

RETAIL MARKET AT A GLANCE

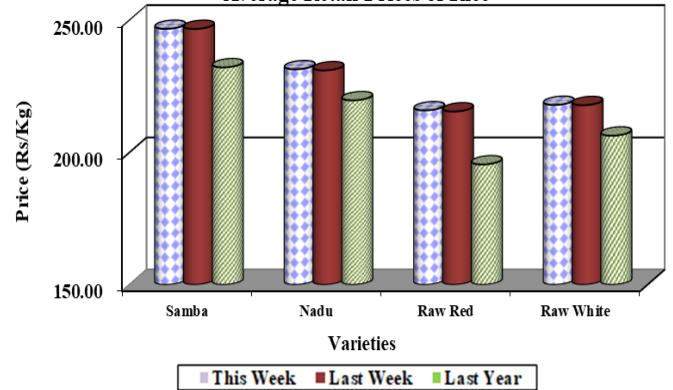
Summary

Rice

The retail price of all local rice varieties have increased slightly except for Keeri samba. The price ranged of keeri samba recorded as Rs.250.00-280.00/kg and it was Rs.280.00-320.00/kg for ponni samba. The average farmgate prices of major paddy varieties in the major paddy-producing areas have increased marginally over the previous week. The average prices of short grain (samba) and keeri samba have fluctuated between Rs.119.00-129.00/kg and Rs.123.00-131.00/kg in the major producing areas.

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Average Retail Prices of Rice

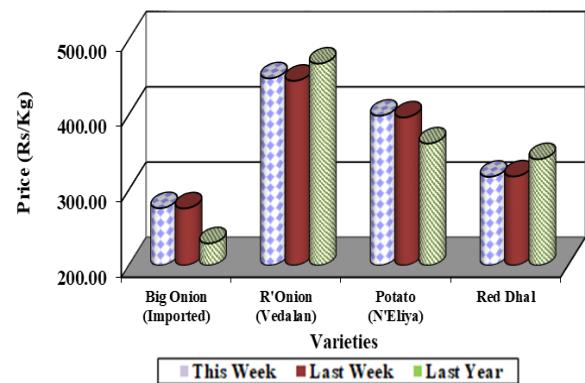


Other Field Crops

Price of imported dried chilies has decreased by Rs.48.00/kg and price ranged Rs.750.00-1100.00/kg. Retail price of vedalan and sinnan red onion was ranged Rs.400.00-480.00/kg and Rs.300.00-380.00/kg respectively. With the decrease in the wholesale price, the retail prices of red cowpea, white cowpea and green gram have also decreased by Rs.28.00/kg, Rs.8.00/kg and Rs.7.00/kg respectively. Price ranged Rs.800.00-1000.00/kg for both white and red cowpea and price ranged of green gram was Rs.800.00-1100.00/kg. Price ranged of red dhal was Rs.290.00-340.00/kg.

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Average Retail Prices of Other Field Crops

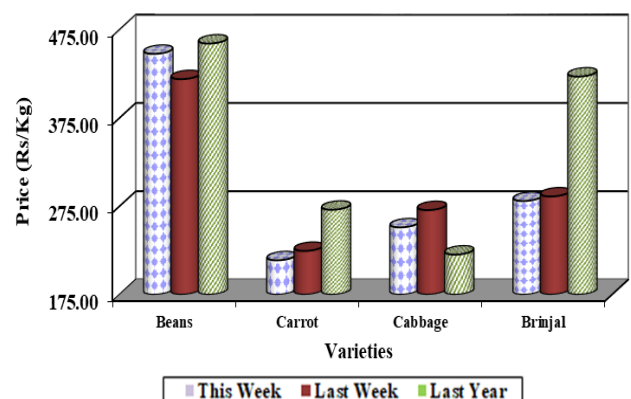


Vegetables

Considering up country varieties, the highest price decrease was reported for cabbage at Rs.20.00/kg followed by carrot at Rs.11.00/kg. Price of radish and beetroot have decreased by Rs.4.00/kg and Rs.3.00/kg respectively. However, price of beans and leeks have increased by Rs.29.00/kg and Rs.13.00/kg. Considering low country varieties, the highest price decrease was reported for drumsticks as Rs.151.00/kg followed by luffa at Rs.23.00/kg.

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Average Retail Prices of Vegetables



Coconut

Prices of both large and small nuts have increased by Rs.9.00/nut and Rs.5.00/nut respectively. Price ranges were Rs.130.00 - 160.00 for a large nut and Rs. 110.00 - 130.00 for a small nut.

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Rice

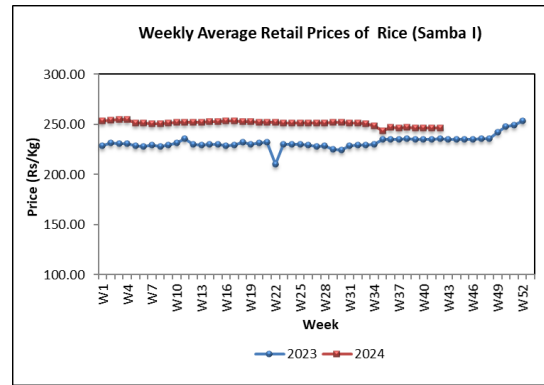
Wholesale

Price of keeri samba has decreased by 4% due to availability of sufficient stocks and price ranged Rs.240.00-260.00/kg. Price of all other local rice varieties have not increased significantly and price ranges of samba grade I, samba grade II, nadu grade I and nadu grade II were Rs.225.00-230.00/kg, Rs.218.00-220.00/kg, Rs.218.00-220.00/kg and Rs.212.00-215.00/kg respectively. Average price of raw red and raw white were Rs.207.00/kg and Rs.209.00/kg. Imported ponni samba was also available at the market and price range Rs.275.00-280.00/kg.

Compared to the same period of last year, price of all local rice varieties excepts keeri samba have increased in the range of 2%-21%. Price of keeri samba has decreased by 13%.

Retail

Retail prices of all the rice varieties have increased slightly except for keeri samba and imported ponni samba. Price of keeri samba has decreased by around Rs.2.00/kg and price ranged Rs.250.00-280.00/kg. Price range of imported ponni samba was Rs.280.00-320.00/kg in the market.



Compared to the same period of last year, the current retail prices of all the rice varieties have increased with the highest price increase of 10% recorded for raw red.

Paddy

The average farmgate prices of major paddy varieties in the major paddy-producing areas have increased marginally over the previous week. Accordingly, the average price of short grain (samba) has risen by approximately Rs.3.00/kg and Rs.7.00/kg in the Anuradhapura and Nikaweratiya regions respectively. In general, the average prices of short grain (samba) and keeri samba have fluctuated between Rs.119.00-129.00/kg and Rs.123.00-131.00/kg in the major producing areas respectively. The highest average price of keeri samba is reported at Rs.130.50/kg in the Kurunegala region. Furthermore, the average prices of long grain (white and red) have varied between Rs.119.00-130.00/kg and Rs.123.00-

126.00/kg in the major producing areas respectively. The Dehiattakandiya region has the lowest average pricing for short grain (samba), keeri samba, and long grain (white).

Compared to the same time period last year, the average prices of short grain (samba) and long grain (white and red) have risen in the major producing areas. However, the average price of short grain (samba) has dropped by approximately 2% in the Polonnaruwa region. The average price of long grain (white and red) has range from 12% to 34% in the major producing areas. While the average price of keeri samba has reduced by 7% to 15%.

Dried Chilies

Wholesale

Price of imported dried chilies has decreased by 4% and price ranged Rs.650.00-750.00/kg.

Compared to the same period of last year, the current wholesale price of imported dried chilies has decreased by 32%.

Retail

Price of imported dried chilies has decreased by Rs.48.00/kg and price ranged Rs.750.00-1100.00/kg.

Compared to the same period of last year, the current retail price of dried chilies has decreased by 31%.

Onion

Wholesale

Price of sinnan and vedalan red onion have increased by 14% and 9% due to availability of sufficient stocks and price ranged Rs.150.00-250.00/kg and Rs.280.00-380.00/kg. Imported red onion was also available at the market and price ranged Rs.360.00-400.00/kg. Price of imported big onion has increased by 11% due to unavailability of sufficient Indian stocks and price ranged Rs.175.00-275.00/kg. Price of local big onion has decreased by 5% due to availability of low-quality stocks and price ranged Rs.230.00-260.00/kg.

Compared to the same period of last year, price of red onion varieties have decreased in the range of 8%-15% while imported big onion and local big onion have increased in the range of 15%-22%.

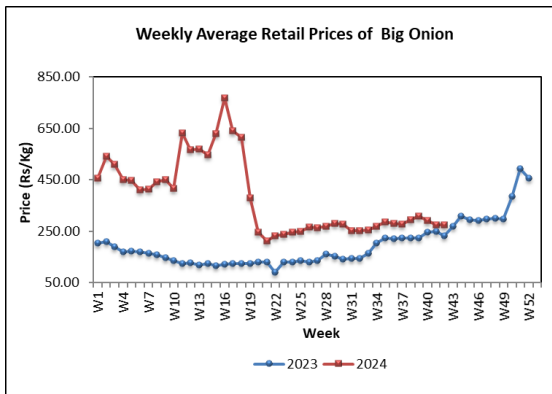
Retail

Compared to the last week, price of vedalan red onion has increased by Rs.3.00/kg. Price range of vedalan and sinnan red onion were Rs.400.00-

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480.00/kg and Rs.300.00-380.00/kg respectively.

Price of imported big onion ranged Rs.240.00-320.00/kg. Price of local big onion has decreased by Rs.2.00/kg and price ranged Rs.280.00-360.00/kg.



Compared to the same period of last year, price of vedalan red onion has decreased 4% and retail prices of both imported and local big onion have increased by 20% and 19% respectively.

Potato

Wholesale

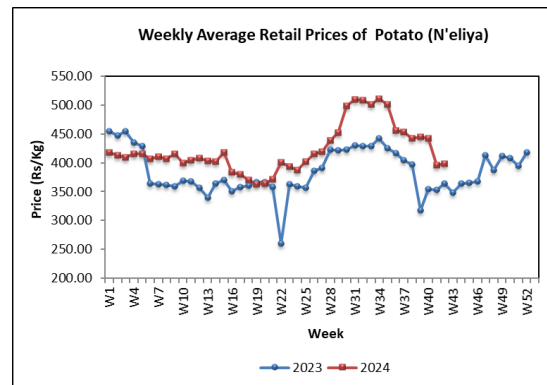
Price of Welimada potato has increased by 5% due to unavailability of sufficient stock and price ranged Rs.200.00-210.00/kg. Price of Nuwara Eliya potato remained same and price range Rs.220.00-240.00/kg. Price of imported potato has increased by 1% and price range Rs.145.00-170.00/kg.

Compared to the same period of last year, current price of Welimada and Nuwara

Eliya potatoes have increased by 4% and 2% while imported potato has decreased by 10%.

Retail

In line with increased wholesale price, the retail prices of imported, Welimada and Nuwara Eliya potatoes have increased by Rs.6.00/kg, Rs.3.00/kg and Rs.2.00/kg and price ranged Rs.200.00-260.00/kg, Rs.250.00-400.00/kg and Rs.300.00-480.00/kg respectively.



Compared to the same period of last year, the retail prices of both Nuwara Eliya and Welimada potatoes have increased by 10% and 5% respectively and price of imported potato has decreased by 3%.

Pulses

Wholesale

Price of white cowpea and red cowpea have decreased by 4% and 8% due to availability of sufficient stocks and price ranged Rs.600.00-750.00/kg and

Rs.580.00-700.00/kg respectively. Price of green gram and red dhal have not increased significantly and price ranged Rs.600.00-700.00/kg and Rs.275.00-280.00/kg.

Compared to the same period of last year, the current wholesale prices of pulse varieties have decreased in the range of 5%-35%.

Retail

With the decrease in the wholesale price, the retail prices of red cowpea, white cowpea and green gram have also decreased by Rs.28.00/kg, Rs.8.00/kg and Rs.7.00/kg respectively. Price ranged Rs.800.00-1000.00/kg for both white and red cowpea and price ranged of green gram was Rs.800.00-1100.00/kg. Price ranged of red dhal was Rs.290.00-340.00/kg.

Compared to the same period of last year, the current retail prices of all the types of pulses have decreased with the highest price decrease of 25% recorded for red cowpea.

Vegetable

Wholesale

Prices of most of the vegetables have decreased due to increased supply from all major producing areas and low demand with rainy weather.

Considering up country vegetables, the highest price decreased reported for cabbage as 20% due to increased supply

from Kandy area followed by price of raddish has decreased by 5% with increased supply from Nuwara Eliya area. Price of knolkhol, beetroot and carrot have decreased in the range of 2%-4%. However, price of beans has increased by 7% with decreased supply from major producing areas while price of leeks has increased by 4%.

Price of capsicum has increased by 4% due to limited supply from Puttalam area and price of tomato has increased slightly by 1%.

Considering low country vegetables, the highest price decrease reported for cucumber as 26% due to decreased demand. Followed by 19% price decrease for drumstick is observed with increased supply from Jaffna and luffa with increased supply from Kandy and Dambulla areas. Price of ash plantain has decreased by 17% due to increased supply from Embilipitiya area while price of long beans has decreased by 16% due to increased supply from Balangoda area. Price of bitter gourd, brinjal and ladies fingers have decreased in the range of 3%-6%. However, price of pumpkin has increased by 66% and price of snake gourd has decreased by 19% due to decreased supply from major producing areas.

Price of lime has increased by 33% due to decreased supply from Nikaweratiya area

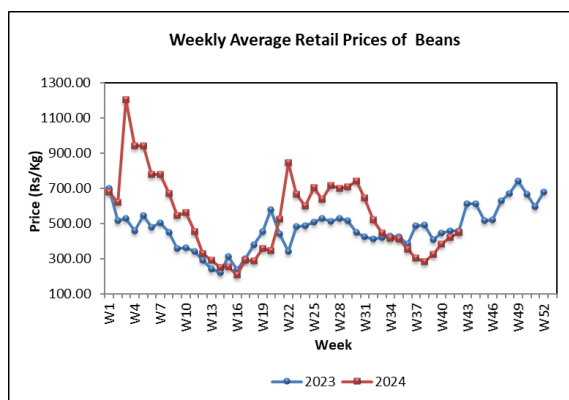
and price of green chilies has increased by 14% due to decreased supply from Nochchiyagama area.

Compared to the same period of last year, the current prices of most of the vegetables have decreased with the highest was reported for lime as 64%.

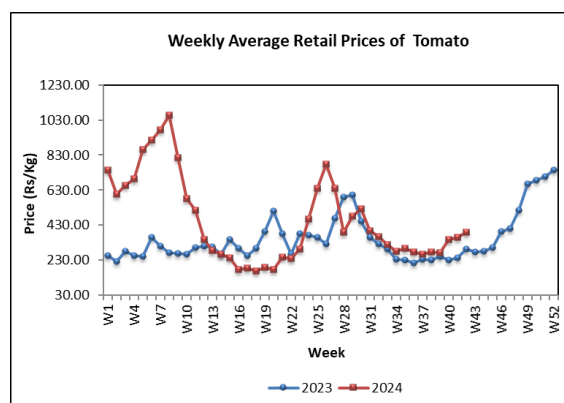
Retail

In line with the decreased wholesale price retail price of most of the vegetable varieties also decreased.

Considering up country varieties, the highest price decrease was reported for cabbage at Rs.20.00/kg followed by carrot at Rs.11.00/kg. Price of radish and beetroot have decreased by Rs.4.00/kg and Rs.3.00/kg respectively. However, price of beans and leeks have increased by Rs.29.00/kg and Rs.13.00/kg.



The price of capsicum and tomato have increased by Rs.71.00/kg and Rs.26.00/kg respectively.



Considering low country varieties, the highest price decrease was reported for drumsticks as Rs.151.00/kg followed by luffa at Rs.23.00/kg. Long beans and cucumber have decreased by Rs.11.00/kg and Rs.6.00/kg respectively. While prices of brinjal have decreased by Rs.5.00/kg. However, prices of bitter gourd and snake gourd have increased by Rs.11.00/kg and Rs.9.00/kg respectively.

Further, the price of lime and green chilies have increased by Rs.92.00/kg and Rs.99.00/kg respectively.

Compared to the same period of last year, price of most of the vegetable varieties have decreased and the highest price decrease was reported for lime as 61%.

Coconut

Wholesale

Prices of both large and small nut have increased by 2%. Price ranges were Rs.125.00-140.00 for a large nut and Rs.100.00-120.00 for a small nut.

Compared to the same period of last year, the current wholesale prices of large and small nuts have increased by 38% and 34% respectively.

Retail

Prices of both large and small nuts have increased by Rs.9.00/nut and Rs.5.00/nut respectively. Price ranges were Rs.130.00 - 160.00 for a large nut and Rs. 110.00 - 130.00 for a small nut.

Compared to the same period last year, the current retail prices of large nuts and small nuts have increased by 30%.

Fruits

Wholesale

Price of most of the varieties have decrease due to the decreased in demand with the rainy weather.

The highest price decreased of 31% reported for passionfruit due to the sufficient stock in a market. Price of all sizes of pineapple have decreased in the range of 21%-23% due to availability of high supply and low demand. Price of banana varieties have decreased in the range of 3%-18% except ambun banana due to presence of large amount of ripen stocks in the market. However, price of karthakolomban mango has increased by

36% due to high quality stocks. Considering to the fruit varieties price of wood apple has decreased by 21% due to low demand. Price of orange has increased by 20% due to high quality stocks. Price of avocado has increased by 22% due to limited stocks.

Compared to the same period of last year, the current whole sale prices of most of the fruit varieties have increased while the highest price increase of 91% reported for avocado.

Retail

The retail prices of most of the fruit varieties have decreased due to the decrease in demand due to heave rainy weather.

Price of all sizes of pineapple have decreased in the range of Rs.84.00-103.00. Considering the prices of banana varieties, the highest price decreased of Rs.69.00/kg was reported for kolikuttu banana while price of ambul and seeni banana have decreased by Rs.20.00/kg and Rs.12.00/kg respectively. Price of papaw has decreased by Rs.31.00/kg. Prices of karthakolomban mango has increased by Rs.34.00/fruit due to limited supply.

Considering other fruit varieties, price of imported grapes (China) have decreased by

Rs.16.00/kg. Price of avocado has increased by Rs.23.00/fruit due to limited stock.

Compared to the same period of last year, the current retail prices of most fruit varieties have increased with highest price increase of 156% reported for avocado.

Fresh Fish

Wholesale

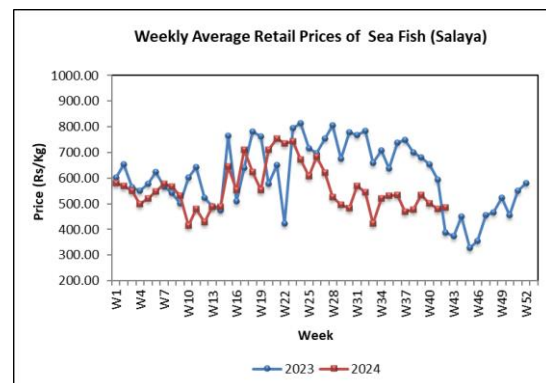
Wholesale prices of most of the fresh fish types have increased due to decrease in wholesale supply with bad weather condition. The highest price increase of 19% was noted for balaya due to low supply from Mirissa, Galle and Beruwala areas and the price ranged Rs.750.00-950.00/kg. A price increase of 15% was noted for salaya due to low supply from Trincomalee, Mannar and Jaffna areas and the price ranged Rs.250.00-350.00/kg. The prices increase of 6% were noted for paraw and kelawalla due to low supply from Trincomalee, Valachchenai, Negombo and Hambanthota areas and their prices ranged Rs.1200.00-1450.00/kg and Rs.950.00-1200.00/kg respectively.

However, the prices decrease of 6% and 5% were noted for hurulla and mora due to high supply from Kalpitiya, Mullaitivu, Puttalam and Beruwala areas and their price ranged Rs.500.00-650.00/kg and Rs.800.00-1000.00/kg respectively.

Compared to the same period of last year, current wholesale prices of most of the fresh fish types have increased and the highest price increase was noted for hurulla.

Retail

With increased wholesale prices, price of shrimps has increased by Rs.145.00/kg. The price of thalapath has reduced by Rs.116.00/kg. The price decrease was recorded for hurulla and balaya by Rs.28.00/kg and Rs.11.00/kg respectively. The price of other fish varieties have increased in the range of Rs.5.00-27.00/kg. Compared to the same period of last year, fish varieties including balaya, kelawalla, paraw and thalapath have recorded a price decrease in the range of 2%-33%. The prices of salaya, hurulla, thora and shrimps have increased in the range of 16%-49%. The highest price increase was recorded by hurulla and the highest price decrease was recorded by balaya.



Dried Fish

Wholesale

Prices of all of the local and imported dried fish types have decreased due to increase of local dried fish supply. The highest price decrease of 15% was noted for local sprats due to high supply from Trincomalee, Mannar and Mullaitivu areas and the price ranged Rs.950.00-1300.00/kg. The price decrease of 9% was noted for imported sprats due to high supply from Iran and Thailand and the price ranged Rs.850.00-1000.00/kg.

Compared to the Same period of last year, the current wholesale prices of most of the dried fish types have decreased and the highest price decrease was reported for imported kattawa.

Retail

The price of imported sprats have increased by Rs.16.00/kg and price of other dry fish varieties have decreased due to increased supply. The highest price decrease was reported for mora by Rs.98.00/kg and the second highest price decrease was recorded for maduwa by Rs.56.00/kg. The prices of other dry fish varieties have decreased in the range of Rs.11.00-38.00/kg.

