63	729.41	412.86	40.22	86.42	
<b>Imported</b>							<b>Pineapple Small</b>						
Big Onion	160.00 - 260.00	204.12	163.39	183.47	40.72	11.25	<b>Mango</b>						
<b>Local</b>							<b>Betti</b>						
Potato	-	-	-	358.06	-	-	300.00 - 400.00	360.00	350.00	220.00	10.00	63.64	
Welimada	-	-	-	358.06	-	-	80.00 - 140.00	106.54	144.29	97.89	-37.75	8.83	
N'Eliya	400.00 - 480.00	442.86	428.57	480.00	14.29	-7.74	<b>Kohu</b>						
Imported	180.00 - 300.00	224.80	222.27	220.26	2.53	2.06	<b>Other</b>						
<b>Pulses</b>							<b>Wood Apple</b>						
Green Gram	1000.00 - 1400.00	1148.00	1168.70	968.13	-20.70	18.58	50.00 - 100.00	65.26	84.83	55.31	-19.56	17.99	
Cowpea (White)	900.00 - 1300.00	1116.00	1118.75	884.13	-2.75	26.23	50.00 - 130.00	87.39	88.06	97.50	-0.67	-10.37	
Cowpea (Red)	1000.00 - 1200.00	1122.22	1137.65	785.48	-15.42	42.87	60.00 - 150.00	93.13	99.09	100.00	-5.97	-6.88	
Red Dhal	280.00 - 360.00	324.83	322.76	467.95	2.07	-30.58	50.00 - 140.00	92.27	81.30	77.93	10.97	18.40	
<b>Vegetable</b>							<b>Grapes (Imp., Rs/Kg)</b>						
Beans (Butter)	-	-	-	-	-	-	1500.00 - 3000.00	2181.48	2183.33	-	-3.33	-	
Beans(Green)	320.00 - 480.00	428.46	421.52	390.36	6.95	9.76	120.00 - 160.00	145.31	148.00	120.43	-2.69	20.66	
Carrot	300.00 - 480.00	417.56	480.63	385.00	-63.06	8.46	<b>King Coconut</b>						
Leeks	100.00 - 320.00	232.68	252.81	280.69	-20.13	-17.10	<b>Sea Fish</b>						
Beetroot	100.00 - 320.00	241.22	253.21	223.00	-11.99	8.17	Salaya	600.00 - 900.00	706.67	658.10	843.70	48.57	-16.24
Knolkhol	100.00 - 320.00	199.44	208.89	249.29	-9.44	-19.99	700.00 - 1100.00	859.29	955.63	1207.22	-96.34	-28.82	
Raddish	100.00 - 240.00	176.58	184.19	202.96	-7.61	-13.00	1000.00 - 1600.00	1256.88	1279.29	1684.21	-22.41	-25.37	
Cabbage	200.00 - 340.00	286.50	255.45	528.57	31.05	-45.80	1850.00 - 2800.00	2361.76	2271.43	2772.94	90.34	-14.83	
Tomato	100.00 - 360.00	235.26	295.48	379.66	-60.22	-38.03	2400.00 - 5200.00	3506.67	3515.38	3370.00	-8.72	4.06	
Ladies Fingers	120.00 - 320.00	221.75	225.94	222.41	-4.19	-0.30	1500.00 - 3000.00	2264.71	2412.50	2591.67	-147.79	-12.62	
Brijjal	240.00 - 480.00	353.24	337.81	548.93	15.43	-35.65	1350.00 - 2000.00	1572.22	1743.33	-	-171.11	-	
Capsicum	230.00 - 600.00	408.46	440.91	924.14	-32.45	-55.80	1700.00 - 2300.00	1996.67	2073.85	1894.62	-77.18	5.39	
Pumpkin	100.00 - 240.00	185.41	191.43	244.14	-6.02	-24.06	2300.00 - 3300.00	2930.43	3023.53	2942.69	-93.09	-0.42	
Cucumber	100.00 - 280.00	178.05	146.77	187.33	31.27	-4.96	<b>Eggs</b>						
Bitter Gourd	220.00 - 480.00	362.05	341.21	477.59	20.84	-24.19	Brown	45.00 - 50.00	47.71	47.24	63.00	0.48	-24.26
Snake Gourd	200.00 - 340.00	268.92	276.13	406.43	-7.21	-33.83	White	43.00 - 50.00	45.18	45.78	61.70	-0.59	-26.77
Drumstick	260.00 - 500.00	386.59	347.41	459.26	39.18	-15.82	<b>Dried Fish</b>						
Luffa	180.00 - 360.00	266.84	273.10	320.67	-6.26	-16.79	Sprats	2000.00 - 2600.00	2354.17	2291.67	2608.33	62.50	-9.74
Long Beans	160.00 - 320.00	258.89	260.74	298.62	-1.85	-13.31	Sprats (Imported)	1000.00 - 1400.00	1206.45	1230.36	1939.29	-23.91	-37.79
Ash Plantain	200.00 - 360.00	276.05	282.50	221.43	-6.45	24.67	2000.00 - 2800.00	2406.90	2426.92	3016.67	-20.03	-20.21	
Green Chillies	400.00 - 800.00	612.82	622.73	647.10	-9.91	-5.30	Thora	-	-	-	-	-	-
Lime	700.00 - 1200.00	918.75	806.21	372.73	112.54	146.49	1850.00 - 2800.00	2367.19	2372.00	3068.18	-4.81	-22.85	
<b>Root Crops</b>							<b>Balaya</b>						
Sweet Potato	100.00 - 240.00	194.39	206.67	231.33	-12.28	-15.97	1500.00 - 2400.00	1946.43	2028.00	2386.96	-81.57	-18.46	
Manioc	160.00 - 240.00	208.68	195.71	182.00	12.97	14.66	1800.00 - 2800.00	2294.44	2207.14	2777.78	87.30	-17.40	
<b>Leafy Vegetable</b>							<b>Anguluwa</b>						
Mukunuwenna	50.00 - 80.00	73.06	73.55	76.19	-0.49	-4.11	1600.00 - 2200.00	1962.50	-	-	-	-	
Kankun	50.00 - 80.00	73.06	73.55	76.19	-0.49	-4.11	<b>Maduwa</b>						
Gotukola	100.00 - 100.00	100.00	100.30	79.05	-0.30	26.51	Koduwa	-	-	-	-	-	
							<b>Salaya</b>						
							<b>Meat</b>						
							<b>Beef (without Bones)</b>						
							2200.00 - 2500.00						
							2300.00						
							<b>Chicken (Broiler)</b>						
							1300.00 - 1500.00						
							1408.18						
							<b>Chicken (Curry)</b>						
							1300.00 - 1500.00						
							1383.33						
							<b>Mutton</b>						
							3000.00 - 3200.00						
							3150.00						
							<b>Pork</b>						
							1400.00 - 1800.00						
							1580.00						