Compared to the same period of last year, the prices of other dry fish varieties except local sprats and imported sprats have

decreased in the range of 1%-12%. The highest price decrease was reported by salaya and kattawa.

Eggs

Wholesale

The prices of brown and white eggs have increased by 11% and 12% respectively and their prices ranged Rs.42.00-44.00/egg and Rs. 39.00 - 41.00 legs respectively.

Compared to the same period of last year, prices of both brown and white eggs have decreased by 10% and 14% respectively.

Retail

With increased wholesale prices, retail prices of both white and brown egg varieties have increased. The price range of white egg was recorded as Rs.42.00-45.00 and the price range of a brown egg was recorded as Rs.43.00-48.00. The average price of a white and brown egg were recorded as Rs.44.00 and Rs.45.00 respectively.

Compared to the same period of last year, price of both egg varieties have decreased by 9%.

Meat

Retail

The prices of other meat types except mutton have decreased. The highest price decrease was reported for pork by Rs.40.00/kg and the second highest price decrease was reported for beef by Rs.33.00/kg. The price decrease of broiler chicken and curry chicken was recorded as Rs.21.00/kg and Rs.16.00/kg respectively.

Compared to the same period of last year, the prices of other meat types except beef and mutton have decreased in the range of 4%-14% and the highest price decrease was recorded by curry chicken.

EXPLANATORY NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e., Tuesday and Friday) while with retail prices, it is thrice a week (i.e., Friday, Monday, and Tuesday).

Table 01: Selected Markets: Wholesale Price of Rice (Rs/50kg bag)

Week 42: 11 - 17 Oct 2024

LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
Colombo	11250	11500	10900	11000	12000	13000	10900	11000	10600	10750	10250	10500	10250	10500
Divulapitiya	11200	11500	10750	11000	12250	12950	10800	11000	10600	10700	10300	10400	10400	10500
Kurunegala	11500	11500	11400	11400	12850	12900	10950	11000	10850	10900	10350	10450	10300	10350
Nikaweratiya	12500	12750	10900	11350	13000	13350	10900	11000	10650	10750	10250	10500	10250	10500
Badulla	11500	11500	-	-	12750	13000	11000	11000	-	-	10250	10250	10250	10250
Puttalam	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Dambulla	11750	12000	11250	11300	12750	12900	11000	11250	10500	10650	10400	10500	10250	10400
Anuradhapura	11250	11400	-	-	12750	12850	10900	10900	10750	10750	10350	10500	10250	10400
Tambuttegama	11400	11500	-	-	12900	12900	10900	11000	10750	10800	-	-	10350	10400
Polonnaruwa	11600	11850	11350	11350	12850	12850	10950	11000	10750	10850	10600	10650	10350	10450
Kalutara	11500	11750	11400	11500	13000	13500	11100	11250	-	-	10400	10500	10400	10500
Ampara	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Kandy	11500	11750	11000	11250	12500	13000	11000	11250	10500	10750	10250	10500	10250	10500
Moneragala	-	-	10750	10750	12800	12900	10900	10900	10750	10750	10000	10250	10000	10250
Kegalle	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Dehiattakandiya	11400	11400	-	-	12850	12900	10900	10900	-	-	10400	10400	10400	10400
Hambantota	11500	11500	11000	11000	12500	13250	-	-	10750	10750	9750	10000	10000	10250
Matara	11250	11350	-	-	12500	12750	-	-	-	-	9750	10100	10000	10250
Galle	11400	11400	-	-	12850	12950	10950	11250	-	-	10000	10400	10100	10400
Meegoda	11300	11400	11150	11200	12000	12500	10900	10900	10750	10800	10100	10250	10250	10400
Tissamaharama	11250	11250	10750	11000	12250	12400	10900	10900	10500	10750	9700	9850	9850	10000
Embilipitiya	11250	11350	-	-	12500	12550	-	-	10500	10600	9800	9900	10150	10250
Jaffna	-	-	11000	11250	12500	12600	11250	11500	-	-	-	-	10000	10250
Vavuniya	-	-	11000	11250	12250	12750	10900	10900	10750	10800	10200	10300	10100	10250
Mannar	11500	11600	-	-	13000	13000	11000	11100	-	-	10400	10500	10400	10500
Killinochchi	11400	11500	11250	11300	13000	13250	11000	11500	-	-	10250	10500	10250	10500
Mullattivu	11750	12000	-	-	-	-	-	-	-	-	10400	10500	10500	10750
Batticaloa	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Trincomalee	11500	11700	-	-	13200	13400	11000	11500	-	-	10200	10300	10400	10500
Galenbindunuwew	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Matale	11400	11500	11150	11250	12750	12900	10900	10950	10750	10800	10250	10400	10300	10450

Table 02: Selected Markets: Retail Price of Rice (Rs/kg)

Week 42: 11 - 17 Oct 2024

LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
Colombo	230.00	260.00	-	-	250.00	280.00	220.00	240.00	-	-	210.00	220.00	210.00	220.00
Gampaha	230.00	230.00	-	-	260.00	260.00	220.00	220.00	-	-	210.00	210.00	210.00	210.00
Kurunegala	240.00	240.00	-	-	260.00	260.00	220.00	220.00	-	-	216.00	218.00	215.00	216.00
Nikaweratiya	250.00	260.00	230.00	230.00	260.00	270.00	220.00	230.00	-	-	210.00	210.00	210.00	210.00
Dambulla	245.00	250.00	228.00	230.00	260.00	265.00	225.00	230.00	215.00	218.00	212.00	215.00	210.00	212.00
Anuradhapura	-	-	230.00	230.00	260.00	260.00	220.00	220.00	-	-	210.00	210.00	210.00	210.00
Thambuththegama	-	-	230.00	230.00	260.00	260.00	220.00	220.00	216.00	218.00	-	-	210.00	212.00
Polonnaruwa	235.00	240.00	230.00	230.00	260.00	265.00	220.00	223.00	218.00	220.00	215.00	216.00	210.00	212.00
Kaluthara	235.00	240.00	230.00	235.00	270.00	280.00	225.00	230.00	-	-	210.00	215.00	210.00	215.00
Badulla	230.00	230.00	-	-	260.00	260.00	220.00	230.00	-	-	210.00	210.00	210.00	210.00
Keppetipola	240.00	245.00	225.00	230.00	265.00	270.00	225.00	228.00	218.00	220.00	208.00	210.00	208.00	212.00
Moneragala	-	-	225.00	225.00	260.00	260.00	220.00	220.00	-	-	205.00	210.00	205.00	210.00
Kegalle	230.00	240.00	-	-	260.00	260.00	220.00	225.00	215.00	215.00	210.00	220.00	210.00	215.00
Ampara	250.00	250.00	238.00	240.00	-	-	223.00	235.00	-	-	207.00	210.00	207.00	208.00
Dehiattakandiya	230.00	240.00	-	-	260.00	260.00	220.00	220.00	-	-	210.00	210.00	210.00	210.00
Nuwaraeliya	235.00	245.00	228.00	235.00	265.00	270.00	226.00	230.00	218.00	222.00	210.00	216.00	212.00	218.00
Kandy	250.00	260.00	230.00	235.00	260.00	270.00	230.00	235.00	218.00	220.00	215.00	220.00	215.00	220.00
Puttalam	-	-	225.00	230.00	-	-	219.00	225.00	-	-	220.00	220.00	210.00	215.00
Hambantota	230.00	240.00	-	-	260.00	280.00	220.00	240.00	-	-	200.00	205.00	210.00	210.00
Rathnapura	255.00	260.00	-	-	265.00	280.00	230.00	235.00	222.00	225.00	210.00	214.00	215.00	220.00
Matara	240.00	250.00	230.00	235.00	260.00	270.00	220.00	230.00	-	-	200.00	210.00	209.00	212.00
Galle	-	-	230.00	230.00	260.00	260.00	220.00	230.00	-	-	210.00	210.00	210.00	210.00
Tissamaharama	-	-	228.00	235.00	249.00	260.00	220.00	230.00	-	-	195.00	210.00	205.00	210.00
Meegoda (DEC)	230.00	230.00	-	-	260.00	260.00	220.00	220.00	-	-	210.00	210.00	210.00	210.00
Embilipitiya	228.00	235.00	-	-	260.00	270.00	218.00	225.00	-	-	200.00	208.00	208.00	212.00
Jaffna	235.00	240.00	230.00	235.00	260.00	270.00	235.00	240.00	-	-	-	-	210.00	220.00
Vavuniya	240.00	245.00	230.00	235.00	260.00	275.00	235.00	245.00	220.00	225.00	210.00	220.00	210.00	218.00
Mannar	240.00	240.00	235.00	236.00	265.00	270.00	225.00	230.00	-	-	215.00	220.00	216.00	220.00
Killinochchi	240.00	248.00	-	-	270.00	280.00	235.00	245.00	-	-	215.00	220.00	215.00	220.00
Mullaittivu	240.00	245.00	-	-	-	-	240.00	245.00	-	-	212.00	215.00	210.00	215.00
Batticaloa	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Trincomalee	240.00	245.00	-	-	270.00	280.00	230.00	245.00	-	-	215.00	220.00	216.00	220.00
Hanguranketha	-	-	230.00	230.00	260.00	260.00	218.00	220.00	-	-	208.00	210.00	205.00	210.00
Veyangoda	230.00	255.00	225.00	225.00	260.00	280.00	225.00	225.00	220.00	220.00	210.00	215.00	210.00	215.00
Galenbindunuwewa	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Bandarawela	-	-	230.00	230.00	260.00	270.00	220.00	225.00	-	-	210.00	210.00	210.00	210.00
Matale	230.00	232.00	225.00	228.00	260.00	260.00	220.00	222.00	216.00	218.00	208.00	210.00	208.00	210.00

Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50kg)

Week 42: 11 - 17 Oct 2024

LOCATION	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	32500 - 37500	18000 - 20000	14000 - 19000	8750 - 13750	7250 - 8500	10000 - 10500	11000 - 12000	30000 - 35000	30000 - 37500	13750 - 14000
Kurunegala	37000 - 37000	-	19500 - 20000	13500 - 14000	7750 - 8000	-	11500 - 13000	36000 - 36400	39250 - 39750	14000 - 14250
Nikaweratiya	35000 - 37500	-	15000 - 16250	9250 - 10250	9000 - 9750	10500 - 11000	-	34000 - 36500	35000 - 37500	13950 - 14250
Dehiattakandiya	34000 - 38000	-	17500 - 22500	9000 - 9250	8500 - 10000	11000 - 14500	14000 - 15000	27500 - 27500	27500 - 34000	13750 - 14500
Dambulla (DEC)	34500 - 35500	-	15000 - 16500	8750 - 12500	7500 - 8000	8750 - 9000	-	27500 - 32500	27500 - 30000	13650 - 13750
Anuradhapura	39000 - 42000	-	15000 - 19000	10000 - 14500	8500 - 9500	-	11000 - 12000	37500 - 42500	42500 - 45000	13750 - 14500
Thambuththegama	34000 - 36000	-	15000 - 18000	9000 - 13500	8500 - 9250	10000 - 11000	-	27500 - 30000	34500 - 35000	13750 - 13800
Polonnaruwa	37500 - 40000	-	19250 - 20250	11250 - 11750	9250 - 10000	10500 - 11000	13250 - 14250	32000 - 33000	33000 - 34000	14250 - 15500
Kaluthara	40000 - 42000	-	19000 - 20000	12500 - 13500	10000 - 10000	11000 - 11500	15000 - 16000	40000 - 41000	44500 - 45000	13750 - 14000
Puttalam	-	-	14000 - 16500	-	-	-	-	-	-	-
Kandy	36000 - 38000	-	17500 - 19000	10500 - 13000	8000 - 9000	9500 - 10000	11000 - 11500	35000 - 37500	35000 - 37500	14000 - 14500
Matara	37500 - 40000	-	19000 - 20000	14000 - 14500	9000 - 10000	12500 - 13000	15500 - 16500	37500 - 40000	37500 - 40000	13750 - 14250
Hambantota	36500 - 40000	-	16500 - 17500	10000 - 13500	8500 - 10000	10000 - 11000	-	30000 - 39000	35500 - 40000	14000 - 14000
Kegalle	39000 - 39500	-	17500 - 18000	13500 - 14000	9350 - 9500	-	11900 - 12000	37500 - 38500	37500 - 38500	14000 - 14250
Galle	34000 - 39000	-	17500 - 20000	12500 - 14000	9000 - 10000	-	14000 - 15000	41500 - 42500	-	14000 - 15000
Tissamaharama	35000 - 39000	-	15000 - 16000	-	8000 - 9500	10000 - 10000	-	28500 - 34000	35000 - 37500	13750 - 14000
Meegoda (DEC)	35000 - 36000	-	18500 - 19000	9250 - 13250	8000 - 8500	10500 - 11500	12500 - 13250	33500 - 37500	35000 - 37500	13750 - 14100
Jaffna	38000 - 38250	-	16000 - 16250	11000 - 11750	9500 - 10000	10500 - 10650	16500 - 16600	31500 - 31750	42000 - 42250	14000 - 14250
Vavuniya	36000 - 37000	-	-	12250 - 12700	9500 - 10000	-	-	31000 - 32500	-	14250 - 14500
Mannar	37500 - 39000	-	17000 - 18000	10250 - 14250	9500 - 10000	-	-	30000 - 31000	-	14000 - 14200
Killinochchi	35000 - 36500	-	17000 - 18000	11500 - 12500	9000 - 10000	-	15000 - 16000	32000 - 33000	-	14250 - 14750
Mullattivu	35000 - 36000	-	17000 - 19000	10500 - 12500	9000 - 10000	-	-	32500 - 35000	-	14000 - 14500
Batticaloa	-	-	-	-	-	-	-	-	-	-
Trincomalee	34000 - 35000	-	14000 - 14250	12000 - 12750	8300 - 8500	-	-	38000 - 39000	39250 - 40000	13750 - 14000
Galenbindunuwewa	-	-	-	-	-	-	-	-	-	-
Matale	36500 - 39000	-	17000 - 19000	9500 - 14000	8000 - 8750	9500 - 10500	-	34000 - 36000	36500 - 39000	13750 - 14250

Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/kg)

Week 42: 11 - 17 Oct 2024

LOCATIONS	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	750.00 - 1100.00	-	400.00 - 480.00	240.00 - 320.00	200.00 - 260.00	250.00 - 400.00	300.00 - 480.00	800.00 - 1100.00	800.00 - 1000.00	290.00 - 340.00
Gampaha	900.00 - 1000.00	-	520.00 - 520.00	320.00 - 340.00	240.00 - 260.00	320.00 - 320.00	380.00 - 400.00	880.00 - 980.00	980.00 - 1040.00	290.00 - 320.00
Kurunegala	860.00 - 900.00	-	400.00 - 450.00	290.00 - 295.00	220.00 - 220.00	-	350.00 - 380.00	850.00 - 880.00	820.00 - 850.00	285.00 - 300.00
Nikaweratiya	750.00 - 850.00	-	-	220.00 - 240.00	200.00 - 220.00	260.00 - 275.00	-	750.00 - 900.00	800.00 - 950.00	280.00 - 320.00
Dambulla	780.00 - 800.00	-	400.00 - 440.00	240.00 - 280.00	180.00 - 220.00	300.00 - 340.00	-	800.00 - 850.00	800.00 - 850.00	285.00 - 290.00
Anuradhapura	850.00 - 1000.00	-	440.00 - 440.00	240.00 - 320.00	200.00 - 220.00	240.00 - 280.00	-	850.00 - 900.00	900.00 - 1000.00	300.00 - 320.00
Thambuththegama	800.00 - 820.00	-	360.00 - 390.00	240.00 - 300.00	230.00 - 250.00	270.00 - 290.00	-	680.00 - 720.00	790.00 - 800.00	290.00 - 315.00
Polonnaruwa	850.00 - 900.00	-	400.00 - 440.00	240.00 - 250.00	200.00 - 240.00	280.00 - 300.00	-	740.00 - 760.00	760.00 - 800.00	300.00 - 320.00
Kaluthara	820.00 - 950.00	-	420.00 - 460.00	280.00 - 310.00	240.00 - 270.00	320.00 - 340.00	340.00 - 360.00	800.00 - 900.00	900.00 - 1000.00	285.00 - 290.00
Badulla	750.00 - 800.00	-	400.00 - 400.00	-	200.00 - 200.00	280.00 - 300.00	300.00 - 320.00	750.00 - 800.00	750.00 - 800.00	300.00 - 300.00
Keppetipola	800.00 - 850.00	-	420.00 - 440.00	220.00 - 350.00	220.00 - 240.00	260.00 - 280.00	-	780.00 - 820.00	850.00 - 860.00	290.00 - 310.00
Moneragala	760.00 - 900.00	-	400.00 - 480.00	240.00 - 340.00	220.00 - 260.00	280.00 - 320.00	-	700.00 - 800.00	600.00 - 700.00	300.00 - 320.00
Kegalle	800.00 - 840.00	-	400.00 - 420.00	340.00 - 350.00	230.00 - 250.00	-	300.00 - 320.00	750.00 - 830.00	780.00 - 840.00	285.00 - 340.00
Ampara	750.00 - 850.00	-	440.00 - 490.00	215.00 - 255.00	185.00 - 220.00	-	320.00 - 360.00	750.00 - 850.00	750.00 - 900.00	285.00 - 290.00
Dehiattakandiya	750.00 - 800.00	-	450.00 - 480.00	220.00 - 240.00	190.00 - 240.00	250.00 - 280.00	300.00 - 320.00	600.00 - 650.00	650.00 - 700.00	285.00 - 300.00
Nuwaraeliya	780.00 - 840.00	-	420.00 - 440.00	330.00 - 350.00	230.00 - 240.00	-	320.00 - 350.00	800.00 - 850.00	840.00 - 900.00	290.00 - 310.00
Kandy	820.00 - 900.00	-	440.00 - 480.00	260.00 - 300.00	220.00 - 240.00	320.00 - 340.00	360.00 - 400.00	900.00 - 1000.00	950.00 - 1000.00	295.00 - 310.00
Puttalam	800.00 - 950.00	-	400.00 - 450.00	220.00 - 320.00	220.00 - 240.00	-	300.00 - 340.00	650.00 - 850.00	800.00 - 880.00	290.00 - 300.00
Rathnapura	870.00 - 900.00	-	400.00 - 400.00	320.00 - 360.00	240.00 - 260.00	-	-	900.00 - 980.00	850.00 - 900.00	300.00 - 330.00
Hambantota	800.00 - 950.00	-	400.00 - 400.00	290.00 - 300.00	220.00 - 240.00	240.00 - 260.00	-	700.00 - 800.00	800.00 - 900.00	290.00 - 300.00
Matara	780.00 - 840.00	-	440.00 - 480.00	300.00 - 320.00	220.00 - 240.00	280.00 - 320.00	360.00 - 380.00	800.00 - 900.00	800.00 - 880.00	300.00 - 320.00
Galle	800.00 - 850.00	-	400.00 - 520.00	240.00 - 320.00	220.00 - 230.00	320.00 - 360.00	340.00 - 380.00	900.00 - 950.00	900.00 - 950.00	300.00 - 320.00
Tissamaharama	800.00 - 900.00	-	400.00 - 440.00	280.00 - 340.00	220.00 - 260.00	270.00 - 300.00	-	700.00 - 850.00	800.00 - 900.00	290.00 - 320.00
Meegoda (DEC)	740.00 - 750.00	-	400.00 - 480.00	240.00 - 300.00	200.00 - 240.00	280.00 - 320.00	300.00 - 360.00	730.00 - 1040.00	750.00 - 960.00	285.00 - 310.00
Embilipitiya	800.00 - 900.00	-	400.00 - 440.00	220.00 - 300.00	195.00 - 220.00	250.00 - 280.00	-	650.00 - 800.00	800.00 - 850.00	280.00 - 300.00
Jaffna	790.00 - 820.00	-	340.00 - 380.00	250.00 - 280.00	220.00 - 240.00	-	340.00 - 350.00	650.00 - 670.00	860.00 - 870.00	290.00 - 300.00
Vavuniya	770.00 - 790.00	-	-	260.00 - 270.00	215.00 - 225.00	-	-	700.00 - 720.00	-	300.00 - 306.00
Mannar	800.00 - 860.00	-	380.00 - 400.00	220.00 - 320.00	210.00 - 220.00	-	-	700.00 - 760.00	-	300.00 - 330.00
Killinochchi	750.00 - 780.00	-	400.00 - 420.00	260.00 - 280.00	230.00 - 250.00	-	340.00 - 360.00	700.00 - 730.00	-	300.00 - 310.00
Mullaittivu	740.00 - 760.00	-	400.00 - 420.00	-	220.00 - 240.00	-	-	680.00 - 740.00	-	290.00 - 300.00
Batticaloa	-	-	-	-	-	-	-	-	-	-
Trincomalee	780.00 - 800.00	-	350.00 - 360.00	280.00 - 320.00	220.00 - 240.00	-	-	860.00 - 880.00	880.00 - 900.00	280.00 - 298.00
Hanguranketha	800.00 - 850.00	-	400.00 - 400.00	270.00 - 300.00	180.00 - 260.00	250.00 - 280.00	460.00 - 460.00	629.00 - 850.00	680.00 - 845.00	280.00 - 290.00
Veyangoda	760.00 - 850.00	-	380.00 - 440.00	240.00 - 350.00	220.00 - 260.00	280.00 - 360.00	360.00 - 400.00	900.00 - 1000.00	800.00 - 1000.00	280.00 - 340.00
Galenbindunuwewa	-	-	-	-	-	-	-	-	-	-
Bandarawela	800.00 - 850.00	-	440.00 - 480.00	220.00 - 320.00	180.00 - 220.00	260.00 - 280.00	-	780.00 - 800.00	800.00 - 850.00	280.00 - 320.00
Matale	800.00 - 880.00	-	400.00 - 440.00	210.00 - 300.00	170.00 - 180.00	-	-	750.00 - 800.00	800.00 - 850.00	285.00 - 300.00

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/kg)

Week 42: 11 - 17 Oct 2024

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	200.00 - 400.00	60.00 - 100.00	100.00 - 180.00	60.00 - 120.00	60.00 - 120.00
Meegoda (DEC)	-	370.00 - 450.00	90.00 - 120.00	140.00 - 170.00	100.00 - 115.00	100.00 - 130.00
Dambulla (DEC)	-	280.00 - 350.00	70.00 - 90.00	100.00 - 140.00	60.00 - 90.00	90.00 - 110.00
Keppetipola (DEC)	-	300.00 - 350.00	50.00 - 70.00	100.00 - 120.00	60.00 - 80.00	60.00 - 70.00
Norochchole (DEC)	-	-	-	-	50.00 - 70.00	-
Nuwara Eliya	-	320.00 - 350.00	70.00 - 80.00	130.00 - 140.00	80.00 - 90.00	60.00 - 70.00
Kandy	-	280.00 - 320.00	70.00 - 90.00	120.00 - 130.00	90.00 - 100.00	60.00 - 80.00
Hambantota	-	300.00 - 360.00	100.00 - 130.00	180.00 - 220.00	100.00 - 130.00	100.00 - 130.00
Thambuththegama (DEC)	-	350.00 - 420.00	90.00 - 110.00	130.00 - 150.00	90.00 - 100.00	70.00 - 80.00
Jaffna	-	360.00 - 370.00	110.00 - 120.00	200.00 - 220.00	80.00 - 90.00	-
Bandarawela	-	330.00 - 370.00	60.00 - 80.00	110.00 - 120.00	-	70.00 - 90.00
Veyangoda	-	330.00 - 370.00	80.00 - 120.00	120.00 - 160.00	80.00 - 120.00	90.00 - 130.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	40.00 - 80.00	60.00 - 120.00	180.00 - 280.00	80.00 - 150.00	100.00 - 150.00	380.00 - 550.00
Meegoda (DEC)	80.00 - 110.00	80.00 - 130.00	220.00 - 260.00	110.00 - 130.00	110.00 - 160.00	480.00 - 580.00
Moneragala	80.00 - 100.00	120.00 - 160.00	180.00 - 220.00	130.00 - 150.00	80.00 - 120.00	450.00 - 500.00
Dambulla (DEC)	25.00 - 40.00	90.00 - 110.00	160.00 - 200.00	70.00 - 80.00	90.00 - 120.00	400.00 - 500.00
Keppetipola (DEC)	30.00 - 50.00	50.00 - 60.00	170.00 - 200.00	80.00 - 90.00	50.00 - 60.00	500.00 - 550.00
Norochchole (DEC)	20.00 - 30.00	80.00 - 100.00	160.00 - 160.00	60.00 - 100.00	80.00 - 150.00	350.00 - 400.00
Nuwara Eliya	50.00 - 70.00	70.00 - 80.00	170.00 - 190.00	80.00 - 90.00	60.00 - 80.00	540.00 - 560.00
Kandy	50.00 - 60.00	60.00 - 100.00	180.00 - 200.00	90.00 - 100.00	50.00 - 100.00	450.00 - 500.00
Hambantota	80.00 - 100.00	100.00 - 160.00	250.00 - 280.00	150.00 - 180.00	100.00 - 120.00	350.00 - 600.00
Thambuththegama (DEC)	70.00 - 80.00	100.00 - 120.00	200.00 - 250.00	70.00 - 90.00	80.00 - 120.00	380.00 - 500.00
Tissamaharama	80.00 - 90.00	100.00 - 130.00	250.00 - 260.00	80.00 - 90.00	150.00 - 160.00	540.00 - 560.00
Jaffna	80.00 - 90.00	160.00 - 170.00	250.00 - 270.00	160.00 - 170.00	75.00 - 85.00	520.00 - 530.00
Bandarawela	40.00 - 55.00	60.00 - 80.00	180.00 - 210.00	-	70.00 - 80.00	500.00 - 580.00
Veyangoda	60.00 - 80.00	90.00 - 140.00	200.00 - 250.00	90.00 - 120.00	100.00 - 140.00	400.00 - 520.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	70.00 - 120.00	60.00 - 80.00	180.00 - 350.00	160.00 - 220.00	220.00 - 350.00	120.00 - 180.00
Meegoda (DEC)	100.00 - 120.00	60.00 - 80.00	300.00 - 350.00	170.00 - 190.00	-	170.00 - 250.00
Moneragala	80.00 - 100.00	100.00 - 120.00	400.00 - 450.00	250.00 - 300.00	300.00 - 350.00	200.00 - 280.00
Dambulla (DEC)	90.00 - 100.00	40.00 - 60.00	300.00 - 360.00	140.00 - 160.00	200.00 - 250.00	110.00 - 140.00
Keppetipola (DEC)	100.00 - 120.00	70.00 - 80.00	350.00 - 360.00	160.00 - 170.00	-	150.00 - 160.00
Norochchole (DEC)	50.00 - 60.00	30.00 - 50.00	280.00 - 300.00	100.00 - 130.00	200.00 - 250.00	100.00 - 130.00
Nuwara Eliya	110.00 - 120.00	80.00 - 90.00	330.00 - 340.00	190.00 - 200.00	-	150.00 - 160.00
Kandy	100.00 - 120.00	80.00 - 90.00	300.00 - 330.00	180.00 - 200.00	200.00 - 300.00	180.00 - 200.00
Hambantota	80.00 - 100.00	80.00 - 100.00	340.00 - 360.00	180.00 - 250.00	280.00 - 300.00	200.00 - 250.00
Thambuththegama (DEC)	90.00 - 100.00	30.00 - 40.00	250.00 - 300.00	80.00 - 120.00	280.00 - 350.00	100.00 - 150.00
Tissamaharama	80.00 - 85.00	40.00 - 60.00	230.00 - 260.00	150.00 - 160.00	-	170.00 - 190.00
Jaffna	60.00 - 65.00	100.00 - 120.00	500.00 - 510.00	90.00 - 100.00	360.00 - 370.00	-
Bandarawela	100.00 - 110.00	60.00 - 70.00	-	-	-	-
Veyangoda	90.00 - 120.00	60.00 - 90.00	300.00 - 350.00	180.00 - 200.00	270.00 - 340.00	150.00 - 180.00

Table 06 (Contd.)

	Long Beans	Ash Plantain	Green Chillies	Lime	Sweet Potatoe	Manioc
Colombo	120.00 - 160.00	100.00 - 160.00	150.00 - 300.00	400.00 - 600.00	80.00 - 100.00	90.00 - 120.00
Meegoda (DEC)	150.00 - 200.00	140.00 - 160.00	370.00 - 430.00	580.00 - 620.00	60.00 - 75.00	100.00 - 120.00
Moneragala	160.00 - 180.00	130.00 - 150.00	500.00 - 550.00	550.00 - 600.00	100.00 - 120.00	60.00 - 70.00
Dambulla (DEC)	120.00 - 150.00	120.00 - 140.00	280.00 - 350.00	450.00 - 480.00	45.00 - 60.00	40.00 - 50.00
Keppetipola (DEC)	140.00 - 150.00	140.00 - 150.00	350.00 - 360.00	500.00 - 520.00	80.00 - 100.00	80.00 - 90.00
Norochchole (DEC)	100.00 - 150.00	120.00 - 180.00	180.00 - 220.00	-	-	80.00 - 100.00
Nuwara Eliya	160.00 - 170.00	150.00 - 170.00	350.00 - 370.00	550.00 - 560.00	80.00 - 100.00	90.00 - 110.00
Kandy	150.00 - 180.00	140.00 - 160.00	350.00 - 400.00	500.00 - 550.00	70.00 - 80.00	80.00 - 90.00
Hambantota	120.00 - 180.00	80.00 - 120.00	400.00 - 480.00	380.00 - 460.00	100.00 - 140.00	80.00 - 120.00
Thambuththegama (DEC)	150.00 - 200.00	100.00 - 130.00	320.00 - 380.00	400.00 - 420.00	50.00 - 70.00	40.00 - 55.00
Tissamaharama	80.00 - 90.00	90.00 - 100.00	320.00 - 350.00	380.00 - 400.00	90.00 - 120.00	80.00 - 90.00
Jaffna	220.00 - 230.00	130.00 - 140.00	330.00 - 345.00	350.00 - 360.00	120.00 - 130.00	150.00 - 170.00
Bandarawela	-	-	320.00 - 370.00	-	80.00 - 90.00	-
Veyangoda	120.00 - 180.00	160.00 - 180.00	320.00 - 380.00	480.00 - 550.00	70.00 - 90.00	90.00 - 120.00

Locations	Leafy Vegetables (Rs/bundle)			Coconut (Rs/nut)	
	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	30.00 - 40.00	30.00 - 40.00	300.00 - 320.00	125.00 - 140.00	100.00 - 120.00
Meegoda (DEC)	50.00 - 60.00	50.00 - 60.00	210.00 - 240.00	120.00 - 125.00	105.00 - 110.00
Norochchole (DEC)	-	-	-	-	-
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	20.00 - 25.00	20.00 - 25.00	100.00 - 125.00	100.00 - 110.00	80.00 - 88.00
Kandy	40.00 - 45.00	40.00 - 50.00	200.00 - 220.00	105.00 - 115.00	75.00 - 85.00
Hambantota	30.00 - 35.00	30.00 - 35.00	150.00 - 180.00	-	-
Thambuththegama (DEC)	-	-	-	90.00 - 110.00	75.00 - 80.00
Tissamaharama	30.00 - 30.00	30.00 - 30.00	120.00 - 150.00	115.00 - 120.00	100.00 - 100.00
Jaffna	65.00 - 75.00	40.00 - 45.00	120.00 - 125.00	120.00 - 130.00	90.00 - 95.00
Bandarawela	-	-	-	-	-
Veyangoda	30.00 - 35.00	35.00 - 35.00	200.00 - 250.00	-	-

Colombo, Meegoda, Norochchole, Jaffna, Dambulla and Kandy - Gotukola Price Rs/Kg

Table 07: Selected Markets: Retail Price of Vegetables (Rs/kg)

Week 42: 11 - 17 Oct 2024

LOCATIONS	Up Country Varieties																
	Butter Beans		Green Beans		Carrot		Leeks		Beetroot		Knol Khol		Raddish		Cabbage		Tomato
Colombo	-	320.00 - 600.00	120.00 - 320.00	200.00 - 360.00	120.00 - 320.00	180.00 - 320.00	120.00 - 320.00	120.00 - 320.00	180.00 - 320.00	120.00 - 320.00	140.00 - 320.00	140.00 - 320.00	140.00 - 320.00	140.00 - 320.00	260.00 - 480.00		
Gampaha	-	400.00 - 440.00	240.00 - 280.00	260.00 - 320.00	200.00 - 280.00	240.00 - 320.00	200.00 - 280.00	240.00 - 320.00	200.00 - 280.00	240.00 - 320.00	200.00 - 240.00	280.00 - 320.00	400.00 - 420.00				
Kurunegala	-	370.00 - 390.00	240.00 - 290.00	300.00 - 340.00	240.00 - 280.00	250.00 - 280.00	160.00 - 220.00	260.00 - 280.00	300.00 - 350.00	160.00 - 220.00	260.00 - 280.00	300.00 - 350.00					
Nikaweratiya	-	480.00 - 480.00	200.00 - 320.00	240.00 - 320.00	200.00 - 240.00	200.00 - 240.00	120.00 - 160.00	200.00 - 240.00	320.00 - 360.00	200.00 - 240.00	120.00 - 160.00	200.00 - 240.00	320.00 - 360.00				
Dambulla	-	400.00 - 480.00	180.00 - 200.00	180.00 - 200.00	160.00 - 200.00	260.00 - 280.00	140.00 - 160.00	200.00 - 240.00	300.00 - 320.00	140.00 - 160.00	200.00 - 240.00	300.00 - 320.00					
Anuradhapura	-	440.00 - 520.00	200.00 - 280.00	280.00 - 320.00	200.00 - 280.00	180.00 - 200.00	140.00 - 200.00	240.00 - 320.00	320.00 - 400.00	140.00 - 200.00	240.00 - 320.00	320.00 - 400.00					
Thambuththegama	-	500.00 - 550.00	180.00 - 200.00	220.00 - 260.00	160.00 - 200.00	150.00 - 180.00	150.00 - 180.00	180.00 - 220.00	350.00 - 400.00	150.00 - 180.00	180.00 - 220.00	350.00 - 400.00					
Polonnaruwa	-	420.00 - 480.00	150.00 - 200.00	200.00 - 250.00	150.00 - 200.00	170.00 - 200.00	120.00 - 140.00	160.00 - 220.00	320.00 - 360.00	120.00 - 140.00	160.00 - 220.00	320.00 - 360.00					
Kaluthara	-	380.00 - 450.00	180.00 - 250.00	300.00 - 350.00	200.00 - 250.00	180.00 - 250.00	180.00 - 250.00	300.00 - 350.00	480.00 - 500.00	180.00 - 250.00	300.00 - 320.00	480.00 - 500.00					
Badulla	-	400.00 - 400.00	160.00 - 240.00	240.00 - 240.00	240.00 - 240.00	200.00 - 240.00	100.00 - 140.00	160.00 - 240.00	240.00 - 320.00	100.00 - 140.00	160.00 - 240.00	240.00 - 320.00					
Keppetipola	-	420.00 - 440.00	120.00 - 150.00	180.00 - 200.00	140.00 - 160.00	140.00 - 150.00	100.00 - 120.00	120.00 - 140.00	260.00 - 280.00	100.00 - 120.00	120.00 - 140.00	260.00 - 280.00					
Moneragala	-	400.00 - 480.00	160.00 - 200.00	240.00 - 320.00	200.00 - 240.00	140.00 - 180.00	120.00 - 160.00	160.00 - 200.00	280.00 - 320.00	120.00 - 160.00	160.00 - 200.00	280.00 - 320.00					
Kegalle	-	440.00 - 480.00	240.00 - 280.00	320.00 - 360.00	200.00 - 240.00	240.00 - 280.00	200.00 - 240.00	240.00 - 280.00	440.00 - 480.00	200.00 - 240.00	240.00 - 280.00	440.00 - 480.00					
Ampara	-	440.00 - 480.00	160.00 - 200.00	220.00 - 240.00	200.00 - 240.00	200.00 - 240.00	120.00 - 160.00	220.00 - 240.00	320.00 - 360.00	120.00 - 160.00	220.00 - 240.00	320.00 - 360.00					
Dehiattakandiya	-	480.00 - 480.00	200.00 - 200.00	200.00 - 300.00	120.00 - 260.00	200.00 - 200.00	100.00 - 120.00	200.00 - 300.00	300.00 - 320.00	100.00 - 120.00	200.00 - 300.00	300.00 - 320.00					
Nuwaraeliya	-	440.00 - 460.00	160.00 - 180.00	250.00 - 260.00	180.00 - 200.00	140.00 - 150.00	120.00 - 150.00	160.00 - 180.00	300.00 - 320.00	120.00 - 150.00	160.00 - 180.00	300.00 - 320.00					
Kandy	-	450.00 - 480.00	160.00 - 200.00	200.00 - 240.00	160.00 - 180.00	140.00 - 160.00	140.00 - 160.00	120.00 - 180.00	360.00 - 400.00	140.00 - 160.00	160.00 - 200.00	360.00 - 400.00					
Puttalam	-	520.00 - 600.00	200.00 - 280.00	300.00 - 320.00	200.00 - 240.00	200.00 - 300.00	200.00 - 280.00	300.00 - 400.00	300.00 - 400.00	200.00 - 280.00	300.00 - 320.00	300.00 - 400.00					
Hambantota	-	400.00 - 500.00	160.00 - 240.00	200.00 - 300.00	160.00 - 250.00	160.00 - 280.00	120.00 - 200.00	160.00 - 240.00	400.00 - 450.00	120.00 - 200.00	160.00 - 240.00	400.00 - 450.00					
Rathnapura	-	400.00 - 450.00	200.00 - 240.00	240.00 - 260.00	180.00 - 220.00	150.00 - 230.00	130.00 - 180.00	160.00 - 220.00	300.00 - 360.00	130.00 - 180.00	160.00 - 220.00	300.00 - 360.00					
Matara	-	400.00 - 480.00	180.00 - 200.00	240.00 - 280.00	180.00 - 200.00	160.00 - 200.00	120.00 - 200.00	220.00 - 240.00	380.00 - 400.00	120.00 - 200.00	220.00 - 240.00	380.00 - 400.00					
Galle	-	400.00 - 440.00	180.00 - 200.00	240.00 - 280.00	160.00 - 220.00	200.00 - 280.00	160.00 - 240.00	220.00 - 260.00	380.00 - 440.00	160.00 - 240.00	220.00 - 260.00	380.00 - 440.00					
Tissamaharama	-	400.00 - 460.00	140.00 - 170.00	220.00 - 240.00	150.00 - 180.00	180.00 - 220.00	150.00 - 180.00	180.00 - 220.00	320.00 - 350.00	150.00 - 180.00	180.00 - 220.00	320.00 - 350.00					
Meegoda (DEC)	-	440.00 - 480.00	180.00 - 240.00	240.00 - 320.00	180.00 - 240.00	180.00 - 320.00	160.00 - 240.00	240.00 - 320.00	400.00 - 400.00	160.00 - 240.00	240.00 - 320.00	400.00 - 400.00					
Embilipitiya	-	400.00 - 600.00	120.00 - 200.00	200.00 - 280.00	120.00 - 200.00	120.00 - 160.00	120.00 - 160.00	150.00 - 200.00	280.00 - 320.00	120.00 - 160.00	150.00 - 200.00	280.00 - 320.00					
Jaffna	-	400.00 - 450.00	150.00 - 200.00	240.00 - 280.00	120.00 - 140.00	-	120.00 - 140.00	200.00 - 250.00	300.00 - 350.00	120.00 - 140.00	200.00 - 250.00	300.00 - 350.00					
Vavuniya	-	550.00 - 600.00	220.00 - 250.00	280.00 - 300.00	250.00 - 270.00	-	220.00 - 240.00	280.00 - 300.00	450.00 - 480.00	220.00 - 240.00	280.00 - 300.00	450.00 - 480.00					
Mannar	-	480.00 - 520.00	240.00 - 260.00	240.00 - 260.00	200.00 - 220.00	-	120.00 - 150.00	240.00 - 260.00	280.00 - 320.00	120.00 - 150.00	240.00 - 260.00	280.00 - 320.00					
Killinochchi	-	580.00 - 620.00	240.00 - 260.00	280.00 - 320.00	270.00 - 300.00	-	220.00 - 240.00	300.00 - 330.00	470.00 - 490.00	220.00 - 240.00	300.00 - 330.00	470.00 - 490.00					
Mullaittivu	-	580.00 - 650.00	220.00 - 250.00	300.00 - 350.00	200.00 - 250.00	-	240.00 - 260.00	280.00 - 320.00	340.00 - 400.00	240.00 - 260.00	280.00 - 320.00	340.00 - 400.00					
Batticaloa	-	-	-	-	-	-	-	-	-	-	-	-					
Trincomalee	-	560.00 - 600.00	200.00 - 240.00	280.00 - 320.00	260.00 - 280.00	190.00 - 210.00	230.00 - 240.00	300.00 - 330.00	400.00 - 440.00	230.00 - 240.00	300.00 - 330.00	400.00 - 440.00					
Hanguranketha	-	280.00 - 320.00	100.00 - 140.00	180.00 - 220.00	120.00 - 140.00	120.00 - 140.00	80.00 - 100.00	90.00 - 140.00	180.00 - 240.00	80.00 - 100.00	90.00 - 140.00	180.00 - 240.00					
Veyangoda	-	400.00 - 560.00	160.00 - 240.00	220.00 - 280.00	160.00 - 200.00	180.00 - 260.00	120.00 - 200.00	200.00 - 280.00	320.00 - 400.00	120.00 - 200.00	200.00 - 280.00	320.00 - 400.00					
Galenbindunuwewa	-	-	-	-	-	-	-	-	-	-	-	-					
Bandarawela	-	400.00 - 460.00	160.00 - 200.00	180.00 - 220.00	180.00 - 200.00	140.00 - 160.00	100.00 - 120.00	160.00 - 200.00	300.00 - 360.00	100.00 - 120.00	160.00 - 200.00	300.00 - 360.00					
Matale	-	360.00 - 400.00	160.00 - 200.00	200.00 - 240.00	200.00 - 240.00	200.00 - 240.00	100.00 - 120.00	200.00 - 240.00	280.00 - 320.00	100.00 - 120.00	200.00 - 240.00	280.00 - 320.00					

Table 07 (Contd.)