**This Week:** Week 34: 18 - 24 August 2023  
**Last Week:** Week 33: 11 - 17 August 2023

**Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/Kg)**

Week 34: 18 - 24 August 2023

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
<b><u>Paddy</u></b>			<b><u>Vegetable (Up Country)</u></b>			<b><u>Snake Gourd</u></b>		
<b>Short Grain</b>			<b>Beans</b>			Dambulla	76.00 - 95.00	85.60
A'pura	107.00 - 115.00	110.20	Dambulla	300.00 - 320.00	306.00	Hambantota	90.00 - 120.00	105.00
P'narawa	103.00 - 104.00	103.30	Welimada	320.00 - 330.00	324.00	Embilipitiya	130.00 - 150.00	143.00
Kalawewa	105.00 - 115.00	109.83	Badulla	320.00 - 340.00	328.00	Matara	-	
Kurunegala	108.00 - 115.00	111.25	<b>Carrot</b>			A'pura	100.00 - 110.00	104.00
Dehiattakandiya	105.00 - 116.00	110.33	N'Eliya	320.00 - 330.00	325.00	<b>Luffa</b>		
Nikaweratiya	97.00 - 115.00	104.00	Welimada	255.00 - 265.00	259.00	Dambulla	100.00 - 115.00	110.00
Ampara	102.00 - 105.00	103.33	Hanguranketha	280.00 - 320.00	302.00	Hambantota	100.00 - 120.00	110.00
<b>Long Grain (White)</b>			<b>Leeks</b>			Embilipitiya	130.00 - 150.00	138.00
A'pura	100.00 - 105.00	102.00	N'Eliya	65.00 - 75.00	70.00	Matara	-	
P'narawa	91.00 - 92.00	91.50	Welimada	55.00 - 65.00	59.00	A'pura	110.00 - 120.00	114.00
Kalawewa	95.00 - 105.00	100.33	<b>Beetroot</b>			<b>Green Chillies</b>		
Kurunegala	98.00 - 110.00	104.00	N'Eliya	60.00 - 70.00	64.00	Dambulla	340.00 - 370.00	356.00
Dehiattakandiya	100.00 - 105.00	102.00	Dambulla	67.00 - 76.00	71.80	Hambantota	-	
Embilipitiya	-		Kurunegala	-		Embilipitiya	500.00 - 550.00	520.00
Nikaweratiya	93.00 - 110.00	100.75	Welimada	45.00 - 55.00	49.00	Puttalam	280.00 - 400.00	343.33
Hambantota	-		Hanguranketha	50.00 - 60.00	55.60	A'pura	350.00 - 400.00	370.00
Ampara	86.00 - 100.00	92.40	<b>Knol Khol</b>			<b>Pumpkin</b>		
<b>Long Grain (Red)</b>			N'Eliya	45.00 - 55.00	49.00	Dambulla	57.00 - 67.00	61.20
Matara	90.00 - 93.00	91.25	Welimada	30.00 - 35.00	32.00	Hambantota	40.00 - 50.00	45.00
Hambantota	95.00 - 96.00	95.50	Hanguranketha	30.00 - 50.00	39.60	Embilipitiya	60.00 - 75.00	67.00
Embilipitiya	90.00 - 92.00	90.80	<b>Raddish</b>			Matara	55.00 - 65.00	60.00
<b>Keeri Samba</b>			N'Eliya	18.00 - 25.00	21.80	A'pura	55.00 - 65.00	59.00
A'pura	130.00 - 140.00	135.00	Welimada	16.00 - 20.00	18.00	Moneragala	-	
P'narawa	131.00 - 133.00	131.80	Hambantota	35.00 - 45.00	38.75	<b>Cucumber</b>		
Kalawewa	130.00 - 140.00	133.75	Hanguranketha	15.00 - 24.00	19.40	A'pura	35.00 - 40.00	37.00
Kurunegala	140.00 - 140.00	140.00	<b>Cabbage</b>			Dambulla	58.00 - 62.00	60.40