LOCATIONS	Low Country Varieties											
	Ladies Fingers	Brinjal	Capsicum	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa	Long Beans		
Colombo	160.00 - 320.00	180.00 - 360.00	500.00 - 1000.00	100.00 - 240.00	120.00 - 250.00	350.00 - 500.00	200.00 - 400.00	300.00 - 600.00	200.00 - 360.00	200.00 - 400.00		
Gampaha	240.00 - 280.00	240.00 - 320.00	720.00 - 920.00	160.00 - 200.00	230.00 - 240.00	520.00 - 600.00	320.00 - 400.00	480.00 - 520.00	320.00 - 360.00	240.00 - 280.00		
Kurunegala	260.00 - 280.00	240.00 - 280.00	600.00 - 650.00	160.00 - 170.00	160.00 - 200.00	350.00 - 400.00	280.00 - 300.00	450.00 - 450.00	260.00 - 300.00	250.00 - 280.00		
Nikaweratiya	160.00 - 200.00	160.00 - 240.00	480.00 - 500.00	160.00 - 200.00	120.00 - 160.00	360.00 - 400.00	240.00 - 240.00	-	240.00 - 240.00	160.00 - 200.00		
Dambulla	160.00 - 180.00	200.00 - 240.00	680.00 - 740.00	160.00 - 200.00	140.00 - 160.00	400.00 - 480.00	300.00 - 320.00	450.00 - 460.00	240.00 - 280.00	240.00 - 280.00		
Anuradhapura	160.00 - 240.00	200.00 - 240.00	600.00 - 680.00	160.00 - 200.00	160.00 - 200.00	440.00 - 600.00	280.00 - 360.00	440.00 - 520.00	240.00 - 320.00	320.00 - 400.00		
Thambuthhegama	130.00 - 180.00	160.00 - 200.00	550.00 - 600.00	180.00 - 200.00	100.00 - 150.00	380.00 - 400.00	180.00 - 250.00	380.00 - 450.00	200.00 - 250.00	280.00 - 350.00		
Polonnaruwa	150.00 - 180.00	220.00 - 250.00	560.00 - 600.00	150.00 - 180.00	120.00 - 150.00	360.00 - 400.00	250.00 - 280.00	400.00 - 420.00	220.00 - 340.00	260.00 - 300.00		
Kaluthara	200.00 - 220.00	320.00 - 360.00	550.00 - 640.00	150.00 - 200.00	180.00 - 200.00	400.00 - 450.00	280.00 - 350.00	-	350.00 - 360.00	300.00 - 340.00		
Badulla	200.00 - 240.00	200.00 - 240.00	700.00 - 800.00	160.00 - 200.00	160.00 - 200.00	400.00 - 480.00	320.00 - 320.00	400.00 - 520.00	320.00 - 360.00	240.00 - 320.00		
Keppetipola	150.00 - 170.00	140.00 - 160.00	640.00 - 660.00	160.00 - 180.00	150.00 - 160.00	420.00 - 440.00	240.00 - 260.00	-	220.00 - 240.00	260.00 - 280.00		
Moneragala	200.00 - 240.00	140.00 - 160.00	600.00 - 720.00	160.00 - 200.00	120.00 - 160.00	480.00 - 520.00	280.00 - 320.00	400.00 - 480.00	240.00 - 360.00	240.00 - 260.00		
Kegalle	200.00 - 240.00	240.00 - 280.00	650.00 - 700.00	160.00 - 200.00	160.00 - 200.00	400.00 - 440.00	240.00 - 280.00	360.00 - 400.00	280.00 - 320.00	240.00 - 280.00		
Ampara	220.00 - 240.00	160.00 - 240.00	600.00 - 640.00	140.00 - 180.00	160.00 - 200.00	400.00 - 480.00	240.00 - 280.00	320.00 - 400.00	280.00 - 320.00	240.00 - 280.00		
Dehiattakandiya	200.00 - 200.00	150.00 - 200.00	800.00 - 800.00	120.00 - 200.00	120.00 - 120.00	400.00 - 400.00	200.00 - 220.00	320.00 - 400.00	200.00 - 300.00	200.00 - 300.00		
Nuwaraeliya	180.00 - 200.00	180.00 - 200.00	660.00 - 700.00	200.00 - 220.00	180.00 - 200.00	440.00 - 460.00	280.00 - 300.00	-	240.00 - 260.00	280.00 - 300.00		
Kandy	160.00 - 180.00	160.00 - 200.00	700.00 - 750.00	140.00 - 160.00	140.00 - 160.00	480.00 - 500.00	260.00 - 280.00	320.00 - 360.00	240.00 - 260.00	200.00 - 240.00		
Puttalam	200.00 - 240.00	240.00 - 320.00	500.00 - 720.00	200.00 - 240.00	180.00 - 200.00	400.00 - 600.00	280.00 - 300.00	340.00 - 600.00	300.00 - 320.00	280.00 - 400.00		
Rathnapura	150.00 - 200.00	180.00 - 240.00	600.00 - 700.00	130.00 - 200.00	100.00 - 180.00	400.00 - 450.00	220.00 - 300.00	450.00 - 460.00	230.00 - 320.00	220.00 - 260.00		
Hambantota	200.00 - 240.00	160.00 - 180.00	480.00 - 800.00	120.00 - 160.00	120.00 - 140.00	400.00 - 500.00	280.00 - 320.00	400.00 - 450.00	300.00 - 320.00	160.00 - 240.00		
Matara	180.00 - 240.00	160.00 - 200.00	650.00 - 800.00	100.00 - 140.00	120.00 - 160.00	340.00 - 400.00	280.00 - 320.00	400.00 - 500.00	280.00 - 320.00	240.00 - 300.00		
Galle	200.00 - 220.00	160.00 - 200.00	560.00 - 600.00	120.00 - 160.00	100.00 - 120.00	400.00 - 400.00	240.00 - 280.00	400.00 - 450.00	260.00 - 320.00	180.00 - 240.00		
Tissamaharama	140.00 - 170.00	180.00 - 220.00	600.00 - 680.00	100.00 - 140.00	90.00 - 120.00	380.00 - 420.00	240.00 - 260.00	-	320.00 - 340.00	160.00 - 200.00		
Meegoda (DEC)	200.00 - 280.00	200.00 - 240.00	600.00 - 800.00	200.00 - 200.00	140.00 - 200.00	440.00 - 480.00	250.00 - 360.00	-	250.00 - 320.00	250.00 - 320.00		
Embilipitiya	160.00 - 200.00	150.00 - 240.00	480.00 - 600.00	150.00 - 240.00	100.00 - 140.00	400.00 - 480.00	280.00 - 320.00	-	280.00 - 320.00	240.00 - 320.00		
Jaffna	200.00 - 240.00	120.00 - 150.00	550.00 - 570.00	80.00 - 100.00	140.00 - 170.00	550.00 - 600.00	140.00 - 160.00	400.00 - 450.00	-	250.00 - 280.00		
Vavuniya	350.00 - 380.00	180.00 - 190.00	750.00 - 800.00	180.00 - 200.00	220.00 - 240.00	780.00 - 800.00	270.00 - 290.00	400.00 - 450.00	-	470.00 - 490.00		
Mannar	240.00 - 260.00	200.00 - 220.00	600.00 - 620.00	160.00 - 200.00	150.00 - 180.00	480.00 - 520.00	200.00 - 240.00	400.00 - 450.00	-	200.00 - 240.00		
Killinochchi	300.00 - 340.00	200.00 - 220.00	780.00 - 820.00	200.00 - 220.00	230.00 - 250.00	780.00 - 820.00	300.00 - 320.00	400.00 - 450.00	-	460.00 - 480.00		
Mullaittivu	220.00 - 250.00	140.00 - 180.00	550.00 - 580.00	150.00 - 160.00	140.00 - 160.00	500.00 - 550.00	350.00 - 400.00	300.00 - 360.00	-	300.00 - 350.00		
Batticaloa	-	-	-	-	-	-	-	-	-	-		
Trincomalee	320.00 - 350.00	220.00 - 250.00	640.00 - 660.00	180.00 - 200.00	210.00 - 230.00	620.00 - 640.00	240.00 - 260.00	550.00 - 600.00	250.00 - 260.00	480.00 - 500.00		
Hanguranketha	120.00 140.00	100.00 120.00	500.00 600.00	120.00 140.00	100.00 140.00	360.00 380.00	200.00 240.00	300.00 320.00	200.00 240.00	160.00 200.00		
Veyangoda	200.00 - 240.00	200.00 - 320.00	560.00 - 700.00	160.00 - 240.00	120.00 - 200.00	400.00 - 520.00	240.00 - 360.00	400.00 - 520.00	240.00 - 320.00	240.00 - 320.00		
Galenbindunuwewa	-	-	-	-	-	-	-	-	-	-		
Bandarawela	140.00 - 160.00	180.00 - 200.00	700.00 - 800.00	160.00 - 200.00	120.00 - 140.00	400.00 - 440.00	180.00 - 200.00	500.00 - 600.00	180.00 - 200.00	200.00 - 220.00		
Matale	140.00 - 160.00	200.00 - 240.00	600.00 - 700.00	160.00 - 200.00	120.00 - 140.00	440.00 - 480.00	240.00 - 280.00	400.00 - 440.00	200.00 - 240.00	240.00 - 280.00		

Table 07 (Contd.)

LOCATIONS	Low Country Varieties					Leafy Vegetable						Coconut (Rs/nut)	
	Ash Plantain	Green Chillies	Lime	Sweet Potato	Manioc	Mukunuwenna	Kankun	Gotukola	Large	Small			
Colombo	180.00 - 340.00	300.00 - 800.00	500.00 - 1000.00	130.00 - 240.00	140.00 - 220.00	40.00 - 100.00	40.00 - 100.00	100.00 - 130.00	130.00 - 160.00	110.00 - 130.00			
Gampaha	320.00 - 360.00	600.00 - 600.00	800.00 - 800.00	200.00 - 200.00	150.00 - 200.00	60.00 - 70.00	60.00 - 70.00	90.00 - 90.00	150.00 - 155.00	-			
Kurunegala	320.00 - 350.00	550.00 - 600.00	500.00 - 600.00	180.00 - 200.00	160.00 - 180.00	80.00 - 100.00	80.00 - 100.00	80.00 - 100.00	140.00 - 150.00	110.00 - 120.00			
Nikaweratiya	240.00 - 240.00	400.00 - 500.00	-	120.00 - 150.00	160.00 - 160.00	50.00 - 50.00	50.00 - 50.00	120.00 - 130.00	110.00 - 120.00	90.00 - 100.00			
Dambulla	260.00 - 280.00	500.00 - 600.00	500.00 - 600.00	160.00 - 200.00	160.00 - 180.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	130.00 - 140.00	100.00 - 110.00			
Anuradhapura	240.00 - 360.00	500.00 - 600.00	600.00 - 700.00	160.00 - 240.00	160.00 - 240.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	120.00 - 150.00	80.00 - 110.00			
Thambuththegama	150.00 - 200.00	400.00 - 500.00	500.00 - 600.00	120.00 - 150.00	120.00 - 150.00	-	-	-	110.00 - 120.00	85.00 - 95.00			
Polonnaruwa	230.00 - 260.00	450.00 - 500.00	580.00 - 650.00	120.00 - 150.00	120.00 - 140.00	50.00 - 60.00	50.00 - 50.00	50.00 - 50.00	115.00 - 120.00	100.00 - 110.00			
Kaluthara	250.00 - 340.00	600.00 - 700.00	500.00 - 600.00	150.00 - 200.00	160.00 - 200.00	80.00 - 120.00	80.00 - 100.00	100.00 - 120.00	130.00 - 145.00	110.00 - 120.00			
Badulla	200.00 - 240.00	450.00 - 600.00	600.00 - 800.00	-	160.00 - 160.00	80.00 - 80.00	80.00 - 80.00	100.00 - 100.00	130.00 - 140.00	100.00 - 120.00			
Keppetipola	240.00 - 260.00	450.00 - 500.00	640.00 - 680.00	180.00 - 200.00	160.00 - 180.00	50.00 - 60.00	50.00 - 60.00	30.00 - 40.00	125.00 - 130.00	110.00 - 115.00			
Moneragala	160.00 - 180.00	600.00 - 700.00	600.00 - 700.00	160.00 - 200.00	80.00 - 90.00	50.00 - 60.00	50.00 - 60.00	60.00 - 70.00	120.00 - 130.00	80.00 - 100.00			
Kegalle	280.00 - 320.00	550.00 - 600.00	740.00 - 800.00	160.00 - 200.00	180.00 - 200.00	70.00 - 80.00	70.00 - 80.00	50.00 - 60.00	130.00 - 140.00	100.00 - 120.00			
Ampara	160.00 - 240.00	300.00 - 400.00	600.00 - 800.00	160.00 - 200.00	100.00 - 140.00	60.00 - 60.00	60.00 - 60.00	100.00 - 120.00	110.00 - 120.00	90.00 - 100.00			
Dehiattakandiya	260.00 - 300.00	400.00 - 800.00	600.00 - 1000.00	120.00 - 160.00	150.00 - 150.00	50.00 - 70.00	50.00 - 70.00	50.00 - 70.00	100.00 - 120.00	85.00 - 90.00			
Nuwaraeliya	240.00 - 260.00	480.00 - 500.00	650.00 - 680.00	200.00 - 220.00	220.00 - 240.00	40.00 - 50.00	40.00 - 50.00	30.00 - 40.00	130.00 - 135.00	116.00 - 120.00			
Kandy	200.00 - 240.00	500.00 - 600.00	800.00 - 900.00	120.00 - 140.00	160.00 - 200.00	50.00 - 60.00	60.00 - 70.00	40.00 - 50.00	115.00 - 130.00	85.00 - 100.00			
Puttalam	160.00 - 280.00	300.00 - 600.00	480.00 - 500.00	180.00 - 200.00	150.00 - 200.00	50.00 - 60.00	50.00 - 60.00	30.00 - 40.00	130.00 - 150.00	90.00 - 120.00			
Rathnapura	150.00 - 200.00	350.00 - 480.00	600.00 - 700.00	140.00 - 180.00	120.00 - 160.00	80.00 - 80.00	80.00 - 80.00	100.00 - 100.00	130.00 - 160.00	80.00 - 110.00			
Hambanthota	120.00 - 160.00	600.00 - 700.00	480.00 - 600.00	160.00 - 200.00	150.00 - 200.00	40.00 - 60.00	40.00 - 60.00	70.00 - 100.00	130.00 - 140.00	110.00 - 120.00			
Matara	160.00 - 220.00	500.00 - 600.00	600.00 - 800.00	140.00 - 160.00	160.00 - 200.00	50.00 - 60.00	50.00 - 60.00	100.00 - 110.00	140.00 - 160.00	100.00 - 120.00			
Galle	180.00 - 220.00	500.00 - 500.00	600.00 - 700.00	180.00 - 240.00	140.00 - 240.00	50.00 - 50.00	50.00 - 50.00	80.00 - 100.00	130.00 - 140.00	100.00 - 110.00			
Tissamaharama	160.00 - 180.00	480.00 - 550.00	560.00 - 600.00	200.00 - 240.00	160.00 - 180.00	40.00 - 50.00	40.00 - 50.00	70.00 - 80.00	120.00 - 130.00	100.00 - 110.00			
Meegoda (DEC)	280.00 - 320.00	480.00 - 600.00	600.00 - 800.00	140.00 - 200.00	150.00 - 160.00	80.00 - 80.00	80.00 - 80.00	100.00 - 120.00	130.00 - 150.00	115.00 - 125.00			
Embilipitiya	160.00 - 200.00	480.00 - 600.00	700.00 - 800.00	120.00 - 160.00	120.00 - 150.00	60.00 - 80.00	60.00 - 70.00	90.00 - 120.00	120.00 - 150.00	90.00 - 110.00			
Jaffna	160.00 - 180.00	350.00 - 380.00	400.00 - 450.00	150.00 - 200.00	220.00 - 250.00	80.00 - 90.00	50.00 - 60.00	50.00 - 60.00	145.00 - 160.00	100.00 - 110.00			
Vavuniya	270.00 - 290.00	500.00 - 550.00	450.00 - 480.00	230.00 - 250.00	220.00 - 240.00	80.00 - 90.00	80.00 - 85.00	55.00 - 65.00	110.00 - 120.00	60.00 - 70.00			
Mannar	200.00 - 250.00	450.00 - 500.00	560.00 - 600.00	150.00 - 180.00	200.00 - 220.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	140.00 - 150.00	100.00 - 110.00			
Killinochchi	260.00 - 280.00	500.00 - 550.00	550.00 - 600.00	240.00 - 260.00	230.00 - 250.00	60.00 - 65.00	50.00 - 60.00	45.00 - 50.00	120.00 - 140.00	60.00 - 70.00			
Mullaittivu	200.00 - 240.00	350.00 - 400.00	550.00 - 600.00	240.00 - 260.00	200.00 - 240.00	50.00 - 60.00	50.00 - 60.00	40.00 - 50.00	90.00 - 100.00	60.00 - 70.00			
Batticaloa	-	-	-	-	-	-	-	-	-	-			
Trincomalee	290.00 320.00	720.00 760.00	550.00 600.00	245.00 250.00	220.00 230.00	55.00 60.00	60.00 65.00	50.00 55.00	120.00 130.00	75.00 78.00			
Hanguranketha	180.00 - 200.00	400.00 - 600.00	550.00 - 600.00	110.00 - 140.00	150.00 - 160.00	40.00 - 40.00	35.00 - 40.00	35.00 - 40.00	115.00 - 120.00	100.00 - 110.00			
Veyangoda	240.00 - 320.00	440.00 - 560.00	600.00 - 800.00	140.00 - 200.00	180.00 - 240.00	60.00 - 70.00	60.00 - 70.00	80.00 - 100.00	130.00 - 140.00	100.00 - 120.00			
Galenbindunuwewa	-	-	-	-	-	-	-	-	-	-			
Bandarawela	200.00 - 220.00	600.00 - 700.00	700.00 - 800.00	160.00 - 220.00	160.00 - 200.00	70.00 - 80.00	70.00 - 80.00	80.00 - 100.00	130.00 - 140.00	110.00 - 120.00			
Matale	240.00 - 280.00	500.00 - 600.00	700.00 - 800.00	120.00 - 140.00	140.00 - 160.00	50.00 - 60.00	50.00 - 60.00	50.00 - 70.00	120.00 - 130.00	95.00 - 105.00			

Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/kg)

Week 42: 11 - 17 Oct 2024

LOCATIONS	Banana					Pineapple			Mango	
	Ambul (Rs/kg)	Kolikuttu (Rs/kg)	Seeni (Rs/kg)	Anamalu	Ambun	Large	Medium	Small	Betti	Karthakolomban
Colombo	120.00 - 250.00	300.00 - 450.00	130.00 - 260.00	35.00 - 54.00	50.00 - 70.00	450.00 - 700.00	350.00 - 550.00	280.00 - 440.00	57.00 - 57.00	200.00 - 330.00
Gampaha	150.00 - 180.00	300.00 - 350.00	180.00 - 200.00	-	40.00 - 50.00	650.00 - 710.00	500.00 - 550.00	400.00 - 430.00	-	200.00 - 200.00
Kurunegala	240.00 - 260.00	420.00 - 450.00	200.00 - 240.00	-	76.00 - 76.00	550.00 - 600.00	-	-	-	190.00 - 200.00
Nikaweratiya	180.00 - 200.00	360.00 - 400.00	180.00 - 200.00	-	58.00 - 66.00	-	360.00 - 415.00	-	-	-
Dambulla	180.00 - 200.00	460.00 - 480.00	180.00 - 220.00	-	50.00 - 53.00	600.00 - 700.00	450.00 - 500.00	250.00 - 300.00	-	90.00 - 100.00
Anuradhapura	220.00 - 260.00	500.00 - 600.00	200.00 - 240.00	30.00 - 38.00	45.00 - 50.00	900.00 - 950.00	750.00 - 850.00	550.00 - 650.00	-	120.00 - 150.00
Thambuththegama	180.00 - 220.00	350.00 - 400.00	150.00 - 180.00	30.00 - 35.00	40.00 - 50.00	600.00 - 700.00	-	380.00 - 450.00	-	-
Polonnaruwa	250.00 - 300.00	500.00 - 550.00	160.00 - 180.00	48.00 - 55.00	-	850.00 - 920.00	500.00 - 550.00	350.00 - 380.00	-	-
Kaluthara	220.00 - 240.00	380.00 - 520.00	200.00 - 240.00	35.00 - 40.00	41.00 - 45.00	550.00 - 640.00	380.00 - 450.00	320.00 - 350.00	-	-
Badulla	140.00 - 180.00	600.00 - 600.00	160.00 - 180.00	25.00 - 25.00	40.00 - 40.00	600.00 - 600.00	-	-	-	100.00 - 120.00
Keppetipola	180.00 - 200.00	380.00 - 420.00	150.00 - 170.00	30.00 - 35.00	55.00 - 58.00	-	500.00 - 550.00	400.00 - 450.00	-	-
Moneragala	130.00 - 150.00	280.00 - 350.00	100.00 - 120.00	20.00 - 25.00	25.00 - 30.00	870.00 - 900.00	-	-	-	90.00 - 100.00
Kegalle	180.00 - 200.00	450.00 - 500.00	180.00 - 200.00	20.00 - 22.00	22.00 - 25.00	850.00 - 900.00	550.00 - 700.00	300.00 - 400.00	-	150.00 - 200.00
Ampara	160.00 - 180.00	320.00 - 400.00	120.00 - 140.00	30.00 - 32.00	40.00 - 45.00	-	550.00 - 600.00	-	-	90.00 - 110.00
Dehiattakandiya	220.00 - 250.00	450.00 - 500.00	150.00 - 200.00	-	50.00 - 60.00	700.00 - 820.00	480.00 - 630.00	-	-	230.00 - 250.00
Nuwaraeliya	200.00 - 220.00	400.00 - 420.00	170.00 - 190.00	36.00 - 40.00	60.00 - 64.00	680.00 - 700.00	460.00 - 480.00	-	-	180.00 - 220.00
Kandy	200.00 - 240.00	450.00 - 500.00	160.00 - 200.00	25.00 - 30.00	40.00 - 45.00	650.00 - 750.00	400.00 - 450.00	300.00 - 350.00	60.00 - 60.00	120.00 - 150.00
Puttalam	150.00 - 200.00	400.00 - 600.00	150.00 - 200.00	20.00 - 37.00	66.00 - 70.00	800.00 - 800.00	-	400.00 - 400.00	-	-
Rathnapura	150.00 - 200.00	400.00 - 500.00	150.00 - 200.00	25.00 - 28.00	40.00 - 50.00	770.00 - 910.00	550.00 - 650.00	440.00 - 520.00	-	-
Hambantota	120.00 - 130.00	250.00 - 300.00	140.00 - 180.00	-	-	550.00 - 680.00	450.00 - 450.00	300.00 - 400.00	-	130.00 - 160.00
Matara	160.00 - 190.00	330.00 - 350.00	150.00 - 170.00	20.00 - 23.00	35.00 - 37.00	780.00 - 820.00	630.00 - 650.00	400.00 - 450.00	-	180.00 - 200.00
Galle	160.00 - 200.00	380.00 - 400.00	160.00 - 200.00	30.00 - 32.00	34.00 - 36.00	650.00 - 680.00	550.00 - 620.00	-	-	-
Tissamaharama	120.00 - 140.00	300.00 - 320.00	100.00 - 120.00	31.00 - 35.00	31.00 - 35.00	585.00 - 650.00	450.00 - 500.00	360.00 - 400.00	-	125.00 - 140.00
Meegoda (DEC)	150.00 - 180.00	300.00 - 380.00	150.00 - 180.00	42.00 - 50.00	42.00 - 56.00	646.00 - 765.00	495.00 - 585.00	380.00 - 450.00	-	140.00 - 160.00
Embilipitiya	100.00 - 140.00	250.00 - 300.00	100.00 - 140.00	25.00 - 30.00	28.00 - 35.00	600.00 - 650.00	500.00 - 550.00	300.00 - 450.00	80.00 - 100.00	-
Jaffna	200.00 - 250.00	300.00 - 350.00	190.00 - 220.00	-	-	830.00 - 870.00	650.00 - 700.00	550.00 - 600.00	-	140.00 - 160.00
Vavuniya	250.00 - 270.00	350.00 - 370.00	150.00 - 200.00	37.00 - 40.00	-	700.00 - 780.00	550.00 - 580.00	380.00 - 420.00	-	-
Mannar	200.00 - 220.00	380.00 - 420.00	160.00 - 200.00	30.00 - 34.00	-	700.00 - 750.00	600.00 - 650.00	500.00 - 550.00	-	-
Killinochchi	240.00 - 260.00	350.00 - 400.00	180.00 - 200.00	40.00 - 42.00	40.00 - 44.00	700.00 - 750.00	600.00 - 650.00	500.00 - 550.00	-	-
Mullaittivu	250.00 - 280.00	450.00 - 500.00	250.00 - 280.00	50.00 - 55.00	55.00 - 60.00	-	420.00 - 450.00	-	-	-
Batticaloa	-	-	-	-	-	-	-	-	-	-
Trincomalee	250.00 - 260.00	420.00 - 460.00	190.00 - 200.00	-	-	820.00 - 850.00	720.00 - 760.00	560.00 - 600.00	-	-
Veyangoda	180.00 - 240.00	350.00 - 400.00	180.00 - 240.00	38.00 - 42.00	40.00 - 48.00	750.00 - 850.00	580.00 - 650.00	450.00 - 500.00	-	150.00 - 160.00
Galenbindunuwewa	-	-	-	-	-	-	-	-	-	-
Bandarawela	180.00 - 220.00	420.00 - 480.00	160.00 - 200.00	20.00 - 25.00	30.00 - 35.00	-	650.00 - 650.00	500.00 - 600.00	-	160.00 - 180.00
Matale	180.00 - 220.00	400.00 - 480.00	180.00 - 200.00	32.00 - 37.00	45.00 - 48.00	700.00 - 780.00	600.00 - 650.00	380.00 - 460.00	-	-

Table 08 (Contd.)

LOCATIONS	Mango		Other Fruits							
	Vilad	Kohu	Papaw (Rs/kg)	Passion	Wood Apple	Orange	Avocado	Slime Apple	Grapes (Rs/kg)	King Coconut
Colombo	100.00 - 180.00	-	120.00 - 280.00	60.00 - 100.00	24.00 - 70.00	90.00 - 160.00	180.00 - 280.00	140.00 - 240.00	1400.00 - 2500.00	120.00 - 200.00
Gampaha	-	-	140.00 - 160.00	-	30.00 - 40.00	130.00 - 130.00	200.00 - 225.00	-	2000.00 - 2000.00	140.00 - 150.00
Kurunegala	120.00 - 120.00	-	200.00 - 200.00	-	50.00 - 60.00	80.00 - 80.00	100.00 - 125.00	-	1800.00 - 2000.00	120.00 - 130.00
Nikaweratiya	-	-	120.00 - 200.00	-	20.00 - 25.00	-	112.00 - 137.00	-	2300.00 - 2500.00	150.00 - 180.00
Dambulla	40.00 - 45.00	25.00 - 30.00	160.00 - 180.00	-	25.00 - 30.00	80.00 - 100.00	100.00 - 120.00	80.00 - 100.00	2200.00 - 2300.00	150.00 - 160.00
Anuradhapura	80.00 - 120.00	-	100.00 - 160.00	-	25.00 - 40.00	80.00 - 100.00	120.00 - 140.00	120.00 - 150.00	2000.00 - 2600.00	150.00 - 200.00
Thambuththegama	-	-	80.00 - 120.00	45.00 - 50.00	30.00 - 40.00	-	135.00 - 150.00	-	1800.00 - 2100.00	120.00 - 150.00
Polonnaruwa	-	-	260.00 - 300.00	35.00 - 35.00	40.00 - 55.00	-	80.00 - 80.00	-	2500.00 - 2600.00	150.00 - 200.00
Kaluthara	125.00 - 130.00	-	180.00 - 220.00	90.00 - 90.00	28.00 - 33.00	140.00 - 150.00	200.00 - 230.00	100.00 - 150.00	1850.00 - 2100.00	120.00 - 140.00
Badulla	50.00 - 60.00	-	200.00 - 200.00	38.00 - 38.00	20.00 - 20.00	-	-	-	1950.00 - 2000.00	160.00 - 200.00
Keppetipola	65.00 - 70.00	30.00 - 35.00	160.00 - 180.00	50.00 - 55.00	30.00 - 35.00	110.00 - 120.00	130.00 - 150.00	70.00 - 80.00	2200.00 - 2300.00	160.00 - 180.00
Moneragala	-	-	130.00 - 150.00	-	20.00 - 25.00	70.00 - 90.00	80.00 - 100.00	-	2400.00 - 2600.00	130.00 - 140.00
Kegalle	-	-	150.00 - 180.00	-	30.00 - 50.00	80.00 - 100.00	80.00 - 100.00	80.00 - 100.00	2100.00 - 2300.00	140.00 - 160.00
Ampara	-	-	150.00 - 180.00	-	-	-	75.00 - 75.00	-	1800.00 - 2000.00	140.00 - 150.00
Dehiattakandiya	80.00 - 100.00	-	120.00 - 150.00	-	30.00 - 40.00	150.00 - 150.00	120.00 - 130.00	-	2600.00 - 2800.00	120.00 - 150.00
Nuwaraeliya	60.00 - 65.00	25.00 - 30.00	200.00 - 220.00	50.00 - 60.00	34.00 - 36.00	120.00 - 130.00	150.00 - 160.00	-	2200.00 - 2300.00	170.00 - 190.00
Kandy	60.00 - 70.00	-	140.00 - 150.00	60.00 - 70.00	30.00 - 40.00	100.00 - 120.00	100.00 - 120.00	80.00 - 90.00	2000.00 - 2500.00	170.00 - 180.00
Puttalam	-	-	150.00 - 300.00	-	15.00 - 20.00	-	100.00 - 150.00	-	2500.00 - 2800.00	150.00 - 150.00
Hambantota	-	-	120.00 - 140.00	35.00 - 45.00	20.00 - 30.00	-	-	-	2000.00 - 2200.00	140.00 - 150.00
Rathnapura	-	-	150.00 - 200.00	-	20.00 - 25.00	-	80.00 - 100.00	50.00 - 60.00	2000.00 - 2200.00	120.00 - 140.00
Matara	-	-	130.00 - 140.00	50.00 - 57.00	30.00 - 35.00	130.00 - 150.00	95.00 - 110.00	60.00 - 70.00	1800.00 - 2000.00	130.00 - 150.00
Galle	-	-	160.00 - 280.00	60.00 - 80.00	25.00 - 35.00	140.00 - 160.00	75.00 - 100.00	60.00 - 60.00	1500.00 - 2000.00	120.00 - 130.00
Tissamaharama	40.00 - 45.00	-	100.00 - 120.00	58.00 - 62.00	15.00 - 20.00	130.00 - 150.00	160.00 - 170.00	-	2300.00 - 2400.00	150.00 - 160.00
Meegoda (DEC)	60.00 - 90.00	-	130.00 - 160.00	-	25.00 - 40.00	-	75.00 - 90.00	120.00 - 150.00	1600.00 - 2000.00	130.00 - 150.00
Embilipitiya	80.00 - 100.00	-	80.00 - 120.00	-	20.00 - 30.00	120.00 - 140.00	140.00 - 150.00	60.00 - 70.00	2250.00 - 2500.00	160.00 - 180.00
Jaffna	50.00 - 70.00	-	140.00 - 170.00	100.00 - 120.00	25.00 - 30.00	40.00 - 55.00	100.00 - 110.00	-	2000.00 - 2100.00	150.00 - 200.00
Vavuniya	-	-	150.00 - 170.00	-	50.00 - 55.00	-	80.00 - 84.00	-	2000.00 - 2150.00	200.00 - 220.00
Mannar	-	-	100.00 - 120.00	45.00 - 50.00	15.00 - 20.00	80.00 - 90.00	150.00 - 180.00	120.00 - 150.00	2400.00 - 2600.00	200.00 - 220.00
Killinochchi	40.00 - 50.00	-	140.00 - 160.00	50.00 - 60.00	25.00 - 30.00	-	80.00 - 100.00	-	2000.00 - 2100.00	200.00 - 210.00
Mullaittivu	-	-	200.00 - 220.00	-	40.00 - 45.00	-	-	-	2800.00 - 2900.00	150.00 - 160.00
Batticaloa	-	-	-	-	-	-	-	-	-	-
Trincomalee	-	45.00 - 46.00	160.00 - 170.00	100.00 - 105.00	53.00 - 55.00	84.00 - 86.00	122.00 - 124.00	-	2420.00 - 2450.00	190.00 - 200.00
Veyangoda	58.00 - 65.00	-	120.00 - 160.00	55.00 - 58.00	28.00 - 32.00	85.00 - 100.00	180.00 - 200.00	-	1600.00 - 2000.00	130.00 - 150.00
Galenbindunuwewa	-	-	-	-	-	-	-	-	-	-
Bandarawela	100.00 - 100.00	-	140.00 - 160.00	50.00 - 60.00	30.00 - 40.00	-	-	80.00 - 100.00	2200.00 - 2300.00	160.00 - 200.00
Matale	-	-	160.00 - 200.00	45.00 - 50.00	28.00 - 30.00	70.00 - 80.00	120.00 - 140.00	60.00 - 60.00	2200.00 - 2300.00	140.00 - 150.00

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/kg & Rs/egg)

Week 42: 11 - 17 Oct 2024

Locations	Sea Fish					
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw
Colombo	250.00 – 350.00	500.00 – 650.00	750.00 – 950.00	950.00 – 1200.00	1700.00 – 2700.00	1200.00 – 1450.00
Kandy	300.00 – 350.00	650.00 – 700.00	650.00 – 800.00	1200.00 – 1300.00	2000.00 – 2100.00	1100.00 – 1200.00
Kaluthara	280.00 – 350.00	600.00 – 700.00	650.00 – 850.00	1000.00 – 1250.00	-	1000.00 – 1350.00
Puttalam	-	-	-	-	-	-
Matara	300.00 – 320.00	-	900.00 – 1000.00	1300.00 – 1400.00	-	1200.00 – 1300.00
Hambantota	280.00 – 350.00	680.00 – 750.00	700.00 – 750.00	-	1800.00 – 1800.00	-
Galle	-	-	650.00 – 700.00	1100.00 – 1200.00	-	1000.00 – 1200.00
Batticaloa	-	-	-	-	-	-
Trincomalee	280.00 – 320.00	840.00 – 860.00	890.00 – 920.00	1400.00 – 1500.00	1600.00 – 1700.00	1100.00 – 1200.00
Mannar	280.00 – 300.00	620.00 – 650.00	640.00 – 650.00	-	-	1000.00 – 1050.00

Locations	Sea Fish				Eggs	
	Mora	Shrimps	Thalapath	Teppeli	Brown	White
Colombo	800.00 – 1000.00	1700.00 – 1950.00	1600.00 – 1900.00	-	42.00 – 44.00	39.00 – 41.00
Kandy	1100.00 – 1200.00	1800.00 – 1900.00	1900.00 – 2000.00	-	44.00 – 45.00	42.00 – 43.00
Kaluthara	750.00 – 900.00	1450.00 – 1650.00	1250.00 – 1450.00	-	-	-
Puttalam	-	-	-	-	-	-
Matara	-	1800.00 – 1850.00	1400.00 – 1500.00	-	43.00 – 44.00	39.00 – 40.00
Hambantota	-	1700.00 – 1800.00	2000.00 – 2000.00	-	-	45.00 – 46.00
Galle	-	-	-	-	43.00 – 44.00	41.00 – 45.00
Batticaloa	-	-	-	-	-	-
Trincomalee	1300.00 – 1400.00	1000.00 – 1050.00	-	-	42.00 – 43.00	42.00 – 43.00
Mannar	1900.00 – 2000.00	1300.00 – 1400.00	-	-	44.00 – 45.00	42.00 – 43.00

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50kg)

Week 42: 11 - 17 Oct 2024

Locations	Local Dried Fish					
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa
Colombo	47500 – 65000	-	-	82500 – 90000	55000 – 60000	-
Kandy	70000 – 75000	-	-	87500 – 90000	60000 – 62500	52500 – 55000
Batticaloa	-	-	-	-	-	-
Trincomalee	50000 – 51000	-	-	-	44500 – 45000	42000 – 43000
Mannar	57500 – 59000	80000 – 105000	-	80000 – 82500	47500 – 52500	35000 – 37500

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	62500 – 65000	-	22500 – 27500	42500 – 50000	57500 – 62500	-
Kandy	65000 – 67500	-	25000 – 27500	50000 – 55000	65000 – 67500	-
Batticaloa	-	-	-	-	-	-
Trincomalee	44600 – 45000	-	23500 – 24000	39500 – 41000	95000 – 96000	-
Mannar	57500 – 60000	-	32500 – 35000	52500 – 55000	-	-

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	-	-	75000 – 80000	-	-	-
Kandy	-	-	-	-	-	-
Batticaloa	-	-	-	-	-	-
Trincomalee	-	-	-	-	-	-
Mannar	-	-	-	-	-	-

Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/kg & Rs/eggs)

Week 42: 11 - 17 Oct 2024

LOCATIONS	Sea Fish									Eggs									
	Salaya		Hurulla		Balaya		Kelawalla		Thora		Paraw		Mora		Thalapath		Brown		White
Colombo	350.00 - 600.00	700.00 - 1000.00	800.00 - 1000.00	1200.00 - 2600.00	1850.00 - 4200.00	1350.00 - 2600.00	-	1750.00 - 3000.00	43.00 - 48.00	42.00 - 45.00									
Gampaha	400.00 - 600.00	800.00 - 800.00	-	2000.00 - 2000.00	-	-	-	2800.00 - 2800.00	48.00 - 55.00	45.00 - 50.00									
Kurunegala	500.00 - 550.00	850.00 - 900.00	1600.00 - 1600.00	2000.00 - 2100.00	-	-	-	-	43.00 - 45.00	41.00 - 42.00									
Nikaweratiya	500.00 - 600.00	850.00 - 900.00	800.00 - 1000.00	1500.00 - 2000.00	2400.00 - 2400.00	1300.00 - 1800.00	-	2400.00 - 2400.00	40.00 - 42.00	39.00 - 45.00									
Dambulla	400.00 - 450.00	800.00 - 900.00	900.00 - 1000.00	1600.00 - 1800.00	2400.00 - 2400.00	1700.00 - 1800.00	1600.00 - 1700.00	2200.00 - 2300.00	44.00 - 45.00	43.00 - 44.00									
Anuradhapura	500.00 - 550.00	800.00 - 900.00	900.00 - 1000.00	2000.00 - 2200.00	2400.00 - 2500.00	1200.00 - 1500.00	-	2500.00 - 2600.00	-	44.00 - 45.00									
Thambuththegama	-	-	-	-	-	-	-	-	43.00 - 43.00	41.00 - 41.00									
Polonnaruwa	450.00 - 500.00	980.00 - 1000.00	1400.00 - 1500.00	1750.00 - 1800.00	2400.00 - 2450.00	1000.00 - 1200.00	1500.00 - 1600.00	2200.00 - 2400.00	47.00 - 48.00	42.00 - 45.00									
Kaluthara	580.00 - 650.00	950.00 - 1000.00	1450.00 - 1650.00	1950.00 - 2400.00	1850.00 - 2300.00	1800.00 - 2400.00	1550.00 - 1700.00	2250.00 - 2650.00	44.00 - 46.00	43.00 - 45.00									
Badulla	300.00 - 560.00	700.00 - 760.00	860.00 - 1200.00	1600.00 - 2200.00	1950.00 - 2400.00	1400.00 - 1600.00	1600.00 - 1600.00	2000.00 - 2000.00	45.00 - 45.00	44.00 - 45.00									
Keppetipola	560.00 - 580.00	-	1300.00 - 1400.00	1600.00 - 1700.00	-	1400.00 - 1500.00	-	2200.00 - 2300.00	48.00 - 50.00	46.00 - 48.00									
Moneragala	460.00 - 500.00	800.00 - 900.00	950.00 - 1050.00	2000.00 - 2200.00	2200.00 - 2400.00	-	1800.00 - 2000.00	2400.00 - 2600.00	44.00 - 45.00	44.00 - 45.00									
Kegalle	550.00 - 600.00	1050.00 - 1100.00	1500.00 - 1600.00	1800.00 - 1900.00	-	2300.00 - 2400.00	1700.00 - 1800.00	2000.00 - 2100.00	48.00 - 50.00	45.00 - 47.00									
Ampara	-	-	-	-	-	-	-	-	43.00 - 46.00	43.00 - 46.00									
Dehiattakandiya	400.00 - 400.00	700.00 - 700.00	1200.00 - 1400.00	2200.00 - 2200.00	2000.00 - 2000.00	-	1600.00 - 1600.00	2200.00 - 2400.00	43.00 - 45.00	40.00 - 45.00									
Nuwaraeliya	-	-	1400.00 - 1500.00	1800.00 - 1900.00	-	-	-	2500.00 - 2600.00	48.00 - 50.00	46.00 - 48.00									
Kandy	450.00 - 480.00	850.00 - 900.00	900.00 - 1000.00	1600.00 - 1750.00	2300.00 - 2400.00	1300.00 - 1400.00	1300.00 - 1400.00	2100.00 - 2200.00	46.00 - 47.00	44.00 - 46.00									
Puttalam	550.00 - 600.00	600.00 - 700.00	700.00 - 800.00	1400.00 - 2000.00	-	1200.00 - 1400.00	-	-	42.00 - 44.00	42.00 - 44.00									
Hambantota	400.00 - 450.00	780.00 - 850.00	1400.00 - 1500.00	-	-	-	-	-	-	48.00 - 50.00									
Rathnapura	400.00 - 450.00	850.00 - 850.00	950.00 - 1200.00	1600.00 - 2000.00	2200.00 - 2400.00	1600.00 - 2400.00	1400.00 - 1600.00	1800.00 - 2200.00	41.00 - 42.00	40.00 - 41.00									
Matara	550.00 - 600.00	-	1500.00 - 1600.00	1900.00 - 2000.00	-	1800.00 - 2000.00	-	2000.00 - 2200.00	45.00 - 47.00	41.00 - 44.00									
Galle	400.00 - 450.00	700.00 - 800.00	1000.00 - 1100.00	2200.00 - 2200.00	-	1800.00 - 1800.00	-	2400.00 - 2400.00	44.00 - 46.00	42.00 - 46.00									
Tissamaharama	500.00 - 600.00	800.00 - 900.00	900.00 - 1200.00	1600.00 - 1900.00	-	-	-	-	-	43.00 - 46.00									
Meegoda	500.00 - 500.00	1000.00 - 1000.00	900.00 - 1200.00	1600.00 - 1600.00	-	1800.00 - 1800.00	-	2000.00 - 2200.00	43.00 - 47.00	42.00 - 46.00									
Embilipitiya	450.00 - 500.00	750.00 - 800.00	1300.00 - 1400.00	1900.00 - 2000.00	2400.00 - 2450.00	1800.00 - 1900.00	1500.00 - 1600.00	2400.00 - 2450.00	42.00 - 45.00	42.00 - 45.00									
Jaffna	600.00 - 650.00	800.00 - 900.00	950.00 - 1100.00	-	2000.00 - 2100.00	1500.00 - 1650.00	2000.00 - 2100.00	-	45.00 - 47.00	45.00 - 47.00									
Vavuniya	600.00 - 650.00	1000.00 - 1100.00	1000.00 - 1200.00	2400.00 - 2500.00	2400.00 - 2500.00	1400.00 - 1500.00	2400.00 - 2500.00	2400.00 - 2500.00	44.00 - 46.00	43.00 - 45.00									
Mannar	350.00 - 400.00	700.00 - 800.00	700.00 - 800.00	-	-	1200.00 - 1300.00	2400.00 - 2500.00	-	46.00 - 47.00	44.00 - 45.00									
Killinochchi	400.00 - 450.00	850.00 - 900.00	900.00 - 950.00	-	-	1400.00 - 1500.00	-	-	-	45.00 - 46.00									
Mullaittivu	400.00 - 500.00	800.00 - 1000.00	700.00 - 750.00	-	1800.00 - 2000.00	2000.00 - 2200.00	-	-	-	45.00 - 47.00									
Batticaloa	-	-	-	-	-	-	-	-	-	-									
Trincomalee	460.00 - 500.00	1040.00 - 1060.00	1100.00 - 1140.00	1850.00 - 1900.00	2100.00 - 2150.00	1400.00 - 1460.00	1560.00 - 1640.00	-	44.00 - 46.00	44.00 - 45.00									
Veyangoda	500.00 - 550.00	-	1200.00 - 1300.00	1600.00 - 1650.00	-	1000.00 - 1200.00	-	2000.00 - 2000.00	44.00 - 46.00	42.00 - 45.00									
Galenbindunuwewa	-	-	-	-	-	-	-	-	-	-									
Bandarawela	500.00 - 550.00	-	1400.00 - 1400.00	1800.00 - 1800.00	-	-	-	2400.00 - 2400.00	45.00 - 48.00	45.00 - 47.00									
Matale	480.00 - 550.00	800.00 - 900.00	1100.00 - 1200.00	2000.00 - 2200.00	2300.00 - 2400.00	1700.00 - 1800.00	1600.00 - 1700.00	2200.00 - 2300.00	43.00 - 44.00	43.00 - 45.00									