Dehiattakandiya	140.00 - 142.00	141.00	N'Eliya	105.00 - 115.00	111.00	Hambantota	30.00 - 35.00	32.50
<b>Red Onion</b>			Welimada	75.00 - 85.00	80.00	Matara	30.00 - 35.00	31.25
Puttalam	-		Badulla	85.00 - 100.00	95.00	<b>Long Beans</b>		
Jaffna	-		Hanguranketha	70.00 - 110.00	90.00	Dambulla	145.00 - 167.50	159.00
<b>Big Onion</b>			<b>Tomato</b>			Hambantota	-	
Dambulla	-		Welimada	40.00 - 50.00	46.00	Embilipitiya	125.00 - 140.00	132.00
Kalawewa	-		Hambantota	-		Matara	140.00 - 150.00	145.00
A'pura	-		Dambulla	57.00 - 67.00	63.00	A'pura	150.00 - 160.00	154.00
<b>Potato</b>			Hanguranketha	55.00 - 85.00	69.00	<b>Ash Plantain</b>		
N'Eliya	265.00 - 280.00	273.00	<b><u>Vegetable (Low Country)</u></b>			Hambantota	40.00 - 50.00	44.00
Badulla	-		<b>Ladies Fingers</b>			Embilipitiya	100.00 - 120.00	106.00
Welimada	225.00 - 230.00	228.00	A'pura	40.00 - 50.00	44.00	Matara	90.00 - 95.00	91.67
<b><u>Pulses</u></b>			Dambulla	48.00 - 54.00	51.60	<b>Lime</b>		
<b>Green Gram</b>			Hambantota	35.00 - 50.00	41.00	Hambantota	-	
Hambantota	-		Embilipitiya	50.00 - 60.00	55.00	Embilipitiya	520.00 - 550.00	535.00
Moneragala	780.00 - 800.00	788.00	Matara	60.00 - 75.00	67.50	Moneragala	530.00 - 550.00	538.00
Embilipitiya	780.00 - 800.00	790.00	<b>Brinjal</b>			<b><u>Fruits (Rs/Kg)</u></b>		
Nikaweratiya	700.00 - 725.00	712.50	A'pura	160.00 - 170.00	164.00	<b>Banana</b>		
A'pura	750.00 - 800.00	775.00	Dambulla	177.50 - 220.00	196.00	<b>Ambul</b>		
<b>Cowpea</b>			Hambantota	-		Moneragala	60.00 - 70.00	64.00
Hambantota	-		Embilipitiya	160.00 - 200.00	182.00	Embilipitiya	140.00 - 160.00	152.00
Nikaweratiya	650.00 - 700.00	675.00	Matara	130.00 - 140.00	133.75	Hambantota	100.00 - 130.00	117.50
Moneragala	700.00 - 800.00	740.00	Welimada	170.00 - 185.00	179.00	<b>Kolikuttu</b>		
Embilipitiya	790.00 - 800.00	795.00	<b>Capsicum</b>			Moneragala	250.00 - 270.00	258.00
<b>Maize</b>			Badulla	-		Embilipitiya	380.00 - 420.00	398.00
A'pura	145.00 - 150.00	147.50	Welimada	190.00 - 200.00	195.00	Hambantota	-	
Kalawewa	120.00 - 140.00	132.50	<b>Bitter Gourd</b>			<b>Papaw</b>		
<b>Gingelly</b>			A'pura	180.00 - 200.00	188.00	Moneragala	100.00 - 120.00	108.00
A'pura	550.00 - 600.00	575.00	Dambulla	152.50 - 182.50	165.50	Embilipitiya	150.00 - 170.00	160.00
Kalawewa	-		Hambantota	-		Hambantota	90.00 - 120.00	105.00
<b>Black Gram</b>			Embilipitiya	200.00 - 280.00	236.00	<b>Pineapple</b>		
A'pura	900.00 - 950.00	925.00	Matara	180.00 - 200.00	190.00	Divulapitiya	-	
Kalawewa	-							

**Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/Kg)**

**Week 34: 18 - 24 August 2023**

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<b>CROP</b>	<b>PELIYAGODA</b>	<b>MAHARAGAMA</b>	<b>KIRULAPONE</b>	<b>NUGEGODA</b>	<b>NARAHENPITA</b>	<b>DEMATAGODA</b>	<b>THOTALANGA</b>	<b>KADAWATHA</b>	<b>KIRIBATHGODA</b>
<b><u>Rice</u></b>									
<b>Local</b>									
Samba 1	230.00 - 240.00	230.00 - 230.00	230.00 - 230.00	220.00 - 230.00	230.00 - 230.00	230.00 - 240.00	220.00 - 230.00	230.00 - 230.00	230.00 - 230.00
Samba 2	-	-	-	220.00 - 220.00	220.00 - 220.00	-	210.00 - 220.00	210.00 - 210.00	-
Keeri Samba	-	280.00 - 280.00	-	270.00 - 270.00	270.00 - 270.00	270.00 - 280.00	280.00 - 280.00	265.00 - 265.00	-
Nadu 1	220.00 - 230.00	210.00 - 220.00	220.00 - 230.00	220.00 - 220.00	-	210.00 - 220.00	210.00 - 210.00	220.00 - 220.00	220.00 - 220.00
Nadu 2	190.00 - 190.00	190.00 - 190.00	195.00 - 200.00	200.00 - 200.00	200.00 - 200.00	200.00 - 200.00	190.00 - 200.00	190.00 - 210.00	-
Raw (Red)	160.00 - 180.00	160.00 - 170.00	160.00 - 170.00	160.00 - 170.00	160.00 - 180.00	160.00 - 180.00	160.00 - 180.00	160.00 - 180.00	180.00 - 180.00
Raw (White)	170.00 - 200.00	190.00 - 190.00	180.00 - 200.00	180.00 - 200.00	180.00 - 200.00	180.00 - 190.00	170.00 - 190.00	170.00 - 190.00	180.00 - 180.00
<b>Imported</b>									
Samba	-	-	240.00 - 250.00	240.00 - 250.00	240.00 - 240.00	250.00 - 260.00	230.00 - 250.00	230.00 - 230.00	-
Nadu	-	-	-	-	-	-	-	-	-
Raw (Red)	-	-	-	-	-	-	-	-	-
Raw (White)	-	-	-	-	-	-	-	-	-
<b><u>Dried Chillies</u></b>									
Imported	1100.00 - 1300.00	1300.00 - 1300.00	1350.00 - 1400.00	1400.00 - 1400.00	1400.00 - 1400.00	1300.00 - 1300.00	1200.00 - 1300.00	1200.00 - 1350.00	1200.00 - 1400.00
<b><u>Red Onion</u></b>									
Sinnan	-	-	-	-	-	-	-	-	-
Vedalan	360.00 - 400.00	440.00 - 600.00	480.00 - 600.00	480.00 - 520.00	400.00 - 560.00	360.00 - 360.00	380.00 - 400.00	350.00 - 400.00	400.00 - 600.00
Imported	-	-	-	-	-	-	-	-	-
<b><u>Big Onion</u></b>									
Imported	180.00 - 200.00	240.00 - 240.00	180.00 - 240.00	240.00 - 260.00	200.00 - 240.00	160.00 - 200.00	160.00 - 200.00	180.00 - 180.00	180.00 - 180.00
Local	-	-	-	-	-	-	-	-	-
<b><u>Potato</u></b>									
Welimada	-	-	-	-	-	-	-	-	-
N'Eliya	-	440.00 - 440.00	480.00 - 480.00	440.00 - 460.00	440.00 - 460.00	-	-	400.00 - 400.00	400.00 - 440.00
Imported	180.00 - 200.00	240.00 - 300.00	200.00 - 280.00	240.00 - 240.00	220.00 - 260.00	240.00 - 240.00	180.00 - 220.00	200.00 - 220.00	220.00 - 220.00
<b><u>Pulses</u></b>									
Green Gram	1000.00 - 1200.00	1200.00 - 1300.00	1000.00 - 1200.00	1200.00 - 1200.00	1000.00 - 1400.00	1200.00 - 1200.00	1000.00 - 1200.00	1000.00 - 1000.00	1400.00 - 1400.00
Cowpea (White)	1000.00 - 1000.00	1000.00 - 1300.00	1000.00 - 1200.00	1200.00 - 1200.00	1000.00 - 1300.00	-	900.00 - 1200.00	1040.00 - 1040.00	-
Cowpea (Red)	1000.00 - 1000.00	-	1200.00 - 1200.00	1200.00 - 1200.00	1000.00 - 1200.00	-	1000.00 - 1000.00	-	-
Red Dhal	280.00 - 300.00	320.00 - 360.00	300.00 - 320.00	360.00 - 360.00	320.00 - 360.00	300.00 - 300.00	300.00 - 310.00	300.00 - 330.00	350.00 - 360.00

**Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/Kg) and Coconut (Rs/Nut)**

**Week 34: 18 - 24 August 2023**

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<b>CROP</b>	<b>PELIYAGODA</b>	<b>MAHARAGAMA</b>	<b>KIRULAPONE</b>	<b>NUGEGODA</b>	<b>NARAHENPITA</b>	<b>DEMATAGODA</b>	<b>THOTALANGA</b>	<b>KADAWATHA</b>	<b>KIRIBATHGODA</b>
<b><i>Vegetable</i></b>									
Beans	350.00 - 400.00	480.00 - 480.00	400.00 - 480.00	420.00 - 480.00	400.00 - 450.00	400.00 - 480.00	320.00 - 480.00	320.00 - 400.00	400.00 - 480.00
Carrot	300.00 - 360.00	480.00 - 480.00	320.00 - 480.00	460.00 - 480.00	400.00 - 480.00	400.00 - 480.00	320.00 - 480.00	320.00 - 400.00	440.00 - 480.00
Leeks	100.00 - 180.00	280.00 - 320.00	200.00 - 320.00	240.00 - 320.00	200.00 - 200.00	220.00 - 240.00	150.00 - 240.00	160.00 - 240.00	280.00 - 320.00
Beetroot	100.00 - 150.00	280.00 - 320.00	200.00 - 320.00	280.00 - 320.00	200.00 - 240.00	200.00 - 240.00	180.00 - 200.00	200.00 - 320.00	240.00 - 320.00
Knolkhol	100.00 - 140.00	200.00 - 280.00	180.00 - 240.00	320.00 - 320.00	200.00 - 200.00	200.00 - 220.00	160.00 - 200.00	160.00 - 240.00	180.00 - 240.00
Raddish	100.00 - 120.00	200.00 - 240.00	160.00 - 240.00	200.00 - 240.00	160.00 - 200.00	180.00 - 240.00	120.00 - 200.00	120.00 - 220.00	180.00 - 240.00
Cabbage	200.00 - 220.00	320.00 - 320.00	320.00 - 320.00	320.00 - 320.00	240.00 - 280.00	280.00 - 320.00	200.00 - 320.00	240.00 - 320.00	240.00 - 340.00
Tomato	100.00 - 150.00	360.00 - 360.00	200.00 - 320.00	240.00 - 260.00	180.00 - 240.00	260.00 - 320.00	150.00 - 200.00	200.00 - 240.00	320.00 - 340.00
Ladies Fingers	120.00 - 150.00	320.00 - 320.00	240.00 - 320.00	240.00 - 320.00	180.00 - 200.00	240.00 - 320.00	140.00 - 240.00	200.00 - 240.00	180.00 - 320.00
Brinjal	240.00 - 300.00	360.00 - 400.00	320.00 - 400.00	480.00 - 480.00	400.00 - 400.00	320.00 - 480.00	300.00 - 400.00	320.00 - 400.00	320.00 - 400.00
Capsicum	230.00 - 300.00	600.00 - 600.00	400.00 - 480.00	600.00 - 600.00	280.00 - 380.00	400.00 - 480.00	300.00 - 400.00	280.00 - 340.00	400.00 - 600.00
Pumpkin	100.00 - 130.00	200.00 - 240.00	160.00 - 240.00	240.00 - 240.00	160.00 - 180.00	200.00 - 240.00	160.00 - 200.00	180.00 - 240.00	200.00 - 240.00
Cucumber	100.00 - 120.00	200.00 - 220.00	120.00 - 200.00	200.00 - 280.00	120.00 - 160.00	160.00 - 180.00	140.00 - 200.00	200.00 - 240.00	160.00 - 240.00
Bitter Gourd	220.00 - 260.00	360.00 - 480.00	320.00 - 480.00	480.00 - 480.00	340.00 - 360.00	320.00 - 340.00	280.00 - 400.00	380.00 - 480.00	320.00 - 480.00
Snake Gourd	200.00 - 250.00	200.00 - 320.00	320.00 - 340.00	320.00 - 340.00	200.00 - 240.00	320.00 - 320.00	200.00 - 340.00	200.00 - 340.00	240.00 - 280.00
Drumstick	260.00 - 300.00	440.00 - 480.00	400.00 - 480.00	460.00 - 500.00	300.00 - 400.00	320.00 - 400.00	300.00 - 400.00	320.00 - 480.00	300.00 - 500.00
Luffa	180.00 - 200.00	280.00 - 320.00	240.00 - 340.00	360.00 - 360.00	220.00 - 260.00	320.00 - 320.00	240.00 - 300.00	200.00 - 260.00	200.00 - 320.00
Long Beans	160.00 - 220.00	320.00 - 320.00	240.00 - 280.00	300.00 - 320.00	240.00 - 280.00	320.00 - 320.00	240.00 - 300.00	200.00 - 320.00	240.00 - 280.00
Ash Plantain	200.00 - 240.00	320.00 - 320.00	320.00 - 360.00	320.00 - 360.00	200.00 - 250.00	320.00 - 360.00	240.00 - 300.00	240.00 - 320.00	200.00 - 320.00
Green Chillies	400.00 - 400.00	600.00 - 800.00	600.00 - 600.00	600.00 - 800.00	550.00 - 600.00	600.00 - 800.00	600.00 - 600.00	600.00 - 800.00	600.00 - 800.00
Lime	700.00 - 800.00	900.00 - 1000.00	800.00 - 1000.00	1000.00 - 1000.00	850.00 - 900.00	800.00 - 1100.00	700.00 - 1200.00	800.00 - 1000.00	800.00 - 1200.00
<b><i>Root Crops</i></b>									
Sweet Potato	100.00 - 140.00	200.00 - 240.00	200.00 - 240.00	220.00 - 240.00	200.00 - 200.00	240.00 - 240.00	120.00 - 160.00	160.00 - 240.00	160.00 - 240.00
Manioc	160.00 - 200.00	220.00 - 240.00	220.00 - 240.00	200.00 - 220.00	200.00 - 240.00	160.00 - 180.00	200.00 - 200.00	180.00 - 240.00	200.00 - 230.00
<b><i>Leafy Vegetable</i></b>									
Mukunuwenna	50.00 - 50.00	80.00 - 80.00	70.00 - 70.00	80.00 - 80.00	70.00 - 70.00	80.00 - 80.00	60.00 - 60.00	80.00 - 80.00	80.00 - 80.00
Kankun	50.00 - 50.00	80.00 - 80.00	70.00 - 70.00	80.00 - 80.00	70.00 - 70.00	80.00 - 80.00	60.00 - 60.00	80.00 - 80.00	80.00 - 80.00
Gotukola	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00
<b><i>Coconut</i></b>									
Large	100.00 - 100.00	100.00 - 120.00	100.00 - 120.00	100.00 - 120.00	110.00 - 120.00	100.00 - 120.00	100.00 - 110.00	100.00 - 120.00	100.00 - 120.00
Small	80.00 - 80.00	90.00 - 90.00	90.00 - 95.00	90.00 - 90.00	90.00 - 90.00	80.00 - 90.00	80.00 - 90.00	80.00 - 90.00	90.00 - 95.00

**Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/Fruit)**

**Week 34: 18 - 24 August 2023**

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<i><b>Plantain</b></i>									
Ambul (Rs/Kg)	250.00 - 300.00	260.00 - 280.00	250.00 - 300.00	250.00 - 300.00	240.00 - 300.00	200.00 - 300.00	200.00 - 220.00	250.00 - 300.00	200.00 - 280.00
Kolikuttu (Rs/Kg)	550.00 - 650.00	540.00 - 540.00	650.00 - 650.00	530.00 - 600.00	600.00 - 650.00	600.00 - 650.00	520.00 - 530.00	580.00 - 600.00	520.00 - 560.00
Seeni (Rs/Kg)	150.00 - 200.00	250.00 - 260.00	250.00 - 280.00	240.00 - 280.00	220.00 - 240.00	200.00 - 250.00	180.00 - 200.00	200.00 - 250.00	200.00 - 280.00
Anamalu	30.00 - 37.00	37.00 - 37.00	42.00 - 42.00	32.00 - 37.00	35.00 - 42.00	37.00 - 37.00	32.00 - 37.00	32.00 - 37.00	35.00 - 40.00
Ambun	40.00 - 50.00	50.00 - 50.00	58.00 - 58.00	40.00 - 50.00	45.00 - 58.00	50.00 - 50.00	43.00 - 50.00	40.00 - 58.00	46.00 - 52.00
<i><b>Pineapple</b></i>									
Large	1190.00 - 1275.00	1350.00 - 1400.00	1360.00 - 1450.00	1350.00 - 1350.00	1100.00 - 1360.00	1200.00 - 1360.00	-	1100.00 - 1150.00	1200.00 - 1200.00
Medium	900.00 - 975.00	1050.00 - 1080.00	1050.00 - 1050.00	1050.00 - 1050.00	900.00 - 1050.00	910.00 - 1000.00	-	-	900.00 - 910.00
Small	700.00 - 750.00	800.00 - 830.00	800.00 - 900.00	800.00 - 800.00	650.00 - 850.00	700.00 - 800.00	700.00 - 850.00	650.00 - 850.00	700.00 - 700.00
<i><b>Mango</b></i>									
Betti	-	-	-	-	-	-	-	-	-
Karthakolomban	300.00 - 400.00	-	-	400.00 - 400.00	-	-	-	-	-
Vilad	85.00 - 115.00	-	100.00 - 100.00	80.00 - 100.00	-	100.00 - 110.00	-	120.00 - 120.00	140.00 - 140.00
Kohu	-	-	-	-	-	-	-	-	-
<i><b>Other Fruits</b></i>									
Wood Apple	50.00 - 60.00	80.00 - 80.00	80.00 - 100.00	80.00 - 100.00	80.00 - 90.00	60.00 - 100.00	50.00 - 80.00	50.00 - 100.00	60.00 - 80.00
Orange	50.00 - 80.00	80.00 - 120.00	120.00 - 120.00	120.00 - 120.00	90.00 - 100.00	50.00 - 80.00	60.00 - 80.00	100.00 - 130.00	120.00 - 120.00
Avocado	60.00 - 80.00	80.00 - 80.00	100.00 - 150.00	80.00 - 150.00	90.00 - 100.00	80.00 - 100.00	60.00 - 80.00	80.00 - 120.00	60.00 - 100.00
Slime Apple	50.00 - 80.00	80.00 - 100.00	80.00 - 120.00	120.00 - 120.00	80.00 - 90.00	60.00 - 70.00	50.00 - 50.00	100.00 - 120.00	140.00 - 140.00
Grapes (Rs/Kg)	1500.00 - 2400.00	2000.00 - 3000.00	2000.00 - 2800.00	2500.00 - 3000.00	2000.00 - 2600.00	2500.00 - 2500.00	2000.00 - 2500.00	2000.00 - 2500.00	1600.00 - 1800.00
Papaw (Rs/Kg)	200.00 - 300.00	300.00 - 340.00	350.00 - 360.00	280.00 - 320.00	250.00 - 320.00	250.00 - 330.00	250.00 - 300.00	280.00 - 300.00	270.00 - 300.00
Passion	35.00 - 60.00	60.00 - 60.00	80.00 - 80.00	70.00 - 85.00	55.00 - 65.00	-	50.00 - 60.00	50.00 - 60.00	50.00 - 80.00
King Coconut	120.00 - 150.00	150.00 - 160.00	150.00 - 160.00	150.00 - 160.00	130.00 - 150.00	150.00 - 150.00	140.00 - 150.00	120.00 - 150.00	130.00 - 150.00

**Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/Kg)**

**Week 34: 18 - 24 August 2023**

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<b><i>Sea Fish</i></b>									
Salaya	600.00 - 650.00	600.00 - 600.00	800.00 - 900.00	760.00 - 900.00	720.00 - 720.00	700.00 - 720.00	600.00 - 600.00	600.00 - 760.00	760.00 - 760.00
Hurulla	900.00 - 950.00	800.00 - 800.00	-	1100.00 - 1100.00	-	800.00 - 800.00	700.00 - 800.00	720.00 - 720.00	800.00 - 1000.00
Balaya	1000.00 - 1150.00	1600.00 - 1600.00	-	1360.00 - 1360.00	-	1400.00 - 1600.00	1200.00 - 1400.00	-	1000.00 - 1400.00
Kelawalla	1850.00 - 2000.00	2600.00 - 2600.00	2400.00 - 2400.00	2600.00 - 2800.00	2600.00 - 2600.00	2000.00 - 2200.00	-	2400.00 - 2800.00	2600.00 - 2600.00
Thora	2400.00 - 3200.00	3200.00 - 3200.00	3200.00 - 3200.00	4000.00 - 4200.00	5200.00 - 5200.00	2800.00 - 3200.00	-	4400.00 - 4400.00	4700.00 - 4700.00
Paraw	1500.00 - 1600.00	2400.00 - 2400.00	1800.00 - 2000.00	2800.00 - 3000.00	2900.00 - 2900.00	2400.00 - 2400.00	1600.00 - 1600.00	2400.00 - 2800.00	1700.00 - 1700.00
Mora	1350.00 - 1400.00	1400.00 - 1400.00	-	-	1400.00 - 1400.00	1500.00 - 1600.00	1600.00 - 1600.00	2000.00 - 2000.00	1900.00 - 1900.00
Shrimps Small	2100.00 - 2250.00	1700.00 - 1800.00	2200.00 - 2200.00	2200.00 - 2300.00	1800.00 - 1800.00	1800.00 - 2000.00	1700.00 - 1800.00	-	1900.00 - 1900.00
Talapath	2300.00 - 2800.00	2800.00 - 2800.00	3200.00 - 3200.00	3200.00 - 3200.00	3300.00 - 3300.00	2600.00 - 3000.00	2400.00 - 3200.00	3200.00 - 3200.00	3200.00 - 3200.00
<b><i>Eggs (Rs/Egg)</i></b>									
Brown	45.00 - 45.00	48.00 - 48.00	46.00 - 46.00	47.00 - 50.00	48.00 - 50.00	50.00 - 50.00	46.00 - 46.00	48.00 - 48.00	47.00 - 50.00
White	43.50 - 44.00	45.00 - 45.00	45.00 - 45.00	45.00 - 45.00	45.00 - 45.00	50.00 - 50.00	43.00 - 45.00	48.00 - 48.00	45.00 - 48.00
<b><i>Dried Fish</i></b>									
Sprats	2300.00 - 2500.00	-	2400.00 - 2400.00	2200.00 - 2400.00	2500.00 - 2600.00	2300.00 - 2400.00	2400.00 - 2400.00	2400.00 - 2400.00	2000.00 - 2200.00
Kattawa	2000.00 - 2400.00	2000.00 - 2600.00	2400.00 - 2500.00	2300.00 - 2600.00	2200.00 - 2800.00	2200.00 - 2200.00	2200.00 - 2400.00	2800.00 - 2800.00	2400.00 - 2800.00
Thora	-	-	-	-	-	-	-	-	-
Mora	2000.00 - 2400.00	2200.00 - 2400.00	2500.00 - 2600.00	2300.00 - 2600.00	2200.00 - 2800.00	2800.00 - 2800.00	2000.00 - 2400.00	2400.00 - 2800.00	2400.00 - 2700.00
Balaya	1500.00 - 1800.00	2000.00 - 2200.00	1800.00 - 2200.00	1800.00 - 2300.00	2000.00 - 2400.00	1900.00 - 2200.00	1800.00 - 1800.00	1800.00 - 2000.00	2000.00 - 2400.00
Anguluwa	1800.00 - 2200.00	2100.00 - 2100.00	2600.00 - 2800.00	2200.00 - 2600.00	-	2100.00 - 2800.00	-	-	2200.00 - 2800.00
Salaya	1000.00 - 1200.00	1000.00 - 1000.00	1200.00 - 1200.00	1200.00 - 1300.00	1200.00 - 1300.00	-	1000.00 - 1300.00	-	1200.00 - 1300.00
<b><i>Meat</i></b>									
Beef (without Bones)	-	2300.00 - 2300.00	2500.00 - 2500.00	2300.00 - 2300.00	2200.00 - 2200.00	-	2200.00 - 2200.00	-	-
Chicken (Broiler)	1350.00 - 1350.00	1420.00 - 1420.00	1500.00 - 1500.00	1420.00 - 1470.00	1400.00 - 1400.00	1300.00 - 1300.00	1380.00 - 1380.00	1300.00 - 1300.00	1480.00 - 1480.00
Chicken (Curry)	-	1350.00 - 1350.00	1500.00 - 1500.00	1400.00 - 1500.00	1300.00 - 1300.00	1300.00 - 1300.00	1300.00 - 1300.00	-	1300.00 - 1300.00
Mutton	-	3200.00 - 3200.00	3200.00 - 3200.00	3200.00 - 3200.00	3200.00 - 3200.00	3200.00 - 3200.00	3000.00 - 3000.00	3000.00 - 3000.00	3200.00 - 3200.00
Pork	-	1600.00 - 1600.00	1800.00 - 1800.00	1500.00 - 1500.00	-	-	-	1600.00 - 1600.00	1400.00 - 1400.00



## Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (µ g/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (µg/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc (mg/100g)
<b>Rice</b>												
Rice - (white Kekulu - normal )	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - ( Red Kekulu - normal )	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
<b>Dried chillies</b>	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65
<b>Onion</b>												
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
<b>Potatoes</b>	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
<b>Pulses</b>												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
<b>Vegetables</b>												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29
Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16

Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12
Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44
<b>Coconuts nuts</b>	<b>390</b>	<b>3.67</b>	<b>39.92</b>	<b>-</b>	<b>0.05</b>	<b>0.11</b>	<b>14.86</b>	<b>-</b>				

<b>Root Crop</b>												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
<b>Leafy Vegetables</b>												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42
<b>Meat</b>												
Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
<b>Fish</b>												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74

Shark	95	21.6	0.83	1.11	0.04	0.11	8.57	8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77	8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22	7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39	13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7	36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66	103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38	37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13	31.27	37.46	1.46	0.67
Salaya / Sudaya	100	19.5	2.39	15.41	0.18	1.39	60.87	435	42.83	1.4	2.3
Theppli / Telapiya /Korali	83	18.48	1.08	17.14	0.18	0.18	8.29	99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37	37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83	37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22	8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78				
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08	7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59	9.16	24.61	0.74	0.44

#### Dried Fish

Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438	1178	162	3.06	4.2
Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66

#### Eggs

Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51

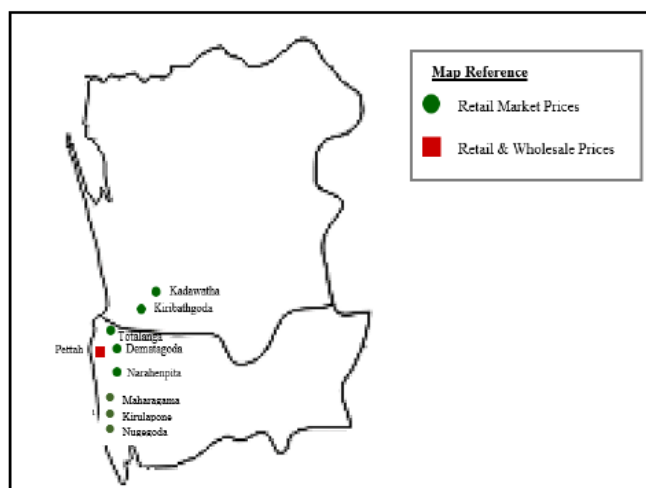
#### Fruits

Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23

Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

**Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.**

# Price Collecting Areas





HARTI



Ministry of Agriculture

## Food Systems and Market Research Division & Information Division

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**දෛනික චිළචිචි තොග මිල, ජංගම දුරකථනයෙන්**

හෙක්ටර් කොච්චිකඩුව ගොවි කරියතු පර්යේෂණ හා පුහුණුවීම් ආයතනය අනුමතයෙන්

**මොබිටෙල් ජංගම මිල දර්ශනය**

ජාතික ජංගම දුරකථන ජාලයෙන්

**6666** අමතන්න.

මොබිටෙල් අද මිල - අඟ පහ

මොබිටෙල් ජංගම දුරකථන ජාලයෙන් චිළචිචි තොග මිල දර්ශනය.

විකාශිතයාට රු.2/-

විකාශිතයාට රු.2/-