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/kg)

Week 42: 11 - 17 Oct 2024

LOCATIONS	Dried Fish													
	Sprats-Imported		Kattawa		Thora		Mora		Balaya		Anguluwa		Salaya	
Colombo	1200.00	1400.00	1800.00	2200.00	-	-	2000.00	2600.00	1400.00	2000.00	2000.00	2400.00	800.00	1000.00
Gampaha	1200.00	1400.00	1700.00	1800.00	3000.00	3200.00	2000.00	2400.00	1600.00	2000.00	2200.00	2400.00	-	-
Kurunegala	1100.00	1200.00	-	-	-	-	2000.00	2000.00	1200.00	1300.00	1600.00	1600.00	750.00	800.00
Nikaweratiya	1400.00	1400.00	1800.00	1800.00	-	-	2000.00	2200.00	1400.00	2000.00	1800.00	2200.00	600.00	1000.00
Dambulla	1100.00	1200.00	2200.00	2300.00	-	-	2200.00	2400.00	1250.00	1300.00	1900.00	2000.00	-	-
Anuradhapura	1200.00	1400.00	1800.00	2400.00	-	-	2000.00	2400.00	1200.00	1600.00	2000.00	2400.00	800.00	1000.00
Thambuththegama	1300.00	1400.00	1700.00	1750.00	-	-	2000.00	2100.00	1350.00	1500.00	1000.00	1100.00	750.00	800.00
Polonnaruwa	1100.00	1200.00	1800.00	1800.00	-	-	2100.00	2300.00	1300.00	1400.00	-	-	-	-
Kaluthara	1100.00	1400.00	2200.00	2400.00	2800.00	3250.00	2200.00	2600.00	1200.00	1600.00	1900.00	2600.00	1000.00	1000.00
Badulla	1200.00	1300.00	2000.00	2000.00	-	-	2000.00	2200.00	1200.00	1400.00	-	-	-	-
Keppetipola	1000.00	1200.00	2360.00	2380.00	-	-	2260.00	2280.00	1320.00	1350.00	2350.00	2360.00	880.00	900.00
Moneragala	1200.00	1400.00	2000.00	2200.00	-	-	2000.00	2200.00	1400.00	1600.00	2000.00	2200.00	800.00	900.00
Kegalle	1100.00	1200.00	1700.00	1900.00	-	-	2000.00	2200.00	1150.00	1250.00	-	-	-	-
Ampara	-	-	1800.00	1800.00	-	-	1900.00	2000.00	1500.00	1600.00	1000.00	1100.00	700.00	800.00
Dehiattakandiya	1200.00	1400.00	2400.00	2400.00	-	-	2000.00	2400.00	1400.00	1400.00	1200.00	1400.00	-	-
Nuwaraeliya	1180.00	1250.00	2400.00	2450.00	-	-	2380.00	2400.00	1400.00	1450.00	2400.00	2420.00	880.00	900.00
Kandy	1200.00	1400.00	2100.00	2200.00	-	-	2200.00	2400.00	1700.00	1800.00	2000.00	2100.00	700.00	800.00
Puttalam	1000.00	1200.00	1700.00	2200.00	-	-	2000.00	2200.00	1200.00	1300.00	1000.00	1900.00	600.00	800.00
Hambantota	1200.00	1400.00	-	-	-	-	-	-	1400.00	1500.00	2200.00	2200.00	-	-
Rathnapura	1120.00	1200.00	1850.00	2100.00	-	-	1800.00	2200.00	1480.00	1600.00	1600.00	2000.00	-	-
Matara	1250.00	1450.00	1800.00	2000.00	-	-	1850.00	2100.00	1400.00	1500.00	1700.00	2000.00	-	-
Galle	1200.00	1400.00	2000.00	2400.00	2800.00	3000.00	2000.00	2400.00	1200.00	1400.00	1600.00	2000.00	-	-
Tissamaharama	1000.00	1100.00	1700.00	1750.00	-	-	-	-	-	-	1600.00	1700.00	-	-
Meegoda	1100.00	1400.00	1800.00	1800.00	-	-	2000.00	2250.00	1400.00	1600.00	1600.00	2200.00	600.00	720.00
Embilipitiya	1050.00	1300.00	2000.00	2200.00	-	-	2000.00	2250.00	1300.00	1600.00	2000.00	2250.00	650.00	800.00
Jaffna	1000.00	1100.00	2200.00	2400.00	3100.00	3250.00	2150.00	2300.00	1280.00	1350.00	1200.00	1300.00	-	-
Vavuniya	-	-	1750.00	1850.00	-	-	-	-	1200.00	1300.00	1200.00	1300.00	600.00	700.00
Mannar	1250.00	1300.00	1700.00	2400.00	-	-	1800.00	1900.00	1150.00	1900.00	1000.00	1900.00	750.00	850.00
Killinochchi	1000.00	1100.00	2300.00	2400.00	-	-	2400.00	2500.00	1500.00	1600.00	1000.00	1100.00	800.00	900.00
Mullaittivu	1150.00	1250.00	2250.00	2450.00	-	-	2500.00	2650.00	1300.00	1400.00	-	-	650.00	750.00
Batticaloa	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Trincomalee	1000.00	1100.00	2150.00	2200.00	-	-	-	-	1100.00	1140.00	1040.00	1060.00	650.00	680.00
Veyangoda	1000.00	1200.00	-	-	-	-	1800.00	2300.00	1200.00	1520.00	1600.00	2000.00	600.00	700.00
Galenbindunuwewa	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Bandarawela	1200.00	1350.00	1800.00	2000.00	-	-	2200.00	2300.00	1500.00	1700.00	1800.00	1800.00	800.00	950.00
Matale	1000.00	1200.00	2200.00	2300.00	-	-	2300.00	2400.00	1500.00	1600.00	2200.00	2300.00	700.00	800.00

Table 13: Selected Markets: Retail Price of Meat (Rs/kg)

Week 42: 11 - 17 Oct 2024

LOCATIONS	Meat		Meat (Chicken)		Meat					
	Beef		Broiler	Curry	Mutton	Pork				
Colombo	2400.00	- 2600.00	1050.00	- 1200.00	1100.00	- 1200.00	3300.00	- 3600.00	1200.00	- 1400.00
Gampaha	-		1150.00	- 1180.00	1500.00	- 1500.00	-		1000.00	- 1000.00
Kurunegala	2500.00	- 2500.00	1200.00	- 1200.00	1500.00	- 1500.00	-		1300.00	- 1500.00
Nikaweratiya	2200.00	- 2200.00	1060.00	- 1080.00	-		-		1190.00	- 1190.00
Dambulla	-		1080.00	- 1100.00	-		-		1400.00	- 1450.00
Anuradhapura	2400.00	- 2500.00	1000.00	- 1150.00	1300.00	- 1400.00	3500.00	- 3600.00	1250.00	- 1400.00
Thambuththegama	-		980.00	- 1050.00	-		-		1500.00	- 1500.00
Polonnaruwa	2100.00	- 2200.00	1100.00	- 1200.00	1280.00	- 1300.00	3000.00	- 3100.00	1800.00	- 1800.00
Kaluthara	2500.00	- 2500.00	980.00	- 1200.00	1300.00	- 1400.00	3450.00	- 3450.00	1100.00	- 1300.00
Badulla	2200.00	- 2200.00	1180.00	- 1200.00	1450.00	- 1450.00	3100.00	- 3100.00	-	
Keppetipola	2100.00	- 2200.00	1100.00	- 1180.00	1300.00	- 1350.00	3200.00	- 3300.00	-	
Moneragala	2300.00	- 2300.00	1150.00	- 1250.00	1550.00	- 1650.00	2800.00	- 3000.00	1300.00	- 1500.00
Kegalle	2300.00	- 2300.00	1050.00	- 1150.00	-		3100.00	- 3100.00	1450.00	- 1550.00
Ampara	-		-		-		-		1400.00	- 1700.00
Dehiattakandiya	-		1000.00	- 1090.00	-		-		1290.00	- 1290.00
Nuwaraeliya	2200.00	- 2300.00	1100.00	- 1180.00	1350.00	- 1360.00	3300.00	- 3400.00	1400.00	- 1450.00
Kandy	2200.00	- 2200.00	-		1050.00	- 1100.00	3100.00	- 3100.00	1300.00	- 1350.00
Puttalam	2400.00	- 2400.00	1000.00	- 1000.00	1600.00	- 1600.00	3600.00	- 3600.00	-	
Hambantota	-		1100.00	- 1180.00	1100.00	- 1180.00	-		-	
Rathnapura	2400.00	- 2400.00	1100.00	- 1200.00	1200.00	- 1400.00	3200.00	- 3200.00	1200.00	- 1200.00
Matara	-		1100.00	- 1150.00	-		-		-	
Galle	2300.00	- 2400.00	1080.00	- 1150.00	1100.00	- 1100.00	3400.00	- 3500.00	-	
Tissamaharama	-		980.00	- 1000.00	-		-		-	
Meegoda	-		1100.00	- 1150.00	1200.00	- 1300.00	3500.00	- 3500.00	1200.00	- 2040.00
Embilipitiya	2150.00	- 2200.00	990.00	- 1100.00	1150.00	- 1250.00	2900.00	- 3000.00	1200.00	- 1350.00
Jaffna	2000.00	- 2100.00	1150.00	- 1200.00	1350.00	- 1450.00	3450.00	- 3600.00	-	
Vavuniya	2000.00	- 2150.00	1300.00	- 1450.00	1500.00	- 1600.00	3100.00	- 3200.00	-	
Mannar	1900.00	- 2200.00	1180.00	- 1250.00	1650.00	- 1700.00	-		1900.00	- 1900.00
Killinochchi	2000.00	- 2050.00	1150.00	- 1200.00	1350.00	- 1400.00	3200.00	- 3400.00	-	
Mullaittivu	1700.00	- 1750.00	1300.00	- 1350.00	-		-		-	
Batticaloa	-		-		-		-		-	
Trincomalee	2100.00	- 2150.00	1220.00	- 1250.00	1700.00	- 1750.00	3400.00	- 3500.00	-	
Veyangoda	2350.00	- 2400.00	1050.00	- 1180.00	1050.00	- 1050.00	-		1300.00	- 1350.00
Galenbindunuwewa	-		-		-		-		-	
Bandarawela	-		1100.00	- 1200.00	-		2900.00	- 3000.00	-	
Matale	2000.00	- 2100.00	980.00	- 1050.00	1200.00	- 1300.00	2900.00	- 3000.00	1400.00	- 1600.00

Table 14: Colombo: Wholesale Prices (Rs/kg or Rs/piece)

Week 42: 11 - 17 Oct 2024

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
Rice							Coconut						
Local							Large						
Samba 1	225.00 - 230.00	227.30	228.33	222.50	-0.45	2.16	125.00 - 140.00	133.75	130.50	97.22	2.49	37.57	
Samba 2	218.00 - 220.00	219.33	220.17	215.00	-0.38	2.02	100.00 - 120.00	114.17	112.00	85.00	1.93	34.31	
Keeri Samba	240.00 - 260.00	250.00	260.00	285.71	-3.85	-12.50	Fruits (Rs/fruit)						
Nadu 1	218.00 - 220.00	219.00	219.00	200.00	0.00	9.50	Plantain						
Nadu 2	212.00 - 215.00	214.17	214.40	195.00	-0.11	9.83	Ambul (Rs/kg)	80.00 - 120.00	105.00	110.00	125.83	-4.55	-16.56
Raw (Red)	205.00 - 210.00	206.90	206.10	170.50	0.39	21.35	Kolikuttu (Rs/kg)	200.00 - 280.00	235.00	285.00	429.17	-17.54	-45.24
Raw (White)	205.00 - 210.00	208.60	208.60	194.00	0.00	7.53	Seeni (Rs/kg)	100.00 - 130.00	116.67	120.91	129.17	-3.51	-9.68
Imported							Anamalu						
Samba	275.00 - 280.00	277.00	277.50		-0.18		29.00 - 31.00	29.46	30.83	27.50	-4.45	7.13	
Nadu							Ambun	40.00 - 44.00	40.67	39.77	32.00	2.26	27.08
Raw (Red)							Papaw(Rs/kg)	70.00 - 110.00	90.00	110.00	86.67	-18.18	3.85
Raw (White)							Passion Fruit	35.00 - 50.00	39.62	57.73	57.50	-31.37	-31.10
Dried Chillies							Pineapple Large						
Imported	650.00 - 750.00	700.00	725.71	1036.00	-3.54	-32.43	455.00 - 520.00	482.25	613.18	580.00	-21.35	-16.85	
Onion							Pineapple Medium						
Sinnan	150.00 - 250.00	208.33	182.86	245.00	13.93	-14.97	350.00 - 400.00	370.83	481.82	481.43	-23.03	-22.97	
Vedalan	280.00 - 380.00	341.43	312.50	372.50	9.26	-8.34	Pineapple Small	280.00 - 320.00	296.83	381.82	350.00	-22.26	-15.19
Imported	360.00 - 400.00	380.00					Mango						
Big Onion							Betti						
Imported	175.00 - 275.00	231.25	208.33	189.00	11.00	22.35	40.00 - 50.00	46.13	43.00	30.71	7.27	50.17	
Local	230.00 - 260.00	247.86	261.67	215.00	-5.28	15.28	Karthakolomban	167.00 - 217.00	194.00	142.50	115.56	36.14	67.88
Potato							Vilad						
Welimada	200.00 - 210.00	205.00	195.00	197.22	5.13	3.94	80.00 - 100.00	92.73	90.00	53.57	3.03	73.09	
N'Eliya	220.00 - 240.00	230.00	230.00	225.00	0.00	2.22	Kohu	-					
Imported	145.00 - 170.00	163.13	161.43	182.00	1.05	-10.37	Other						
Pulses							Wood Apple						
Green Gram	600.00 - 700.00	650.00	652.86	763.00	-0.44	-14.81	12.00 - 20.00	16.31	20.77	19.50	-21.48	-16.37	
Cowpea (White)	600.00 - 750.00	674.29	701.43	950.00	-3.87	-29.02	Orange	70.00 - 90.00	81.00	67.73	64.17	19.60	26.23
Cowpea (Red)	580.00 - 700.00	633.33	685.71	974.00	-7.64	-34.98	Avocado	117.00 - 200.00	157.21	129.36	82.50	21.53	90.56
Red Dhal	275.00 - 280.00	276.25	275.00	292.00	0.45	-5.39	Slime Apple	28.00 - 40.00	34.00		80.83		-57.94
Vegetable							Grapes (Imp., Rs/kg)						
Beans (Butter)							1154.00 - 1300.00	1220.22	1227.50	1170.00	-0.59	4.29	
Beans(Green)	200.00 - 400.00	300.00	281.00	391.00	6.76	-23.27	King Coconut	100.00 - 150.00	130.00	140.77	95.56	-7.65	36.05
Carrot	60.00 - 100.00	80.00	83.00	128.00	-3.61	-37.50	Sea Fish						
Leeks	100.00 - 180.00	143.00	137.00	60.00	4.38	138.33	Salaya	250.00 - 350.00	288.33	250.00	196.00	15.33	47.11
Beetroot	60.00 - 120.00	88.00	92.00	105.45	-4.35	-16.55	Hurulla	500.00 - 650.00	590.00	629.17	359.00	-6.23	64.35
Knolkhol	60.00 - 120.00	88.00	90.00	81.00	-2.22	8.64	Balaya	750.00 - 950.00	849.17	710.83	593.00	19.46	43.20
Raddish	40.00 - 80.00	57.00	60.00	74.00	-5.00	-22.97	Kelawalla	950.00 - 1200.00	1103.33	1045.83	984.00	5.50	12.13
Cabbage	60.00 - 120.00	90.00	112.00	77.00	-19.64	16.88	Thora	1700.00 - 2700.00	2275.00	2245.83	1815.00	1.30	25.34
Tomato	180.00 - 280.00	234.00	231.00	161.00	1.30	45.34	Paraw	1200.00 - 1450.00	1295.83	1217.50	1076.00	6.43	20.43
Ladies Fingers	80.00 - 150.00	112.00	116.00	116.00	-3.45	-3.45	Mora	800.00 - 1000.00	914.17	962.50	910.00	-5.02	0.46
Brinjal	100.00 - 150.00	123.00	130.00	248.00	-5.38	-50.40	Shrimps	1700.00 - 1950.00	1859.23	1833.85	1614.00	1.38	15.19
Capsicum	380.00 - 550.00	468.00	450.00	295.00	4.00	58.64	Thalapath	1600.00 - 1900.00	1779.17	1757.69	1735.00	1.22	2.55
Pumpkin	70.00 - 120.00	90.00	54.29	57.00	65.79	57.89	Eggs						
Cucumber	60.00 - 80.00	70.00	94.55	75.00	-25.96	-6.67	Brown	42.00 - 44.00	43.13	38.75	48.13	11.29	-10.39
Bitter Gourd	180.00 - 350.00	270.00	286.00	324.00	-5.59	-16.67	White	39.00 - 41.00	40.00	35.75	46.63	11.89	-14.21
Snake Gourd	160.00 - 220.00	188.00	158.00	218.00	18.99	-13.76	Dried Fish						
Drumstick	220.00 - 350.00	295.38	365.33	159.17	-19.15	85.58	Sprats	950.00 - 1300.00	1144.17	1343.33	1146.00	-14.83	-0.16
Luffa	120.00 - 180.00	150.00	186.00	180.00	-19.35	-16.67	Sprats (Imported)	850.00 - 1000.00	918.33	1005.83	911.67	-8.70	0.73
Long Beans	120.00 - 160.00	143.00	170.00	222.00	-15.88	-35.59	Kattawa	-					
Ash Plantain	100.00 - 160.00	124.00	150.00	175.00	-17.33	-29.14	Kattawa (Imported)	1150.00 - 1250.00	1170.00	1180.83	1305.00	-0.92	-10.34
Green Chillies	150.00 - 300.00	230.00	202.00	335.00	13.86	-31.34	Thora	-					
Lime	400.00 - 600.00	500.00	376.00	1390.00	32.98	-64.03	Thora (Imported)	-					
Root Crops							Mora						
Sweet Potato	80.00 - 100.00	89.00	86.00	82.00	3.49	8.54	1650.00 - 1800.00	1720.83	1786.92	1824.00	-3.70	-5.66	
Manioc	90.00 - 120.00	106.00	90.00	88.00	17.78	20.45	Mora (Imported)	-					
Leafy Vegetable							Balaya						
Mukunuwenna	30.00 - 40.00	35.00	32.22	37.50	8.62	-6.67	1100.00 - 1200.00	1154.17	1155.00	988.00	-0.07	16.82	
Kankun	30.00 - 40.00	35.00	32.22	37.50	8.62	-6.67	Balaya (Imported)	-					
Gotukola (Rs/kg)	300.00 - 320.00	313.00	308.89	150.00	1.33	108.67	Anguluwa	-					
							Anguluwa (Imported)	1500.00 - 1600.00	1536.67	1548.33	1599.00	-0.75	-3.90
							Maduwa	1250.00 - 1300.00	1279.17	1301.67	1416.00	-1.73	-9.66
							Maduwa (Imported)	-					
							Koduwa	-					
							Koduwa (Imported)	-					
							Salaya	450.00 - 550.00	486.67	496.67	387.00	-2.01	25.75
							Salaya (Imported)	-					

This Week: Week 42: 11 - 17 Oct 2024
Last Week: Week 41: 04 - 10 Oct 2024

Table 15: Colombo &Suburbs: Retail Prices (Rs/kg or Rs/piece)

Week 42: 11 - 17 Oct 2024

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to		
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)	
Rice							Coconut							
Local							Large	130.00 - 160.00	147.50	138.20	113.87	9.30	29.53	
Samba 1	230.00 - 260.00	246.74	246.70	235.42	0.04	4.81	Small	110.00 - 130.00	119.44	114.79	91.62	4.65	30.37	
Samba 2	-	-	-	228.95	-	-								
Keeri Samba	250.00 - 280.00	262.24	263.78	-	-1.55	-								
Nadu 1	220.00 - 240.00	231.45	231.05	221.58	0.39	4.45	Fruits (Rs/fruit)							
Nadu 2	-	-	-	217.86	-	-	Plantain							
Raw (Red)	210.00 - 220.00	215.92	215.50	195.48	0.42	10.46	Ambul (Rs/kg)	120.00 - 250.00	194.85	214.59	212.70	-19.75	-8.39	
Raw (White)	210.00 - 220.00	217.97	217.88	206.36	0.09	5.63	Kolikutu (Rs/kg)	300.00 - 450.00	387.65	456.57	573.23	-68.92	-32.37	
Imported							Seeni (Rs/kg)	130.00 - 260.00	196.86	209.21	202.29	-12.35	-2.68	
Samba	280.00 - 320.00	296.67	297.10	-	-0.43	-	Anamalu	35.00 - 54.00	43.76	44.64	36.87	-0.88	18.68	
Nadu	-	-	-	-	-	-	Ambun	50.00 - 70.00	63.31	63.03	48.87	0.27	29.54	
Raw (Red)	-	-	-	-	-	-	Papaw(Rs/kg)	120.00 - 280.00	190.00	221.18	156.06	-31.18	21.75	
Raw (White)	-	-	-	-	-	-	Passion Fruit	60.00 - 100.00	79.52	86.00	80.58	-6.48	-1.31	
Dried Chillies							Pineapple Large	450.00 - 700.00	599.11	690.97	685.77	-91.86	-12.64	
Imported	750.00 - 1100.00	925.29	973.68	1335.77	-48.39	-30.73	Pineapple Medium	350.00 - 550.00	463.93	566.45	595.00	-102.52	-22.03	
							Pineapple Small	280.00 - 440.00	370.71	454.67	526.77	-83.95	-29.63	
Onion							Mango							
Sinnan	300.00 - 380.00	348.18	347.69	-	0.49	-	Betti	57.00 - 57.00	57.00	-	-	-	-	
Vedalan	400.00 - 480.00	448.11	444.86	467.72	3.25	-4.19	Karthakolomban	200.00 - 330.00	248.00	213.89	218.67	34.11	13.41	
Imported							Vilad	100.00 - 180.00	136.92	135.56	104.17	1.37	31.45	
Big Onion							Kohu	-	-	-	-	-	-	
Imported	240.00 - 320.00	275.65	275.37	229.05	0.28	20.34	Other							
Local	280.00 - 360.00	311.71	313.68	261.43	-1.97	19.23	Wood Apple	24.00 - 70.00	45.91	51.80	46.83	-5.89	-1.96	
Potato							Orange	90.00 - 160.00	128.44	124.29	113.10	4.15	13.56	
Welimada	250.00 - 400.00	317.50	314.78	302.22	2.72	5.06	Avocado	180.00 - 280.00	236.82	214.09	92.50	22.73	156.02	
N'Eliya	300.00 - 480.00	398.44	396.21	361.67	2.23	10.17	Slime Apple	140.00 - 240.00	188.29	187.78	116.84	0.51	61.15	
Imported	200.00 - 260.00	227.62	221.96	233.75	5.66	-2.62	Grapes (Imp., Rs/kg)	1400.00 - 2500.00	2003.85	2020.00	2156.00	-16.15	-7.06	
Pulses							King Coconut	120.00 - 200.00	162.80	167.24	143.00	-4.44	13.85	
Green Gram	800.00 - 1100.00	906.94	914.41	1098.08	-7.47	-17.41								
Cowpea (White)	800.00 - 1000.00	891.94	900.00	1172.50	-8.06	-23.93	Sea Fish							
Cowpea (Red)	800.00 - 1000.00	899.39	927.00	1191.50	-27.61	-24.52	Salaya	350.00 - 600.00	486.47	481.05	387.08	5.42	25.68	
Red Dhal	290.00 - 340.00	317.44	317.84	340.80	-0.40	-6.86	Hurulla	700.00 - 1000.00	878.00	905.88	586.67	-27.88	49.66	
Vegetable							Balaya	800.00 - 1000.00	932.86	943.75	1411.11	-10.89	-33.89	
Beans (Butter)	-	-	-	-	-	-	Kelawalla	1200.00 - 2600.00	1896.32	1885.71	1950.00	10.60	-2.75	
Beans(Green)	320.00 - 600.00	447.69	419.06	459.39	28.63	-2.55	Thora	1850.00 - 4200.00	2947.37	2920.59	2533.33	26.78	16.34	
Carrot	120.00 - 320.00	213.87	224.41	271.08	-10.54	-21.10	Paraw	1350.00 - 2600.00	1802.63	1775.71	1900.00	26.92	-5.12	
Leeks	200.00 - 360.00	294.14	280.94	204.57	13.20	43.78	Mora	-	-	1425.00	1450.00	-	-	
Beetroot	120.00 - 320.00	225.00	228.24	214.59	-3.24	4.85	Shrimps	1800.00 - 2400.00	2142.63	1997.22	1944.44	145.41	10.19	
Knolkhol	180.00 - 320.00	255.00	242.96	226.00	12.04	12.83	Thalalpath	1750.00 - 3000.00	2600.00	2716.25	2737.50	-116.25	-5.02	
Raddish	120.00 - 320.00	200.36	204.29	216.36	-3.93	-7.40	Eggs							
Cabbage	140.00 - 320.00	251.15	270.69	220.30	-19.54	14.00	Brown	43.00 - 48.00	44.94	40.78	49.62	4.17	-9.42	
Tomato	260.00 - 480.00	388.21	361.88	295.14	26.34	31.53	White	42.00 - 45.00	43.72	39.56	48.24	4.17	-9.36	
Ladies Fingers	160.00 - 320.00	245.19	261.33	261.08	-16.15	-6.09	Dried Fish							
Brinjal	180.00 - 360.00	281.03	286.13	422.00	-5.09	-33.40	Sprats	1400.00 - 2400.00	2005.56	2027.78	1985.19	-22.22	1.03	
Capsicum	500.00 - 1000.00	726.54	655.71	449.46	70.82	61.65	Sprats (Imported)	1200.00 - 1400.00	1305.56	1290.00	1240.91	15.56	5.21	
Pumpkin	100.00 - 240.00	181.33	165.45	163.78	15.88	10.72	Kattawa	1800.00 - 2200.00	2000.00	2014.29	2256.67	-14.29	-11.37	
Cucumber	120.00 - 250.00	195.86	201.79	182.16	-5.92	7.52	Thora	-	-	2366.67	2465.00	2381.82	-98.33	-0.64
Bitter Gourd	350.00 - 500.00	426.80	416.07	472.97	10.73	-9.76	Mora	2000.00 - 2600.00	2366.67	2465.00	2381.82	-98.33	-0.64	
Snake Gourd	200.00 - 400.00	316.19	307.67	361.89	8.52	-12.63	Balaya	1400.00 - 2000.00	1733.33	1771.43	1878.00	-38.10	-7.70	
Drumstick	300.00 - 600.00	457.04	608.13	290.00	-151.09	57.60	Anguluwa	2000.00 - 2400.00	2200.00	2216.67	2361.90	-16.67	-6.85	
Luffa	200.00 - 360.00	302.40	325.77	341.89	-23.37	-11.55	Maduwa	1400.00 - 1600.00	1444.44	1500.00	-	-	-55.56	
Long Beans	200.00 - 400.00	290.00	301.25	361.35	-11.25	-19.75	Koduwa	-	-	-	-	-	-	
Ash Plantain	180.00 - 340.00	254.81	260.71	298.65	-5.90	-14.68	Salaya	800.00 - 1000.00	955.56	966.67	1081.82	-11.11	-11.67	
Green Chillies	300.00 - 800.00	513.21	414.06	597.84	99.15	-14.15	Meat							
Lime	500.00 - 1000.00	751.92	660.34	1908.11	91.58	-60.59	Beef (without Bones)	2400.00 - 2600.00	2511.11	2544.44	2350.00	-33.33	6.86	
Root Crops							Chicken (Broiler)	1050.00 - 1200.00	1133.33	1154.55	1214.55	-21.21	-6.69	
Sweet Potato	130.00 - 240.00	208.89	205.36	193.24	3.53	8.10	Chicken (Curry)	1100.00 - 1200.00	1147.27	1163.64	1331.82	-16.36	-13.86	
Manioc	140.00 - 220.00	189.50	192.14	183.61	-2.64	3.21	Mutton	3300.00 - 3600.00	3433.33	3388.89	3260.00	44.44	5.32	
Leafy Vegetable							Pork	1200.00 - 1400.00	1300.00	1340.00	1350.00	-40.00	-3.70	
Mukunuwenna	40.00 - 100.00	74.38	69.52	72.70	4.85	2.30								
Kankun	40.00 - 100.00	75.88	69.50	72.70	6.38	4.37								
Gotukola	100.00 - 130.00	120.00	112.78	100.81	7.22	19.03								

This Week: Week 42: 11 - 17 Oct 2024
 Last Week: Week 41: 04 - 10 Oct 2024

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/kg)

Week 42: 11 - 17 Oct 2024

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
<u>Paddy</u>			<u>Vegetable (Up Country)</u>			<u>Snake Gourd</u>		
Short Grain			Beans			Dambulla	135.00 - 145.00	141.00
A'pura	122.00 - 125.00	123.20	Dambulla	280.00 - 300.00	290.00	Hambantota	150.00 - 160.00	153.33
P'narawa	118.00 - 120.00	119.00	Welimada	250.00 - 280.00	266.00	Embilipitiya	160.00 - 200.00	177.50
Kalawewa	120.00 - 125.00	122.40	Badulla	-	-	Matara	-	-
Kurunegala	126.00 - 130.00	128.20	Carrot			A'pura	160.00 - 180.00	168.00
Dehiattakandiya	118.00 - 120.00	119.00	N'Eliya	40.00 - 50.00	44.00	Luffa		
Nikaweratiya	127.00 - 130.00	128.60	Welimada	30.00 - 40.00	34.00	Dambulla	100.00 - 120.00	110.00
Ampara	123.00 - 125.00	124.00	Hanguranketha	-	-	Hambantota	120.00 - 130.00	123.33
Long Grain (White)			Leeks			Embilipitiya	170.00 - 200.00	185.00
A'pura	125.00 - 130.00	127.00	N'Eliya	100.00 - 110.00	105.00	Matara	-	-
P'narawa	121.00 - 123.00	122.00	Welimada	75.00 - 85.00	79.00	A'pura	140.00 - 160.00	148.00
Kalawewa	123.00 - 129.00	126.00	Beetroot			Green Chillies		
Kurunegala	127.00 - 132.00	130.20	N'Eliya	50.00 - 60.00	55.00	Dambulla	250.00 - 290.00	274.00
Dehiattakandiya	119.00 - 119.00	119.00	Dambulla	57.00 - 67.00	60.60	Hambantota	-	-
Embilipitiya	-	-	Kurunegala	-	-	Embilipitiya	350.00 - 380.00	365.00
Nikaweratiya	130.00 - 132.00	131.00	Welimada	35.00 - 45.00	41.00	Puttalam	-	-
Hambantota	-	-	Hanguranketha	-	-	A'pura	300.00 - 340.00	316.00
Ampara	125.00 - 126.00	125.50	Knol Khol			Pumpkin		
Long Grain (Red)			N'Eliya	35.00 - 45.00	39.00	Dambulla	82.00 - 95.00	89.60
Matara	120.00 - 128.00	124.50	Welimada	40.00 - 45.00	42.00	Hambantota	50.00 - 60.00	53.33
Hambantota	120.00 - 130.00	123.75	Hanguranketha	-	-	Embilipitiya	90.00 - 170.00	130.00
Embilipitiya	125.00 - 127.00	126.00	Raddish			Matara	-	-
Keeri Samba			N'Eliya	30.00 - 35.00	33.00	A'pura	60.00 - 80.00	68.00
A'pura	123.00 - 128.00	125.00	Welimada	16.00 - 20.00	18.40	Moneragala	70.00 - 80.00	74.00
P'narawa	128.00 - 130.00	129.00	Hambantota	-	-	Cucumber		
Kalawewa	-	-	Hanguranketha	-	-	A'pura	60.00 - 80.00	68.00
Kurunegala	129.00 - 132.00	130.50	Cabbage			Dambulla	40.00 - 52.00	48.00
Dehiattakandiya	122.00 - 124.00	123.00	N'Eliya	45.00 - 55.00	50.00	Hambantota	50.00 - 50.00	50.00
Red Onion			Welimada	25.00 - 35.00	31.00	Matara	45.00 - 55.00	50.00
Puttalam	-	-	Badulla	-	-	Long Beans		
Jaffna	260.00 - 280.00	270.00	Hanguranketha	-	-	Dambulla	110.00 - 130.00	121.00
Big Onion			Tomato			Hambantota	100.00 - 100.00	100.00
Dambulla	220.00 - 240.00	229.00	Welimada	130.00 - 140.00	135.00	Embilipitiya	130.00 - 160.00	145.00
Kalawewa	-	-	Hambantota	190.00 - 220.00	203.33	Matara	100.00 - 120.00	105.00
A'pura	-	-	Dambulla	152.50 - 182.50	170.50	A'pura	200.00 - 220.00	208.00
Potato			Hanguranketha	-	-	Ash Plantain		
N'Eliya	195.00 - 210.00	204.00	Vegetable (Low Country)			Hambantota	-	-
Badulla	-	-	Ladies Fingers			Embilipitiya	90.00 - 110.00	100.00
Welimada	150.00 - 170.00	158.00	A'pura	60.00 - 80.00	68.00	Matara	100.00 - 120.00	110.00
Pulses			Dambulla	67.00 - 76.00	70.80	Lime		
Green Gram			Hambantota	70.00 - 80.00	76.67	Hambantota	-	-
Hambantota	-	-	Embilipitiya	100.00 - 120.00	107.50	Embilipitiya	380.00 - 400.00	392.50
Moneragala	500.00 - 520.00	508.00	Matara	75.00 - 90.00	82.50	Moneragala	450.00 - 500.00	470.00
Embilipitiya	500.00 - 520.00	510.00	Brinjal			Fruits (Rs/kg)		
Nikaweratiya	450.00 - 500.00	466.67	A'pura	100.00 - 120.00	108.00	Banana		
A'pura	500.00 - 550.00	520.00	Dambulla	90.00 - 110.00	100.00	Ambul		
Cowpea			Hambantota	-	-	Moneragala	50.00 - 60.00	54.00
Hambantota	-	-	Embilipitiya	100.00 - 130.00	117.50	Embilipitiya	50.00 - 60.00	55.00
Nikaweratiya	550.00 - 600.00	583.33	Matara	100.00 - 130.00	120.00	Hambantota	60.00 - 70.00	66.67
Moneragala	450.00 - 480.00	462.00	Welimada	-	-	Kolikuttu		
Embilipitiya	600.00 - 620.00	610.00	Capsicum			Moneragala	180.00 - 200.00	188.00
Maize			Badulla	450.00 - 550.00	500.00	Embilipitiya	160.00 - 220.00	190.00
A'pura	-	-	Welimada	450.00 - 480.00	460.00	Hambantota	150.00 - 160.00	153.33
Kalawewa	-	-	Bitter Gourd			Papaw		
Gingelly			A'pura	320.00 - 340.00	328.00	Moneragala	40.00 - 45.00	42.00
A'pura	-	-	Dambulla	290.00 - 330.00	317.50	Embilipitiya	40.00 - 50.00	46.25
Kalawewa	-	-	Hambantota	280.00 - 300.00	290.00	Hambantota	50.00 - 60.00	56.67
Black Gram			Embilipitiya	320.00 - 350.00	335.00	Pineapple		
A'pura	-	-	Matara	200.00 - 230.00	217.50	Divulapitiya	-	-
Kalawewa	-	-						

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/kg)

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Rice</u>									
Local									
Samba 1	230.00 - 260.00	240.00 - 260.00	230.00 - 260.00	245.00 - 260.00	230.00 - 260.00	230.00 - 260.00	230.00 - 260.00	230.00 - 260.00	250.00 - 260.00
Samba 2	-	-	-	-	-	-	-	-	-
Keeri Samba	250.00 - 260.00	260.00 - 280.00	260.00 - 260.00	260.00 - 280.00	260.00 - 280.00	260.00 - 270.00	255.00 - 260.00	260.00 - 260.00	260.00 - 280.00
Nadu 1	220.00 - 240.00	225.00 - 240.00	220.00 - 240.00	230.00 - 240.00	220.00 - 240.00	220.00 - 240.00	230.00 - 240.00	220.00 - 240.00	225.00 - 240.00
Nadu 2	-	-	-	-	-	-	-	-	-
Raw (Red)	220.00 - 220.00	215.00 - 220.00	210.00 - 220.00	215.00 - 220.00	210.00 - 220.00	210.00 - 220.00	210.00 - 220.00	210.00 - 220.00	210.00 - 220.00
Raw (White)	220.00 - 220.00	215.00 - 220.00	210.00 - 220.00	210.00 - 220.00	210.00 - 220.00	210.00 - 220.00	210.00 - 220.00	210.00 - 220.00	220.00 - 220.00
Imported									
Samba	280.00 - 290.00	290.00 - 300.00	290.00 - 320.00	300.00 - 320.00	295.00 - 320.00	300.00 - 300.00	280.00 - 300.00	290.00 - 310.00	290.00 - 300.00
Nadu	-	-	-	-	-	-	-	-	-
Raw (Red)	-	-	-	-	-	-	-	-	-
Raw (White)	-	-	-	-	-	-	-	-	-
<u>Dried Chillies</u>									
Imported	750.00 - 850.00	950.00 - 1100.00	950.00 - 1100.00	950.00 - 1100.00	880.00 - 1100.00	780.00 - 1000.00	750.00 - 900.00	850.00 - 950.00	800.00 - 1000.00
<u>Red Onion</u>									
Sinnan	300.00 - 320.00	360.00 - 380.00	360.00 - 360.00	360.00 - 360.00	300.00 - 320.00	350.00 - 350.00	340.00 - 350.00	320.00 - 360.00	320.00 - 380.00
Vedalan	400.00 - 450.00	400.00 - 480.00	400.00 - 480.00	400.00 - 480.00	400.00 - 480.00	400.00 - 480.00	400.00 - 480.00	400.00 - 480.00	400.00 - 480.00
Imported	-	-	-	-	-	-	-	-	-
<u>Big Onion</u>									
Imported	240.00 - 300.00	260.00 - 290.00	240.00 - 280.00	240.00 - 300.00	240.00 - 260.00	280.00 - 290.00	240.00 - 320.00	240.00 - 300.00	240.00 - 300.00
Local	280.00 - 350.00	300.00 - 360.00	295.00 - 320.00	320.00 - 360.00	300.00 - 320.00	300.00 - 320.00	300.00 - 300.00	290.00 - 320.00	300.00 - 360.00
<u>Potato</u>									
Welimada	250.00 - 280.00	340.00 - 340.00	360.00 - 360.00	300.00 - 400.00	290.00 - 290.00	300.00 - 300.00	290.00 - 300.00	290.00 - 300.00	300.00 - 320.00
N'Eliya	300.00 - 320.00	400.00 - 440.00	380.00 - 400.00	400.00 - 450.00	400.00 - 480.00	400.00 - 420.00	320.00 - 340.00	320.00 - 360.00	400.00 - 440.00
Imported	200.00 - 250.00	200.00 - 260.00	200.00 - 240.00	200.00 - 240.00	200.00 - 240.00	200.00 - 260.00	200.00 - 250.00	200.00 - 240.00	200.00 - 260.00
<u>Pulses</u>									
Green Gram	800.00 - 850.00	950.00 - 1100.00	800.00 - 1000.00	1000.00 - 1100.00	860.00 - 1000.00	800.00 - 850.00	800.00 - 1000.00	800.00 - 1000.00	880.00 - 1000.00
Cowpea (White)	800.00 - 900.00	890.00 - 1000.00	800.00 - 1000.00	900.00 - 1000.00	800.00 - 1000.00	800.00 - 900.00	800.00 - 900.00	800.00 - 1000.00	850.00 - 950.00
Cowpea (Red)	800.00 - 900.00	890.00 - 1000.00	800.00 - 1000.00	900.00 - 1000.00	800.00 - 1000.00	850.00 - 950.00	800.00 - 1000.00	800.00 - 950.00	850.00 - 900.00
Red Dhal	290.00 - 320.00	300.00 - 340.00	290.00 - 320.00	300.00 - 320.00	300.00 - 340.00	300.00 - 340.00	300.00 - 320.00	300.00 - 320.00	300.00 - 340.00

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/kg) and Coconut (Rs/nut)

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<i>Vegetable</i>									
Beans	400.00 - 400.00	540.00 - 560.00	400.00 - 480.00	420.00 - 480.00	500.00 - 600.00	600.00 - 600.00	320.00 - 330.00	320.00 - 320.00	320.00 - 400.00
Carrot	140.00 - 160.00	280.00 - 320.00	200.00 - 240.00	240.00 - 320.00	200.00 - 300.00	240.00 - 260.00	120.00 - 160.00	120.00 - 240.00	200.00 - 240.00
Leeks	200.00 - 250.00	320.00 - 360.00	280.00 - 320.00	320.00 - 360.00	300.00 - 320.00	320.00 - 360.00	200.00 - 240.00	240.00 - 320.00	240.00 - 320.00
Beetroot	120.00 - 160.00	280.00 - 320.00	240.00 - 280.00	280.00 - 320.00	120.00 - 280.00	300.00 - 320.00	120.00 - 140.00	200.00 - 240.00	200.00 - 240.00
Knolkhol	180.00 - 200.00	320.00 - 320.00	220.00 - 240.00	260.00 - 320.00	280.00 - 280.00	-	200.00 - 250.00	300.00 - 320.00	300.00 - 320.00
Raddish	120.00 - 160.00	280.00 - 320.00	200.00 - 220.00	260.00 - 300.00	200.00 - 240.00	-	140.00 - 160.00	160.00 - 200.00	200.00 - 240.00
Cabbage	140.00 - 180.00	240.00 - 260.00	260.00 - 280.00	320.00 - 320.00	240.00 - 280.00	320.00 - 320.00	180.00 - 200.00	200.00 - 240.00	300.00 - 320.00
Tomato	300.00 - 300.00	460.00 - 480.00	340.00 - 400.00	420.00 - 480.00	360.00 - 450.00	380.00 - 400.00	260.00 - 320.00	400.00 - 400.00	400.00 - 400.00
Ladies Fingers	160.00 - 180.00	240.00 - 320.00	240.00 - 280.00	260.00 - 320.00	200.00 - 260.00	300.00 - 320.00	180.00 - 200.00	240.00 - 240.00	200.00 - 240.00
Brinjal	180.00 - 220.00	320.00 - 360.00	240.00 - 340.00	320.00 - 360.00	240.00 - 320.00	240.00 - 320.00	180.00 - 250.00	240.00 - 320.00	240.00 - 320.00
Capsicum	500.00 - 550.00	800.00 - 1000.00	600.00 - 800.00	800.00 - 1000.00	700.00 - 800.00	800.00 - 1000.00	500.00 - 600.00	600.00 - 700.00	600.00 - 700.00
Pumpkin	120.00 - 160.00	200.00 - 240.00	200.00 - 240.00	220.00 - 240.00	140.00 - 200.00	200.00 - 240.00	100.00 - 120.00	160.00 - 160.00	160.00 - 200.00
Cucumber	120.00 - 120.00	200.00 - 240.00	160.00 - 200.00	200.00 - 240.00	180.00 - 200.00	200.00 - 220.00	120.00 - 160.00	200.00 - 240.00	200.00 - 250.00
Bitter Gourd	350.00 - 400.00	400.00 - 500.00	420.00 - 480.00	380.00 - 480.00	400.00 - 500.00	400.00 - 400.00	350.00 - 400.00	400.00 - 480.00	380.00 - 400.00
Snake Gourd	200.00 - 280.00	320.00 - 400.00	340.00 - 400.00	360.00 - 400.00	300.00 - 400.00	-	200.00 - 250.00	-	-
Drumstick	300.00 - 400.00	600.00 - 600.00	460.00 - 500.00	460.00 - 560.00	300.00 - 500.00	600.00 - 600.00	400.00 - 500.00	400.00 - 480.00	320.00 - 400.00
Luffa	200.00 - 260.00	320.00 - 360.00	260.00 - 320.00	360.00 - 360.00	300.00 - 350.00	300.00 - 300.00	260.00 - 280.00	240.00 - 320.00	300.00 - 320.00
Long Beans	200.00 - 250.00	360.00 - 400.00	260.00 - 280.00	320.00 - 400.00	230.00 - 300.00	260.00 - 280.00	220.00 - 260.00	320.00 - 320.00	240.00 - 320.00
Ash Plantain	180.00 - 200.00	320.00 - 340.00	260.00 - 280.00	300.00 - 340.00	240.00 - 280.00	340.00 - 340.00	200.00 - 220.00	240.00 - 240.00	200.00 - 240.00
Green Chillies	350.00 - 450.00	600.00 - 800.00	480.00 - 550.00	600.00 - 800.00	480.00 - 500.00	700.00 - 800.00	300.00 - 350.00	400.00 - 600.00	400.00 - 480.00
Lime	500.00 - 600.00	900.00 - 1000.00	800.00 - 1000.00	800.00 - 1000.00	600.00 - 800.00	800.00 - 800.00	600.00 - 600.00	700.00 - 700.00	600.00 - 700.00
<i>Root Crops</i>									
Sweet Potato	130.00 - 150.00	220.00 - 240.00	200.00 - 240.00	230.00 - 240.00	200.00 - 240.00	240.00 - 240.00	160.00 - 200.00	200.00 - 200.00	200.00 - 240.00
Manioc	140.00 - 180.00	200.00 - 220.00	200.00 - 200.00	200.00 - 220.00	180.00 - 200.00	200.00 - 200.00	160.00 - 160.00	160.00 - 200.00	160.00 - 160.00
<i>Leafy Vegetable</i>									
Mukunuwenna	50.00 - 50.00	80.00 - 80.00	70.00 - 70.00	80.00 - 80.00	60.00 - 80.00	70.00 - 70.00	40.00 - 40.00	100.00 - 100.00	100.00 - 100.00
Kankun	50.00 - 50.00	80.00 - 80.00	70.00 - 70.00	80.00 - 80.00	60.00 - 80.00	70.00 - 70.00	40.00 - 40.00	100.00 - 100.00	100.00 - 100.00
Gotukola	100.00 - 100.00	120.00 - 120.00	120.00 - 130.00	120.00 - 130.00	120.00 - 120.00	120.00 - 120.00	125.00 - 125.00	120.00 - 120.00	120.00 - 120.00
<i>Coconut</i>									
Large	160.00 - 160.00	150.00 - 160.00	140.00 - 160.00	145.00 - 160.00	140.00 - 160.00	130.00 - 130.00	130.00 - 140.00	140.00 - 150.00	135.00 - 140.00
Small	110.00 - 110.00	120.00 - 130.00	115.00 - 125.00	125.00 - 130.00	120.00 - 125.00	120.00 - 120.00	110.00 - 110.00	110.00 - 120.00	110.00 - 110.00

Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/fruit)

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<i>Plantain</i>									
Ambul (Rs/Kg)	120.00 - 150.00	240.00 - 250.00	240.00 - 250.00	200.00 - 240.00	200.00 - 230.00	120.00 - 200.00	150.00 - 180.00	180.00 - 200.00	180.00 - 200.00
Kolikuttu (Rs/Kg)	300.00 - 350.00	400.00 - 440.00	400.00 - 450.00	330.00 - 400.00	450.00 - 450.00	400.00 - 450.00	350.00 - 400.00	350.00 - 450.00	350.00 - 400.00
Seeni (Rs/Kg)	130.00 - 150.00	200.00 - 250.00	240.00 - 260.00	200.00 - 250.00	200.00 - 220.00	180.00 - 200.00	160.00 - 180.00	180.00 - 200.00	160.00 - 200.00
Anamalu	35.00 - 38.00	48.00 - 50.00	50.00 - 54.00	40.00 - 50.00	45.00 - 50.00	42.00 - 45.00	40.00 - 42.00	40.00 - 40.00	40.00 - 42.00
Ambun	50.00 - 54.00	68.00 - 70.00	60.00 - 70.00	56.00 - 70.00	64.00 - 70.00	60.00 - 64.00	56.00 - 60.00	60.00 - 64.00	60.00 - 62.00
<i>Pineapple</i>									
Large	455.00 - 520.00	650.00 - 670.00	650.00 - 700.00	650.00 - 700.00	450.00 - 520.00	650.00 - 670.00	650.00 - 650.00	650.00 - 700.00	650.00 - 650.00
Medium	350.00 - 400.00	500.00 - 520.00	500.00 - 550.00	500.00 - 550.00	350.00 - 400.00	500.00 - 520.00	500.00 - 500.00	500.00 - 550.00	500.00 - 500.00
Small	280.00 - 320.00	400.00 - 420.00	400.00 - 440.00	400.00 - 440.00	280.00 - 300.00	400.00 - 420.00	400.00 - 400.00	400.00 - 440.00	400.00 - 400.00
<i>Mango</i>									
Betti	57.00 - 57.00	-	-	-	-	-	-	-	-
Karthakolomban	260.00 - 280.00	-	260.00 - 330.00	330.00 - 330.00	-	-	200.00 - 250.00	200.00 - 200.00	200.00 - 200.00
Vilad	100.00 - 120.00	-	120.00 - 160.00	160.00 - 180.00	-	-	100.00 - 100.00	130.00 - 130.00	100.00 - 110.00
Kohu	-	-	-	-	-	-	-	-	-
<i>Other Fruits</i>									
Wood Apple	24.00 - 36.00	60.00 - 70.00	60.00 - 70.00	60.00 - 70.00	60.00 - 70.00	40.00 - 43.00	30.00 - 36.00	36.00 - 40.00	36.00 - 40.00
Orange	90.00 - 100.00	120.00 - 130.00	140.00 - 160.00	160.00 - 160.00	140.00 - 145.00	-	-	-	100.00 - 120.00
Avocado	200.00 - 200.00	260.00 - 280.00	260.00 - 280.00	260.00 - 260.00	230.00 - 250.00	260.00 - 260.00	180.00 - 200.00	230.00 - 250.00	200.00 - 230.00
Slime Apple	140.00 - 146.00	180.00 - 200.00	160.00 - 200.00	200.00 - 240.00	180.00 - 180.00	170.00 - 180.00	-	200.00 - 200.00	200.00 - 240.00
Grapes (Rs/Kg)	1400.00 - 1600.00	2000.00 - 2200.00	2000.00 - 2500.00	2400.00 - 2500.00	2000.00 - 2000.00	2000.00 - 2000.00	2000.00 - 2000.00	1800.00 - 2000.00	1800.00 - 2000.00
Papaw (Rs/Kg)	120.00 - 150.00	240.00 - 250.00	200.00 - 280.00	200.00 - 220.00	200.00 - 220.00	180.00 - 200.00	150.00 - 150.00	130.00 - 180.00	160.00 - 200.00
Passion	60.00 - 65.00	80.00 - 80.00	80.00 - 100.00	80.00 - 80.00	75.00 - 80.00	80.00 - 80.00	80.00 - 80.00	90.00 - 90.00	80.00 - 80.00
King Coconut	120.00 - 140.00	160.00 - 180.00	200.00 - 200.00	180.00 - 200.00	150.00 - 160.00	160.00 - 160.00	130.00 - 150.00	150.00 - 160.00	150.00 - 170.00

Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/kg)

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Sea Fish</u>									
Salaya	350.00 - 400.00	520.00 - 520.00	500.00 - 500.00	600.00 - 600.00	-	480.00 - 480.00	500.00 - 500.00	480.00 - 480.00	400.00 - 400.00
Hurulla	700.00 - 850.00	800.00 - 1000.00	-	-	-	880.00 - 1000.00	1000.00 - 1000.00	-	-
Balaya	900.00 - 1000.00	-	-	-	880.00 - 880.00	-	-	800.00 - 800.00	-
Kelawalla	1200.00 - 1300.00	2000.00 - 2000.00	2200.00 - 2400.00	2600.00 - 2600.00	2600.00 - 2600.00	1600.00 - 2000.00	1600.00 - 1600.00	1920.00 - 2000.00	1960.00 - 2000.00
Thora	1850.00 - 2450.00	2400.00 - 2600.00	4000.00 - 4000.00	3000.00 - 3200.00	4200.00 - 4200.00	2400.00 - 2600.00	2800.00 - 2800.00	3200.00 - 3200.00	3600.00 - 3600.00
Paraw	1350.00 - 1450.00	2000.00 - 2000.00	2000.00 - 2000.00	2400.00 - 2600.00	1700.00 - 1700.00	2000.00 - 2000.00	1400.00 - 1400.00	2000.00 - 2000.00	1600.00 - 1600.00
Mora	-	-	-	-	-	-	-	-	-
Shrimps Small	2000.00 - 2150.00	2100.00 - 2200.00	2400.00 - 2400.00	2400.00 - 2400.00	1960.00 - 1960.00	2200.00 - 2200.00	1800.00 - 2000.00	2000.00 - 2000.00	2200.00 - 2200.00
Talapath	1750.00 - 2000.00	2600.00 - 2600.00	3000.00 - 3000.00	2800.00 - 3000.00	2900.00 - 2900.00	2400.00 - 2600.00	2600.00 - 2600.00	2800.00 - 2800.00	2700.00 - 2800.00
<u>Eggs (Rs/egg)</u>									
Brown	43.00 - 43.00	46.00 - 46.00	46.00 - 46.00	46.00 - 48.00	44.00 - 44.00	44.00 - 44.00	45.00 - 45.00	45.00 - 45.00	44.00 - 45.00
White	42.00 - 42.00	45.00 - 45.00	45.00 - 45.00	45.00 - 45.00	43.00 - 43.00	43.00 - 43.00	44.00 - 44.00	43.00 - 43.00	43.00 - 44.00
<u>Dried Fish</u>									
Sprats	1400.00 - 1400.00	2100.00 - 2200.00	2200.00 - 2400.00	2000.00 - 2100.00	1800.00 - 1800.00	1800.00 - 1800.00	2000.00 - 2200.00	2000.00 - 2100.00	2400.00 - 2400.00
Kattawa	1800.00 - 2000.00	1800.00 - 2000.00	2000.00 - 2200.00	2200.00 - 2200.00	1800.00 - 2000.00	2000.00 - 2000.00	2000.00 - 2000.00	2200.00 - 2200.00	2100.00 - 2100.00
Thora	-	-	-	-	-	-	-	-	-
Mora	2000.00 - 2000.00	2000.00 - 2100.00	2400.00 - 2400.00	2400.00 - 2400.00	2400.00 - 2400.00	2400.00 - 2400.00	2400.00 - 2600.00	2600.00 - 2600.00	2500.00 - 2600.00
Balaya	1400.00 - 1400.00	1500.00 - 1600.00	1800.00 - 1800.00	1800.00 - 1800.00	1700.00 - 1800.00	1600.00 - 1800.00	1800.00 - 1800.00	2000.00 - 2000.00	1800.00 - 1800.00
Anguluwa	-	2200.00 - 2200.00	2400.00 - 2400.00	2400.00 - 2400.00	2000.00 - 2200.00	-	-	-	2200.00 - 2200.00
Salaya	800.00 - 800.00	900.00 - 1000.00	1000.00 - 1000.00	1000.00 - 1000.00	-	1000.00 - 1000.00	1000.00 - 1000.00	1000.00 - 1000.00	1000.00 - 1000.00
<u>Meat</u>									
Beef (without Bones)	2500.00 - 2500.00	2400.00 - 2400.00	2600.00 - 2600.00	2600.00 - 2600.00	2500.00 - 2500.00	2500.00 - 2500.00	2400.00 - 2400.00	2500.00 - 2500.00	2600.00 - 2600.00
Chicken (Broiler)	1050.00 - 1050.00	1180.00 - 1180.00	1180.00 - 1180.00	1180.00 - 1180.00	1050.00 - 1050.00	1050.00 - 1050.00	1050.00 - 1050.00	1120.00 - 1200.00	1180.00 - 1180.00
Chicken (Curry)	1100.00 - 1100.00	1180.00 - 1180.00	1180.00 - 1180.00	1180.00 - 1180.00	1100.00 - 1100.00	1100.00 - 1100.00	1100.00 - 1100.00	1120.00 - 1200.00	1180.00 - 1180.00
Mutton	3400.00 - 3400.00	3400.00 - 3400.00	3400.00 - 3400.00	3400.00 - 3400.00	3500.00 - 3500.00	3300.00 - 3300.00	3300.00 - 3300.00	3600.00 - 3600.00	3600.00 - 3600.00
Pork	1300.00 - 1300.00	1400.00 - 1400.00	1300.00 - 1300.00	1300.00 - 1300.00	-	-	-	1200.00 - 1200.00	1300.00 - 1300.00

Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (µ g/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (µg/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc (mg/100g)
Rice												
Rice - (white Kekulu - normal)	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - (Red Kekulu - normal)	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
Dried chilies												
	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65
Onion												
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
Potatoes												
	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
Pulses												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
Vegetables												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29
Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16

Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12
Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44
Coconuts nuts	390	3.67	39.92	-	0.05	0.11	14.86	-				

Root Crop												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
Leafy Vegetables												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42
Meat												
Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
Fish												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74

Shark	95	21.6	0.83	1.11	0.04	0.11	8.57	8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77	8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22	7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39	13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7	36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66	103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38	37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13	31.27	37.46	1.46	0.67
Salaya / Sudaya	100	19.5	2.39	15.41	0.18	1.39	60.87	435	42.83	1.4	2.3
Theppli / Telapiya /Korali	83	18.48	1.08	17.14	0.18	0.18	8.29	99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37	37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83	37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22	8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78				
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08	7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59	9.16	24.61	0.74	0.44

Dried Fish

Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438	1178	162	3.06	4.2
Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66

Eggs

Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51

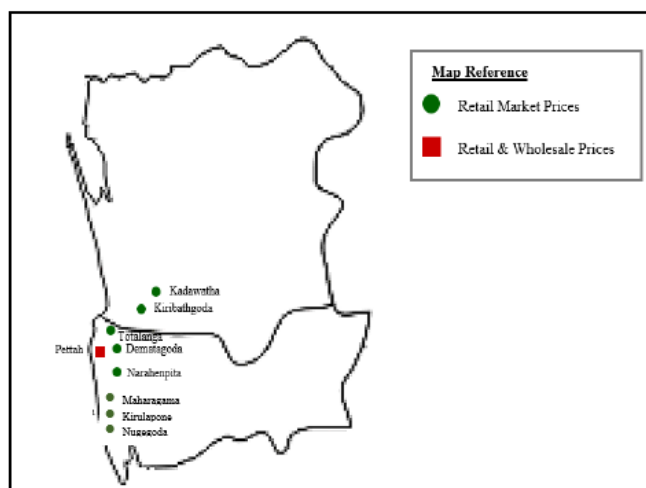
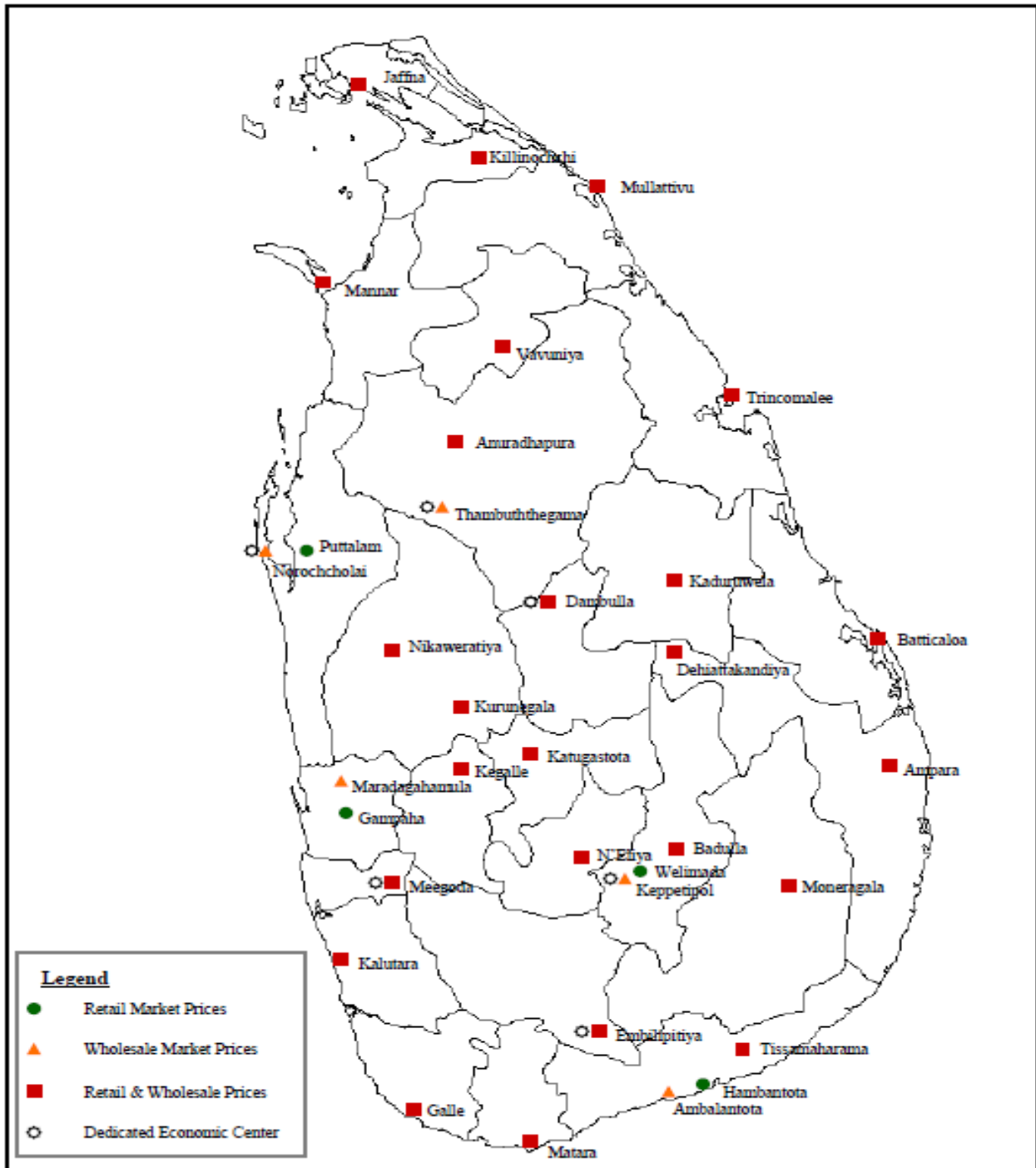
Fruits

Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23

Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas





HARTI



Ministry of Agriculture

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**දෛනික චිළචිචි තොග මිල,
ජංගම දුරකථනයෙන්**

හෙක්ටර් කොච්චිකඩුව ගොවි කරියතු පර්යේෂණ
හා පුහුණුවීම් ආයතනය අනුමතයෙන්

මොබිටෙල්
ජංගම
මිල දර්ශනය

ජාතික ජංගම දුරකථන ජාලයෙන්

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අමතන්න.

මොබිටෙල් අද මිල - අත දෙස
මොබිටෙල් ජංගම දුරකථන ජාලයෙන්
චිළචිචි තොග මිල දර්ශනයෙන්.

විකාශිතයාට රු.2/-
විකාශිතයාට රු.2/-